UNIVERSITY FOR MAN
SUMMER 1979
SUMMERTIME IN THE FLINTHILLS

With the coming of summer in the Flint Hills, we leave behind cold Kansas winds and icicles, and look forward to a vast array of activities in which we at Flint Hills residents can participate over the coming months. Some are organized, some are self-initiated, but whatever the climate, a summer in the Flint Hills can be an enjoyable time. Kansas, in particular the Flint Hills area, can be regarded as a place with something for everyone, and we at UFM feel that with the energy shortage here to stay, we will put our collective energies together to make a summer in the Flint Hills a more pleasant experience than ever before for both us and individuals and for the environment in which we live. The Flint Hills, with their rolling plains, blue skies, and sometimes gentle breezes, offer us Pilbush Crossing, the May Day Springs, numerous rivers and ponds, and of course Tuttle Creek Reservoir. Sailing, fishing, swimming, or just a relaxing picnic in one of its many coves, Tuttle Creek can in itself be a summertime activity. And nothing can be more pleasant than a canoe ride across the lake to watch the sun set over the hills.

If the history of the Flint Hills and the people who put their energy into the settlement of this area are of interest to you, a list of places to visit is available at the Manhattan Chamber of Commerce in the publication "A Guide to Manhattan," which was a supplement to the Manhattan Mercury last fall.

And while you're traveling around admiring the limestone buildings of the Flint Hills, travel slowly so you don't miss the wildflowers in the prairie, the cows in the pasture, wheat fields waving, and the windmills turning. They all themselves will make a short trip from Manhattan most memorable. As for the activities within Manhattan, there is a host of organizations planning summer activities in which anyone can get involved. UFM, the League of Women Voters, the Art, Science, and Theater Association (originally a UFM class) are a few of the organizations that will be in full swing this summer. And of course the Manhattan Public Library will have its doors open for people to enjoy self-directed learning on any topic imagination.

UFM, too, will offer about 200 classes for the Flint Hills community this summer. All are free of tuition and grades. Whether it's a painting trip, a tennis lesson, an edible plants class, outdoor cooking, or a new and inexpensive way to cut down on energy costs this summer and next winter, UFM, through the cooperation of so many volunteer teachers, again welcomes you to a summer of learning and fun. Take a few minutes and thumb through the brochure. We're sure you'll find something to make your summer in the Flint Hills a little more enjoyable.

SUMMER 1979

Welcome to UFM's array of summer classes! There are both old favorites and exciting new offerings, and hopefully, among the variety of classes reflecting the broad scope of UFM, there is something just right for you. Of course, we must thank the people in our community who volunteer their time, energy, and sometimes dollars to help keep UFM going. Without these generous friends, we probably wouldn't be here. UFM receives funding from the KSU Division of Continuing Education, the K-State Student Governing Association, the United Way of Riley County, the Department of Human Resources—CEA, the Fund for the Improvement of Postsecondary Education, the National Science Foundation, the Clearinghouse for Community-Based-Free-Standing Educational Institutions, the Kansas Office of Social and Rehabilitation Services, the Kansas Committee for the Humanities, and the Kansas Arts Commission (a state agency) and the National Endowment for the Arts (a federal agency).

During our recent fundraising drive, we published lists of 'financial friends' who helped support our building fund. Starting this fall, we will begin a once-yearly listing of our major financial supporters who have made contributions since the last listing. Thanks to the above groups and all who contribute to UFM as a non-profit, tax-exempt organization, we are thriving. But our new building is not complete. We still have needs and we can still use your help. Many thanks for your continued support.

UFM Staff

Lori Carlson Memorial Fund

Lori Carlson was a K-State student and one of UFM's pottery teachers. This spring she was killed in an automobile accident. Her family, knowing how many hours of enjoyment UFM had given her, decided to establish a memorial fund through UFM. All of us at UFM sincerely thank the Carlsons for donating to UFM at such a difficult time. We want not only the Carlson family, but also all the friends of UFM to know that the Lori Carlson Memorial will have a tremendous impact upon improving the UFM Pottery Studio.
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photo credits

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Hoffmiller: Layout.
MORE THAN JUST CLASSES

Rural Women
This spring and summer UFM is conducting a project in Cherryvale, Iola, Pawnee Rock, Stockton/Plainville, Hinsburg, Concordia and Lecampion entitled "Rural Women: Their History, Their Future." Funded by KSU and the Kansas Committee for the Humanities, the project includes a film, a panel of historians and group discussion on the heritage, roles and values of rural women.

Community Gardens
Manhattan Community Gardens, located at 800 Riley Lm., may have plots available from time to time. Fall gardens planted at the end of July or in August do very well, so even if you start late, you can save significantly on your food budget. Water tools, a lawn mower, and a rototiller are available to assist you, as is the advice of the coordinators and the KSU Horticulture Department. Informal instruction in gardening, construction and use of an ammo stove as a community cook-out, social events, and an opportunity to can your garden products are all offered to Community Gardeners. The Community Gardens are made possible by the City of Manhattan, UFM, and the KSU Horticulture Department. Joan Showmaker, and Bill Hoyt are graduate students in Horticulture at KSU and have worked with cooperative food buying clubs. For more information call: days 532- 5966, nights 530-4747 or 776-7426.

State Outreach
The Outreach Program of University for Men will complete its second phase at the end of July. In addition to having a hand in starting over 30 rural free university/community education projects all over the state, we have produced two manuals, many articles and several other publications. We’ve given a large number of presentations around the state and nation (and even beyond the continent). Perhaps the highlight of this whole adventure to date was the passage of legislation and appropriation of funds by the Kansas Legislature, during the 1979 session, for a bill known as the Community Resource Act. This will enable communities all over Kansas to seek grants for start-up funds for local community resource projects. The passage of the Act is a significant step by the legislature in recognizing the potential of rural free university/community education programs.

In the fall brochure, we will have several new exciting projects and programs to share with you. Meanwhile, do enjoy SUMMERTIME IN THE FLINT HILLS and the offerings contained in this brochure.

Volunteers
Over the years, our gratitude for our volunteer teachers has continued to grow. UFM, to a great extent, is made up of volunteers. Paid staff provide administrative continuity, but most of UFM’s activities could not happen without the many volunteer hours that go into them.

As we have grown during the past eleven years, so have our needs for volunteer participation. We particularly need volunteer help for class registration and we also need, over a longer period, clerical help, help with the loan maintenance, carpentry, and other jobs regular in the life of a center. If you would like to volunteer for any of the above needs, or something else, call 532-5966. We will talk with you and help match you with a needed job. And again, thank you, everyone, for your many gifts of time.

We are increasing our efforts to develop play areas and outdoor activities at UFM. We now have volleyball poles and a net, but could use horseshoes, croquet and miscellaneous game balls. If you have any outdoor equipment (or outdoor furniture for those who provide picnics) that you would like to contribute for community use, drop it by the UFM House, 1221 Thurston, or call us and we’ll pick it up.

Old Staff, New Staff
As UFM’s programs and offerings change so do the faces that bring them together. It’s time to welcome new people to UFM and say hello to those who have given so much to UFM while they were on staff. Two KSU students, Deb King, a social work major, and Kari Wilkins, a recreation major, spent their spring placements with UFM. Deb helped us expand our programs at Manhattan High School. She also did a feasibility study investigating the potential for a daycare center within the high school for young parents wishing to finish school. Kari Wilkins brought Manhattan a Winter Festival in the park and, each week, the two students packed together the "best snowman in town" contest, a fun time was enjoyed by all. We send our best of luck to you both and thanks for your help.

Crystal O’Brant joined our staff two years ago while still in high school. She did many behind the scenes tasks like develop a master community resource file system that the staff could locate past papers. She also did a feasibility study investigating the potential for a daycare center within the high school for young parents wishing to finish school. Her work is appreciated. Our congratulations to Joe and Crystal Sapp!

A grant from the Kansas Committee for the Humanities made it possible for Kansas UFM to present "Rural Women: Their Future." (It also enabled Sherry Griesmeyer to join the staff.)

Bringing organizing tales from Peace Corps days in the Solomon Islands, Susan Qamal is on board along with Pam Warren, a KSU student with special interest in student programming.

A special hello goes to Jason Costes, the newest and youngest member of UFM. Jason is the new born son of Julie and Gary Costes. Jason is assured of a new and fascinating life around UFM.

Evening Childcare
UFM Evening Childcare is open Monday through Friday to serve children ages 3 to 12. To supplement summer school hours and provide childcare services to working parents during school vacations, the center will open at 1pm daily beginning June 4 and remain open until 11:30pm. The center, housed in the Blue Valley Methodist Church education building, 505 Church Ave., has received KSU certification and is staffed by experienced, caring adults. The proof of our success includes smiles, opportunity for outdoor play, child-directed activities, sleeping facilities, and planned group activities. The center charges an hourly fee based on the number of children per family. Information may be obtained by calling the center or at UFM, 532-5966.

Free University Network
VOLUNTEER PUBLICATIONS COORDINATOR NEEDED. Along side UFM’s efforts to work throughout the state of Kansas has been the establishment of a national association for free universities and learning networks. The Free University Network, which has been headquartered at UFM for three years.

For the past year, Karen Mahl has served the Free U. Network well as volunteer publications coordinator, and also was instrumental as a volunteer for UFM’s World Hunger project which is going to law school this fall, and we thank her for her many contributions.

Applications are now being accepted for the position of volunteer publications coordinator. The work involves hours a week of work, processing orders and promoting our publications through mailings. Applications due June 30, 1979. Call Julie Severt or 8111 Drusas if you have questions about this valuable opportunity to work with the national association of free universities and learning networks.
COMMUNITY for questions about Community, call Susan Gunnill at 532-5866.

Tom Hollister Loni Borger
Tuesday, 7:30pm
One time, June 26
Location: Front of Nichols Gym (Inside Calvin Hall, Room 102, if weather bad)

Nichols Gym has been in the news a lot lately. If you missed the action in late April, it is not too late. This introductory meeting will update the club about activities surrounding the attempt to save "the Castle." Interested individuals will continue to meet through the summer. (Tom and Loni are leaders of the CASTLE CRUSADE, the committee to save Nichols Gym.)

WHEELS FOR MANHATTAN
City Planning Office 537-0056
One time, to be announced
Location: City Hall Lift: 50

The City Planning Office will sponsor a Cable Televised Mass Transit Update this summer. The city of Manhattan is currently engaged in a study of the transportation needs of our community. The consulting firm of Wilbur, Smith and Associates from Denver, Colorado, charged with examining this question, will explain the transportation tools they are studying and will receive citizen input on the transportation needs of Manhattan community. For the convenience of those unable to attend, phone-in comments and questions will be accepted.

Legal Series

Thanks to the cooperation of several local attorneys, USF is once again able to offer sessions on important legal questions. All classes will be held Mondays at 7:30pm at the USF Conference Room, unless specified otherwise. Room size allows only 25 participants so please register for each session you plan to attend.

June 10 Estate Planning
Kurt Olson 537-9194
The estate laws of Kansas are complicated, but a great deal of advantages can be gained by those who allow the estate laws to work for them. We will explore estate planning in regard to the distribution of assets, gifts, preparation of wills, trusts, and "dying without a will."

June 25 Divorce
Rodney Olson 776-9222
This class will discuss the Kansas laws regarding divorce, child custody, support, alimony, and related topics. We will focus upon recent changes in the law, and discuss how those changes may affect the rights of individuals involved in divorce litigation. We will also discuss the rights and obligations of the parties following a divorce decree.

July 9 Legal Research
Rodney Olson 776-9222
This class will investigate local resources and methods available for doing your own legal investigation and research. We will discuss some advantages and pitfalls in completing your own research. Suggestions regarding independent research methods may help class participants decide what is or is not a "legal problem."

RILEY COUNTY HISTORICAL MUSEUM

Jean Dallas 537-2210

Saturday, 7pm
First meeting: June 16
Length: 10 weeks
Location: Riley County Historical Museum
2309 Cliffside

A summer series will be a follow-up to the lecture with slides given in the spring concerning the history of Manhattan. More slides will be presented with special emphasis on reviews. The series is free and open to anyone with a special invitation to persons who need to identify slides.

June 16 Early Manhattan with Jean Dallas
June 30 More of Early Manhattan with Jean Dallas
July 14 Early Northern Riley County with Kevin Larson
July 21 Existing buildings in the older areas of Manhattan with Linda Glasson (including discussion of their relation to the Manhattan Historical Society)

(Using glasses. is the Director/Curator of the Riley County Historical Museum; Kevin Larson is the President of the Riley County Historical Society; and Linda Glasson is the Researcher for the Manhattan Historical Survey.)

MIGRANT AND RESIDENT KANSAS FARMWORKERS: WHO AND WHERE, WHAT? On the front of Kansas agricultural and farmworker issues this summer.

Elaine Olney 539-4512
Tuesday, Thursday, 7pm
First meeting: June 11, June 21
Location: KSU, Icerman Hall, Room 225

This class will be a beginner's course in farm history. It will include basic procedures for collecting and recording family, and the importance and availability of public records, including census, vital statistics, probate, and military records. There will be a Genealogy Society for sale to the class. (Elaine is the past president of the Riley County Genealogical Society.)

NAMCP CELEBRATES!

James Butler 537-2237
This year marks two important anniversaries and the NAMCP invites everyone to participate in the observance of each: the 100th Anniversary of the arrival of the Freedman's Aid in Manhattan and the 25th Anniversary of the landmark desegregation case of Brown v. Board of Education, which was decided in 1954. The celebration will be held for all. If you are interested in helping plan activities or would like further information, please call James Butler at 537-2237.

DRAFT WATCH (OR HELM NO, WE WON'T GO!)

Phil Attehoff Dave Ayers
776-1722

Monday, 7:30pm
One time, July 9
Location: 1620 Leavenworth

The House Armed Forces Committee on 11 May 1979 approved removal of Draft Registration by a vote of 30-4. Will Congress go along? Will the draft be reinstated as the next step? Phil and Dave will discuss the history of the draft and the affect during Vietnam. The class will look at how the strategies used to avoid the draft can be used now to curb any future reinstatement. Letters to Congressmen, letters to the draft, and other forms of action will be discussed and pursued.

(Phil and Dave didn't go and they don't want you to have to do either.)
Aging Series

Please register for each class you plan to attend. We will then be able to contact you for further information if necessary.

STAYING AT HOME - WITH CARE
Nancy Marks 539-1304
Tuesday, 10am-12noon
One Time, June 19
Location: Manhattan Public Library
Juliette & Payntz
Health and social services available in Riley County which allow the older citizen to remain in his/her own home, as long as possible, will be discussed, as well as eligibility and methods of payment for these services (Nancy is the Director of Riley County Health-Homecare Services, Inc.)

HEALTH INSURANCE AND THOSE OVER 65
Cathy Bates 776-5924
Thursday, 12:45pm
One Time, June 21
Location: Douglas Community Center Annex
901 Yuma
Results of a six month study of the health insurance industry conducted by the House Select Committee on Aging, concluded that many senior citizens are sold worthless or overlapping health insurance policies because they don't understand the kind of coverage they need. The Area Agency on Aging has arranged for representatives from the State Insurance Commissioner's Department to visit Manhattan and explain the type of health insurance senior citizens need, how health insurance should work with Medicare and some of the common pitfalls. For more information on meals and transportation for this day, call Susan Gunnall at UPR. (Cathy is with the Area Agency on Aging.)

DEPARTMENT ON AGING - WHAT WHAT? WHAT?
Barbara Sabol
Friday, 2pm
One Time, July 27
Location: Douglas Community Center Annex
901 Yuma
We are pleased to announce that Barbara Sabol, Secretary of the Department of Aging, will be coming from Topeka to discuss the functions of this newly formed office. There will be sufficient time for question-answer period, so bring your questions and concerns. Those needing transportation may call I&I. Bus to make reservations, the RSVP Bus will be helping out. If you have any questions about transportation, please call Susan Gunnall at UPR.

FREE TAX ASSISTANCE FOR THE ELDERLY
Rhoda Covett 776-9294
Wednesday, 7pm
One Time, July 18
Location: Recreations Towers
300 N 5th
Limit: 20
Come and find out how our VITA volunteers can help you with your Homestead and Food Sales Tax Refund. (Rhoda is the Assistant Director of the Consumer Assistance and Information for the Aging and this is the second year she has been Volunteer Income Tax Assistance Coordinator for the Manhattan Area.)

SORTING THROUGH THE MEDICARE MIDDLE
Marie Deelan
Parry Geatson 539-6681
Wednesday, 7pm
One Time, June 20
Location: Apartment Towers
300 N 5th
Limit: 20
This class will explore the Medicare system in order to help the participants understand the programs involved in using the system. The leaders will provide the knowledge and understanding to fill that need as a practical learning experience. (Marie, of Blue Cross/Blue Shield, and Parry, of the Social Security Administration, are both experienced with helping people work through and solve Medicare problems.)

SING ALONG WITH FRANK
Frank Squire
Section 1 537-9558
Thursday, 12:30pm
July 12
Location: Douglas Community Center Annex
901 Yuma
Section 2
Wednesday, 7pm
July 18
Location: Carlson Plaza
425 Pierre
Section 3 7pm
July 20
Location: Apartment Towers
300 N 5th
This will be fun! Frank is enthusiastic about leading the sing-a-long. A good voice is not a prerequisite, just bring along your good spirits. (Frank was the Manhattan Recreation Director before retirement.)
SHARING EXPERIENCES-BIG BROTHER/SISTER
Tim Hopkins
Virginia Burche

Tuesday, 7:30pm
One Time, July 10
Location: Lawrence Forum
1221 Thurston

Limit: 20

An adventure in...joy, learning, caring, sharing. Join Tom and his wife Janet with their Little Brother and Little Sister on this evening, as they explain the Big Brother/Sister Program of Manhattan.

Information on prospective Big Brothers and Sisters and interested parents will be provided.

(Virginia Burche is the Director of Big Brothers/Sisters. Tom has helped revitalize the program and is interested in sharing his experience with you.)

LIVING-LEARNING SCHOOL

The Living-Learning School is an elementary through junior high school which uses an open classroom, non-standardized learning approach with students. The teaching staff would like to invite you to join in one or more of the following events, located at 1011 Oak.

June 18
How to include field trips in the curriculum (LS)- With emphasis on environmental studies, we'll discuss where to go, what to do, and how to bring that excitement back to the classroom. Monday, 7:30pm

June 24
Open House: This will be a time to tour the school and ask questions about the curriculum and discuss your child's needs. Sunday, 2-5pm. Volunteer to Actually Work in the Classroom: This is a chance to share your interests and talents with children in the curriculum of the school. Call 776-7350 for more information.

ENERGY SOURCES FOR THE FUTURE

Neil Clemenha
Bill Craig

Wednesday, 7pm
One Time, June 27
Location: UVM Fireplace Room
1221 Thurston

What are the alternatives to nuclear power? How will we fuel our civilization? This session will include information and discussion on the following: economics of nuclear systems and economics of alternative systems; nuclear safety; moral implications of using nuclear systems; and a look at alternative energy sources. Bring your thoughts and questions. Sessions will continue if there is enough interest.

(Neil and Bill are concerned about the nuclear system in the U.S. and share an interest in alternative energy sources. They are looking forward to sharing their concerns and information with you.)

WHAT IS NONSET?R?

Kathleen Hursh

Wednesday, 7:30pm
One Time, June 27
Location: UVM Fireplace Room
1221 Thurston

Limit: 20

I would like to share the joys and the magic I feel while working with young children, using some ideas and methods devised by Maria Montessori. We will meet in a pre-school equipped with Montessori materials and talk of the early history of the Montessori approach and its growth, the different areas of the classroom environment, and the purpose of the equipment in the development of the whole child. Slides showing children working in the classroom with Montessori materials in the U.S. and abroad are used.

(Kathleen has taught children 2 to 6 years of age in a Montessori environment for 5 years.)

WORKING AT WORKING-IN THE MANHATTAN AREA

Sharon Wolf Hartowski
Caroline Perlson

Tuesday, 7-10pm
One Time, July 7
Location: 1627 Anderson Ave
1221 Thurston

Limit: 10

The vast number of highly qualified people and the scarcity of jobs in Manhattan can make a local job search a frustrating and demoralizing experience. At this session we will offer support, brainstorm for solutions, and explore job search methods.

(After a year's job search, Sharon now works at KUS. Caroline is the Assistant Dean at the Center for Student Development, KUS.)

TEENAGERS-FINDING EMPLOYMENT IN MANHATTAN

Marvin Colbert
Martha Akin Atkins

Wednesday, 7pm
One Time, July 11
Location: UVM Conference Room
1221 Thurston

Topics to be covered:

Part I: How to fill out an application, what are resumes, attitude, appearance, body language, self-confidence, Manhattan job opportunities.

Part II: Communication skills for a job interview. How to present yourself in a favorable light. Appropriate questions to ask and to be prepared to answer. Review of information about yourself and about the job that I intend to make the best decision for you.

(Marvin has been Work-Study Coordinator at Manhattan High School for 4 years. Martha, a KUS faculty member in the Speech Department, has taught an interviewing class for 5 years.)
CRAFTS

for questions about Crafts, call Julie Coates at 532-5866.

THE GREAT KITE FESTIVAL

A windy day in summer, a grassy slope, you, and multi-colored kites! Who would like to have a kite festival? If you like to help people fabricate kites (all kinds - even ones that have never been seen before), if you know how to get kites off the ground, please tell us so we can have this event.

Sign up at registration and you will be contacted for an organizational meeting.

ROSEMAILING (NORWEGIAN PAINTING ON WOOD)

Barb Hubert
539-4084

Tuesdays, 5-7pm
First meeting: June 19
Length: 10 times
Location: Harriet Manor
Limit: 6

During part of the first meeting we will discuss what we need to do for our paintings and look at rosemaled objects. I have been to Norway and seen the homes covered with designs from wall to ceiling! Everyday girls painted to fill those long cold winter evenings. The art came to America with the Scandinavian settlers. Please bring to class oil paint, one or two tiny brushes, a rag and a fiber board. The board is to be painted a dark brigh color (navy blue or dark green).

(Doris has studied rosemaled in Norway and plans to have a show of her work.)

CREATIVE WEAVING

Linda Teemer
537-0508

Tuesdays, 7-9pm
First meeting: June 19
Length: 6 times
Location: 600 Judson
Limit: 6

Come explore handweaving using cardboard, driftwood, hoops, and other nontraditional looms. We'll look at the basic principles of weaving and special techniques for different effects. You will be contacted about materials to bring to the first class.

(Linda has been weaving on nontraditional looms for 6 years.)

SAND-DRYING FLOWERS

Geana Becker
537-2887

Sign up at registration and you will be contacted

Length: 2 times
Location: 1301 Pierre
Limit: 10

We will choose flowers from my yard, put them in sand and discuss some of the finer points of flower drying at the first session. At the second session we will remove the sand, view the results and discuss ways of displaying them. Bring a small carnation, carnations, or box.

(Geana has been enjoying her method of preserving flowers in sand for several years.)

Candle Making

Nick Schanker
538-5766
Gary Butset
776-1470

Monday, 7pm
First meeting: July 23
Location: UNM Kitchen
Limit: 10
Materials fee: $4, pay at registration

First we'll discuss the basics of candle making: candle types, waxes, wicks, molds, Colors, scents, safety, troubleshooting, and various "tricks of the trade." Everyone can make their own personalized candles. Bring questions, problems and neat ideas.

(Note: started out making sand candles on beaches and Gary enjoys making whipped-wax candles.)

SANDY DAVIS WORKSHOP AND WEANER'S FANCY

The Manhattan Weavers Guild
Susan Lala
537-9650

Sign up at registration and you will be contacted

Material fee: $4, pay at registration

This is a "Weaver's Fancy" workshop. In a previous summer meeting I have been "mordanted" for you. At this meeting you will soak the yarn in tubes of dye, each dye having been made from a native plant. At the end of the day you will have been with what colored colors come from each plant, and will have a yarn sample of each to take home.

(Weaver's Fancy is a group of weavers who have been getting together to exchange ideas. They welcome new members.)

CRESTS FROM CHECCHOSLOVAKIA

Rose Wahl
1-457-3574

Friday, 7-10pm
First meeting: June 22
Location: UNM Firehouse 8
Materials fee: 50%, pay at registration

This class will consist of a slide presentation of handcrafts from Chechhoslovakia along with examples handcrafts from her recent trip. (Rose has taught many Chechhoslovakian crafts for the Metropolitan Free University.)

PACKING CRATE FURNITURE

Dick Stater
539-9312

Wednesdays, 7:30-9:30pm
First meeting: June 27
Length: 8 times
Location: NRZ Box 167 (call for directions)
Limit: 4

Participants will design, build and finish a small piece of furniture from scrap wood they will scrounge up. The class will learn general principles of woodworking and the use of basic tools. Intended for people with no woodworking experience. (Dick has been a professional woodworker for 2 years.)

14 crafts
FINE ARTS

for questions about Fine Arts, call
Melody Williams at 532-5866.

WATERCOLOR OR OIL PAINTING
Dorothy Barfoot
Thursdays, 3-5pm
First Meeting: June 21
Length: 10 Times
Location: Whitney Manor
Limit: 6
This class is for the beginning and intermediate painter.
Participants will have an opportunity to share in the
appreciation and enjoyment of painting as a means
of self-expression. (Dorothy is head of the Art Department at KSU for many years.)

BLACK/WHITE PHOTOGRAPHY
Howard Kiltough
Tuesdays, 7-9pm
First Meeting: June 19
Length: 4 Times
Location: 234 Ridge Dr
Limit: 6
This course will include such topics as how the camera
works, getting the picture, film developing, and
printing. The course may be extended for those wanting
work and information in special areas such as the
use of filters, compositions, etc. Students will need a camera and film.
(Howard has worked as a freelance photographer and has taught a number of IBM courses.)

DEVELOP YOURSELF!
Dan Ray
Thursdays, 7-10pm
First Time: June 21
Location: Nute Creek Blvd
Limit: 10
Participants will be "exposed" to all the information they need to set up their own darkroom for black and
white prints. Just think, from film to print in one evening.
[Dan has been a practicing professional photographer for two years, he is currently employed at a local
photography lab.]
LETS DO A PLAY

Samara Adrian
776-6506

Saturday, 7pm

First Meeting: June 16
Length: 6 times
Location: UFM Fireplace Room

Frustrated due to lack of theatrical opportunities, experience or even the faintest knowledge of what goes on in producing a play? Consider this a learning experience, or just a great way to make friends and expand your community. We will start with play selection, costume and set design, auditions, castings and end with an actual production before a real audience. Everyone will do as much as they are able. The whole production should take 6 weeks, with schedules being fit around your lives after the first meeting. Please list your age and gender when registering.

DISCO DANCE

Chuck Stratman
539-4021

Section I: Saturdays
6-8pm June 23 & 30
Section II: Saturdays
6-8pm July 7 & 14
Section III: Saturdays
6-8pm July 21 & 28

Location: Mother's Worry
1216 Laramie

Limit: 30 each section

Tired of sitting? Well shake your groove thing--get up and dance. Disco is necessary. No partner is necessary.

(Chuck learned how to dance at Pop's in Kansas City.)

INTERMEDIATE MIDDLE EASTERN DANCE

Juliane Dudley (Nahid)
539-5645

Mondays, 7-8:30pm
First Meeting: June 18
Length: 10 times
Location: KU, Justin Hall, RM 251
Limit: 20

Materials fee: $1, paid at class

This class is for students with previous belly dance instruction. More moves will be devoted to the work, veil work, zills (finger cymbals) and combinations of the dances learned in the previous class. Students will be given the opportunity to perform whether or not they wish. (Nahid is an experienced performer as well as teacher.)

BEGINNING BELLY DANCE

Barbara Smith (Mihrah)
539-1262

Wednesdays, 2-3:30pm
First Meeting: June 20
Length: 8 times
Location: KU, Justin Hall, RM 251
Limit: 20

Belly dance is excellent exercise and develops one's sense of self and self-confidence. Sources of supplies, costumes, jewelry, records and books will be discussed. Fees cover some beginning supplies for general use.

(Barbara learned to belly dance in Istanbul and taught belly dance for UFM for several years.)

STAR TREK

Nancy Gill
539-1262

Mondays, 7:30pm

First Meeting: June 18
Length: 6 times
Location: KSU, Eisehower Hall, RM 112

Star Trek will be a discussion class, with topics such as the new movie, recent books, fans and, of course, the T.V. show. Of particular interest are the many themes addressed in Star Trek. Some science fiction may also be discussed. (Nancy belongs to a Manhattan Star Trek group and has been a fan of Star Trek since its first bit.)

BEGINNING GUITAR

Mike Quinn
537-2527

Thursdays, 7pm

First Meeting: June 21
Length: 5 times
Location: UFM Conference Room
Limit: 5

We will learn a few chords, practice them in popular songs, and then advance on to scales. We will play as we learn. After the second session, we will decide whether and when to continue.

(Mike has played in rock, folk, jazz and vocal jazz bands.)

ACTING FOR THE NON-ACTOR

Samara Adrian
776-6606

Wednesdays, 7-9:30pm
One time, June 20
Location: KSU, Union, RM 204

Ever wondered if you could act? Do you feel intimidated by auditions, don't know how to cast? Then this class is for you. We will present questions, discuss everything from auditions and casting to working with directors, do some practice and stage fighting and generally have some fun. (Samara has done a little bit of everything related to drama for ten years.)

INTERMEDIATE GUITAR

Marlena Honey
539-2675

Tuesdays, 6-7:30pm
First Meeting: June 19
Length: 5 times
Location: Kansas City Campus Center
1803 Anderson
Limit: 15

This class is for those who know the basic chords and are ready to smooth out their playing. We'll work with different strums, a few picks, and a fancy chord now and then. This will mostly involve learning from each other's experience, so polish your fingers some, grab your guitar and let's smooth out those rough edges.

(Marlena has been playing the guitar for 15 years.)

MUSICAL APPRECIATION

Ron Miller
537-7258

Mondays, 4-5:30pm
First Meeting: June 16
Length: Indefinite
Location: UFM Conference Room

This class is an introduction to the fundamentals of music. Class members will learn not only the basics of note reading, simple theory, and the keyboard for piano (and/or organ), but also will have an opportunity to learn about various types of music and time periods by taking trips and attending concerts of various types. Books may be purchased if desired. Please note your registration card your preferred day to meet. (Ron is a music major at KSU and has been a church organist and choir director.)

MUSICAL INSTRUMENT MAINTENANCE

Chris Banner
776-6602

Saturday, 10am-12pm
One time, July 7
Location: 516 N Juliette

Chris will demonstrate general preventive maintenance for your musical instrument. He will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and peculiarities of each instrument. Please indicate on your registration card what musical instrument you need to maintain. (Chris has been an instrument repairman for four years and repairs all University instruments.)

CARE OF KEAPEECKER CLOTHING

Margaret Ordener
539-6993

Tuesday, Thursdays, 7-9pm
First Meeting: June 26 & 28
Length: 2 times
Location: KSU, Justin Hall, RM 347
Limit: 25

This class is for people who are concerned about keeping clothes, table linens, laces, etc., from past generations. Topics include conditions for proper storage, cleaning, repair, and display. Examples from historic costume and textiles collection will be shown. (Margaret has a background in historic textiles, historic costume, chemistry and textiles, and has developed an interest in the conservation of old clothing and textiles.)

WOODEN STICK ENSEMBLE

Jill Stankute
532-6850

Wednesdays, 7:30pm
First Meeting: June 20
Length: Indefinite
Location: 516 W. 16th

All wind musicians who enjoy ensemble playing are welcome. We play music from baroque to modern. Some music is available, but participants are asked to share any music they may have. We occasionally perform in public.

(Jill has played for 20 years and has been involved for four years in this group.)
EARTH
for questions about Earth, call Sue Maes at 532-5866.

FARMERS' MARKET WORK GROUP
Joan Schonaker
Gary Foster
Saturdays, 11am-1pm
First Meeting: June 30
Location: 3rd & Humboldt (Farmers' Market Site)
A Manhattan Farmers' Market is becoming a reality, and should be in full swing by July. If you are interested in how it and other such markets work, or have ideas to share, join the Manhattan Farmers' Market Commission on Saturdays from 11am-1pm at the Market. Classes will be a combined work party and discussion group. Help decentralize the food system as your part in both alleviating hunger and energy shortages by supporting the market. Information on other aspects of local food self-sufficiency, such as direct marketing, biological farming, crop rotation and diversification, and local people already doing it will also be available. (John is in Horticultural Therapy and helped organize the Farmers' Market Study Group. Gary has worked with Farmers' Markets and regional self-sufficiency in Kentucky.)

PLANTS OF KENZA PRairie RESEARCH AREA
Craig Freeman
Wednesday, 6pm
One time, June 20
Location: KSU, Parking lot south of Ackert Hall
Limit: 20
This will be a field introduction to some of the plants that are indigenous to a native tall grass prairie. The classification and natural history of plants as observed in their native habitats will be covered. Wildflower keys are available and may prove helpful. (Craig's a KSU graduate student in botany who has actively participated in compiling a species list for the Kenza Research Area.)

WILDFLOWERS
Gene Towne
Wednesday, 7pm
One time, July 11 [raindate, July 12]
Location: Community Gardens
808 Riley Ln
Have you ever followed the instructions on the seed packet and still can't find your neighbor's garden looks like the Garden of Eden compared to yours? This class will attempt to understand this diversity of gardens, giving the participants a chance to observe both good and bad gardening techniques. (Frank is a long-time gardener and a member of the Manhattan Garden Club.)

ORGANIC PEST CONTROL
Jim Johnson
Tuesdays, Thursday, 7:30-9:30pm
First meeting: July 4, 17
Length: 3 times
Location: USFM Banquet Room
Will garlic really keep the bugs away and will basil deter the tomato horn worms? Want to find out how to reduce your garden pests without persistent chemicals? The sessions will survey the current knowledge of natural or organic pest control, with discussions of folklore as well as more modern techniques. (Jim is an avid gardener, and has done extensive reading on organic pest control, as well as being an Extension Entomologist at KSU.)

A SELF-SUFFICIENT BACKYARD
Randy Kidd
Monday, 7:30pm
One time, June 25
Location: Manhattan Public Library
Julietta & Pygma
You don't need ten acres of land to begin to be self-sufficient. Here's a chance to learn methods to change your urban backyard into a workable, integrated, food producing system. The Parallels Institute Model, which combines rabbits, fruit trees, berry patches, gardens, animal feed crops, chickens, composting toilets, etc. will also be discussed. (Randy is a veterinarian, and writes the Manhattan Mercury column, "On the Outside," and has written for Mother Earth News.)

HOW GREEN DOES YOUR GRASS GROW?
Bob Bofford
Tuesday, 7pm
One time, June 19
Location: USFM Outdoor Area
What you've always wanted to know, but didn't know where to ask. What class will cover mowing, fertilizing, and general lawn maintenance. It provides a good opportunity for the lawn care-taker of your household to learn how to beautify your lawn. (Bob has a degree in Turfgrass Management and has taught Turf Managers at Dodge City Community College.)
KANSAS ARCHAEOLOGY
Patricia J. O'Brien
Wednesday, 7pm
One Time, June 27
Location: Manhattan Public Library
Juliette & Payntz

This class will discuss the archeological research done by KSU in north-central Kansas, stressing the important sites known and worked in around Manhattan. A little history of archeology in Kansas will also be given.

(Al. O'Brien is a professor of Archeology at KSU.)

THE FLINT HILLS RE DISCOVERED
Dr. C.P. Walters
Thursday, 7pm
One Time, July 5
Location: Manhattan Public Library
Juliette & Payntz

If only these hills could talk... they would tell us, firsthand, of their days beneath the seas, the ice age, and of the Indians who lived in the valley. Did you ever wonder what caused the icicles, whether diamonds exist north of Tuttle Creek, or pondered the potential for an earthquake in Kansas? Bring your questions about the land where we live. (A member of the local Audubon Society says, I learned more about how the Flint Hills area developed from one of Dr. Walter's talks than I did in a whole semester.)

HIKING TRAILS IN KANSAS
Jim Nightswinger
Monday, 7pm
One Time, July 9
Location: IUPM Fireplace Room

We will discuss hiking opportunities in Kansas with reference to developed trails. Topics such as where to hike, what trails exist and what they have to offer, and interpretive trails will be covered. (Jim has helped design and lay out a number of trails in Kansas. He is a member of the Kansas Trails Council.)

SALT-WATER AQUARIUMS
Barb Parker
Tuesday, 7:30pm
First meeting: June 26
Length: 2-3 times
Location: Spectacualr Eyes
All 3rd
Limit: 20

Salt-water aquariums are easy to set-up and maintain. We will cover the basic equipment, set-up, water chemistry, feeding and nutrient cycle in the first session, and tank inhabitants, aquascaping and maintenance in the second. Additional sessions will be offered if there is sufficient interest. (Barb has set-up and maintained several salt-water aquariums and presently owns a 30-gallon marine invertibrate tank.)

MANHATTAN SMALL FARM PROJECT
Jim Converse
Felix Powers
Wednesday, 6-6pm
First meeting: June 20
Location: Powers Farm (Green Valley Trailer #0) go east 2 mi on US 24 then left at Collection's Antiques

Starting in late February a group was formed to re-climb and develop organically, 10 acres of overgrown farm land. In just a few short months organic farm experiments with sweet corn, tomatoes, pickles and beans have been started which will produce cash crops. A variety of individual garden plots all also started. In return for helping restore this land to productivity, the group members have worked out a contract to share in the profits gained. Join us. (Felix has been an organic farmer for some time; Jim is outsourcing 20 years of inorganic farming.)

FRENCH INTENSIVE GARDENING
Bill Hog
Monday, 7pm
One Time, June 18
Location: Community Gardens

A demonstration will be given on "French Intensive Gardening," a European method used to intensify small garden production. The method stresses organic materials and deeply cultivated soil. Instead of expanding the size of your garden to accommodate more vegetables, this system assigns the allocation of labor into the space you have. The goal is to increase the yield per unit of area in contrast to the American agricultural system which increases production per unit of energy. (Bill's master's study in horticulture is based on the "French Intensive Gardening Method.")

WOODLOTS: FINDING THEM & WORKING OUT CUTTING/SHARING AGREEMENT
Duane Gill
Wednesday, 7:30pm
One Time, July 18
Location: IUPM Conference Room

Materials fee: $2 handbook, pay at class

Some farmers and rural landowners would, if contacted, be glad to have dead wood removed at no cost. Others want a share in the harvest. The class will cover locating wood, arranging for sharing arrangements, and ongoing maintenance plans. Fall work and cutting for winter means having an early start on planning. Even though the hot sun comes and we're back to backpacking 30s a day in the dead snow, a woodland tool inventory and rent/share arrangements will also be discussed. (Duane grew up in Iowa and has worked this spring on a woodland inventory around Manhattan as part of the Farmers' Market study group. Jim builds woodworking adobe stoves.)

WOOD TOOLS
David O'Neal
539-3864
Tuesday, July 10
First meeting: July 10
Length: 2 times
Location: KSU, Union, Rm 208

In the first meeting, David will help with selection of a wood stove, considering design efficiency, price, cost from vs. steel, and size of the stove. The second night David will discuss installation of both the stove and the fluepipe and/or chimney in accordance with fire safety and building code regulations. (David is owner of a local woodstove store.)

BIRD AND NATURE HIKE
Neil Shander
Saturday, June
One Time, July 14 (raindate, July 21)
Location: IUPM Parking Lot

We'll drive to Pottawatomie County Lake #2, for a leisurely walk. Bird life of the prairie, forest, roadsides, and marshy areas will be encountered. Besides identifying plants and animals, we'll observe the area from an ecological viewpoint. The 3-mile walk should take about 2 hours. Bring hiking clothes, binoculars, and your curiosity. (Neil saw five deer and many bird species one time at Pottawatomie County Lake #2.)

earth 22

23 earth
RELATIVITY -- BEFORE AND AFTER EINSTEIN
Dean Zollman
Tuesdays, 7:30pm
First meeting: June 26 & 28
Length: 2 times
Location: KUSU, Cardwell Hall, Room 216
The concepts of relativity is usually associated with Albert Einstein, but many of the ideas were known long before Einstein's work. In the first session we will perform some activities which describe the ideas of relativity prior to Einstein. The second session will involve a discussion of some of Einstein's contributions to the topic. No special knowledge of physics or mathematics is necessary.
(Dean teaches physics at KUSU and is particularly interested in teaching physics to people with little math or science background.)

SUNDIALS -- HOW DO YOU BUILD THEM
Bill Fateley
Sign up at registration and you will be contacted one time.
Location: 203 N 4th
Limit: 10
The simple design of a sundial is our topic. Instructions for building sundials on walls, in flower gardens and flag poles will be offered. Several sundials will be presented including an antique sundial similar to the one at Mount Vernon and 'The Sound of Noon' alarm sundial.
(Bill teaches chemistry at KUSU and is a collector of sundials nationally.)

AMATEUR ASTRONOMY
Charles E. Hathaway
Tuesdays, 7pm
First meeting: June 26
Length: Indefinite
Location: KUSU, Cardwell Hall, Room 143
Limit: 20
Astronomy is one area of science where amateurs historically have made worthwhile contributions. The purpose of this meeting is to locate the amateur astronomers in the Manhattan area, and to discuss what group activities might be mutually beneficial and possible in the future. A report on the summer meeting of the Astronomical Society of the Pacific will be given at this first meeting.
(C.E. Hathaway is head of the department of Physics and lectures astronomy classes.)

HOLOMETRY
Session 1: 7/7/76
Session 2: 7/22/76
Sign up at registration and you will be contacted one time.
Location: KUSU, Cardwell Hall, Room 317
Limit: 20
Holography is easy to make but requires laser light. Different types of holograms will be shown and the uses of holography described.
(Suresh Chandra holds a teaching position in Physics and has done a television program on the subject.)

STRUCTURE OF ATOMS, ATOMIC FISSION AND FUSION
A.C. Andrews
Tuesdays, Wednesdays, Thursdays, 7pm
First meeting: June 19
Length: Indefinite
Location: UPH Conference Room
To know what went wrong at '3 Mile Island,' you need a theoretical background. This class will study the inner particle differences in atoms, properties, particle arrangements and atomic bonding. A brief summary will cover atomic fission and atomic fusion. Instead of a strong mathematical background being required, come with questions to raise on the points presented.
(A. C. Andrews is retired from the Chemistry Department at KUSU.)

O U T - O F - T O W N
The Greatest Home-Made Ice Cream in the World
Toni Mills
Friday, 3:30-6pm; Saturday, 2:30pm-7
First meeting: June 24, June 25
Location: UPH House, west porch & outdoor area
Materials fee: To be decided at class

There's nothing quite like cooking in the great outdoors especially when outdoor menus can include chicken curry, pineapple upside-down cake and other dishes that have traditionally been confined to the indoors. If you're tired of hamburgers and hot dogs, join us in creating an outdoor banquet using the Dutch oven. We will explain the "how tos" and, as a group, plan a menu on Friday afternoon. Each participant with direction, will prepare a portion of the feast.
(Al is an experienced scout leader with outdoor cooking skills "par excellence." John enjoys dutch oven cooking.)

FOODS P O R T A B L E
Dutch Oven Outdoor Cookings
John Selfridge & Al Williams
532-4401
532-3986

Dutch Oven Outdoor Cookings
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Al Williams
532-4401
532-3986
Friday, 3:30-6pm; Saturday, 2:30pm-7
First meeting: June 24, June 25
Location: UPH House, west porch & outdoor area
Materials fee: To be decided at class

There's nothing quite like cooking in the great outdoors especially when outdoor menus can include chicken curry, pineapple upside-down cake and other dishes that have traditionally been confined to the indoors. If you're tired of hamburgers and hot dogs, join us in creating an outdoor banquet using the Dutch oven. We will explain the "how tos" and, as a group, plan a menu on Friday afternoon. Each participant with direction, will prepare a portion of the feast.
(Al is an experienced scout leader with outdoor cooking skills "par excellence." John enjoys dutch oven cooking.)

The Greatest Home-Made Ice Cream in the World
Toni Mills
532-6716
Sunday, 2:30pm
One time, June 24
Location: City Park Pavilion

Picture the day, a sweltering 130 degrees in the shade, not even the faintest hope of a breeze, and your only refuge is the nearest ice cream vendor. Well, instead of purchasing that all-lined favorite, why not crank out your own special ice cream or yogurt recipe and bring it down to enter in the best homemade ice cream in the World Contest! There will be prizes awarded for the best "scratch" recipe, for the best frozen yogurt and for the best sherberts, plus other activities are being planned that will make this Sunday a memorable one for kids of all ages.
So bring yourself and your entry.
(Toni's favorite summer food is ice cream.)
GOING PLACES WITH LESS
Susan Shaw 537-3832
Edith Fuss 537-3832
Nancy Ohlenbusch 537-3832
Monday, 6-9pm
One time, July 18
Location: UMF Kline
Materials fee: $1, pay at class
Does your food budget mean run out before the month does? Three demonstrations that will enable you not only to eat better but also actually consume less of the world's limited food and resources will be presented. Our demonstrations are based on Darris Longacre's book "With Less, 6 will center on breads and cereals, vegetables, and how to use less meat by substituting other protein sources. (Susan, Edith and Nancy are homemakers interested in good nutrition and in cooking more with less.)

SMOKEFOG COOKING POLISH & UKRAINIAN
Constance Chichakowski 776-8539
Saturday, 2:30pm
First meeting: June 16
Length: Indefinite
Location: UMF Kitchen
Limit: 12
Class expenses to be divided by participants
Smokoszl means "good eating in Polish," we will spend the first session discussing Polish and Ukrainian food and culture. Some simple dishes and baking will be a part of attending classes that will prepare traditional Polish and Ukrainian meals. Some simple dishes and baking will be a part of attending classes that will prepare traditional Polish and Ukrainian meals.

CHINESE COOKING
Met Ling Huang 539-4470
Mondays, 6pm
First meeting: June 25
Length: Indefinite
Location: UMF Kitchen
Limit: 15
Have you always wanted to learn how to make delicious stir-fried vegetables? Is this the wok that you want for Christmas? Last year gathering dust simply because you have no idea how to use it? Met Ling will prepare an introduction to Chinese dishes and discuss ingredients and how to purchase. Class participants will divide materials expenses between themselves and decide on the topics and times for future class meetings. (Met Ling, originally from Taiwan, enjoys cooking Chinese food for her family and friends.)

MILK RIN
Beill Shanker 537-5765
Near Kents is a dairy where you can buy raw milk (that's including the cream). To save gas and for convenience, Manhattanites have grouped together to form several co-ops. Each co-op has one delivery van which drives once a month instead of several times a week. (Beill usually makes butter from his fresh cream, and has been a "milk runner" for over a year.)

26 foods

FRUIT LEATHER
Faith S. Kosoy 532-5866
Saturday, 10:30am
First meeting: June 11
Length: Indefinite
Location: UMF Kitchen
Limit: 15
Materials fee: $25, pay at class
Have you ever tasted fruit leather? Faith will demonstrate how to make this delicious, nutritious treat. It's a good snack to carry in your pocket for those unexpected times when hunger strikes. (Faith enjoys teething her fruit leather classes so much that she can hardly wait to teach it again.)

PIES, PIES, PIES
Martha Cornell 532-6260
Tuesday, 7-9pm
One time, June 19
Location: 3100 Heritage Ct #3
Limit: 5
Materials fee: $1.50, pay at registration
Do you ever feel the thought of baking a homemade pie makes you feel sick? Be brave and make a pie with real fruit filling recipes plus a super meringue recipe. (Martha's been baking pies since she was small under the guidance of her mother and grandmother.)

MEXICAN COOKING: BEYOND THE TACO
Cecilia and Sabino Martinez 537-2853
Monday, 6pm
One time, June 18
Location: UMF Kitchen
Limit: 15
Materials fee: $2.50, pay at registration
Mole poblano, sopas de arroz y fideo, tortillas de nopal—these are some of the tasty Mexican dishes that Cecilia and Sabino are anxious to demonstrate and share with those interested in Mexican cuisine. The Martinez have planned an entire menu which will feature mole poblano (chicken and red gravy), sopas de arroz y fideo (rice and noodle soup), chiles en zarzuelas (peas and carrots), and the very traditional baked corn and wheat flour. Some prepared to participate in "tuna comida excellente" (Cecilia and Sabino love to cook traditional Mexican dishes and have enjoyed this activity all their lives.)

26 foods

Gastronomical Experiences
The following series of classes covering the finer things in foods, have been organized by Ken and Dave Yano and are students in KSL's Department of Restauration and Institutional Management. Please sign up for each individual class. If you'd like more information call Ken at 537-9127 or Dave at 776-1330.

ICE SCULPTURE
Saturday, 1pm
One time, June 23
Location: UMF Outdoor Area
Limit: 20
Materials fee: $1-2, pay at class
Ice sculpture is a little-known chef's art practiced by few and enjoyed by many. We will demonstrate ice sculpture techniques using chisels and a chainsaw. Each participant will have a chance to try their skill on the ice. (Ken and Dave have been practicing this cold art for 3 years within the KSL and surrounding areas.)

FLAMBE AND SERVICE SEMINAR
Monday, 7-9
Location: UMF Kitchen
Limit: 20
Materials fee: $1, pay at registration
Fine dessert flambé and dinner service techniques create the setting for a variety of unique gastronomical experiences. We will discuss how not to burn flambé and the essentials of service, and entertained by all.

SUPER SALADS AND ALL THAT JUICE
Monday, 7pm
One time, July 20
Location: UMF Kitchen
Limit: 20
Materials fee: $1-2, pay at class
A super salad can be as close as your garden or supermarket. We will cover the basics of selection and storage of salad greens and demonstrate some quick and easy garnishing techniques that will jazz up any menu. We think you'll especially enjoy our ideas for dressings. We will end our class by sampling different types of salads.
KID STUFF
for questions about Kids, call Jane Barnes at 532-5866.

THE JOY OF BREAD
Dana & Howard Townsend
Saturday, July 3
One Time, July 3
Location: UFM Kitchen
Limit: 10
Materials fee: $5.00, pay at registration
"Bread makes itself, by your kindness, with your help. With inspiration running through you, dough under your hand, you are breadmaking itself."
-- From The Tassajara Bread Book
Sourdough, rye flour, grinding and sponge—will explore the varied techniques, the role of each ingredient and the kinds of bread. Up to your elbows in a glorious mess, you will feel the resilience of bread dough that is alive. We will savor the aroma and ultimately we will sample many variations of homemade bread. (Dana and Howard are bread bakers who have made their own bread for years and are looking forward to teaching this class.)

Food Preservation
The following series of classes will focus on various aspects of food preservation. Places and times are subject to change.

JAMS, JELLIES, PRESERVES AND PICKLES
Cheryl Sales
Monday, July 5
Location: Sign up at registration and you will be contacted.
Cheryl and Karmi will demonstrate delicious and inexpensive ways to savor the products from your summer garden or grocery bargaining. Principles and practices of making jams, jellies, pickles and relishes will be demonstrated and discussed. (Cheryl and Karmi are award-winning food preservaitious and are looking forward to teaching this class.)

PRESSURE CANNING
Susan Schoenwies
Tuesday, July 6
Location: UFM Kitchen
Susan will demonstrate the techniques and methods of preserving non-acid foods, such as green beans, mushrooms and carrots. Susan will also present how to make her award winning hamburger sauce that her family enjoys on spaghetti and pizza. (Susan is an enthusiastic 4-Her who has won many state and county awards for her food preservation skills.)

THE WATERBATH METHOD
Kayanne Heinley
Thursday, July 8
Location: Sign up at registration and you will be contacted.
Kayanne will present the basics of this important food preservation method that is used to can foods such as tomatoes and other acidified foods. (Kayanne is Riley County's Home Economic agent.)

THE INTERNATIONAL YEAR OF THE CHILD
UFM celebrates with the rest of the world the International Year of the Child. We celebrate the joy of play, curiosity and thirst for life and learning children possess, and the hope for the future children represent. The following classes are offered for children to help them celebrate their times and offer some guidance and direction to the children of Manhattan.

KIDS BEGINNING SWIMMING
Marilyn Miller
Saturday, June 5
First meeting: June 20
Length: 7 Times
Location: Douglass Community Center Pool
Limit: 10, ages 4-10
The Douglass Community Center and UFM are offering a morning swim for small people 5-10 years of age. Water safety and basic swimming strokes will be included in the morning activities. (Marilyn is a qualified Water Safety Instructor and loves working with small people.)

PLAY WITH CLAY
Camille Gontarek
Wednesday, June 3
First meeting: June 27
Length: 4 Times
Location: UFM Pottery Studio
Limit: 8, ages 5-9
This class is not one where children will learn hand-building or throwing techniques. Rather, our time will be spent playing games with clay to explore the medium and to discover its many different and unusual properties. We will also use clay as a medium for exploring, discovering and relating to our environment. (Camille is a Fiber artist who teaches at the Living/Leaning School and Manhattan Recreation Commission.)

"LOOK, MOM AND DAD, I CAN BRIN PEANUTS!"
Dick McCartney
Saturday, June 11
First meeting: June 16
Length: 5 Times
Location: Continuing
Community Gardens
9th & Riley Ln
Planting peanuts, watermelon, tomatoes... was begun earlier this spring. Come down and get involved with horticulture students and faculty in planting and caring for luafo sponges and a gourd garden, among other interesting plants. Gardening needs many willing hands, so join the group began earlier. (Dick is a professor in the Horticulture Department at K-State.)

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CREATIVE DRAMA
Samara Adrien

Mondays, 5pm First Meeting: June 18
Length: 3 times
Location: UFM Evening Childcare Center
Ages 2-6
We will explore creative movement, body and facial expressions, and learn how to use our bodies to tell a story. Using what we learn, we will act out some stories and play games. (Samara, a mother of a pre-school child, is a senior in the study of acting for non-actors for UFM many times.)

ACTING OUT
Samara Adrian

Mondays, 7pm First Meeting: July 9
Length: 3 times
Location: UFM Evening Childcare Center
Ages 7-12
Materials fee: $2, pay at class
The 3 sessions will occur stage acting, make-up and the basics of acting. We will also discuss what theatre is and components of the theatre.

GUIDED AFFECTIVE IMAGERY FOR AGES 5-12
Nail Schenker

Thursday, 7pm One time, June 24
Location: UFM Evening Childcare Center
Time: 10, ages 5-12
Using our imaginations we will take a fantasy journey through space and dimension, and discover new worlds. Afterward, we'll draw pictures of our experience. Bring a blanket and pillow.
(Neil has had many successful G.A.I. sessions with young people and is a teacher at the Living-Learning School.)

PUPPET MAKING -- STORIES, TOO
Jane Barnes 537-2641
Barbara McDaid 776-1705

Tuesdays, 5pm First Meeting: June 19
Length: 4 times
Location: UFM Evening Childcare Center
Limit: 10, ages 3-6
Materials fee: $1, pay at registration
Hans the puppet, loves to tell stories and has many to share. He needs children to help him tell them well. The children will help him by making other puppets and using them to tell stories - some old favorites, some new.
(Jane, director of Evening Childcare, taught the class this spring with much help from Barbara, a social work student at KSU.)

CLIMBING AROUND
Susan Bell 776-6426
Margie Reese Maggie Veit

Wednesday, 6pm First Meeting: June 21
Length: 4 times
Location: UFM Evening Childcare Center
Limit: 12, ages 7-12
Materials fee: $1, pay at class
This class is for little people who like to be silly. We will learn about clown makeup, juggling, and climbing. And lots of silliness! (Margie & Maggie are clowns on Cable 6 this summer. All three have been clowns for a long time and all know about silliness.)

ART FOR CHILDREN
Patty Kyle 539-4089

Mondays, 2:30pm First Meeting: June 18
Length: 8 times
Location: UFM Evening Childcare Center
Limit: 10, ages 6-9
Materials fee: $2, pay at registration
Drawing, painting, painting, sculpture - fun experiences that will enhance the cognitive, aesthetic, emotional, and skill development of children ages 6 through 9. Art does not make heavy stuff for kids or all ages!
(Patty has a B.F.A. from KSU and is certified to teach art.)

These classes have been developed by the children at the living-learning school, consistent with the UFM philosophy that anyone can learn and anyone can teach. The children themselves will teach the classes.

MAKING YARN DOLLS
Shala Schreiber 776-7350

Monday, 7pm One time, June 18
Location: UFM Evening Childcare Center
Limit: 6, ages 5-8
Bring a skein of yarn and we'll make dolls. (Shala is 8 years old and knows about yarn dolls.)

MAKING FRENCH TOAST
John Gillman 776-7350

Wednesday, 8am One time, June 20
Location: UFM Kitchen
Limit: 6, ages 8-10
Come make, then eat, your own French toast. (John is 7 years old and loves to make French toast.)

DOG CLASSES FOR CHILDREN
Jess Gresser 776-7350

Tuesdays, Thursdays, 7:30pm First meeting: June 18
Length: 4 times
Location: UFM Outside Area
Limit: 6, under 9 years of age
Bring your dog (only one per child), a choke chain and a leash, and Jess will teach your dog to sit, heel, stay, down, come, and do some retrieving. (Jess is 7 years old and a local dog enthusiast.)

BASICS OF RADIO CONTROL AIRPLANES
Tom Willerson 776-5461

Saturday, 4pm First meeting: June 23
Length: 6 times
Location: Tom's Hobbits & Crafts 716 N. Manhattan
This class will be an introduction to building radio controlled aircraft plus installation of radio gear and engine mounting. Fathers and sons are welcome to participate in Sunday flying at the Riley County Flying Field. (Tom is president of the Local Radio Control Club and is interested in teaching this hobby to interested people.)

SUMMER TIME CRAFTS FOR KIDS
Noam Willerson 776-5461

Wednesdays, 3pm First Meeting: June 27
Length: 6 times
Location: Tom's Hobbits & Crafts 716 N Manhattan
Limit: 8, ages 9-13
We'll do bake projects and a big variety of fun crafts during our 8 week class, such as, quilting, stained glass and much more. A list of items needed will be available at the shop on Monday before class starts on Wednesday. (Noam has taught crafts classes for UFM before.)

The following classes are sponsored by UFM Evening Childcare and will be held at the center. It is located in the Blue Valley Methodist Church education building, 835 Church Ave., just east of Tuttle Creek Blvd. Children need not be enrolled in the center to participate in these classes.

CELEBRATE WITH SONG AND DANCE!
Nancy Hard 539-4012

Mondays, 4:30pm First Meeting: June 18
Length: 6 classes
Location: UFM Evening Childcare Center
Age 3-10
Materials fee: To be determined at first meeting.
The children will be singing, learning some new songs, sharing some favorites, listening to music, learning folk dances from around the world, and playing singling games. Meeting times will vary.
(Nancy is a general music teacher in the Kansas public schools with 15 years of experience.)

30 kid stuff

kid stuff 31
for questions about Play, call Dave Ayers at 532-5866.

Beginning Golf
Brian Silcocket
532-1041
Sign up for the session you wish to attend
Session I: Tuesdays 7pm June 12 & 19
Session II: Tuesdays 7pm July 10 & 17
Location: Stagg Hill Golf Course
Westley 18
Limit: 12
Through the cooperation of the Stagg Hill Golf Course, a beginning golf class is being offered this summer by UPF. The basic fundamentals: grip, stroke, stance, driving, chipping and putting will be included in this golf clinic. Please bring your own clubs if possible, and a small fee will be charged for use of balls.
(Brian is the golf instructor at the Stagg Hill Golf Course.)

Afternoon Basketball
Howard Barnes
532-2641
Sign up at registration and you will be contacted.
Limit: 20
This class is designed for those who have a desire to play basketball without the fast pace. It is mainly for people who are out of shape and love basketball, low-key competition and a way to get some exercise while having fun.
(Howard played this winter and is looking forward to playing outdoors this summer.)

Soccer in Manhattan
Charlie Hedgcock
Clay Ross
Lyman Baker
539-4760
532-4682
Wednesdays, 7pm
First meeting: June 20
Length: 2 times
Location: KSI, Union, N505
The world’s most popular sport, soccer, is undergoing rapid growth in Manhattan, as well as in most of the U.S. There are now a number of local soccer teams that play competitively. This class will explain the popularity of soccer, its benefits to youth and adults, what the game is all about, and how you can get involved. The class is for all ages with an interest in soccer.
(Thanks to Clay and Lyman for forming the youth league soccer team last fall and Charlie is a local referee.)

Beginning Tennis
Rick Miller
Marka Roney
539-2577
539-3875
Sundays, 8am
First meeting: June 16
Length: 7 times
Location: KSI, Mashburn Complex, Tennis Courts
Limit: 12
Tuition fee: $1, pay at registration
You have to start somewhere, so why not at the very beginning? Skills to be learned include the forehand, serve, volley, lob and smash. Also included in this class will be scoring, playing strategy, and fun. Bring your tennis rackets and a can of balls.
(Rick has coached tennis before and wants to pass his skills on to others.)

Dial-A-Partner
Monday, 5pm
One time, June 18
Location: UMF Front Porch
You may be all grown up, but do you still have no place to play? Whether it’s monoply, pachinko, canasta, chess, checkers, bridge or new games, it takes at least two to tango. We would like to do some “matchmaking” to help people with similar interests find each other. At registration, sign up for Dial-A-Partner and indicate the games you’re interested in (not limited to those above), when you’d like to play it, and your playing ability. Also, if you’re interested in organizing one of these play groups, please indicate. After registration, lists of possible playing partners will be distributed and you’re on your own to set up playing times. Remember, the people you play together stay together.

Tennis for Fun
Dave Ayers
776-1722
Monday, 5pm
One time, June 18
Location: UMF Front Porch
This is an opportunity for you to get to know some new faces in the sport. Sign up and give your name, address, phone number, skill level (e.g., beginner, intermediate, advanced), and a time you’re available to get in a few games. We’ll compile this list and distribute it at the time given above. Be prepared to be on your own after the first meeting.
(Dave is a member of the UMF staff.)

Advanced Tennis
Dick Miller
Mary McIlroy
539-2577
532-6765
Sundays, 9am
First meeting: June 17
Length: 7 times
Locations: KSI, Mashburn Complex, Tennis Courts
Limit: 12
Rental fee: $1, pay at registration
If it seems like you’ve reached a limit on your ability to play tennis and would like to sharpen up your skills, join us on Sunday mornings and pick up a few pointers. Dick will work individually with each class participant to help them improve the areas of the tennis game with which they feel they need help.

Rockball for Fun
Dave Ayers
776-1722
Monday, 8pm
One time, June 18
Location: UMF Front Porch
This is an opportunity for you to get some challenging experience, and to meet new faces in the sport. Sign up and give your name, address, phone number, skill level (e.g., beginner, intermediate, advanced) and a time you’d be available to get in a few games. We’ll compile this list and distribute it at the time given above.
(Dave enjoys a good game of rockball.)

Sailing: Wind Powered Boating
Michael Chellaja
539-3408
Tuesday, 7pm
One time, July 10
Location: KSI, Union, N205
Limit: 20
This class will provide an introduction to sailing, including how to get started in sailing. Private lessons will be provided for boat owners. Members of the Blue Valley Yacht Club will take interested class members on introductory cruises. (Michael has been sailing and racing for two years and is secretary of the Blue Valley Yacht Club.)

Downriver Canoeing
Dean Wilson
539-8467/532-6201
Wednesday, 7:30pm
One time, June 27
Location: KSI, Union, N205
Nothing quite compares to a leisurely trip down one of Kansas’ many public rivers with only a canoe and paddle. We’ll discuss some of the possible canoe trips available in our great state, the different types of canoes available, and the techniques needed to have an enjoyable yet safe time. If you are interested we will organize a canoe trip for members of the class.
(Dean is a member of KSI and has taught for UPF in the past.)
VOLLEYBALL, PICNICS, FILL FILMS & FRUIT SALAD
EXTRAVAGANZA
Lois, Bill, Dave, Susan and Wayne Roy
Fridays, 6:30pm
First meeting: June 22
Length: Indefinite
Location: UFM Outdoor Area

Well folks, here's your chance to do almost anything your little heart desires. We'll play a little non-competitive volleyball, share some excellent homemade nittles, and play kids' games adults have always wanted to play. The only prerequisites are a good imagination and a need to wind down after a long week of work. Please bring a potluck dish if you plan to participate in the potluck dinner.

We'll also see some of the top box office attractions of this season which include: Time Warp, Old Africa, Dusty Egypt and Mysterious Stonehenge.
Islands for the Landlocked, Samba, Japan, Vancouver, Help and the Caribbean, and El Duder pickups. Groucho Marx, Buster Keaton, Charlie Chaplin and W.C. Fields. Films from each of these areas will be shown around sunset. Bill suggests everyone bring fruit to be tossed together for fruit salad - film watching - munching. Bring your favorite bald, blankets, and treats!

(All the class leaders are a little crazy, and they are excited about having a good time on Friday evenings this summer.)

CD BEE VOLLEYBALL
Lois Morales
Doug Walter
Tuesdays, 6:30pm
First meeting: June 19
Length: Indefinite
Location: UFM Basketball Court
Equipment fee: $1, pay at registration

Low key competition volleyball is a fantastic way to get some exercise while having a great time. Everyone is welcome, from four-foot beginners to nine-foot power players. If enough people are interested, we'll start a league.

(Doug and Lois both had a good time playing volleyball last summer.)

OUTING CLUB
John Field
Wednesdays, 7:30pm
First meeting: June 20
Location: KUSU Union, Room 205

This is a club for those who enjoy the outdoors or would like to learn new skills. Activities range from camping and hiking to parasailing and sailing. Everybody is welcome and especially people who have some special skills. Please come and give us a few lessons.

(John went through boy scouts as a kid and still enjoys the outdoors.)

UFW -- RUNNERS WORLD FUN RUNS
Randy and Sue Kidd
One time, June 26
Location: UFM Conference Room

We would like to revolve the UFW-runners' World Fun Runs but need additional people to act as coordinators. If you are a jogger or fun runner (beginner or advanced) and would be willing to help organize, please come.

We propose to revolve the 2-5 mile runs on the first and third Saturdays of every month at 9:00am at the old KUSU Stadium. (Randy and Sue are overworked runners.)

PRINTING
Guy Setch
776-3730

Thursday, 7-9pm
Length: Indefinite
First meeting: June 21
Location: UFM Bancroft Room

This is a class to help people determine how fast, how far, and how often they should jog or run. For those who get "hooked," we will offer tips on how to graduate from jogging to running and racing. We'll also include information on buying shoes, warm up exercises and how to avoid injuries. This class will begin with one class session and then a series of track training sessions. These classes should be attended by a physician in order to participate in the track training session.

(Doug and Cliff are Royal fans and are looking forward to the game.)

EFFECTIVE CYCLING
Rich Summerhill
Tom Muenzenberger
February, 9am
First meeting: June 16
Length: Indefinite
Location: UFM Front Porch

This course is intended for those who wish to develop their ability to cover distances rapidly by bicycle whether for high-speed touring or racing. The major activity will be group rides for training purposes, but several smaller events will be included. No special bicycle or equipment will be required.

(Bill is an expert on baseball simulation games, with over 150 simulation teams on hand, and he loves to share stories about baseball.)

BEGINNING SCUBA
George Halazon
532-0504
Saturday, 8:30am
First meeting: June 23
Location: KUSU, Natahuron

Materials fee: $24, pay at registration

Scuba diving can be one of the most fascinating sports you can become involved in. We will learn the basics at the Natahuron and take the skills we've learned to outdoor ponds in the area. This class is expensive. Not only are you required to pay $50 at registration for diver's log, certificate, air, textbooks, and handouts, but some equipment is necessary to participate in the class (mask, fins, snorkel). It will also be necessary to meet one day out of the water to talk about what will be practiced Saturday mornings. Time will be decided by the class participants.

(George is a certified scuba diving instructor and has taught this class for UFM for 7 semesters.)
ULTIMATE DISC
Aerial Wizards
Gordon plank
539-6903
Sundays, 4pm
First meeting: June 17
Location: Indefinite
Description: A cross between soccer and rugby, Ultimate is becoming the most popular frisbee game in the country, attracting between 450,000 and 400,000 players a year. Ultimate firsbee players will be highlighted during this summer course.
(The Rt. Rev. Gordon Plank is the state champ of Ultimate frisbee and Gordon is their fearless leader.)

DUNGEONS & DRAGONS
Tom Twiss
539-6909
1776-1772
Monday, Tuesday, Wednesday, 6am
First meeting: June 10, 19, 21
Location: UCM Banquet Rm
Limit: 7
This is for all those who enjoy fantasy, or have active imaginations and would like to escape this mundane existence. You will experience feelings of great daring, explore new worlds, and perhaps pick up some treasure on the side. This will be done in the safety of a game room.
(Tom and Mat are enthusiastic Dungeons & Dragons players.)

FUNDAMENTAL FENCING
David Alldis
776-310
Monday, Thursday & Saturday, 7:30pm
First meeting: June 18
Location: Douglass Community Center Annex
Limit: 20
Since the days of Robin Hood, the art of fencing has become competitive sport aimed for the agility and skill level required. This will be an introductory class for those interested in beginning fencing with an emphasis on physical conditioning, timing and coordination.
(David has been fencing for several years and taught Sabre fencing for UCM this past spring.)

KARATE
Don Gooz
539-8414
Tuesday, Thursday
First meeting: June 19
Location: Douglass Community Center Annex
Limit: 12
Tae-Kwon-Do is a style of Korean Karate which is popular worldwide. It is the style that was introduced to Korea in 1955 by the Korean Army. The style is not an easy one to learn. Proficiency requires time, effort, and motivation. The rewards, though, are better physical fitness and ability to defend oneself, and increased self-confidence. Uniforms are not required for beginning students.
(Don holds a first degree black belt in Tae-Kwon-Do.)

PHYSICAL FITNESS
Rose Hadley
776-5723
Sharon Campbell
539-3353
Susan Kajfire
827-7007
Wednesdays, 5:30pm, Evangelical Christian Ministries
First meeting: June 20
Limit: 20
Enrollment fee: $1, pay at registration
This exercise class is designed to help us look and feel better. Attention will be given to increasing the abdomen, thighs, upper arms, etc. Each hour of exercise should count as two an hour. Exercising can be both functional and fun.
(Rose, Sharon, and Susan all participate in this spring's Physical Fitness class.)

SAFE SKATEBOARDING
James Geor
776-5091
Saturday, 3:00pm
First meeting: June 30
Limit: 15
Skateboarding is experiencing a renewed interest in the United States. Let's face it, skateboarding can be fun, but compliance with safety precautions is necessary to make skateboarding as safe as it is fun. We'll learn how to ride confidently, with an emphasis on the participants' limits, equipment, balance, and control available. James will also teach minor tricks for those who qualified and interested in them.
(James has been riding the cement surf over since it became popular in the 1960s.)

WHAT THE PARENTING BOOKS DON'T TELL YOU
G. Herbert Crane
539-9030
Tuesdays, 7:00pm
First meeting: Aug 7
Location: Manhattan Public Library
Limit: 25
Dr. Crane will cover medical, developmental, and emotional problems of normal childhood including: what doctors can't do (cure cancer or help with medical or mental problems); what to do (physician's and nurse's advice); and a discussion of the philosophy of child-rearing.

SELF FOR MEN
Don Goetz
539-8424
Tuesdays, 8pm
First meeting: June 19
Location: Douglass Community Center Annex
Limit: 20
The American Red Cross (Instructional System), featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a Cardi First-Aider upon successful completion of the course. There is a fee of $16, which covers materials, workbooks, and tests. If you have the Red Cross Instructor's First Aid and Personal Safety Textbook (the blue book), the fee will be $4.

SELF for questions about Self, call Melody Williams at 532-5866.
Awareness

**CREATING A HUMAN BEING**

Jan Lowenstein

**SEXISM MURS EVERYONE**

Donna McCallum

**PLAYING IT BY EAR—A WILLING EAR FOR PARENTS OF TEENAGERS**

John Cook

**THE CHALLENGE OF BEING SINGLE**

Joyce Libra

**RE:**

Dick Owens

**DEATH AND DYING SEMINAR**

Chaplain Mary Hermann

**ASSERTIVENESS TRAINING**

Margaret Nordin

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**BRING YOUR BABIES**

Jan Lowenstein

**TRANSITION TO PARENTHOOD**

Marcia Schuley

**PLAYING IT BY EAR—A WILLING EAR FOR PARENTS OF TEENAGERS**

John Cook

**THE CHALLENGE OF BEING SINGLE**

Joyce Libra

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**FUTURE DIRECTIONS**

Joyce Libra

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**STRESS ILLS AND STRESS SKILLS**

Don Fallon

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**BEING SINGLE IN A COUPLES WORLD**

Marcia Schuley
Women's Concerns

WOMEN FOR RACIAL AND ECONOMIC EQUALITY (WREE)
Candace Altloff 539-8617
Monday, July 7, 7:30pm
One time, July 9
Location: 1855 Highland Dr
WREE, a national organization of women and men striving to end racism in all its forms and achieve economic security for women, is now recruiting members in the Manhattan area. We will discuss the program and focus of WREE as well as WREE's history and formation. All interested people are invited to attend.
(Candace is the local organizer for WREE and has worked recently to have Manhattan and Riley County recognize June 1 as International Children's Day and June 1-8 as International Children's Week in this international year of the child.)

BOOKS BY AND ABOUT WOMEN
Joan Broshers 776-7897
Alternate Tuesdays, 7:30pm
First meeting: July 3
Length: Continuing
Location: UFM Conference Room
Limit: 5
In the past we have read such books as, The Women's Room, My Mother, Myself, and Lifelines. New members are welcome as we begin to choose books for summer discussion.
(Joan is a member of the Women's Center of Manhattan and is enthusiastically concerned with women's issues.)

GAY AND BISEXUAL WOMEN
Teena Rosa 776-4990
Wednesdays, 7pm
First meeting: June 20
Length: Indefinite
Location: 315 Denison
Some type of support structure is needed for gay women now to this area or the Lifestyle. Given feedback on needs, steps could be taken to form groups ranging from softball team to consciousness raising group. It is not necessary to sign up.

SHARING WOMEN'S POETRY
Marianne Adams 537-9650
Monday, 6:30-10:30pm
One time, July 7
Location: 1331 Houston
Bring poetry you like or have written to share with other women. Don't be shy. Marianne has written some pretty questionable poetry, but she's willing to share. No matter what level of artistry women poets are at, their feelings and ideas are important to other women. (Marianne has been seriously writing poetry for three years.)

SEXUAL ASSAULT VICTIMS VINDICATE YOU
Caroline F. Pelle 532-6432
1st & 3rd Mondays, 6pm
First meeting: July 7
Length: Indefinite
Location: UFM Conference Room
This is a time for women who have been assaulted to come together for mutual support and understanding. Most women need to talk things out, and who has more SWISH than victims themselves? (Caroline has met with victims individually for some time; she recognizes the need for group support as well.)

DIVORCE INFORMATION SESSION
Marianne Adams 537-9650
Thursday, July 7-9:30pm
One time, July 7
Location: 1331 Houston
For anyone interested in the divorce process, information has been gleaned from four sessions of a previous class "Recovering Single Women." This class concerns divorce and children, emotions, social resources, legal problems, and sexual feelings. Men interested in the same issues are welcome too. (Marianne has been divorced for several years and has led this group four times.)

REAFFIRMING OR FINDING NEW DIRECTIONS IN LIFE
Dana Hughes 776-7178
Thursdays, 7-9:30pm
First meeting: June 21
Length: 7 times
Location: 315 Sunset Ave
Limit: 10
Materials fee: $5, pay at class
This seven-week course is designed to help women aged 25 and over explore who they are and what they want from life. The focus is on identifying one's strengths and how to use them more effectively. Plans include the film "Sometimes I Wonder Who I Am," and the fortnightly use of the book "Shifting Gears," by Nancy and George O'Neill. (Books will be supplied.) (Dana is Director of Consultation and Education Services at North Central Guidance Center and has conducted several groups on this topic and similar ones.)

METT MANHATTAN'S WOMEN WRITERS
Joan Broshers 776-7897
Monday, 7:30pm, June 25 and 30, and July 2, 10:30pm, July 15
Length: 2 times
Location: UFM Banquet Room
We have invited Lee Killough, Jami Sherrard and Ulove Powers (plus maybe a few surprise guests) to share with us how they prepared for their craft, how they proceeded with their work today, and perhaps also read from some of their writings. On June 25, we will meet with Lee Killough, Science Fiction writer and Jami Sherrard, poet and non-fiction writer. Ulove Powers will speak about writing in the field of journalism on July 15.
SKILLS for questions about Skills, call Pam Warren at 532-5866.

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ALTERNATIVE ENERGY AND WORLD HUNGER
Dwight Wiebe
Tuesdays, 7:30 PM
First meeting: June 19
Length: 8 times, every other week
Location: KSU Union, Room 204
The increasing cost of energy is an important factor in world food production at home and abroad. Topics to be covered are ethanol, a gas substitute, fuel conservation, alternative energies for helping food production, and the combined impact of alternative energy on world hunger.
(Dwight is head of the KSU Dual Degree Program and has been active in several hunger-related activities and organizations.)

BASIC CAMPING SKILLS
Walter Gatsche
Wednesdays, 7:30 PM
First meeting: July 11
Length: 2-3 times
Location: First Presbyterian Church
801 Lebanon
Limit: 15
Learn the basic camping skills and how to be prepared for emergencies. Topics to be covered are how and where to set up a tent, types of cooking fires, types of latrines, camp rules and courtesies, how to deal with wildlife, and survival emergencies.
(Walter is a prospective Eagle Scout.)

SOLDIERS AND WILDERNESS PACKING
Steven Guettman
776-0627
Wednesday, 7:30 PM
One time, June 22
Location: UFM Banquet Room
To make a solo or small group wilderness backpacking experience a joy, take preparation much different than the common camping trip. This class will cover site selections, packing gear choices, map reading, personal physical preparation, economical self-prepared pack foods, and what to do once you arrive.
(Come vacation time Steve is hard to find.)

BASIC SIGN LANGUAGE
Dan McNamara
537-8169
Sign up at registration and you will be contacted as to time and location
Wednesdays & Fridays
First meeting: June 25
Length: Twice weekly, through summer
Limit: 25
The students will learn to communicate in sign language both by finger spelling and signs. Classroom experience will be supplemented by some real-life activities, which may include a field trip.
(Dan took an earlier UFM Sign Language Class.)

RENOVATING HOMES
Russell Reitz
Monday, 7 PM
One time, June 25
Location: UFM Fireplace Room
In this class you will learn how to choose a suitable older home for renovation. Topics discussed will include examining the building, finding out the original purchase price, furnace costs and improvements, and determining electrical capacity. Russell's main emphasis will be on what to look for before making a financial commitment.
(Russell has renovated 20 houses in the Manhattan area.)

BASIC HOUSE WIRING
Richard E. Meagher
Section I: Mondays 8 PM June 18
Section II: Tuesdays 8 PM June 19
Length: 4 times
Location: B11c Nansley
Limit: 20 each section
Materials fee: $5 payable at registration
This course will cover the tools and test equipment needed for a homeowner to service and repair house wiring. Richard will teach the proper way to add additional wiring to their houses. Students should bring their own chairs. Women are encouraged to attend.
(Richard is an electrical engineer and a master electrician who owns his own electrical contracting business.)

MANHATTAN APPROPRIATE TECHNOLOGY GROUP (M.A.T.G.)
Jim Converse
776-1413
Fridays, The Alternative to Thank God It's Friday, 7:30 PM, through July
Limit: 12
Fees: $10 per session
The M.A.T.G. is a group of people interested in exploring the new frontier of appropriate technology (AT). Areas of focus include renewable resources, small scale organic farming, third world approaches to technological development, local self-reliance, grant writing, a quarterly newsletter and international student relations.

HELP THE REFUGEES
Richard Harris
537-1303
Signup at registration and you will be contacted
A family of "boat people" refugees from Vietnam will arrive in Manhattan to settle sometime in June. They will need help learning English from volunteer tutors and help finding unskilled jobs. If interested in helping, sign up and you will be contacted.
(Richard is on the local sponsoring committee and also helped some 1975 Vietnamese immigrants.)
WHAT YOU SHOULD KNOW ABOUT FUNERALS

Tom Brady

Wednesday, 7:30pm
One time, June 27
Location: Gowan-Edward-Yorgenson Funeral Home
1636 Portnoy

Limit: 15

'I'm not going in that place until I have to!' Unfortunately many people have this view about funerals and funeral homes. This meeting is to provide the healthy experience of visiting a mortuary. It is to provide general information for a comprehensive look at death and dying.

(Tom is a licensed Embalmer and Assistant Funeral Director, who has been in this profession for five years.)

BLACK HAIR CARE

Carol Jeanne, Gary

Monday, 7:30pm
One time, June 30
Location: 613 N Manhattan

Limit: 20

These local stylists will answer your questions on reconditioning, heat styling, care of afros and chemically relaxed hair.

(Carol Jeanne and Gary are local stylists.)

SKIN CARE AND MAKE-UP APPLICATION

Lin, J.D., Susan, Angie

Thursday, 7:30pm
One time, June 21
Length: 2 times
Location: 512 Portnoy

Limit: 12

Be nice to your skin. This course will help you create a long friendship with your skin. Make-up changes each season with fashion. You will learn the basic techniques for proper skin care and make-up applications for day and night.

(Lin, J.D., Susan and Angie are all local stylists who have attended advanced seminars.)

HAIRCare AND STYLING TECHNIQUES

Brenda, Katty, Vicki and Lela

Monday, 7:30pm
One time, June 30
Length: 2 times
Location: 512 Portnoy

Limit: 25

Are you in the dark concerning what to do with your long hair? We will explore different techniques of styling all lengths of hair.

(These stylists have a combined total of 17 years of education and experience in haircare.)

TOUR OF SOLAR SAUNE FARM

Dr. Charles Spillman

Tuesday, 7:30pm
One time, June 13
Location: KSU Wine Farm

This should be an extremely interesting tour of a research project designed to test the applicability of using energy in well-ventilated structures for commercial farm animal production. The project, which has cost several thousand dollars for the state, should be of special interest to area wine producers. (Dr. Spillman has been involved in research with this project at KSU.)

SOLAR DOMESTIC WATER HEATING

Gary Reeninngton

Tuesday, 7:30pm
One time, July 3
Location: KPU Fireplace Rm

Interested in heating your home's water with the sun? Whether you have serious intentions about solar hot water, like to tinker around or are just curious, this presentation will show you some installations in place, collections under construction, and give you a chance to ask those questions you've always wondered about.

(Gary is a plumber in Manhattan who builds solar water heaters and heat exchangers.)

ENERGY SAVERS' COOP

Alan Edgar

Tuesday, 7:30pm
One time, June 28
Location: KPU Fireplace Rm

This is a call for persons interested in reorganizing the Energy Savers' Coop, which last year bought 1000 square ft. of batt insulation at a 25% savings. This year there are chances for the cooperative buying of caulking, windows and doors, blown-in insulation, and insulating window shades. We'll meet once to talk about possibilities. Even if you can't come, call us and we'll count you in.

(Alan is a staff member with KPU in the Appropriate Technology Program.)

THE 4th OF JULY SOLAR DERBY

Earl and Betty Kleiner

Workshops: Saturdays, June 16 & 30
10am, KPU Basketball Court

Derby Day: Wednesday, July 4
Noon, KPU Basketball Court

Material fees: $5, pay at class

Here's your chance to play around with solar powered model cars. The solar car workshops will deal with how to assemble the model car and fit it out to run on the sun. The 4th of July will be derby day and all cars built up to that date will be entered in the race. Materials include material for adapting the car for solar power. Cars are not supplied. All ages are welcome to participate. (Betty and Earl have built and raced solar model cars since 1975.)
Tours

The following tours have been arranged through the cooperation of various community people, groups and organizations.

AMERICAN INSTITUTE OF BAKING

Owen Ford  
537-4760

Tuesday, 1:30pm  
One time, June 26  
Location: American Institute of Baking  
1213 Bakers Way  

The American Institute of Baking is a nonprofit organization devoted to education, training and research for the baking, food processing industries; and the general public. A tour of the American Institute of Baking will give you a view of what the Institute is doing for the community and all people in general.

MANHATTAN MERCURY

Brown Hutchinson  
776-1616

Thursday, 1:30pm  
One time, June 20  
Location: 310 N 5th  

This will give you a chance to go behind the scenes at the Manhattan Mercury and find out how a story gets from the AP wire to the living room of your home. You'll look at the AP wire, the press, photo equipment, and the terminal systems.

MANHATTAN MILLING COMPANY

Mr. Lindquist  
776-5371

Monday, 1:30pm  
One time, July 23  
Location: 130 Pierre St  
Limit: 10  

Manhattan Milling Company has been in operation since 1900. This tour will provide an opportunity to view storage bins and feed mill operations.

MASTER TEACHER, INC.

Janet Ayres  
539-0555

Tuesday, 7:30pm  
One time, July 10  
Location: Master Teacher, Inc.  
Leadership Ln  
Limit: 15  

Master Teacher is an educational publishing firm. In this tour you will be viewing administration facilities, offices and the distribution center.

MCALL PATTER COMPANY

Norman L. Winter  
776-4171

Section I: Monday, 9am  
July 16  
Section II: Monday, 11am  
July 16  
Location: 615 McCall Rd  
Limit: 15 each section  

This will be a perfect opportunity for you to view the production of dressmaking patterns from the printing to folding of them. Sign up at registration for the tour time you wish to attend.

MANHATTAN PUBLIC LIBRARY

Margaret Bates  
776-4741

Thursday, 2:00pm  
One time, June 21  
Location: Juliette & Peyton  
Take a Van Gogh home, revel the "Good Old Days" of radio or teach yourself how to do almost anything by visiting your library. Tour the Manhattan Public Library and learn what we have for you.

UMAN/UMCF

Lowell Jack  
776-4651

Wednesday, 2pm  
One time, June 20  
Location: 3241 Casement Rd  
This will give us the opportunity to tour the UM/ 
UMCF studio. The recording studios, news room, 
the record files, and the AP wire will be among the items 
seen on our visit.

UNIVERSITY FOR MAN

Joe Niippebo  
532-5866

Friday, 12noon  
One time, June 15  
Location: 1221 Thorton  

We are sure you are all dying to see where this bro-
cure comes from! Come over and see what we are all 
about. Tour the pottery studio, Appropriate Technol-
ogy Center, and other additional facilities.

KANSAS ARTIFICIAL BREEDING SERVICES

Charles Michaels  
539-3554

Thursday, 9:30am  
One time, June 21  
Location: KWU College Ave.  
Limit: 15  

This tour will cover the history of the artificial 
fertilization industry in the U.S., the function and 
purpose of the Kansas Artificial Breeding Service 
Unit (KABSU), a semen collection demonstration, and a 
brief outline of semen freezing procedures.
REGISTRATION
JUNE 13 & 14

Registration is important. It allows leaders to prepare the proper number of handouts, order supplies, and contact you if there is a change in the class. If you register for a class with limited enrollment, it is crucial that you notify the leader if you cannot attend. Persons on the waiting list can then be allowed to join the group.

June 13, 14 -- KSU, Union, 9am-4pm
June 13--Douglass Community Center, 7-8pm
June 13--Manhattan Public Library, 9am-7pm
June 13--UFM House, 1221 Thurston, 7am-5pm
June 14--Douglass Comm Ctr Annex, 7:30-9pm

If it is impossible for you to register at one of the above locations, you may call 532-5866 to register during the following hours ONLY: June 13, 7am-6pm and June 14, 9am-5pm. Please limit registration by phone to no more than four classes.

You can help speed up registration and reduce frustration if you register only for classes you are sure you can attend. Check your calendar before registration and record the dates of your classes; please register for no more than yourself and one friend. Any class fees must be paid by the end of the day on which you register in order to hold your space.

UFM
1221 Thurston
Manhattan, Ks. 66502

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