university for man
it's our birthday!

Some students and faculty at Kansas State University are celebrating an experiment in student life advising. It will be called U.P.M. University for You, and will provide an environment for combining living and learning... There is no rigid blueprint. The direction should evolve.

There were the words found in the first U.P.M. brochure in 1968 that was created by Tom Eptman and others in an attempt to provide the concept of life-long learning at KSU. The future was uncertain, but as Tom and others said - the direction should evolve.

And so it has. U.P.M. has grown from a small campus-based group to a nationally recognized leader in the area of alternative and community settings such as the Farmington, the community gardens; programs such as alternative conferences, the "Health of the Future" series, the State Outreach project, and EPT seminars which have led to an awareness of issues that affect us today and will continue to be important in the years to come. We have seen thirty brochures distributed throughout our ten year history, with classes that have brought people together in a relaxed and educational atmosphere where the only prerequisite is curiosity.

People, as we have made and will continue to make U.P.M. what it is, literally thousands of people have helped by working in courses, taking part in activities, and have allowed all of us the opportunity to share in their lives. We are very much richer as a result.

But there is one special person who has given so much of her energy over the years, and that is June Selleck. June, who assumed the directorship of U.P.M. in 1969, has guided the organization with a gifted sense of purpose, direction, support, and love. The gentle hand and warm heart that she has provided all of us through the years will live in our hearts forever.

The past has been colorful, happy, and - a great learning experience. We look to the future with great anticipation. We start on our second decade in a new home and we are full of hope, excitement, and purpose: as we make our way in a changing world, we hope to continue to meet the life-long learning needs of people in a responsive, humane and dignified way.

we're almost home

For ten years U.P.M. has worked in Manhattan, offering over 700 courses a year. These events have come to you on a tuition-free basis. How we ask your help to assist us in building a community education center. Yes - U.P.M. has moved! If you haven't yet seen our new home at 1217 Thurston, come by and see it. If you happened to see the building before we moved, you'll really be impressed. This spring semester, the craft studio is in operation and a new kitchen is also ready. Two other rooms, one with a fireplace, round out the facilities where classes will be held. (continued on page 64)

The estes and respect which colleagues and friends feel for Lou was very highly expressed when more than 500 people honored her at a retirement banquet last spring. So that others might know a little more about the man we honor, we reprint here some of the comments made at his honorary dinner:

"What a man, a statesman, a leader, an inspiration, a reason, self-understanding, judgment, humor, scholarship. These are synonyms for 'Lou' in my mind. I don't have to add it there. If I did, it would be 'Only a superb human being.'"

"There's no way for a new college in Kansas to reach the level of quality and importance that we have without extraordinary dedication from extraordinary people. Those who know well quickly agree that you're one of these."

"I don't have the exact number of people I'm present for, but there is a kind of 'snowball' that seems to express to all of us that Lou Douglas. When she was in, it was hard to be in the university at the sixties, and a lot of our colleagues went fearing, we always knew where to find Lou Douglas, standing tall in the midst of it all."

lou...

We are proud and honored to dedicate our 10th Anniversary Brochure to Lou Douglas, a dear friend, advisor, long time board member and most recently a staff member at U.P.M. Lou retired last spring after a distinguished career as an Professor of Political Science at Kansas State University. Lou was not just a professor - she was and continues to be an advisor and friend to those concerned with positive change in their communities.

After retiring, Lou volunteered his services to U.P.M., and this was the best possible birthday present we could have received. His wisdom, gentleness, and kindness have richly enhanced all of our lives. We hope that U.P.M. reflects this enrichment.

So, Lou, please accept this token of our esteem, with love from all of us. If this brochure begins to demonstrate what you mean to us and thousands of others, maybe we are on the right track.
COMMUNITY

OMNA was organized in the spring of 1977 to preserve and enhance the older residential and commercial areas of Manhattan. This spring, OMNA will be studying the city zoning code, downtown renewal proposals, and historical preservation issues. OMNA also has a neighborhood assistance committee that helps people with rent benefits on home and yard improvement projects, real estate problems, or dealing with city agencies. The committee is looking for more people who will put their expertise on file for this service. If you want or need help, call Barbara on Ernie Piek (357-9883). For more information on OMNA meetings and activities call Sandy O'Neil (359-9239) or Bill Griffith (357-2478). Meetings for this spring will be Thursday evenings at 7:30pm on the following dates and locations:

Feb 9 1st Presbyterian Church 801 Leavenworth
Mar 23 To be announced
Apr 20 1st Presbyterian Church 801 Leavenworth

ALTERNATIVE ORGANIZATIONS

People's Grocery Union Program Council University for Man Kansas Organic Producers

Community Organizations

OMNA is a list of local groups serving the Manhattan community. If you are interested in becoming actively involved in any of these groups please call the listed phone number for more information.

Transmovers 359-4526 Girl Scouts 359-5576
Transmovers 352-6883 Big Brother/ 766-9575
Lateco League 776-7613 Golden Infant 456-2707
Manhattan Singers Club 537-1176

STUDIES IN MARXISM CLASSICS

Iron Stream 537-2064 Walt Long 537-8775
Tuesday, 7:30pm Length: 10 weeks First meeting: Feb 21 Location: 615 Vatterl

To better understand the development of Marxist revolutionary thought in the 19th and 20th centuries, we will read and discuss works by Marx, Lenin, Mao, and contemporary socialists. (Walt and Ivan have taught this class for UPM in previous semesters.)

BETWEEN MARX-AUTOGRAPHED CLASSICS

Ivan Brown 537-2044
Sundays, 7:10pm Length: 6 weeks First meeting: Feb 26 Location: KU, Union, Rm 204a
Mark argues "the philosophers have only interpreted the world in various ways; the point, however, is to change it." We will examine what this means to (Italian Marxists), Marcuse, (Austrian dissident), and some American revolutionaries. Our goal is to discover the practical use of "philosophy of practice" (Ivan has led the course in Marxist Classics for several semesters.)

COORS BEER: MAKING WITH ROCK MOUNTAIN SCAB LABOR

Walter Lane 537-8775 Ivan Brown 537-2044
Wednesday, 7:30pm Length: 4 weeks First meeting: Feb 27 Location: KU, Union, Rm 207
We will talk about Joe and Bill Coors, owners of the Coors Brewing Company and renowned right-wing, union-busting supporters of the John Birch Society, their unqualified discriminatory labor policies, and why a nation-wide boycott of Coors beer is being organized.

(Both Ivan and Walt, who of course don't drink Coors beer, are adversaries of discriminatory labor practices.)

lawnyers' series

Thanks to the cooperation of several local attorneys, University for Man is once again able to offer classes dealing with current legal questions. Please register for each individual session you plan to attend.

Feb 27 The Availability of Legal Services KU Union, Rm 207 Monday, 7:30pm Limit: 30
Nile Sciarra and Don Weiser The selection and availability of legal services in the Manhattan area will be discussed. Services to be included in the discussion are legal aid, lawyer referral, and pre-paid legal services.

Apr 4 Will and Estate Planning KU, Union, Rm 204 Tuesday, 7:10pm Limit: 30
Karen Glass We will discuss the advantages and benefits of a will to the family that plans ahead as well as the basic concept of estate planning and its changing situation in our everyday life. Tax benefits, children and trust funds will be included along with other discussion topics.

Mar 21 Bakke-Inverson Discrimination KU Union, Rm 204 Tuesday, 7:30pm Limit: 30
Nile Sciarra The Bakke case, involving the question of racial quotas and affirmative action, is currently being decided by the Supreme Court. The background of this case, the legal arguments being presented and an update of the proceedings as they occur will be discussed.

Mar 12 Legal Research KU, Union, Rm 204 Monday, 7:30pm Limit: 30
Robert Littrell This class will deal with how to use locally available legal references to aid in researching small claims litigation, landlord/tenant problems, and other legal situations.

Apr 3 Women Under the Law KU, Union, Rm 204 Monday, 7:10pm Limit: 30
Judy McCall and Grace Schuetz Judy and Grace will discuss a variety of legal questions affecting women. These will include employment, credit, divorce and custody rights.
THE AMERICAN AGRICULTURE MOVEMENT
BILL GRAMZOW 913-258-2935
BILL NOVOK
Thursday, 7:30pm
Length: One hour
Location: Location: KIU Union, Room 205

The American Agriculture Movement (AAM) is attempting to obtain parity for the American farmer. Bill Gramzow and Bill Novok, speakers for the AAM, will be present to describe the origins and philosophy of the AAM, its goals and objectives of the movement, and obstacles which the American farmer must overcome for parity to become a reality. (Bill and Bill are speaking at forums throughout the state of Kansas for the AAM.)

WHAT'S ON FIRST
Jim Lackey 539-4281
Thursday, 7-9pm
Length: Semester
First meeting: Feb 23
Location: Location: KIU Union, 1021 Dinamo

This is a discussion program about various priorities; food first, national military strength first, business first, education first, and the Kingdom of God first. (Jim is a campus minister at UMKC.)

THE PANAMA CANAL
UPC "Issues and Ideas" 539-6571
Monday, 7pm
Length: One hour
Location: UPC Union, Living Room

In cooperation with the Tri-University of Latin American Studies and the Hashanah League of Women Voters, UPC "Issues and Ideas" will present an evening on the Panama Canal. The program will consist of the history of the Canal by James Carey, EIU; a slide tour of the Canal with background information by James McInerney and David Farinworth, KSU; a military perspective by Major Gullen, KSU; a legal view of the issue concerning the ratification of the treaty by Charles Bussing, EIU; and a question and answer session involving the guest speakers.

WORLD REVIEW SEMINAR
Dr. Dwight Wilson
Tuesday, 7:30pm
Length: 4 weeks
First meeting: Mar 28

The following four week seminar is presented by a number of interested faculty members and students at EIU.

Section I: "Lost Ve Voices" - film. A search for constructive alternatives to revolution.
Location: KIU, Union, Room 212

Section II: The Geography of Hunger as seen by a team of EIU graduate students and professors.
Location: KIU, Union, Room 205

Section III: Relief vs. Development. Two approaches to reducing world hunger.
Location: KIU, Union, Room 212

Section IV: Action. We will develop a group action film for responding to world hunger on a university campus.
Location: KIU, Union, Room 206

(Dwight spent 4 years as a relief director and is presently on the advisory board of directors for Kansas Crop and World Relief Commission.)

A CRITIQUE OF ISRAEL
Law Sonore
Mondays, 7:30pm
Length: 4 weeks
First meeting: Feb 29
Location: Location: EIU Conference Room 2221 Thurston
Limits: 12 people

Sonore has had no stronger nor more lucid critics than the Jews themselves. This seminar will acquaint people with the Jewish critique of Zionism in the hopes of promoting better understanding of the Palestinian-Israeli conflict.

(Seminar is interested in the Palestine Question and Jewish-Arab relations, and plans to do graduate work in Middle East Studies.)

MEXICO, A SLIDE PRESENTATION
Berenice Stadtman
Tuesday, 7:30pm
Length: One hour
Location: Union, Room 205

We will discuss the evolution of the space exploration from Spacelab through all phases of space flight to date, with emphasis on practical benefits to mankind now and in the future. The NASA film, "Threshold of Opportunity," which places the evolution of the manned space program in chronological perspective, will be shown.

(David, a retired aerospace engineer from NASA, has worked with the space program for 37 years.)

INTRODUCTION TO GEOGRAPHY
Elaina Gishaw
Tuesday, Thursday, 7:30pm
Location: Location: EIU Conference Room 2221 Thurston
First meeting: Feb 21
Location: KIU, Union, Room 205

This class will be a beginners course in compiling a family history. It will include basic procedures for collecting and researching family data. The emphasis will be on the utilization of audio and video records will be discussed. Those will include: census, vital statistics, probate records, and military records. There will be genealogy sheets for sale at the class.

(Elaina is in the History Genealogy Society President.)

THEIR LAST TO DO IT THAT WAY IN BUCO-MORE
Willie Perry
Thursday, 7:30pm
Location: Location: EIU Conference Room 2221 Thurston
First meeting: Feb 21
Location: Location: KIU, Union, Room 205

This class will be an 8-week intensive (but enjoyable) introduction to anthropology, designed for the layman but providing college-level competency. The only prerequisite is comfort and the ability and willingness to commit yourself to 2 hours a week for 8 weeks.

(Willie has a B.S. Degree in Anthropology and is currently completing a masters degree in college teaching.)

BETWEEN BLACK AND WHITE
MAAC
Friday, 7:30pm
Location: Union, Room 206

The film, "Beyond Black and White," is a sociological and psychological study of black historical events, the present situation of blacks in America today, and a prediction of what may happen in race relations in years to come. The viewing will be preceded by a round table discussion of the film and the current social forces affecting race relations will conclude the evening's program.

(The program is being sponsored by the MAACP, the Douglas Community Center, and UMKC.)

WELL, HISTORY ISN'T EVEN GOING TO END, HAPPILY OR UNHAPPILY
And history is today every second,-
 slated for some of us,
 un slated for others.
 happily one second,
 unhappily the next.
 History is always ending
 and always not ending,
 and both them is nothing to wait for.
 He is he and he is she.
 - Tom Robbins
small people

PARENTHOOD
Carolyn Costas 976-8097
Pat Bozicov 778-2805

Fridays, 7:15pm
Length: 2 times
First meeting: Mar 3
Location: UNM Conference Room
1213 Tewesom

Come and share your hopes and concerns if you are adoptive parents or are considering adoption. Overviewing the obstacles of adoption - minority, older sibling, and infant adoption - and changes in the family structure will be emphasized in our discussion.

(Carolyn is a member of the Kansas Council of Adoptive Children and Pat is a student in Family Child Development and both are adoptive parents.)

COOPERATIVE CHILDREN’S GROUPS
Melody Williams 533-5866
Jan Galitzer 339-9202

Monday, 12 noon
Length: One time, Feb 27
Location: UNM Conference Room
1213 Tewesom

This will give parents to parents interested in forming cooperative play groups for children. Two kinds of groups will receive focus: a weekly meeting with parents and children, and a meeting for the purpose of children on a part-time basis.

(Melody has participated in cooperative childcare and Jan has been involved with cooperative play groups for several years.)

LIVING/LEARNING SCHOOL OPEN HOUSE
Dave Bursh 539-1677
Sum Sandmayr 537-1892

Sunday, 2-6 pm
Length: Apr 1 & 2
Location: 1010 Onage

If you either have children, teach, plan to teach, or are just interested in human growth and the development of children, you’re invited to visit with us about our school, which uses an open classroom and an individualized approach to learning.

(Dave and Sue are teachers at Manhattan’s alternative elementary/junior high school.)

aging series

I never dared be radical when young
For fear it would make me conservative when old...

University for Man is again pleased to offer the Aging Series which we hope will be utilized by our older citizens or those people who are interested in growing young. Our thanks to those people who have volunteered their time and services for these programs of programs. Registration for the classes in this series will be appreciated, but is not required.

DO YOU WANT TO BE A STAR
UNM is sponsoring a series of workshops or seminars for presentation at the Governor’s Conference on Aging in May 1974. This conference will be held at UNM with people from all parts of Kansas attending and participating. The cost is to be borne by the people over 60 years of age. Tutorials for rosters will be held on Tuesday, February 21, 1:30 PM, at Apartment Towers, 300 N. 5th. If you are over 60 we hope you will take advantage of this opportunity to become a star. The cost will be given excellent training and direction, so don’t be shy about trying out. This is your chance. For more information, call Madame Burch (338-5599).

TRIP TO GRAND LAKE COLORADO FOR SENIOR CITIZENS
The week of June 18–25, we will enjoy a week’s stay at beautiful Snowcliff House, owned and operated by Pat and Warren Kepley of Manhattan, Kansas. A chartered bus will take us to Denver June 18th where we will enjoy an overnight stay. Then on the 19th we will go on to Grand Lake. An all-inclusive ticket will be available to participants who have not already purchased a ticket. A range of events is planned which will include tours of local attractions, a trip to Aspen Park, and a visit to the Grand Lake area.

For reservations, please call Pat Kepley at 539-9264.

WONDER UNDER YOUR FEET
Dr. Diane Dohner 539-9262

Wednesdays, 7:15 pm
Length: 2 times
Section I March 24
Section II May 1
Location: Craig Community Center Annex 301, Tewesom

Finding art in the world around you is always rewarding. We will deal with how to see, feel, and understand the world of art. Music, pictures, and more. Art will be utilized to help you expand your world.

(Dr. Diane is an art professor at EIU and Warren is a campusминистр.)

SING ALONG WITH KRIS
Frank Arenberg 537-9564

Wednesdays, 7:15 pm
Length: 2 times
Section I March 24
Section II March 29
Location: 415 Flannagan Plaza

This will be fun. Frank is really enthusiastic about leading the sing-along. Bring along a good spirit. Good voice quality is not a prerequisite.

(Frank was the Manhattan Recreation Director before retirement.)

For questions about Community classes, call Dave Ayers, 532-5066.
CROCHETING

Maria Collins

Mondays, 7:30pm
Length: Indefinite
First meeting: Feb 20
Location: 1021 Denison
Limit: 6
Note: First, the basic crochet stitches will be taught. Then, if there is time, we will go on to the Granny Square. Bring a large size hook, "Y" or "Z", and some 4-ply knitting yarn for practicing. Large hooks are good for beginners because the stitches are easier to see.

(Faria has been crocheting since she was 7. When she lived in Kentucky, she taught three of her friends to crochet. She enjoys both crocheting and having nice warm things to wear.)

SHAWL KNITTING

Dorothy Kempas

Tuesday, 7:30pm
Length: One time, Feb 28
Location: EMP Conference Room
Limit: 12
The technique for tying or knotting fringes will be demonstrated and examples of shawls will be shown. The knitting is used by American Indians for ceremonial dress. It was also once popular with fashion designers and isregaining fashion popularity.

(Novice learned fringe knitting from Joyce, an American Indian woman living on the Pottawatomi Indian Reservation.)

NEEDLEPOINT

Holly Golstein

Mondays, 1:30pm
Length: Indefinite
First meeting: Feb 27
Location: 714 Hanboll #5
Note: Holly will teach the different stitches of needlepoint and help you with your project. Bring needles, yarn, and piece of needlepoint canvas to work. Holly recommends Permin yarn. It is easier to work with and has a nicer appearance.

(Holly has been doing needlepoint for 10 years, she has made over 20 pictures, as well as purses, and she is now working on a placemat cover.)

TATTING

Effie Edwards

776-7195
Session I: Wednesdays, 2pm, Feb 22 & Mar 1
Session II: Wednesdays, 6pm, Mar 8 & Mar 15
Length: 2 times
First meetings: Feb 22
Location: 425 Pierpont St.
Limit: 3
Tattting will be offered in two sessions. Classes must be small to give maximum attention to the students. Bring a shuttle and your string. Effie recommends ordinary string (as used to tie packages) for learning and then moving to the finer tatting string. Please indicate at registration whether you are signing up for the first or the second session.

(Feffie has taught tatting to many people. She has been tatting for 75 years.)

RYE SCULPTURE DEMONSTRATION

Patty McQueen

539-7344
Wednesday, May 12
Length: One time, May 1
Location: Nathanial Public Library, Uptown
Limit: 12
This will be an evening to learn all you need to know and make your own Rye bag. You don't need a kit! A very inexpensive technique for producing a bag, Rye calls for the use of burlap, a long needle, and yarn. Patty will bring core materials to the demonstration so you will have a chance to practice the stitch.

(Patty learned how to make rugs in a high school art class and has since made many rugs for herself, family, and friends.)

FUNDAMENTALS OF ROG WEAVING

Harold Joyce

537-0866
Thursday, 7:00pm
Length: Indefinite
First meeting: Feb 23
Location: 714 Muto
Limit: 4
The class will meet for a general discussion of materials, preparation of materials, etc. Rog weaving is a personal art rather than a craft art, thus of weaving will be determined by the weavers themselves. We hope that each one can make a rug of their own design and weaving. All people, including those on the waiting list, are asked to attend the next meeting on Thursday, Feb 27

(Harold has been weaving rugs on a loom for nearly 30 years. He tries to keep a few rugs for display and sale, made from various types of material and different patterns of weaving.)

HANDWEAVING

Joan Werner

537-7002
Session I: Tuesday, Mar 7, 7pm
Session II: Tuesday, Mar 14, 7pm
Length: One time
Location: Manhattan Public Library, Uptown
Materials fees: $50 - paid at registration
See a hand-woven handbag and go over instructions for making your own. This event includes discussion of purchasing materials, setting up a loom, weaving and finishing, and finally - tying in! Please indicate at registration whether you are signing up for the Tuesday or Thursday session.

(Joan has woven two handbags and has taught this course before.)
QUILTING
Nancy Griffith
Wednesday: 7-10p.m
Location: RSH, Salem, 30th Ave
Limit: 25
Working with fabric is an exciting experience leading to endless invention made possible by many fabrics, threads, and inventive stitches. Emphasis in this class will be on quilting and on one's own ability to create original and personal forms. The mains, processes, and resources are given - the rest is inspiration!
(Nancy is a self-taught quilter who uses her creativity to turn out beautiful and unusual items.)

WEAVING'S FAMILY
Pranita Bryant
Suee Lala
Tuesday: First of each month, 7:30p.m.
Wednesday: Third of each month, 1-5p.m.
Limit: 20
This is for all weavers including intermediate as well as those with more advanced skills. We weave together on independent projects on Saturdays at Mike's Studio in Riley and have educational programs on Tuesday nights in our homes. For locations and more information call the above numbers.
(Pranita and Suee have been weaving for years and Suee has started an art shop with other weavers in Riley.)

FUN PEMS ON PAPERS
Rosemary Wilburton
Monday: 7p.m
Limit: 5
Create cute cuddly animals with pos poses for gifts or other occasions. Class numbers may vary from pre-formed pos poses in various sizes and colors or bring your own.
(Rosemary has been creating pos poses for a year and has learned that they can be used for many things.)

ORGANIZING
Karen Tavata
Tuesday: 7p.m
Limit: 5
This class is an introduction to staple Japanese paper craft. The group will make birds, dolphins, etc. with colored paper. If you want your children are interested please come with your children.
(Karen enjoys making paper craft together with her 3 children ages 5, 9, and 11.)

OFF-LINE WEAVING
Marilyn McCollum
Rhonda Cook
Saturday: 10-4p.m
Location: CH Omega House, Dining Rm
Materials fee: $25 - pay at registration
Weaving by cardboard is a simple method of off-line weaving. The use of natural yarns produces elusive coats, sweaters, wall hangings, etc. Let your imagination run wild! We will demonstrate some of the creative and technical possibilities. Bring scrap of cardboard and SL (preferably thick) plus brushes, yarns, yarns; etc.
(Marilyn and Rhonda, seniors in fashion design, acquired knowledge of techniques in intermediate textile design, a course taught by Marv Gruff.)

MASTER EGG PAINTING
Gryllas Grunewald
337-6221
Sessions: 1 Tuesdays, 7:30p.m., Feb 28 and Mar 7
Session: 2 Mondays, 7:30p.m., Mar 4 and Mar 11
Limit: 25
Materials fee: $10 - pay at class
For generations people in the Ukraine and in Eastern Europe have symbolically depicted their religious beliefs in Easter Egg Painting. We will make samples of this traditional work and learn how it is done. Bring several smooth white eggs, uncooked and unwashed, and a stand for it.
(Grysta learned these ancient skills from her mother who is from the Ukraine.)

WORKING EASTER EGG PAINTING
Elaine Cole
Weekend workshops
Elaine Cole, who has considerable experience in Ukrainian egg painting techniques will offer a class on weekend workshops if there is sufficient interest. If you would like to participate in a working egg painting class, please leave your name, phone number, and preferred weekend at registration. You will be contacted about the details of the class.

STAMP MAKING
Mrs. L.K. Quinlan
Saturday: 10a.m.
Location: Island Park, 1207 Ralston
Limit: 4
Because I used to work my mother make soap, I was able to make my own soap making when the need arose during World War II. It's easy, it's fun, and there's something coming up with something out of almost nothing.
(Mrs. Quinlan enjoys sharing this craft with others.)

DECOUPAGE
Elisa Gilbert
Wednesday or Thursday 5p.m.
Location: 1010 Beuna Vista Dr
Limit: 20
Through decoupage we can preserve pictures, frames, photos, announcements, and pictures. Bring a household or pictures to the first meeting and we'll discuss using the pictures and Explain the materials. Every- one in attendance at the first meeting can proceed to the next meeting on May 19. This class will then divide into 2 groups - one meeting on Tuesday and one on Thursday. Please indicate when registering which day you prefer.
(Elisa has done decoupage for almost 10 years and has taught at UPM since it's beginning.)

EXPRESSIVE POTTERY
Mike Rohn
Saturday: 11a.m.
Location: Beuna Vista Studio
Limit: 12
Materials fee: $15 - pay at registration
Spring semester continues Mike's course from the Fall. He has a few openings for people who are beyond the beginning stage, and who would like to learn advanced throwing techniques (handled, lidded, closed forms, more handbuilding techniques, and glazing). Sign up at registration and Mike will call you.
Wednesday Night at the Movies
Larry Sacker

Wednesday, 6pm
Length: Semester
First meeting: Feb 22
Location: 2417 Hires Road

If you’re a movie fanatic, enjoy discount movies from many angles, and want like-minded people with whom to attend, Jafa us. We’ll meet every other week so you can eat together, and meet afterwards for coffee and discussion. We’ll plan an Oscar party, too.

(Larry likes to critique and discuss movies. Knows a great deal about the processes involved in making movies, TV productions, and Broadway shows.)

Karen Lee Kilnough

Wednesday, 7:30pm, once monthly
Length: Continuing
First meeting: Mar 1
Location: 523 North, Apt 6

A workshop format will focus on basic writing of both short stories and magazine articles. (Karen has written professionally for several years. She has published in Analog, Fantasy and Science Fiction, and American Heritage, and was nominated for the Nebula Award for best science fiction short story of 1977.)

ROBERTA H. CLARK

Wednesday, 7:30pm
Length: Continuing
First meeting: Feb 22
Location: 2521 Portland
Limit: 10

This will include local lectures and slide presentations and, for those who are interested, a trip to view the Totem Hall in Los Angeles (June 1-4) or Seattle (Aug. 3-6), 1. Trips
The February 22 meeting is limited to 30 people interested in the trip. The cost of $399 covers most expenses. Contact Roberta Clark for more information.

H. LECTURES AND SLIDES
E.U. Union, 5122

Wednesday, March 1 7:30pm
Wednesday, March 22 7:30pm

Washburn University

This demonstration of the ancient art of glass-blowing will be conducted by one of America’s most talented glassblowers. You can see his work on display in the E.U. Student Union.

Mitsuyo Ono

Wednesday, 7pm
Length: One time, Mar 29
Location: KU, Cardwell Hall, Rm 103

This demonstration of the ancient art of glass-blowing will be conducted by one of America’s most talented glassblowers. You can see his work on display in the E.U. Student Union.

Mitsuyo Ono

Tuesday, March 22 7:30pm

This demonstration of the ancient art of glass-blowing will be conducted by one of America’s most talented glassblowers. You can see his work on display in the E.U. Student Union.

CLASSICLIT DEBUNKER

Mitsuyo Ono

Wednesday, 7pm
Length: One time, Mar 29
Location: KU, Cardwell Hall, Rm 103

This demonstration of the ancient art of glass-blowing will be conducted by one of America’s most talented glassblowers. You can see his work on display in the E.U. Student Union.

Mitsuyo Ono

February 22 meeting is limited to 30 people interested in the trip. The cost of $399 covers most expenses. Contact Roberta Clark for more information.

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This demonstration of the ancient art of glass-blowing will be conducted by one of America’s most talented glassblowers. You can see his work on display in the E.U. Student Union.
LETS MAKE A DANCE!
Laura Donnelly 776-7268
Tuesday, Wednesday, Thursday, 7-8:30pm
Length: 3 sessions
First meeting: Mar 21, 27, 28
Location: UPN Fireplace Room, 1221 Thurston

This class is three stimulating evenings of practicing different types of improvisation and techniques of "dance," the third session will be a coming together of our discoveries, the combining of our experiences into a dance! (Laura, a KBI dance major, is very excited about choreography. She has studied dance for many years and is a member of the KBI Dance Workshop.)

REELY DANCING
Barbara Smith 539-8162
Tasha 539-4021
Section I (Cottage) Monday, Feb 20, 7-8:30pm
Section III (Introductory) Monday, Feb 20, 7:30-8:30pm
Section IV (Introductory) Thursday, Feb 23, 7:30-8:30pm
Section V (Introductory) Thursday, Feb 23, 7:30-8:30pm
Length: 9 weeks
Location: Section I and III: KBI, Justin Hall, rm 251
Section II, UPN Banquet Room 1221 Thurston

This class is for those who enjoy belly dance experience, however rudimentary. Enroll at registration which section you prefer, belly dance is excellent exercise and develops one's balance and self-confidence. Sources of supplies and costumes, jewelry, records and books will be discussed. You may participate in performances if you desire. (Barbara has taught for 5 years. Tasha has begun more recently and will perform soon.)

BASIC GUITAR
Don Stewart 1-239-3256
Wednesday, 8pm
Length: 8 classes
First meeting: Feb 22
Location: St. Paul's Episcopal Church 6th and Popesy
Limit: 10

This course will focus on the basic chords and basic finger picking exercises. (Don has been playing for 8 years and has taught and performed guitar.)

MUSICAL INSTRUMENTMAINTENANCE
Chris Ransier 776-6562
Saturday, 10am
Location: One Line, Way 6
Location: 514 W. Juliette
Limit: 6

Chris will demonstrate general preventative maintenance for your musical instrument. We will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and peculiarities of each instrument. Please indicate on your registration card what musical instrument you need to maintain.

UNDECOR JAM
Scott Stokley 539-8677
Sundays, 7pm
Location: Indefinite
First meeting: Mar 5
Location: 219 W. Juliette
Limit: 6

The Undecor Jam is an easy and fun instrument to play. If you would like to share some tunes, or if you would like some help getting started, this will be a session of informal jam sessions where you can do so. (Scott has been playing Undecor for about two years and also has given guitar and banjo lessons.)

HARMONICA
Russell Brusch 539-6609
Mondays, 7:30pm
Length: 8 classes
First meeting: Feb 20
Location: 415 Morse
Limit: 10

The harmonica is a simple, beautiful sounding instrument. This group is for both beginners and advanced players—anyone who likes to play the harmonica. We can learn a few songs, talk over various styles of playing and try to make some music. Any style of harmonica is fine. The key of G is a good all around key with which to begin. (Russell has played harmonica for about 2 years and learned a few things about it on his own. You can take it wherever you go.)

For questions about Fine Arts, call Jean Goldman or Melody Williams, 539-5886.
WOOD WORKING WORKSHOP
David O'Meall
Monday, 7:30pm
Length: One time, Feb 27
Location: 1st National Bank Basement
Juliette and Poyntz
How can you know which wood stove would be best for your home and needs? What are the pros and cons of the new steel models and the cast iron stoves? What are the installation codes? These questions will be answered and others you might have about wood stoves. (David is the owner of a local stove store and a builder-designer of wood stoves.)

ENERGY EFFICIENT HOME
Don Showalter
Saturday, 7pm
Length: 4 weeks
First meeting: Feb 25
Location: 1221 Thurston

You may attend one or all of these classes. The first class will cover heat loss from your home. This includes areas around and through the weatherization of your home. The second class will discuss the use of energy efficient lighting and the third class will discuss the use of energy efficient household appliances. The fourth class will cover the use of solar energy. Each meeting is one hour and is held in a class room at 1221 Thurston.

BUILDING A SOLAR WATER HEATER
Dave Livingood
Bruce Sewell
Saturday, 12 noon - 4pm
Length: One time, Apr 8
Location: 1221 Thurston

Learn how to build your own solar water heater by building one together. Join a motley crew of folks for a building - learning gathering. This will be the last session of the Manhattan Energy Progess. Materials and tools will be furnished. (Bruce and Dave work for the Great Plains Shelter Company.)

SOLAR WINDS
Bruce Sewell
Randall Pierce
Wednesday, 7pm
Length: One time, Feb 22
Location: 1221 Thurston

This slide show presentation and discussion will focus on the design, construction and performance of several solar houses and energy-efficient homes. Attention will be given to physical and environmental concerns as well as lifestyle considerations. (Randall and Bruce are involved with many energy-related activities and are coordinating the design and construction of several new solar houses in the Manhattan area.)

ARCONASANTI - A FUTURE WAY OF LIFE
William C. Girard
Thursday, 7:30pm
Length: One time, Feb 28
Location: 1200 Unioo, Rm 205a

In this class, we will look at the thoughts of Paolo Soleri, and how his ideas evolved into a community to bring people and their environments closer together. Arcosanti is a modern design in Arizona, to help solve energy and urban problems. Slide and discussion will be part of this evening program. (Bill spent a winter working at Arcosanti, learning about Soleri’s philosophy and methods.)

LASERS AND HOLOGRAMS
Dean Sollman
C. E. Hathaway
Tuesday, 8pm
Length: One time, Mar 21
Location: KU, Cardwell Hall, Rm 216

A discussion of lasers and their applications will be presented, along with a demonstration of holographic images. Discussion and questions will be encouraged. (Sollman is a professor in the Physics department at KU.)

THE UNIVERSE AND BEYOND
Ted Gaiser
Monday, 7:30pm
Location: KU, Cardwell Hall, Planetarium

Feb 20 I See It But What Is It? Introduction to constellations, motions of celestial objects and other everyday phenomena about which most of us have wondered but were too embarrassed to admit it and ask.

Feb 27 Red Giants Aren’t So Hot. As slow as it may seem, the universe does age. How do we know? What can we “expect” from our sun in the next four billion years? Is it on the verge of an energy crisis?

Mar 6 How Big Is the Universe? Most of us confine our thinking to finite dimensions. How big are stars? How big are galaxies? Is it possible for us to reach other galaxies or even communicate with them? Are we really alone?

Mar 20 If You Can’t See a Black Hole, How Do You Know One’s There? The universe provides an infinity of laboratory of natural phenomena that exist even the cosmologists. The latest excitement has been over the possibility of black holes. Astronomers are confident they have found one. How is it astronomers can find something that can’t be seen? Please sign up for each section you plan to attend. (Ted is a graduate student in Physics and has designed and built his own telescope.)

PHYSICS OF SOUND
Dean Sollman
Tuesday, 8pm
Length: One time, Mar 7
Location: KU, Cardwell Hall, Rm 216

The physics of sound will be explored through a number of activities. Included will be an analysis of complex sounds, the physics of music, and the measurement of sound levels. All topics will be presented through experiments in the Physics Activities Center. (Dean is a professor in the Physics department at KU.)

ZOO DOCENT PROGRAM
Thomas K. Demby
Section I: 10am, Wednesday, Feb 22
Section II: 2pm, Wednesday, Feb 22
Location: Sunnyside Zoo Animal Shelter, Sunnyside Park

You may be a Sunnyside Zoo Docent if you are 15 years or older. Zoo Docents are volunteers involved with the education program now being provided by the zoo. They will conduct guided tours for schools and other groups, lead lectures, and be involved with various other educational activities. This course is not difficult and should be a lot of fun. See you there! (For those involved in zoo work for the past nine years and is presently director of Manhattan’s Sunnyside Zoo.)

DOG GROOMING
Diana Howe
Tuesday, 7pm
Length: One time, Feb 28
Location: UPN Fireplace Room
1221 Thurston
Learn the basic grooming techniques for your dog. This course will teach you to bathe, comb and clip some basic patterns on all breeds of dogs. If there is sufficient interest more advanced classes will be offered. A small cost is involved if you wish to purchase your own grooming tools.

TUESDAY NIGHTS WITH THE ARABIAN HORSE
Diane Daily
Wednesday, 7pm
Length: 2 times
First meeting: Mar 22
Location: 302 Summit
Limit: 10
The Arabian horse has had an influence on all "light" breeds, but is often misunderstood because of a lack of knowledge. We'll study its personality first and then visit its personal stallion. If interest is shown, a second session will be offered. Diane's interest in Arabian evolved from a 4-YR experience in Egypt, and he's been breeding and showing horses for several years.

GREYHOUND RACING
Brad Henson
Saturday, 10am
Length: 5 times
First meeting: Pub 25
Location: 626 Boyo #7
The first meeting will be to give an overview of the greyhound racing industry and use a date to go to Abilene. In Abilene, we will tour the Hall of Fame, courting field and training area. This is the last time this class will be offered. (Brad has trained greyhounds for racing for two years.)

GARDENING
Sandra Allen
Steve Helfman
Tuesday, 7pm
Length: One time, Feb 21
Location: UPN Conference Room
1221 Thurston
The purpose of this class is for you to better understand and appreciate not only many but all reptiles. Discussion will include what makes a snake tick, or his, as the case may be, why they are important, and how to distinguish the good ones from the bad ones here in Kansas. Live specimens will be on display. Children are especially welcome. (Steve has been keeping exotic pets with cold blooded creatures for 11 years, and published two magazine articles about reptiles.)

FUTURE PLANTS
Sue Mass
Max Miller
Thursday, 5:30pm
Length: One time, Apr 6
Location: 3171 Bernalee Ln
While there may not be "gold in Kansas hills" there is a vast quantity of food. Come stakl the wilds with us as we learn about the vast variety of seeds which can be prepared from a fall harvest in the wild. Abandoned farmlands, old fields, stream beds, rocky areas and even vacant lots are the finest foraging sites. Bring wild plants I've collected or any about which you have questions. We will arrange a date for a future time. (Max and Sue have been collecting and sharing their edible finds through UPN for years.)

HOME LANDSCAPE MAINTENANCE
R.D. Koster
Tuesday, 7pm
Length: One time, Mar 15
Location: 3171 Bernalee Ln
Start off your spring by landscaping your yard. This class will cover general landscaping, methods of planting, fertilizing, and pruning plants and home lawn care. Improve the appearance of your lawn and landscape. (Dr. Koster is a professor in the KSU Horticulture Department.)

EXPLORATION OF HERBS
Dale Anderson
Wednesday, 7pm
Length: One time, May 3
Location: Herb Patch - 6 miles E. on May 24
This class will start with a tour of the growing fields where one can actually taste, smell and feel the fresh growing herbs. There will be discussion of companion planting and herbs that repel garden pests. Dale will talk about the cars, harvesting, and storing of your herbs. (Dale is the owner of an herb store, where he grew 150 varieties of herbs and scented geraniums.)

CHILDREN'S GARDEN
Dick Mattson
Saturday, 10am
Length: 3 times
First meeting: Mar 11
Location: Douglas Community Center Annex
501 Town and Community Gardens
This class is intended for children 12 years of age or younger who are interested in indoor plants and flowers, vegetable gardening, or craft activities related to plant materials. Projects may include herb gardens, bottle gardening, folage plants and mini-greenhouses. Children also will plant a garden at the Community Garden. (Dick is a professor in the Horticulture department at KSU.)

TERRARIUM
Sharon Spinks
Thursday, 7:30pm
Length: One time, Feb 28
Location: To be announced
Limit: 10
Materials fee: $1.50 - pay at registration
Create a forest or a desert in a bottle. What plants prosper with delight in terrariums? Basic design construction and care will be discussed. The fee will cover materials so that participants may make their own terrariums. (Sharon has managed a plant store and is a student at KSU in Horticulture Therapy.)

FLORAL ARRANGING
Bakcy Hailer
Tuesday, 7pm
Length: One time, Feb 21
Location: UPN Fireplace Room
1221 Thurston
Materials fee: $3.00 - pay at registration
We will discuss the basic techniques of floral design as well as how to use seasonal materials. Students will provide their own vases, flowers, supplies, and containers will be provided. (Bakcy is able to take home the arrangements you make and are welcome to bring your favorite container.)

NEW GREEKS DOES YOUR GRAPE GROW?
Bob Braddock
Tuesday, 7pm
Length: One time, Mar 7
Location: UPN Conference Room
1221 Thurston
What you've always wanted to know (in a nutshell) about your lawn, but didn't know who to ask! This class will cover moving, fertilizing, and general lawn maintenance. It provides a great opportunity for the lawn careman of your household to learn how to beautify your lawn.

OFFERING THE FRESH FROM YOUR VEGETABLE GARDEN
Chuck Hart
Wednesday, 7pm
Length: One time, Mar 23
Location: Douglas Community Center Annex
501 Town
Many people plant a vegetable garden. This class will concentrate on growing as much as you can in the limited space you have. Planning, variety selection, cropping patterns, fertilizing, soil preparation, and other space-saving practices for producing the maximum vegetable yield will be discussed.

(Offer in an extension specialist in horticulture who is known around the state for his super gardening courses.)
EARLY MORNING WALKS
Jim Myers
Bunny Breden
Becky Darger
5-23-60
Date, location, and other information available after registration.
-Chip up your morning by strolling around local hills, eating an outdoor breakfast, and observing birds and plants. We will be resuming our traditional sunrise walks this spring and are inviting others to join us. Once the weather gets a bit warmer and the sun rises a twitch earlier, we’ll give you a call to plan every-other-week, sunrise outings.
(Jim, Russ, and Becky are all outcamp and each offers expertise in particular areas.)

PRESERVATION OF WILD AND SCENIC PUBLIC PLACES IN ALASKA
Ron Kamiske
537-4385
Time and location to be determined. Please sign up and you will be contacted.
During this legislative year (before December 18, 1978) Americans have a chance to obtain protection for nearly 100,000 acres of public domain land in Alaska in the form of new or expanded national parks and monuments, national wildlife refuges, and wild and scenic rivers. It has been described as the greatest conservation opportunity of this century. Administrative and Congressional bills have been introduced to accomplish this. This CPR evening program will deal with the land protection measures made possible by the Alaska Native Claims Settlement Act of 1971. Slides and a film will be shown to illustrate the resources at stake. Current legislation will be explained, and participants will be asked about how they can participate most effectively in the decision-making process in Washington.
(Ron Kamiske is the west central regional representative of the National Audubon Society for a five state area. He led a tour in Alaska in the summer of 1974. National Audubon is a member of the "Alaska Coalition" and is leading conservation organization with 375,000 members and chapters in 405 communities -- including Manhattan.)

BIG LAKES DEVELOPMENT CENTER RECYCLING
Eve Laken, a nonprofit organization serving disabled adults, is now selling paper for recycling. The public can take re-usable paper to the Adult Workshop on 3rd or call 778-7017 and the papers will be picked up.

For questions about Earth, call Lisa Barnes at 532-5866.

I shall be telling this with a sigh
sometime a year or so hence:
Two roads diverged in a wood, and I—I took the one less travelled by
And that has made all the difference.
Ten years! Here are some of the many faces that brought UFM together over 10 years. Those of us on the staff during our 10th year celebration would like to say thank you for your fine work. Pictured from the top, left to right are Nina and Thoris Riley, Carmen Chirve, Sue and Leon Epstein, Owen and Diane Wrigley, Doug Hooley, Lorraine Sherk, David Rush, Karen Black, Stephanie Brock, Dennis Longden, Alen and Jan Russell, Velma Houston, John Shepherd, Miriam Shapoor, Terri Kerr, Larry Wheeler, Shelby Olsen, Keith Sparr, Ann Swingle, Cliff Daniel, Robin Lawrence, Steve Ernst, Sue Schmoyer, and Arc Elston.
THE BETTER BAGEL
Larry Decker

Friday, 7pm
Length: One time, Feb 24
Location: UWM Kitchen
1221 Thurston

Are you tired of being victimized by store-bought bagels? Do you find yourself apologizing to your creamcheese? Beat the system and come boil, broil, and bake bagels with Larry. He will also provide you with his special recipe for homemade saltami. (Larry, who is from New York where bagels reign supreme, is encouraging ethnic cooking in Kansas as an alternative to dining.)

SWEDISH TIMBALES
Dorothy and Liz Good

Monday, 7:10pm
Length: One time, Feb 27
Location: UWM Kitchen
1221 Thurston

Materials fee: $50 - pay at registration

The Swedes are known worldwide for their delicious cuisine and especially for their timbales, edible fruit tarts dusted with powdered sugar. Timbales melt in your mouth, impress your children and guests, and are incredibly inexpensive and easy to make. Come and let Dorothy and Liz show you how! (Dorothy and Liz bake like nobody’s business but are somehow remarkably skinny.)

QUICKY TURPASTE
Kathy Scron

Thursday, 6:30pm
Length: One time, Mar 2
Location: UWM Kitchen
1221 Thurston

Limit: 10
Materials fee: $15 - pay at registration

Improve your friends, neighbors and mothers with your uncanny culinary ability to make and bake a quiche for their dinner! Now are they going to know you can barely fry an egg? Kathy will show you how simple, delicious, variable and inexpensive it is. And, best of all, quiches are quick. (Kathy learned to make quiche in UWM’s International Cooking class.)

CHICKEN CURRY
Nancy Franklin

Wednesday, 7pm
Length: One time, Mar 22
Location: UWM Kitchen
1221 Thurston

Materials fee: $50 - pay at registration

Many people suffer from the delusion that a curry is anything to which one adds a bit of curry powder (a combination of 8-15 different spices). Simple curries are thin soups while more elaborate curries can contain any vegetables or fruit. Nancy will demonstrate and serve you a chicken curry and also explain vegetarian curries. (Nancy has lived in India and has developed her own special chicken curry.)

PREPARING FOR DECIBELS
Shirley Allen

Monday, 7:30pm
Length: One time, Feb 70
Location: UWM Kitchen
1221 Thurston
Shirley will show you how deceptively easy it is to make and bake your own additive/ preservative-free whole wheat bread. Learn to take out your aggressions without fear of reprisal! Kill yeast, knead and punch dough. Grands will bera proud of you. (Shirley is studying dietetics and is currently doing her management semester.)

HOMEMADE BREAD AND CHEESE PASTRY
Jim Clark and Ann Atkinson

Sunday, 3pm
Length: One time, Feb 26
Location: UWM Kitchen
1221 Thurston
Limit: 15

This festivity is for anyone who warms at the thought of baking, swelling and eating homemade bread on a winter afternoon. Bring your favorite, freshly-baked bread (whether uncommon or traditional) and a copy of the recipe. Or, if you wish, bring along some of your favorite cheese. (Both Ann and Jim have been making bread for several years.)

REAL RED PASTA
Pam Scron

Friday, 6pm
Length: One time, Mar 10
Location: 610 Vatico

Limit: 10
Materials fee: $15 - pay at registration

In this course, Pam will teach you to make Real Red Pasta which will include her basic Italian sauce and some variations thereon. She will also demonstrate how to cook pasta properly (both white and whole wheat pasta) by making the Real manicotti and other traditional favorites. (All of Pam’s relatives are from Sicily, and many still live there.)

BEEFSTROGANOFF
Tim Kirilen
Jack Eimer

Wednesday, 6:30pm
Length: Three times
First meeting: Mar 1
Location: 1611 Poyntz
Limit: 20
Materials fee: $25.00 - pay at registration

Ever tried getting a decent drink in Kansas? Difficult, isn’t it? The problem can be solved by purchasing the necessary materials and throwing them together yourself. Learn the basic recipes and skills of bartending along with a selection of exotic drinks. (Tim has had 24 years experience mixing and making drinks. Jack is only coming along to help hold him up.)

OFFICE SCHEDULE
Mark Wollheim
Carol D'Aligiah

Tuesday, 7:30pm
Length: One time, Mar 9
Location: UWM Kitchen
1221 Thurston
Limit: 14
Materials fee: $25 - pay at registration

If your knees grow weak at the very idea of the taste of smooth, creamy cheesecake, and if baking it yourself turns you on, come visit with two of New York’s finest bakers. There is a small fee of $25 for the materials so you can taste the best cheesecake in Manhattan. (Mark and Carol, New York’s finest, have taught this course for the last two years.)
SITUATION AND HEALTH FOOD
Scott Banak 776-4067
Julie Yerger 937-2537

Wednesday, 7pm
Length: 5 times
First meeting: Feb 22
Location: 1112 Blossom
Limit: 10

Julie and Scott will provide in-class demonstrations on adapting standard recipes to health foods (white to whole wheat flours, etc.), and discuss recipes (both foreign and domestic) that are deliciously, nutritionally complete. The necessary steps to bring a healthy vegetation will also be discussed.

FOOD ADDITIVES
Jane Sowers
Tuesday, 6:30pm
Length: 1 time, Apr 18
Location: 190 Saturn Hall, M 149

Food additives like BHA, EBT, nitisrate and nitrates are receiving much attention today, as possible causes of cancer. Other food additives, however, seem to cause no ill effects. In this course, Jane will provide information about what food additives are, participants will learn about the uses, functions, and dangers of each. Learn what to check out on food labels by coming to this course.

Jane Sowers is the head of the Department of Foods and Nutrition.

SPRITZING: A NEW ADVENTURE IN HEALTH AND FASHION
Bobbie Joanne Stevens
Tuesday, 7pm
Length: 1 time, Feb 21
Location: 1221 Thomson

Spritzing is a must for all who want a healthy addition to their diet. Spritzes are a natural energy food source. They have no waste in preparation, and are ecological and economical (a few pennies per meal). Spritzes are an excellent natural source of protein and vitamins. In this class, we will discuss what a spritz is and how to prepare various beans, seeds and grains. Spritz samples, tasty salads, spritz cookies and light spritz recipes will be provided for samples.

Bobbie has 10 years of experience in spritzing. She is an avid spritzer who has traveled throughout the U.S. with her spritzes.

WHAT'S GOING ON IN KANSAS
Heather Blohding snowstorm nor blazin' sun has managed to stop this group of hardy soulz bent on sampling the very best of Kansas Kanzen has to offer. In our year and a half of existence, we've done a lot of sampling, and we are now preparing to forge onward to new vision this spring. A (re)organizational meeting will be held Wednesday, February 22, at 6pm, in the UFM Conference Room to decide dates and locations for future gatherings. Please bring 5 well-addressed, stamped, legal sized envelopes to the meeting so they are your "fee" for this "class." Also, please bring ideas on areas restaurants we can visit.

For more information, contact Trevor Brown, 776-7309.

INTERNATIONAL COOKING
Lisa Horvitz
559-8867

Monday, 7:30pm
Length: Ongoing
First meeting: You will be contacted.

Are you interested in learning to cook foreign foods the authentic way? With the help of members of the International community of Manhattan we will learn how to make exotic dishes as they are prepared in the country of their origin. The cost for each meal ranges from $1.50 - $2.00. Each member of the class will take responsibility for organizing and hosting a session.

Lisa has helped to offer this class for several years.

PROFESSIONAL COOKERY
David Heidel 529-0307
Deve Soto

Wednesday, 6pm
Length: 4 times
First meeting: Feb 22
Location: 1229 Prairie, Apt. 4
Limit: 10
Materials fee: $2.50 - pay at registration

Nutritional Concepts for Pregnant Women
Elaine Hauptman 529-1058

Tuesday, 7pm
Length: 1 time, Mar 14
Location: Manhattan Public Library

Juliette and Popeye
Materials fee: 10% - pay at registration

Everyone who wants children wants healthy children. We know how starts while the child is still developing within the mother's body. This class will explore fetal development and how it relates to the nutritional needs of the pregnant woman. (Elaine has an M.A. in Public Health Nutrition and has professional experience in prenatal nutrition counseling.)

HYPOGLYCEMIA
Bobby Spiker 530-4571
Bonnie Reeser

Thursday, 7:30pm
Length: 1 time, Apr 20
Location: 1st Lutheran Church Parish Hall

Over 50 million people suffer from hypoglycemia. Some of the symptoms are blood sugar, obesity, abnormal heart rhythms, dizzy spells and cravings for alcohol, sweets and caffeine. In this course, Bonnie and Becky will lead discussion of hypoglycemia's related problems and treatment. Nutritious diets and recipes for sugarless cooking will be discussed. (Bonnie and Becky are both hypoglycemics and have worked in health related fields for many years.)

For questions about Foods classes, call Teena Horvitz, 532-5866.
DIA-A-PARTNER
You may be all grown up now, but do you still "never have anybody to play with?" Whether it's Monopoly, play cards, Scrabble, chess, crazy eights, bridge, or even games, it takes (at least) two to tango. We would like to do some "match making" to help people with similar interests find each other. At registration, sign up for "Día-a-
partner" and indicate the game you're interested in playing (not limited to the above mentioned games), then you'll like to play it, and your play-
ing ability. Also if you're interested in organiz-
ing one of these play groups, please indicate. After registration, lists of possible playing partners will be distributed and you're on your own to set up playing times. Remember, the person that plays together, stays together.

SUTTER CLUB
Alan Sink
Wednesday, 7pm Length: Indefinite First meeting: Feb 22 Location: KU Union, Rm 205A
Gaming, canoeing, camping, hiking, picnicking, like touring and cross-country skiing — if these activities interest you and you want to do them the cheapest way, the Sutter Club is for you. The Club is an informal, self-actuated group where members are encouraged to lead trips which interest them. We provide rides and travel to the cost of minimum fee charged the participants. This winter we will be going cross-country skiing in Manhattan and out of state, and trips will be held periodically to plan winter activities and share experiences of earlier trips. Everyone welcome, regardless of ability or experience. (All climbed Mt. Rainier last year and has years of experience in the out-of-doors.)

SEEING AROUND MANHATTAN
John Abell
What news comes we'll contact you as register now. Longing to hit the slopes? We need to travel hundreds of miles for skiing enjoyment. The Film Hills of Kansas await you! We'll discuss cross-country ski equipment, techniques, tour preparation, winter safety and survival. You must furnish your own equipment. We have some prepared for a ski trip through the countryside of Manhattan. (John is a qualified ski instructor who is looking for an excuse to get out from behind a desk.)

BENDING, THE ART OF PAIN
All of the following classes will deal with health, fun, and the joy of running. Runners can be guided in the 5K or of running, an introduction to running; Low Threat Runner's Competition, a class for advanced runners; and Jimmer's Ultimate Fun Run, a class for those who want to make jogging a part of their life.

THE NOW? OF RUNNING
Sun Rides
Joe Smith
494-2792
RUNNER'S WORLD — UPHILL RUN
Sun and Randy Kidd
Feb 21, KU, Old Stadium 9:15am
494-2792
LOW THREAT RUNNER COMPETITION
Don Keith
Mar 1, UPH Fireplace Room 7:30am
539-6738
BACKPACKERS OF KANSAS
Sun Kidd and others
Wednesday, 7:30pm Length: One time, Mar 8 Location: UPH Fireplace Room
1221 Thurston
Backpackers of Kansas supports responsible, conservation-minded backpacking and hiking in Kansas through cooperation with private land owners and public agencies. We are working to increase the enjoyment of our public lands through backpacking, hiking and nature appreciation. Several outings are planned. Experienced and novice hikers along with families are encouraged to join. (Gun is experienced in all types of outdoor life and enjoys the beauty Kansas offers.)

AERIAL WIZARD
Gordon Flann
Sunday, 2pm Length: Indefinite First meeting: Feb 26 Location: KU, Band Practice Field
This class is for the frisbee player who thinks he's a good, quick releases, trick catchers, and thrower will be practiced. Some passes we'll be playing are fast, ultimate, 4 or 3, and maybe baseball and football. Goals for this class are putting on a tournament and playing other frisbee players from around the state. There's also an overnight frisbee party being planned. Bring your frisbee to the class. (Gordon has taught this class for almost 4 years and won 1977 KU Frisbee Champ.)

PHYSICIAN-PHARMACIST OR INVESTIGATOR — REP
Paul Ventreus
Wednesday, 7pm Length: 5 times First meeting: Apr 12 Location: UPH Fireplace Room 1221 Thurston
Limit: 20
This will be a skeptical look at BHP and psychic phenomena. Discussion will focus upon psychics such as Orval Baker. Take this class and two you will be able to read minds and predict the future — just like the Kansa psychics. (Paul has been aghast for 4 years and is now branching out into wider fields.)

PHYSICAL FITNESS
Vida Stansus
Monday, 7:30pm Length: 10 weeks First meeting: Feb 20 Location: KU, Union 1021A
Limit: 20
This class is designed to help us look and feel better. Attention will be given to finding up the abdomen, thighs, upper arm, etc. Each hour of exercise should serve as a good workout. Instruc-
tion can be both functional and fun. Please wear tights, leotards and a comfortable pair of shoes. (Vida taught physical education in high schools and has taken numerous exercise classes before.)

UNITED PRESTYRES OF MANHATTAN (UPM)
Ken Low
Sunday, 2pm Length: Indefinite First meeting: Feb 26 Location: KU, Band Practice Field
This class is offered for the inexperienced frisbee player. The class will cover the five basic throws and several different ways of catching. Goals for the class are: throwing 3 out of 5 ways, making a couple of trick catches, beating the advanced group at games (usually being the mild man), and finding one of your own player and we will enjoy an evening of beautiful musical entertainment. (Ken has enjoyed the player piano for years.)

FAMILY CAMPING
Bob and Barbara Porzky
539-2867
Wednesday, 8pm Length: Indefinite First meeting: Mar 8 Location: 3016 Clifflin
We would like to invite families to go camping with us on Sunday afternoons this spring. As in past semesters, we will be camping on peaceful streams and lakes in the Kansas area, including Deep Creek, Fortescue State Lakes 1 and 2, and Osage County State Lake. You may want to combine camping the night before with the planned canoeing. Each family, regardless of size or composition, will arrange for their own canoe, paddles, and life vests. At the first meeting, we will set the schedule and discuss arrangements for canoes and transportation. Information in instruction in planning will be concurrent with the trips. (Bob and Barbara have taught this enjoyable class before.)

FIRST THRU WALKING: GETTING STARTED ON A DAILY EXERCISE PROGRAM
Earl Boling
Tuesday, 7:30pm Location: KU Union, Rm 21 Location: UPH Conference Room
1221 Thurston
The purpose of this class is to help adults who are interested in starting a regular exercise program. Walking is an ideal alternative for many reasons — special equipment or facilities are minimal and it can be done near home or work. The discussion will include health benefits, exercise programs now available, when and where to walk, special problems, and how to stay with it when tempted to quit. (Earl has been walking for exercise over 5 years)

NOW YOU SEE IT, NOW YOU DON'T
Paul Ventreus
Tuesdays Length: Indefinite First meeting: Feb 21 Location: KU, Union Room 1021 A
Limit: 20
This will be a basic but intense study of slight-
of-hand and misdirection. In the hand quicker than the eye! Come and find out. Amaze your friends and family. Get into this fascinating and enjoyable hobby. Study an age old art — magic. (Paul has taught magic for UPH in the past and hopes he's learned enough to try it again.)

PLAYUP PIANO FIN
Frank Keller
Tuesday, 7:30pm Length: One time, Mar 8 Location: 205 Blue Hills Rd.
This class will cover the basics of the piano player. Topics will include the purchase, repair and mainte-
nance of your own player piano and we will enjoy an evening of beautiful musical entertainment. (Frank has enjoyed the player piano for years.)
SY-RG VOLLEYBALL
Cheryl Huying
Tuesdays, 7pm
Location: Independence
900 Yみな
Low-key competition volleyball is a fantastic way to get some exercise while having a great time. Everyone is welcome from four-foot beginners to nineteen-foot power players. If enough people show interest, we'll start a league and demonstrate some real talent at having fun. (Cheryl has been playing volleyball since grade school and is always searching for a good co-hand-some partner to be on her team.)

SY-RG AERIABIKE
Shelli Pecorini
537-0977
Monday, Wednesday, Friday, 7:30am
Length: 12 weeks
First meeting: Feb 20
Location: OMBE
6:00-7:00pm
Limit: 65

The rhythmic aerobic involves exercise movements, dance steps, and music. You are expected to improve cardiovascular fitness and muscle tone. (Shelli has taught exercises and is a certified aerobic dance instructor.)

SY-RG HANDBALL EXPERIENCE
Dennis Roper
539-6106
Bruce Allsion
537-8392
MIKES
537-2378
Sunday, 6am
Length: 8 weeks
First meeting: Feb 6
Location: EKS, Wausau Complex
The first session will cover the rules and basic playing techniques of outdoor handball. Please come on, enquiring minds can get together for an hour or two of play. Bring your handball and gloves to the court. Dennis, Bruce, and Mike have taught handball for UWM before.

SY-RG MAHIKU JUJUTSU
Shawn Wilson
537-1930
Tuesdays, Thursdays, 6:30-8:30am
Location: Independence
First meeting: Feb 21
Location: EKS, Abearm, Room 109
Limit: 50

Wakko Ryu is a self-defense-oriented but very martial art form. It's the next stage of self-defense without武器. This class will be taught by instructor in Judo and Jujitsu.

SY-RG MARTIAL ARTS IN THE MORNING
Shawn Wilson
537-1930
Tom Graham
537-7952
Tuesday, Wednesday, 6:30-8:30am
Location: Independence
First meeting: Feb 21
Location: EKS, Abearm, Room 109
This time is for all types of martial artists to get together and exchange ideas and techniques. You are expected to bring your own gear and have some experience in martial arts.

SY-RG SELF DEFENSE FOR WOMEN
Marshall Schmitt
537-2112
Shannon Brousseau
539-1399
February 6, 8-9:30am
Location: EKS, Abearm, Room 109
First meeting: Feb 20
February 8, 8-9:30am
Location: EKS, Abearm, Room 109
These classes will cover defense tactics for women which involve natural body weapons along with normal hand and purse items. Please sign up for the day you would like to attend.

SY-RG WOMEN'S WEIGHT TRAINING
Ross Lawrence
537-1345
Tuesday, and Thursday, 11:30am
Length: 9 weeks
First meeting: Feb 21
Location: EKS, Abearm, Weight Room
Limit: 30

This class will teach women proper techniques for lifting. Participants will also learn how to set up routines for lifting which can be used in a fitness program. Participants should wear clothes in which you can move freely.

SY-RG LIFES PLAY CHESS
David Welge
539-0397
Monday, 7pm
Length: 8 weeks
First meeting: Feb 15
Location: UWM, Wadsworth Hall
This class will provide a means of exchange for beginners and experienced chess players. We will share strategies and play. A tournament will be provided for beginners. Bring your boards, books, and brains.

SY-RG CHESSEE TOWNSEND (5-Min.)
Bob Levy
Cheryl Huying
532-5866
Wednesday, 12:15-1pm
Length: 6 weeks
First meeting: Feb 20
Location: EKS, Union Courtyard
Let's expose K-state to the excitement of a speed chess tournament, complete with official boards, clocks, and nameplates. This event will be held for all to see. Both rated and unrated players are welcome.

SY-RG BOARD GAMING
Paul Clemons
717-8088
Sunday, 8-10pm
Length: 12 weeks
First meeting: Feb 20
Location: EKS, Maitarior
Material fee: $20.00 covers costs of air, book. Please be collected at class.

SY-RG SCUDA DIVING
George Halson
532-5840
Fridays, 7:30pm
Length: 12 weeks
First meeting: Feb 20
Location: EKS, Maitarior
Material fee: $20.00 covers costs of air, book. Please be collected at class.

For questions about Play, call Cheryl Huying at 532-5866.
body

FIRST AID MULTIMEDIA
Sonette Stein (Section I)  539-7069
Shella Peeter (Section II)  537-0977
Saturday, 6am-8pm
Length: One class, I - Feb 18
II - Mar 4
Location: Red Cross Office
1619 Poyntz
Limit: 12 per class
Natural fees: $4-36 - pay at class

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed work books. The student is certified as a standard first-aider upon successful completion of the course. There is a fee of $15, which covers materials, work books and texts. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be $4. (Shella and Sonette are certified Red Cross First Aid Instructors.)

HATHA YOGA
Bert Franklin  539-0495
Section I  Tuesday, Mar 7, 5:30pm
Section II Thursdays, Mar 9, 5:30pm (for over 40’s)
Length: 8 classes
Location: Newman Center
711 Denison
Limit: 8 per class

These classes include a thorough grounding in the essential classic asanas, mudras, bandha and pranayama, including the ethics of meditation. The student will receive a good foundation for a lifetime of yoga practice, and for knowledge and enjoyment of the self. (Bert has completed over 200 years of individual instruction with his guru, Sri T.Krishnamacharya.)

HATHA YOGA, PHILOSOPHY & MEDITATION
Loren Bough  539-2144
Section I  Monday, Feb 27, 5:30-7pm
Section II, Tuesday, Feb 28, 5:30-7pm
Section III, Wednesday, Feb 29, 5:30-7pm
Location: UN Conference Rm
Limit: 12 per Section

The basic idea of this course is experiencing free will, beginning with the choice of thought and continuing it into action. Hatha Yoga helps you feel better as you decide to, is uplifting and not tiring. (Loren learned the yoga from Dr. K.R. Anil and has continued his practice for 3 years.)

INTRODUCTION TO THE BODY CHEMISTRY AND PHYSIOLOGICAL ANALYSIS PROGRAM
Nobby Franks  776-2262
Kathy McKain  776-7054
Length: One class
Section I  Thursday, Feb 21, 7pm
Section II  Wednesday, Mar 20, 7pm
Section III  Thursday, Feb 21, 7pm
Location: Professional Building, Suite 2
404 Rumboldt

This is a new program in the Manhattan area. We will explain how better oral, physical, and mental health can be achieved by balancing the body’s chemistry. Please indicate which section you plan to attend.

(Batty and Kathy are involved in the dental profession and with the areas of nutrition and total body health.)

CLOTHING WORKSHOP
Rev. David Fyly  537-0993
Wednesday, 7:30-9:30pm
Length: 4 times
First meeting: Apr 5
Location: Baptist Campus Center
1802 Anderson
The clowns have a very special place in culture, and our culture has a special need for the clown. By exploring our own “clown within,” we will nurture in ourselves a new sense of authenticity and spontaneity. (David was once a professional clown and has led clown workshops in many parts of the country.)

COMMUNICATION SKILLS FOR COUPLES
Cindy Russell  532-5530
Ray Attilano  532-5519
Saturday, 9-5pm
Length: 4 times each
Section I  Mar 21
Section II Apr 18
Location: REC, Justin Hall, Rm 242
Limit: 2 couples each

This program assumes intimate relationships are continuous, being maintained, re-established and modified, largely through communication. The approach is educational and is not a counseling group. It is intended for couples (any two people who have a meaningful relationship) who enjoy their present relationships and wish to build on that strength. (Cindy is an assistant professor and Ray is a graduate student in the REC Department of Family and Child Development.)

ASSISTIVE TRAINING
Margaret Borden  532-6432
David Raney  538-6432
Tuesday, 7:30-9:30pm
Length: 6-8 weeks
First meeting: Feb 7
Location: Catholic Student Center
721 Benson
Limit: 10
Materials fees: $1.50 - pay at class

Do you feel guilty when you say "no?" Do you remain silent at meetings, then wish you had spoken out? Do you hesitate to initiate or terminate conversations, or appropriately assertive (not aggressive) behavior may be an answer for more effective living. (Margaret has been doing assertive training programs for the past four years, David has had recent experience in assertive training and with other groups.)
The following classes are presented by the campus ministers of the United Methodist Church in Higher Education. All classes will be held at the UHMC building, 1021 Denison. Unless otherwise indicated, all begin the week of Feb 25. For details on individual sessions, call 539-4281.

SATURDAYS
9 AM—11 AM: UHMC Sunday School, with Tod Barkley. Location: UHMC, room 203

12:30 PM—2:30 PM: "We'll talk about church related vocations and ministries." Location: UHMC, room 102 Denison
3:30 PM—5:30 PM: "Enjoying the loving relationship—wuth yourself, children, other people, God, art, music, and nature." Location: UHMC, room 102 Denison

TUESDAYS
6:30 PM—9:30 PM: "Incor/Match Round Table"—We will discuss in depth several religious belief and attitude systems with students and faculty at UHMC. Location: UHMC, room 102 Denison

WEDNESDAYS
12 noon to 12:30 noon: Lunch with Susan Green and Barbara Stewert. They will discuss Genesis. "Myth of Synphalus." particularly his discussion of suicide. Location: UHMC, room 102 Denison
6:30 PM—8:30 PM: "In the Spirit of Jesus"—We'll read the gospels and discuss societys relation to Christian thought. We'll meet every other Wednesday. Location: UHMC, room 102 Denison

SATURDAYS
7:30 AM—9:30 AM: "Balance of Faith"—The great theologian, Paul Tillich, offers some real "food for thought." Location: UHMC, room 102 Denison
7:30 PM—9:30 PM: "In the Spirit of Jesus"—We'll read the gospels and discuss societys relation to Christian thought. We'll meet every other Wednesday. Location: UHMC, room 102 Denison

OLD TESTAMENT

Theology of the Old Testament: Politics and Marriage

Rev. Steve Miller

February 22

7:30 PM

UHMC Conference Room

Dr. Miller will examine some of the historical events recorded in the old Testament (i.e. Exodus, Deuteronomy, Kings). This course will discuss and evaluate political structures and community values. Our concern is to ask: Why is Jesus called a King? Does God will war? Are political structures sanctioned by God? (Bowie is coordinator for the Manhattan Metropolitan Fellowship and has a Masters degree from Westminster Biblical Seminary.)

DECORATIONS IN HARMONY TODAY

Monday, Feb 18

Anne Collins

539-5439

The meditation group will meet for a short reading, meditation and little talk. Wear comfortable clothing and bring a sitting cushion.

FEBRUARY MEETING

Saturdays, 7 AM

Location: UHMC, room 1021 Denison

The meditation group will meet for a short reading, meditation and little talk. Wear comfortable clothing and bring a sitting cushion.

PAPER MEDITATION

Saturdays, 7 AM

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NEXT MEETING:

February 18

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**BASIC PLC PROGRAM**
Bob Goodwin
Curtin School
Tuesdays, 7:30pm
Length: 5 times
First meeting: Apr 11
Location: UPM Banquet Room
1221 Thurston
Limit: 20
Anyone wishing to become more self-sufficient as well as save money should investigate this course. Bob and Curtin will demonstrate how to thaw frozen water pipes, clean trash, change fuses (yes, they do drip), unclog drains with a meat hook, and replace the wax seal in toilets. (Bob learned the skill of plumbing on his own out of necessity, while Curtin was lucky enough to be a plumber's son.)

**HANG IT UP - WALLPAPER**
Jeff Beach
Mondays, 7pm
Length: 2 times
First meeting: Feb 27
Location: UPM Banquet Room
1221 Thurston
We have the paper. You have the room to be papered. We have the skill to share with you. In the first session, you will learn how to hang paste wallpaper. In the second session, we will hang pre-pasted wallpaper. You will learn the basics of wallpapering and be able to spruce up your own home. Be sure to wear comfortable clothes.

**REFINISHING MORE EASY: REMOVE THE CORROSION**
Nick Pauland
Monday, 7pm
Length: One time, Mar 2
Location: UPM Fireplace Room
1221 Thurston
Nick will cover the basics of furniture refinishing and repair as well as going over veneering. He will also be glad to help folks find any equipment, tools, replacement parts, etc., that they might need. (Nick is a cabinetmaker who has been refinishing furniture for seven years.)

**BASIC HOUSE WIRING**
Richard Napper
Thursdays, 6pm
Length: 3 times
First meeting: Feb 23
Location: Bill Dodge
Limit: 10
This course will cover the tools and test equipment needed for a home owner to service and repair live house wiring. Richard will teach folks the proper way to add additional wiring to their homes.

**FIRST STEPS IN BICYCLES AND HOW TO MAINTAIN THEM**
Bob Boulter
Monday, 6pm
Length: 10 times
First meeting: Feb 27
Location: UPM Fireplace Room
1221 Thurston
Are you interested in touring, racing, and competing? Are you as interested in your bike as you are in it? This course will deal with bicycles and what you can do with them. Through demonstrations, maintenance of the bicycle from fixing tires to regauging hubs will be covered. As weather permits, if there is enough interest, group rides will be organized.

**HOW TO RENT A BIKE**
Bill Jacoby
Monday, 7pm
Length: 3 times
First meeting: Feb 27
Location: 1209 Park - in the alley
This course will show you the difference between bicycles and BICYCLES, and it is not just capital letters! The first session will cover information concerning 10- and 5-speeds. The second session will cover 3-speeds, and the third session will cover single-speed bikes. Sign up and attend the session(s) which interest you. (Bill owns his own bike shop and has repaired and sold bikes for years.)

**BASIC CONSTRUCTION AND RESTORATION**
Don Sheahan
Saturdays, 1pm
Length: 6 times
First meeting: Feb 25
Location: UPM Fireplace Room
1221 Thurston
Feb 25—Building Analysis
Mar 4—Cost Analysis
Mar 11—Brick (at 9:00, 1012 Denison)
Mar 18—Choice of Materials
Mar 25—Practical Applications of Interiors
Apr 1—Practical Applications of Exteriors
(Don is the Building Rehabilitation Specialist for the City of Manhattan.)

**AUTO COMMUNICATIONS FOR WOMEN**
John Hughes
Wednesday, 7pm
Length: Indefinite
First meeting: Apr 5
Location: UPM Fireplace Room
1221 Thurston
Limit: 20
Very few women have had practical mechanical training, especially about cars. Since almost everyone has an automobile, John can help you learn something about it. Call him for an appointment and he will show you one of his own cars.

**AUTO TUNE-UP**
Donn Tadd
Wednesday, 6pm
Length: 5 times
First meeting: Mar 29
Location: UPM Parking Lot
1221 Thurston
Limit: 15
In this course, Donn will discuss topics such as engine theory, the ignition system, carburetion, and troubleshooting. Each student will tune up his or her own car. Some time will be spent in the classroom and some will be spent working on the cars. (Donn, a KU sophomore, is an auto mechanics graduate of Manhattan HS and has 3 years of experience as an auto mechanic.)

**PROFIT MAKING**
Don Ketchen
Vern Carsewenny
Thursday, 7pm
Length: 7 times
First meeting: Feb 23
Location: UPM Fireplace Room
1221 Thurston
Not only are Vepods now used by business persons, students, the elderly and free-spirited freaks, but also by those reluctant to drive a gas-guzzling auto two miles for a can of tuna. Students can park Vepods in campus bike racks. Don and Vern will tell you what a Vepod is, how to select one, ride it safely and repair and maintain it. Weather permitting, test rides can be taken.

**A MAXIMUM MEMORY LAK**
Chuck Thompson
Wednesday, 7:10pm
Length: 6 times, Mar 8
Location: RSS Union, Rm 206
Limit: 10
The ancient Greeks developed some very powerful techniques to improve memory for isolated events. We will talk about these techniques and try them out. I will also have some references available for those who wish to read more at their leisure. (Chuck does research in memory and has always been interested in the Greek mnemonic techniques.)
TEST TAKING AND PREPARATION

Jim Kiss 532-0449
Tuesday and Thursday, 7pm
Length: 2 times, Feb 21 & 23
Location: KUS, Farrell Library, Rm 422
Limit: 25

This workshop will deal with the skills needed to prepare and take tests. Skills such as time management, study techniques, anxiety and multiple choice question examinations will be explored. (Jim is a learning center specialist for the KUS Center for Student Development.)

INVESTMENT BASICS

Craig Hansen 537-0594
Mondays, 7pm
Length: 7 classes
First meeting: Feb 27
Location: KUS, Eisenhower Hall, Rm 21
Back by popular demand, Craig will give you a basic but thorough survey of the securities industry, how it functions, and how you can get involved in it. He will discuss stocks, bonds, and other investment vehicles. (Craig is a local broker with an investment firm holding membership in the New York Stock Exchange, Inc.)

BUYING OR WHERE DOES IT GO

Don Beaver 532-2962
Wednesdays, 8pm
Length: 8 classes
First meeting: Feb 22
Location: 1051 Quivira Circle
Limit: 15

Overdrafts are a fun look at what happened to Reck Lame! This class is designed to help you avoid the pitfalls some of us have fallen into. In the first four sessions, Craig will help you realize where your money goes when it seems to just disappear. In the next four sessions, he will teach you how to better control your checkbook.

Touring the Community Futures Market

Jim Buchanan 776-1313
Thursdays, 7:30pm
Length: 10 weeks
Location: KUS, Eisenhower Hall, Rm 15
Materials fee: $20—pay at class

This course is designed to inform students on how the commodity futures market as a speculation tool is handled. (Jim is a community broker in the Manhattan area.)

R E C I R T I N G L A V I N G

For those people who are interested in needle typing skills, UPM is offering 2 beginning typing classes this spring. The classes will run for both sections will meet in Calvin Hall, Rm 217 and will continue for 8 weeks. Please sign up for one class this week you wish to attend.

Feb 21 Tuesdays Joan Edmo 374-1509
Feb 23 Thursdays Debbie Boddy 776-0976
Feb 25 Thursdays Anita Riehler 532-5780

HOME FIRE SAFETY

Chuck Tannahill 537-2510
Monday, 7:30pm
Length: 2 classes
First meeting: Feb 27
Location: City Hall Museum Room
11th and Forsyte

In this invaluable course, Chuck will show you how to clean and inspect chimneys as well as explain about the different types of smoke detectors and fire extinguishers. In the second session, he will help you develop a fire escape plan for your home and discuss the most hazardous areas in the home. (Chuck is one of the Manhattan Fire Inspectors and has been a member of the Manhattan Fire Department for 4 years.)

RADIATION PREVENTION

Officer Conkright 532-2112
Tuesday, 7:30pm
Length: One class, Mar 7
Location: UPM Fireplace Room
1221 Thurston

The Manhattan Police Department is as concerned with preventing a burglary in your home as you are. In this short course, Officer Conkright will discuss prevention techniques such as locks, lighting, alarms and enticing valuable items with an identifying mark. Protect your home and family more effectively by taking this valuable course. (Officer Conkright is from the Manhattan Police Department.)

BUYING AN APARTMENT

Bob Weidhage Carla Fears 532-6541
Wednesday, 7pm
Length: One class, Mar 1
Location: KUS Union, Rm 204

This class will explore what to look for when you go to rent an apartment. Specifically we will discuss things to look for and tips on evaluating your housing needs. Also we will talk about the housing market in Manhattan and the types of housing available.

(Deh, Director Consumer Relations Board, has worked on many landlord/tenant problems. Carla, Off-Campus Housing Director, helps locate housing for K-State students and is experienced with landlord/tenant problems.)

DANCE SOCK HOCKEY

Verna Vidger 776-8594
Thursday, 7:30pm
Length: One class, Feb 23
Location: MOO Rm. 5th, Apt. 11P
Limit: 10

Socks today are both beautiful and expensive, but even beautiful things become worn. Verna will show you the easy art of darning those holes in your wool hosiery or those argyle being a daring needle, a sock with problems, and matching darned run or wool. By using the same technique, you can mend holes in clothes and stockings.

Constrasting Replica Antique Firearms

Don Hiffey 436-2855

Saturdays, 1pm
Length: 3 classes
First meeting: Feb 25
Location: Cell Don for directions
Limit: 15

Persons attending this class will need to purchase a gun kit to assemble in class. Kits will be available at the first session but may be purchased elsewhere. (Average cost: $224-340.) Topical covered will be the assembly, fitting and finishing of wood and metal parts of black-powder replica weapons. Limited hand tools are required and available.

(For questions about skills, call Donna Money at 532-5866.)

DATE

R. E. McNeal 776-3222
Monday, 11am
Length: One time, Feb 27
Location: 404 Rambolt
The Professional Building
Limit: 20

In this class we will discuss how to test products and learn how to tell whether or not products are beneficial, determine why hair is in bad condition, understand the use of conditioners and learn about balaysage in general. There will also be a demonstration on makeup.

(Tick is a Manhattan hair stylist who has had this class many times.)

A PRETTY YOU

Beverly Tins 1-494-2496

Tuesday, 7pm
Length: 2 times
First meeting: Apr 4
Location: UPM Conference Room
1221 Thurston

Limit: 15

Learn how to achieve and maintain a more lovely complexion through basic knowledge of proper skin care. At the second session, Beverly will demonstrate how to select make-up shades and correctly apply make-up for a look of natural beauty. Many tips and pointers will be introduced to you. (Beverly has been a professional beauty consultant for the past six years.)

ANOTHER RADIO 1

James Drens 776-1313
Tuesday and Thursday, 7:30pm
Length: Indefinite
First meeting: Feb 21
Location: KUS, Eisenhower Hall, Rm 161

This course will teach participants how to send 5-15 words per minute in Morse Code and will provide enough theory background for students to pass the Federal Communications Exam for novice class licenses. (James holds an Amateur Extra Class radio license.)

ANOTHER RADIO 2

Mark Baker 537-9358
Monday, 7:30pm
Length: Indefinite
First meeting: Feb 20
Location: KUS, Eisenhower Hall, Rm 161

This course will cover the theory for a Technician or General amateur radio license. Topics covered will include basic electronics, techniques of modulation, power amplifiers, antennas, measurements, regulations and operating practices. (Mark holds an Advanced Class License and is an electrical engineering student at KUS.)
we're almost home-thanks!

What has to be done to make this happen? Rebuild one entire stairway from the basement to third floor. Retire about one-third of the building. Construct fire-resistant walls, fireplaces, install fire-resistant doors, new fire alarm system. Unit lighting. Lots of paint. Lots of miscellaneous. Lots of person hours.

None of this has been easy and, even with a lot of volunteer labor, expenses have been high. Everybody helps to socialize the need, but UWH needs to raise $12,000-$15,000 to pay for these renovation costs. Once the basic debt is retired, we can turn our attention to more imaginative ideas for which grants are available, such as the design of a solar technology and other more efficient energy systems.

In this brochure, you'll find a small donation envelope. UWH really needs your help to meet our financial obligations. Individuals who donate $25 or more will become an official "Financial Friend of UWH," and their names will be recognized in the next brochure (unless you wish to remain anonymous). Business firms and commercial organizations can also become "Financial Friends of UWH" by donating $100 or more. UWH has never appealed to the general public for financial help in its 10 years. Please recognize our sincere need at this time and join us in celebrating our 10th anniversary.

We have many friends to thank this spring and we'll start our round of thanks with the ESU Student Governing Association for storage windows all the way around and two fire escapes, without which we would be neither very warm nor very safe. Thank you SGSA! We are most grateful as well to George and Theda Sallens for the countless hours of caring for a very temperamental building; and to Mr. William Blake for the kitchen furnishings; to Bob and Paul Warrick for the donation of an entire household of furniture; and to Tom and Yvonne Lacy for being "Financial Friends of UWH" before we even formalized the concept; to our carpenter and electrician who were a pleasure to work with, and especially to Bruce Snedde who held the renovation schedule together. Many, many others brought a lamp, a couch, a bookcase, or a rug, or came by to throw out the rubble or paint a wall. THANKS TO YOU ALL!!

state outreach office

UWH has developed a uniquely Kansas approach of bringing lifelong learning and community development to Kansas towns and counties through the free University model of community education. Over the past two years, UWH has set up community education programs in twelve areas of northwest and central Kansas. Given the success of these programs, the areas have indicated a desire for community education in their area. For the next two years, UWH will be available to areas for people and organizations working to establish a community education program. In every case, UWH focuses its approach on the area's specific needs and resources. UWH seeks to help the communities organize and start their own community education programs. In some instances, an advisory board is formed to represent the viewpoints of the different aspects of the community in the program. If you're reading this outside of Manhattan, this does mean you could:

- We can visit your town and present a program on community education to a group of interested people.
- We can support programs and help a group of individuals start a community education program.
- We can provide brochures, including a Kansas community education manual, quarterly reports, and a newsletter.
- We will sponsor various workshops and training sessions during the year in different locations throughout the state.
- We can stay in communication with your group, help to develop and fund a viable program for your community.

community gardens

Thanks to the City of Manhattan, the ESU Horticulture Department, and Doris Brown the community gardens will be blooming again in a few months. Applications for the plots are available at the Douglas Community Center Annex, the Manhattan Public Library, and the UWH House at 1211 Thmatches. Applications must be returned to the UWH House by Feb. 24. There are approximately 100 plots available for Manhattan residents. However, if more than 100 applications are received, first priority will be given to low income applicants.

a new name?

The staff at the University for Man has been thinking for some time, of changing our name, but we need your response to this idea. If you think a change is a good idea, we would like your suggestions for a new name. We would like to keep our initials-UWH—and our ideas as far as: University for Man, University for Me, and University for People. What do you think? Please reply to Jean, 553-5846.

new faces

We had the pleasure to welcome to our staff this fall our new faces. Pictured in the staff photo on page 2, third row from the top, on the left is Julie Coates who literally helps with everything. The fellow in the 11th row who has been driving from Austin to Manhattan—we've met her. We've also met her. We'll be glad to have you!
We realize there are often long waits at registration and we are changing registration procedures somewhat to reduce waiting periods and improve the overall process. We apologize for any inconveniences and ask for your help during the complex process of taking over 4,000 registrations in 3 days.

Registration is important. It allows leaders to prepare the proper number of handouts, order supplies, and contact you if there is a change in the class. If you register for a class with limited enrollment, it is crucial that you notify the leader if you cannot attend. Persons on the waiting list can then be allowed to join the group.

If it is impossible for you to register at one of the above locations, you may call 532-5866 to register during only the following hours: Feb 13, 7am-6pm, and Feb 14 and 15, 9am-5pm. Please limit registration by phone to four classes total.

You can help speed up registration and reduce frustration if you register only for classes you are sure you can attend. Check your calendar before registration and record the dates of your classes. For limited classes, please register for no more than yourself and one friend. Any class fees must be paid by the end of the day on which you register in order to hold your space.

ufm
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66502