FALL 1980

UNIVERSITY FOR MAN

Registration is Sept. 15, 16, 17.

University For Man
1221 Thurston
Manhattan, KS 66502

Recycle this brochure...please pass it on.

Return postage guaranteed
Old Staff, New Staff

We are pleased to welcome new staff members Hope McGurta, who works with our crafts program, Kevin Patterson, a new member of the Appropriate Technology staff, David Verschelden, a social work intern who will help develop programs for older and handicapped citizens, Wanda Kline, secretary to the Free University Network, and Carol Smith, who will direct our state Outreach program.

We say farewell to Labron Koons, of the Green Thumb program, and Sandra Smith, who worked with the state Outreach program. Alan Edgar, who made important contributions to the Appropriate Technology Program and to the Campus Community Program will also be greatly missed. It was very difficult for us to say goodbye this summer to two very dedicated and long-time members of the UFM staff, Dave Ayers and Jim Kilitzky. Both Jim, Director of our Outreach Program and Dave, an Outreach staff member, have made innumerable contributions to our program and we will miss them very much. Dave has moved to Topeka to work with Rural Education through the Kansas Department of Economic Development and Jim will be pursuing research into rural Adult Education in Kansas as part of a doctoral program at Harvard. We wish them both the best of all things.

A National Organization, A National Conference

The Free University Network, the national association of free universities and learning networks, is headquartered right here in Manhattan at the University for Man House. The Network assists free universities and learning networks across the nation through publications, workshops and conferences. The Network also helps individuals and groups in communities across the country organize their free university or learning network programs.

This year the Network's national conference, will focus on Learning Resources for the 80's. The 1980 Free University/Learning Network Conference will take place in Columbus, Ohio. Seymour B. Sarason, a pioneer in the field of Community Psychology, will be the conference's keynote speaker. Anyone interested in free university community education is welcome to attend. For more information about the Network or the national conference contact Bill Graves or Julie Goertzel Walter at 532-5866.

UFM Board of Directors

James Benjamin Stephen Bollman Dorothy Koepsel
Jacques Beyer Enell Foerster James McCall
Charles Green

University of Man
1221 Thayer St.
Manhattan, Kansas 66502
(913) 532-5366

Name
Address
Telephone

I would like to donate $5.00 $10.00 $25.00
some other amount $

to University for Man.

Invest in UFM

Last summer, we indicated that our fall program was in jeopardy unless UFM users helped with financial contributions.

The response to this request was very generous, and because of it, we are able to bring you a fall program.

We are, however, not quite home. Our financial situation is still precarious, and we need your continued financial support to assure a spring brochure. Please give. Your gift will be multiplied and given back to you in the form of the UFM Spring Program.

And a Special Thanks to...

Severe budget cuts in UFM's operating budget proposed by the Student Governing association at KU, threatened our ability to bring fall programs to KU students and the Manhattan community. In response to this financial crisis, an annual giving program was begun in late August. Early contributions from a number of Manhattan businesses and private citizens have provided funds necessary to help offset cuts for the brochure for the Fall 1980 Program. Without this help, there would have been no brochure this fall. Our special thanks to:

Businesses:

Manhattan Mercury - Ed Seaton
Universal Financial Services - Jim Rhine
Holiday Jewelers - Fred Gannenberg
Manhattan Camera Shop - Mark Stallings
First National Bank

Individuals:

Helen Ruth Brockenby
Sam and Yvonne Lacey
Elisabeth H. Palster
Barbara Romans
Julie Jurich
Leny and Linda Hembebaum

John and Debbie Folt
John and Rosel Pine
Lois H. Johnson
Harvard C. and Dana Townsend
Margaret Graham

UFM Staff

Back Row: Joe Rippeaton, Moses Bayton, Sue Mees, Donna Haynes, Doug Water, Carol Smith, Bruce James, Jim Kilitzky. Middle Row: Mike Wilson, Rosemary Dukelow, Julie Goertzel Walter, Dave Verschelden, Wanda Kline, Cindy Bryant, Beverly McHillock, Hope McGurta. Front Row: Kevin Patterson, Neil Schenker, will have to see, Sue Sieger, Joan Shoemaker, Julie Coates, Jason Coates, Hermin Klerstedt. Not pictures: Jenisse Chinn, Keith Ludden, Gary Coates, Janet Young and Bill Hoyt.

Fall 1980

University for man is pleased to bring you the fall program of classes.

Free Solar Energy to Macrame, we think you will find something of interest. Our program is made possible by funding from: KU Division of Continuing Education, KU Student Governing Association, United Way of Riley County, Kansas Department of Human Resources - CETA, Fund for the Improvement of Postsecondary Education, Clearinghouse for Community Based Free Standing Educational Institutions, The Kansas Arts Commission (a state agency), The National Endowment for the Arts (a federal agency), Kansas Arts Commission, Kansas Humanities Commission, Title III of the Higher Education Act and the Department of Energy, Kansas Farmer's Union, Green Thumb, and the City of Manhattan.

UFM Outreach Program

Rural free u's are continuing to spring up in many midwestern states, with assistance from the Outreach program. The staff is continuing its work in five states (supported by the fund for the Improvement of Post-secondary Education) besides Kansas, collaborating with many organizations to disseminate the free u. model in Missouri, Oklahoma, South Dakota, Iowa and Kentucky.

One of Kansas' little-known claims to fame is that the Sunflower state has more free u's than any other state. The Community Resource Act continuing to provide funding and technical assistance to community education programs throughout the state. Eleven programs were funded in the past year and several others will receive funding this fall. The project "Co-operative County Projects: Meeting the Needs of Rural Citizens", an MLA Title III grant, will take place in Republic and Sedgwick counties this year. The project will develop cooperative structures within these counties and assist citizens in developing community education and aging programs.

Anyone interested in finding out more about these activities is welcome to drop by or call us at 532-5866.
Registration, September 15, 16, 17

For those of you who wish to take one or more of UFM's courses, please consider the following:

There are only reasons as to why we insist you register for our classes, we realize sometimes the lines are long or telephones busy, but the need for registering is essential and would hopefully outweigh the brief inconvenience that occurs now and then.

WHEN YOU DON'T REGISTER:

* You cannot be contacted as to a change of date, location or addition in your class.
* Leaders prepare handouts, cook food, order supplies, etc. for the number of registration cards they receive.
* Classes are scheduled in a room or space which UFM feels will suit the participant best. This is altered sometimes drastically when too many people show up.
* We are accountable to those who finance us. One of the ways is through enrollment figures. Insufficient figures can mean insufficient funds.

WHEN YOU DON'T SHOW UP FOR A CLASS:

* The class convener has committed his or her time and energy. It is wasted if you don't follow through. Please call the leader if something prevents you from coming.
* Food, supplies, handouts, etc. are wasted.
* If the class was limited and interested people were put on a waiting list, they lose out. If the leader knows you cannot come, the next person on the waiting list can be invited to attend.

* Our accountability suffers.

4 Community

4 Manhattan World Travellers

5 Building Non-Diet Attitudes

6 Financial Planning

7 Crafts

8 Beginning Cross Stitch

9 Earth

10 Fine Arts

12 Self

13 Foods

14 The Courses

18 Help Your Neighbor

19 Child Abuse and Neglect

21 Skills and Tours

22 Public Speaking Classes

23 Understanding Your Utility Rates
Manhattan World Travellers: An International Series

Where can you find the color of a lifetime filled jigsaw — the desolation of the desert? Join your friends and explore the world through slides, films, and presentations around the world. Elegant tasting and a social event will follow.

Mondays, 7pm, Manhattan Public Library, Juliette & Rygatz
First Meeting: Sept 22
Length: 6 times

Sept 22: Cuba, Phillip and Candace Allof will present slides from their colorful country and share some experiences of their past visits. The Allof's are touring a lot of Cuba over the Christmas holidays and will provide those interested with information about this meeting.

Sept 29: "India - The Other Side of the World". Glenn Busset will present a view of India compiled from the Busset family's two year experience in India. Religion, agriculture, architecture and other aspects of Indian culture will be discussed. Oct 6: "South America". Visit the giant among nations as Jamie Scheckler, world traveler, offers an inside view of this diverse nation. Jamie has lived and worked in both South America. Oct 13: "South America". Bill Doresest and Dean Denner will present the color of this continent through film and through their personal experiences in the countries of Colombia, Ecuador, Brazil, and the Amazon Region. Oct 20: "Africa". The variety of the African continent will be presented. We will learn first-hand about the people and the cultures of the "Mysterious" continent. Oct 27: Indonesia. Join Donna Davis as she shares her experience in this beautiful, tropical part of the world.

A CONTEMPORARY VIEW OF MEXICO'S REVOLUTION

Elias Garcia 532-6436

One time, Thursday, Oct 1, 7:00-9:00
Location: First Presbyterian Church, 801 Lebanon

This class will discuss Mexican-American philosophies. We will focus on historical and contemporary Mexican-American heroes and their influence on the Chicanoos of the '80s.

Community

For information about Community call Julie Govert Walter at 532-5866

PRESIDENTIAL COMMISSION ON WORLD HUNGER

Susan Angle, Dave Stewart 539-3051

Monday, 11:30am-1pm
First Meeting: Sept 29
Length: 6 times
Location: KSU, Union, Room 209
Limit: 25

This class will be a lunchtime discussion of the findings and recommendations of the Presidential Commission on World Hunger.

Oct 6: “Why Should the US Concern Itself”
Oct 20: “Attacking the Causes”
Oct 27: “Issues to be Dealt With”
Nov 3: “Recommenptions and Conclusions”

(Drafting Committee: Susan is Financial Advisor to the SA and a concerned citizen. Dave has been active in hunger concerns for several years and is the State Coordinator for Bread for the World.)

DRAFT COUNCIL

Dean Denner 776-5889
Mike Glass 539-4278

One time, Sunday, Oct 12, 6:30pm
Location: KSU, Union, Room 212

This class is to begin registration in the spring, and a mandatory draft will be held in the spring. New registration will also be required for those who have not registered in previous years. The registration will be held in the spring.

PRESIDENT OF THE UNITED STATES

Mrs. Priscilla Hoffman 238-0461

One time, Wednesday, Oct 1, 7:30pm
Location: KSU, Union, Room 208

The goal of this class is to get more people involved in corresponding. We will discuss the importance of writing to prisoners as a positive step to help citizens can take to end in rehabilitation. The value of mail to the tenants will also be examined along with the benefits to the community.

Priscilla has been teaching in correctional facilities and corresponding with prisoners for over 32 years.

MARTYR v. AMERICAN ECONOMIC

John Eddle 539-6076

First Meeting: Oct 16
Location: UPM Conference Room
Limit: 15

Fee: $2 - pay at class

We will spend several evenings discussing the current economic crisis in terms that non-economists can understand. We will read a small amount of non-technical literature on the underlying causes of inflation, recession, trade wars, etc. Pamphlets and crowded materials provided.

(Math teaches courses in social philosophy at KSU.)

4 Community

Dubin in America

Dave Stewart 539-3051
Joe de la Torre 776-8653

One time, Wednesday, Oct 15, 7:30pm
Location: Baptist Campus Center, 1801 Anderson Ave

You've heard a lot about the Cuban refugees in the news. This class will discuss concerns related to Cuban refugees resettlement and the problems associated with transition.

(Sue came to America from Cuba in 1961. Sue will report on her recent visit to Force Chaffee's refugee camp.)

Japan: The Fragile Superpower

Linda Delage 539-8576

Thursday, 7pm
First Meeting: Sept 25
Length: 6 times
Location: KSU, Eisenhower Hall, Room 102

This is an introductory class on contemporary Japan which focuses on developing an understanding of the Japanese as they see themselves before the world in cultural, business, and political relationships. Can the personal officer of a Japanese firm site a rate for a co-worker within the corporate family? Do the Japanese really go on "group honeymoon?" Attend the course for answers.

(Linda is a Ph.D. student who lived and worked in Japan for four years; her undergraduate degree is in history with an East Asia area of concentration.)

Beyond Futility: The Hunger Project

Edith Steinkl 776-3624

Section 1: Thursday Oct 2 12:30pm
Section 2: Friday Oct 3 12:30pm

You can participate in ending starvation in our world. John Denver's world "I sing to Live" will trigger discussion of the myths that hold hunger in place.

(Edith has been involved with the Hunger Project for three years.)

For the unbathed, old age is winter; for the learned, it is the season of the harvest.

—Hesiodic Saying

Lawyer Series

Thanks to the cooperation of several local attorneys, UFM is once again able to offer sessions on important legal questions. All classes will be held at 7:30pm in the UFM Conference room. Room size allows for only a limited number of participants so please register for each session you plan to attend.

Oct 1: LAW AND FAMILY RELATIONSHIPS

Kendy Olsen 776-9228

We will discuss family legal questions as adoption, child custody, child support, parental rights and modifications to the divorce decree.

Oct 8 & 15: WOMEN AND THE LAW

METTE SCHROEDER 539-5367
Kathy Lundgren 532-6541

This two-session class will focus on the special legal problems and concerns which women face - and some solutions which are available. Discussion topics include: discrimination in the workplace, women's rights in criminal proceedings, family matters, and what women should know in seeking legal justice.

Oct 22: TAXOWARD TEENAGE RELATIONSHIPS

532-6541

This class will clarify the issues, the responsibilities and the legal implications of the role of both the landlord and the tenant.

Estate Planning

Kent Olsen 537-9134

This class will discuss how individuals can make the complicated Kansas estate laws work for them. Estate planning and distribution of assets, gifts, wills and trusts will be discussed.

DIVORCE

Joe de la Torre 776-4206

The Kansas laws regarding divorce, child custody, support, alimony and the rights of the individuals involved with divorce litigation will be examined.
Building Non-Sexist Attitudes In Our Schools, In Our Community

One time, Monday, October 20, 7:30pm
Location: Robinson Education Center, 2031 Poyntz

This evening seminar will focus on what local schools are doing and what still remains to be done in promoting non-sexist attitudes. A panel discussion with Dr. James Benjamin, Superintendent of Manhattan Public Schools, Julie Slick, Assistant Director of the Midwest Sex Desegregation Assistance Center, and community representatives will open the evening's discussion on non-sexist education. This will be followed by workshop sessions on topics including "Community Relations," "Sex Equity and the Law," "Non-Sexist Teaching Strategies" and other related issues.

THE LIVING-LEARNING SCHOOL OPEN HOUSE

David Hursch
776-7250

One time, Sunday, Sept 28, 2-5pm
Location: 1011 Usage

The Living-Learning Elementary School is an open classroom, individualized to learning. Join the students and staff members of the Living-Learning School for our Open House at the school. Anyone interested in volunteering to share their skills in teaching in Living-Learning's Open classroom should call David Hursch.

GROWING WITH PRE-SCHOOL CHILDREN

Sandy Brighton
537-8815

Thursdays, 9:15-11:15am
Location: First United Methodist Church, 612 Poyntz

Please join us for coffee and conversation at the monthly meeting of Mothers of Pre-School Children. The purpose of this group is to establish closer relationships with our children by discussing their needs and meeting the needs of understanding. A nursery is provided, please call for reservations.

Oct 9 "Art Development in the Pre-School Child"
Nov 13 "Books for Children", "Toys Appropriate for Pre-Schoolers"
Dec 11 "Coffee and Cookie Exchange Get Together"
Jan 8 "Stress Management for Parents and Preschoolers"

CHOOSING A PRE-SCHOOL FOR YOUR CHILD

Robin Webb
539-1415

One time, Wednesday, Oct 1, 7pm
Location: 520 Juliette (backdoor)

We will discuss the things that you as a parent can and should ask from a pre-school. Quality care is hard to find, informed parents can make changes in 100 pre-school options available in the Manhattan area. (Robin is a KSU graduate who has taught for 3 years in a Pre-school.)

OLDER, WISER AND STILL LEARNING

ADULT DAY CARE DISCUSSION

Donna Haynes
Esther Grey

One time, Wednesday, Sept 17, 7pm
Location: Manhattan Public Library, Juliette & Poyntz

This discussion will center around the problems and possibilities of a day care for older adults. We will discuss what is being done in this area across the nation and here in Kansas, and how such a service can be made more widely available.

SING-ALONG WITH FRANK

Frank J. Randburg
537-9564

Wednesday, Oct 1, 7-9pm, Apartment Towers, ongoing

This will be fun! Frank is enthusiastic about leading the sing-a-long. A good voice is not a prerequisite, just bring along your good spirits. (Frank was the Manhattan Recreation Director before retirement and has been singing for 60 years.)

RELAXATION - 40 AND OVER

Pat Embers
468-3627

One time, Wednesday, Sept 24, 7pm
Location: Meadowbrook Hills, Kimball & North Manhattan

We will learn and practice the basics of relaxation. This will include deep breathing, quieting the mind, and totally relaxing the body. We will also discuss how to relax at busy times and busy places. You may relax in class while sitting up if you wish, but lying down is best. If you prefer the latter bring a pillow and blanket.

(Pat is an occupational therapist who has been teaching relaxation for 6 years.)

HOUSING FOR THE ELDERLY

Paul Winfield
539-1626

One time, Wednesday, Oct 1, 7:30pm
Location: KSU, Justin Hall, Rm 269 (limited: 15)

This course considers the incompatibility between older people's needs and lack of environmental support in the context of housing. Suggestions for eliminating this incompatibility are presented and opened for discussion among class members.

(Paul teaches in the environment/aging area, and does research in environmental problems of the elderly.)

STAYING AT HOME - WITH CARE

Nancy Marks
537-0888

One time, Monday, Oct 6, 12:30pm
Location: Douglass Center Annex, 601 Yuma

Health and social services available in Riley County which allow the older citizen to remain in his/her own home. As long as possible, will be discussed, as well as eligibility and methods of payment for these services, and Nancy can supply other communication resources to help improve the quality of life.

(Nancy is the Director of Riley County Health Homemaker Services, Inc.)
INVESTMENT BASICS

Steve Harrison & Sheri Prawl
537-0594
Section 1: Tuesday & Thursday 2:30pm-9:30pm
Section 2: Tuesday & Thursday 7:30am-9:30am
Location: KSU, Eisenhower Hall, Rm 101
Limit: 50 per each section
Back by popular demand, the course covers common sense, conservative investments such as bonds, stocks, mutual funds, tax free and tax-sheltered investments and other investments necessary for prudent planning. Included will be a discussion of possibilities and pitfalls of investing. (Steve and Sheri are registered representatives licensed with a member firm, New York Stock Exchange.)

UNDERSTANDING COMMODITY FUTURES MARKETS

Rex Gore, Thomas Morgan
776-1024
Section 1: Tuesdays 7:30pm 12:30pm & Oct 7 7:30pm
Section 2: Mondays 7:30pm Nov 3 & Nov 10 12:30pm
Location: Eisenhower Hall, Rm 12
This class will introduce the Commodity Futures Market and the factors which affect it. Investment opportunities will be discussed. (Tom and Rex are registered commodity brokers who have researched, taught, and written about the Commodity Futures Market.)

TAKES FOR PEACE RATHER THAN WAR

Dean Demner
776-5509
One time, Monday, Oct 13, 7pm Location: 710 Lee
The average family spends $1,050 annually supporting the U.S. Military (4% of the Federal Income Tax). This represents more than the average family's tax contribution for peace work. Dean will discuss how you can counter this. (Dean, who has taught this class many times before, sends the military portion of his taxes to the World Peace Fund.)

MANHATTAN ORAL HISTORY

Barber Sitites
539-2124
Tuesday, 7pm First Meeting: Oct 7 Length: ongoing Location: Manhattan Public Library Location: Manhattan Public Library Limit: 12 Juliette & Payntz
We will continue where the last class left off by interviewing and tapping the interview. Our target population will be older Manhattan residents. (Blane was the communications instructor for the HARVEST project and has led discussion and reminiscing groups in nursing homes.)

HISTORIC K-STATE:

Richard Wagner
537-8634 or 532-5866
One time, Saturday, Sept 27, 8am Location: KSU, Union, Rm 203 Limit: 25
Just what is so special about the buildings on the K-State campus...Anderson hall, Holton Hall, sicilis gymnasium...Join Richard for a walking tour of America's oldest land-grant university. (Richard is a professor in the College of Architecture and Design.)

GETTING TO KNOW MANHATTAN

Julie & Doug Walter
776-6008
Tuesday, 6pm First Meeting: Sept 23 Location: UPM Firelace Rm Length: Indefinite
If you are new to Manhattan (and even if you aren't) join us as we explore "the little apple". As our first class we'll enjoy our own potluck goodies, get to know each other, and plan future activities. Bring your favorite potluck dish and some table service to the first class. (Doug and Julie have lived in Manhattan long enough to know their way around, but are now enough to understand the "new in town feeling".)

EVERYTHING YOU EVER WANTED TO KNOW ABOUT ZONING

Dan Gillum
539-1011
One time, Thursday, Sept 27, 7pm Location: UPM Firelace Rm
We'll informally discuss the rights of property owners in relation to Manhattan zoning regulations. Topics will include types of zoning districts, structures, parking, signs, home occupations, variances. (Dan is a city planner to the Manhattan Community Development Department.)

PRESS AND PREDIT: A CRITICAL LOOK

Robert Daly
532-5071
One time, Tuesday, Oct 7, 7pm Location: UPM Firelace Rm
Electing a president has grown to be a half billion dollar industry. We will look at the $5M of a presidential campaign. Mapower, Masses, Money, Message, Media. The critical analysts will cover the problems with the media, message, and you, the consumer. (Rob, who teaches a course on The Press and the President for KSU's Journalism Department, cast his first presidential vote for John F. Kennedy.)

CANDIDATES AND ISSUES: THE NEXT PRESIDENT

The following series of one time classes will allow you, the voter, to discuss national issues with those supporting the national candidates.

REPUBLICAN

Tuesday, Oct 21, 7:30pm Location: UPM Firelace Rm
Lena Oleen 537-7718

ANDERSON

Thursday, Oct 23, 7pm Shahna Schultz 537-0323 or 537-7467
Location: Manhattan Public Library Location: Manhattan Public Library

CARTER

Tuesday, Oct 28, 7pm Location: Manhattan Public Library Location: Manhattan Public Library

HINT IS MORE929

Maryln Logan
539-8384
One time, Tuesday, Oct 24, 7:30pm Location: UPM Firelace Rm
We hope all Kansas will vote to amend the state constitution. How will this "internal improvement" (HC6059) amendment, help Kansas? City staff and League members will be on hand to explain the amendment and answer your questions.
Crafts
For information about Crafts
call Julie Coates at 532-5866

UFM Pottery Studio

BEGINNINGS CERAMICS
Section I: John & Janet Holcomb 539-5775
Section II: Kate Nashan 776-0183
Section III: Sue Kinnamon & Gale Prollor 537-9708 537-3110
Section I: Tuesdays, 7pm
First Meeting: Sept 23
Section II: Wednesdays, 7pm
First Meeting: Sept 24
Section III: Mondays, 7pm
First Meeting: Sept 26
Length: 8 times
Location: UFM Pottery Studio
Limit: 8
Fee: $50.00, pay at registration
We will learn sculptural handbuilding and wheel throwing techniques.
After acquiring the basic skills, you will have an opportunity to work on individual projects.
(John has taught previous pottery classes for UFM. Janet is the UFM Pottery Studio Manager, Kate is very active in the UFM Pottery Studio. Sue is a graduate student at KSU and participates in the UFM Pottery Studio classes andSale is a ceramics student at KSU.)

RAZOR POTTERY
Hope McGuire 539-6116
Saturdays, 8am
First Meeting: Sept 27
Length: 6 times
Location: UFM Pottery Studio
Limit: 25
Fee: $15.00, pay at registration
Some previous experience with ceramics is required for this class, as you will be responsible for working without supervision part of the time.
The instructor will meet with you periodically.
(Hope has 4 years experience in ceramics at KSU and enjoys relying her hardbuilt pieces.)

UFM POTTERY STUDIO
Janet Holcomb 539-5775
Saturdays, 12 noon
First Meeting: Sept 20 (organizational)
Length: 8
Location: UFM Pottery Studio
Limit: 12
Fee: $15.00, individual - $25.00, family (parent & child) pay at registration
The UFM Pottery facilities are available for 4 hours per week at $15.00 per semester, which includes some kiln space and 25 lbs clay. Co-op workers are expected to help maintain the studio facilities.

UFM POTTERS GUILD
Irene Levy 539-5319
The UFM Potters Guild usually holds a sale around Christmas at KSU. For more information please sign up and you will be contacted.
(Irene is a professional potter in Manhattan and has organized the Guild.)

CARE, STORAGE AND DISPLAY OF QUILTS
Margaret Ordorico 539-5010
One Time: Thursday, Nov 13, 7-9pm
Location: KSU, Justin Hall, Rm 216
Limit: 20
This class offers information on the causes of deterioration of quilt fabrics and techniques for safely cleaning, repairing and supporting quilts. Methods to correctly store and display quilts will be discussed with emphasis on necessary precautions to avoid strain.
(Margaret teaches textile conservation class directed toward both museum, personal and individual collectors.)

UFM CHRISTMAS CRAFTS SALE
Irene Levy 539-5119
Please sign up - include your address, and you will be sent a registration form with information as to time and area assigned. It will be held around the beginning of December.
(Irene is a professional area potter and has organized the previous UFM crafts sales for UFM.)

CHRISTMAS PANDORA
Kayann Heffley 776-4701
One Time, Thursday, Oct 23, 9:30-11:30am
Location: Potter Hall, Elico Park
Each year Kayann gives a Christmas ideas program. This year her topical will be 'Tis the Season with Popcorn, Christmas Greeting Cards, and Gifts for Children. She will demonstrate techniques and discuss materials.
(Kayann is a County Extension Home Economist for Riley County.)

KNITTING FOR BEGINNERS
Marie Bizdek 776-3888
Tuesdays, 7-9pm
First Meeting: Oct 7
Length: 4 times
Location: II99 Laramie, Apt #8
Limit: 12
Marie will teach you the basic stitches and help you start your own projects from there. (Marie has been knitting for many years and making her own garments.)

NEEDLEPOINT
Molly Goldstein 539-6647
Sign up and you will be contacted
Limit: 2
Do you have a special problem with your needlepoint or need to confer with someone who has some expertise? Perhaps you just need some individual attention in getting started. Molly can help. Molly is willing to work on a one-to-one basis with you. (Molly has done needlepoint for years.)

COUNTED CROSS-STITCH
Kim Schumm 539-3641
Thursdays, 7:30-9:30pm
First Meeting: Oct 6
Length: 8 times
Location: 3229 Windbreak
Limit: 8
Counted cross-stitch is a type of needlework using even weave fabric. Patterns and designs are created by doing a basic cross-stitch within the weave of the fabric. Class will be organized at the first meeting.
This is a great chance to broaden your needlework skills.
(Kim is very adept at many forms of needlework.)

INTRODUCTION TO NEEDLEWORK
Kim Schumm 539-3641
Tuesdays, 7pm
First Meeting: Sept 30
Length: 4-6 times
Location: 3229 Windbreak
Limit: 8-12
This will be an introduction to needlepoint and crewel. The possibilities and depths of this class will depend on the interests of participants.
Kim can instruct in advanced needlework. For beginners, materials will be discussed at the first meeting.
(Kim has worked full-time in a crafts store helping pay her way through college by doing needlework.)
BEGUIING CROCHETING
Laura York
Sign up and you will be contacted
Location: 815 Bluestone
Limit: 10
Fee: Individuals responsible for their own materials
Whether you're finishing a project or wanting advice on a new one, or need to start with the basics, Laura is willing to help you with your crocheting. (Laura has enjoyed teaching this several times in the past.)
KUNDA PRAIRIE QUILTERS' GUILD - FIRST QUILT SHOW
Coni Jo Bates
537-0570
One Time: Saturday, Oct 4, 10am-6pm
Location: Potter's Hall, Cico Park
Fee: $75.00, pay at class
The guild will hold its first quilt show, displaying member's quilted items and quilts. There will be commercial quilting booths from K.C., Topeka, Lawrence, Salina, Riley and Manhattan with guild members demonstrating various techniques throughout the day. A quilt will be the frame if you want to try your hand.
KUNDA PRAIRIE QUILTERS' GUILD
Coni Jo Bates
537-0570
Section I: Monday, Oct 13, 9:30-11:30am
Section II: Monday, Oct 27, 7-9pm
Location: First Baptist Church
2222 Blue Hills Rd
The two-year-old guild meets twice every month with programs ranging from lectures on care and preservation to workshops on trampette, folded star, cathedral window, etc. The October lesson will be on string quilting. If you're a quilter or want to become one call Coni Jo. (Coni Jo is president of the guild this year.)
MAKING DOWN COMFORTERS
Dean Denner
776-5589
One Time: Monday, Nov 10, 7pm
Location: 710 Lee St
Limit: 15
Goose and duck down are two of the best natural insulators. Costs can be cut by making your own down items. Dean will share his experience with you and show you what he has made. (Dean was given some down by his grandfather last fall and made his own comforter.)
RUG BRAIDING
Dean Denner
776-5589
One Time: Monday, Oct 20, 7pm
Location: 710 Lee St
Limit: 15
Rug braiding is an efficient way to use old fabric scraps. Hand braided rugs are not only decorative but are good insulators against cold floors. Dean will discuss and demonstrate rug braiding and then help you get your own rug started. Bring a needle, thread, fabric scraps and scissors with you. (Dean has taught this class before.)
CHAIR CANING
Barbara Poresky
539-2967
Tuesdays, 7:30pm
First Meeting: Sept 23
Length: 6 times
Location: 3016 Clifton Rd
Limit: 10
Do you have a chair that needs a new cane seat? Be innovative and try doing it yourself. Bring the chair to the first meeting and Barbara will get you started. She will specify materials needed and in the following sessions guide you through the steps necessary to repair your chair. (Barbara has taught this class several times before and is willing to share her skills and knowledge once again with those interested.)
WHEAT WEAVING
Anne Emerson
776-0705
One time: Friday, Nov 21, 9:30-12 noon
Location: UM Banquet Room
Limit: 10
This is an old yet recently revived weaving art. Wall decorations, Christmas gifts, or table decorations can be designed using wheat stocks. Bring your own wheat or Anne will bring extra for you to purchase at the class depending on how much you need. (Anne has taught this class before for UMF. She also teaches and works with several other crafts.)
DECOPAINT
Dr. Daniel P. Ehlers
537-0267
Tuesdays, 7pm
First Meeting: Oct 14
Length: Indefinite
Location: UMF Banquet Room (1st meeting only)
Limit: 15
This class will teach you the basics of decoupage - what can be done and how to do it. Come to the first class for a demonstration. Dan will answer questions and start you thinking on ideas of how to preserve favorite photos and other keepsakes. (Dan has taught this class several times and has been doing decoupage on trays for many years.)

8 Crafts

With the ancient wisdom...

FRENCH BRAIDING
Hope McGuire, Denise Ortolf, Anne Atkinson
539-6116
Saturdays, 9am
Location: Sign up and you will be contacted
Limit: 12
Want to learn to French braid your own hair or someone else's hair? French braiding is a very old traditional way of styling hair which has recently become very popular again. If possible, come with a partner, otherwise bring yourself, a comb and brush and a clean head of hair. Sign up and we will contact you and get together. (Hope learned to French braid from her mother.)

GEM STONES
Dr. F. C. Lanning
537-7599
Tuesdays, 7:30pm
First Meeting: Oct 21
Length: 2 times
Location: UMF Fireplaces Room
Limit: 15
At the first meeting Dr. Lanning will discuss gem stones and share some of his work with you. Natural, synthetic, and fake stones will be discussed with an emphasis on such properties as color, hardness, and fire which make a good gem. The second class will take you to Willard Hall, where Dr. Lanning will demonstrate equipment and procedures for cutting stones. (Professor Lanning is a retired chemistry instructor who has shared his knowledge and experience through UMF many times before.

PAINT PAINTING
Neil Schankler
539-5765
One Time, Section I: Tuesday, Nov 11, 7:30pm
One Time, Section II: Thursday, Nov 13, 7:30pm
Location: UMF Kitchen
Limit: 12 each section
Fee: $3.50, pay at registration
We'll discuss color types, waxes, wicks, fields, colors, scents, safety and troubleshooting. Then everyone can make his or her own personalized candles. (We'll start out making small candles on beehives.)

ORIGAMI
Esther Ikeda
776-1328
One time: Wednesday, Oct 29, 7:30pm
Location: UMF Banquet Room
Limit: 10
Origami is the Japanese art of folding colored paper into animals and other objects. It is a very old craft passed down traditionally through younger children to increase their creativity and imagination. Come and learn this beautiful oriental skill for yourself. (Esther is very creative and it is fun to learn from her. She also works with many other crafts.)

SOCK BABIES
Renee Cooley
537-4033
One Time: Saturday, Nov 8, 9:30am
Location: 1200 Lumay
Limit: 10
Sock babies! What are sock babies? They're petite, soft, handmade dolls. Great for Christmas gifts and made small enough to decorate a Christmas tree. Bring your scrap fabrics, lace, buttons, old hose and sewing basket. (Renee has made many of these for friends and for herself, and has a very imaginative and creative way of using materials.)

...and in length of years, understanding.
300 12:12
For information about Earth

call Sue Maes at 532-5866

STATUS REPORT ON MT. ST. HELENS

Charles Walters 532-6724
One time, Monday, Nov 26, 7-9pm
Location: KSU, Thompson Hall, Rm 101
What do geologists say about Mt. St. Helens? Volcanoes have played an important part in the formation and evolution of the earth. Come find out more about this earth-shaking event.
(Charles, a KSU geologist, visited Mt. St. Helens in August.)

THE UNIVERSE

Terry Austrum 532-6816
Wednesday, 7:30pm
Location: KSU, Cardwell Hall, Planetarium
Limit: 30 each time
Sept 24 The Fall sky: An introduction to the fall constellations, celestial objects, legends, and mythology.
Oct 8 Family Night: An introduction to the use of a star chart and maps and planetarium shows so the entire family can have many years of star gazing to come.
Oct 22 Mars: Our neighbor planet. Mars has been the source of wonder and study since we first gazed upward. Mariner 9 and the Viking missions revealed the "new" Mars, a Mars more varied and much more earth-like than anyone suspected. (Terry is director of the KSU Planetarium.)

BASIC ASTRONOMY

Larry Paris 539-2691
One time, Friday, Oct 10, 7pm
Location: 708 Lee St.
Limit: 6
Do all the stars look the same to you? They are not. We will learn about the general structure of the universe and some of the objects making it up. After this, we will do observing of some of our favorite objects. (Astronomy has been a hobby of Larry's for several years.)

A SELF-SUFFICIENT BACKYARD

Randy and Sue Kidd 1-494-2796
One time, Thursday, Oct 17, 7pm
Location: Manhattan Public Library
Juliette & Perry
You don't need ten acres of land to begin to be self-sufficient. It is possible to change your urban backyard into a workable, integrated, food producing system. The Mother Earth Eco Village Model, which combines rabbits, fruit trees, berry patches, gardens, animals, feed crops, chickens, composting toilets, etc., will be discussed. (The Kidd family farm puts into practice the beginning of this model.)

HORSEPACKING, TRAPPING, AND THE WILDERNESS LIFESTYLE

Hondo Bennett 1-238-2806
Tuesdays, 7:30pm
First Meeting: Oct 7
Length: 2-3 times
Location: UPR Banquet Rm
Hondo will relate some of the many skills, like tanning, trapping and cabin building, that it takes to live in rugged mountain areas. At a second meeting, a wilderness campsite will be set up. The instructor is willing to help participants learn wilderness skills on an individual or group basis. (Hondo has lived in the mountains for over 15 years. This winter he plans to permanently settle in the wilds of Montana or Alberta.)

ENVIRONMENTAL ACTIVITIES: NATIONAL TO LOCAL

Pat Dresba 539-4898
One time, Wednesday, Oct 1, 7:30pm
Location: UPR Banquet Rm
Information will be given about many different environmental organizations and their activities on a national, state, and local level. Emphasis will be put on local organizations and how a person can get involved.
(Pat is a former director of the Environmental Awareness Center at KSU.)

BEETLESPINNG

Jim Johnson 532-5890
Mondays, 7:30-10pm
First Meeting: Sept 29
Location: KSU, Waters Hall, Rm 124A
Honey is that wonderful natural sweetener that bees make - but few people know how they do it. The sessions will cover many aspects of hobby beekeeping: from obtaining the bees and needed equipment, to managing the hive for your first and future honey crops.

FISHING, KANSAS STYLE

Jerry Ditchman, Paul Miller, Don Harbour and Ray Tatory 539-1748
One time, Wednesday, Oct 9, 7pm
Location: UPR Banquet Rm
Discussion will center on how to best catch walleye, white bass, crappie, largemouth bass, and channel catfish. Included will be information on fish habitat, lure types, ice fishing, and plenty of successful techniques. (These folks catch more fish than most people try about.)

CARE FOR THE BIRDS

Inez Alsop 532-2629
One time, Monday, Oct 13, 7pm
Location: 1646 Laraine
Limit: 20
Inez will show her many feeders and houses and how to care for songbirds in the fall and winter. She will cover feeding, watering, and sheltering wild birds. (Inez has raised many injured birds and always has loved birds.)

BEGINNING HORSE OWNERSHIP

Little Peck and Dana Dun Mccue 532-6242
Thursday and Friday, 6:30pm
Two times, Sept 25 and 26
Location: You will be contacted
Limit: 5
For children or adults who have never owned a horse, or who have had little experience with one, but hope to someday. This class will focus on the basic necessities of keeping a horse and how to select a horse suitable for your needs. (Little has owned, shown, and trained horses for 17 years. Dun has been a horse for 14 years.)

Hiking Trails in Kansas

Jim Righswenger 537-4763
One time, Tuesday, Sept 23, 7pm
Location: Manhattan Public Library
Juliette & Perry
We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be on trail locations and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and canoe trails will be mentioned. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Assoc.)

THE FLINTHILLS: SOME OBSERVATIONS

Grace Mullinburg and Ada Swifford 530-6906
One time, Thursday, Nov 13, 7pm
Location: Meadowlark Hills Recreation Rm, North Manhattan & Kimball
A slide presentation of Flint Hills scenes, with comments on geology, history, resources, and people. (Grace and Ada are the co-authors of Land of the Post Rock and are writing a book on the Flint Hills.)
FLINT HILLS FALL PAGEANT
Craig Freeman
Section I: Saturday, Oct 4, 9am
Section II: Saturday, Oct 4, 2pm
Location: KSU, Parking lot south of Ackert Hall
Limit: 20 per section
Are you inspired by Mother Nature's fall floral pageantry, and perhaps curious about some of the participants? If so, take a walk on the Konza Prairie with Craig and learn the identity and natural history of some of the Flint Hills' autumn wildflowers. (Craig is a KSU graduate student in botany and has actively participated in compiling the Konza Prairie flora.)

PRAIRIE WILDFLOWERS
Gene Towne
One time: Saturday, Sept 27, 10am, raindate Oct 4
Location: KSU, Parking lot north of Waters Hall
Learn to easily identify wildflowers and obtain tidbit information about each plant by joining in a walk through the Flint Hills. (Gene is a research assistant in Range Management.)

PRAIRIE GRASSES
Gene Towne
One time: Wednesday, Sept 24, 6pm, raindate Sept 25
Location: KSU, Parking lot north of Waters Hall
All grasses are not alike! A tour through the prairie will focus on identifying characteristics and interesting information on grass species common to the Flint Hills.

MUSHROOMS
Elizabeth Moses
One time, Wednesday, Oct 8, 7pm
Location: Manhattan Public Library
Section I: Oct 8, 7pm
Section II: Oct 15, 7pm
Section III: Oct 22, 7pm
Section IV: Oct 29, 7pm
Learn what's good and bad, edible and not, about these fascinating fungi. Enter the world of the Shaggy Mane, the Stinkhorn, and the Destroying Angel. Emphasis will be placed on mushroom varieties in Kansas and neighboring Farmlands. For those advanced beyond the beginners level, Elizabeth welcomes identification questions at her home. (Elizabeth is a self-taught collector who has been identifying mushrooms for Kansas folks for years.)

INDOOR BONSAI
Carl Clayberg and Kent Kimmis
One time, Friday, Oct 3, 1-10pm
Location: URM Banquet Rm
Limit: 50
The ancient oriental art of growing shaped trees in pots does not take years to accomplish. If you would like to learn how it is done, particularly with houseplants, come and find out about techniques, sources of materials, and literature. (Carl and Kent teach courses at KSU in the Horticulture Department on houseplants and flower arrangement, respectively.)

SANTPHOBA: AFRICAN VIOLETS
Mary Lou Durham
One time, Monday, Sept 29, 7pm
Location: URM Conference Rm
Limit: 15
This class will touch on the basics of African Violet propagation, display, and care. Artificial lighting ideas will be shared also. Be prepared to present problems you have had with growing violets in order that we may discuss them. (Mary Lou is past president and presently secretary of the local chapter of the American African Violet Society.)

WASTEWATER UTILIZATION
Harvey Lerman
One time, Wednesday, Sept 24, 7pm
Location: Park Shp, City Park
Limit: 30
The City of Manhattan Forestry Division is now processing most of its wastewater into firewood and woodchips. Our wood is derived from pruning and tree removal operations on city right-of-ways and parks. The utilization of wastewater as a natural resource will be discussed, as well as the potential usage for municipal wastewater by-products. (As Forestry Supervisor, Harvey views wastewater utilization as a desirable alternative to the ultimate waste of the city's natural resources.)

WOODLOTS: FINDING THEM AND WORKING OUT CUTTING/SHARING AGREEMENTS
Jim Converse
One time, Thursday, Oct 9, 7:30pm
Location: URM Conference Rm
Fee: $2 handbook, pay at class
Some farmers and rural landowners would, if contacted, be glad to have dead wood removed at no cost. Others want a share in the harvest. The class will cover locating wood, arranging for sharing agreements, and ongoing maintenance plans. A woodcutting tool inventory and rent/share arrangements will also be discussed. (Jim builds woodburning stove fires.)

POTTPOURRI AND SACCHAR
Dale Anderson
Wednesdays, 7pm, one time each section
Location: KSU, Section I: Oct 15
Section II: Oct 22
Learn how to make potpourri using your choice of herbs and flowers. Dale will demonstrate the art and the essential oils and properties will be explained.

FIREWOOD PROCESSING
Len Gould, Fred Atchison, Ray Aslin
One time, Tuesday, Sept 30, 6pm
Location: Forestry Building
0610 Cliffside Rd
A field trip will be taken to discuss and demonstrate processing firewood, BTU ratings, timber management, timberstand improvement and chainsaw safety. Wear field clothes. A packet of publications will be handed out.

CHILDREN'S FALL GARDENING
Dick Newton
Saturday, Sept 24, 10am-12 noon
First Meeting: Sept 13 until frost
Location: Community Gardens
9th & Riley Lane
Late fall gardening experiences for children (4-12 years), harvesting, building, etc. A wall geodesic dome greenhouse will be constructed. The raised bed garden program with senior citizens will be jointly held with the children's class.

(Dick is a professor of Horticulture at KSU.)
FALL - WHAT TO DO IN YOUR BACKYARD
Jim Lindquist
One time, Tuesday, Sept 27, 7pm
Location: Civic Park, Pottorf Hall
Jim will tell you how to take care of your shrubs and lawn. Included will be planting, fertilizing, weed control and over-seeding.
(Jim is director of the Riley County Extension Office.)
HOME FLOWER GARDENING AND LAWN CARE
Tim Eberle
One time, Tuesday, Sept 27, 6:30-9:30pm
Location: 500 Benson Ave
Limit: 20
Learn basic tips to beautify your home through effective flower gardening. Gain insight on how to improve soil condition, grow flowers from seed and save money on expensive and maintaining flower beds, planting arrangements and summer time care. Lawns care discussion will center on how to fertilize, seed, water and control weeds. (Tim has done home gardening for a number of years and has received Manhattan's Yard-of-the-Week Award twice.)
HOME AQUA/CULTURE/HYDROPONICS
Bob Kirk
One time, Sunday, Oct 5, 2pm
Location: 1410 Eunice
Past-growing Tillapia hybrids and other fish can grow in your basement or backyard. These systems range from artistic, cheap, and biologically complex to easy, not-so-cheap, and mechanically complex. We will also introduce the floating lettuce island. Extra Tillapia will be available, leaving successfully raised these fish in his backyard, Bob is convinced they'll be even easier to keep.
HARVEST AND STORAGE OF VEGETABLES
Chuck Marr
One time, Monday, Oct 1, 7pm
Location: Manhattan Public Library
Juliette & Poynitz
Would you like to have fresh tomatoes for Thanksgiving dinner, squash for Easter, and potatoes, onions and other vegetables all winter long? Home storage, outdoor storage, and tips for handling vegetables will be discussed.
(David has helped with the Arts for the Handicapped group for four summers.)
David Keybert
One time, Sunday, Oct 5, 5pm
Location: 8315 S. Wameye
A farm fun-packed day is planned for handicapped individuals in the area. Activities will include tours of the animals, games and refreshments. You will be contacted for transportation.
(David has helped with the Arts for the Handicapped group for four summers.)

VISITORS’ DAY AT THE LAND INSTITUTE
Sunday, Oct 10, 1:30-5pm (registration at 1:30pm)
Location: NE 12th, Salina (maps provided)
The Land Institute is a place where students receive college credit for participating in alternative projects with windmills, solar collectors, earth houses, and composting toilets. After an introduction to the tour, interested students will have a chance to visit in small groups to discuss particular problems in the tour. Each fall, the Land Institute schedules a Visitors' Day, not as an open house for guests to wander around, but as a substantive program with challenging intellectual involvement for visitors.

For information about Fine Arts call Rosemary Dukelow at 532-5866.

COUNTRY WESTERN SWING DANCE
Pat Dresen & Sue Rieger
(Sections 1 & 11)
Den Bogard
(Section II)
Margie Hackett
(Section VI)
Toni Hadden
(Section V)
Location: Cowboy Palace, 209 Points
Country Western Swing Dance will start with a partner, then build on partner and lead techniques and will be demonstrated.
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BIOCHEMICAL-PHYSICAL SCIENCE
Sue Nye
Section I: Sunday, Sept 29, 2:10-3pm
Section II: Sunday, Oct 6, 2:10-3pm
Section III: Sunday, Oct 13, 2:10-3pm
Time: One time, each session
Location: UPN Conference Room
Learn how to handle the tipped brushes to write the eight basic strokes in calligraphy. Apply the skills on painting bamboo, wild orchid and chrysanthemum. Emiery the tranquil move of your, your brushes, the paper and the ink. (Sue has taught painting before.)

JAVANA JIVE
David Rameser
Sign up and you will be contacted
Java Jive is UPN's coffeehouse. This fall we will meet more regularly to program more variety. We welcome your suggestions and input on new directions we can take.

Earth, Fine Arts

LANDSCAPING FOR ENERGY CONSERVATION
Darrell Westervelt
One time, Tuesday, Oct 21, 7pm
Location: Manhattan Public Library
Juliette & Poynitz
This lecture and slide presentation will illustrate the selection and placement of trees, shrubs, evergreens and modification of land forms to conserve energy needed to heat and cool the home. (Darrell has 25 years experience in landscaping.)

HARVESTING, CLEANSING AND STORAGE OF SEED
Bob Dayton
One time, Thursday, Nov 6, 7:30pm
Location: Soil Conservation Service Plant Materials Center
The course will be largely directed toward harvest, cleaning and storage of native plant materials, both prairie wild flowers and grasses. Various types of seed cleaning techniques and machines will be demonstrated.

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earth, Fine Arts
UFM Photography Classes

BEGINNING DARKROOM
Dan Ray, Mark Stallings
Thursdays, 7-10pm
First Meeting: Oct 2
Length: 5 times
Location: Manhattan Camera Shop, 228 Poymtiz
Limit: 10
Fee: $5, pay at registration
Learn all you need to cut up a darkroom for black and white prints.
(Dan has taught this class for UFM before.)

BEGINNING DARKROOM
Thad Neto
776-7100
Mon, Tuesdays, 7-9pm
First Meeting: Sept 29
Length: 5 times
Location: UFM Darkroom
Limit: 7
Fee: $50, pay at registration
This class will teach you the basics of developing your own black and white film and printing your own picture. Fee includes chemicals, paper, and Darkroom Coop membership. Class members should bring a roll of exposed 35mm film to the first class for developing.
(Thad is a professional photographer who works with a local photography store.)

THE ART OF DYNAMIC PHOTOGRAPHY
Pat Kilough
776-6584
One time, Wednesday, Sept 24, 7-3pm
Location: KSU, Union, Rm 208
Fee: $75, enrollments - $10, new members, pay at registration
Photography, your photography, can become dynamic "art," not just snapshots. We'll tell you how a photo becomes dynamic, how photography can become an art form, and some other photographic forms. If there is enough interest beyond the initial meeting, we may have additional meetings and try out some of the concepts.
(Pat is a former professional freelance photographer in the Washington, D.C. area. He presently teaches business law for KSU and is attorney and business manager for Lee Kilough, the Novelist.)

DARKROOM COOPERATIVE
Doug Nelson
532-5866
One time, Sunday, Sept 21, 2pm (organized)
Location: UFM Firepace Rm
Limit: 25
Fee: $15, renewals - $10, new members, pay at registration
The UFM Darkroom is available on a cooperative membership basis to anyone needing access to a well-equipped facility. Equipment is capable of handling up to 11 x 14 prints and 8 x 10 negatives as well as 35mm. Fee includes use of the darkroom on a space-available basis and all chemicals for black and white film and print processing.
(Doug established the UFM darkroom and coordinates the co-op.)

COLOR SLIDE PROCESSING
Thad Neto
776-7100
One time, Monday, Oct 13, 7pm
Location: Les Cap, 1346 Westwood
Limit: 8
Fee: $25, pay at registration
Developing your own color slides may be easier than you think. This class will demonstrate how to develop and mount color slide film. We'll also discuss how to make prints from color slides as well as general information on color processing. Class participants should bring an exposed roll of 35mm Ektachrome E-6 color slide film.

DEVELOPING COLOR SLIDES - IT'S QUITE A PROCESS
Mark Stallings
539-9314
776-6434
One time, Wednesday, Oct 1, 7-9pm
Location: Manhattan Camera Shop, 228 Poymtiz
Limit: 10
Fee: $25, pay at registration
Bring a roll of Ektachrome slide film to this class, and I'll show you how easy it is to process it yourself. It will be a fun evening, and you'll leave with a lot of new ideas.
(Mark owns and operates a camera shop in Manhattan.)

TALKING SLIDES
Ernie Peck and Dan Ray
537-9883-776-5049
One time, Tuesday, Oct 20, 7-9:30pm
Location: Manhattan Camera Shop, 228 Poymtiz
Limit: 10
Fee: $10, pay at registration
Learn how to make title slides and word slides for your own presentations. Color slides from black and white film in less than one hour.
(Dan has great success in this class last semester.)

12 Fine Arts
BEGINNING GUITAR
Tim Verschelden 776-3882

Wednesdays, 7:30pm
First Meeting: Sept 24
Length: 8 times
Location: KSU, Eisenhower Hall, Rm 21
Limit: 20

We’ll be going over some basic music theory that is helpful in learning to play, and gaining some understanding of the guitar. We’ll also learn some guitar chords, strumming styles, picking styles, and anything else in which the class expresses an interest.

(Mike has been playing guitar about eight years, and performs professionally occasionally.)

MOUNTAIN DULCIMER CONSTRUCTION
Linda Teemer & Jim Johnson 537-0508

One Time: Wednesday, Oct 15, 7:30pm
Location: 900 Judson
Limit: 10

Building your own mountain dulcimer is fun, relatively easy and intimately involves you with your instrument. This class will explain the pleasures and problems of building your own mountain dulcimer. We’ll discuss construction steps and things to watch out for as you build. We’ll also cover various kits available as well as resources for building from scratch.

(Linda and Jim both built their own mountain dulcimers and think building is almost as much fun as playing.)

BEGINNING RECORDER CLASS
Vicki Shult 776-9911

Mondays, 7pm
First Meeting: Sept 22
Length: 10 times
Location: Westmen A2 - Appletville
Limit: 10
Fee: $5, pay at class for music book

Basic knowledge of music reading is assumed. Students who do not read music will need to work harder to keep up. Class time emphasis will be on developing intonation and making music as an ensemble. Bring recorder and music stand.

(Vicki has studied recorder and historical instruments at the university of Florida’s early music program.)

RECORDE ENSEMBLE
Vicki Shult 776-9911

Mondays, 8:15am
First Meeting: Sept 22
Length: 10 times
Location: Westmen A2 - Appletville
Limit: 10
Fee: $5, pay at class

Class will assume a basic knowledge of music reading and an octave and a half of fingerings. Music selected will depend on individual and group abilities and will include use of small percussion and other instruments. Bring recorder(s) and music stand. Object: music making and ideas of how to form your own playing group.

THE HARP - AN INTRODUCTION
Florence Schwab 539-8029

One Time: Sunday, Sept 28, 4:30pm
Location: 413 Research Dr
Come, see, and hear our little Gothic harp, our Troubadour harp, and our large concert harp. You will have a chance to try each one and to obtain information on them. We will demonstrate the proper technique of playing and basic ideas of performance.

(Florence teaches harp part-time at KSU and performs professionally. She is accomplished on three kinds of harps.)

BEGINNING & INTERMEDIATE BANJO
David Verschelden 537-0148

Tuesdays, Beginning Banjo, 7:30pm; Intermediate Banjo, 9pm
First Meeting: Sept 23
Length: Indefinite
Location: 730 Madland, Basement Apt.
Limit: 8 per class

We’ll cover fundamentals of three finger style, bluegrass banjo and then progress to assistance with songs. We’ll learn banjo music, or tablature, too. Other styles of playing are welcome. (Dave has been playing banjo for 8 years.)

CLASSICAL JAM
Lou Berge 539-1090

Wednesdays, 7pm
First Meeting: Sept 24
Length: Indefinite
Location: 611 Lamarie

Classical musicians who want to find partners for ensemble playing should come to the first meeting. We’ll split up into small groups - duets, trios, quartets, etc - according to personal preference. Bring any ensemble music you have.

(Lou has studied classical violin for years and loves to play with others for fun.)

MUSICAL INSTRUMENT MAINTENANCE
Chris Remer 776-6562

Two Times: Saturday, Oct 11, 10am-12 noon
Location: 514 N. Juliette
Chris will demonstrate general preventive maintenance for your musical instrument. He will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and pecularities of each instrument. Please indicate on your registration card what musical instrument you need to maintain.

(Chris has been an instrument repairman for seven years and repairs all University Instruments.)

MUSIC FOR FUN
Ken Garwick 539-2819

Tuesdays, 8pm
First Meeting: Sept 23
Length: 8 times
Location: KSU, Eisenhower Hall, Rm 22

Behold! The Wizards of Oz will teach you the wonders of magic, including basic tricks, information and closeups with cards and coins. This class will be taught by different members of Manhattan's own magic group, the Wizards of Oz. Bring your quarters or half dollars, a deck of cards, and a handkerchief. Be prepared to be surprised. (Ken has performed around Manhattan and Ft. Riley. He has been interested in magic for 9 years and is president of Wizards of Oz.)

MAKE ME
Steve Parrett 776-3100

Thursdays, 7pm
First Meeting: Oct 16
Length: 4 times
Location: UMF Banquet Room
Limit: 20

Even so-called uncoordinated folks find juggling unbelievably easy to learn. Beginners and experts are welcome. We can exchange juggling routines and we can also build props like clubs, hoops, and bags. (Steve has been juggling for many years.)

UNDERSTANDING CINEMA
Dave Kamerer and Ron Hoffman

Sundays, 1pm
First Meeting: Sept 28
Length: ongoing
Location: UMF Fireplace Room
Fee: pay for admission

We’ll attend movies coming to Manhattan that have artistic value, and talk about the elements that help them function as works of art. (Dave has studied film at university of Southern Illinois and Ron has been interested in film for years.)

Even at my age of 85, I continue to learn every day. I wish that while still possessing the knowledge and wisdom acquired during these many years (which seem so few to me now), I might be a young physician again, hoping to enjoy life even more than I have enjoyed my present life now drawing to a close.

Paul Dudley White
The New York Times, October 10, 1971

Fine Arts 13
International Foods

SANDWICHES AROUND THE WORLD

Emily Thomas

First Meeting: Sept 25
Location: UPM Kitchen
Limit: 10
Fee: $3.00, pay at registration

How do people in other countries handle their Big Mac attacks? With sushi, falafel, blintzes, pasties, samosas, and tacos. Learn how to make a sampling of sandwich-type foods all over the world. Lots of good eating.

(ALMENITOS DE MEXICO: POLO Y LENGUMBRES)

Cecelia y Sabino Martinez

One time, Monday, Sept 22, 6pm
Location: UPM Kitchen
Limit: 15
Fee: $3.00, pay at registration

Mexican cooking at its best combines a wonderful variety of vegetables with economical poultry. We will create such traditional Mexican favorites as callos de res (chicken soup), tortillas de metz pollo (chicken) with zanahorias y chicharos (carrots and peas), aguaclaves (avocados), jidees (green beans) - all prepared with traditional Mexican flair.

(Cecelia and Sabino love to cook and enjoy leading this popular UPM class.)

INTERNATIONAL COOKING

Lois Morales

Wednesdays
First Meeting: Sign up and you’ll be contacted
Length: Every other week, indefinitely

Are you interested in learning to cook foreign foods the authentic way? With the help of members of the International Community of Manhattan, we will learn how to make exotic dishes as they are prepared in many countries. The cost of each meal ranges from $1.50 - $4.00. Each member of the class will take responsibility for organizing and hosting a session. (Lots of coordinated this class for years.)

Food

Food For information about Food call Julie Govert Walter at 532-5866

BASICS OF BREAD

Martha Cornell

Section I: Tuesday, Sept 23, 7pm
Section II: Wednesday, Sept 24, 7pm
Location: 3100 Heritage Ct #53
Limit: 6
Fee: $1.50, pay at registration

Remember how homemade bread smells baking? Come and learn the steps in making perfect yeast breads. Special emphasis will be placed on using whole wheat flour.

(Section is a registered dietitian and a 4-H Breads project leader.)

ADVANCED HOME BREADMAKING

Pat Brede

Saturdays, 7am-12 noon
First Meeting: Oct 11
Location: American Institute of Baking
Limit: 6
Fee: $2, pay at registration

This course will teach techniques useful to the home breadmaker. Some information will be given about commercial bread production methods.

(Pat is a graduate of the KSU Dept. of Grain Science and an employee of the American Institute of Baking.)

QUICHE

Janet Kashin/Lori Bergen

Tuesdays, 7pm
Length: 2 times, Nov 4 and Nov 11
Location: 611 Laramee
Limit: 12
Fee: $4.00, pay at registration

We will be going over the history of quiche and the different variations that can be prepared. The last session will be a quiche party.

(Quiche is one of Janet and Lori’s favorite specialties.)

14 Foods
BIG IDEAS IN NUTRITION
Kayann Helmy
Mondays, 1:30-2pm
First Meeting: Oct 6
Length: 4 Times
Location: Extension Offices, Meeting Room, 105 N 5th
Limit: 15
Fee: $1, pay at registration
You can learn to plan nutritious and economical meals based on the Four
Food Groups. A workbook and reference book will be provided for each
participant.
(Kayann is Riley County Extension's Home Economist.)

DEALING WITH SUGAR-FREE DIETS
Avis Taylor
One time, Monday, Oct 6, 7pm
Location: Carlson Plaza, 425 Pierre
A sugar-free diet means you can still have dessert - and eat it too.
This class will focus on how to live with a low-sugar or sugar-free
diet. We will learn tricks for adjusting favorite recipes to meet
dieting requirements and discuss ways of keeping that "left out feeling"
out of your life.
(Avis has worked with food all her life and is a former Extension Home
Economist.)

SPROUTS
Kate Cashman
One time, Tuesday, Sept 30, 7:30pm
Location: 1421 Colorado (People's Grocery)
Limit: 20
Fee: 50c, pay at class
Sprouts are nutritious and nutritious, and a real food bargain. We'll
talk about what to sprout, how to sprout and share recipes.
(Kate has been eating healthy foods for several years and as a result of
sprouting has sworn off iceberg lettuce.)

WINE AND CHEESE ENJOYMENT
Frank Gilbert, 539-0445
David Kaner, 774-7087
Fridays, 7:30pm
First Meeting: Sept 26
Length: 3 Times
Location: 1421 Humboldt
Limit: 15
Fee: $15, pay at registration
If you would like to enhance your enjoyment of wine and cheese, this
course comes highly recommended. We will sample a wide variety of
wines and learn how to select wines to complement every situation.
When there's cheese, we'll enjoy a host of different cheeses, both
imported and domestic. This class will emphasize personal enjoyment
and value. Please bring your favorite wine glass.
(David refined his appreciation of cheese while living in France. Frank
has been teaching wine classes for several years.)

BASIC CAKE DECORATING
Ken Eckendorf
Section I: Tuesdays and Wednesdays, Sept 29-Oct 15, 7-9pm
Section II: Mondays, Oct 17-Nov 28, 7-9pm
Organizational Meeting: Sept 24, 7pm, both sections
Length: 6 Times
Location: UFM Kitchen
Limit: 10
Fee: $10, pay at registration
Learn the basic form of cake decorating, including borders, flowers and
first designs, lettering and some simple piping. Cake icing and
some hors d'oeuvres decoration will be covered.
(Ken is an accomplished decorator, with experience in wedding cake,
and specialty designs. He was Pennsylvania's youngest certified decorator
at age 13.)

UNCORKED PARTY
Linda Teemer
One Time, Wednesday, Oct 22, 7:30pm
Location: UFM Banquet Room
Fee: $2, pay at registration
Titilliate your tastebuds and join us in exploring party drinks that taste
tastefully great, but offer an alternative to drinks containing alcohol.
We'll sample drinks using juices and carbonated beverages in various
combinations. We'll also have some ideas to try. Come thirsty and hungry!
(Linda has taught this class several times and is always looking for new
recipes to sample and share.)

CONSCIOUS EATING
Linda Gottlow
Wednesdays, 7:30pm
First Meeting: Oct 29
Length: 4 Times
Location: UFM Kitchen
Limit: 15
We will discuss vegetarian cooking, simple food combining and try out
new recipes. We will also take a tour of People's Grocery and the local
health stores. We'll discuss our eating habits and become more aware of
what we eat and why.
(Linda has been learning about natural foods for 5 years and has taught
similar classes through Olsburg's OCEO program.)

COOKING FOR ONE OR TWO
Lori Bergem, Janet Washburn
One Time, Monday, Oct 6, 7pm
Location: 1011 Laramie
Limit: 12
Most foods are packaged for large families; singles and couples end up
with useless leftovers. We'll talk about ways to buy and store food in
small quantities. We'll also discuss ways to combine and prepare interesting
delicious recipes. If you have favorite recipes bring them along to exchange.
(Janet and Lori have been experimenting with small quantity cooking for
four years.)

MEAL PLANNING ON A BUDGET
Emily Thomas
Tuesdays, 7pm
First Meeting: Sept 30
Length: 5 Times
Location: UFM Kitchen
Limit: 15
Fee: $2.50, pay at registration
During this class we will discuss some basic guidelines for planning
meals that are both inexpensive and nutritious.

COUPONS AND REFUNDS
Warren Patterson
One Time, Monday, Oct 20, 7pm
Location: UFM Banquet Room
Fee: $2.50, pay at registration
With the use of coupons, the expense of groceries can be reduced. Re-
funding is an easy way to extend limited resources. Many refounders have
found that they are saving 50% of the amount they spend at the grocery
store.
(Warren is a refunder who enjoys telling others how they can save money
on their grocery bills.)

A HEALTHY ALTERNATIVE TO HIGH-PRICED FOOD
Kate Cashman
One Time, Thursday, Sept 25, 7:30pm
Location: All Colorado (People's Grocery)
If you shop for "health foods," and aren't acquainted with People's
Grocery, you may be missing substantial savings. As a cooperative, our
business differs in many ways. We'll talk about how the store operates,
do some product and price comparisons, and explore benefits of eating
whole foods.
(Kate is the manager of People's Grocery, and consumes substantial
amounts of whole foods.)

ENTERTAINING ON A BUDGET
Cheryl Smith Strange
Thursdays, 7pm
First Meeting: Nov 20
Length: 2 Times
Location: 2411 Brittwood Dr
Limit: 10
Fee: $1, pay at registration
This class will offer tips on entertaining when money is short. At the
first meeting we'll prepare great recipes for hors d'oeuvres party.
Then we'll make plans for a second low-budget gathering. We'll share
expenses for this. Ideas for holiday season entertaining will be part of
this class.
(Cheryl enjoys experimenting with food and inflation hasn't stopped her
from entertaining in her home.)

Foods 15
BEGINNING TENNIS
Members of the KSU Varsity Tennis Team
Sundays, 8:10am
First Meeting: Sept 28
Location: KSU, Weshorn Complex
Length: 8 times
Fee: $1 - pay at registration
We will learn forehands, backhands, serves, and court tactics. Bring a can of rared balls and a racquet.
(These folks know their stuff.)

ARCHERY
Gail Frhn
Thursday, 7:30pm
Location: UFM Banquet Rm
Fee: $1 - pay at registration
An archery movie will be shown and archery basics covered. The next meeting is out in the field to learn shooting techniques.
(Gail has been active in archery for several years.)

PLAY A-PARTNER TENNIS/PACQUETBALL/INDOOR GAMES
Neil Schanker
Thursday, Oct 2, 6pm, UFM Fireplace Rm
This is an opportunity for you to get some challenging experience and to meet new faces. At registration, indicate your skill level, days and times available, and UFM will compile a list for you. (Neil coordinated this class last summer.)

For information about Play call Neil Schanker at 532-5866

BEGINNING FENCING
Bob Deonse
Monday, 7pm
First Meeting: Sept 22
Location: Douglas Community Center Annex, 901 Yuma
Length: Continuing
Fencing is a vigorous and challenging sport that can be enjoyed for a lifetime. Some physical conditioning will be involved in learning the basics of fencing. (Bob enjoys the art of fencing.)

VOLLEYBALL FOR FUN
Lois Vreule
Section I: Wednesday
Sept 28 6:30pm-8:30pm
Location: Douglas Community Center, 901 Yuma
Fee: $1 - pay at registration
Low-key competition is a fine way to get some exercise while having a great time. (Lois has played UFM volleyball for years.)

GOLF FOR BEGINNERS (I) AND ADVANCED (II)
Buzz Murd
Section I: Wednesday
Oct 2 and Oct 9 5:30pm-6:30pm
Location: Stage Hill Golf Course
Limit: 10 each section
Fee: $1 - Section II - $3, pay at class
Buzz will help you with your grip, stance, swing, and club selection, and will give advice on stroke saving. Bring equipment if you have it. (Buzz has taught golf for over eight years.)

MOON BASKETBALL
Larry Nicholson
Monday, Tuesdays, Thursdays, 12noon-2pm
Location: Douglas Community Center, 900 Yuma
If you're out of shape or want to keep fit, and have a good time, this class is for you. For slightly competitive basketball, all ages are welcome. (Larry enjoys a leisurely game of basketball.)

Rollen Sitting
Everett L. Stillley
Sundays, 1-2pm
First Meeting: Oct 5
Location: UFM Fireplace Rm
Length: 4 times
Fee: $4 - pay at class
Techniques to be taught, depending on your skill level, include body position, jooper skating, slides, Jumps and racing.
(Everett has been a skating pro for over 30 years.)

OUTING CLUB
Bob Deonse
1st & 3rd Wednesday of each month, 7:30pm
First Meeting: Oct 1
Location: UFM Fireplace Rm
This fall we will go camping, backpacking, canoeing, sky diving, spelunking, bike touring, ice skating, repelling, rock-climbing, and skiing. (Bob is in his 4th year of fun in the Outing Club.)

INTRODUCTION TO SAILING
Gordon H. Pfeiffer
One time, Saturday, Sept 27, 10am
Location: UFM Banquet Rm
Limit: 25
This class will cover the basics of sailing through discussion of theory with diagrams and slides. An annotated bibliography of materials available in the Manhattan Public Library and what Manhattan has to offer for rental boats, lessons and launching facilities will be examined. (Gordon has been sailing for 20 years, and racing for 10, both on the Atlantic Ocean and on the Chesapeake Bay.)

CAPTURE THE FLAG
Jim Eyestone
One time, Saturday, Oct 4, 5:30pm
Location: UFM Parking Lot
Capture the Flag is an outdoor running game played at day and night. Each team defends a large territory while attempting to sneak through the opponent's lines and steal its flag. (Jim has organized and played many games of Capture the Flag.)

FAMILY CANOEING
Bob Povesky
Tuesdays, 7:30pm
First Meeting: Sept 23
Location: 3016 Claffin Rd
Length: Continuing
We will learn about canoeing by going canoeing on nearby Flatwater lakes and/or stream. Let's hope the weather cooperates. The first meeting is for orientation and planning Sunday afternoon trips. Participants provide their own equipment. (Bob has led this before and wants to get out to see the fall colors.)

WINDSURFING DEMONSTRATION
Kurtis Robinson
Saturday, Sept 24
First Meeting: Sept 24
Location: UFM Parking Lot
Kurt will provide a demonstration of techniques of windsurfing at the lake. Also, film may be shown on windsurfing in Hawaii or Mexico before going to the lake. (Kurt has been windsurfing since 1974 when he learned the sport in Florida.)

Bicycle Series

INTRODUCTION TO BICYCLE TOURING
Phil Ray
Saturday, 1pm
First Meeting: Sept 27
Location: UFM House
For beginners and experienced riders, we will organize a series of tours to teach efficient and safe cycling. We'll demonstrate maintenance, touring equipment, and take an overnight trip. Bring your bike to the first meeting. (Phil is a member of the Bluemont Bicycle Club and is an active cyclist.)

RICK SUMMERILL
BICYCLING FOR TEENS
Monday, 5:30pm
First Meeting: Sept 23
Location: UFM House
Length: 3 times
Anxiously to trade your bicycle for a car? Don't - the bicycle is one of the most efficient machines ever built. All aspects of bicycling will be covered in this class, including maintenance, touring, racing, and just plain ol' casual riding. The three class meetings will lead up to the annual Bluemont Bicycle Club Octoberfest Criterium. No fancy bikes required and no strict age limitation. If you are a teen, over forty, or under ten, join us, and bring your bicycle. (Rick is currently president of the Bluemont Bicycle Club.)

RICK SUMMERILL
BICYCLE TO BREAKFAST
Saturday, 7:30am
First Meeting: Sept 27
Location: UFM House
Join the Bluemont Bicycle Club for several of their weekly breakfast rides. We ride easy for an hour or so and then eat breakfast at a restaurant determined by the ride leader for that week (or by general acclamation if the ride leader is overthrown). The riding is meant to be very casual in nature and for participation by the entire family.

16 Play
**BICYCLE TRAINING**

Rick Summerring

Wednesdays, 6:30pm
First Meeting: Sept 24
Location: UPM House

Join the Bluementt Bicycle Club on some of their training rides through the Fitch Hills of Kansas. Distances will vary from day to day, but will be somewhere between 25 and 100 miles. In order to participate, you should be able to ride such distances at speeds from 18 to 25 mph.

**SEE SMALL TOWN KANSAS BY BIKE**

Jim Converse

Saturdays, 2pm
First Meeting: Sept 27
Location: NW corner 3rd & Humboldt
Fee: $1 - pay at class

We will haul bikes out into the country to ride between outlying small towns. Overnights or picnics can be added later.

(Jim has been scarred off most of the access roads out of Manhattan.)

**AEREOC DANCING DEMONSTRATION**

Candace Althoff & Emili Foerster

One time, Monday, Nov 10, 7:30pm
Location: KSU, Newmark Fieldhouse, RM 301
Limit: 40

Aerobic dancing, designed to keep you fit and having fun, combines the health benefits of jogging and dancing. Bring your tennis shoes and come ready to dance.

(Candace and Emili are both certified Aerobic Dancing instructors in Manhattan.)

**AEROEOC EXERCISE**

Kathy Higgins

Section I: Monday & Wednesday 6:30pm
Section II: Tuesday 6:30pm
Location: T05 Blumont
Limit: 20 each section

Dig out the old tennis shoes and get in shape with Kathy. Participants are welcome to share their favorite exercises.

(Kathy wants to get in shape and meet some folks.)

**BACKGAMMON**

Mark Wagner & Mike Wilson

One time, Tuesday, Sept 22, 7pm
Location: UPM Banquet Rm

Backgammon is a very simple game of skill that has really caught on recently. After a general overview of the rules and some standard moves, we will play some games. That's the best way to learn. If you have a backgammon set, please bring it.

(Mark and Mike have played thousands of games of Backgammon.)

**TABLETOP GAMES AND LOW KEY LEGEREOM**

Glenn M. Busset

One time, Tuesday, Sept 30, 7-9pm
Location: UPM Banquet Rm
Limit: 20
Fee: 25c - pay at class

This class consists of puzzles, some sleight of hand and games that require very little preparation of equipment such as a pencil, handkerchief or single sheet of paper. These are a collection of parlour games, the way people used to entertain themselves and their families before we had electronic age. (Glenn learned many of these games as a Coffey County 4-H member, from leaders across Kansas, and a few while working in other social systems.)

**CANDIDATE: PRESIDENTIAL ELECTION GAME**

Mark Shaw

Wednesdays, 7pm
First Meeting: Sept 24
Location: UPM Fireprice Rm

Be a presidential candidate this fall. Blaze your own campaign trail by gathering contributions, campaigning, fundraising, spending money on advertising, running for office, and getting elected. (Mark is the inventor and designer of Candidate.)

**GAMES TO TEACH CHILDREN**

David Hursch

One time, Saturday, Oct 11, 1-4pm
Location: Living-Learning School, 1011 Osage
Limit: 15
Fee: $2 - pay at class

We'll make and play games of all kinds, fun games that teach children about math, thinking and themselves.

(Dave has been active in innovative education for years.)

**KID KARO**

Avery Denby

2 times, Thursdays, Oct 2, 9, 6:30-8:30pm
Location: UPM Banquet Rm
Limit: 10 (ages 8-12 years)

Learn some simple and new card games. Avery is planning for those long winter nights ahead. Come have some fun with us and bring your own deck of cards if you can.

(Avery goes to Living-Learning School and enjoys card games.)

**BASIC SCUBA**

George C. Halazon

Organizational Meeting: Monday, Sept 22, 5:30pm
Location: KBU, Beamer Hall, RM 10
Pool Practice: Saturdays, 5-7pm, KSU Pool (Natatorium)
Fee: $27 - pay at registration

PADI (Professional Association of Diving Instructors) approved class including pool, classroom and open water work leading to certification as Basic Diver I/II. Limit: 6 per class.

(He has 20 years experience teaching and was a founding member of PADI.)

**P1 - WATER BABIES**

Charmaine Mazzia

One time, Wednesday, Oct 22, 7pm
Location: UPM Fireprice Rm

A dry-land presentation on the best way to introduce your infant to the water and at the same time take advantage of the newborn's natural swimming instinct. The infant's capabilities at this age in the water, swimming lessons in the bathtub, and the parent's role in the exercise will be discussed. Infants are welcome.

(Charmaine has taught swimming to children from 6 months to 16 years.)

**WATER BABIES (6 to 18 MONTHS)**

Charmaine Mazzia

Saturdays, 9am
First Meeting: Oct 4
Location: KSU, Natatorium Pool
Limit: 10 parent/child couples
Fee: $1 - pay at registration

This class will concentrate on teaching parents how to have fun and enjoy the water with their babies. Emphasis will be placed on building the baby's confidence in the water and water safety.

**TINY TOTS (10 months to 3 years)**

Charmaine Mazzia

Sundays, 11am
First Meeting: Oct 5
Location: KSU, Natatorium Pool
Limit: 10 parent/child couples
Fee: $1 - pay at registration

This class will deal with methods of teaching the very young child the basics of swimming and personal water safety, for example, backfloating and survival-floating. Emphasis will be placed on parent and child relaxing and enjoying the water.

**SWIMMING**

A. Young Beginners (4 & 5 years old)
   Suzy Leafield
   Sundays, 10-11am
   Location: UPM Pool
   Fee: $2 - pay at class

B. Kids Beginners (6-8 years old)
   Donna Snavely
   Sundays, 9-10am

C. Adult Beginners
   Emily Ring
   Saturdays, 10-11am

D. Adult Intensive Beginners
   Tom Deaver
   Saturdays, 9-11am

E. Adult Intermediates
   Barb Skar
   Saturdays, 11-12noon

ALL CLASSES: Location: KSU, Natatorium Pool
Restriction: 10 per class
Fee: $1 - pay at registration

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Play 17
SINGLE IN MANHATTAN
Steve Madall 776-0857
Wednesday, 8:30pm
First Meeting: Sept. 24
Length: Indefinite
Location: Sign up and you will be contacted
This class will involve a discussion of being single - particularly in Manhattan. It is planned to be a sharing, supportive experience. (Steve is a graduate student in KSU's Family and Child Development Dept.)

I'M OK-YOU'RE OK WEEKEND
Don Fallon
539-4431
Friday, 7:30-10pm, Saturday, 9am-4pm
Length: One weekend
First Meeting: Nov. 7-8
Location: Ecumenical Christian Ministries, 1021 Denison Ave
Limit: 15
This weekend is an introduction to Transactional Analysis and the use of TA tools for growth and awareness, self-understanding, ability to relate to other persons in creative ways. It will also provide help in undoing the programmed responses and patterns of the past, and liberating the self for creative and open living in the present.

INTRODUCE YOUR RELATIONSHIP TO TRANSACTIONAL ANALYSIS
Don & Jamie Fallon
539-4431
First Meeting: Sept. 26
Length: Indefinite
Location: Ecumenical Christian Ministries, 1021 Denison Ave
Limit: 6 couples
This is an enrichment group supporting couples in building communication skills, self-understanding of parent-child-child ego state interactions and family life script or role expectations. Emphasis will be given to developing skills in handling conflict, developing a healthy fight style and coping with feelings of anger, sex or love. Trust, caring, confidentiality and options will be stressed.
(Don is Lutheran Campus Pastor and also works with the KSU Center for Student Development. Jamie often co-leads with Don in workshops for couples.)

SHEDDING SOME LIGHT ON RELATIONSHIPS
Steve Lundberg
Tuesday, 7:30-9pm
First Meeting: Sept. 30
Length: 12 times
Location: UFM Conference Rm
Limit: 12
This class deals with relationships to self, neighbor, and God; and how to be effective with each.
(Steve has traveled extensively, and graduated from KSU in 1977.)

MYSTICISM IN EVERYDAY LIFE
Nabuddin Nelson 469-3631
Every other Thursday, 8pm
First Meeting: Oct. 2
Length: 6 times
Location: UFM Fireplace Rm
Limit: 15
This will be a class in applied religion as it is experienced through spiritual practices in breaths, meditation, walking, dancing, chanting, and singing. Please bring a pillow and wear loose clothing.
(Nabuddin is a student of the Sufi path, which is dedicated to the unity of all religions.)

INTRODUCTION TO ZEN BUDDHISM PRACTICE AND PHILOSOPHY
Leon Rappaport 532-3850
Thursday, 7:10-8:30am
First Meeting: Sept. 26
Length: 3 times
Location: KU, Justin Hall, Rm 341
Zen Mind Beginner's Mind by Shunryu Suzuki Roshi will serve as the basis for class discussion. The class will also include taped lectures and seven meditation instructions.
(Leon is a psychology professor.)

SUFI DANCING
Nabuddin Nelson 469-3631
One Saturday per month, 7:30am
First Meeting: Sept 20
Length: 3 times
Location: KSU, International Student Center
Limit: 30
A union of folk-style circle dancing and sacred songs and chants, these dances renew one's harmony with one's fellow beings.

MUTIMEDIA FIRST AID/CRP
Eveli Faerster 537-0977
First Meeting: Saturday, Oct 18, 8am-5pm
CRM: 2 afternoons, 1-5pm, dates to be announced
Location: Red Cross Office
Limit: 10 per class
Fee: Multimedia First Aid: $6, pay at class; CRM, $4, pay at class
Participants will earn Red Cross certification from certified instructors.
(Daniel is certified in First Aid and CPR.)

18 Self
CHILD ABUSE AND NEGLECT
Betty Banner
One Time: Wednesday, Oct 22, 7:30pm
Location: S2 Sauder
Limit: 30
Do you have questions about Child Abuse/Neglect, what it is, why it occurs, and what can be done to prevent it? At this class we will discuss all the above and more. We will allow plenty of time for discussion (Betty is employed by Social and Rehabilitation Services and has been a protective service worker for 7 years.).

RAPE/CRIME OF VIOLENCE
Judy Davis,
Sandy Sanders-Mare
Debbee Brascher
One Time: Thursday, Oct 9, 7:30pm
Location: KU, Union, Rm 207
Fees: $1, pay at class.
Rape is an act of violence not sex. Rape occurs regardless of age, income, appearance or conduct. This class will cover the emotional reactions a woman has following a rape. Rape is the most frequently committed crime in America today. Learn more about what can be done to stop it.

FAMILY VIOLENCE
Judy Davis
One Time: Thursday, Sept 25, 7:30pm
Location: Ecumenical Christian Ministries
1021 Denison
Fee: $1, pay at class.
Every 15 seconds a woman in the U.S. is a victim of domestic violence. Why are these women being battered? What can be done in our community to support women who want out of a violent home? (Judy is on the staff at the Regional Crisis Center.)

FILM: "MEN’S LIVES"
C. Stacklepole, UR
532-6541
Mondays, 7pm
First Meeting: Oct 6
Length: 2 times
Location: KU, Fireplac Rm
The film “Men’s Lives” describes the socialization of males in our culture. It explores the “man’s code” which restricts the growth of males in our culture to fulfill human potential. A follow-up discussion will be led by Dave Hopelbaum. (Dave is a student at K-State.)

BOOKS BY AND ABOUT WOMEN
Floste Snyder
539-5013
Alternating Tuesdays, 7:30pm
First Meeting: Sept 30
Length: Ongoing
Location: KU, Fireplac Rm
This is a continuing group of people interested in literature, women’s issues, and lively discussions. (Floste has been a member of this group for a year and a half.)

SEMINAR IN HUMAN RELATIONSHIPS
Nabiuudin Nelson
469-3631
Saturday & Sunday, Nov 15 & 16, 10am-5pm
Location: Kansas State Bank, Kansas State Rm
Limit: 30
Fee: $25; couple, $20/person, pay at class.
This two-week workshop will offer practical spiritual solutions to the problems found in living with others in an unselfish way. The focus will be especially on how to make your relationship with a mate a path to realization. (Bunee and Khatri, a happily married couple themselves, are teachers in the Suff order.)

DEATH AND DING
Rod Saunders
539-4281
Tuesdays, 7:30pm
First Meeting: Sept 23
Length: 8 (or more)
Location: Ecumenical Christian Ministries, 1021 Denison Ave
Limit: 25
This course is designed to expose participants to feelings, reactions, thoughts, and ideas concerning the different aspects of death and dying. This will be accomplished through discussion and by written exercises that enable each person to discover his/her own feelings, etc. (Good for those who deal with death and dying regularly.)

STRESSILLS AND STRESS MEDITATION
Don Fallon
539-4451
One Time: Saturday, Oct 11, 8am-4pm
Location: Ecumenical Christian Ministries
1021 Denison
Stress is a fact of life: studies, exams, relationships, jobs, finances, fear of failure, loss of the future, illness and depression. Our whole person is affected physically, emotionally intellectually, socially, spiritually. We will focus on evaluating our lifestyle and shaping a practical strategy for coping with stress. (Don is on the staff of the ISU Center for Student Development and is the Lutheran Campus Pastor.)

WELLNESS STRATEGIES
Dave Damskin
532-6927
Wednesday, 8-9:30pm
Section 1: Oct 8 Fitness as a Part of Weight Reduction: We’ll watch an interesting video tape of Charles Kuntzler, a national consultant on fitness and weight regulation, followed by discussion. Then, each person will pick one change to make towards wellness.

Section 2: Oct 15 Nutrition for the 80’s: This is an exceptional video tape by Vicki Newman, RD, MS, dietitian at the University of California, San Diego. We’ll follow it with discussion and each person picking one nutritional change towards wellness.

Section 11: Oct 22 Stress Management Strategies: A workshop in which you will learn strategies for more creatively directing the normal stresses of your daily life. You’ll have a chance to make one change towards wellness.

Location: KU, Union, Rm 207
Fees: $1 per session or $2 for the series.

THEOLOGY AND CULTURE (M311)
Clifford Cole & Dave Stewart
539-3051
Alternate Thursdays, 7:30pm
First Meeting: Oct 9
Length: 6 times
Location: 3450 Chimney Rock
Limit: 10
Bring some of your favorite pieces of contemporary music, or one about which you have questions. We will listen to selections and discuss their meaning with particular attention being given to possible sociological meanings being expressed or rejected. (Elaine has an interestingly diverse collection of contemporary music.)

FAITH AND LIFE EXPLORATIONS
Dave Stewart
539-3051
Thursdays, 11:45-1pm
First Meeting: Oct 16
Length: 6 times
Location: Baptist Campus Center, RU Anderson
Limit: 15
We will examine faith in light of personal experience. The goal will be to increase the interaction between faith and experience in the routine transactions of life. Persons will be supported in making changes in faith and life which the determinants are needed, as well as in reaffirming what they determine to be valuable from the past. Bring a sack lunch.

THE BALANCED JESUS
Mike Klassen
539-4079
Tuesdays, 7-8:30pm
First Meeting: Sept 23
Length: 5 times
Location: KU, Justin Hall, Rm 341
Limit: 15
This class will explore the teachings of Jesus contained in the Sermon on the Mount (Matthew 5-7). These teachings primarily address issues of lifestyle: simple economics, marriage and divorce, peace and politics, prayer and fasting, etc. A reading list and handouts will be provided prior to each meeting. Bring a New Testament and a healthy imagination. (Mike has taught this class before with some good results.)

SCIENTIFIC EVIDENCE FOR CREATION
Dan McFarney
539-4370
Thursdays, 7-8:30pm
First Meeting: Sept 25
Length: 8 times
Location: KU, Weber Hall #107 (Auditorium)
Evolution and special creation will be critically examined in the light of data from the fossil record, molecular genetics, physics, astronomy, and probability. A conclusion is reached that special creation is a better model for origins than evolution. (Dan has researched the topic.)

A COURSE IN MIRACLES
Conrad Anderson
776-0395
One Time, Tuesday, Sept 23, 7:30pm
Location: 1003A Garden Way
Limit: 6-10
Fees: $30 - show at class.
Get together as friends and share a better way of life. The course is designed for the individual to progress at his own rate. (The Miracles course has brought many moments of joy to Conrad.)
RETURNING TO SCHOOL
Margaret Morfin
Buzz Nuri
One Time: Thursday, Oct 30, 7:10pm
Location: Manhattan Public Library
Thackery & Poyntz
Are you thinking about entering or re-entering college? Are you concerned about the time, money and energy to do so? Come, share your hopes and dreams with others. Your questions will be answered.
(Margaret and Buzz are KSU Faculty whose work involves adult students new to 6-State.)

WHO ARE THE MAMMONTES?
Karen Franz
One Time: Thursday, Oct 16, 7pm
Location: 2000 Thackery (corner of Thackery & Sunset)
Limit: 12
When some people think of Mammontes they think of horses and buggies, beard-whooping men in plaid clothes, and "shoo fly pie." If you’ve ever wondered what a Mammonte is, come out and join us as we watch a short film on the Mammonte people and chat about some good, old-fashioned mammontes food. (Karen has been a member of the Manhattan Mammonte Fellowship since 1978.)

THEOLOGY AND CULTURE (MOVIES)
Dave Stewart
593-3051
Saturday: 6:30pm
First Meeting: Oct 4
Length: 5 times
Location: 4525 Whitney Rock
Limit: 20
Fee: Cost of movie tickets
We will select and view movies at local theaters, then discuss their running with particular focus on possible theological points made. Reflections and reflections will be at the Stewart residence. (Dave, a campus minister, believes artists, musicians, and storytellers are among the most astute theologians of our day.)

A BABY WOBYE
Melanie & John Lewis
537-6400
Wednesday: 7:30-9:30pm
First Session: Sept 27
Length: 6 times
Location: St. Paul’s Episcopal Church
6th & Poyntz
Limit: 7 couples
For some people, the decision of whether or not to have children is a very difficult one. Psychologial stress, financial stress and career interruption are frequently considered issues. Participants in this class will discuss these issues and share their own concerns. (Melanie is a Ph. D candidate in counseling psychology and John is a counseling psychologist in Hesston. They have already made their decision about having children.)

ABORTION ISSUE
Donnie Funk
537-9300
One Time: Wednesday, Oct 15, 7pm
Location: KSU, Union A205
The group will discuss the many views on this complex issue. We will explore our feelings and discuss the historical, legal, moral and current aspects of the abortion issue.

PARENTING ENIDANTS IN THE 60’S
Linda Hannebrown, Pat Kinders
One Time: Thursday, Oct 2, 7:30pm
Location: Manhattan Public Library
Djuillette and Poyntz
Limit: 15
Experienced and new parents, come for a panel discussion concerning health care and parenting decisions during the first year of life. The panel will include: Jo Ann Cook, M.S., Family Council Moderator; Herbert Crane, Pediatrician; Linda Hannebrown, B.S.; Mona Grisshaber, RN, neonatologist; and William Tenman, Family Practice. (Linda offers classes for new parents through Family Council.)

PARENT EFFECTIVENESS TRAINING
Don & Irina Fallon
539-4481
Mondays: 7:30pm
First Meeting: Oct 6
Length: 8 times
Location: Ecclesiastical Ministries
621 Davison
Limit: 20
Fee: $20, pay at class
This workshop will train parents in the communication skills and philosophies of Thomas Gordon in his Parent Effectiveness Training program. Parents will form a support group to better understand their child’s behavior, build bridges to communication and to practice skills of listening. Emphasis will be given to parent-child problems solving with a no-win lose method.
(Both Don and Irina are certified instructors of P.E.T.)

LIFE PLANNING WORKSHOP
Cherie Hodgson
532-4697
Section 1: Tuesday and Thursday, Sept 22, 24, 7-10pm
Location: KSU, Farrell Library, Rm 505A
Limit: 10
Section II: Tuesday, Oct 1, 9am-4pm
Location: KSU, Union A208
Limit: 10
Life Planning workshop is designed to involve participants in the process of influencing, evaluation of their life. Participants are encouraged to discuss the issues that they are responsible for, their life and are capable of doing. The future they want. Skills of value clarification, goal setting, and realistic planning are developed through practice.
**Skills and Tours**

For information about Skills and Tours call Kevin Patterson or Mike Wilson at 532-5866.

"Never trouble another for what you can do yourself."
- Thomas Jefferson

**AUCTIONS & AUCTIONEERING**

Judy Akers

Two Times, Wednesday, Oct 1, Oct 8, 7-9pm

Location: 1020 Karla Lane

Limit: 15

Judy will explain the art of bidding and buying at auctions. You will learn how to understand the auctioneer’s "cry", and even go to a few auctions if there is time.

(Judy is a graduate of a Missouri Auction School.)

**BIKE MAINTENANCE**

David Gilburn

Section I: Mondays 7am

Section II: Mondays 7am

Section III: Mondays 7am

Length: 2 times, each section

Limit: 10 per section

Location: The Pathfinder, 1111 Monroe Fee: $50 - pay at class

Whether you bicycle for transportation or pleasure, a little basic maintenance will make the experience much more rewarding. We will discuss the basics which are necessary for safe and enjoyable riding, but don't require special tools or extensive training.

(a David is a mechanic at the Pathfinder and has been bicycling since he was knee high to a grasshopper.)

**ALL THERE IS TO KNOW ABOUT MOTORS**

Rob Alland

One time, Friday, Sept 26, 7pm

Location: 660 Politika Lane

Limit: 15

Rob will explain moped history, safety, laws, features, maintenance, and how to buy an appropriate moped for you. (Rob owns and operates a moped dealership.)

**MOTORCYCLE SAFETY**

C. J. Prusik

One time, Thursday, Sept 24, 7-9pm

Location: UPM Fireplase W

Limit: 25

Some cyclists are dying due to lack of knowledge and experience in the handling of a motorcycle, the lack of use of safety equipment and the (C.J.) has 15 years of riding experience.

**BASIC MOTORCYCLE REPAIR**

Kenneth Eckendorf

Tuesdays, 7pm-9pm

First Meeting: Nov 4

Location: UPM Banquet Rm

Length: 8 times

Limit: 10

Learn the basic fundamentals of maintaining a motorcycle and troubleshooting. Those problems that might arise while in use, tune-ups, and general upkeep will be taught.

(Kenneth has experience in both the sales and service and once owned a cycle shop in Wichita.)

**MINOR AUTO BODY REPAIRS**

Alan Clark

One time Monday, Sept 29, 7:30-9:30pm

Location: UPM Banquet Rm

This session is on the basic mechanics of repairing minor auto body problems. A discussion of techniques of repairing dents, rust damage, etc will be included.

(Alan owns an auto body repair shop in Manhattan.)

**BRAKE INSPECTION AND REPAIR**

Jerome Martin

One time, Saturday, Sept 27, 1pm

Location: UPM Banquet Rm

Limit: 15

How to inspect your car's disc and drum brakes and repair or replace worn parts. Participants must have a basic knowledge of hand tools.

(Jerome is a former USAF auto mechanics instructor.)

**RENOVATING HOMES**

Russell Reitz

One time, Thursday, Oct 8, 7-9pm

Location: UPM Fireplase Rm

Limit: 20

Russell will cover examining the building, finding out the original price, furnace costs and improvements, determining the electrical capacity, and other renovation tools. (Russell has renovated over 20 homes here in Manhattan.)

**BASIC HOUSE WIRING**

Richard Napper

Section I: Mondays 7pm-9pm

Section II: Mondays 7pm-9pm

Length: 6 times each section

Limit: 20 each section

Location: Bill Osage Fee: $50 - pay at registration

We will cover tools and equipment needed to service house wiring and the proper way to add wiring to homes. Women are encouraged. Bring your own chair.

(Richard is an electrical engineer and master electrician.)

**USING TOOLS SAFELY**

Dick Stater

Section I: Tuesday 7pm-10pm

Section II: Thursday 7pm-10pm

Length: one time, each section

Location: You will be contacted Limit: 6 each section

This is a beginner's introduction to shop tools. Various hand and power tools will be demonstrated. We will discuss when to use each tool, how to use each tool, using each one safely.

(Dick is a professional wood worker and has taught UPM classes before.)

**VENNERING**

Bill Fatzey

First Meeting: to be determined

Length: 2 times

Location: 1905 Leavenworth

Limit: 8

Bill will cover the do's and don'ts of the veneering process. He will show you how to convert ordinary pine into a lustrous walnut.

(Bill has been veneering for years.)

**THE BASICS ON HOW TO STRIP FURNITURE**

Kevin and Glency Patterson

First Meeting: to be determined

Length: one time

Location: 908 Leavenworth

Limit: 20

This class will include general knowledge of stripping and refinishing furniture. Kevin and Glency will show you their projects and the materials they use. You are welcome to bring a project you have done or wish to do. (Kevin and Glency have completed three stripping and refinishing projects over the summer.)

**INTRODUCTION TO UPHOLSTERY**

Bettie Currie

One time, Wednesday, Oct 8, 7-9pm

Location: UPM Fireplase W

Limit: 30

Bettie will demonstrate the basics of upholstery, the short cuts in doing cushions, and talk about tools. If you have something to upholster, bring it in.

(Bettie has done her own upholstery for years.)

**HOW TO ECONOMICALLY UPDATE YOUR WAREHOUSE**

Debelle Holdeman and Shanan Schultz

One time, Thursday, Oct 16, 7pm

Location: KSU, Union, Rm 211

We will have a fashion show and slides which show ways of updating old warehouse. (Debelle is the manager of a new fabric store and Shanan is the community coordinator of KSU’s Open Program.)

**CHEMICAL SANDING**

Owen Denner and Willbur Coffin

One time, Sunday, Oct 19, 6:30pm

Location: UPM Fireplase W

With more people using the renewable energy resource of wood, knowledge on its safe and efficient use is important. We will explain how to maintain your chimney, clean your flue and burn for maximum efficiency and safety. We will show you the tools and explain how you can do it yourself.

(Joan and Jill have been sweeping chimneys in Manhattan for years.)

**INTRODUCTION TO BABYSITTING**

Kle Schum

One time, Monday, Oct 20, 7pm-9pm

Location: UPM Banquet Rm

Limit: 30

This is an introduction for those 12 and above who have never babysat or have done it infrequently and would desire more information. We will cover the things that you as a sitter should know each time you sit, as well as some things to make childcare a little easier.

(Kel has babysat for over 17 years and has taken courses in early childhood education.)

**UPM WORKSHOP COOPERATIVE**

Kevin Patterson & Doug Kalter

Sign up and you will be contacted

Location: UPM Solar Addition

Limit: 20

Fee: $15 - pay at registration

UPM is pleased to announce the opening of its community woodworking shop. Located in the newly completed solar addition, the facility is operated on a cooperative membership basis. The shop is equipped with a wide range of tools, including a radial arm saw, table saw, jointer, and bench grinder as well as a large collection of hand tools. Membership fees are for equipment and facility use only; no materials are included. Mandatory organizational meeting will include instruction in safe equipment use and operation and basic first aid.

(Kevin and Doug are UPM appropriate technology staff members.)

**Skills 21**
PUBLIC SPEAKING #1
Kim Crignton
Tuesday, 7:30pm
First Meeting: Sept 23
Location: UMF Conference Room
Length: 8 Times
Limit: 15
This first class will be to acquaint participants with the various areas of public speaking. Areas to be covered include demonstra-
tions and illustrated talks, one to one confrontation, and informative and persuasive speaking. (Kim has participated in competitive speaking and debate and has spoken to various clubs and organizations.)

PUBLIC SPEAKING #2
Margaret Peabody
Monday, 7:30pm, every other week
First Meeting: Sept 22
Location: Exchange Bank, Westloop
Gain public speaking techniques, develop self-confidence, poise, lexi-co-
y. This program guarantees to overcome shyness and individual fears.
Learn effective speaking techniques, learn voice control, microphone technique through active, creative participation.
Toastmasters training is an "easy changer". Instructs in method, then provides the opportunity to use it.
(Margaret is the public relations for Toastmaster's and past president of the local Flint Tribe Clubs.)

UFM SOLAR ADDITION
Bruce Sneed
One time, Thursday, Oct 3, 7:30pm
Limit: 25
Location: University Plaza
A slide show history of the construction process of UFM's solar addition will be presented. Bruce will describe how this innovative facility will work and a tour will be led through it.
(Bruce was construction supervisor for the solar addition.)

UFM AND SOLAR ADDITION ENERGY SAVINGS DEMONSTRATION
UFM Appropriate Technology Staff
One time, Thursday, Nov 6, 7:30pm
Limit: 25
Members of the UFM Appropriate Technology staff will demonstrate and give a detailed explanation of all the energy saving devices in the new solar addition. We will describe the construction process, costs, and overall effectiveness of each energy system in the building. These systems include wall insulat, insulation, ceiling insulation, and solar energy systems, solar water heater, and insulating shutters.

UFM COMMUNITY SOLAR GREENHOUSE
Sherry Peterson
One time, Thursday, Nov 13, 7:30pm
Location: UFM Solar Addition Greenhouse
Limit: 20
Aren't all greenhouses solar? Maybe, but you can learn the important differences between a solar greenhouse and a conventional greenhouse in this tour and demonstration of UFM's Community Solar Greenhouse in operation and how it will add to its energy efficiency in the future.

WINTER SOLAR WORKSHOPS
Jane Converse
One time, Tuesday, Nov 21, 7:30pm
Location: University Plaza
Sign up and you will be contacted as gas prices climb, it could be time to look at Manhattan's fading sidewalks. What can be done to improve them, protect them, and encourage their use? We can begin by reading the recent report of the city-appointed Bikeways Advisory Committee. We can then seek public support for our conclusions at the HMAA organizational meeting this spring (Jim would like to see Manhattan do 25% of its traveling by bicycle by the end of the 1980's).

RESIDENTIAL CONSERVATION WORKSHOPS
Bruce Sneed
One time, Thursday, Nov 6, 7:30pm
Limit: 25
Sign up and you will be contacted.
The UFM Appropriate Technology Program under contract with the City of Manhattan will be conducting a series of residential energy conservation workshops this fall in Manhattan and six surrounding communities. Included in each five-hour workshop is a slide show, demonstration, and display. Educational materials will be provided to each participant free of charge. Topics to be covered include practical tips on insulation, caulking, weatherstripping, new appliances, thermostat settings, fireplaces, wood stoves, water heating, heating and cooling system maintenance, storm windows and doors, and other low-cost, effective ways to significantly reduce heating and cooling bills. Three workshops will be conducted in Manhattan addressing the special needs of: 1) homeowners, 2) renters, and 3) elderly. The workshops are open to the public. For more information and advance publicity, sign up at registration, including your preference for workshops 1, 2 or 3 or call Bruce Sneed at UFM, 532-5866. The Residential Conservation Workshops are funded through a grant from the Kansas Energy Office.

SOLAR DOMESTIC WATER HEATING
Gary Benjamin
One time, Tuesday, Nov 11, 7pm
Location: UFM Solar Addition Lounge
Interested in heating your home's water with the sun? Whether you have serious intentions about solar hot water, like to kamikaze around an ice bucket, or just curious, this presentation will show you some installations in place, collectors under construction, and the latest developments in solar space heating in your homes.

WIND ENERGY PROWNER
Tom Shrags
One time, Saturday, Oct 28, 2pm
Location: 710 Lee
Ready to make good on your intentions for some solar heating? We'll discuss how to design and build solar collectors, including free-standing, fascia-mounted, window box, and built-in water heater. (Bill and Dean, local carpenters, both have built supplemental solar space heating in their homes.)

WIND ENERGY POWER
Dale Wiebe
One time, Monday, Sept 29, 7:30pm
Location: UFM Fireplae Room
We will discuss the process of converting distressed grain into fuel. Ethanol can be used in farm engines at no cost other than the residue feed to livestock. (Dales serves as a relief director overseeing the farms.)

E: 22 Skills

MSEA: MANHATTAN GASOLINE SURVEY
Larry Davis
Wednesday, 7:30pm
First Meeting: Oct 15
Location: UFM Solar Addition, Lounge
One of MSEA's goals is finding practical ways to conserve energy at the state level. The first step is to find out how much energy our community now consumes. We can determine how much gasoline Manhattan uses every year with a carefully planned survey of area gas stations and car dri-
bens. But we need some volunteers!
(Larry teaches biology at KSH and has a special interest in energy uses in agriculture.)

MSEA: UTILITY REGULATION STUDY GROUP
Richard Faw
2nd Wednesday of each month, 7:30pm
First Meeting: Dec 8
Location: UFM Solar Addition, Lounge
Controversial issues are now on the agenda of the Kansas Corporation Commission: Who should say how much for electrical power production? Should utilities be required to invest in conservation measures or alter-
tative energy sources? If we can get clear answers to these questions, MSEA could offer testimony at future ICC meetings. (Richard teaches a course at KUS on the subject of utility rate regulations.)

MSEA: MANHATTAN BIKEWAYS
Jim Converse
One time, Thursday, Oct 15, 7:30pm
Location: UFM Solar Addition Lounge
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E: 22 Skills
UNDERSTANDING YOUR UTILITY RATES
Mary Neel 776-8993

One time, Wednesday, Sept 24, 7:30pm
Location: UPN Banquet Room

Do you wonder why your electrical bill keeps going up even though you're conserving energy? We will discuss the reasons for increasing electrical rates and alternatives available to a customer. Topics will cover include structure, customer demand, fuel prices and rates from the manufacturer. (Mary is the Customer Assistance Advisor for KP & L in Manhattan.)

THE SELLING OF NUCLEAR POWER
Bill Gerswe 539-1956

2 times, Wednesdays, Oct 1 & Oct 8, 7:30pm
Location: ISU, International Student Center

This class will discuss the pros and cons of selling nuclear fuel and technology to thePhillipines and India. We will critique some films and "educational" material produced by the Nuclear Industry, along with having lots of discussion.

WINDOWS WORKSHOP
Mike Wilson 532-5866

One time, Saturday, Oct 11, 10am
Location: UPN Banquet Room

Windows can account for one-third of your home's heating and air-conditioning costs. A slide show presentation on a variety of window treatments that can be used in your home will be shown as well as a general overview of the role that windows can take in your home energy savings.

(Inlie is a member of UPN's Appropriate Technology Staff.)

Tours

AMERICAN INSTITUTE OF BAKING
Sharon Forst 537-4750

One time, Tuesday, Oct 21, 1:30pm
Location: AIB, 1213 Baker's Way (off Manhattan Ave)
Limit: 50

The American Institute of Baking is a nonprofit organization devoted to education, training and research for the baking, food processing industries, and the general public. A tour of the American Institute of Baking will give you a view of what the Institute is doing for the community and all people in general.

CABLEVISION CHANNEL 8
Norm Burrage 776-0259

One time, Thursday, Oct 9, 4pm
Location: 610 Humboldt
Limit: 15

Norm will describe and show how programs are produced at Channel 6. This will include going through the studio and control room.

CALL HALL
John Wheat 532-6131
Kris Regier 532-5634

One time, Thursday, Sept 25, 1:30pm
Location: K-State, Call Hall, Lobby

In this tour we will go through Call Hall and observe the various processes of milk, butter, cheese, and ice cream production. We will then go to one of the dairy barns, where we will see the complete milking process.

KSU VETERINARY COMPLEX
Jamie Seelige 532-5660

One time, Wednesday, Oct 29, 2pm
Location: Denison Rd
Limit: 15-20

Jamie will show you the small and large animal examination rooms and possibly the surgery facilities. A discussion will follow.

KANSAS COUNTY HISTORICAL MUSEUM
Jean Dallas 537-2210

One time, Saturday, Sept 20, 12pm
Location: Riley Co. Historical Museum, 2300 Claffin Rd

The museum features exhibits of items used by early residents of Riley County. Exhibits are changed periodically but always relate to area history. The present exhibit is entitled "That's Me at the Museum." We will also tour the Goodnow and Hartford Houses and tour the buildings and exhibit and Pioneer Park at 2339 Claffin Road.

GERRY CO. HISTORICAL SOCIETY'S ANNUAL OLD HOME TOUR
Cheryl Troup 238-6708

One time, Sunday, Sept 28, 1-3:30pm
Location: Junction City - addresses of 5 homes printed on tickets
Limit: 100
Fee: $5 - pay at K-State Co. Historical Museum, or Gerry Co. Historical Museum, or send $5 with 1060 (GSHS), Junction City, Kansas, 66441.

This tour is to raise funds for maintaining the Gerry Co. Historical Society Museum. It includes 5 homes dating from the 1870's to 1920's. Four homes are private residences and one has been renovated as an office building. The tour guides will be wearing period costumes from the museum collection. Homemade cookies and punch will be served in the garden of one of the homes. Antiqued cars will also be displayed in front of the residence.

MCCALL PATTERN TOUR
Penny Streeter 776-4401

One time, Thursday, Oct 2, 9am-11am
Location: McCall Pattern Co., 615 McCall Rd
Limit: 50

Penny will show you the different departments that make up McCall's Pattern Factory and show you how the patterns are cut, folded, and distributed.

KSU NUCLEAR FACILITIES
Vic Simon 532-5624

One time, Friday, Sept 26, 8am
Location: KSU, Ward Hall
Limit: 15 per group

The tour will take you through the control room and reactor itself. A slide presentation will be given with a question and answer period to follow.

FARM-TO-HILLS TOUR
John R. Grace 537-4610

One time, Tuesday, Sept 30, 7:30pm
Location: 2211 Meadowlarkers Rd

Meadowlark Hills, the second largest residence building in the midwest with a solar system, is Manhattan's first retirement community. Built at a cost of 6.5 million dollars, the facility opened in February 1980 and includes 75 apartments in the five-story apartment building, 18 apartments in the nearby cottages, and a 23-bed long-term care health center.

TECONIC IV
Ed Klinek 776-4801

One time, Tuesday, Sept 23, 3pm
Location: KUWF Radio Station, Casement Rd
Limit: 10

A complete tour of KUWF broadcast facilities, including demonstrations on how various radio equipment is used. We'll record your voice and play it back for you to hear.

"Keep on learning right up to rigor mortis... I have many wrinkles. I have not dyed my hair. These are my badges of distinction, and I've worked hard for them... I like being old. I like it for three reasons, it gives me an opportunity to speak my mind. And I do. And I've outlived much of my opposition. I have also found a miraculous new kind of energy which is abundant when you work with people... We have to be related to others, you are the future. We and you must be together, support each other, identify some goals and changes... We, the elders, have nothing to lose. We are free to initiate social change, we must engage in a staunch and continued effort. Our goal is mature, responsible adulthood, not wrinkled babyhood." -Maggie Kuhn in an address to a K-State All University Convocation, December 5, 1977.
In any community, there are segments of the population whose basic needs and special problems are overlooked by the mainstream community and programs. Since its inception more than ten years ago, UFM has attempted to seek out and address many of the unmet needs which exist in our community. Over the past several years, UFM has begun to focus on the special needs of elderly and handicapped citizens and skyrocketing energy costs. In response to the great need for information and assistance related to energy conservation and renewable energy sources, the UFM Appropriate Technology Program was established in 1978. Its role is to enable individuals and communities to become more self-sufficient in the areas of energy, food, shelter, and education. This fall, UFM is pleased to announce the opening of the Solar Addition, an exciting new facility designed to provide support space for the Appropriate Technology Program as well as for new and expanded programs, activities, and events for the elderly and handicapped of our community.

The connection between programming for the elderly and handicapped, and an alternative energy demonstration center is not coincidental. Among the hardest hit by rapidly escalating energy prices are the elderly, most of whom are on fixed incomes. Consequently, from 14 to 30 percent of an elderly person's total cost of living is consumed by energy payments, as compared to 4 percent for the average American family. Social and recreational activities among elderly citizens are also affected by high energy prices as travel becomes prohibitively expensive. The UFM Solar Addition was designed with the active participation of representatives of our community's elderly population and advocates for the handicapped. It will provide meeting space for educational programs which will address many of the special needs of senior citizens including energy, comfort, and nutrition as well as providing general recreational space. A new access ramp will make the entire first floor of the UFM House easily accessible to senior citizens for special events as well as regular UFM classes.

The Solar Addition also houses a solar-heated greenhouse which will provide a specialized support space for working with the elderly and handicapped. The beneficial therapeutic effects of horticultural activities have long been recognized by those working with the handicapped. The solar greenhouse will be used by UFM staff in conjunction with students and faculty of the KSU Horticultural Therapy Program to develop programs and activities for this special segment of our population. Senior citizens will also add to the operation and maintenance of the greenhouse.

In short, the solar addition will provide a supportive environment for a wide range of year-round activities and programs for elderly and handicapped citizens, addressing many of the growing social and economic problems these special populations face. While the planned opening of the solar addition is being scheduled for early October, formal dedication ceremonies will not occur until early November. This fall promises an exciting semester of new classes, programs and services in the solar addition.

A Special Invitation to the Handicapped

UNIVERSITY FOR MINNESOTA EXTENDS A SPECIAL INVITATION TO HANDICAPPED INDIVIDUALS IN OUR COMMUNITY who wish to attend UFM classes or events. ARRANGEMENTS WILL BE MADE TO INCLUDE INDIVIDUALS WHO HAVE VISUAL OR HEARING IMPAIRMENT, A MOBILITY HANDICAP OR MENTAL HANDICAP OR OTHER DISABILITIES. YOU CAN ASSIST BY INDICATING SPECIAL NEEDS ON YOUR REGISTRATION CARD.

The Public Library

Free Universities across Kansas have chosen this fall to recognize the valuable role that the public library plays in our communities. UFM, Manhattan would like to salute the Manhattan Public Library and to recognize its many services to the community and its role as a center of learning.

Not only does our library offer special programs such as a film series, children's programs and special facilities for the visually impaired, but it makes an important contribution to UFM by providing space for our classes to meet and resources, through its book collection, for class participants.

We extend a sincere thank-you to the Manhattan Library and urge you all to support it.