A Special Invitation to the Handicapped
UNIVERSITY FOR MAN EXTENDS A SPECIAL INVITATION TO HANDICAPPED INDIVIDUALS IN OUR COMMUNITY WHO WISH TO ATTEND UFM CLASSES OR EVENTS. ARRANGEMENTS WILL BE MADE TO INCLUDE INDIVIDUALS WHO HAVE A VISUAL OR HEARING IMPAIRMENT, A MOBILITY HANDICAP OR MENTAL HANDICAP OR OTHER DISABILITIES. YOU CAN ASSIST BY INDICATING SPECIAL NEEDS ON YOUR REGISTRATION CARD.

UFM Staff
UFM Staff... Back Row: Dave Ayers, Alan Edgar, Joe Rippetoe, Beverly Wilhelm, Sue Mees, Sue Malek, Doug Walter, Middle Row: Rosemary Dukehow, Sue Rieger, Julie Coates, Jenny Chinn, Julie Covert Walter, Bill Draves, Front Row: Mike Wilson, Cindy Bryant, Jane Barnes, Benjamin Barnes, Keith Ludden, Bruce Snead. Not pictured: Moses Bayton, Labron Koons, Sandra Smith, Neil Schanker, Charla Shrimplin, Mike Hensley, Donna Haynes, Meriam Kierstead, Jim Killacky.

UFM Board of Directors
James Benjamin Dorothy Koepsel
Stephan Bollman Arthur Loub
James Boyer James McCain
Enell Foerster Caroline Peine
Charles Green Edward Seaton

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George Kren: page 7

Because of budget reductions, the UFM brochure has been substantially reduced. Many classes had to be omitted. Information about additional classes available will be posted at registration.

The Courses
Community
Play
Crafts & Fine Arts
Self
Earth
Skills & Tours
Food
Kids
PUBLIC FORUM ON DOWNTOWN REDEVELOPMENT
Thursday, July 24, 7:30pm, UFM Fireplace Rm
The issues involved in plans for Manhattan's downtown re-
development will be the focus of this discussion. (Gary Stith, Downtown Redevelopment Advisory Committee Chairman, Bernd Forster and others will be available to answer your questions.)

IT'S YOUR VOTE: THE ELECTORAL PROCESS
The Manhattan League of Women Voters
Thursday, July 10, 7pm, Manhattan Public Library
Juliette & Powynt
If this year's upcoming election has put your mind in a spin, or if you'd simply like more information about the electoral process, this class is for you. Participants will have the opportunity to register to vote in the August 1 Kansas primary, and spokespersons from the major political parties will explain their parties and answer questions. (This program is sponsored by the Manhattan League of Women Voters.)

CITY GOVERNMENT: WHO AND HOW?
Ed Horne
Wednesday, July 2, 7:30pm, UFM Fireplace Rm
Find out how city government operates, how decisions are made and who makes them. Join Ed and others representing city government for an informative evening. This class will emphasize the roles and responsibilities of the various boards within the city. (Ed is Mayor of Manhattan.)

WAR WITHOUT WINNERS
Christine Van Swaay
Mike Klassen
Thursday, June 26, 7:30pm, 1st Presbyterian Church
War without Winners is a film produced by the Center for Defense Information. Admiral L'Abocque, who spent eight years in strategic planning at the Pentagon, interviews Russians and Americans about our country's condition in an age when nuclear weapons can incinerate civilization in minutes. Discussion afterwards. (Christine, a member of Manhattan Friends Meeting, has experienced war in Europe. Mike is Pastor of Manhattan's Mennonite Fellowship.)

MILITARY POWER AND GEOPOLITICS
Robert Deemie
Tuesdays, 7:30pm, 1218 Kearney, #7
First Meeting: June 24
Length: 2 times Limit: 12
This discussion class can cover a wide range of topics including the limits of military power, the implications of uneven resource distribution, and other topics. We will also listen to shortwave news from BBC and Moscow. (Robert is an avid observer of geopolitical trends.)

DOWNTOWN FARMERS MARKET WORKGROUP
Jim Converse
Roxanna Howe
Saturdays, 11am-12:30pm
First Meeting: June 21
Length: Indefinite
3rd & Humboldt (bring a folding seat)
The Manhattan Farmers' Market is now incorporated. How it fits into downtown redevelopment plans, helping produce co-ops get started, and expanding to sell new items are a few of the topics we'll be dealing with. (Jim and Roxanna are leaders in the Downtown Farmers Market.)

WHAT'S WRONG WITH THE AMERICAN ECONOMY?
John ExdeI
Mondays, 7:30pm, 1014 Larimie
First Meeting: July 7
Length: Indefinite
Limit: 12
Fee: $2.00, pay at class
We will spend several evenings in discussion of the current economic crisis in terms that non-experts can understand. We will read a small amount of non-fictional literature on the underlying causes of inflation, recession, declining productivity, etc. (John teaches courses in social philosophy of economics at KSU.)

MANHATTAN ORAL HISTORY
Diane Sitts, Keith Ludden, Jennie Chinn
Tuesdays, 7pm, UFM Fireplace Rm
First Meeting: July 8
Length: 4 times
Let's talk about Manhattan. If you have memories of Manhattan's past or would like to talk to those who do, join us! Those interested in learning oral history interview techniques will be provided with information and training. (Diane is Communications instructor for the HARVEST project. Jennie and Keith are UFM staff members.)

HISTORIC K-STATE!
Richard Wagner
Saturday, June 28, 9am, KSU, Union, Rm 213
Just what is so special about the buildings on the K-State campus...Anderson Hall, Holton Hall, Nichols Gymnasium? Join Richard for a walking tour of America's oldest land-grant university. (Richard is a professor in the College of Architecture and Design)

OUR KANSAS HERITAGE
Doris and Leona Velen
Tuesday, July 1, 7:30pm, Manhattan Public Library
Juliette & Powynt
View Kansas, its people and places, past and present. Appreciate its resources, limestone treasures, and scenic beauty through this slide show. (Doris and Leona are Manhattan teachers who grew up in the Blue Valley area.)

INTRODUCTION TO GENEALOGY
Elaine Giney
Tuesday, July 8, 7pm, KSU, Eisenhower Hall, Rm 226
Thursday, July 10, 7pm, KSU, Eisenhower Hall, Rm 226
This beginner's course in family history will include basic procedures for collecting and recording family records. There will be genealogy sheets for sale at the class. (Elaine is active in the Riley County Genealogical Society.)

UNDERSTANDING CONSUMER LOAN DISCLOSURE STATEMENTS
Mark A. Furney
Wednesday, July 9, 7:30pm, UFM Conference Rm
This class will examine standard loan forms under the Kansas Consumer Credit Code: the distinction between closed-end accounts and open-end accounts. An explanation of consumer's rights and duties under the act will also be presented. (Mark is a Washburn Law School graduate.)
Registration June 16 & 17

June 16: K-State Union,
June 17: UFM House, 1221 Thurston
June 16: Manhattan Public Library
June 16: Douglass Community Center Annex 10:30am - 1pm
901 Yuma
9pm - 9pm

9am - 4pm If it is impossible for you to register at one of the above locations, you may call 532-5866 to register during the following hours only:
7am - 6pm
9am - 5pm June 16
9am - 7pm June 17

Phone registration is limited to 4 classes.

If you register for only those classes you're sure you can attend. Mark your class dates on your calendar. You may register for only yourself and one friend. Class fees must be paid by the end of the day on which you register in order to hold your place.

Recycle...share this brochure

University for Man
1221 Thurston
Manhattan, Ks. 66502

Return postage guaranteed
Aging Issues: Aging Answers

The following classes will be of special interest to older adults in the Manhattan area.

**MANHATTAN WORLD TRAVELLERS: A TRAVEL SERIES**

**Mondays, 7pm, Manhattan Public Library, Juliette & Poyntz**
**First Meeting: July 7**
**Length: 4 times**

Join your friends as world travelers in the Manhattan community share their experiences through slides.

- **July 7** China: Mrs. Kling Anderson will share her experiences of her visit to China.
- **July 14** Thailand: The Palace - Dorothy Koepsell will present her view of beautiful and historic Thailand.
- **July 21** The Phillipines: Yesterday and Today - Leonard Neeff and Glenn Busset will offer a rare look at the changes that have taken place on the islands in the last 20 years.
- **July 28** Poland: Deryl Waldren, who spent a year living and working in Poland, will tell of his experiences.

**FLINTHILLS FOLK DANCE FELLOWSHIP**

**Esther Gray**
539-2021

**Fridays, 7pm, College Ave. United Methodist Church 1509 College Ave.**
**First Meeting: June 20**
**Length: 2 times**

Dances and activities of this folkdance group will be geared to the special needs of older adults. See page for more information.

**BENEFITS TO FIGHT INFLATION**

**Cindy M. Davis**
776-9294

**Monday, July 7, 2pm, Apt. Towers, 300 N 5th**

This class will examine the various public benefit programs including food stamps, Medicaid, homestead resale and others. (Cindy is a social worker specializing in consumer assistance to older persons.)

**CRIME PREVENTION**

**Riley County Police, Harold Sylvris**
537-2112

**Wednesdays, 2pm, Meadowlark Hills Community Room 2121 Meadowlark Rd.**
**First Meeting: July 2**
**Length: 4 times**

This class will deal with a variety of topics, home crime prevention, street crime problems, fraud and con games, as well as programs, plans and activities that are available to help prevent these crimes in our community. (Harold is a lieutenant in the Riley County Police Department.)

**HOME FIRE PREVENTION PROGRAM**

**Glen Wilkinson**
537-0055

**Monday, June 30, 7-8:30pm, Apt. Towers, 300 N 5th**

In this class we'll discuss all types of fire prevention procedures. We'll also discuss smoke detectors, fire extinguishers, and their use, and evacuation escape routes. (Glen is a 14-year member of the Manhattan Fire Department.)

**SORTING THROUGH THE MEDICARE Muddle**

**Perry Seaton and Marie Dellen**
539-4661

**Thursday, Aug 7, 7pm, Carlson Plaza, 425 Pierre**

This class will help the participants understand the paperwork involved in using the medicare system. The leaders will provide medicare forms for participants to fill out as a learning experience. (Marie and Perry are both experienced in helping people solve their Medicare problems.)

**RACE FOR LIFE - CPR**

**Ennell Forster**
537-2189

**Wednesday, June 25, 12:30pm, Douglass Center, 901 Huna Limit: 30 Fee: $2.00, pay at class**

CPR is a skill everyone should know. In this class, priority will be given to those over 60 years of age. (If unable to pay fee, please indicate this on registration form.) (Ennell is a certified CPR instructor.)

**AGING, FAMILY RELATIONSHIPS AND THE LAW**

**Millie Schroeder**
539-5307

**Wednesday, July 23, 7:30pm, UFM Conference Room**

Legal responsibilities for care will be discussed as well as other aspects of family relationships and the elder citizen, property ownership, the estate and public benefit programs. (Millie is a lawyer with Flint Hills Legal Services whose work involves older adults.)

**THE LIVING LEARNING SCHOOL: RESOURCES FOR TEACHERS, PARENTS AND OTHERS**

**1011 Osage 539-1677**

These workshops, sponsored by the Living Learning School, are especially for adults interested in providing new and creative learning resources for children.

**Binding Books Children Make**

**David Hursh**

**Saturday, July 19, 10am-noon**

**Limit: 15**

**Fee: $2.00, pay at class**

Children like to write and bind their own books, we'll go over several book binding methods from the simple to the elegant.

**Games to Teach Children**

**David Hursh**

**Saturday, July 19, 1-5pm**

**Limit: 15**

**Fee: $3.00, pay at class**

We'll make and play games of all kinds -- fun games that teach children about math, thinking and themselves.

**Aging Well, Dying Well, Mourning Well**

**Esther Gray**

**Saturday, July 26, 1-4pm, Manhattan Public Library**

From growing babies to the guinea pig that died--kids puzzle about death. We will share literature, films and teaching techniques.

**SMALL FARMERS: AN ENDANGERED SPECIES?**

**Jim Converse**

**Thursday, July 17, 7:30pm, UFM Conference Room**

The many references to a rural renaissance and small town population growth mask the fact that many small farms are still going out of business. What are the causes for this and how does it affect us as a country? (He is finishing a 2-year research projection on farm and community change.)

**BEYOND FUTILITY: THE HUNGER PROJECT**

**Edith Stunkel**

**776-3624**

**532-5945**

Section I: Wednesday, July 2, 12:30pm, KSU, Union Room 203
Section II: Wednesday, Aug 27, 7:30pm, KSU, Union Room 203

Through John Denver's color documentary movie "I Want to Live," and group discussion, we will confront the myths that hold hunger in place. (Edith is the chairperson of the Manhattan Hunger Project Committee.)

**RUSSIAN WINTER TOUR**

**Joe Hajda**

**532-5307**

**Wednesday, July 9, 4pm, KSU Kedzie Hall, Room 220**

The 1979-80 tour was a unique 15-day educational experience which included the advantages of low-cost group travel to Moscow, Leningrad, Tallinn (Estonia) and Helsinki, Finland. This class will be an organizational meeting for those interested in participating in the 1980-81 winter tour. (Joe is a KSU specialist in Soviet affairs.)
DISCO DANCE
Chuck & Joy Stratman
776-6194
Saturdays, 7-8:30pm, Mother's Worry
Limit: 30 each section
Section I: June 28, July 5
Section II: July 12, 19
Section III: July 26, Aug 2

FLINTMILLS FOLK DANCE FELLOWSHIP
Kathy Hall
539-1650
Fridays, 7pm, College Ave United Methodist Church, 1609 College Ave
First Meeting: June 6
Length: 4 times
Activities are geared for ages from grade school to fit older adults. (The class will be jointly led by Kathy Hall, Esther Gray, Enid Cocke, Sue Cohen and Sandy Ayers.)

MOVEMENT AWARENESS
Susan Warden
539-6336/532-6765
Sign up and you will be contacted
This workshop is designed (1) to aid character development, and (2) to increase spatial awareness and personal knowledge of body habits. (Susan is Ass. Prof. of Dance.)

COUNTRY- WESTERN SWING DANCE
Leroy Irby
537-2408
Lottie Montgomery
Sign up and you will be contacted
Limit: 20
Length: 4 times
Learn the basic steps, turns and patterns of country western swing dance. (Lottie and Leroy have taught swing dance to many people.)

INDIAN BEAD WEAVING
Cindy Bieler
539-1277
Saturday, Sunday, June 21-22, 1:30pm-
Monday, June 23, 7pm, UFM Banquet Room
Brightly colored beads are woven to make necklaces, belts, and decorative stripes for clothing. Costs are minimal and we will make our own looms. (Cindy is a KU art ed graduate)

CANDLEMAKING
Neil Schanker
539-5766
One time, Section I: Tuesday, July 15, 7:30pm
One time, Section II: Wednesday, July 16, 7:30pm
Location: UFM Kitchen
Limit: 12 each section
Fee: $1.50, pay at registration
We'll discuss candle types, waxes, wicks, molds, colors, scents, safety and troubleshooting. Then everyone can make his or her own personalized candles. (Neil started out making sand candles on beaches.)

BASKET WEAVING OF SORTS
Diane Dollar
539-6947
Saturdays, 1:30pm, UFM Pottery Studio
First Meeting: July 19
Length: 2 times
Limit: 10
Basket weaving can be done with commercial reed or whatever you may find. Participants should feel free to bring any material that's long and thin (except live snakes) if they want to create woven containers from exotic, strange, cheap, primitive material. (Diane is generally given to making baskets from whatever he handy, except live snakes.)

PLAYING BY EAR
Peter Della Femina
776-9698
Section I: Tuesdays, June 24, 7pm (First Meeting)
Section II: Wednesdays, June 25, 7pm (First Meeting)
Length: 6 each section
Location: Unitarian Church, 709 Blumont
Limit: 8 per section
Fee: $1.00, pay at registration
This course covers techniques of playing any instrument (or singing) by ear. Participants will learn how to pick songs off recordings, etc. You must be familiar with at least two keys. (Peter is a self-taught vocalist.)

BEGINNING GUITAR
Tim Verschelden
537-2617
Thursdays, 7pm, 1801 Anderson
First Meeting: June 26
Length: Indefinite
Limit: 15
In this class we will learn basic guitar chords. (Tim has performed professionally.)
BEGINNING & INTERMEDIATE BANJO
Dave Verschelden
Section I: Tuesdays, 7:30pm, Beginning
First Meeting June 24, 74B McGland
I can teach various methods & styles by use of tablature, but not by written music.
(Dave has played the banjo for more than 5 years.)

UFM Darkroom Cooperative
Doug Walter
Organizational meeting, Saturday, June 21, 10:30am
Limit: 25
Fee: $15.00 new members, $12.00 renewals, pay at registration
The UFM photography darkroom is available to anyone needing access to a well-equipped facility. The fee includes use of the darkroom and all necessary supplies.

The Following Classes Will Be Located In The UFM Darkroom

BASIC DARKROOM TECHNIQUES
Thad Note
Mondays, 7:30pm: First Meeting; June 23 Length: 2 times
Limit: 7
Fee: $20.00, pay at registration
This class will cover black and white film developing and print processing. Fee includes chemicals, paper, and darkroom co-op membership. Class members should bring a roll of exposed & dry 35mm film to the first class for developing. (Thad is a professional photographer.)

ADVANCED DARKROOM CONCEPTS
Lyle Richards
Thursdays, 7pm First Meeting: June 26 (no class July 3)
Length: 4 times
Limit: 7
Fee: $10, pay at registration (covers supplies only)
Some of the concepts we'll cover include reducing film grain, push processing, copy work, printing control, special effects and variable contrast printing. (Lyle has done much study in advanced darkroom techniques.)

UFM Pottery Studio
Janet Holcomb
Saturday, June 21, 12 noon (organizational meeting)
Limit: 12
Individual Fee: $15, pay at registration
Family Fee: (parent and a child) $25
The UFM Pottery facilities are available for four hours per week at $15 per semester, which includes some kiln space and 25 lbs clay. Co-op members maintain the studio facilities.

Raku Firing
John & Janet Holcomb
First Meeting: Saturday, 12 noon, June 28
Second Meeting: Saturday, 10am, July 26
Limit: 6
Fee: $15, pay at registration
Raku is a method of glaze firing that demands the continuous involvement of the potter throughout the entire process of production. In Raku, the pottery is placed in a pre-heated kiln and removed, glowing hot when the glaze has matured. This is not a beginners class.

The Following Classes will be located in the UFM Pottery Studio. Each will meet 8 times and have a fee of $15 which covers 25 lb of clay, glaze and firing.

Beginning Ceramics
Hope McGuire (Section I)
John & Janet Holcomb (Section II)

Section I: Saturdays, 9am, First Meeting: June 21
Section II: Wednesdays, 7:30pm, First Meeting: June 25
Limit: 8 each section
We will learn sculptural handbuilding and wheel throwing techniques. (Hope is an art student at KSU; John is a senior at KSU and Janet is the UFM Pottery Studio Manager.)

Beginning and Advanced Pottery
Janet Holcomb
Tuesdays, 7:30pm, First Meeting: June 24 Limit: 8
Janet will demonstrate centering, opening up, and throwing a simple cylinder for beginners and more advanced forms for those with some experience.

Earth for questions about Earth call Barbara Howard or Sue Maes at 532-5866

Animals
BACKYARD FISH GARDENING
Bob Kirk
Sunday, June 19, 1pm,1410 Yuma
Fee: 50¢, pay at class
This class will demonstrate how to raise Hybrid Tilapia (fast growing vegetarian/algae eating fish) and Hybrid Bluegill in various cheap and easy, portable or semi-permanent, 50-1500 gallon pools. Extra Tilapia are available for you.
(Bob is a backyard hobbyist.)

IDENTIFICATION OF KANSAS FISHES
Harold Klassen
Monday, June 30, 7pm, KSU, Ackert Hall, Rm 116
Limit: 40
Color slides and drawings of the common Kansas fishes will be shown. Characteristics useful for field identification will be pointed out. Life History and habitat details will also be discussed. (Dr. Klassen teaches Ichthyology.)

BEGINNING SALT-WATER AQUARIUMS
Barbara Parker
537-4157/539-1900
Tuesdays, 7:30pm, Spectacular Eyes, 411 N. 3rd
First Meeting: June 24 Length: 3 times Limit: 15
We will cover the basic equipment, set-up, maintenance and nitrogen cycles in the first session. Salt-water fish and invertebrates and their co-habitation will be covered in the second one, and in the final session, we'll tour some of the salt-water aquariums in Manhattan. (Barb maintains 2 salt-water aquariums.)

6 Crafts & Fine Arts, Earth
GADELS WORKSHOP
Jim Converse 776-1413
Organize: Thursday, June 26, 4:30 pm, UFM House, Fee $5, pay at registration. Build: Saturday, June 28, 29, Community Gardens, 9th & Riley In. Limit: 12
Learn to build a wood-conserving, attractive Guatemalan stove of mud. (Jim has built two stoves in Manhattan.)

PROS AND CONS OF WORMING
George Halazon 532-5840
Monday, July 14, 7:30 pm, KSU, Ackert Hall, Rm 201
Discover the benefits and alleged benefits of worming! We will discuss the role of worms in ecology, techniques of raising worms and their use as bait. (Dr. Halazon is a professor in Wildlife Ecology.)

DOG AND CAT CARE
Dr. F. J. Fishburn, Dr. W. J. Bracken 539-7922
Wednesdays, 7:30 pm, First Presbyterian Church 801 Leavenworth
First Meeting: June 25 Limit: 4 times
In addition to feeding your cat and dog, this class will help you learn how to keep your pet healthy. You will learn to recognize symptoms of trouble, and how to prevent infections and disease. (Dr. Fishburn and Bracken are local veterinarians.)

EQUINE CARE
Dr. Jack Easley 532-5700
Tuesdays, 7:30 pm, St. Isidore Catholic Newman Center Bsmnt. First Meeting: July 8 Limit: 3 times
The general health and nutritional care of the horse will be covered. This class will be flexible to fit the needs of the participants so bring your questions and ideas about what you would like to learn about horses. (Dr. Easley is with the Dept. of Medicine and Surgery at KSU.)

THE RABBIT TREE
Suzy Klinker 539-4543
Monday, June 22, 7:30 pm, 822 Bertrand
The general care and feeding of rabbits will be discussed. We will discuss common diseases, veterinarian services, sanitation and hutches. If you are big or little, want a pet or to start a business, this is for you. (Suzy has been raising rabbits for 4 years.)

A SELF-SUFFICIENT BACKYARD
Randi Kidd 1-494-2796
Monday, July 21, 7:30 pm, Kidd's Farm - Go e. 4 mi on US 24, turn n. (where hwy narrows from 4 to 2 lanes) for 1 mi, then e. 4 mi to brown house on s side. No dogs.
You don't need ten acres of land to begin to be self-sufficient. It is possible to change your urban backyard into a workable, integrated, food producing system. The Tall Grasses Institute Model, which combines rabbits, fruit trees, berry patches, gardens, animal feed crops, chickens, composting toilets, etc., will also be discussed. (Randi writes the Manhattan Mercury column, "On the Outside").

PLANTS OF KONZA PRAIRIE RESEARCH AREA
Craig Freeman 532-6619/776-1678
Section I: Saturday, July 19, 9am (July 20 - rain)
Section II: Saturday, July 19, 2pm, (July 20 - rain)
Location: KSU, Parking lot south of Ackert Hall
Limit: 20
This class will be a field introduction to some of the plants indigenous to a native tall grass prairie. The classification and natural history of plants as observed in their native habitats will be covered. Wildflower keys are welcome and may prove helpful. (Craig is a KSU graduate student in botany and active in the Konza Research Area.)

MULCHING AND COMPOSTING
Harlan J. Trenepohl 532-5923
Thursday, June 26, 7-9 pm, Harlan's Gardens

FIREWOOD PROCESSING
Len Gould, Fred Atchison, Ray Aslin 532-5752
Thursday, July 24, 6:30-8:30 pm, Extension State Forestry 2810 Claffin Rd
A field trip will be taken to cover processing of trees, firewood, timber management, timber stand improvement, and chainsaw safety. Literature will be handed out. (Len, Fred, and Ray are Extension Foresters.)

OPEN HOUSE AT HORTICULTURE RESEARCH FARM
July 15 and 16, 6pm, Research Farm, Ashland Bottoms
Has your garden got the ho-hums? Come to the annual KSU Horticulture Department field day to learn about better varieties of fruits and vegetables and how to grow them. Staff members will describe their research for you. (Ashland Bottoms is six miles south on McDowell Creek Road, then follow the signs.)

DOG DAYS DISEASE AND INSECT CLINIC
Jim Lindquist 776-4781
Thursday, July 24, 1-7 pm, Courthouse Lawn, 500 Poyntz
Bring a garden problem, plant or bug down to Dog Days. The Riley County Extension Service will have resource people on hand to answer your questions and help solve your problems. In case of rain, clinic will be in the Extension Office - Courthouse Annex. (Jim is a Riley County Extension Agent.)

GARDENS/ LANDSCAPING

GARDENS

Gardens/Landscaping

NATURE STUDY FOR PARENTS
Stephen M. Hoffman 776-5072
Saturday, 10 am, UFM Firepl ace Rd
First Meeting: June 28 Length: 6 times
This class is intended to help parents answer their children's questions about nature. We'll talk about plants and animals of Kansas, and how they relate to one another. We'll look at slides, live specimens and go on field trips to see different habitats and meet the citizens of each in person. (Stephen has recently published several magazine articles for young people on various nature topics.)

PRAIRIE WILDFLOWERS
Gene Towne 532-6101
Section I: Wednesday, June 25, 6pm (June 26 - rain)
Section II: Wednesday, July 9, 6pm (July 10 - rain)
Location: KSU, Parking lot north of Waters Hall
Learn to easily identify wildflowers and obtain interesting information about each plant by joining in a walk through the Flint Hills. Sign up for one or both sections to observe plants flowering at different times. (Gene is a research assistant in Range Management.)

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MULCHING AND COMPOSTING
Harlan J. Trenepohl 532-5923
Thursday, June 26, 7-9 pm, Harlan's Gardens

An on-site visit to an organic garden to view strawberries, gooseberries, rhubarb, asparagus, horseradish, you name it. Sedalia Church is on US 24-177, 1 mi north of Tuttle Trapshooting sign. (Gardening has been Harlan's avocation since 1963.)
Earth

EDIBLE PLANTS
Max Miller 532-2428
Sue Maes 532-8566

Thursday, July 10 (rain-July 17), 6pm, 3117 Bermuda Lane
Before you pull or spray that weed why not investigate if it can be enjoyed in a cuisinatrie style. Twenty to fifty local plants will be reviewed and displayed for the class. You'll be serving stingy nettle quiche to your next supper guest. (Max and Sue make up a team with years of professional and amateur experience.)

FALL VEGETABLE GARDENING
Bill Hoyt 532-5944
Tuesday, June 24, 7pm, Community Gardens, 800 Riley Lane
(rain date June 25)
Extend your garden's productivity! Grow traditional spiritual crops in the fall. Spinach, beets, cabbage, lettuce and potatoes can do beautifully in the cool of the fall season. (Bill is a graduate student in Horticulture.)

PLANT CUTTING EXCHANGE
Mary Lou Durham 776-0238
Tuesday, July 8, 7pm, UFM Basement
Have you ever wished you could trade in some of your over-abundant Swedish Ivy for a few African Violets, or for some attractive ground cover? Bring healthy plant cuttings in a container you don't need to have returned. Please label the plants with their botanical names. (Mary Lou is also secretary of the Local African Violet Society.)

LANDSCAPING FOR ENERGY CONSERVATION
Darrell Westervelt 539-2671
Tuesday, June 24, 7pm, Manhattan Public Library
Juliette and Poyntz
This lecture and slide presentation will illustrate the selection and placement of trees, shrubs, evergreens and modification of land forms to conserve energy needed to heat and cool the home. (Darrell has 25 years experience as a landscape nurseryman.)

FRENCH INTENSIVE GARDENING
Bill Hoyt 532-5944
Monday, June 30, 7pm, Community Gardens, 800 Riley Lane
(rain date July 1)
French Intensive, Chinese Intensive and Medieval European Intensive share important fundamental similarities. We will attempt to integrate the wisdom of these historic systems with research findings of contemporary soil scientists. (Bill is currently Co-Coordinator of the Manhattan Community Gardens.)

PROPAGATION OF FLOWERING BULBS
Houchang Khutamian 532-6170
Thursday, Aug 21, 7pm, UFM Fireplace Room
Learn how to divide, propagate and handle flowering bulbs, corms and rhizomes such as those of tulips, daffodils, hyacinths, crocus, gladiolus, iris, peonies and dahlias. (Dr. Khutamian is a professor of Ornamental Horticulture.)

HOW WOULD YOU LIKE TO WAKE UP TO A SUNDIAL?
Bill Fately 537-1367
Tuesday, July 1, 6:30pm, Stagg Hill Pro Shop, Rt. 1
Working with sundials can be simple enough to match the budding talents of a twelve-year-old; yet we know that sundials attracted the interests of such prodigies as Sir Isaac Newton and Thomas Jefferson. Build a sundial to grace your garden and to find time in other cities or by moonlight. This class will cover the art and construction of sundials and also view the world's largest sundial. (Bill is a collector of sundials nationally.)

RELATIVITY—BEFORE AND AFTER EINSTEIN
Dean Zollman 539-4547
Mondays, 7:30pm, KSU, Cardwell Hall, Rm 216
First Meeting: July 7 Length: 2 times Limit: 20
Many ideas of relativity were around long before the 20th century. We will explore these concepts and discuss Einstein's contributions. (Dean is particularly interested in teaching physics to people with little math or science.)

Food
for questions about Food call Julie Govert Walter at 532-5866

MANHATTAN COMMUNITY GARDENERS COOKING SERIES

COMMUNITY GARDENERS COOKING SERIES
The following series of classes emphasizes ways of nutritionally preparing and preserving home grown vegetables. Manhattan Community Gardeners will share their expertise and age old secrets. Join us!

COMMUNITY GARDENS COOKBOOK
Nancy Leiker
Saturday, 1pm, UFM Conference Room
First Meeting: June 28 Length: Continuing
With your help we'd like to gather recipes using fresh garden produce. We will form committees and begin to collect information and hopefully see the finished product in "The Community Gardens Cookbook" by fall. (Nancy researched pre-school nutrition and edited the "Sunwheel Snacks" cookbook last year.)

BEYOND ZUCCHINI BREAD
Nancy Leiker
Saturday, July 12, 2:30pm, UFM Kitchen
Fee: 50¢, pay at class
Here's your opportunity to get some ideas on how to creatively use those prolific zucchini, explore various cooking methods, exchange ideas and feast. (Nancy is a collector of good recipes)

FOOD DRYING
Susan Schomweiss
Saturday, July 12, 1pm, UFM Kitchen
Fee: 75¢, pay at registration
Preparation and storage methods of this popular food preservation alternative will be discussed. (Susan's food preservation efforts have won state and county attention.)

CANNING BASICS
Anne Thompson
Saturday, July 19, 9am, UFM Kitchen
Limit: 20
This class will concentrate on blanching and preparing foods for canning. We will demonstrate pressure canning showing how to prepare those fabulous garden vegetables. (Anne is an experienced canner of home-grown vegetables.)

8 Earth, Food
GETTERIAN NUTRITION AND COOKING
Rhonda Borsch 776-3757

First Meeting: July 10
Length: 2 times
Limit: 15
This course will cover how to meet nutritional needs on a vegetarian diet. We will talk about protein sources and complementary proteins. Bring your own tips to pass on.

In the second meeting on, the class will have a vegetarian lunch. (Rhonda is in Foods and Nutrition at KSU.)

FRUITS AND LIVE FOODS
Kate Cashman 539-4811
David Kamerer 537-9281
Tuesday, July 1, 7pm, People's Grocery, 811 Colorado St.
Limit: 20
Fee: 50¢, pay at class

Fruits are delicious, nutritious, and a real food bargain. We'll talk about what to sprout, how to sprout and share recipes. (Kate and David are sprout lovers.)

BUYING MORE WITH LESS
Susan Shaw 537-9213
Monday, July 7, 6-9pm, College Ave Methodist Church
1609 College Ave
Fee: $1, pay at class

Does your food budget run out before the month does? Our three demonstrations will enable you to eat better and consume less of the world's limited food resources. Our demonstrations are based on Doris Longacre's book More With Less, and will center on breads and cereals, vegetables, and how to use less meat. (Susan is a homemaker interested in good nutrition.) Samples provided.

THE CHINESE ART OF COOKING AND DINING
Christina Chang 539-2591
Saturday, July 12, 5:30pm, 708 Lee St.
Limit: 8
Fee: $3.00, pay at registration

We will make and eat a few of the traditional dishes of the north and south. We will also introduce the Chinese way of table setting and the use of chopsticks. (Christina is distictian and native Chinese cook.)

OUTSIDE OVEN OUTDOOR COOKING
John Selfridge 537-7411
W. Williams 532-598
Friday, July 25, 5:30pm, 15th Street Park
Saturday, July 26, 2:30pm-7pm, 15th Street Park
Fee: To be decided at class

Cooking in the great outdoors can include: Chicken Curry, Pineapple Upside-down cake. We will explain the "how-to's" and, as a group, plan a menu. Each participant will prepare a portion of the feast. (Al and John are experienced Dutch oven cooks.)

WORLD FRIENDSHIP NOON POTLUCKS
Susan Shaw 537-2432
Tuesday, noon, Jardine Park, KSU Campus
First Meeting: June 24
Length: Continuing

Enjoy friendship, fun and lunch with members of KSU's International community. Bring your friends, a potluck dish and your own table service. Everyone welcome!

THE LECHÊ LEAGUE
Cecil Malone 537-5954
Jay Ring 539-2488
Saturday, June 28, 10am, St. Isidore's Upper Lounge
An introductory session on breastfeeding and the La Leche League will be held. Fathers and babies are welcome, too.

SUPERMARKET SLUTS
Sail Zeller 913/494-2639
Tuesday, June 24, 7:30pm, UFM Firepace Rm
Do you feel like a detective when it comes to supermarket shopping—searching for "specials" and comparing products? We'll examine aspects of the supermarket, including product labeling and displaying. We'll also provide budget tips to help you stretch your dollar. Bring your ideas. (Sail is a working mother of three small children with a monthly grocery bill of around $200.)

HEALTHY ALTERNATIVE TO HIGH-PRICED FOOD
Kate Cashman 537-9281
Wednesday, July 8, 7pm, People's Grocery, 811 Colorado St.
Limit: 20

If your grocery bill is causing headaches, you are invited to check out Manhattan's food cooperative. This class will explain the purpose of People's Grocery and how food is stocked. (Kate is a 3 yr member of People's Grocery.)

CHEESE MAKING
Holly Hanley 539-2731
Saturday, 1:30pm, 3000 Sunnyside Dr.
First Meeting: July 5
Length: 2 times

In the first session we'll make a soft cheese—a type of cottage cheese. By adding milk or cream, this cheese can substitute for cottage cheese. In the second session we'll make a harder cheese similar to cheddar. (Besides making cheese, Holly enjoys beekeeping, goat keeping and gardening.)

MAKING YEAST BREADS
Jeri L. Neal 539-6027
Saturday, June 27, 6-8pm, KSU, Shellenberger Hall, Baking Lab
First Meeting: July 12
Length: 2 times

Fee: $10.00, pay at registration

We will use the test baking equipment in Shellenberger Hall to make "straight" doughs and sweet goods. Everything you need will be supplied. (Jeri is a graduate in Milling.)

HOME-MADE BABY FOOD
Mary Hartford 776-3389
Wednesday, July 1, 9:30am, 318 Leavenworth
Limit: 2
Fee: 50¢, pay at class

We will discuss how to prepare good, nourishing food for our babies. The class can share ideas and recipes, and see a demonstration on baby food preparation. (Mary has made baby food for her two children.)

SUMMER BARBECUE WITH A KING
Max Heinfy 539-6088
Friday, July 18, 7pm, Longs Park Pavilion
Limit: 30
Fee: $1.25, pay at registration

Selection of meat cuts, with an emphasis on pork, proper barbecue methods and new ideas and recipes will be discussed. Class participants will sample various barbecued meats. (Max is a 1979 Kansas Pork King.)

GLUTEN: AN ALTERNATIVE PROTEIN SOURCE
Sandy Ayers 539-1797
Monday, July 14, 7:30pm, UFM Kitchen

Being trying to use less meat lately? Gluten, a wheat protein, can provide an easy, high quality alternative. (Sandy has been using gluten for months with success.)

THE BASICS OF BETTER BREAD
Martha Cornwall 532-6260
Tuesday, June 24, 7pm, 3100 Heritage Ct #93
Limit: 12
Fee: $1.50, pay at registration

Baking bread for your family doesn't have to be an impossible task! Come and share short-cut ways of making bread. Emphasis will be placed on using whole wheat flour in recipes. (Martha is a KSU Dietetics graduate.)

THE UNCOCKTAIL PARTY
Linda Teener 532-6234
Thursday, June 26, 7:30pm, UFM Banquet Rm
Fee: 2.00, pay at registration

Join us in exploring drinks that taste and look good, but offer an alternative to alcoholic drinks. We'll sample drinks using fruit juice, soda pop, and other ingredients. We'll also demonstrate how to dress up the glass and sample snack ideas. (Linda is always looking for recipes to sample.)
BASIC TECHNICAL ROCK CLIMBING
Clarence Leist 776-3271
David Engle 531-2667
First Meeting: Sign up and you will be contacted.
Limit: 10
Fee: $10.00, pay at class
On-belay! The class will start with a slide show introduction to equipment, safety, movement, ethics, and ecological climbing using a rope. Local structures will be climbed, leading to Fall River Reservoir. (Clarence has climbed for over 10 years and has taught extensively. David is a climber too.)

FAMILY FLAT-WATER CANOEING
Bob Poresky 539-2967/532-5510
Tuesdays, 7pm, June 24, 2016 Claffin
Length: Indefinite
For families of any composition, we will review canoeable waters and set a schedule for upcoming Sunday afternoons. Instruction will be combined with paddling. You must provide a canoe, paddles, safety jackets, and transportation. (Bob has taught similar classes for UFM before.)

WIND SURFING FOR ALL AGES
Kurtis Robinson 539-1938
Section I: Wednesday, 7pm, June 25 (rain-July 2, 7pm)
Section II: Sunday, 1pm, June 29 (rain-July 6, 1pm)
Location: UFM parking lot
Kurtis will demonstrate wind surfing, a combination of sailing and surfing. We'll carpool out to Tuttle Reservoir. (Kurtis has been wind surfing for years.)

FANTASTIC FREE-FALL FICKS
Paul Mulcahy 537-4794
First Meeting: sign up and you'll be contacted.
Fee: $1.50, pay at registration. Limit: 40
Paul will show several films that will demonstrate what people can do in the air. The skydiving films will be accompanied by equipment demonstrations and training information. (Paul is a member of the KSU parachute club.)

KITE MAKING AND FLYING
Douglas Holting 776-4125
David Kammer 776-7887
Saturday, July 12, 10am, UFM Parking lot
Fee: $2.50 - pay at registration.
We'll carpool to windy Tuttle Reservoir to learn construction techniques and principles of lift for standard and box kites. Bring some kids and picnic lunch. (Doug has flown kites all over the world. David is looking forward to hot Kansas breezes.)

INTRODUCTION TO BICYCLE TOURING
Phil Fay 532-5650
Saturdays, 9am, UFM Banquet Rm
First Meeting: June 28
Length: Indefinite
Limit: 25
For beginners and experienced riders, we will organize regularly scheduled rides and some longer trips. Those who wish to ride the day of the first meeting should come ready to go. (Phil has been an active cyclist in touring and racing for seven years.)

SEE SMALL TOWN KANSAS BY BIKE
Jim Converse 776-1413
Saturdays, 2:30pm, SW corner of 3rd and Humboldt
First Meeting: June 28
Length: Indefinite
Fee: $1.00 - pay at class
We will haul bikes out into the country to ride between outlying small towns. Overnight trips or picnics can be added later. (Jim has been scared off of most of the access roads out of Manhattan.)

BEGINNING TENNIS
Members of the KSU varsity Tennis Team
Sundays, 8:30-10am, KSU, Hashburn Complex
First Meeting: June 29
Length: 6 times
Fee: $1, pay at registration. Limit: 20
We will learn forehands, backhands, serves, and court tactics. Bring a can of marked balls and a racquet. (These folks know their stuff.)
FRISBEE ANYONE?
Marcia Wilmore 776-7479
Kathy Saunders 776-1702
Wednesdays, 2pm, KSU Band Practice Field
First Meeting: June 25 Length: Indefinite
We'll learn throws, catches, team and individual activities. (Marcia and Kathy have been going to frisbee tournaments for the last couple years.)

ROLLER SKATING
Everett Stilley 776-6175
Mondays, 6pm, 400 Tuttle Creek Blvd.
First Meeting: June 30 Length: 3
Fee: $3, pay at class
Techniques to be taught, depending on your skill level, include body position, Joeger skating, spins, jumps and racing. (Everett has been a skating pro for over 30 years.)

AEROBIC DANCE DEMONSTRATION
Candice Althoff, Ennel Foerster 537-0977
Monday, June 23, 7pm, KSU, Ahearne Complex, Room 301
Aerobic dancing combines the health benefits of jogging with dancing. Bring tennis shoes and come prepared to dance. (Candice and Ennel are both certified aerobic dancing instructors in Manhattan.)

DIAM-A-PARTNER/TELEVISION/RACQUETBALL/INDOOR GAMES
Neil Schanker 539-5766/532-5866
Thursday, July 3, 5pm, UFM House
This is an opportunity for you to get some challenging experience and to meet new faces. At registration, indicate the game, your skill level, days, and times available, and UFM will compile a list for you.

Self for questions about Self call Julie Coates at 532-5866

ADVANCED SCUBA
George Halazon 532-5840
Monday, 7:30pm (org. meeting), KSU, Umerger Hall, Room 11
First Meeting: June 23
PADI Certification in open water and advanced open water techniques is the goal of this class. The course will include classroom work and dives. (George has taught scuba classes for UFM for years.)

SWIMMING: ALL CLASSES
Location: KSU Natatorium Limit: 10
Fee: $1 - pay at registration
Beginning Swimming (For Kids)
Joan Robinson 776-1731
Saturdays, 9-10am, June 28-Aug 2
Adult Beginning Swimming
I: Joan Robinson 776-1731
Saturdays, 10-11am, June 28-Aug 2
II: Lorie Montgomery Saturdays, 11-12noon, June 28-Aug 2
Adult Advanced Beginning Swimming
Barb Stork 776-4243
Saturdays, 1-2pm, June 28-Aug 2
Basic Water Safety (regardless of swimming ability)
Joan Robinson 776-1731
Saturdays, 1-2noon, June 28-Aug 2
Advanced Lifesaving (minimum Age - 16)
Tom Decker 537-2962
Saturdays, 8-11am, Sundays 5-7pm, June 28-Aug 3
Materials fee: $2.25 + $1.00 = $3.25
Individual Lessons (call Joan) 776-1731
Joan Robinson Saturdays, 5-7pm, June 28-Aug 2

TAKE KWNDO EXERCISE
Jose Lee 539-8211
Section I: Mondays, 7:30-9pm, June 23
Section II: Thursdays, 7:30-9pm, June 26
Location: KSU, Justin Hall, Room 251
Length: 6 times Limit: 20 each section
Learn self-defense and exercise at the same time. The basics, including stretching and kicks will be stressed. (Jose has black belt experience in Tae Kwon Do.)

FIRST AID MULTIMEDIA/CPR
Participants will earn Red Cross Certification from certified instructors.
CPR: Instructors Ennel Foerster and Brenda Merrima
Section I: Monday & Wednesday, July 7 & 9, 9am-1pm
Section II: Monday & Wednesday, July 7 & 9, 6-10pm
Location: Red Cross Office, 208 Poynitc
Limit: Section I - 10, Section II - 15
Fee: $4.00, pay at class
FIRST AID MULTIMEDIA: Ennel Foerster and Neil Schanker
Section I: Saturday, June 28, 8am-5pm, Section II: July 15
Location: Red Cross Office, 208 Poynitz
Limit: 15
Fee: $6, pay at class
FIRST AID INSTRUCTOR'S COURSE: Ennel Foerster
Saturday, July 12, 8am-5pm, Red Cross Office, 202 Poynitz
Limit: 10 (Prerequisites - 17 or older with Red Cross standard or multimedia certification.)

BLOOD PRESSURE CONTROL
Kathy Bruntm 776-4779
Saturday, July 12, 10am, UFM Fireplace Room Limit: 25
We will discuss meanings of blood pressure readings, help you understand medication to control blood pressure and discuss other aspects of blood pressure control. (This is not a health department function.) (Kathy is a public health nurse.)

RELAXATION & STRESS MANAGEMENT
David Dansk 532-6927
Wednesday, June 25, 7:30-9pm, KSU, Union Room 213
Turn your stress into strength. Find out what bio-feedback is, how it is being used, and try bio-feedback training yourself. (Dave is a bio-feedback trainer at KSU.)

BOOKS BY AND ABOUT WOMEN
Flossie Snyder 539-5213
Alternate Tuesdays, 7:30pm, UFM Conference Room
First meeting: June 24
New members are invited to read with us. (Flossie is interested in women's issues.)
HELP YOUR NEIGHBOR
Sign up and you will be contacted
Volunteer some of your time to give a person with a disabil
spouse an opportunity to get out and do some things
on their own. Your help can mean a lot.
THE SINGLE LIFE
Dave Stewart
Thursday, July 10, 7:30pm, Baptist Campus Center
Length: 6 times
1001 Anderson
In addition to sharing personal experience, we will consi-
der topics such as: high and lows of single life; personal
wholeness; sex and the single life; meeting vs. mating.
(Dave is the campus Baptist minister.)
MARRIAGE: A REAL LIFE POSSIBILITY
Kay Bieber
1-625-6439
Thursday, June 26, 7pm, Justin Hall Rm 341
Length: 6 times
Marriage should be a rewarding experience. We will develop
6 major themes: 1. establishing the value of marriage; 2.
dealing with attitudes; 2-3. the responsibility of the hus-
band and wife and their rewards; 4. communication; 5. the
physical relationship; 6. living in harmony; possibilities
unlimited. (Kay is an experienced speaker on this topic.)
REAFFIRMING OR FINDING NEW DIRECTIONS IN LIFE
Marcia Schuley
Wednesdays, 7-9:30pm, 320 Sunset
First Meeting: June 26 Length: 6 times Limit: 15
Fee: $5, pay at first class
Women 25 and over can explore who they are and what
they want from life. The Strong-Campbell Interest Inventory
and the Quick Job-Hunting Map will be included in fee cost.
(Marcia is a Specialist in Consultation and Education.)
RETURNING TO SCHOOL
Sandra Grey
Margaret Nordin
Ted Wischropp
Tuesday, July 15, 7pm
Location: Manhattan Public Library, Juliette & Poyntz
Are you thinking about entering or re-entering college?
Are you concerned about the time, money and energy to do
so? Come share your hopes (and doubts) with others.
(Sandra, Margaret and Ted are KSU faculty members.)
UNDERSTANDING YOUR AGING PARENT
Larry A. Stensbury
Tuesday, June 24 & Thursday, June 26, 7-8:30pm
Location: 214 Poyntz
Limit: 20
Physical, social and psychological changes often manifested
by retirement, impairments, living arrangements, and con-
fronting death will be discussed. (Larry is with the Pow-
nee Comprehensive Mental Health Center.)
LESBIAN/FEMINISM STUDY GROUP
Cathy
537-0329
Monday, June 30, 7pm, UFM Fireplace Rm
This class will explore the relationship between lesbiana
and Feminism. Theorists, writers, and history are included
areas. The class will be structured by the participants.
THE ABORTION ISSUE
Bonnie Funk
537-9300
Wednesday, June 25, 7pm, UFM Conference Rm
Most Americans believe in the right to make their own
medical decisions, and to choose an abortion when needed.
We will discuss why this choice is under attack. (Bonnie
is a graduate student in Family Life Education.)
SUPPORT GROUPS
Section I: Wednesday, June 25, 7pm, UFM Fireplace Rm
Women’s Resource Center (532-6541) will discuss the Displaced
Homemaker Services for women making life changes.
CHILD ABUSE AND NEGLECT
Sharon Iandolo
775-3322
Wednesday, June 25, 7pm, St. Mary’s Hospital Meeting Rm
Is there child abuse in Manhattan? What preventive and cor-
rective measures are being utilized? Representatives of the
Family Council will discuss child abuse and neglect. (Sha-
ron is a Social Worker at St. Mary’s Hospital.)
STROKE VICTIM SPOUSE SUPPORT GROUP
Pat & Ruby Barclay
Mondays, July 7 and 14, 7pm, 738 Midland
If you would like to know more about strokes and the programs that have been developed to meet the needs, spouses of stroke patients will tell you about them. (Pat and Ruby have been dealing with the effects of a stroke for 17 years.)

HOSPICE
Dr. George Bascom, Joyce Delahanty, Theresa Hansen
Thursday, July 10, 7:30pm, Justin Hall Rm 249
This program will inform the community about the nature and purposes of hospice care for the incurably ill and provides a chance for those interested to apply for volunteer work. (Dr. Bascom is a local surgeon.)

SHADOWS: ONE PERSPECTIVE
Dan Parkinson
Tuesday, June 24, 7pm, Justin Hall Rm 341, Length: 3 times
This course examines the religious forms of Mormonism, Jehovah’s Witnesses and The Worldwide Church of God. We will study their claims to validity and contrast their doctrine and ideology in light of the Bible. (Dan had studied religious groups for about 3 years.)

TOO LATE? (REVELATION)
Mike Hensley
537-3767
First Meeting: Tues, June 24, 7:30pm
Length: 5 times, 350 N 16th, Apt. #1
What does God have up His sleeve before He draws time to a close. The Bible does say. (Mike is interested in religion.)

Skills & Tours for questions about Skills & Tours call Mike Wilson at 532-5866

BACKPACKING: A PRACTICAL INTRO
Tom Hittle
Sundays, 7:30pm, UFM Fireplace Rm
First Meeting: June 22
Length: 3 times
This course is for those with no experience or less than 3 years of backpacking. We will place emphasis on backpacking styles, equipment, topo maps, local trails, sources of information, individual techniques and necessary checklists. (Tom backpacks and canoe's year-round throughout the Midwest.)

HIKING THE GRAND CANYON
Charlie Griffin
Wednesday, June 25, 7:30pm, UFM Banquet Rm
Exploring the living canyon past 20 million years of geological strata--this will be a slide show-introduction to backpacking in the canyon. We'll discuss planning, equipment, and setting your limits while hopefully emphasizing the wondrous side trips along the way. (Charlie makes yearly spring pilgrimages to the Grand Canyon.)

BACKWOODS COLORADO
Richard Harris
Tuesday, June 24, 7:30pm, UFM Banquet Rm
Come and share ideas of where to have pleasant day hikes in Colorado away from the summer crowds. Bring a few slides, pictures, maps, etc. or just your enthusiasm. (Dick goes to Colorado often to hike and camp.)

RENOVATING HOMES
Russell Reitz
Thursday, June 26, 7pm, UFM Fireplace Rm
Renovating an older home may provide an economically attractive alternative, but know what to look for before making a financial commitment. Topics will include: examining the building, finding out the original purchase price; furnace costs and improvements; and determining the electrical capacity. (Russell has renovated 20 homes in Manhattan.)

INTRODUCTION TO UPHOLSTERING
Bettie W. Currie
Thursday, June 19, 7:30pm, UFM Fireplace Rm
Limit: 30
Bettie will demonstrate the basics of upholstering. If you have something to upholster, bring it to class and Bettie will help you. (Bettie has done her own upholstering for years.)

BICYCLE REPAIR
Bill Jacoby
Tuesdays, 7pm, Bill's Bike Shop - 1207-A Morse (in the alley)
First Meeting: June 24
Length: 5 times
Limit: 25
We will learn the fundamentals of bicycle care and repair. (Bill owns his own bike shop.)
Skills & Tours

TIPS FOR DEVELOPING GRANT PROPOSALS
Bert Biles, John Murry 532-6194
Monday, June 23, 7pm, KSU Union, Rm 208
This course will focus on identifying sources of federal and private support for research, educational and community service projects & providing tips on proposal writing. (John is the Associate Dean for Sponsored Programs at KSU. Bert is the Director of Special Projects.)

HOW TO BUY A HOME
Larry Fox, Sharon O'Neal 776-4733
Wednesday, June 17, 7-9pm, Manhattan Public Library
Limit: 30 Juliette & Poyntz
We'll cover what to look for in a home, renting vs. buying, how to deal with the lender, and other aspects of home-buying. (Sharon and Larry are loan officers)

INVESTMENT BASICS
Steve Harrison, Sheri Prawl 537-0594
Tuesday, June 24, 7 & Thursday, June 26, 7-9pm
Location: KSU, Eisenhower Hall, Rm 15
This course will give you a thorough survey of the securities industry including stocks, bonds, and other investments. (Steve and Sheri are registered representatives of a member firm, NY Stock Exchange.)

FINANCIAL PLANNING: "HOLD ONTO YOUR DOLLARS: COPING WITH INFLATION"
Albie Rasmussen 913/705-2476
Friday, 9-11am, Family Center, 3rd Floor, 1221 Thurston
First Meeting: July 11
Limit: 10
This class will discuss how to cope with inflation and live within one's budget. Topics to be covered: insurance, credit, savings, decision making and long range goals. (Albie is the financial counseling director in the family center, KSU College of Home Economics.)

ESTATE PLANNING: THE HUMAN SIDE
Gary A. Walter 537-2261
Wednesday, June 25 & Thursday, June 26, 7:30pm, Kansas State Bank, 1010 Westloop
This will not only focus on the financial resources and requirements but the human considerations that are essential to estate planning. (Gary is an assistant General Manager, Advanced Sales Specialist of a local life insurance company.)

JOB SEARCH WORKSHOP
Patty Lawlits 539-3794
Saturdays, 9am-noon, UFM Conference Rm
First Meeting: June 21
Limit: 10
The Jobsearch Workshop is designed to help participants develop skills important in finding a job. Where and how to look for a job, and job interviewing are discussed. (Patty works as the KSU Gerontology Counseling and Placement Coordinator for the Center for Aging.)

TEENS - GET THAT JOB!
Joyce Grover 539-5181
Section I: Tuesday 7-10pm June 24, one time, Douglas Community Center, 901 Yuma
Section II: Thursday 7-10pm June 26, one time, Douglas Community Center, 901 Yuma
Limit: 10 per section
This workshop, geared especially for teens looking for their first job, will cover the job application forms, job interviewing techniques and tips, and what to do following an interview. (Joyce is a youth counselor for CETA.)

SUCCESSFUL MONEY MANAGEMENT SEMINAR
Doug Smith 539-2071
Fred Freeby 537-4505
Tuesdays, 7-10pm, KSU Union, Rm 206
First Meeting: June 17
Learn how to use inflation to your benefit, reduce your taxes and uncover hidden assets. An attorney will discuss estate planning, wills and trusts. Both spouses should attend! (Fred and Doug are local financial planners.)

BASIC HOUSE WIRING
Richard Napper 539-6973
Section I: Monday, June 23, Section II, Wednesday, June 25, 811 Osage, 3 times
Fee: $5, pay at registration
Limit: 20 each section
We will cover tools and equipment needed to service house wiring and the proper way to add wiring to homes. Women are encouraged. Bring your own chair. (Richard is an electrical engineer.)

WOLF CREEK NUCLEAR POWER PLANT TOURS
Neil Schanker, Mike Wilson Saturday, July 12, 9:30pm
June 18 - 9:30am, Fort Riley: Meet at the MP Information Booth on Post. Note at registration if you want lunch at the officers club.
June 24 - 1:30pm, City Water Plant, 3rd & Retone.
June 25 - 6:30pm, KMKF Broadcast Studios, 2144 Casmant Rd.
June 26 - 10am, McCall's Pattern Factory, 615 McColl Rd.
July 8 - 1:30pm, Parkview Funeral Home, 1317 Poyntz
July 19 - 10:30am, Riley Co. Historical Museum, 2309 Claffin Rd.
Aug 14 - 1:30pm, American Institute of Baking, 1213 Baker's Way.
**EARTH-SHELTERED HOUSING**

Nina Hiley  532-5686

Monday, July 7, 7:30pm, UFM Banquet Rm

Limit: 30

Nina will show slides of the earth-sheltered house in which her family lives and discuss the benefits and drawbacks. She will also talk about their first solar home. (Nina has lived in two energy efficient homes in Manhattan.)

**ATTACHED SOLAR GREENHOUSES**

Alan Johnson  532-5624

Monday, July 14, 7:30pm  Limit: 20

Location: You will be contacted

Alan will demonstrate and explain the greenhouse at the swine research facility and how to build a home greenhouse. (Alan works at the swine facility and has his own greenhouse.)

**UFM GREENHOUSE**

Bruce Sneed  532-5625

Monday, June 23, 7:30pm, UFM Fireplace Rm

Have you been wondering about the new structure being built just west of the UFM House? See a slide show-discussion of how this innovative facility will work, and then tour it. You'll learn about perimeter insulation, beehive, passive heating, thermal mass, solar hot water, earth tubes, and more. (Bruce helped design the UFM Greenhouse.)

**SUMMERTIME ENERGY CONSERVATION**

Mary Neel  532-5624

Wednesday, June 25, 7:30pm, KPL Auditorium, 501 Poyntz

This energy class will cover air conditioning tips to help save energy dollars, home appliances as energy users, insulation needs, etc. (Mary is the customer assistance advisor for KPL.)

**STARS AND MYTHS**

Kim and Dean Zollman  539-4547

Wednesdays, 7:30pm, KSU, Cardwell Hall, Planetarium

First Meeting: July 9  Length: 2 times

Limit: 40

We will discuss how to use star charts to find objects in the summer sky and myths associated with these objects. Myths from different cultures will be included. This class is for adults. Children must be accompanied by a person under 18. (Kim is a twelve-year-old who enjoys telling stories about mythical characters. Dean, her father, knows how to push buttons on the planetarium.)

**BASKETBALL FOR BOYS (AGES 7-9)**

Avery Denby  776-4125

Tuesdays, 10am, Blountem School (outside)

First Meeting: Aug 5  Length: 3 times

Limit: 10

We will work on skills like shooting, passing and playing for fun. Bring a basketball if you have one, and some friends. (Avery, a nine-year-old, taught this class last spring.)

**KIDS SWIMMING**

Joan Robinson  776-1731

Saturdays, 9-10am, June 28-Aug 2

**INTRO. TO WOLF CREEK**

Neil Schanker  539-5766

Steve Coulson  532-5624

Monday, July 7, 7:30pm, UFM Fireplace Rm

A slide show and discussion on the construction and workings of nuclear power plants will be presented. (Steve is in the KSU nuclear engineering department. Neil is a member of the Sunflower Alliance.)

**ETHANOL GRAY CONVERSION**

Dwight Wiebe  532-5735

Tuesday, July 1, 7:30-9:30pm, UFM Fireplace Rm

We will discuss the process of converting distressed grain into fuel. Ethanol can be used in cars and tractors at a cost less than $1 per gallon, and the residues fed to livestock. (Dwight served as a relief director overseas 44 yrs.)

**WINDOWS WORKSHOP**

Mike Wilson  532-5624

Saturday, June 21, 10am, UFM Banquet Rm

Limit: 20

Windows can account for one-third of your home's heating and air conditioning costs. Many companies are starting to market energy saving window devices. We'll discuss how to evaluate these devices, as well as how to make your own energy savers. (Mike is a member of UFM's appropriate technology staff.)

**MANHATTAN AREA ENERGY ALLIANCE**

The following committees will be working this summer: Manhattan Baseline Survey, Manhattan Bikeways, Utility Rate Reform, Community Conservation Planning. For information on times and meeting places, see poster at registration.

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**Kids for questions about Kids**
call Julie Coates  532-5866

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**CHILDREN'S GARDENING**

Dick Mattison  532-6170

Pam Rapp  532-5944

Saturdays, 10am-12noon. No class if raining

First Meeting: June 21  Length: Continuing till frost

Location: Community Gardens, 9th & Riley Lane

In this class, children of all ages learn how to use organic gardening practices to grow peanuts, Indian corn, pole beans, green gourds, etc. Individual and group gardens, adjoining the raised gardens for the elderly, are available. (Dick & Pam are horticulturists.)

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**SELECTING CHILDREN'S LITERATURE**

Kim Schumm  539-3641

Sign up and you will be contacted

We'll take field trips to the public library and learn how to select books for your child's level and interests. (Kim has taught elementary grades.)

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**IMPROVIZATION FOR CHILDREN**

Cham Ferguson & Company  539-4856

Mondays, 11:00am, 2140 College Hts. Rd.

First Meeting: July 7  Length: 3  Limit: 15

Our class will include warm-up exercises, improvisation fundamentals, and exercises in improvisation. At our last meeting participants will have a chance to perform. (Cham is president of Thespian Troupe #941, and a member of the Manhattan High Forensics Squad.)

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**WATER BABIES (I) AND TINY TOTS (II)**

Charmaine Mazzola  537-2013

Section I: Saturdays, 9:30-10:30am, July 12

Section II: Sundays, 5:30-6:30pm, July 13

Location: KSU Natatorium  Length: 3 times

I: 10 Parent/child couples (6 mo-18 mo old)
II: 10 Parent/child couples (18 mo-3 yrs old)

Fee: $1.00, pay at registration

These classes will concentrate on teaching the parent(s) how to have fun and enjoy the water with their baby. Emphasis will be placed on building the baby's confidence and water safety. (Charmaine has taught swimming to children from 6 months to 16 years.)

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**Skills & Tours, Kids**

15
Invest in UFM

This may be your last opportunity for learning to make homemade noodles, learning to handle pre-exam stress, building a solar collector or identifying edible plants we all thought were weeds. These are just some of the unique learning opportunities afforded by University for Man and which may no longer be available. In addition, UFM has provided opportunities to meet new friends and to pursue fresh ideas. UFM knows no age limits. Our participants range in age from 7-94 and come from all segments of the community.

Unfortunately, our ability to continue to provide the level of service we have given in the past is now seriously threatened. The KSU Student Governing Association (SGA) has tentatively recommended a cut of 95% in the level of funding they have traditionally supplied. The rationale for the recommendation is based on the fact that about half the participants in UFM programs are non-students. Since SGA has provided the major source of funding for UFM's local program, the proposed cut will have a significant impact. The recommended amount is not sufficient to allow our program to continue in the tradition that we have established.

Currently, we have enough funding to publish one brochure next year. After that, unless additional funding is located, there will be no more brochures.

We have tried to avoid charging a fee, and will continue to do so. However, our situation is very serious and we must ask for your help. Please invest in your educational future. Clip the coupon below and return it to UFM. Or, send us your contribution. It will make a lot of difference.

Karen

A simple breath of life, of shyness, of beauty ... in 1973-74 Karen Slack brought these qualities to us as a member of our staff. During those years as a high school student Karen brought a fresh young perspective to us and helped UFM to meet the special needs of high school students. In addition to providing that educational link for UFM many will remember her art which graced the UFM brochures during that time and which can still be seen in the colorful banner hung each registration session.

This brochure is dedicated to Karen who was struck and killed in a hit and run accident last August. Sketches and art work throughout the brochure are taken from her work. UFM wishes to thank the Slack family who made her work available.

Summer 1980

This summer UFM will offer some exciting new classes and some old favorites. These classes reflect the broad scope of interests at UFM, and among the offerings, we hope there is something for you. We would like to thank the many people in our community who help make our programs better through their generous donation of time and sometimes dollars. Without these friends, we probably wouldn't be here. UFM receives funding or support from the KSU Division of Continuing Education, KSU Student Governing Association, United Way of Riley County, Kansas Department of Human Resources-CETA, Fund for Improvement of Post Secondary Education, Clearinghouse for Community Based, Free Standing Educational Institutions, The Kansas Arts Commission, (a state agency) and the National Endowment for the Arts, (a federal agency), Kansas Department of Economic Development, Title I of the Higher Education Act (1965), U.S. Department of Energy, and the Kansas Farmers' Union Green Thumb.

Old Staff, New Staff

We are pleased to welcome new staff members, Neil Schanker, Charla Shrimplin, Mike Hensley, and Rosemary Dukele. These people will work with the Campus Community Staff. Jennie Chinn and Keith Ludden have joined us to gather data on traditional arts in Kansas. Sheila Stogdill, who did the excellent brochure layout last semester has left us to pursue her career as an architect. Sue Wales, Ken Torlemenke, and Bill Vientos have also moved on to other activities. Jane Barnes and Liz Silva, who worked with our evening childcare program have also left and will be greatly missed.