Hidden Places

Spring 1984
University For Man
A community learning center
Hidden Places

Special needs
The following topics have been requested for our next session, and we need teachers:

- Cake Decorating
- Country Western Swing
- Card Tricks
- Aerobics
- Bicycle Maintenance
- Swedish
- Home Repair
- Upholstering

If you would like to teach a topic other than those listed, we welcome your call. Call Julie Coates at 532-5866.

You can teach a UFM class
It's easy! If you have a special interest or hobby, think about facilitating a UFM class. It can be on almost any topic. The main qualification is that you have an earnest desire to introduce others to this topic or skill and help them in learning more about it. Facilitating UFM classes is a great way to get together with others with similar interests and abilities, and hopefully it can be a valuable learning experience for you as well as for the participants in your class.

If you'd like to lead a UFM class, give us a call. We would be happy to talk it over with you! The deadline for the Mid-Spring 1984 catalogue is February 27 and classes begin April 4.

Special notes
VOLUNTEERS, WE LOVE YOU! We couldn't do it without you. All UFM teachers are volunteers and we staff receive an incredible amount of support from you in the community. To all of you - THANK YOU!

REGISTRATION: Late registration for all classes is accepted on a first-come, first-served basis. Call us at 532-5866 to find out about class openings.

PROBLEMS WITH YOUR UFM CLASS: Call Julie Coates at 532-5866. We'll make it right.

UFM on television
Learn about antiques, wildflowers, pocketknifemakers and other topics on Cable Channel 6 TV. This is UFM is a weekly television show featuring interviews with UFM teachers on their areas of expertise. It is aired every Tuesday at 6:00pm and Friday at 8pm on Cable Channel 6.

Parking
Parking is available after 6pm for classes scheduled at the UFM house. For classes scheduled on campus at KSU, parking is available in campus parking areas after 7pm. For classes that require you to park on campus before 7pm, visitors' permits are available from the information booth at the southwest entrance to the parking lot of KSU Union. Permits may be acquired until 4:30pm.

Teacher feature
Bert Franklin
Teacher since 1971
Member, UFM Board of Directors
1983, Recipient, Kansas Grassroots Education Award

UFM has just completed its 15th year. At this point in our history we want to acknowledge the importance of those people who make UFM possible - our teachers. Each year over 600 people in our community give their time to teach others. Beginning with this catalog we will feature an outstanding teacher in each of our three major sessions.

It is our pleasure to acknowledge Dr. Albert Franklin's contribution to UFM's program. For almost 13 years, he has taught yoga through UFM. Young and old alike have taken his classes, some coming from as far away as Topeka, Clay Center, and Council Grove.

"I have found a special reward for myself in teaching that people are so grateful. There are many continuing relationships with people who come back year after year."

In addition to teaching for UFM, Dr. Franklin currently serves on the UFM Board of Directors. UFM wishes to express our thanks for his many contributions to our program and our community.

Halls, blacksmith shops, flea markets, military roads, and city treescapes. Abandoned steam shovels, scorpion intaglios, schoolhouses, and mills. Poor houses, quarries, and pioneer tunnels. Kansas has a thousand such sites, and they are among the State's most important resources, a rich source of inspiration, education, and adventure.
Community

Interest in Money...

IT'S YOUR MONEY: A FINANCIAL SERIES
Steve Harrison, Sheri Pralw
537-0594
Whether you want to know how stocks and bonds, mutual funds and money market funds work or how IRA's and 401K's can supplement retirement income, chances are you will find your answer in this series of programs. Location: will be noted on your receipt Class Fee: $3.00/session (please indicate sessions you plan to attend) Class will be noted on your receipt, pay with registration
Investment Basics C-1
One Time: Tuesday, 7:30-9:30PM, Feb 21
Back by popular demand, this is your opportunity to begin forming the foundation of investment fundamentals necessary for effective financial planning. Topics discussed will include money market funds, stocks, bonds, mutual funds and other investment opportunities.

Why Investors Fail C-2
One Time: Tuesday, 7:30-9:30PM, Feb 28
Once you have the basics, where do you go next? Questions addressed during this session will include: "What can I know before investing?" "What risks can I afford to take?" and "How do I calculate investment risk?"

Investing for Income Today C-3
One Time: Tuesday, 7:30-9:30PM, March 6
"What will give me income now?" For those who ask this question we will discuss money market funds, bonds (corporate, government and municipal), income stocks, income-producing real estate and other alternatives.

Investing for Growth and/or Retirement C-4
One Time: Tuesday, 7:30-9:30PM, March 13
Inflation and taxes - both are major considerations. Discussions will cover: investing for income tax reduction through real estate, oil and gas, as well as equipment leasing; retirement plans such as Keogh's and growth through various investment vehicles. (Steve and Sheri are registered representatives of a New York Stock Exchange member firm with offices in Manhattan.)

MONEY MANAGEMENT: A SEMINAR
Fred Freeday
537-4605
Section I: Monday, 7-9:30PM, Feb 13
Section II: Monday, 7-9:30PM, Feb 20
Section III: Monday, 7-9:30PM, Feb 27
Location: will be noted on your receipt
The time is gone when providing for tomorrow's needs meant simply working hard and putting a little bit away each month. Financial planning is important for everyone, regardless of income. Subjects to be covered include: tax shelters, setting financial goals, investment opportunities, retirement planning, money market funds, IRA's and Keogh. (Fred is division manager of S&J and Reed.)

ESTATE PLANNING
Don Werner
776-4206
One Time: Thursday, 6:45-8:15PM, March 22
Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
A discussion with emphasis on current IRS regulations, wills, trusts and other legal aspects of successful estate planning. (Don is an attorney with offices in Manhattan.)

STUDENT LOAN FUNDING
Diana Burt
537-1234
One Time: Thursday, 7:30PM, Feb 22
Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
Do you need the ability and desire to further your education but need a financial boost to do it? Through Guaranteed Student Loans PLUS, student loans, you can attend colleges and universities and meet your educational goals. This class will tell you everything you need to know about these loans - what they are, how to apply for one and your responsibilities when it comes to repayment. (Diana has worked in the banking industry in all areas of finance and recently started a student loan department at a local bank. She is President of Credit Women International.)

HOMEBUYER'S SEMINAR
Craig King
537-2151
One Time: Thursday, 7-8:30PM, March 15
Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
A seminar designed for the first time homebuyer or homeowner wanting to make a change. Topics covered include: financing, tax implications, purchase contracts, rent vs buy decisions and making a realistic work for you. (Craig is general manager for Fireside Realty Better Homes and Gardens. Prior to joining the firm in 1983 he spent five years as a real estate consultant and Regional Manager for the Better Homes and Gardens Real Estate Service, a national real estate marketing network.)

REAL ESTATE FOR INVESTORS
Duane McKinney
539-2366
Weekdays, 7-9PM, March 21 & 28
(2 times)
Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15
Real estate can suit your investment needs, whether it is land for development, commercial property, or rental units. Duane will cover different types of investments, rules of thumb for profit/loss assessment, kinds of investments, methods of financing, and ways to minimize your tax advantages. (Duane is a licensed broker at Century 21.)

Mexican Fiesta, 1975, Garden City

...and taxes...

INCOME TAX ASSISTANCE
Elias Salg
539-5960
Wednesday, 7AM First Meeting; Feb 22
Length: 8 times
Location: will be noted on your receipt
Class Fee: $5.00, pay with registration
This class will provide assistance to enable you to accurately prepare your individual Federal, Form 1040, 1040A and 1040EZ and State income tax returns for 1983. It will point out what is new in the tax this year and answer your questions. (Elias is certified by IRS to assist tax payers.)

DO-IT-YOURSELF TAX PREPARATION: THE BASICS
C-24
Gill Stillewaate
776-7531
One Time: Monday, 7-9PM, March 5
Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
Don't wait any longer for the April 15th frenzy to strike! This course will cover the basics you need to know to organize your financial information so that you can easily do your tax return. Included will be how to deal with income averaging, dealing with the 1099's and W-2's and other important tricks of the trade. Being last year's tax return to class with you or a copy of this year's tax form. (PLEASE NOTE: This will not be an opportunity to complete your tax return.) (Gill is owner of the local H & R Block and has 20 years experience in tax preparation.)
—People for peace—

MANHATTAN MOBILIZATION FOR SURVIVAL


Tuesdays, 7:30pm: First Meeting: Feb 14 Length: ongoing
Location: will be noted on your receipt

Thanks to the support of our friends, the recent nuclear war movie on TV, some 100,000,000 Americans have had to think about the unthinkable. Unfortunately, the immediate response to the film by a great many viewers was a kind of despised resignation to death or survival in an impossible world or, worse, a denial of the awful truth that a cancer patient refusing to accept his terrifying diagnosis. Our national government goes on giving tips to peace while inflating the arms race with new missiles in Europe, avoiding a dialogue with the other superpowers. Offering us the deceptive nonsense that civil defense can save most of us and in addition frightening all of us with the prospect of another Vietnam-type war In Lebanon or Central America. Even though reputable surveys of public opinion show a majority opposed to the terrible risky military stance, we tend to feel helpless to influence our own government.

NUCLEAR ARMS PAC

C-11

One Time: You will be contacted for day, time and date
Class Fee: $1.00, with pay registration
Discussion of the nuclear arms race and some of the proposals for dealing with it. We will discuss the nuclear freeze, the new buildup proposal, previous arms control treaties etc., (San has been active in the nuclear freeze movement with the Manhattan Citizens for Peace (formerly U.M.P.))

HANDS IN PEACE PLANNING COMMITTEE

C-16

Dave Stewart, Joan Parker

One Time: March 21
Location: will be noted on your receipt
Class Fee: $1.00, with pay registration
This group will engage in the planning, development and coordination of the second annual celebration of Hands In Peace. Hands In Peace is a nationwide observance scheduled for Sunday, October 26, 1984. Its purpose is to bring together people of all faiths and convictions to join together in their hope for peace. The first meeting will be for task group planning.

—Discovering new places—

FROM REMBRANDT TO RUBENS - AMSTERDAM TO BRUSSELS

C-10

May 19 - June 1, 1984

This tour is organized and run by Traveler's, an established international tour agency, and departs from New York City. The mention of Belgium and The Netherlands brings to mind images of windmills, canals, bikes, and wooden shoes. This compact region, smaller than West Virginia, offers remarkable contrasts and variety exemplified by Antwerp and Rubens, Amsterdam and Rembrandt. Just as these two artists were contemporaries, the two countries' histories are strongly linked. However, the differences in language, culture, art and commerce make this a fascinating region to explore. The participant will become familiar with the historic locales and monuments which played such an important part in their histories, especially the 17th centuries. From Rembrandt's home to Rubens' Italianate villa, the canals of Amsterdam to medieval Bruges, the windmills of Kinderdijk to the battlefield of Waterloo, you will explore the cultural wealth and variety of these two countries.

COST: $1,995

DEPOSIT REQUIRED: $250, Balance due by March 16, 1984
Call Julie Coates, 532-5866 for more Information

TUTTLE CREEK TOUR

C-21

Paul Weidman

One Time: Sunday, 9:30am-12am, April 8
Location: will be noted on your receipt
Class Fee: $1,000, with pay registration
Limit: 40
Discover how much Tuttle Creek Lake has to offer. A corps park ranger will present a slide show, answer your questions, and take you on a tour of the Inter-Tower. (Tour not recommended for small children or those afraid of heights. (Paul has been a park ranger at Tuttle Creek Lake for four years)

TOUR OF THE MCCALL PATTERN COMPANY

C-25

Sherri

One Time: Wednesday, 10-11am, Feb 15
Location: will be noted on your receipt
Class Fee: $1,000, with pay registration
The McCall Pattern Company is one of Manhattan's largest businesses. You will be shown how each pattern is cut and folded. All participants will receive a free gift packet.

4/Community

—1984 Lou Douglas Series—

THE 1984 LOU DOUGLAS LECTURE SERIES 1984: THE AMERICAS IN CRISIS

The Lou Douglas Lectures on Public Affairs have emerged as a significant forum on such topics as human rights, arms control and economic crisis. Plans are now being made for the 1984 Lou Douglas Lectures to be held February through April.

The Lou Douglas Lecture Series is a tribute to the late Louis H. Douglas, whose life was devoted to serving others. Lou Douglas' wit, wisdom and kindness touched the lives of thousands of students in his distinguished career with KSU's Department of Political Science. Lou Douglas' contributions to the political and legislative processes in our state and community are still remembered today by those of all political persuasions. If you would like more information contact Pat Killian, Series Coordinator at 532-8866.

A caring community

TUTORING CONVERSATIONAL ENGLISH

C-12

Dona Davis

Section I: Tuesday, 7-8pm, Feb 7
Section II: Wednesday, 7-8pm, Feb 8
Location: will be noted on your receipt
This will be an orientation for individuals interested in tutoring conversational English to international students at KSU and their spouses. No experience is necessary. (Dona has tutored Conversational English for 2 years)

LITTLE APPLES/ENTERTAINMENT ALTERNATIVES

C-14

Elaine Spencer-Carver

2nd & 4th Fridays of the month, 7:30pm: First Meeting: Feb 10 (ongoing)
Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Are you tired of the bar scene? Join others like yourself who would rather make friends with people in a comfortable setting while participating in fun activities. All ages welcome!

GREENHOUSE NOOBS

C-13

Elaine Spencer-Carver

Tuesdays, Tuesday First Meeting: Feb 7
Length: ongoing
Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Greenhouse Noobs will be the ongoing support group for individuals who are concerned about problems of substance abuse - either their own or someone else's. The group is an open group which will offer a good opportunity to make new friends, to discuss your feelings about these problems. Bring a sack lunch and join us on Tuesdays. (Elaine is a Licensed Master Social Worker and is Director of the Alcohol and Other Drug Education Service at Kansas State.)

UK - NARCOTIC ANONYMOUS

C-15

Fridays, 8pm: First Meeting: Feb 3
Length: ongoing
Location: St. Mary's Hospital
Support group based on the AA model that meets to discuss past or present problems with substance abuse and how group members are finding ways to get on with their lives. If you think you have a problem or would like to join us please stop by.

FLINT HILLS BREADKAST

C-22

Tom Mulhern

Wednesday, Thursday, 7:30pm (One Time)
Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Kansas is known as the "Breadbasket of the World" and now Manhattan has a breadbasket of its own - the Flint Hills Breadbasket. You're invited for a tour of the Manhattan area's food bank and to find out how you can become involved in solving the problem of hunger right in your own back yard. (Tom has been involved with the Flint Hills Breadbasket since it began several years ago.)
—For women only—

MOTHER'S SUPPORT GROUP
Caroline Milliren, Debbie Lindberg
2nd & 4th Thursdays, 5:30-6:30pm First Meeting: Feb 14 Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Get out of the house and join the support group for mothers of preschoolers. A chance for adult conversation while the children interact with one another. (Caroline and Debbie are mothers and have been in the group a year.)

WOMEN'S SUPPORT GROUP
Sue Rieger
The Women's Resource Center is sponsoring several weekly, ongoing support groups. They are open for new members to join at any time. Scheduled for this spring are:

Women's Support Group - This group is for women dealing with decisions regarding education, careers, relationships and sexuality.

Page Survivors' Support Group - All women who have experienced rape or attempted rape, regardless of the time elapsed, are encouraged to attend. Members share support and coping strategies.

Incest Survivors' Support Group - Incest is an unspoken secret that many women carry with them. This is an opportunity to talk about your situation in a confidential setting and gain strength from others.

Post-Abortion Support Group - This group was started by a couple of WRC volunteers who felt that women who experienced abortion need a non-judgmental group atmosphere to discuss feelings. For more information call the Women's Resource Center, 533-6328.

FEMINIST WRITERS SUPPORT NETWORK
Natalya Hall, Risa Grover
Organizational Meeting: Thursday, 7-9pm, Feb 2 Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
We are women who write journals, letters, poems, stories, plays... who would like to know other women who write, to share readings and critiques and encouragement in a supportive atmosphere. We foresee dividing into small groups meeting bi-weekly, with some sort of communication between groups. (Natalya and Risa are writers who are tired of working in a vacuum.)

—For men and women—

PREMARITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR MEN
Susan Jacobson
Tuesday, 7-9pm, Feb 7 Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
A short survey of law regarding divorce, legal separation and custody. Premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on men's rights and responsibilities.

PREMARITAL AGREEMENTS, DIVORCE, OR CUSTODY: FOR WOMEN
Susan Jacobson
One Time: Monday, 7-9pm, Feb 6 Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
A short survey of law regarding divorce, legal separation and custody. The premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on women's rights and responsibilities. Students pay half to two notebooks. (Susan practices law in Junction City where 75% of her work is in domestic relations.)

LEGAL SERIES
You have the opportunity to ask a trial lawyer about legal topics that affect your personal or business life. The attorneys are all members of the Board of Governors of the Kansas Trial Lawyers Association and members of the Association of Trial Lawyers of America.
Location: Will be noted on your receipt
Class Fee: $3.00/session (please indicate sessions you plan to attend)
$6.00/series, pay with registration

Satisfied Wives and Children
Larry Kube
One Time: Wednesday, 7pm, Feb 8

Employers vs Employees - Employment Discretion Law
Gary McCullister
One Time: Wednesday, 7pm, Feb 22

Child Support and Custody
Robert Keenan
One Time: Wednesday, 7pm, Feb 29

HARBORS: A WOMEN'S COFFEEHOUSE
Sue Rieger
One Time: Friday, 8pm-10pm, Feb 17
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
This event is for women to share music, poetry and art. It is also a chance for women to meet each other, socialize and learn what's happening in the women's community in Manhattan. (See is assistant director of the Women's Resource Center.)

SELF DEFENSE FOR WOMEN
Mary Holm, Christy Simpson, Sue Rieger
Wednesdays, 7:30-9:30pm, Feb 29 & March 7 Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 20

Regardless of age, race, social class or lifestyle, all women are potential targets of violence. Women rarely receive any training for their own defense. This class will introduce simple but effective self-defense skills taught by women, for women. Be sure to wear loose, comfortable clothing. (Mary, Christy & Sue are members of Women Against Rape and have taught self-defense before.)

CONFRONTATION TRAINING
Mary Holm, Christy Simpson, Sue Rieger
One Time: Thursday, 7:30-9:30pm, March 22 Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 12

This class, especially for women, will help you learn how to deal with both verbal and physical sexual harassment. A feminist perspective on how confrontation can be a positive measure for violence against women will be explained and discussed.

CREDIT WOMEN INTERNATIONAL SERIES
During Credit Week International, April 23-29, Credit Women International will be presenting a financial series which includes the following topics:
Budgeting your money, four Rights as a Consumer, Women and Credit, Applying for Credit, Car Financing. Look for times and descriptions in our Mid-Spring catalog out March 16 and plan to attend.

BOOKS BY AND ABOUT WOMEN
FA-49
Lorrie Cross
Wednesday, 7-9pm First Meeting: Feb 1 Length: Ongoing
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration

We meet informally to discuss books that are serious, humorous, or satirical. We read both fiction and nonfiction. Choices of books depend upon the preference of the group. Books we have recently read include: Prated Lives by M. Piery and From Housewife to Heretic by S. Johnson.

CRACKPOTS: VISIONARY WORLDS IN Woment's NOVELS
FA-51
Flossie Snyder
Thursday, 7-9:30pm First Meeting: Feb 7 Length: 3 times
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Limit: 12

This series is for women. We read works by great writers who have used alternative (red) words to analyze society. Readings include Herland (Gibbons), Women on the Edge of Time (Piercey), Memoirs of a Survivor (Lessaing). Themes include express, violence, technology, family and child-rearing. (Flossie teaches English and has a special interest in women's literature.)

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1126 Laramie Manhattan 537-7340
Toll free numbers
Automobile Recruit Information 1-800-424-2993
Child Abuse Hotline 1-800-222-5555
Consumer Protection for the Elderly 1-800-207-7000
Manhattan Area 776-2924
Consumer Produce Safety Commission Hotline 1-800-332-7275
Educational Grants Hotline 1-800-555-4555
For Educational Institutions Only 1-800-565-3900
Food & Housing Opportunity Hotline 1-800-424-8590
Mat. Community Education Clearinghouse 1-800-424-8590
Federal Trade Commission Information & Assistance 1-800-283-6553
Interstate Commerce Commission (Moving Hotline) (Reg.Office) 1-817-334-2496
Lender Hotline 1-800-424-3593
Runaway Children
(If you need information to contact their parents, a recorded message will be taken and relayed free of charge)
Veterans Administration Benefits Information Assistance 1-800-827-1945

Used clothing
Used Clothing, Household Goods, etc.
Clothing Center, 10th & Market Tues. & Fri. 2:30-4:30pm
Home & School Shop, 728 Colorado, Mon.-Sat., 1-4pm
Encore Shoppers, 311 Pointe Ave.
Salvation Army (Junction City - will pick up)

Local recycling programs
Campbell Distributors, Inc. (collect aluminum)
841 S. 14th St.
Juggling Feats, Inc. (collect aluminum cans)
Crestwood Park West, 304 15th St.
Refuse Control Company (provides deposit bins for newspapers in parking lots of K-Mart, Dutch Maid Stores, Mercury, West Loop Daily Service Station)
Riley County 4-H Club (sponsors newspaper drives)

New business:
Manhattan's business community is thriving. In 1983, we welcomed 44 new businesses to our town. Thieves have
Home Fire Detection Center, 2709 Ameristat National Video, 1130 Westwood Place, 330 N. 3rd, (Kemp Manufacturing Plaza)
Hop N' Skip, 1501 West 5th Street, west units, K-18, Frontage Road
Shelley's, 1800 Cliftin, Suite 130
Charlie Brown's, 1102 Fort St.
Bruno's, S. 4th
O'Neil's Liquors, 718 S. 3rd
Manhattan Motors, 1820 Tulip Creed Blvd.
One-Hour Photo-Photo, 1336 Garden Way
First Bank, Duncan and Cliftin
The Answer, 1132 Cliftin
TOK Division Headquarters, 1564 Hayes Drive
S & R Design, 319 North 5th
Truckers Food, 1800 S. 5th Lane
Country Ritz, 1217 More
Kettle Cliff, Howe 1 News
Posters & Panels, 1120 Laramie
eastern graphics, 1221 Thurston, South Wing (UPR)
Ice Cream Works, Duncan & Cliftin
Sub-3-Such, 21 St. Seth Childress Road
The Phone Connection, 414 Poyntz
The Boys Bunkie, 121 South 4th
Manhattan Oriental Foods, 714 N. 3rd
The Pizzeria, 716 N. 3rd
The Dome, 300 N. 3rd
Snowtop Pizza Place, 519 Richards Drive
Thomas E. Flagg, D.D.S., 322 Southend
Robert Keith, M.D., 271 Southwind
Hunger's Restaurant, 1104 6th
Malone and Associates, 2803 Cliftin Road
Shop Quix, Duncan and Cliftin Roads
Graham's Country Store, South 4th
Matt westfall-105, 601 Vattier
McPete's, 1313 More
Footlights, 1130 Laramie
Bushwackers, 528 11th, Manhattan
Sunflower Sampler, 2030 Tuttle Creek Blvd.
Shop Quix, 200 Tuttle Creek Blvd.
Pizza To Go, 205 Tuttle Creek Blvd.
Belly's Lemens Family Fun Center, 1222 More
Manhattan Keyboard Center, 210 More

On Saturday, February 18, UH will sponsor a tour of Manhattan's new business places with stops at selected sites. Tour begins at 10:00am. Join us!

Old business:
Some of our businesses have grown, moved or expanded to keep up with changing times. These are:
Little Apple Body Shop, 415 Yuma
Kitchens Plus, "The Department Store," 208 N. 3rd
Macy's, B. S. 6th
Jim's Engine Repair, 1305 Fair Lane
Russell Automatic Electroplating, Fair Lane
Riley Co. Health Housewive Sucks, 2803 Cliftin
Building B Professional Center, 1133 College Avenue
(Toas, Hughes, Pettico, Lila, Graham, Fulton)
Building B Professional Center, 1133 College Avenue
(Toas, Hughes, Pettico, Lila, Graham, Fulton)
Contemporary Interiors, 331 Poyntz (now with Streater Gallery)
Jean Station, 1207 More
Baller's Sporting Goods, 1210 More
Citizens Bank & Trust Co., 8th & Humboldt
6/Community bulletin board

Special programs for special populations
Sponsored by Manhattan Parks and Recreation
Call 537-0056 ext. 265 for more information

After School Program - This program is designed for disabled youth ages 18 years and younger. During the first session, we will be offering a new games class, Bing, and introduction to arts and crafts. The classes begin the week of January 23 and end in early March. Each class meets immediately following school. Contact Jayne Miller, 537-0056, ext. 265.

Upper Living Program - This program is a transitional living program for upper functioning adults who want to develop independent living skills. Among the classes being offered are shopping effectively and meal housework easier. Both classes meet in the evening during January and February for six weeks. Contact Jayne Miller, 537-0056, ext. 265.

A Collection of Kansas Memories - We weekly get together of good old Kansas story telling in which a "book of Memories" will be compiled.
Tuesday, 10:01-11:30am, Jan 24-Feb 28
Location: Senior Center
Class Fee: 50.00 (call 537-0056 ext 265 to register)
Creative Writing: Do you enjoy writing? Bring a homemade poem, short story, pun and share it with the group. Learn to perfect and expand your writing skills.
Thursdays, 9:30-11:30am, Jan 26-March 1
Location: Senior Center
Class Fee: $20.00 (call 537-0056, ext 265 to register)

Special programs for older adults
Sponsored by Area Agency on Aging
Tax assistance for the elderly
This will be the third year of providing the Tax Counseling for the Elderly program. The program.
Training is provided free of charge to all volunteers, and out-of-pocket expenses related to training and tax assistance will be reimbursed by AARP through the Consumer Assistance program. Tax training includes basic form and schedules (e.g., 1040, 1040A, 1040EZ), Homeownership/Food Sales Tax Reimbursement, as well as面目 depends reporting including: Credit for the Elderly; Estimated Tax for Individuals; Pensions and Annuities; Capital Gains and Losses; Disability Income; Sale of a Residence.
A commitment of at least 3 hours per week from mid January to April is requested. Technical assistance, assistance sites, and forms will be provided for any senior assistance and information.
An IRS certified pass/fail test will accompany the TCE program. The test will be held during the training sessions.
If you have questions or want to volunteer, contact Consumer Assistance Information, Elaine Johannes, 2021 Anderson, Manhattan, KS 66502.
Phone: 1-800-432-2922.
Tax assistance for senior citizens in Riley County will again be available free of charge in 1984, according to Elaine Johannes, who is in charge of the Consumer Assistance and Information program of the Area Agency on Aging.
Volunteers to help senior citizens with their tax returns and applica-
tions for rebates will be available at the Manhattan Senior Center until April 15, five days a week at a date in January which has not yet been announced. There also will be volunteers who will make house calls for people unable to come to the Center.

Gay and Lesbian Resource Center
Leave message at 537-8236 or write to PO Box 291, Manhattan, KS 66502
We are a service-oriented organization providing peer counseling, educative presentations, cultural programs and support groups, information on a variety of issues and social activities in a supportive and con-
fidential atmosphere. Gay men and women and others who are supportive of alternative lifestyles are welcome to join us occasionally or on a regular basis Mondays, 8-10pm. Call 537-8236 for information.

To list your program activity in the UPH Community Bulletin Board, call 537-3866. Deadline for mid spring catalog by March 1, 1984.
Where the wild things are

EAGLES IN KANSAS

Joe Schafer

Wednesday & Saturday (Wednesday, 7:30pm), Jan 18 & 21 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
The Mexican area is blessed with over 80 over-wintering bald eagles, and everyone should take this chance to meet these majestic birds with the 6-foot wingspan. On Wednesday, Joe will present a slide show and bring a live golden eagle. On Saturday, Audubon members will lead field trips to Tuttle Lake to see the endangered bald eagles. Bring your family, this is a great outing if you have them and dress warmly. Hot chocolate and slotting snacks will be provided. Field trip times will be announced on Wednesday evening, the monthly meetings of the Kansas Audubon Society. (Joe is a non-genetic biologist with Kansas Fish & Game.)

PATTERNS OF NATURE

Jim Reifschneider

One Time: Tuesday, 7:30pm, Feb 14 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Why aren't rabbits the size of elephants? Why do only male deer have antlers? How can color patterns make an animal appear more threatening? Using a slide show that was part of a nature exhibit, Jim will discuss four laws that control the patterns of nature. Come to this monthly meeting of the Audubon Flats Audubon Society. (Jim is an ecologist in the Botany Division of KU.)

KANSAS WILDLIFE REHABILITATION

Mike Ebanks

One Time: Thursday, 7:30pm, Feb 10 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Misguided pruning of hunters and attempted poaching of wildlife often result in injured and abused animals. As a wildlife rehabilitator, Mike nurse injured wild animals back to health so they can return to the wild. He will discuss how he provides proper diet and adequate exercise to wildlife and will present a slide show on animals he's worked with.

ATTRACTING WILD BIRDS TO YOUR BACKYARD

Mike Ebanks

One Time: Saturday, 1-3pm, Feb 4 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
How’s the time to attract those cardinals, chickadees, nutshakes and woodpeckers to your backyard. To accomplish this, you must be wise in what foods to offer and how to present them. Mike will discuss pros and cons of different bird foods, how to purchase quality seeds and how different feeders attract different kinds of birds. We’ll also talk about the importance of water, cover and what to do about unwanted visitors (squirrels, etc.). Samples of food and feeders will be on hand.

HIKING TRAILS IN KANSAS

Jef Newington

One Time: Monday, 7:30pm, April 6 Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
This spring, hike the beautiful hills and valleys of Kansas. We will discuss what Kansas has to offer in the way of hiking opportunities. Emphasis will be placed on and their unique features. Information and guides will be available for handout. Foot trails will be emphasized and can be walked. A walking trail will be illuminated. (Jim is a member of the Kansas Trail Council and the Kansas Canoe Association.)

MAKING FRIENDS WITH THE EARTH = COMPOST!

Dean Doremus

Saturday and Sunday, 10am, April 29 & 29 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
Come meet old and new friends as we hike the Flint Hills of Tuttle Reserve. We'll spend the evening around the campfire discussing environmental concerns, sharing stories and keeping warm. Supper and breakfast will be cooked over the campfire. Nature by mid-morning on Sunday. No previous camping experience is required. You're all invited to take this opportunity to meet some friendly friends Of The Earth. (Dean has maintained his friendship with the earth for many years.)

ATTRACTION OF WILDLIFE TO YOUR YARD

Ron Kutzerke

One Time: Thursday, 7:30pm, Mar 8 Location: will be noted on your receipt
Class Fee: $1.00, pay with registration
"It's far more interesting to have diversity in your yard than to have a perfectly manicured lawn," says Ron. Learn how to develop a naturalistic setting that is attractive to wildlife and people alike. Ideas on winter protection, living fences, water areas, and choosing plants with wildlife value will be discussed. Now is the time to plant those shrubs, vines, trees and annuals, so don't miss this monthly meeting of the Kansas Audubon Society. (Ron is the regional vice-president of the National Audubon Society. He is using natural plantings to turn his yard into a wildlife sanctuary.)

TAXIDERMY: FROM FIELD TO TAXIDERMIST

Terry Callender

One Time: Tuesday, 7:30-9:30pm, March 20 Location: will be noted on your receipt
Class Fee: $3.00, pay with registration
Terry will discuss field care of birds, fish, small mammals, big game, and will explain how to best preserve animals for the taxidermist. He will give a slide presentation on all phases of taxidermy (birds, fish, small mammals, and big game) and will show care of your trophy at home. Bring your questions about taxidermy to this class. (Terry has been a professional taxidermist for 15 years and is currently on the board of directors for the Kansas Association of Taxidermists.)

GREAT BLUE HERON ROOSTERY EXCURSIONS

Norie Dellen

Section I: Saturday, 8am-lam (Apr) Specific dates will be announced
Section II: Saturday, 8am-lam (Aug) Location: will be noted on your receipt
Class Fee: $2.00 per trip or $8.00 for all three, pay with registration
See the giant nests that these huge crane-like birds come back to year after year. The nests are always built in the highest reaches of sycamore trees. Watch them in flight, feeding, and care of the young. See the nests at the start of the season, middle and check up on the young at the end of summer. There are three heron rookeries in Riley County located in the Stockdale, Deep Creek and Winter creeks. Norie will take you to a different rookery each trip. Bring binoculars, cameras, snacks and lunch and be prepared for a scenic fun time. (Norie has been a 6-project leader in Birds Around You, Wildlife Conservation and others and awarded projects for at least 20 years. She loves birdwatching, hiking, and getting out in the Kansas "Wild" with others that have the same interests.)

NATURE PHOTOGRAPHY

David Ristow

 Saturdays, 10am-12noon, Apr 28 & May 5 (2 times) Location: will be noted on your receipt
Class Fee: $3.00, pay with registration Limit: 10
Learn how to capture on film the wondrous detail of a butterfly or the elegance of a daisy flower. This course will consist of description and practice of close-up nature photography. Emphasis will be on optics and close-up flash techniques. In the second class we will travel to nearby wild places for some practice in photographing nature. Rudimentary knowledge of operation of a 35mm SLR would be helpful. (David is an amateur photographer, specializing in close-up photography of flowers, insects, and other critters.)
Keeping warm

SOLAR SPEECHHOUSES AND SUGARPLUMS

Dean Denner, Bill Dorsett
776-5589 559-1956

One Day: Monday, 7-9:30am, Feb 20
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
If your family can use additional living space, the capability to grow food in winter, and/or supplemental solar heat, a solar greenhouse or sugarplum will fit your needs. Numerous local examples will be used to explain how to design and build a such a room to best meet individual needs as well as environmental concerns. Building solar greenhouses is a major part of Dean & Bill's work as Sunwrights of Manhattan.

SOLAR SPACE HEATING COLLECTORS

Dean Denner, Bill Dorsett
776-5589 559-1956

One Day: Tuesday, 7-9:30am, Feb 21
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Using a renewable energy resource, decreasing utility bills and a 10% tax credit are reasons for utilizing space heating solar collector design and construction will be explained. Site-built and manufactured collectors will be shown.

PHOTOVOLTAICS

Bill Dorsett
559-1956

One Day: Wednesday, 7pm, Feb 22
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Usually overlooked in the search for new energy, these space technology chimes have no moving parts, consume no fuel, produce no pollution, and can be placed from the second most abundant element in the earth's crust. Plan to be your own utility in 1985. (Bill has researched PV's for 2 years as an alternative to nuclear power.)

SOLAR HOMES TOUR

Bill Dorsett, Dean Denner
559-1956 776-5589

One Day: Saturday, March 3
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Increasing numbers of solar buildings in the Manhattan area are available for us to visit. This tour will feature solar homes, greenhouses, sunshine barns, and some other innovative designs available for discussion. (Bill and Dean have been designing and building solar collector systems in Manhattan for the past 4 years.)

WOODSTOVES, HOODS, CHIMNEYS, CHIMNEY CLEANING AND FIREWOOD

Larry McNee
776-5118

One Day: Wednesday, 7pm, Feb 8
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Thinking about burning wood this winter? Come and learn about wood stoves, hood-ups, chimneys, chimney cleaning and firewood, we'll discuss safety and what to look for in purchasing a wood stove including the all important venting. The new catalytic combustion add-on unit which reduces creosote by 90% will be examined. (Larry is the owner-operator of the Energy Center and has extensive experience in the installation of wood burning stoves.)

ENERGY CONSERVING WINDOW TREATMENTS

Kathy Burke
532-5780

One Day: Thursday, 6:30pm, Feb 23
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

Is your home too cold this winter? Are your heating bills higher than you'd like? A typical house can lose 15 to 50% of its heated air in the winter months. The energy conserving value of various window treatments and how they can be incorporated into different homes and budgets will be given to treatments that are essentially effective for cold weather. (Kathy is the State Extension Interior Design Specialist and enjoys creative energy conservation.)

MAINTAINING WIND POWER; A PRACTICAL DEMONSTRATION

Dave Feldhuisen
539-9811

One Day: Monday, 6:30-8:30pm, April 30
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limits: 15
Using Joel's wind system as an example, this class will show home owners what is necessary to install and operate a wind generator system. We will discuss site selection, wiring, inverters, high wind protection, hook-up to the utility company and the all important federal and state tax credits. (Since meeting a ULI class on wind power 5 years ago, Joel has been completely hooked on wind power.)

COMMUNITY ENERGY PLANNING

Jim Dubbs

One Day: Saturday, 2pm, Mar 24
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Using Joel's wind system as an example, this class will show home owners what is necessary to install and operate a wind generator system. We will discuss site selection, wiring, inverters, high wind protection, hook-up to the utility company and the all important federal and state tax credits. (Since meeting a ULI class on wind power 5 years ago, Joel has been completely hooked on wind power.)

Pets and people...

INTRODUCTION TO GUIDE DOG TRAINING FOR YOUR DOG

Sue & Kelly Barrett
539-7809 776-4876

One Day: Monday, 7:30am, Feb 22
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

This class explains their objectives in behavior modification, obedience and personal protection training of your dog. Many breeds, too numerous to mention, will be in this course, including all breeds. A very expensive, non-profit guide dog training seminar will be given in March. This introduction class is a good chance to decide if guide dog training is for you, handouts, a video presentation and a workshop exhibition will be included. Please call if you have questions on your breed. (Sue and Kelly work on dog behavior problems, proper puppy training and train guard dogs. They are interested in education about guard dogs and in personal protection, especially for women.)

CATS ARE PEOPLE TOO: CARE AND APPRECIATION OF CATS

Maxine Potter
776-4963

One Day: Monday, 7-9:30am, March 10
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

We will discuss the history of domesticated cats, basic care and health problems, and a brief description of all breeds of pedigree cats. Also, we will cover show requirements, a demonstration of proper grooming of long-haired cats, as well as a question and answer period. This class will help prepare you for the annual designed and household cat show, 100-150 cats will be competing March 14-15 from 9am at Peterson Hall in Clio Park. (Maxine has been a cat breeder and exhibitor for 25 years. She has been a judge throughout the U.S., Canada and Japan.)

SMALL PET CARE

Julie Peterson & Anna Marie Brown
532-1824

One Day: Saturday, 10am, Feb 4
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Materials Fee: $1.50, pay at class

This is an overview of the selection, care, and breeding of guinea pigs, hamsters, gerbils, rabbits, rats, mice, and parakeets. If you're inter- ested in keeping pets in apartments or residence halls, this class will supply you with lots of pointers. Don't pass up this opportunity to hear it from experts. (Presently, Julie has seven pets in her dorm room, Anna Marie has two.)

STARTING YOUR STOCKPUD

Rosalie Held
539-0216

One Day: Saturday, 1-3pm, March 17
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

This class will demonstrate techniques in beginning to train your stock- dog, including basic obedience and early livestock work. Emphasis will be on "gathering" dogs but driving dogs will be discussed too. Please note breed will be Progressive Dutch sheepdog and enjoy showing training tips with others interested in stockdogs.

OILY GHOSTS

Ron Paul
539-6566

One Day: Wednesday, 7-9pm, April 11
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

Do you believe that ghosts really exist? Have you heard that goat milk tastes bad? Unfortunately ghosts have suffered an image problem for years. Maybe we can all enjoy learning what these useful animals are really like. You can even sample some of their dairy products including milk and cottage cheese. (Ron has been raising goats for the past nine years.)

HORSEBACK RIDING FOR MENTALLY RETARDED YOUNG PEOPLE

KUS Hersemen's Association

Saturday & Sunday (times to be announced) April 7 & 8
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

Basic horseriding will be taught and will include listening and co- ordination exercises, brushing and horse will be covered. At registration, please designate your age. Participants of past sessions have greatly enjoyed and benefited from this class and some have gone on to advanced horseback riding and rodeo. (The KUS Hersemen's Association has held this class for the past three years.)

WHAT THE BODY WORKS: TAKING THE MYSTERY OUT OF COMMON MEDICAL PROBLEMS

Lynn Schenk
539-3550

Section I: Saturday, 1-3pm, Feb 4
Section II: Saturday, 1-3pm, Feb 11
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limits: 15 each section
What is the cause of colds? How are medicines related to overall body function? How does the integrity of blood vessels relate to stroke? Which bones are most commonly broken? Lynn will answer these questions and others related to the circulatory system, headaches, nervous system, injury prevention, and a wide range of other topics. Lynn is an anatomy and physiology lab instructor at KUS.)
-The greenening of Manhattan-

DRIED PINEAPPLE PLANTATIONS IN KANSAS

Delbert Zook

Sunday, 2-4pm, April 3

Location will be noted on your receipt

Limits: 17

Kansas ranks 48th out of 50 in pineapple production. "But take hearty pineapple-plantation-planners," says Delbert, "we outrank both Alaska and North Dakota." For those of you looking for a new career, a change of pace or just a part-time hobby, this class could change your life. Wheat and sunflower farmers are especially encouraged to attend. (Before coming to Kansas, Delbert was instrumental in the coconut groves of West Virginia and the snake-oil industry in Idaho.)

MASSING SPRING PLANTING BULBS

E-28

Tie Lindemuth

One Time: Saturday, 1-2pm, April 14 (reinstate April 21)

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 30

Look over more than 1,000 flowering bulbs, daffodils and hyacinths at the peak of the blooming season. Learn how to plant and care for spring bulbs in your yard. Numerous bulb varieties will be shown. (This has been home planting for a number of years and has received Namett's Hardy-of-the-Year award twice.)

COLD FRAMES: GETTING A HEAD START

E-22

Ira Harritt

One Time: Sunday, 9am, Feb 12

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 50

Cold frames, cloches, grow frames and other season extenders can be used to get an early crop. One or two months of fresh produce. Fresh lettuce, radishes and greens in March Tomatoes, cucumbers and peppers frost-free. We will discuss construction and operation of various cold frame designs. (Ira is a garden designer.)

EDIBLE LANDSCAPE: INTERSHIPS AND VOLUNTEER PROGRAM

E-23

Edible Landscape Staff

One Time: Monday, 6:30-9:30pm Feb 13

Location: UPH Greenhouse, 1227 Thurston

Would you really like to know the inner truths of Edible Landscaping: How fallow fields become annual and perennial plant care? Here is your chance. We are looking for people who enjoy learning and caring for our demonstration site. We require a commitment of one season and interest in our volunteer meeting and find out what you can learn or how you can help.

FOOD LANDSCAPING

E-24

Ira Harritt

One Time: Monday, 7:30pm, Feb 13

Location will be noted on your receipt

Class Fee: $2.00, pay with registration

Imagine your yard filled with dwarf fruit trees, strawberry ground covers, grapevines, fresh herbs, lettuce and vegetables. These are only some of the plant materials you can use to create a beautiful and edible landscape. Find out how to use these in and around your landscape and your community for food production, energy conservation and beauty. "Edible Landscaping in Kansas," the new UPH slide/tape show will be presented.

ORGANIC AND FRENCH INTENSIVE GARDENING

E-25

Nabuludin Nelson

469-5631

One Time: Tuesday, 7:30-9:30pm, Feb 28

Location: UPH Greenhouse, 1227 Thurston

Class Fee: $3.00, pay with registration

Organic gardening and the French Intensive method both emphasize healthy soil as the basis for healthy and healthful plants. We will discuss planting, planning, cultivating, controlling insects and weeds, and茬 purposes for maximum yield of food production in a small area. (Nabuludin raises most of the vegetables for his 5-member family without chemicals.)

CARE OF FRUIT TREES

E-26

Steve Moore

One Time: Monday, 7-10pm, March 5

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 12

We will discuss the basics of pruning techniques, tools, theory and practice so that you can properly prune fruit trees. Learn how to plant fruit trees and how to provide year-round pest control. Also, fruit tree varieties grown in the Manhattan area will be discussed. Steve is the owner of Spring Creek Nursery and has many years of horticultural experience.

PLANTING YOUR SPRING GARDEN

E-21

Kate Brooxly

457-2185

One Time: Saturday, 1-4pm, Feb 11

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 10

Where should you plant the potatoes? How much lettuce will you need? How can you get two crops from the same bed? What's succession planting? Companion planting? how about flowers? By planning and mapping your garden you can have a more productive, healthy and beautiful garden. We will discuss the decision-making process and questions about basic gardening. (Kate has been gardening for many years and loves to share her knowledge.)

From the earth to the stars-

KANSAS WATER RESOURCES: PRESENT AND FUTURE

E-19

League of Women Voters

776-4851

February 7, 7-10am, 21, 28 (4 times)

Location: Manhattan Public Library

Feb 7: In overview of the proposed water plan for Kansas. Joe Hartley, Director of the Kansas Water Office which is directed to prepare the state water plan.


Feb 21: Who should pay for water for Kansas? Is it in present years, new sources of water will not be free or very cheap. A panel discussion will address the problems. Ron Fox, Kansas House of Representatives; Roberts Cowick, U.S. Corps of Engineers; Marion Arreriter, League of Women Voters; State Finance Expert

Representative to be announced, U.S. Bureau of Reclamation.

Feb 28: Taking care of what we have. An overview of water supply and quality. Allan Ahrens, Director, Division of Environment, Kansas Department of Health and Environment. (The League of Women Voters has always believed in informed citizen participation in government. This symposium is part of a current study by the League of Women Voters of Kansas on water resources management.)

GENE STONES

F. C. Lamming

537-7839

Tuesdays, 7:30pm, Feb 7, 28 (2 times)

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 50

At the first meeting Dr. Lamming will discuss gem stones and share some of his work with you. Natural, synthetic, and faux stones will be discussed with an emphasis on such properties as color, hardness, and fire which make a good gem. The second meeting will take you over to Ward Hall, where Dr. Lamming will demonstrate equipment and procedures for cutting stones. (Professor Lamming is a retired chemistry instructor who has shared his knowledge and experience through UPH many times before.)

THE GREAT PHYSICS SHOW PART II: LIGHTNING, COMPASS, GENERATORS

E-17

And more

Larry Weaver

532-6786

One Time: Wednesday, 7-10pm, March 21

Location will be noted on your receipt

Class Fee: $3.00, pay with registration

Limits: 50

Learn some of the principles of electricity and magnetism (and maybe rainbows and iridescent puddles) through a variety of interesting and/or amusing physics demonstrations. Larry is the author of a commentary on the history of physical thought and on seeing the laws of nature at work in our lives. This is a great class for the whole family. Larry will explain the concepts of physics in everyday terms so that everyone can understand. (Larry is a physics professor at KSU.)

BASIC ASTRONOMY

Larry Parks

776-5399

One Time in April (day, date and location will be announced) 8:30pm

Class Fee: $3.00, pay with registration

Limits: 25

Larry will first discuss the basic physical structure of the known universe. After dark, we'll look at planets, stars and constellations, including Hercules, Andromeda, Leo the Lion, Cancer the Crab, Draco the Dragon, Cygnus and Cassiopea. Please bring a flashlight. (Larry is an avid stargazer.)

SUNWRIGHTS SOLAR PRODUCTS

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Earth/9
Foods

Tempting your tastebuds

PUFF PASTRY
Russell Louh
537-9864
One Time: Wednesday, 7:30pm, March 13
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 8
Flaky, tender puff pastries like napoleons, pastry fans, cream filled leaves are desserts you have admired on pastry carts but thought you could never make at home. Not so! Russell will demonstrate his successful method of creating these melt-in-your-mouth delicacies. (Russell is the owner of Rich's Cafe and has promised to bring a second type of dessert for us to sample.)

FISH AND SEAFOOD BONANZA
Sharon Staples/Kathy Cook
537-1147
Section I: Monday, 7:30pm, Feb 6
Section II: Monday, 7:30pm, Feb 13
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 8
We're lucky in Manhattan to be able to purchase fresh fish four days a week. We will discuss purchasing, preparation methods and spices that make simple dishes special. Our expert cooks will share the finished dishes and their recipes with you. (Kathy and Sharon enjoy preparing delicious fish recipes. Sharon is the owner of The Fish Shoppe.)

_OVER THE BARBECUE_ 
Wannetta Boyle
494-3585
One Time: Saturday, 1-3pm, Feb 15
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 8
Barbecued ribs, beef or chicken - you don't need to wait until summer to enjoy their spicy goodness. Make them at home in your oven. To get the fullest flavor, we will prepare the sauce at our first meeting and fix ribs at our second. (Wannetta is a chef at a local restaurant.)

TEMPURA
Julie Costes
532-5866
One Time: Wednesday, 7:30-9pm, Feb 15
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Tempura is a Japanese style of cooking vegetables. The veggies are first dipped in batter and then deep fried. The result is a light, crunchy, delicious treat! (Julie learned to make Tempura from a Japanese friend.)

SOUPS
Rebecca Browmson
532-5866
One Time: Saturday, 4-7pm, Feb 11
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 8
These thick, beautiful soups are easy to make ahead, freeze or reheat. We will prepare and sample potato, cheese, vegetable beef and cheese sausage soups. Come prepared for a little work and a lot of good eating.

NEVER FAIL PIE CRUST
Merlin & Julie
532-5866
One Time: Saturday, 10am, Feb 25
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 4
Would you like to learn to make a pie crust that never fails? Using your food processor, you can do just that in less than 5 minutes. The recipe (which can also be made without the processor) produces a tender, flaky crust suitable for any yummy filling of your choice. Merlin will give you the recipe for her pecan pie and Julie will share her recipe for lemon-scented cream pie. (Merlin has been baking pies and other yummies for years and Julie loves to help out and lick the bowls.)

Dance in old Brown-Grand Opera House, Concordia

10/Foods
B(rew) Y.O.B.

Greg Love

Tuesday, 7-9pm First Meeting: Feb 7
Length: 3 times
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 8

Homemade beer is for discriminating palates. In this class you will learn the art of brewing beer. The class will make, bottle, and taste different varieties of beer. (It is legal to make up to 200 gal for a household family.) (Greg has taught this class before and finds brewing enjoyable and affordable.)

WINE MAKING IN THE HOME

C. L. Norton

One Time: Thursday, 7-9pm, April 5
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration

Learn the popular art of home winemaking. Dr. Norton will provide information about equipment needed, methods and the how-tos to give new wine makers a start. (Dr. Norton is a professor of animal science whose many hobbies include wine making.)

INTRODUCTION TO WINE

Lloyd W. Davenport

Alternate Fridays, 7-9:30pm Organizational Meeting: Feb 3
Length: 4 times
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $20.00, pay at class
Limit: 12

A study of wine from vine to glass. Class will include history, geography, chemistry and viticulture accompanied by tasting of foreign and domestic wines. The short organizational meeting will allow us to discuss class structure and collect materials fees. Bring an all-purpose wine glass to all meetings. You must be over 21 to participate in this class. (Lloyd is Maintenance Superintendent for A-U-D’s Department of Housing. He tends a small experimental vineyard, is a winemaker and a member of the Society of Wine Educators.)

SOFT PRETTZELS AND ROOT BEER

Rebecca Brownson

One Time: Saturday, 9-3pm, March 3
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 5

Out of your kitchen - hot, soft pretzels to rival any big city vendor! Served with homemade (non-yeast) root beer, who could ask for more? (Rebecca enjoyed these treats during high school and is looking forward to teaching this class again.)

BREWING COOP.

Mary Kay Brinken

One Time: Saturday, 9:30am, Feb 1
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration

Yes, there is an alternative! People’s Grocery Cooperative Exchange, organized in 1976 as a storefront, is still thriving as a pre-order buying cooperative. Members combine their orders to purchase foods including cheeses, grains, nuts, herbs, spices, ... and much more! Food preservation and storage hints for natural, unprocessed foods will be shared. (Mary Kay has been preparing and enjoying natural foods for almost ten years and has been active with People’s Grocery for some time.)

COUPONING AND REPURPOSING

Deanna Pierson

One Time: Wednesday, 7-9pm, March 7
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class

You’ve heard about people who go to the grocery store and buy bags of groceries for pennies. You can become one of them! Deanna will share helpful tips on collecting coupons, money and freerides at the grocery store and through the mail. (Deanna considers couponing a hobby that is both fun and profitable.)

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Manhattan

Foods/11
Skills

Take care—

BASIC AUTO MAINTENANCE SK-1
Rod Hoffman 537-8236

 Saturdays: 1:30-3pm, March 24, 31 Length: 2 times
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration

Are you tired of someone else getting your hard earned money for car maintenance when you could pocket the money by doing it yourself? Then come observe demonstrations on changing the oil and filters, spark plugs, and a flat tire. Also check fluid levels: battery, brakes, power steering, radiator and transmission. We will also discuss: flushing a radiator, changing a thermostat, checking hoses, tightening belts, bleeding the brakes, and some safety tips. (Rod learned some of these skills from his mother and has been certified instructor in the National Safety Council's Driver Improvement Program and has taught the Council's Defensive Driving Course.)

BICYCLE MAINTENANCE SK-3
David Colburn 539-5639

 Monday & Tuesday, 7-9pm, Jan 30 & 31 (2 times)
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 10

We will identify all the parts of a bike, explain how those parts work together, and discuss how to keep them running smoothly. Age 18 or over. (Dave has been riding, racing and fixing bikes for years and years.)

BASIC HOUSEHOLD REPAIRS: PLUMBING SK-2
Charles 'Chuck' Jones 539-9815

One Time: Thursday, 7-9pm, Feb 2
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 12

We will examine plumbing problems in the average house, with solutions offered to the person who is unfamiliar with plumbing. This will include faucets, sink traps, commodes, etc. Also hot water heater safety tips will be covered. (Chuck has worked for 6 years at Manhattan Christian College in the repair and upkeep of buildings. He is currently the Supervisor in this area.)

CPR SK-5
Joyce Halverson 532-6580

Monday, Wednesday, Thursday, 7-9pm, Feb 6, 8, 9 (3 times)
Location: Will be noted on your receipt
Class Fee: $6.00, pay at class
Limit: 10

The CPR Modular course is designed to familiarize participants in mouth-to-mouth resuscitation, single-rescuer CPR, obstructed airway, and CPR on an infant. The final class session is used primarily for test-out purposes. A written test and a practical test will be administered in order to certify competence. (Joyce is Assistant Director of Recreational Services, KIS Recreation Complex.)

FIRST AID (RED CROSS MULTI-MEDIA) SK-10
Nell Schanker 539-5766

One Time: Saturday, 8am-4pm, March 3
Location: Will be noted on your receipt
Class Fee: $30.00, pay at class
Limit: 14

This is the American Red Cross Instructional System, featuring filmed demonstrations, guided practice sessions, and programmed workbooks. The student is certified as a Standard First-Aider upon successful completion of the course. There is a fee of $30.00 which covers materials, workbooks and text. If you have the Red Cross Standard First Aid and Personal Safety Textbook (the blue book), the fee will be $5.25. (Nell is a certified Red Cross First Aid instructor.)

STANDARD FIRST AID & RED SYSTEM SK-12
Darrell E. Herr 537-2180

Tuesday & Thursday, 7-9pm First Meeting: April 3 Length: 8 times
Location: Will be noted on your receipt
Materials Fee: $15.00, pay at class
Limit: 18

This is an excellent way to learn first aid skills. After completing workbook sessions, individuals proceed to instructor-supervised practice sessions. The student requests skills check-out when they feel they are ready. 10 modules are required for certification in Standard First Aid. NOTE: This is a brand new Red Cross method of teaching this course - it allows much more flexibility; students progress at their own speed. (Darrell is currently Chapter Chairman and former head of the Emergency Services unit. He has been instructor for the past two years.)

SUPERBUTTER* A RED CROSS COURSE SK-14
Darrell Herr, Lynda Frey, Tim McHenry 537-2180

Saturday, 8am-4pm, Feb 11 & 18 (2 times)
Location: Will be noted on your receipt
Class Fee: $5.00, pay at class
Limit: 20

The Red Cross Babysitting course helps you learn to use a job description, interview for a job, and develop job skills. Babysitting is a responsible job that involves handling emergencies, selecting safe toys and games, supervising children, feeding, and dressing infants. NOTE: Students must attend both sessions in order to receive a certification of completion. (Lynda is Executive Director of the Red Cross in Riley County, Darrell is a certified instructor in First Aid, Tim is staff person for Big Brothers/Big Sisters in Manhattan.)

Indepth: Images—

IMAGE MANAGEMENT WORKSHOPS

WFM introduces an addition to our Manhattan program: Professional Seminars. We initiate this new program offering with two Personal Image Management workshops. We hope that by broadening our program in this way, we are more completely serving the needs of our community.

WORKSHOP I: Personal Image: The Power of Color

Sunday, 1:15pm-3pm OR 3:30-5:30, Feb 5
Location: Will be noted on your receipt
Class Fee: $25.00, pay with registration

What colors should you wear to make people say, "Wow, you look good today?" You'll find out in this workshop that offers you a personalized in-depth analysis of the proper colors you should wear to maximize your natural coloring. This "Power of Color" workshop will show you how the colors you wear have an incredible affect upon your appearance and help you know the most of your best features, eye color, skin and hair color. Each participant will also receive a pocket containing her best colors. This workshop will be conducted by Lin Broccoli and Debbie McNielow, trained beauty consultants.

WORKSHOP II: Your Professional Image

Thursday, 7:10am, Feb 9
Location: Will be noted on your receipt
Class Fee: $25.00, pay with registration

This special workshop is designed to be an individual analysis of the best professional image for you. Your most authoritative look will be determined, including your two best basic colors, darkest and lightest, for job interviews, the best styles for your individual figure, correct makeup for your particular skin tone, and most flattering hairstyle and accessories. Instruction will be given in walking, standing, and sitting with grace and poise for a more professional image. The perfect outfit for your job interview will also be discussed. This workshop will be conducted by Bonnie Hansen, owner of Diet Center and a trained, certified color analyst with Beauty for All Seasons. She is an expert on personal image management.
—Buying and selling—

INTRODUCTION TO AUCTIONEERING  
Bob & Bill Wilson  
776-9237

Wednesday, 7-8pm First Meeting: Feb 8
Location: Will be noted on your receipt  
Class Fee: $3.00, pay with registration  
In this class, Bill and Bob will cover the basics of auctioneering; how to book a sale, contracts, record-keeping, and the responsibilities of the successful bidder. Many new and old auctioneers will attend and work a sale if one is available, and will learn the basics of choosing the right auctioneer for your needs, and how to make the most of your auction opportunities, and the employment outlook will be discussed. (Bill and Bob own Wilson Realty and Auction in Pennsylvania.)

BIDDING AND BUYING AT AN AUCTION  
Pat Hamilton  
539-1319

One Time: Wednesday, 7-9:30pm, March 7  
Location: Will be noted on your receipt  
Class Fee: $3.00, pay with registration  
Come join in the fun as we learn about the world’s oldest method of merchandising. Auctions are still a lot of fabulous buys out there and you can learn a few tips to get the best deals in your favor. (Pat is a graduate of the Missouri Auction School and is a member of the National and Kansas Auctioneers Association.)

—Planning ahead—

PLANNING YOUR WEDDING THE PROPER WAY (AND SAVE MONEY TOO!)  
SK18

Dawn and Al Rooksstool  
539-3436

Section I: Tuesday & Thursday, 7pm, Feb 23 & 25
Section II: Tuesday & Thursday, 7:30pm, March 3 & 15
Location: Will be noted on your receipt  
Class Fee: $15.00, pay with registration  
Limit: 15 couples

Come and learn about different types of weddings: casual, informal and formal. We will cover in detail the proper procedures for writing announcements and invitations. Different styles of Tuxedo’s and Bridal gowns will be shown. Also, we will cover choosing flowers, cake and a photographer, and other aspects of wedding planning. (Dawn and Al, having a successful wedding and cutting costs, would like to share their skills with others. Dawn manages Uffin’s and Romano’s, a local bridal shop.)

SUCCESSFUL AIR TRAVEL  
SK-13  
776-4196

Gary C.  

Section I: Monday, 7:30-9:30pm, March 19
Section II: Thursday, 7-8:30pm, March 29
Location: Will be noted on your receipt  
Class Fee: $5.00/section, pay with registration  

Planning an airplane trip this summer? This class is a must! Gary will discuss and dispel the myths that knowledgeable travelers avoid, travel for the handicapped, the art of making reservations, and finally, how to pack that suitcase. Bon voyage! (Gary is the Customer Service Agent for Republic Airlines.)

101 WAYS TO EARN CASH IN COLLEGE  
SK-16  
537-8236 776-3132

Rod Hoffman and Don Messerly  

Tuesday, 7:30-9:30pm First Meeting: Feb 21  
Location: Will be noted on your receipt  
Class Fee: $5.00, pay with registration  
Materials Fee: $1.00, pay at class

We will discuss possibilities for college work-study and off-campus jobs. However, suggestions for private entrepreneurship will be of more value to participants. Examples: Selling dorm-linen, t-shirts, marketing a calligraphy skill, buying wholesale and selling retail, plus many more ideas. So, come learn 101 ways to earn cash in college. (Rod and Don are each private entrepreneurs and enjoy helping others diversify their income on a part-time or full-time basis.)

—Computer putting—

INTRODUCTION TO MICROCOMPUTERS  
David R. Mitchell  
776-0086

Tuesday, 7-9pm, Feb 7 & 14  
(2 times)

Location: Will be noted on your receipt  
Class Fee: $5.00, pay with registration  
Limit: 10

75% of all new jobs between now and 1990 will relate to computers. Find out what they are, what they can do and how to pick one. (David was a programmer for several years and is the manager of a retail computer store.)

PERSONAL COMPUTERS  
SK17  
539-8536

Wednesday, 7-8:30pm, Feb 8, 15 & 22  
(3 times)

Location: Will be noted on your receipt  
Class Fee: $5.00, pay with registration  
Limit: 8

In the next few years small personal and business computers will become commonplace in many homes and offices. What can they do? Who can use them? Why do I need one? Come to this meeting and find out. (Bill is an avid Apple user and incorporates the Apple Computer in his home, school, work and his consulting engineering work. He also teaches computer application in the College of Architecture.)

—Being constructive—

OLDER HOME REMODELING  
SK-11  
539-4773

T. Russell Reitz  

One Time: Wednesday, 7-9pm, Feb 22
Location: Will be noted on your receipt  
Class Fee: $3.00, pay with registration  

If you’re thinking of remodeling an older home you’ll need to know some of the problems and solutions involved. We’ll discuss purchasing a home, what to look for in a home, and home renovation, answers to individual questions and give you some encouragement. (Russell has renovated 25 older homes or occupied buildings - purchased and sold or rented.)

CARPETING FOR WOMEN  
SK-6  
776-3530

Brenda Butler  

One Time: Monday, 7-10pm, March 26
Location: Will be noted on your receipt  
Class Fee: $3.00, pay with registration  
Limit: 10

Are you always nervous when you have to use a tool? Gain skill and confidence in wood tools and learn basic carpentry from Brenda, who will demonstrate and teach you machine and hand-side-on instruction will be included. (Brenda has been remodeling for five years and is now on her second owner-built home.)

WOODSHOP CO-OP  
SK-15  
532-5066

Alan Edgar  

Mandatory Organizational Meeting: Wednesday, 7-8pm, Feb 8
Location: Will be noted on your receipt  
Membership Fee: $20.00, 4 mos  
35.00, 8 mos  
50.00, 12 mos

Pay with registration  

Located in the UPM Solar Addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, lathe, band saw, and most common woodworking tools. The membership fee is for equipment and facility use only. No materials are included. The mandatory organizational meeting will include instruction in safe equipment use and conduct in the workshop. (Alan is the UPM woodshop coordinator.)

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6TH ANNUAL KANSAS FOLKLIFE FESTIVAL

Jan Hurley 532-5575
One Time: Thursday, 7-11:30pm, Feb 9
Location: 1623 Anderson
The 6th Annual Kansas Folklife Festival will be held Saturday and Sunday, May 5 and 6, 1984. Sponsored by the Division of Continuing Education at Kansas State University, the Festival is a celebration that brings together ethnic food groups, traditional musicians, artisans and craftspeople from all over the state representing a diversity of cultural backgrounds. Volunteers are important to many projects, but more now than the Folklife Festival. Each year many people are needed to volunteer to help with planning, publicizing, setting up and actually holding the Festival. Please come out and volunteer your help. Call Jan if you’d like to volunteer but can’t attend the meeting. (Jan is involved with the Folklife Festival.)

STENCILLING

Susan Kaylor 939-5400
Section I: Thursday, 7-9pm, Feb 16
Section II: Thursday, 7-9pm, March 28
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $1.00/sec, pay at class
Limit: 10/sec
Create lovely designs by learning to stencil using oil paintsticx. It’s fun, easy and you will be pleased with the results! Supplies needed are 1 paintsticx and 1 stencil brush size #6. (Susan has been stenciling for 2 years and has taught many classes at Sunflower School.)

STENCILLING FOR KIDS

Susan Toy 537-2094
Section I: Wednesday, 4:45-5:30pm, Feb 8
Section II: Saturday, 9:30-11:30am, Feb 11
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00 per section, pay with registration
Materials Fee: $2.50 per section, pay at class
Limit: 5
Stenciling is both fun and easy! We’ll practice cutting out a stencil and applying paint to paper. Each child will complete a finished project that can be a wall hanging. All materials will be provided. Ages 8 or older, (Susan, owner of the Container, has taught this popular craft at her shop.)

TIMBUCKING

Nancy Dwyer 539-5400
Section I: Thursday, 7-9:30pm, Feb 2
Section II: Saturday, 10-11:30am, March 10
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $2.50/sec, pay at class
Limit: 8/sec
Timbucking is an old art that has been brought back for us to enjoy. Come and learn this great craft while helping to preserve a tradition.

CHIR CHIR

Barbara Persaky 539-2967
Tuesday: 7:30-9:30pm First Meeting: Feb 7 Length: 6 times
Location: Will be noted on your receipt
Class Fee: $6.00, pay with registration
Materials Fee: Cost of materials used, pay at class
Limit: 10
Do you have a chair that needs a new coat of paint? Be innovative and try doing it yourself. Bring the chair to the first meeting and Barbara will get you started. She will have materials for this class ready. (Barbara has taught this class several times before and is willing to share her skills and knowledge once again with those interested.)

INTRODUCTION TO STAINED GLASS

Tom Ryan 776-1154
One Time: Wednesday, 7-10pm, Feb 1
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $7.00, pay at class
Limit: 15
Tom will talk about and demonstrate the construction of a stained glass panel from design through soldering. All class participants will have an opportunity to practice cutting glass, bending a glass cutter if you have one. (Tom has taught this class several times before for UM.)

FINISHING JEWELRY TECHNIQUES

Michael Arnts 537-1184
Tuesday & Wednesday, 6:30-9:30pm, Feb 21 & 22
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $12-15 depending on price of silver
Limit: 5
We will cover design layout, using a jeweler’s saw, proper soldering techniques, and polishing. The finished piece will be a silver pendant suitable for wearing. This is a hands-on project with emphasis on how to do jewelry at home with a minimum investment. (Michael has been doing jewelry for 12 years and runs his business. The jeweler’s bench, makes custom jewelry and all types of repairs. He also has a degree in art education.)

CHINESE KNOTTING

Y.L. Connie Wang 539-0560
Saturdays, 5-8pm First Meeting: Feb 4
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 10
Do you want to beautify yourself or your room? Chinese knotting can be a satisfying experience. By using one string you can knot any kind of design you wish for an accessory or home design. Hard string is recommended but any kind can be used. At the first class please bring a 2-yard length of string. (Connie is a housewife and has a year of knotting experience.)

A taskit, a tasket . . .

PAIRED BASKET

Susan Toy 537-2084
Section I: Saturday, 9:30-12pm, March 3
Section II: Wednesday, 9:30-12pm, March 7
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $7.00, pay at class
Limit: 5 each section
Country or Victorian paired baskets will be made by each one in the class and there will be a choice of several styles. A perfect spring decorative accessory or perhaps an Easter basket. All materials will be furnished.

RIBBON BASKETS

Susan Toy 537-2084
Section I: Wednesday, 9:30-12pm, March 28
Section II: Saturday, 9:30-12pm, March 31
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $5.00/section, pay at class
Limit: 5/section
Country baskets which are woven with ribbons make delightful Easter baskets or accessories for the home. They are not difficult to do and each person in this class will make one. All materials will be provided.

STENCILLING ON PAIRED BASKETS

Susan Toy 537-2084
One Time: Tuesday, 1:30pm, March 20
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 5
Can you stencil on a padded surface? Yes, it can be done and we can show you how. Participants will finish a basket in one session. Come and learn how to produce a beautiful object to decorate your home or to give as a gift.

STENCILLING ON WOOD BASKETS

Susan Toy 537-2084
One Time: Monday, 1:30pm, March 26
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 5
Stenciling on wood is easy and fun. In one afternoon we will apply a pattern to a wooden basket and finish it. This technique was used frequently to produce decorative traditional motifs in early America.
CROCHET PATTERN EXCHANGE
Debra Staude
One Time: Monday, 7pm, Feb 6
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
The cost of crochet patterns keeps going up. Even more rounds of Round Blues have taken their toll on Debra's allowance to trade with others. Everyone needs to bring their list for trading and Debra has learned how much fun collecting patterns can be.

CROCHETING RAG RUGS
Georgia Becker
One Time: Sunday, 2-4pm, Feb 5
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 6
We will discuss different approaches to crocheted rag rug making and produce a large rug, block or piece to sell. The first lesson will be how to prepare and pick out the cloth and get started on your rug. (Georgia learned to crochet rag rugs from her mother way back in the '30s. After three years she took this up again last year and has been making rugs for her family.)

CROCHETING WITH PLASTIC
Cindy Bieler
Tuesday & Thursday, 7-9pm, March 20 & 22
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 7
Recycling old bread wrappers and dry cleaning bags is fun and easy with crocheting. Many beautiful and practical items can be made. Cindy will provide the patterns for rugs, chair covers, etc., and review the basics and has crocheted a wide variety of things.

THE BASICS OF LACE MAKING: TAUGHT SHOWPLACE MEDALLIONS
Cont Jo Bates
Section: Monday, 1-3pm, Feb 20
Location: Will be noted on your receipt
Class Fee: $3.00/session, pay with registration
Materials Fee: $5.00, (needles to pay at class)
Limit: 6/session
Come learn the magic you can do with a piece of string. This ancient art took it’s start in 500 B.C. and is still being practiced today. Tatters be sure to bring a small projects decorations. (Cont Jo learned this art form from her sister who taught the first UPM tatting class. She has been tattin for 6 years.)

BEGINNING KNITTING
Farm Settlers
Tuesdays, 7-9pm
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Material Fee: $1.00, pay at class
Limit: 6
Hopefully the students will learn to enjoy knitting. We will learn the knitting worsted weight yarn and a pair of knitting needles size 8-8.

KNITTING MADE SIMPLE
Jackie Conlin
Thursdays, 7-9pm
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Material Fee: $1.00, pay at class
Limit: 8
Knitting is a relaxing and enjoyable hobby that you can work up and take anywhere with you. In this class all the basics which you need in order to decrease, casting on and off. Each person will make a sample of basic and go on from there at the individual student’s pace. Bring 16" needles are advised to use. (Fern has taught for the Recreation Department, Senior Center.)

SOCKS KNITTING
Betty Baner
Wednesdays, 7-9pm
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Material Fee: $1.00, pay at class
Limit: 6
Sock knitting is so much fun. You can knit any socks using a needles. You need to have socks, but it will be a hand knit sock. Each person will make a sock, (Betty has made at least 2 dozen pairs of socks.)

WARP & WEFTS
Susan Lala
Section: 1, Tuesdays 5-7pm
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $10.00, pay at class
Limit: 4/session
Time is a great time to weave, and now your chance to learn. All you need will be a choice material and a loom. Try every weaving techniques through UPM. The $10 fee fee is for your own shuttles.

BUGGY WHEEL RUG
Donna Whitney
One Time: Thursday, 7-9pm, Feb 9
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 6
Hands on art: Pioneers used buggy rugs as furniture. This art was lost for years and now it is back. Join Mrs. Whitney, make rugs, place mats, chair covers, doilies. (Donna is the only known source of directions for buggy wheel rugs.)

HANDBORDER JACKET
Heredith Slink, Susan Lala
Monday, Tuesday, Wednesday, 10am-2pm, Mar 26, 27 & 28
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 6
Learn your own cost in this 3-day workshop for experienced weavers. Bring your own materials. (Heredith and Susan learned about this jacket from the well-known weaver Barbara Whitemore of Southfield, Mich.)

WEAVE ON YOUR OWN
Susan Lala
Learn a loom. UPM will make their looms available to you the month of March. Plan your own projects, work at your convenience. If you haven’t woven and are ready for this opportunity. No instruction is provided. For the use of UPM studio looms is $20.00.

WEAVING TASTER
Susan Lala, Kathy Lafayette, Marsha Jensen
One Time: Saturday, 10am-2pm, Feb 11
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $4.00, pay at class
Limit: 8
Curious about weaving? This class will introduce you to actual experience with various looms and ideas and by members of our loom. This is a basic weaving class for 7 or 8 fundamentals and techniques. This class will introduce you to actual experience with various looms and techniques and by members of our loom. This is a basic weaving class for 7 or 8 fundamentals and techniques.

WHAT WEAVING
Paula Schaller
Monday & Tuesday, 7:30-9:30pm, March 26 & 27
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $6.00 to $15.00, pay at class
Limit: 8
The revival of this ancient craft has sparked a lot of interest in Kansas. Learn a variety of weaves while making hearts, flowers, candles and dolls. (Paula has been weaving for 3 years. She attends workshops annually to learn new weaves and techniques.)

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Fine Arts/15
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SEWING AN ULTRA SHEER SHELT FA-28
Jolana Montgomery 1-762-2746
One Time: Saturday, 1-4pm, Jan 28
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 15
Sewing on versatile ultra sheer is easy once you know the basics. This class will cover all the details necessary to sew on Skinner ultra sheer and a skirt will be cut out and sewn by the instructor. Plan to take notes. (Jolana has taught and sewn with ultra sheer for several years.)

SOFT SCULPTURE FA-30
Jan Zelch 539-5400
Section I: Saturday, 1-33-3:30pm, Feb 25
Section II: Thursday, 1-33-3:30pm, March 15
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $3.00/section, pay at class
Limit: 10/section
This is a fun class where we will make old nylns and make cute faces and pigs. The basics that you learn in this class will help you to make larger projects such as the "Garbage Patch" dolls. Bring scissors to class. Rake, pollyfill, thread, eyes and hair will be supplied.

CROSS STITCH FA-26
Jan Zelch 539-5400
Section I: Monday, 1-30-3:30pm, Feb 13
Section II: Thursday, 1-33-3:30pm, March 16
One time each section
Location: Will be noted on your receipt
Class Fee: $3.00/section, pay with registration
Materials Fee: $5.00/section, pay at class
Limit: 10/section
We will learn the basics of cross stitch - a popular craft. This can then be done on the baskets. In class we will be able to finish a small project. Jan has been cross stitching for 5 years and has done many projects.

With brush and pen

BEGINNING CALLIGRAPHY FA-2
Ernie Peck 537-9883
Mondays, 7-9pm First Meeting: Feb 13 Length: 3 times
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 12
The class will learn about lettering tools, materials, references, and one calligraphy alphabet. Students will be encouraged to complete a project using this alphabet. (Ernie has been lettering since he was 13 years old and has taught many others the skill.)

CALLIGRAPHY: THE BASICS FA-4
Jancie Hooks 726-1529
Tuesdays, 7-9pm First Meeting: Feb 7 Length: 4 times
Location: Will be noted on your receipt
Class Fee: $7.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 20
Students will be introduced to the Chancery "Italic" alphabet. We will be using a broad-edged dippen and will be making personalized stationery. Materials fee includes all necessary supplies. (Jancie is a free lance calligrapher.)

BRUSH STROKES AND BAMBOO FA-65
 Sue V. Hu 539-6192
One Time: Saturday, 2-3pm, Feb 4
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 10
Enjoy the tranquil motion of your brush, your paper, and ink while learning how to handle the bamboo tipped brushes on rice paper. You will be involved with practicing each stroke in painting bamboo and will progress. This method can be used with color but they will not be used in class for they are too expensive to practice with. If you have any background in painting, please bring your work to the first meeting. (Sue is a self-taught painter with 40 years experience with brush strokes.)

KONZA PRARIE QUILTERS' GUILD FA-23
Jo Bates 537-0570
2nd Monday of month, 9:30-11:30am Feb 13 Length: 12/year
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Call Coni Jo to see what you should bring to the class
Each month the guild provides a workshop on a quilting technique or area, a lecture on some aspect of quilting or slide show/Film. For a nominal fee each year, everyone - beginner or experienced or collector - may join. (This is the Guild's 6th year and has approximately 100 members.)

QUILTING FA-24
Nancy Dupler 539-5400
Section I: Thursday, 7-7pm, March 2
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 12
Learn to piece a pillow top and quilt it. It's easy and fun. (Nancy has been quilting for four years and has been president of Konza Prairie Quilt Guild.)

DRAPERY CONSTRUCTION FA-27
Nadine Kinn 539-5221
Section I: Saturday, 1-30-noon, Feb 4 & 11
(2 times/section)
Section II: Thursday, 7-7pm, Feb 16 & 23
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 12
What you always wanted to know about drapery-making, but were afraid to ask... From measuring the window to hanging the drapes, learn to measure, determine amount of fabric, and construct pinch pleat draperies (lined and unlined), discussion on various types of headings. (Nadine has returned to Twinbrook after spending several years in Denver, Colorado where she gave drapery-making demonstrations and had her own drapery business.)

ADVANCED CLOTHING OR TAILORING FA-28
Fannie Zervay 537-7660
Mondays, 7-9pm First Meeting: Feb 6
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 5
With all the beautiful fabrics on the market do you shy away from plains and wool, or do you like the designer patterns, but are not ready to try one on your own? Now is the time to experience new areas of sewing. See my jacket on display, it will add flair to your wardrobe, we will strive to complete a project during this class. Please bring your own sewing machine and have in mind a pattern you would like to make. (Fannie is a Home Economist who does professional sewing and has taught sewing classes for several years.)

LEARN ENGLISH SMOKING BY MAKING AN EASTER EGG FA-29
Coni Jo Bates 537-0570
Section I: Monday, 1-3pm, March 5
Section II: Wednesday, 1-3pm, March 8
Section III: Tuesday, 1-3pm, March 10
Section IV: Thursday, 1-3pm, March 20
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.50, pay at class
Limit: 10/section
If you enjoy needlework, come learn the art of smoking - the easy way - on preprinted fabric! We'll make a smoked Easter Egg, from start to finish, providing printed felt, fabric, egg and pattern. You furnish scissors, embroidery needle and several coordinated colors of embroidery floss. Discover this treasured needle art along with new friends. (Coni Jo recently acquired a plating machine and has enthusiastically been smoking away.)

CANDLEWICKING FA-5
Susan Kaylor 539-5400
Section I: Thursday, Feb 23, 7-9pm
Section II: Friday, March 16, 9:30-11:30am
Location: Will be noted on your receipt
Class Fee: $3.00 per section, pay with registration
Materials Fee: $1.25 per section, pay at class
Limit: 10/section
Come and learn the beautiful art of candlewick. Make a lovely wall decoration, pillow, or begin a quilt. Three knots will be taught. Supplies needed - 1 embroidery hoop from 6" up to 10" as needed.

Sunflower Sampler Crafts and Gifts
THINK OF US FOR YOUR GIFT AND CRAFT NEEDS!
New ideas for Gifts and Decorations - Quilting Painting • Cross Stitch • Wooden Duck Decoys
Open Monday Through Friday 9-6 Saturday 9-5
BEGINNING BLACK AND WHITE DARKROOM

Randy A. Davis

FA-67

Time: 7-10 pm
Place: Manhattan, Kansas

FA-67

Class Fee: $10.00, pay with registration

Length: 4 times

Limit: 6

This is an exciting, fast-paced class that will familiarize you with the basic techniques of the darkroom. You will learn how to process your own black and white film, make your own prints. You will provide everything but film and a camera (you must have a camera - preferably a 35mm SLR). There will be a materials fee for the paper depending upon how much you use. (Randy is a professor at Manhattan Christian College and the darkroom manager there.)

PAY WITH PLAY (5-8 YEARS OLD)

FA-73

Ginger Branyon

FA-73

Location: will be on your receipt

Length: 8 times

Limit: 8

This class will be for those who know basic throwing, handbuilding, drying and glazing processes in ceramics, but wish further instruction and helpful hints. Class projects will be decided upon by the student and instruction based upon individual needs. Former UPM beginning ceramic students are welcome. (Ginger has been making pottery for four years, and enjoys the endless possibilities available when working with clay.)

PLAY WITH CLAY (5-8 YEARS OLD)

FA-74

Ginger Branyon

FA-74

Location: will be on your receipt

Class Fee: $15.00, pay with registration

Materials Fee: $10.00

Length: 6 times

Limit: 8

You have fun making untangled clay boxes, funny animal sculptures and clay wind-chimes. We will experiment with rubber stamps and sea shells pressed into the clay and maybe even decorate some with different colored feathers. Sign up with a friend and we'll play in the clay. (Ginger has taught kindergarten and is very involved with the UPM Pottery Studio.)

UPM POTTER'S SHIELD

FA-75

Norm Lally

FA-75

Class Fee: $5.00, pay with registration

Location: will be on your receipt

Materials Fee: $5.00, pay at class

Limit: 8

The UPM Potter's Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales, one in May and one in December. If you would like more information, sign up and Norm will contact you. (Norm is a professional potter in Olsburg and is a member of the Guild.)

UPM POTTERY STUDIO CO-OP

FA-76

Vera Muller

FA-76

Time: 7-10 pm, Jan 30, Monday

Location: UPM Pottery Studio

Membership in studio: $20.00, pay in 6 weeks

You may purchase clay from the studio for a nominal price and use the studio equipment. Vera is the pottery studio coordinator for UPM.
—Keeping your words—

WORD SLIDES

FA-21
Emme Peck

$57-9883

One Time: Monday, 7-9pm, Feb 6
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $0.00, pay at class
Limit: 15

Class will consider how to plan a successful word slide. We will then do the art, photograph it, process it, color it and project the finished slide on the screen. Previous classes have been surprise how the process is. (Emme is an instructional media specialist and has been producing visual aids and teaching others how to make them for 25 years.)

BUILDING A LIBRARY

FA-50
James G. Van Buren

$59-2476

One Time: Thursday, 7-9pm, Feb 23
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

How to build a library for use and delight without spending a fortune. A practical guide to happy hours for lovers of books in their quest, acquisition and enjoyment. (James has a library of many thousands of books on literature, history, religion and art.)

PRESERVING FAMILY PAPERS

FA-54
Anthony A. Crawford

$53-6516

Time: Wednesday, Feb 7 & 14

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 25

This class is designed to give expression to how to preserve personal papers - letters, diaries, scrapbooks, photographs - in their home or small office. Practical conservation methods will be discussed and demonstrated. (Anthony is University Archivist at KU and has been in the archival profession for over ten years.)

THE LANGUAGE OF RARE BOOKS

FA-55
John Shepp Driscoll

$52-6536

Time: Monday, 7:30-9:30pm, March 21

Location: Will be noted on your receipt
Class Fee: $6.00, pay with registration
Limit: 30

A chance to participate in an extended tour of the Rare Book Room of the Special Collections Department at Farrell Library on the K-State campus. Class may view over 50 old, rare and some unusual books among the different collections. Learn how to determine value of these old books in your attic, closet, or basement. Bring a couple of old volumes to class to get pointers on preservation and conservation. (John is Special Collections Librarian at Farrell Library. He has been on staff there for 18 years and has worked in several departments of the library.)

—Collecting and Keeping—

ANTIQUES AND COLLECTIBLES

FA-1
Sun Smiles

$59-2154

Wednesdays, 7:30-9:30pm First Meeting: Feb 15
Length: 5 times
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration

We will discuss the value and history behind oriental collectibles: tea trays, lanterns, incense burners, bamboo lamps, fans, netsukes, china, paperweights, umbrellas, kimonos, etc. Field trips with over 15 years experience, UPM teacher and teaches an antique program for UPM on Cable Channel 6 TV.

BARGAIN HUNTER'S GUIDE TO ART COLLECTING

FA-64
Julie Strocker, Kate Cashman

$59-2139

One Time: Wednesday, 7:30-9pm, Feb 1
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15

Learning how to collect art and NOT losing your shirt are the objectives of this class. We'll discuss, in great detail, different art forms and the processes involved, and most importantly, developing personal guidance for investment. (Kate is the director of Strocker Gallery. Julie is an art collector and owns the gallery.)

PICTURE FRAMING AND MATTING BASICS

FA-10
Steve Hall

$59-5228

Mondays, 7-9pm First Meeting: Feb 8
Length: 6 times
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $0.00, pay at class
Limit: 25

A variety of basics necessary for assembling your own picture frames. Includes moulding selection, matting basics, hands-on practice for frame assembly, unfinished moulding available for practice. Selection of moulding and supplies available for purchase or bring your own mouldings. (Steve has participated in local craft shows, does custom picture framing, and has taught this picture framing class for 3 years.)

PREPARATION OF ART WORKS ON PAPER

FA-66
Julie Strocker, Kate Cashman

$59-2139

One Time: Wednesday, 7:30-9pm, Feb 8
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15

This is a required course for all local artists and for anyone who wants to frame art for a lifetime or longer! There will be a demonstration of making rice starch paste and hinging.

18/Fine Arts

—Cheers and Dreams: Creative Dramas—

CREATING A DREAM

FA-46
Cindy Klentz, Sandy Peck, Nancy Stover

$76-7366, 76-6347

One Time: Saturday, 10-11:30am, Jan 28
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15

Class will consider how to plan a successful word slide. We will then do the art, photograph it, process it, color it and project the finished slide on the screen. Previous classes have been surprise how the process is. (Emme is an instructional media specialist and has been producing visual aids and teaching others how to make them for 25 years.)

HOW TO SEE IN THE DARK

FA-56
KENT DONOVAN

$59-2215

One Time: Tuesday, 8pm, Feb 7
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration

This will examine the major budget movies made for entertainment and what they tell us about society today. There will be a discussion on such movies as "The Big Chill," "Flashdance," "Staying Alive," "Ordinary People," and " Kramer vs Kramer." (Kent has published reviews of movies in The Manhattan Mercury for ten years and teaches a KU course, "History through Film." )

A NIGHT AT THE OPERA

FA-57
Adam Rome

$53-2215

One Time: Thursday, 7-9pm, Jan 19
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration

A brief introduction to opera for those who want to increase their appreciation of this great but often misunderstood art form. The music (overtures, arias, ensembles, choruses), the history (why the Italians were the first to build opera houses, for example), the conventions (why the deep voices are always in the basses, the characters (a lascivious barber, a hunchbacked jester, a star-crossed poet, a biblical king). In short, everything you've always wanted to know about opera but were afraid to ask! (Adam is director of UMKC's Hidden Places project, but he is often found on Manhattan's sidewalks with his money and barrel organ, grinding out Yehudi's greatest hits.)

LA BOHEME

FA-57
Adam Rome

$53-2215

One Time: Thursday, 7-9pm, Jan 26
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration

An introduction to the music and the story of Puccini's masterpiece, to be performed in Manhattan on February 2nd by the New York City Opera.

APRÈS OPERA

FA-57
Adam Rome

$53-2215

Thursday, 15 minutes after the performance, Feb 2
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration (all three for $6.00)

A bit of champagne, coffee, and dessert, to celebrate the evening's performance of LA BOHEME. Join us for puff pastries, cheesecake, chocolate mouse, poppyseed cake, and Italian cookies -- all prepared by UMKC teachers and master chefs Rusell Louf (of Rio's Cafe), Adam Rome and Rebecca Browinson.

SIGN LANGUAGE

FA-67
Natalie Saturn

$52-5478

Thursdays, 7-9pm First Meeting: Feb 7
Length: All semester
Location: Will be noted on your receipt
Class Fee: $15.00, pay with registration
Materials Fee: $0.00, pay at class
Limit: 30

Say it in sign language. Experience the world of non-verbal communication in which the hearing-impaired live. This class will cover the basic sign alphabet and some conversations (with multiple signs). Come prepared to re-learn your own language. (Natalie learned sign language from her parents who are both deaf.)

1217 MORO
IN AGENVILLE
MANHATTAN, KANSAS 66502
913/539-8209

Open 10:00 to 5:30 Monday through Saturday — Thursday till 8:30
BALLROOM DANCE
FA37 537-6750

Sundays, 7:30-9:00 p.m., Feb 5 & 12 (2 times)
Location: Will be noted on your receipt
Class Fee: $3.00
People who already know how to dance waltz, tango and fox trot are welcome to come with or without a partner, the class night become ongoing. (Alex has taught this class before.)
ISRAELI DANCE
FA43 539-4805

Join the Flint Hills Folks Dancers at a special Israeli evening of horses and friends.
Time and date to be announced. No partners needed. Beginners always welcome!
(Paul has particularly enjoyed Israeli folk dancing for ten years.)
SOCIAL DANCE (ADULTS)
FA44 539-5767

Randi Dale

One Time: Monday, 7:30-9:30 p.m., March 2
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
限: 5 women
Students in the social dance class will be introduced to the waltz, tango, and fox trot dance patterns.
SOCIAL DANCE (AGE 13-18)
FA45 539-5767

Randi Dale

One Time: Tuesday, 7:30-9:30 p.m., Feb 21
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
限: 6 girls
Students in the social dance class will be introduced to the waltz, tango, and fox trot dance patterns.

CONTRA DANCING
FA39 539-6306

Edie Coke

One Time: Friday, 7:30-9:30 p.m., Feb 17
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration

CONTRA DANCING FROM CANADA, THE U.S. AND THE BRITISH ISLES
Flint Hills Folks Dancers join us for an evening of great dancing and wonderful music, no experience necessary.

CLASSICAL INDIAN DANCE
FA38 776-1172

Nivedita P. Rangnekar

Thursdays, 5:30-6:30 p.m.
First Meeting: Feb 2
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
The class offers a broad introduction to both the theory and practice of classical Indian dance and to understand the hand gestures and techniques of classical Indian dancing. (Nivedita is a professional Indian classical dancer with a B.A. specialization in 'Bharata Natyam' style, from the University of Bombay, India.)

COUNTRY WESTERN SWING DANCING
FA40 539-9566 532-3619

Barbara & Kathy/Andy

Mondays, 7:30-9:30 p.m., Feb 12, 20, 27
(2 times)
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
限: 20 couples
We plan to demonstrate and teach the basics and some advanced moves of country swing dancing. Also included will be two-step, ten steps (2 kinds) country-west and rock and polka. (Tony has taught this class at KS Discovery Days once before and Barb & Kathy really enjoy dancing.)

FLINT HILLS FOLK DANCERS
FA41 539-6306 539-4805

Edie Coke/ Paul Dale

Thursdays, 7:30-9:30 p.m.
First Meeting: Feb 3 (first and third Fridays)
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
限: 20 couples
We will do some English country dances, some Scottish couple dances and contra, and perhaps some Irish step dancing. Come for an evening of fun, fellowship, and dance. Beginners welcome! (Edie has been right dancing for over 20 years and has taught for about as long.}

DANCE CLASSES

SUSAN DARDEN DANCERS

Come dance with us!

SUSAN DARDEN—Hermitage's Only Professional Dance Company and the only dance company in Kansas. It is blessed by the Kansas Tourism Arts Program.

For the past four years, our dance company has traveled across Kansas, offering a variety of community services, such as workshops, recitals, and choreography demonstrations for schools, nursing homes, mental health facilities, and other special publics.

At our local Methode studio, our dance classes have fostered a dance class that you can help to support:

- $5 donation
- develop grace and coordination
- increased body awareness
- meet new friends
- have fun!

Our goal is to offer quality training dance for the casual or serious student—so enroll today!

CLASS SESSIONS:

All classes run for eight weeks.

Session I: January 16-February 10
Session II: February 25-March 24
Session III: March 30-April 24

CHILDREN’S CLASSES:

Creative Movement I
Ages 4-7
This class introduces children with an opportunity to develop personal hygiene, develop motor skills, develop coordination. 3 week in "play" class for 4 year olds. 6 week in "play" class for 5 year olds. 6 class in a constructive way.
Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Linda Johnson

Creative Movement II
Ages 7-9
An extension of creative movement I developed for older children ages 7-9.
Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Linda Johnson

Ballet I
Ages 8-12
In this class, the student learns ballet technique focusing on movement awareness, alignment, strength and rhythm. Develops discipline and self-confidence. Clothing should include leotards, tights, ballet slippers.
Saturday & Sunday, 10:00-11:00 a.m.
FEE: $50 instructor: Linda Johnson

Ballet II
Ages 8-12
For those who have had Ballet I. This class focuses on further development of ballet technique. It deals with movement confidence, movement through space, control, strength, alignment, and balance.
Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Linda Johnson

Teen/Adult Classes:

Adult Teen Ballet
Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Linda Johnson

Character Dance

Learn to move like Curly from "Oklahoma!" Areta from "West Side Story" or any other favorite stage character. This class will include character dance from musicals and movies.

Body Awareness: Learn more about how you move and why.

Dance Workshop: Learn a new style of dancing and experience.

We will have a morning workshop at the end of the show where all students will be given a solo piece to dance at the end of the show. Previous class experience is required in either jazz, modern, or ballet.

Modern/ Jazz I & II
Experience the excitement of combining two of America's only indigenous art forms: modern dance and jazz music. You will learn a series of modern dance and jazz routines, developing strength, flexibility and a basic understanding of movement awareness.

Modern: Monday, 5:30-6:30 p.m.
Tuesday, 5:30-6:30 p.m.
FEE: $30 instructor: Joan Dickson

Body Awareness: Tuesday, 5:30-6:30 p.m.
FEE: $30 instructor: Joan Dickson

Dance Workshop: Learn a new style of dancing and experience.

Ballet I

Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Joan Dickson

Ballet II

Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Joan Dickson

Jazz I

Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Joan Dickson

Jazz II

Tuesday & Thursday, 4:00-4:30 p.m.
FEE: $50 instructor: Joan Dickson

REGISTRATION FORM:

Name

Address

City

State

Zip

Payment Method

Check

Cash

Money Order

Credit Card

Card Type

Amount Enclosed

Please mail to MasterCard/Visa, (circle)

REGISTRATION INFORMATION:

All classes begin Monday, January 6 and Monday, March 19.

For more information, call (913) 539-6365.

Cardholder's Name

Parent's name if student is a child.
RECOMMENDATIONS

Dancing fingers

BEGINNING GUITAR

Chad Parlier, Nora Telavera

Wednesdays, 7:30-9pm First Meeting: Feb 8
Length: 6 times
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $3.00, pay at class

This group meets informally to discuss books that are serious, humorous, or satirical. They read both fiction and nonfiction. Choice of book depends on the group. Books recently read include: Bridled Lives by W. Pierce; From Housewife to Hexeric by S. Johnston; Sister Carrie by T. Dreiser; One of Our Own by W. Lather. (Lottie has been a member of the group since 1978 and is interested in women's issues.)

BEGINNING GUITAR

Linda Teener

Wednesdays (every other week) 7-9:30pm First Meeting: Feb 1
Length: Indefinite
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $3.00, pay at class

FLINT HILLS DULCIMER WORKSHOP

Linda Teener

One Time: Saturday, 1-4pm, Feb 25
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $3.00, pay at class

FLINT HILLS DULCIMER PLAYERS

Linda Teener

One Time: Saturday, 1-4pm, Feb 25
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $3.00, pay at class

JAZZ IMPROVISATION

Jackie Contre

Mandatory organizational meeting: Thursday, 7pm, Feb 16 Length: ongoing
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $20, pay at class

Maintainance of musical instruments

Christopher Banner

One Time: Saturday, 10am, Feb 19
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration

Chris will demonstrate general preventive maintenance for your musical instrument. He will cover techniques for replacing strings, cleaning, and polishing, as well as special needs and peculiarities of each instrument. Please indicate on your registration card what musical instrument you need to maintain. (Chris has been in instrument repairman for seven years and repairs all KU instruments.)

CONCERTS

ANONYMOUS: SCIENCE FICTION/FANTASY CLUB

Maryse Schultze

Mondays, 7:30-8:30pm, Feb 6 & 20
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration

Have you been hiding out because your friends don't appreciate Tolkien and your mother thinks you're too old to watch Star Trek? If so, Anonymity could be the group for you. Anonymity is a social club whose members enjoy parties, conventions, making costumes, and keeping up on the latest books and movies. Remember! Reality is only a crutch for those persons unable to handle Science Fiction. (Maryse has been president of Anonymity for the past year and loves Sci Fi and Fantasy.)

INTRODUCTION TO SHAKESPEARE

Brian K. Marx

Sundays, 7-9pm, Feb 26, Mar 4, 18, 25, Apr 1 (5 times)
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $1.00, pay at class

How to read Shakespeare. Shakespeare as Art, History, and Philosophy, and an introduction to basic dramatic theory will be covered. Plays discussed will be Henry IV, Part 1, Twelfth Night, Othello, and The Tempest. If you do not have copies of these plays, call Brian before Jan 31 and paperback editions will be ordered for you. (Brian is a KU student who has studied Shakespeare extensively.)

CRACKPOTS: VISIONARY WOMEN IN ROMANCE NOVELS

Florette Snyder

Tuesdays, 7:30-9:30pm, Feb 7, 21, March 6
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $1.00, pay at class

What's wrong with the world? How have women writers used alternative (real) worlds to analyze society? Readings include Marleni (Gilman); Woman on the Edge of Time (Piercey); Sisters of a Survivor (Lessing). Themes include madness, violence, technology, family and child rearing. (Florette teaches English and has a special interest in women's literature.)

POETRY WORKSHOP

Scott Calvin

One Time: Saturday, 1-4pm, Feb 25
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration

This class is an introduction to the workshop process. Participants should bring copies of an original poem to be critiqued by the group. The atmosphere will be very casual and it is hoped, helpful to the novice poet. (Scott has an MFA in creative writing and is a widely published poet. He is an instructor in the KU English Department.)

STEREO SALE

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Inner Self

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Thinking things over

INTRODUCTION TO THE PHILOSOPHY OF GURDJIEFF AND Ouspensky
David Seaman
532-5953
Thursdays, 7:30-9:30pm First Meeting: Feb 2
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
This class explores the psychological system of the two Russian philosophers and teachers, Gurdjieff and Ouspensky. Their philosophy seeks to join Eastern traditions with Western minds, establishing a system of self-development grounded in verification through personal experience. Classes will include psychological exercises, discussion, and reading aloud from Ouspensky's A Psychology of Man's Possible Evolution. (David has been active with Gurdjieff work for 10 years. He has studied with T.G. Bennett, a pupil of both Gurdjieff work for 10 years. He has studied with T.G. Bennett, a pupil of both Gurdjieff and Ouspensky.)

Kansas State College, Girls Drilling, 1888

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Living with kids

MONTESSORI IN THE HOME
Betty Aldridge
539-8014
Mondays, 7:30-9:30pm, Feb 6, 13
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
The Montessori philosophy of learning with pre-school children will be explained and there will be many learning materials displayed. Ways to make unassuming learning aids for your child and how to use these at home will also be shown. (Betty has been the director of Manhattan Montessori since 1988. Quinn Schipper and Stephanie Anderson will also assist in this class.)

A RED CROSS COURSE: PARENTING FROM BIRTH TO 6 YEARS
Lynda Harshley Frey, Tim McIntyre
537-2160
Mondays & Wednesdays, 7-9pm First Meeting: Jan 16
Location: Will be noted on your receipt
Fees: $3.00 (for student workbook), pay at class Limit: 20
This is a practical course designed to build positive relationships between parents and their children. Topics include: parent role, health and safety, child development, discipline, television. Through discussions parents exchange information and opinions about popular parenting techniques, share resources...and build a support group. This is a course developed by the American Red Cross and is taught by certified instructors. Certificates will be issued to those completing the course. (Lynda is Executive Director of the Red Cross in Riley County, a parent of two. Tim is staff person for Big Brothers/Big Sisters in Manhattan.)

PARENTS ANONYMOUS
Don and Jimmie Fallon
539-4451 539-5580
Wednesdays, 7:30-8:30pm First Meeting: Feb 1
Location: 1021 Denison Class Fee: $1.00, pay with registration
Even good parents lose their temper with their children or sometimes set unusually high expectations. At times parents avoid disciplining their children for fear of losing control. Irritability can lead to physical or emotional hurt and abuse. This is a support group for parents who wish to cope with these feelings and prevent damaging relationships between themselves and their children. Skills will be shared that help express anger and love feelings, to reduce stress and to define a new relationship. (Sponsored by Manhattan Family Council. Don and Jimmie are parents. Don is a kindergarten teacher with experience and graduate work in parent-child relationships.)

SACK LUNCH THEOLOGY
Dave Stewart
539-3051
Tuesdays, 11:30am-1:00pm First Meeting: Feb 7
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Materials Fee: $2.50, (cost of book) pay at class
Limit: 15
We will use Matthew Fox's Book, A Spirituality Named Compassion, as our learning guide. The book explores how compassion relates to science, ecology, politics, psychology, in the healing of the global village. Class format will be one in which all participants are learners and teachers with each other. (Dave is a campus minister who enjoys theology and sack lunches.)

INTRODUCTION TO ZEN MEDITATION PRACTICE
A. Potter
532-5650 532-5634
Wednesdays, 5-6pm, Mar 7 & 14 (2 times)
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
The aim of this course is to have two meetings within which some preliminary discussion of Buddhist tradition will be held as well as instruction in the Soto way of Zen practice. It is recommended that the participants bring comfortable clothing and please bring a cushion or medium-sized pillow to sit on. Those who have a general interest in questions are welcome to participate. (Master Katagiri of the Minneapolis Zen Center for a number of years.)

YOGA
Bert Franklin
539-0495
Tuesdays, 5:00-6:30pm First Meeting: Mar 6
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 10
The principle classic asanas, breath control, introduction to meditation, as taught by T.K. Krishnamacharya of Madras. (Bert studied yoga with Krishnamacharya continuously for over 3 years while stationed in Madras.)

YOGA
Rob Sheridan
776-6849
Mondays, 5-6pm First Meeting: Feb 6
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 10
In this class we will practice the basic yoga postures (asanas) and breathing techniques (pranayama) which bring your own mind, wear comfortable clothing (shorts, leotards, etc.) and come on an empty stomach. (Rob has been studying Yoga with Dr. Albert Franklin since 1974.)

WHAT IS A LUTHERAN?
Pastor Ron Roschke
539-7371
One Time: Thursday, 7:30-9pm, Mar 1
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
An introduction to Lutheranism: What do Lutherans believe? What is Lutheran worship like? How do Lutherans relate to other religions? A brief survey of the history of the Lutheran church and its response to the social, political and religious issues of today. (Pastor Roschke is Pastor of Peace Lutheran Church and serves as Chaplain to Memorial Hospital.)

THE MOVIECUBES
Robert E. Mullin
539-3051
Fridays & Saturdays, 6:30pm, Feb 11, 17; Mar 2, 24; Apr 7, 21
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Materials Fee: Cost of movie tickets
Limit: 20
We will view selected movies (let’s hope for some good ones!) and then discuss their meaning with reference to our own experience.

SCEPTICS AND THE OCCULT
Robert E. Mullin
537-8018
Tuesdays, 7-8:30pm First Meeting: Feb 7
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
An overview of such major cult movements as Mormonism, Jehovah’s Witnesses, Christian Science, and request topics; also, an overview of the occult and related topics—witchcraft, Bermuda Triangle, UFO’s, etc. (Currently Robert is a graduate instructor in the KYS English Department, former associate professor of English and lay preacher at Manhattan Christian College, nine years’ experience in research and lecturing on cults, the occult, and creationism.)

Inner Self/21
HEALTH AND SAFETY SEMINAR

Lynda Frey (Coordinator) 537-2160

One Time: Monday, 7:00pm, Mar 5
Location: Will be noted on your receipt
This will be a joint presentation on various topics dealing with health and safety issues. Representatives from the local fire department, first aid instructors, and experts in home safety and consumer awareness will discuss how to stay healthy and safe in varied situations.

FOOT CARE IN THE ELDERLY

Joseph A. Svoroda, D.P.H. 539-7666 539-1863

One Time: Wednesday, 7:30pm, Feb 22
Location: Will be noted on your receipt
Class Fee: $15.00, pay with registration
Limit: 20
Joe will discuss foot care in the elderly. Prevention, treatment, self-care and what it is not covered by Medicare/Blue Cross/Blue Shield, etc. (Joseph is a Manhattan Podiatrist and consultant in all nursing care facilities in the Manhattan area.)

VISUAL AWARENESS

JoAnn Freeman 776-1396

One Time: Tuesday, 7:00am, Feb 7
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Materials Fee: $15.00, pay at class
We will work with the use of visual training designed by Dr. Bates for healing vision problems. This approach is holistic - we will be discussing thought, nutrition, positive mental attitude and new visual habits can improve your vision on many levels. (JoAnn attended a workshop called "Eye Classes." She has been working with these techniques for over a year and know they work.)

"OH! MY ACHING BACK"

Dr. John M. Wurtin 537-9330

One Time: Wednesday, 7:00pm, Feb 8
Location: Will be noted on your receipt
Class Fee: $15.00, pay with registration
Materials Fee: $1.00, pay at class
A self-help course giving instructions on proper posture techniques, exercises, lifting, do's and don'ts, and treatment of back and neck conditions.

AGRICULTURE A LA YAMASAI'S OVERVIEW

Dr. John M. Wurtin 537-9330

One Time: Wednesday, 7:00pm, Feb 29
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Materials Fee: $1.00, pay at class
What is it, where did it come from, how do you use it, and why does it get such miraculous results? (John has been a chiropractor for eight years and is a member of the Fellowship of the International Association of Clinical Acupuncture.)

REFLEXOLOGY

Russell Gilliespie 776-0768

One Time: Monday, 7:30-9:30pm, Feb 6
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 20
We will cover basic information on reflexology (Reflexology), information to help yourself and others to prevent and overcome tension, improve circulation and normalize body functions will be given. It is not necessary. (Russell is a Certified Registered Reflexologist and is concerned about people's health.)

QUICKIE-MINI STRESS MANAGEMENT STRATEGIES

David Dahnke 532-6927

One Time: Wednesday, 7:30-9:00pm, Feb 22
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 40
Come dressed comfortably as you will be practicing and learning some stress management strategies. You will also be learning how each of us over-stress ourselves 100 or more times each day; what you can do to prevent or minimize stress, and how to integrate mini-strategies for managing those stresses into daily activity, and how some fun doing it. (David works in the 6-State Counseling Center doing stress management, biofeedback and wellness training for students, and for regional and national professional groups.)

STRESS MANAGEMENT

Michael Weinberg, PhD 537-2244

One Time: Monday & Wednesday, 7:00-9:30pm, Feb 20 & 22
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 10
Ways to overcome the stresses are put upon us by ourselves and others. We will explore the motivation for our behaviors when dealing with stress, and how we as a group can use and share the strategies that work for us. We can all identify those stressors in our lives.

22/Inner Self

CREATIVE DIVORCE: PAIN AND GROWTH

S-27

Don Fallan 539-4451

Thursdays, 7:30-9:30pm
First Meeting: Feb 2
Length: semester
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
The purpose of the group is to be a supportive, caring community for those facing or working through divorce. The group will work toward understanding and coming to terms with the past and with the possibility of finding new opportunity for personal growth and a fuller life. We will attempt to recognize self-deafening behavior and to discover options in making change.

DIVORCE - HOW TO STOP FEELING LIKE A VICTIM

S-38

Michael Weinberg, PhD 537-2244

Monday & Wednesday, 7:00-9:30pm, Feb 8 & 10
Length: 2 times
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Limit: 10
Divorce is often an emotionally devastating experience that reinforces the feeling of some skills to come with this course to help individuals who have experienced divorce and are looking for a support group that builds emotional strength. (Michael is a National Certified Counselor and has taught this course numerous times for JPM.)

HOMOSEXUALITY AND THE CHURCH: SUPPORT GROUP

S-43

Don Fallan 539-4451

Thursdays, 4:30-6:30pm
First Meeting: Feb 9
Length: indefinite
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Limit: 22
This is a support group for gay and lesbian persons to consider Biblical and religious attitudes toward homosexuality, finding support in coping with family and community attitudes, personal relationships, and exploring acceptance and non-acceptance in faith and church communities. Emphasis will be given to exploring feelings of fear, anger, guilt, trust, love and intimacy, confidentiality, trust, and caring will be stressed. Register by first name (if desired) and phone and you will confirm the meeting date. (Don is a KSU campus minister with training in past oral counseling at the Renninger Foundation.)

PEER COUNSELING: HOW TO HELP A FRIEND

S-39

Lynette Olson 539-4844

One Time: Saturday, Jan-1Decnoon Feb 11
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00 pay at class
Limit: 30
Help everyone at some point needs someone to listen and care. We will consider characteristics and skills needed in friend-to-friend helping. We will practice helping skills and the ways to respond to the situations. (For the past eight years Lynette has been teaching counseling courses as well as counseling students and others. She has led workshops around the state on this topic.)

USING THE JOURNAL: A WAY OF GETTING IT TOGETHER

S-18

Linda Pellegrino 539-3104

Section I: Tuesday, 7:30pm, Feb 7
Section II: Thursday, 7:30pm, Feb 23
Section III: Tuesday, 7:30pm, Mar 20
Location: Will be noted on your receipt
Class Fee: $5.00 per section, pay with registration
Do you often find yourself wondering "What's the next step for me?" or "Where is my life leading me?" In 1966 psychologist Irvin Yalom developed a method especially designed for adults seeking personal growth based on a simple journal-writing technique. This course will include basic exercises which explain Yalom's techniques. You don't have to be an expert in language arts, bring a pen and notebook paper. (Linda is an author of the Intensive Journal program.)

HYPOXIS FOR THE SERIOUSLY CURIOUS

S-27

Greg Potter 537-0076

One Time: Thurs, 7pm, Feb 3
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
This class will examine the nature of hypnosis in the helping process. We will discuss the theory of how hypnosis works to help people change in positive ways and how it is being used today in practical application. The Hypnosis process will be demonstrated (Greg has a Masters degree in Psychology, PHD degree in Counseling. He trained in hypnosis at the Ethical Hypnosis Testing Center, South Orange, N.J. and uses hypnosis regularly in private practice.)

Frazer Hall, Kansas University, Lawrence, 1970's
Finding a job

INFORMATION FOR ADULTS RETURNING TO SCHOOL S-14
Margaret Norlin and Beverly Leskey 532-6432
First Monday of every month, First Meeting: Feb 6, 7pm Length: 6 times
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration

Thinking about starting or returning to college? So are many others. Join a group discussing whether returning to school is a wise move, [it is?] What needs to be done and what plans have to be made? (Sponsored by KSU Family Office, Margaret and Beverly have worked with re-entry students for several years.)

WOMEN IN TRANSITION - CAREER/LIFE PLANNING GROUP S-19
Susan Scott Angle 532-6927
Wednesdays, 3-4:30pm First Meeting: Feb 1 Length: Ongoing
Location: Will be noted on your receipt
Class Fee: $0.00, pay with registration
Limit: 8

The Women in Transition-Career/Life Planning Group is designed for women who wish to re-enter the job market or change from one career to another. In a group setting, you will examine vocational choices as a lifelong process in which all experiences are meaningful and changes may be expected. (Susan is a counselor at the KSU Counseling Center who has an interest in the special career development needs of women.)

CAREERS IN TRAVEL S-10
Therese Garvin 539-0531
One Time: Tuesday, 7-9pm, Mar 6
Location: Will be noted on your receipt
Class Fee: $0.00, pay with registration
Limit: 15

In this class we will learn about a career as a travel agent, including skills assessment, means of acquiring training, career goals as owner or employee and what to expect in a typical day’s work. (Theresa and her husband own and operate a local travel agency.)

--- On the job ---

DEALING WITH DIFFICULT PEOPLE AND PROBLEM EMPLOYEES S-12
Bernie Horak 776-2498
One Time: Wednesday, 7:30-9pm, Feb 1
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15

This session offers strategies to deal with disagreeable attitudes, lack of motivation, and different personality types and conflicts found in social and work environments. (Bernie is a Captain, Medical Service Corps, Ft. Riley with specialties in organizational behavior and management consulting.)

HOW TO MANAGE YOUR BOSS S-12
Bernie Horak 776-2498
One Time: Thursday, 7:30-9:30pm, Feb 2
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 15

This session covers the following aspects of boss management: identifying aids and barriers to good boss relationships, carrying out role/goal negotiations, giving feedback and resolving conflicts.

HOW TO OBTAIN FREE PUBLICITY S13
Julie Coates 532-5886
One Time: Tuesday, 7:30-9:30pm, Feb 7
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration

There is no such thing as a free lunch, but there is such a thing as free publicity. This 2-hour seminar will give you information on how to take advantage of no-cost (and low cost) publicity to improve the image and visibility of your program. (Julie has offered this workshop to adult educators from all parts of the country.)

--- Kansas Lumber Company ---

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JOBS SEARCH WORKSHOPS S-15
Beverly Leskey 532-6432
One Time: Tuesday, 8:30am-4:30pm, April 3
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration

A series of workshops for the older adult students planning to enter or re-enter the job market have been scheduled from 8:30am to 4:30pm on Tuesday, April 3, 1984. All sessions will be held in the K-State Union. The sessions are being sponsored by the Kansas State University Fence of Fine and the Career Planning and Placement Center. The topics to be covered in the workshops are resume writing; the job interview; a discussion of the job market: locally, statewide, and nationally; professional dress; and the development of your personal data bank.

RESUME DEVELOPMENT S-16
Steve Cunningham 776-1849
Saturday, 9:30-11:30am, Feb 18, 28
Length: 2 times
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 12

The importance of a skillfully developed resume cannot be minimized. This course was designed for people who want to learn how to analyze and develop the skills for successful personal resume development. Upon completion, each person will have the understanding of the principles of skillfully developed resumes and will be able to complete a personal resume. (In a faculty member of KSU, Steve works with well over a hundred undergraduate and graduate students on resume development each year.)

THE OPEN PROGRAM S-17
Dr. E. L. Haussmann 532-5052
Wednesday, 7-9pm, Feb 1, 8, 15
Length: 3 times
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 20

The Open Program (Occupational and Personal Enrichment Network) will sponsor a three-part workshop on "Job Skills." Areas to be included are: Resumes and Cover Letters, Interviewing Skills, Career Planning, and Job Search Strategies. (Evelyn is a KSU associate professor of adult education.)
Looking good

BASIC HAIRCARE AND MAKE-UP FOR BLACK WOMEN 544
Sharon Sanders 539-7621
One Time: Wednesday, 7pm, Feb 8
Location: Will be noted on your receipt
Class Fee: $15.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 15

The professional world of beauty can be very exciting and challenging. Learn how to enhance your features. This program will be demonstrating black hair care by a professional cosmetologist. She will teach professional techniques on black hair care, proper use of equipment and correct procedures for applying makeup. Sharon is a highly skilled and trained cosmetologist.

STYLISH MAKEUP AND HAIRSTYLES 5-7
Lords 'n Ladies Stylists 776-6651
One Time: Wednesday, 7pm, Feb 8
Location: Will be noted on your receipt
Class Fee: $20.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 15

Come join us for a fun evening of make-overs. The stylists will be discussing makeup, hairstyles, and how facial hair removal can benefit you. We will have a drawing at the end of the class for a brush from our curling iron. Taken gift favors for all in attendance. (Lords 'n Ladies is a styling center in Manhattan.)

HAIR AND MAKE-UP FOR THE '80's 5-5
Aliaca and Company 537-3025
One Time: Tuesday, 6pm, Feb 7
Location: Will be noted on your receipt
Class Fee: $15.00, pay with registration
Limit: 20

Not sure what hairstyle or makeup technique is right for you? Let us help you make the most of your good looks and have fun at the same time! We'll do five "before and after" demonstrations and each participant will have time to ask questions concerning her own personal hairstyle and makeup. (Aliaca and her staff are experienced professional cosmetologists who have enjoyed teaching this class before.)

SKIN CARE AND GLAMOUR 5-6
Anna Prockish 537-4246
Section 1: Thursdays, 7:30am, Feb 8 & 9
Section 2: Thursdays, 7:30am-9:00am, Feb 2 & 9
Location: Will be noted on your receipt
Class Fee: $3.00 per section, pay with registration
Limit: 10/section

Each person will receive a skin analysis with personalized step-by-step instruction in skin care and glamour. Advanced instruction available according to member interest. (Anna is a professional beauty consultant with Mary Kay Cosmetics.)

MAKE A FASHION STATEMENT 5-2
Deanne Pierson
One Time: Thursday, Mar 15, 7:30pm
Location: Will be noted on your receipt
Class Fee: $20.00, pay with registration
Limit: 15

Do you know the colors you wear say many things about you? Would you like to learn some of the basics in wardrobe planning? Want to appear taller, or smaller, or slimmer, or taller? Correct clothing styles for all figures will be discussed.

YOUR BEAUTIFUL FACE 5-8
Deanne Pierson
One Time: Thursday, 7:30am, Mar 8
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 15

Basic makeup and skin care techniques will be covered and each participant will receive a make-up chart and handouts to help you select your correct makeup. We will also experiment with determining your undertone, the first step in being color analyzed.

Especially for men

COLOR ANALYSIS FOR MEN 5-1
Deana Pierson
One Time: Thursday, Mar 22, 7:30pm
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Limit: 15

Color analysis is very popular and even men can benefit from it. Besides learning your best season, Deana will give you pointers on dressing successfully. Four men will be selected randomly to demonstrate their season and colors. (Deana is a professional color consultant trained by "Man for All Seasons.")

MEN'S DRESS FOR SUCCESS: AN INTRODUCTION 5-3
Bonnie Hansen 776-3438
One Time: Thursday, Mar 8, 7:30pm
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 15

People glance at us and in an instant, even without knowing it, make judgments about our dependability, friendliness, professionalism, mood, competence, intelligence, age, and health. Research has proven that our colors, our suits, and accessories, communicate strong persuasive messages about us. Learn how to send the proper messages by wearing your best colors, your most authentic suits and ties, and your best casual wear.

24/Inner Self

Aggie Hair Shapers

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Outter Self

Good reasons for cold weather

SKY KANSAS CROSS COUNTRY SKIING P-1
Gregg Scribce 776-7693
Thursday: 7:30-9pm, Feb 2 & Saturday, 9am-12noon, Feb 4
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Learn to ski with an expert! In the first meeting you will learn about equipment including skis, boots, bindings and poles for beginning, touring and racing. Also covered will be techniques, clothing and techni- ques. This is the second on a 4-week program. Those that are serious are encouraged to “ski” properly and double-pole. Gregg will critique your style and teach you the short tour that will challenge you to use all that you have learned. Participants need to provide their own skis which can be rented from the Pathfinder in Aggieville. If skow conditions do not allow for skiing on Feb 4th, an alternate Saturday will be scheduled. (Gregg has led numerous cross country skiing trips in North Carolina, Indiana, Michigan and other areas.)

ICE SKATING P-3
Connie Meach 539-6400
Saturday: 10am-12noon - skating, 2pm, Feb 4
Location: Will be noted on receipt
Class Fee: $3.00, pay with registration
Weak ankles are no reason to miss out on the joys of ice skating. You won’t be able to stand the cold, and learn to “stride” properly forwards and backwards, glide like a swan, or do a simple turn, and skate faster than a speeding bullet — will, skate fast. Attend the morning session for discussion and then skate that afternoon. Bring your skates and think “beautiful Ice.” (Connie has been a competitive speed skater.)

PHYSICAL FITNESS ASSESSMENTS P-6
Tony Wilcox 532-6765
One Time: Tuesday, 7-9pm, Feb 7
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $3.00, pay at class
An essential aspect to a successful fitness program is knowing your initial (level) of fitness. This allows you to know what needs to be developed and what level of exercise you can tolerate. This class will assess the important aspects of physical fitness for each participant and briefly discuss the development of the appropriate fitness program.
(Toy, a PhD in exercise physiology, is an experienced distance runner and teaches the KUS course which covers the lifetime fitness approach to physical education.)

GENERAL FITNESS EXERCISES TO MUSIC: AEROBIC EXERCISE FOR EVERYONE P-10
Susan Dube 532-5731
Mondays, Tuesdays, Wednesdays, Thursdays, Fridays, 5-6pm First Meeting Location: Will be noted on your receipt
(Feb 17)
Class Fee: $10.00, pay with registration
Length: All semester
Exercises include jogging and steps to music to increase the heart rate, and limbering and firming exercises done singly and with partners. The program’s activity is stressed, and will increase progressively through the semester. (Susan earned a cert course in West Germany and taught it professionally at the Genesis, Byron Strehl Hotel.)

THE WINDING ROAD: SPORT PSYCHOLOGY FOR RUNNERS AND SPORTS ENTHUSIASTS P-7
Ben Gould and Linda Petticoat
One Time: Monday, 7pm, Feb 15
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $2.00, pay at class
Limit: 15
Do you have trouble motivating yourself to jog daily? Do you handle competition stress poorly? Are you a couch potato who wants to be more effective? Ben and Linda will show you how to use imagery, stress management and psychological skills, and discuss motivation and goal setting. A slide show will be shown and handouts presented. (Ben is an ex-co-captain of a real wreather and current director of Kansas ASP - Kansas Coaching Effectiveness Program. Linda is a doctoral candidate in sport psychology.)

Adding exercise to a busy (but sedentary) lifestyle P-9
Jackie Rawlings 776-3322
Wednesday, 7-9pm, April 4, plus a second session 2-3 weeks later
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 25
The first session will be a 2-hour classroom-style presentation including lecture, film and slides. Topics covered will be the importance of exercise, what kind of exercise is best, how to get started on a personal fitness program and how to use a fitness trail. The second session will be at the Saint Mary Hospital’s new fitness trail which is located north of the hospital. This session will be 2-3 weeks after the first session depending on the weather and when the trail is finished. This session will be actually using the fitness trail stations and helping individuals establish their own personal fitness goals and programs. (Jackie is a registered physical therapist and has been director of physical therapy at St. Mary Hospital since 1985. She has been running regularly for the past four years.)

ADVENTURE P-11
Journey Wilde 639-1414
Tuesdays & Thursdays, 6-8:45pm First Meeting: Mar 20
Length: 12 times
Location: Will be noted on your receipt
Class Fee: $30.00, pay with registration
Limit: 16
If you hate to sweat but want to tone up - if the thought of situps makes you stick but music starts your feet tapping, then come join us. Do something nice for yourself and have fun. (Courty has a jazz dance background. She combined her enjoyment of dance with physical fitness while she was the recreation director at the Topeka Girl’s Club.)

COMMON ATHLETIC INJURIES (RUNNING, BASKETBALL, RUGBY, ETC.)
Joe Sevada, D.P.H., Guy Smith, M.D.
One Time: Saturday, 12 noon, Feb 21
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Common injuries that occur in running, basketball, rugby, tennis and other sports will be discussed. Learn how to prevent, manage and self-treat sports injuries. Get to know when to seek professional help. Don’t pass up this chance to hear from experts! (Guy is team physician for Kansas State Sports Medicine. Joe is a sports podiatrist, runner and com- mittee to Kansas State.)

Keeping fit —

Outer Self/25
BICYCLE TOURING IN THE FLINT HILLS
Steve Martin
One Time: Wednesday, 7-9pm, Mar 23
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
The Flint Hills are a perfect location for bicycle touring. Steve will discuss bicycle touring as an outdoor recreation pursuit, equipment presentation, slide show and discuss possible touring routes in our area. A discussion, and question/answer section will follow. (Steve has taught bicycle touring at KU for 4 years and has toured the Flint Hills.)

RAPPELLING FOR BEGINNERS
Rick Johnson
Saturdays, 2pm First Meeting: April 7
Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 12
Learn to descend cliffs by rappelling, a truly thrilling experience. This class is designed to familiarize the individual with the basic techniques of rappelling. Included are selection and safety inspection of equipment, basic knots used, and rappelling and belaying procedures. The class will meet initially at the instructor's home, and subsequent classes will be held at the rappelling facility. All equipment will be provided by the instructor. On delay! Rick has extensive military and civilian rappelling experience including helicopter rappelling. He owns his own equipment and will have an assistant instructor who also has extensive experience.

SUMMER ELEMENTARY SCHOOL, 1960's

COMBATING CABIN FEVER

NICE ELLIDGE
First and Third Wednesday, 7:30pm First Meeting: Feb 1
Location: Will be noted on your receipt
Length: All semester
Class Fee: $2.00, pay with registration
If you are interested in going camping, canoeing, bike touring, rock climbing, backpacking, sky diving, sailing, rappelling, kite-flying, spelunking or any of the above, then this is the club for you. Each event or a variety of trips are planned for the next two months. You must only pay the fee once per year. (NICE enjoys many outdoor activities.)

RUNNING THE BACK ROADS
Richard Johnson
Wednesdays, 7:30pm, First Meeting: April 4
Length: Indefinite
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Are you a runner who takes the same route week after week? Are you an outdoors enthusiast who finds jogging too monotonous? The goal of this class is to associate an appreciation for both running and nature. The solitude of back roads running can simulate a sense of closeness to the environment. Traffic and back roads in the Manhattan area will be explored as possible places to run. Organized weekly runs will be attempted. (Rich has been observing wildlife and landscape by running in the Stockdale area for a number of years.)

LINDSBORO N E MISSION FESTIVAL
Judy Portuese
P-37
Sunday, 12:30-30pm, April 18
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 46
Join us as we depart at 12:30pm for Lindborg, the "Little Sweden" of Kansas. We'll enjoy the performance of Handel's Messiah by the Bethany Oratorio Society. This marks the 32nd year of this nationally acclaimed concert. We'll be joining others in this annual 'Holy Week' presentation as a 400-voice choir and 75-piece orchestra host us in this celebration. It's suggested to wear light-weight clothing as the auditorium may become fairly warm. After the concert, we'll board the motor coach and journey north to the famous "Brookville Hotel" in Brookville, Ind., where we'll relax over a fried chicken dinner served family style. The dinner will provide a time of getting acquainted with our fellow travelers. The fee includes your Abbott Coach fare, Mission tickets and Brookville Hotel dinner. (Judy is UM's favorite tour leader. This will be her tenth UM bus trip.)

TOPEKA SPRING TOUR
P-38
Judy Portuese
Tuesday, 9:30am-6pm, March 28
Location: Will be noted on your receipt
Class Fee: $20.00, pay with registration
Limit: 46
Wet weather finds us going to Topeka. We'll depart at 8am and go directly to the Woodpigeon Tree & Rubber Co., for a tour and lunch about the manufacturing of tires. We'll go to White Lake Shopping Center for lunch (on your own) and shopping. The afternoon will find us on a guided tour of the historic Ward Mead Home which was built in 1970. A replica of the 1894 Ward cabin and 2.5 acres of botanical gardens are included. Transportation by Abbott Coach Tours.

CLAY CENTER TOUR
Judy Portuese
Tuesday, 9:30am-6pm, Feb 28
Location: Will be noted on your receipt
Class Fee: $20.00, pay with registration
Limit: 46
Got cabin fever? Come join me for a little outing to our neighboring city of Clay Center. After departure at 9:30am, our first stop will be Handcraft Home. We'll tour a model home that these builders have constructed. Lunch time will find us at the Elks Club going through their buffet line (on your own). We will be downtown, so there will be time for shopping and browsing. In the afternoon, we will visit the Clay County Museum, Transportation by Abbott Coach Tours.

Coming to Aggieville in March
St. Patrick's ROAD RACE

KS Bank
Kansas State Bank
Fifteen 26/Outer Self

26/Outer Self
Wet and wonderful

SWIMMING LESSONS

All Classes:
- Location: Will be noted on your receipt
- Class Fee: $5.00, pay with registration
- Teachers are Red Cross Certified Water Safety Instructors
- Length: 8 hours
- No class on March 10

Children's Beginning Swimming (age 6-10)

Mark Gallagher
- Saturdays, 12-1pm
- First Meeting: Feb 4
- Length: 8 times (1 hour each)
- Limits: 10

Adult Beginning Swimming

Neil Schaner
- Saturdays, 10am-12pm
- First Meeting: Feb 4
- Length: 4 times (2 hrs each)
- Limits: 10

BASIC RESCUE AND WATER SAFETY (AGE 11-14)

Tom Deaver, Brad Knornisch
- Saturdays, 8-10am
- First Meeting: Feb 4
- Length: 6 or more (no class)
- Location: Will be noted on your receipt
- Class Fee: $5.00, pay with registration
- Limits: 10

If you are a strong swimmer and age 11-14, this class could save your life. This American Red Cross class, formerly called Junior Lifesaving, will teach you water safety such as assisting, boat safety and artificial respiration. Basic rescue techniques will include specific emergencies, search and rescue, survival, floating, recovery of submerged victims and more. Tom and Brad are American Red Cross certified water safety instructors.

TAKE THE PLUNGE - SPRINGBOARD DIVING FOR ALL AGES

Brett Baker, Jay Pittman
- Sundays, 10am-12noon
- First Meeting: Feb 5
- Length: 5 times
- Location: Will be noted on your receipt
- Class Fee: $5.00, pay with registration
- Limits: 12

Do you find yourself feeling jealous of those who perform graceful dives, back flips and twists at the olympic swimming pool? Wish you could show off at the diving board but afraid of belly flopping? Brett will teach you basic diving skills including forwards, reverse, flips and twists. He promises nothing serious or dangerous. Please bring a short-sleeve sweatshirt (Brett and Jay are avid divers at KSU).

SAFETY BASICS

Jay Kin
- One Time: Saturday, March 12
- Length: 2 times
- Class Fee: $3.00, pay with registration

The opposite of running with the wind is: a) coming about; b) hard- alee; c) tacking; d) walking with the calm. Even if you answered c) tacking, you'll learn much from this introduction to sailing including terminology, how to sail, selecting a boat and how to get started. As a second session to be agreed upon, each participant will have a chance to sail. (Jay has been sailing for over two years and owns a Laser.)

INTERMEDIATE KAYAKING WORKSHOPS

T.J. Hittle
- Sundays, 9am-12pm, Jan 23, 30, April 1, 8
- Length: 4 times
- Materials Fee: $2.50, each Sunday, pay at class

These workshops are for those kayakers with some experience who desire to improve their skills. Informal critiques will be provided on rolls and strokes in indoor pools. Boats are available for rent at the pool or you can bring your own. Come as many times as you want and pay $2.50 per Sunday as the class (instruction will be provided by members of the Kayak chapter of the Kansas Canoe Association.)

CANOE/KAYAK POOL SLALOM RACE

T.J. Hittle
- One Time: Sunday, March 6
- Length: Will be noted on your receipt
- Materials Fee: $5.00, pay at class

The pool slalom race offers both novice and advanced paddlers an opportunity to test their skills. All interested canoeists and kayakers are invited to compete. Events include races for ages 12 years and over. Awards will be given by the Kansas Canoe Association. Come and join the fun.

TREASURE CHEST

Costumes - Novelties - Gifts
1124 Moro
Manhattan, Kansas 66502
(913) 537-2344

- Used paperbacks and records
- Back issues of Comics and Men's Magazines

Buzell's Office Equipment
(1 block from the post office)
211 Lawrence
776-9499
Machine, furniture and Supplies for the office

Shop at Sears

Downtown Manhattan
OPEN 9:30-6:00 MON.-SAT.
THURS. TIL 8:30
SUNDAYS 12-5
AUTOMOTIVE OPENS 8:00 a.m.
776-8886

Charleston and Wilson
Insurance Agency
111 N. 4th
537-2900
Auto and Homeowners

*Creek with Trees* B. Sandzen Litho

CANOEING KANSAS WATERS

Bob Poresky
- Organizational Meeting: Thursday, 7:30-8:30, March 1
- Location: Will be noted on your receipt
- Length: 4-5 times
- Class Fee: $3.00, pay with registration
- Limits: 20

Basic canoeing techniques will be incorporated into trips to nearby lakes, streams and rivers. We will have a chance to learn/relearn canoeing techniques as we explore this spring. Participants will be responsible for providing canoes, paddles, life jackets, etc. The spring schedule will be set at the March meeting at which time partners and rental locations will be found. This class welcomes both individuals and families. (Bob is a certified Red Cross canoeing instructor.)

Outer Self/27
CRICKET: SIMILAR TO BASEBALL BUT VERY DIFFERENT

CRICKET originated in England and has some similarities with baseball. Both are played using a bat and ball, but the game is to score runs, popular as baseball in America, maybe more. Nine countries, including the USA and India, play cricket as the international game. If you like cricket, you may want to join a group of interested cricket players who play at least once a week. (Milen, a graduate student from India, has played cricket for many years.)

SMOOTH MOVES

TANG SOO DO KARATE

JOEL GOEBERG

Mon, Wednesdays, Fridays, 7-9:30pm First Meeting: Feb 1 Length: All semester Location: will be noted on your receipt Class Fee: $10.00, pay with registration Limit: 25

This course will cover the basics and is for those who don't know anything about Karate but really want to learn. Karate is not easy and requires much hard work, practice, patience, and perseverance. If you stay with it, you will see rapid progress. The course is for beginners only. (Joel is a second degree black belt with eight years experience and has been teaching for four years locally.)

JUJUTSU FOR BEGINNERS

STAN WILSON

Mondays, 7-8:30pm First Meeting: Feb 6 Length: Indefinite Location: will be noted on your receipt Class Fee: $10.00, pay with registration Limit: 30

Jujutsu is the parent art of Judo. It is Japanese in origin, and Jujutsu stresses hand-to-hand combat featuring throwing, sweeping kicks and wrist and arm locks. The class will also include the Naido Ryu Basic Haza form which is self-defense oriented, not exercise oriented. Participants must be age 18 or over. (Stan has a black belt in Jujutsu and has taught martial arts for six years.)

TAL CHI EXERCISE

TOM GRAHAM

Saturdays, 10:30-11:30am, Saturdays, 7-9pm First Meeting: Feb 4 Length: All semester Location: will be noted on your receipt Class Fee: $10.00, pay with registration Limit: 30

Tal Chi, a Chinese exercise system involving both exercise and self-defense. Emphasis is placed on the slow, controlled, smooth motion of the body. (Tom has been leading this class for over two years.)

TAL CHI CHIN WORKSHOP

MARK MOSER

SATURDAY, 10:30-11:30, 14pm, Sunday, 1-4pm, Feb 11 & 12 Location: will be noted on your receipt Class Fee: $5.00, pay with registration Limit: 12

Tal Chi Chuan, 1000 years in its development, is a well-tested form of exercise created by the Chinese people. As an exercise for great health, it looks like a slow-motion dance or a meditation in motion. Through explicitly non-violent means, Tal Chi is also an art of self-defense, mostly the art is usually practiced by the old people. The workshop will consist of:

1. Chinese exercises for health
2. Tai Chi solo form (Kung style)
3. Introduction to Pushing Hands Technique
4. History and philosophy of Tai Chi Chuan
5. Integration of Tai Chi Chuan into All Styles welcome.

(Stark, a native of Kansas, studied Tai Chi while in the Peace Corps in Malasia and has been teaching in Wichita since 1976. He has done several workshops in Manhattan.)

MOVEMENT AND CONSCIOUSNESS

BRADLEY ARNOLD

One-time: Tuesday, April 3 Location: will be noted on your receipt Class Fee: $3.00, pay with registration Limit: 30

In a lecture/demonstration format, we will discuss aerial acrobatics, physical activity from historical, philosophical and psychophysical viewpoints. Various styles will be demonstrated by several local practitioners. Implications for mental and physical health and aging will be discussed. (Bradley has studied a variety of aerial arts forms, yoga, physical and fitness approaches for over 11 years.)
On the inside

JUGGLING
Charles Green
Saturdays, 2pm, Feb 4, 11 (2 times)
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 30
Juggling can be a relaxing art as well as a wonderful learning experience. The art of juggling develops a good feel for hand-eye coordination. The only requirement is that you must have three tennis balls. Some experience can be helpful but not required. Juggling is for the young and the old, so come join the fun! (Charles has been juggling for approximately four years as an amateur and eventually plans to turn professional and attend Barrie and Bailey’s Clown College in Florida.)

LEARN TO BOWL BETTER
Jack Complant
Saturdays, 6:30-10am, Feb 4, 11, 18 (3 times)
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $8/day, rental shoes are free
Limit: 25
This class is designed for any bowler that desires to increase their overall knowledge of the game of bowling. A bowler should have the basic 4 or 5 step approach, but does not have to possess a high average. (Jack is a former member of the Professional Bowlers Association; he sanctioned 300 games and high series of 804.)

POCKET BILLIARDS FOR BEGINNERS
Jerry Riggs
Saturday, 10:30am First Meeting: Feb 4 Location: As noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 12
This class will start with a brief history of the game. Included will be an introduction to playing equipment, basic stance, aim, English, and control. The different games - 8-ball, 9-ball and snooker will be covered as well as the theory and mental game. Also, we will watch a video-tape that shows some games. Jerry has participated in several World Pocket Billiard Championships in New York City, finishing 33rd in 1979, 16th in 1980 and 20th in 1981.

CHESS: FROM OPENINGS TO CHESSMATE
James Blood
Fridays, 7:30pm First Meeting: Feb 3 Location: As noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 20
"Chess is no more game, once explained a past world champion. This class will explain the reasons why, learn the rules and fundamentals and enter the fascinating world of the sixty-four squares. After the basics, the class will proceed to planning and theory. Openings to endings will be discussed, as well as perceptions and analyzing moves correctly. Any level of expertise, including beginners are welcome. (James is a former Manhattan city champion with 28 years experience in playing, teaching and participating in national and regional tournaments.)

STUDENT PILOT GROUNDSCHOOL
J. Van Swagg
Two Times: Days, times and dates to be announced
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 17
If you have ever thought about learning to fly then this class is for you. We will cover basic aircraft systems and aerodynamics, airport operations and communications, and basic licensing requirements. Although the class will not cover everything required for the F.A.A. written exam, it will provide a solid background for the potential students pilot. Call the instructor for more information. (J. is a commercial pilot and certificated flight instructor. He also owns his own aircraft.)

CLOWNING WORKSHOP
Dave Baldwin
Organizational Meeting: Wednesday, 7-pm, Feb 1
Length: 4-5 times
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $8.00, pay at class
An introduction to the basics of clowning: make-up, costume, character, etc. Some technical experience in public will be included. No experience necessary, only a willingness to be foolish. (Dave has been clowning since 1976.)

PLAY GROUP
Barb Storm, Kay Ring
Wednesday, First Meeting: Feb 8
Length: Ongoing
Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
This is a chance for children to play with other kids while their moms make new friends and get a chance to visit with other mothers. Play group has been in Manhattan about 6 years. (Barb and Kay have been involved in Play group for several years.)

COIN COLLECTIONS
Second Wednesday of the month, 7-pm First Meeting: Feb 8 Location: Will be noted on your receipt
Class Fee: $1.00, pay with registration
Materials Fee: $2.00, pay at class
Coin collectors will have the opportunity to learn the skills of grading and appreciating U.S. and foreign coins. Members will be introduced to hobby literature that is necessary for coin collecting. Coin investment basics will be covered. (Various members of the Manhattan Coin Club will be involved with the instruction.)

STAMP COLLECTIONS EXTRAVAGANZA
Tin Lindeman
Mondays, 7:30pm, First Meeting: Feb 6 Location: As noted on your receipt
Class Fee: $3.00, pay with registration
Stamp collecting can be a valuable, educational and fun hobby. Tin will cover the basics of how to collect stamps including buying, trading and postage. We'll go from a philatelic slide show and learn the flavor points of collecting. A field trip is planned. (Tin is a long-time member of the American Philatelic Society and a collector for 20 years.)

UPR LUNCHEON CARD PLAYERS
Ira Harritt, Will Schaner
Wednesdays, 12noon-1pm, First Meeting: Feb 1 Location: Indefinite
Class Fee: $1.00, pay with registration
Don't be left out in the cold this winter. Join a fun-loving, card-playing group over lunch on Wednesdays. We'll sit around the wood stove and soak up the UPR solar addition sunshine as we play our favorite card games. Find new partners and learn new games. It's just for fun; no gambling with money and overly serious players need not apply. Bring a deck of cards. (Ira and Will especially like hearts, spades, blackjack and various types of poker.)

INTERMEDIATE BRIDGE
Pat Cashin
Tuesdays, 7:30am First Meeting: Feb 7 Location: As noted on your receipt
Class Fee: $5.00, pay with registration
Past the beginning steps, but needing a firmer grip on declarer play, partnership defense, bidding styles? This class will cover counting out hands, accurately playing cards, and plays, slam bidding, defensive signaling and other skills. Bring some cards, tournament and social players welcome. (Pat has been teaching bridge through UPR for two years.)

Welcome Students for the new Semester
KREEM KUP STORE
32 YEARS OF SERVICE
Old Town Mall
Shopping Center
1 Mile South of Campus
Ice Cream- Sandwiches
OPEN YEAR ROUND

BOOK SHOP
Village Plaza Shopping Center
537-8025
Books
Magazines
Pipes & Tobacco
We welcome special orders. If you need it, we'll try to get it for you.

Outer Self/29
COOKING WITH WINE

JC-1

Curt Belford

One Time: Thursday, 6:45 to 8:45 p.m., Feb 15
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.50, pay at class
Limit: 10

This class is directed toward the novice who has an interest in the basic concepts used in cooking with wine. We shall discuss the different types of wine and their uses in preparing meat dishes, vegetable dishes, sauces, marinades, and desserts. We shall also demonstrate various methods of cooking with wine, and be able to sample several different experiments. Participation is asked by 21 years of age. (Curt is president of State Distributors, Inc., and a local distributor for liquors and wines, with 17 years experience in the field of wine marketing.)

CANDY DELIGHT

JC-2

Linda Johnson

One Time: Thursday, 7-9 p.m., Feb 2
230-2282

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 10

Delight yourself, family, and friends with candy delights. We will learn how to make turtles, chocolate covered cherries, clusters, suckers, and many more. Youragination is the only limit of delights! Linda is the owner of Candy Junction, a candy and cake shop.

BASIC AUTO MAINTENANCE FOR WOMEN

JC-3

Steve Vosses

One Time: Thursday, 7:30 to 9:30 p.m., March 8
230-1333

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 10

In these days of auto upkeep, something very basic of auto upkeep is often overlooked. Some learn how to keep your auto in good shape, what should be checked every time you buy gas; when to change the oil and when to change filters. We will change a tire, identify what's under the hood and how things operate as units. And we will learn what you can do yourself and what are the symptoms of serious problems to hire a specialist. There will be time for lots of questions, too. (Steve has been the owner of the 33rd Street Service Station for over 3 years. Steve is a nationally certified mechanic who has taught this class before.)

PREMARRITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR WOMEN

JC-4

Susan Jacobson

One Time: Thursday, 7-9 p.m., Feb 9
762-2002

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 10

A short survey of law regarding divorce, legal separation and custody. Pre-marital agreements, property settlements, and tax consequences will be discussed. The "new" law on custody, emphasis will be on women's rights and responsibilities. Students pay will be brought notebook. (Susan is a lawyer in Junction City where 75% of her work is in domestic relations.)

PREMARRITAL AGREEMENTS, DIVORCE OR CUSTODY: FOR MEN

JC-5

Susan Jacobson

One Time: Wednesday, 7-9 p.m., Feb 8
762-2002

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Limit: 10

A short survey of law regarding divorce, legal separation and custody. Premarital agreements, property settlements, and tax consequences will be discussed as well as the "new" law on custody. Emphasis will be on men's rights and responsibilities.

THREE STEPS TO BEAUTY

JC-7

Shelby Robb and Gayle Summers

One Time: Tuesday, 7-9 p.m., Feb 7
230-1285

Looking beautiful is easy - just let us show you how! In one evening you will receive individual instruction in the care of your complexion, application of a cleansing mask, spolitauring, and foundation. The new methods of applying subtle eye color and natural colors will be demonstrated and you will get hands-on experience doing your own makeup. (Shelby is a cosmetologist for Marie Noreen and Gayle owns the Clothes Closet.)

MANAGEMENT OF COMMON EMERGENCIES

JC-6

Jane Hindley, R.N.

One Time: Tuesday, 7-9 p.m., March 27
762-2178

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.50, pay at class
Limit: 10

Someone is ill or injured. What should you do? How do you call a doctor? Do you administer medication? How to go to the emergency room? The purpose of this two-hour class is to inform you what is required to know. We will learn to identify such things as heart attack symptoms, and how to manage broken bones, bleeding, burns, eye injuries, elevated temperature, and poisonings, and others. This is not a first aid class, but a course to inform you how to keep calm while coping with common emergencies. (Jane is a staff nurse in the emergency room at St. Mary's Hospital in Manhattan. She has been involved in nursing education for several years.)

BASIC PHOTOGRAPHY

JC-8

Jane Moyer

Thursdays, 7-9 p.m., Feb 8 & 15 (2 times)

Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Materials Fee: $4.00, pay at class
Limit: 8

How can you better picture things if you are a beginner? Learn the basic elements of good photo composition from an expert and then apply these to your own pictures-taking experiences. Please bring your own camera and film. Class will conclude with a photo assignment and a productive critique session. (Jane has taught basic and advanced photography and is a professional photographer who owns Studio Prints.)

QUILLING

JC-9

Joanne Stansic

One Time: Wednesday, 1-3:30 p.m., Feb 8
230-2709

Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Limit: 5

The basic steps in quilling will be demonstrated, various methods for transferring patterns to the material, and assembling for a completed project. Bring scissors, glue, paper, and a quilling package. Joanne enjoys sharing her knowledge of quilling and is the owner of the Serendipity Shop.)

CANDLEMAKING

JC-10

Joanne Stansic

One Time: Wednesday, 1-3 p.m., Feb 1
230-2709

Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 6

Candlemaking is a delightful way to pass a cold winter afternoon. Every participant will be provided with enough material for a candle in pillow shape; we will transform a pattern to the material and learn to make a candle from the mold. Directions to make the construction of the pillow shape will be a handout. Please bring scissors.

SEWING AN ULTRA SUIT SKIRT

JC-11

Jolana Montgomery

Sunday, 1-4 p.m., Feb 6
762-2746

Location: Will be noted on your receipt
Class Fee: $5.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 10

Sewing on versatile ultra suede is easy once you know the basics. This class will cover all the details necessary to sew on Skinner ultra suede and a skirt will be cut out and sewn by the instructor. Plan to take notes. (Jolana has taught and sewn with ultra suede for several years.)

CROSS STITCH

JC-12

Jannie Johnson

Wednesday, Jan 11: Meeting; March 16: Length: One time
762-4550

Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 10

Basic cross stitch for the beginner will be shown and we will complete one project - a delicate cross stitched owl that can be framed. All materials will be provided. (Jannie enjoys all kinds of needlework and has taught this craft before.)
CONTRIBUTIONS: UFM ANNUAL FUND, 1983

In 1983, UFM undertook its first annual fundraising drive. This effort became necessary as other sources of funds became less available. Because of the support of members of our community, UFM has been able to retain the breadth and quality of the Manhattan program. Below is a list of those who supported UFM in the 1983 annual fund drive.

**UFM Donors:**
- Georgs and John Becker
- Mrs. Eileen Bourque
- Kathy Carlin
- Charlie Clark
- Mary Clarke
- Carolyn Coates
- Harold and Elsie Colbert
- Thomas J. Frith
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- Mary E. Joerg
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- Frank and Roslyn Keller
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- John and Barb Haas
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- Dave Verschieden
- Gail Zeller

**UFM Learner:**
- John Clamer
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- Ward A. Keller
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- Kansas Lumber Company
- Kretschmer Products, Division of International Multifoods
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- Richard H. Mattson
- Parker Hannifin Corporation Rubber Hose Facility
- Pizza Hut of Manhattan
- Caroline Polie
- Charles and Nancy Perkins
- S. M. Sammair
- Stan Hayes Enterprises
- Steel and Pile Supply Company, Inc.
- Union National Bank and Trust Company
- Varney, Mills, Rogers, Burnett and Associates
- Barbara K. Wilson
- Dean Zollman and Jacqueline Spears

**UFM Benefactor:**
- San and Yvonne Lacy

**Life-Long Learner:**
- Exxon
- Naylor Employee Committee for Civic Action
- Edward and Karen Sexton
- Norton Simon, Inc.

Contributors/31
# Mail-In Registration Form

**ONE PERSON PER FORM • Priority Mail-In Registration Period, Jan 9-27**

**(Late Registrations Accepted on Space-Available Basis)**

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**Priority Mail-In Registration Period, Jan 9-27**

- **Walk-in:**
  - Wednesday, Jan 11: 7am-8am
  - Thursday, Jan 12: 9am-2pm
  - Monday, Jan 16: 5pm-7pm
  - Tuesday, Jan 17: 7am-8am
  - Saturday, Jan 21: 9am-2pm
  - Tuesday, Jan 24: 10am-12m
  - Thursday, Jan 26: 9am-11am

**Late Registration:** Accepted on a space-available basis

**TO REGISTER BY MAIL:**
- Fill out the form at left. One form per person.
- Total up the class fees as listed in the catalogue. Material fee, if listed, is paid at class. Add the registration fee as it applies (see costs).
- Mail your form(s) with your check to: University of Man 1221 Thurston Manhattan, KS 66506

**Receipts and locations will be mailed to you immediately if the class is full see refund policy. (A stamped, self-addressed envelope would be appreciated.)**

**COSTS:**
- Registration fee is $20.00 per person. If you are under 13 and your parent(s) is taking a UFM course, they do not pay registration fee.
- Those teaching or doing volunteer work receive fee discounts.
- If you are over 60 or disabled, you are exempt from the registration fee.
- If you are a full-time KSU student you are exempt from the registration fee. (An annual SCA allocation supports student participation.)

In the brochure when a fee is listed, this is the "class fee" and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

**SPECIAL CHILDREN'S DISCOUNT FOR FAMILY PARTICIPATION:**
- If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

**UFM REFUND POLICY:**
- Please check your calendar before you register for a class. UFM will only give a refund in these instances:
  1. the limited class you paid for has been filled
  2. the class you paid for has been cancelled
  3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM.Credit vouchers can be accumulated and are transferable to others.

If you are not satisfied with a UFM teacher or class, please contact UFM at 532-5866.

**DISCOUNTS FOR VOLUNTEERS:**
- You may work for UFM in exchange for registration discounts.
- Arrangements will be made on an individual basis. Call UFM at 532-5866.

**UFM TEACHER CREDIT:**
- All current UFM teachers are entitled to fee reductions when enrolling in UFM classes in either this catalogue or in the future. UFM teacher credit can be saved up, but cannot be redeemed for cash or transferred to others. UFM teacher credit will be mailed to our current instructors. This is one way for us to say "thank you" for being a part of UFM.

**RECEIPTS:**
- After the registration form is processed, you will receive a receipt.
- This is your proof of payment. UFM will retain a copy.

**CLASS LOCATIONS:**
- When you receive your receipt, the location(s) of your class(es) will be included.

**UFM Teacher Potluck Gathering:**
- Sunday, Jan 29, 5:30pm at UFM House, 1221 Thurston
EFFECTIVE TIME & MEETING MANAGEMENT

Bernie Horsky

One Time: Wednesday, 7:30-9pm, April 18
Location: Will be noted on your receipt
Class Fee: $34.00, pay with registration
Limit: 15
Identify common time-wasters in home and at work. We will discuss how to prevent and rectify the time-wasting habits presented in the text. Additionally, skills in planning and conducting effective meetings will be covered. Bernie is a Captain, Medical Service Corps, Ft. Riley with specialties in organizational behavior and management consulting.

CREDIT WOMEN INTERNATIONAL FINANCIAL SERIES

April 23-29 is Credit Week International. Local members of Credit Women International present this series of classes to increase consumer knowledge of credit - it is obtained and how to use it wisely. The class fee is $45.00/class or $15.00/series.

HOW TO REDUCE THE CREDIT GAME

Karen Sawyer

One Time: Monday, 7-9am, April 23
Location: Will be noted on your receipt
Credit problems -- how to work them out instead of them working you over. We will discuss and have explanations of credit facts and fallacies; establishing and maintaining credit; how to apply for credit; consumer lending; home financing, financial do's and don'ts. (Karen is currently a loan officer at Citizens Savings Association in Junction City in consumer and mortgage lending. She has 10 years of banking experience.)

APPLYING FOR A CONSUMER LOAN

Barbara J. Romhead

One Time: Tuesday, 7-9pm, April 24
Location: Will be noted on your receipt
What sections of a loan application are most important? What should you bring with you when applying for a loan? This class will be a discussion of how to fill out an application for a successful consumer loan. (Barbara is a consumer loan officer at Union National Bank with nine years of banking experience.)

HOW TO FINANCE YOUR NEXT USED CAR PURCHASE

Sharon Sharley & Jon Murdock

One Time: Wednesday, 7-9pm, April 25
Location: Will be noted on your receipt
Few people have enough cash on hand to walk into a car dealer and buy the car they want. We will cover the various types of financing available including banks and loan companies, the rate fluctuations, truth in lending law, and show you how to choose the most appropriate program to fit your needs. (Jon is the owner of Murdock Chevrolet-Cadillac Company and Sharon is the office manager.)

FINANCING YOUR HOME

Diane Durst

One Time: Thursday, 7:30-9pm, April 26
Location: Will be noted on your receipt
Buying a home is one of the most important purchases you may ever make. Why not make it as easy as possible? This class will introduce you to the different types of real estate financing and will take you through a sample application and closing. (Diane is President of Credit Women International. She has worked in all phases of the banking industry for 17 years, the last 3 in the real estate department of a local bank.)

INDIVIDUAL INCOME TAX ASSISTANCE

Ellis Selig

Section I: Wednesdays, 7-8:30pm, March 21 & 28
Section II: Wednesdays, 7-8:30pm, April 4 & 11
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
April 15 is less than a month away! Do you have your taxes done yet? If not, let our instructor answer your questions, point out what is new in the law this year and assist you in the accurate preparation of your individual federal return (forms 1040, 1040A and 1040EZ) and state income tax return for 1993. (Ellis is certified by the IRS to assist tax payers.)

JOB SEARCH WORKSHOPS

Beverly Laskey

One Time: Tuesday, 8:30am-10:30am, April 2
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
A series of workshops for the older adult students planning to enter or re-enter the job market have been scheduled from 8:30am to 10:30am on Tuesday, April 3, 1994. All sessions will be held in the K-State Union. The sessions are being sponsored by the Kansas State University Career Office and the Career Planning and Placement Center. The topics to be covered in the workshops are resume writing; the job interview; a discussion of the job offer, locally, state-wide, and nationally; professional dress; and the development of your personal data bank. (Beverly works in the KSU Faiths Office.)

JOB MATRICK - ANOTHER APPROACH

Robert Fosse

One Time: Thursday, 7-9pm, April 5
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
A review of terms in real estate job possibilities than in the nightly want ads. Discussion will center around non-traditional job searches. In reviewing, resumes and job applications are some of the topics we will cover. (Robert is Assistant Director of Housing at KSU, with broad experience in hiring, recruiting and helping friends find jobs.)

STOP, LOOK AND CHECK BEFORE BUYING A HOME

Bruce Schvor

One Time: Wednesday, 7-9pm, April 4
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
A review of terms in real estate contracts; points to consider when buying your home, from a legal standpoint; and class discussion of possible legal problems in a real estate transaction. (Bruce is a Manhattan attorney in general practice of law.)

STATE-WIDE LAWSY GUIER REFERRAL SERVICE

Art Thompson

One Time: Wednesday, 7-9pm, April 18
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
The Kansas Bar Association is exploring alternative delivery methods to supply legal services to people with low incomes especially farmers, the elderly and victims of domestic abuse. One method being explored is a statewide 800 free number to connect eligible people throughout the state with appropriate no cost/low cost legal services. This class will explore this method and available services. (Art is the legal services coordinator for the KBA and worked previously for four years with Kansas Legal Services.)

MONEY MANAGEMENT SEMINAR

Fred Freey

Section I: Monday, 7-9pm, April 9
Location: Will be noted on your receipt
One time each section
Section II: Monday, 7-9pm, April 16
Location: Will be noted on your receipt
People do not get rich making money, but by managing the money they make. This seminar takes you up the 15 steps to financial security. Plain everyday language plus extensive use of visual aids helps assure a better understanding of what could be highly technical information. Couples are encouraged to participate together. (Fred is a division manager for West and Reed, a national Financial services organization specializing in financial planning.)

WHAT IS PROBATE?

Jim Morrison

One Time: Wednesday, 7-9pm, April 11
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Webster defines probate as the judicial determination of the validity of a will. To increase your understanding and aid you in getting through the process, we will discuss estate planning, wills, ownership and the passing of property, payment of debts and management of assets. (Jim has 13 years legal experience and is part of a general law practice firm in Manhattan.)
OUTSIDE-HEMI STRESS MANAGEMENT STRATEGIES

David Denkman, MS, RN

One Time: Monday, 7:30-9:00, April 4
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration

Each of us over-stress himself or more times each day. Discover your unique stress patterns and how to integrate new strategies for managing these stresses into your daily activities. Dress comfortably - we will be practicing some of the stress management strategies. (David, who has reported in network television, conducts stress management, biofeedback and wellness training for students, and regional and national professional groups. May class is involved in the same activities. Both work for the K-State Counseling Center.)

QI GONG TO BE TAI CHI: ANDREAS NERVEN/MAI TAI

MS-104

Rose Olson, R.N.

Thursday, April 6 at Noon - March 25 (2 times)
Location: Will be notified on your receipt
Class Fee: $2.00, pay with registration

Andreas nervous and cutline are serious psychosomatic disorders. Both are life-threatening and it is essential to get help as soon as possible. Many young adults today are on a collision course with a very fatal disease. If you are a friend, parent, or victim of close who is session and find out what can be done to HELP! (Rose is a registered nurse who has been known as a spa therapist and health.)

OWNING OLD TOGETHER

MS-100

Owen and Faye Jones

One Time: Saturday, 11:30-4:00, May 19
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $1.50, pay at class

What treasures are hiding in your attic that your children might not recognize? Are the people in your photographs identified? If not, who will know that 50 years from now? Your family history, photos, heirlooms and other personal treasures contain incredible stories. We will help you to begin organizing and cataloging items in your home. (Owen and Faye are enjoying their retirement years remembering and writing down your "Growing Old Together.")

TAI CHI EXERCISE

MS-32

Tom Graham

Thursday, 10:30-10:30, Tuesdays, 7:30-9p.m.
First Meetings: April 7
Length: All semester
Class Fee: $10.00, pay with registration

Tai Chi is a Chinese exercise system involving both exercise and self-defense. Balance, breathing, and slow motion of movement. (Tom has been leading this UPR class for over two years.)

CONSCIOUSNESS HOUSING FOR WOMEN

MS-94

Martha McCoy

Organizational Meeting: Monday, 7:30, April 23
Class: $2.00, pay with registration

"How do you feel about your mother?" What role does politics play in your life? Learn about consciousness raising discussion groups that can be held over 10 evenings or a weekend. Six to 10 participants are all that is required to get a group started. (Martha is the president of the Kansas chapter of the National Organization for Women.)

WOMEN AND MAN WORKING TOGETHER: A FUNDRAISING CLUB

MS-62

Mr. and Mrs. George Janes

One Time: Wednesday, 12-2:00p.m., April 23
Location: 6-State Union
Class Fee: $5.00, pay with registration

Do you work and maintain a home? What kind of stress does this place on you, your children, your marriage? How does it affect your work performance, your group and standard of living? What can employers do to help? Join us as we explore the answers to these and other questions affecting your everyday life and well-being. (Frank is a MS psychology professor.)

CPR

MS-74

Douglas Brown

One Time: Saturday, 9:00-4:00, April 14
Location: Will be notified on your receipt
Class Fee: $6.00, pay at class

CPR is a combination of artificial respiration and artificial circulation. It can save many lives, for instance, if started within 1 minute, no other type of attack (other than stabbing) it can cause serious harm if administered improperly. Learn the right way and earn a Red Cross Certification. The fee will cover book costs. (Doug is an experienced CPR instructor.)

HORSEBACK RIDING FOR MENTALLY RETARDED YOUNG PEOPLE

MS-10

KD Horseman's Association

Saturday & Sunday (times to be announced) April 7 & 8
Location: Will be notified on your receipt
Class Fee: $2.00, pay with registration

SPOT DANCING

MS-102

Shaneka Harrison & Melvindel Nelson

One Time: Thursday, 7:30-9:00, April 29
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration

ACCESSIBLE GARDENING PROGRAM FOR PHYSICALLY LIMITED

Lynn Dixon

Section I: 2-2:30p.m., March 26-May 19
Section II: 2-2:30p.m., May 20-July 31
Section III: 2-2:30p.m., Aug 13-Oct 1
Location: Will be notified on your receipt
Class Fee: $7.00, pay with registration, Sec II, $10.00, Sec III $12.00, for all three sections

This program is designed specifically for people who want to garden but are unable to use conventional gardening techniques. You will plan, plant, cultivate and harvest your own garden bed with all the produce being your own. Each participant will have an individual gardening program to meet their own needs and preferences. (Lynn is a master's degree student in horticulture therapy at K-State.)

RAISING SPRING FLOWERING BULBS

Lin Timmendike

One Time: Saturday, 1-3p.m., April 14 (raindate April 21)
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration

Look over more than 1,000 flowering bulbs, daffodils and hyacinths at the peak of the blooming season. Learn now to plant and care for spring bulbs in your yard. Numerous bulb varieties will be discussed. (Tim has done some gardening for more than 20 years and has received Manhattan's "Year-of-the-Week" award twice.)

CHILDREN'S 4-H GARDENING CLUB

Kay Sylvester

Register and you will be contacted for time and date
The instructor will call you for location

As a member, children between the ages of 6 and 12 will be able to have their own garden. They will learn to grow and prepare vegetables and flowers. The club will meet once a week as a group. (Kay is coordinator of the Manhattan Community Gardens and a junior in horticulture therapy at K-State.)

REACH OUT TOGETHER

CENTRAL AMERICA: A DISCUSSION

Douglas Benson, Jan Flora

One Time: Thursday, 7-9:00, April 25
Location: Will be notified on your receipt
Class Fee: $2.00, pay with registration

An opportunity for further discussion on Central America following the discussion on Douglas' series and for general questions regarding the area and our involvement in it, Coalition for Human Rights and Citizens in Solidarity with Central America (CICSA) have a rice and beans fund raiser dinner, proceeds to Central American Relief. ($2.00/person, 2-4 people includes dinner. 3/25 has been in Central America many times with different groups: Dr. Benson teaches Latin American and Hispanic cultures at K-State.)

PEACE: AN INTERNATIONAL IMPULSE

Ira Harriff

One Time: Thursday, 7-9:00, April 5
Location: Will be notified on your receipt
Class Fee: $2.00, pay with registration

A 90-minute video tape will be shown documenting a satellite link between participants in cultural events in Russia and the United States. The festivals combined popular music and a dialogue including political leaders, artists, educators, academics and average citizens and their feelings and hopes for peace. An opportunity for discussion will follow the video showing.

PRAIRIE HERITAGE: A REGIONAL GATHERING

Ira Harriff

Friday evening - Sunday (all weekend) April 17-29
Location: Will be notified on your receipt
Class Fee: $1.00, pay with registration

Materials Fee: $8.00, a hay at class

We in the Manhattan area live in the plains biome and specifically in the Kansas River watershed. This fact influences our lives in diverse ways and presents us with special resources and a special heritage. Join us and celebrate this heritage in a weekend campout. Activities include: workshops on traditional crafts, foods, games, healing methods, songs, stories and poetry. Learn about appropriate technologies for our region and make in an old farm barn dance. This is the Kansas River watershed Council's third spring gathering. For more information and directions, contact Ira Harriff. (Ira is a member of the KU council.)

PRAIRIE FESTIVAL AT THE LAND LABORATORY

Ira Harriff, Rene and Dana Jackson

Saturday & Sunday (all weekend) May 26 & 27
Location: Will be notified on your receipt
Class Fee: $2.00, pay with registration

"grow yourself..."
SEW MUCH FOR SPRING

SOFT SCULPTURE MS-76 539-5400
Jan Selch
One Time: Friday, 1:30-3:30pm, April 20
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 10
We will make small faces first, then on to pigs in a crate with the baby pigs. The techniques learned in this class will help you go on to bigger projects such as the "Cabbage Patch" dolls. (Can has been teaching soft sculpting for 5 years.)

COUTURED CROSSTITCH MS-99 776-2057
Melissa Donovan
Tuesdays, 7-9pm, April 24, May 1 (2 times)
Class Fee: $4.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 5
Counted cross stitch is a needwork technique that creates designs on an even woven fabric using embroidery floss in easy cross stitches. We will cover project ideas and start on one of your own selections. (Melissa has been executing and designing counted cross-stitch projects for 5 years.)

PAINT YOUR T-SHIRT (AGE 7 AND UP) MS-59 537-2084
Susan Top
Section I: Friday, 5:45pm, April 6
Section II: Monday, 5:45pm, April 16
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 5
Have a message you want to tell the world? Susan can help you express yourself! Bring your own T-shirt and decorate it with a rainbow, your name, heroes or your special design using permanent glass, glitter and puff paint.

FITTING & TAILORING HELP SESSION MS-61
Fran Zerby
Mondays, 7:30-9pm, April 16, 23, 30 (3 times)
Class Fee: $4.00, pay with registration
Limit: 10
Take advantage of the beautiful spring fabrics and enjoy the cost savings of sewing your own clothes. No experience necessary. Homw to choose and cut out the fabric, how to sew by learning tips to make your wardrobe look and fit better. (Fran is a How Economists who does professional sewing and has taught sewing classes for several years.)

SEWING SWIMSUITS MS-32 776-6738
Marie Jackson
Section I: Tuesday, 10am-12pm, April 10
Section II: Saturday, 10am-12pm, April 17
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $4.00, pay at class
Limit: 10
Start working on your tan now and be ready to get into the swim of things this summer with a swimsuit you made yourself. Sue, discuss and ask questions at this demonstration of sewing techniques using the stretchy swimwear fabrics.

edible arts

CHINESE COOKING MS-57 539-0206
Janice Donng
Mondays, 7-9:30pm, April 10, 30, May 7 (2 times)
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $10.00, pay at class
Limit: 5
These classes will be taught by a local expert from all regions of China. Several main courses, soup, appetizers, and desserts will be prepared each class. Be prepared to sample throughout the evening. Recipes furnished. (Janice has been a master at preparing food for 4 years and has cooked for dinner parties serving from 4 to 25 guests.)

BEER MAKING MS-58 537-2588
Greg Love
Tuesdays, 7-9pm, April 10, 17, 24 (3 times)
Location: Will be notified on your receipt
Class Fee: $7.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 8
Homemade beer is for discriminating palates. In this class you will learn the art of brewing beer. The class will make, bottle and taste different types of beer. (It is legal to make up to 200 gallons per year at home for a two adult family.) (Greg has taught this class before and finds brewing enjoyable and affordable.)

COOKING FOR KIDS (AGES 4-10) MS-69 539-7114
Jim Barba
One Time: Saturday, 10-11:30am, April 14
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 8
Are your kids harboring the timid talents of a culinary genius? We will be creating and eating our own lunch to in this class which emphasizes nutrition, kitchen safety and sanitation. (Jim is a registered dietitian and the mother of a pre-schooler who loves to cook.)

LINGERIE MS-91 776-6738
Marie Jackson
One Time: Tuesday, 10am-12pm, April 20
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $4.00, pay at class
Limit: 10
Learn how to sew and sexy on trim and proper -- lingerie is going more important part of a woman's wardrobe. For a fraction of the retail cost, you can sew lingerie with luxurious fabrics and high-fashion detailing, this class will demonstrate how to do it for you. (Marie has years of sewing experience and enjoys sharing her knowledge with others.)

FINISHING YOUR NEEDLECRAFT MS-41
Olma Saumt, Jean Parker
Section I: Thursday, 7:30pm, April 26, Junction City
Section II: Tuesday, 7:30pm, May 1, Manhattan
Location: Will be notified on your receipt
Class Fee: $4.00, pay with registration
Use your needlecraft in inventive ways. Learn to preserve, mount and display your needlecraft projects. Cleaning, stretching, matting and assembly techniques will be demonstrated. If you have a project that needs that finishing touch, bring it along. (Olma, a leader with Creative Circle Needlecraft Company and Jean, a long-time Home Economics Agent and teacher are both lifelong needlecrafters, who, currently operate Sunrise Hill, a matting and finishing business.)

BEGINNING KNITTING MS-30 539-2406
Fern Schweizer
Section I: Tuesdays, 7-9pm, First Meeting: April 3
Section II: Wednesdays, 7-9pm, Second Meeting: April 14 Length: Ongoing
Location: Will be notified on your receipt
Class Fee: $3.00/section, pay with registration
Class Fee: $5.00, pay at class
KNIT, PURL, KNIT, PURL. Learn these two basic stitches and you can, by varying your order, be on your way to a lifetime of scarves, hats, afghans and sweaters. After the first few classes you will begin individual projects and can proceed at your own pace. Bring worsted weight knitting yarn and 10" long, size D-6 knitting needles. (Fern has taught knitting for UFll, the Recreation Department and the Senior Center.)

CROCHETING RAG RUGS MS-39 537-1987
Georgia Becker
One Time: Sunday, 2-4pm, April 1
Location: Will be notified on your receipt
Class Fee: $4.00, paid at registration
Limit: 6
We will discuss different approaches to crocheted rag rug making and proceed according to your interests. Please bring scissors, needle, thread, a crochet hook (size E or G) and odds and ends of cloth. We will prepare and sew strips of cloth and get started on your rug. This is a class for beginners. (Georgia learned to crochet rag rugs from her mother way back in the '30's. After many years, she took this up again this past year and has been busily making rugs for her family.)

MAKE THE MOST OF YOUR MICROWAVE MS-72 539-0206
Judy Williamson
One Time: Tuesday, 7pm, April 10
Location: Will be notified on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: Contact the instructor for specific item
Limit: 8
Your microwave oven has many uses - not the least of which is food preparation. Find out quick, easy ways to make fresh herbs and flowers, learn cooking short cuts and other household hints which take advantage of the unique characteristics of microwaves. Each participant will be asked to bring necessary ingredients for a recipe in lieu of a materials fee. We will sample the results and take the remainder home. (Judy has owned and "operated" a microwave oven for over 7 years and uses it for everything and for other things in between.)

CAKE DECORATING MS-73 776-3266
Tak Dalluge
Wednesdays, 7-9pm, April 4, 11, 18 (3 times)
Location: Will be notified on your receipt
Class Fee: $7.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 12
Ever wonder how to make icing flowers - roses, callalories, daisies, etc? Got a great idea or have a picture of decorated cake but don't know how to turn them into edible works of art? This class will show you how. The materials fee covers decorating tubes, flower nails and icing. (Tak has twenty-seven years of cake decorating experience.)

MAKE LIGHTS LANDSCAPE INTERNSHIPS AND VOLUNTEER PROGRAM MS-15 532-5066
One Time: Day, time and date to be announced
SOFT SCULPTURE MS-76 539-5402
Jan Zelch
One Time: Friday, 3:30-3:30pm, April 20 Location: Will be noted on your receipt Class Fee: $5.00, pay with registration Materials Fee: $1.00, pay at class Limit: 10
We will make small faces from, then on top of pigs in a crop with the baby pigs. The techniques learned in this class will help you go on to bigger projects such as the "Cabbage Patch" dolls. (Jan has been teaching soft sculpture for 2 years.)

COUNTED CROSS STITCH MS-99 776-2057
Melissa Donovan
Tuesday, 7-9pm, April 24, May 1 (2 times)
Location: Will be noted on your receipt Class Fee: $4.00, pay with registration Materials Fee: $3.50, pay at class Limit: 5
Counted cross stitch is a needlework technique that creates designs on an even weave fabric using embroidery floss in easy cross stitches. We will discuss design in class and start on one of your own selection. (Melissa has been executing and designing counted cross-stitch projects for 5 years.)

PAINT YOUR T-SHIRT (AGE 7 AND UP) MS-65 537-2084
Susan Sayre
Section 1: Friday, 4:30-6pm, April 6
Section II: Monday, 1:34pm, April 16
Location: Will be noted on your receipt Class Fee: $4.00, pay per section Materials Fee: $3.00, pay at class Limit: 5
Have a message you wish to tell the world? Susan can help you express yourself! Bring your own t-shirt and decorate it with a rainbow, your name, hearts or your special design using permanent paint, glitter and puffy paint.

FITTING & TAILORING HELP SESSION MS-61 537-7660
Fran Zerk
Mondays, 7:30-9pm, April 16, 23, 30 (3 times)
Location: Will be noted on your receipt Class Fee: $4.00, pay with registration Limit: 10
Take advantage of the beautiful spring fabrics and enjoy the cost savings of having your clothes made up. Why not sacrifice the handy, not the homemade look. Learn tips to make your wardrobe look and fit better. (Fran is a home Economist who does professional sewing and has taught classes for several years.)

SEWING SMILLS MS-92 776-7278
Marie Jackson
Section I: Tuesday, 10am-12m, April 20
Section II: Tuesday, 10am-12m, May 5
Location: Will be noted on your receipt Class Fee: $4.00, pay with registration Materials Fee: $3.00, pay at class Limit: 10
Start working on your ken now and be ready to get into the swing of things this summer with a project you made yourself. See, discuss and ask questions at this demonstration of sewing techniques using the stretch jersey swimwear fabric.

CHINESE COOKING MS-67 539-0510
Janice Ormoy
Mondays, 7-9:30pm, April 30, May 7 (2 times)
Location: Will be noted on your receipt Class Fee: $5.00, pay with registration Materials Fee: $12.00, pay at class Limit: 5
Learn to cook interesting dishes from all regions of China. Several main courses, soups, appetizers, and desserts will be prepared each class. Be prepared to sample throughout the evening. Recipes furnished. (Janice has been cooking Chinese food for 4 years and has cooked for dinner parties serving from 4 to 25 guests.)

BEER MAKING MS-68 537-2588
Greg Love
Tuesdays, 7-9pm, April 10, 17, 24 (3 times)
Location: Will be noted on your receipt Class Fee: $7.00, pay with registration Materials Fee: $5.00, pay at class Limit: 8
Home brew beer for discriminatingpalates. In this class you will learn the art of making beer. The class will make, battle and taste different types of beer. It is legal to bring guns and bring down those who can't handle the beer (Greg has taught this class before and finds breweri enjoyable and affordable.)

COOKING FOR KIDS (AGE 4-10) MS-69 539-7114
Pan Barba
One Time: Saturday, 10-11:30am, April 14
Location: Will be noted on your receipt Class Fee: $6.00, pay with registration Materials Fee: $1.00, pay at class Limit: 6
Are your kids harbouring the hidden talents of a culinary genius? We will be creating and eating our own lunch in this class which emphasizes nutrition, kitchen safety and sanitation. (Pan is a registered dietitian and the mother of a pre-schooler who loves to cook.)

SEWING LINENMS MS-91 776-6736
Marie Jackson
One Time: Tuesday, 10am-12m, April 24
Location: Will be noted on your receipt Class Fee: $4.00, pay with registration Materials Fee: $4.00, pay at class Limit: 10
Sensuous and sexy or prim and proper--linen is once more an important part of a woman's wardrobe. For a fraction of the retail cost, you can sew linen in luxurious fabrics and high fashion details. This class will demonstrate construction and give tips for good fit. (Marie has years of sewing experience and enjoys sharing her knowledge with others.)

FINISHING YOUR NEEDLEPOINT MS-41 238-1301
Diana Seuntj, Jean Parker
Section I: Thursday, 7:30am, April 26, Junction City
Section II: Thursday, 7:30am, May 1, Manhattan
Location: Will be noted on your receipt Class Fee: $3.00, pay with registration
Use your needlepoint in inventive ways. Learn to prepare, mount and display your needlepoint projects. After the class students will be invited to a conclusion party with grilled hamburgers and an exchange of your projects. The workshops will be demonstrated and crafters will be invited to display their work. (Diana is a leader with Creative Circle Needlepoint Company and Jean is a young and dynamic Needlecturers who, currently runs Sunset Hill, a matting and Finishing business.)

BEGINNING KNITTING MS-38 539-3466
Fern Steitzer
Section I: Tuesdays, 7-9pm, First Meeting: April 3
Section II: Wednesdays, 1-3pm, First Meeting: April 6: Length: Ongoing
Location: Will be noted on your receipt Class Fee: $5.00/section, pay with registration Class Fee: $5.00, day at class
KNIT, PURL, KNIT. PURL. Learn these two basic stitches and you can, by varying their order, be on your way to a lifetime of scarves, hats, sweaters, and sweaters. After the first two classes you will begin individual projects and can proceed at your own pace. Bring worsted weight weight worsted yarn and 10 inch long, size G knitting needles. (Fern has taught knitting for UNA, the Recreation Department and the Senior Center.)

CROCHETING BAR MUG MS-39 539-1887
George Beck
One Time: Sunday, 2-4pm, April 1
Location: Will be noted on your receipt Class Fee: $4.00, pay with registration Limit: 6
We will discuss different approaches to crocheting mug making and proceed according to your interests. Please bring scissors, needle, thread, a 24 inch crochet hook and time to sit and relax. It will be pure and easy to start crocheting mug making and other household projects which take advantage of the unique characteristics of crocheted projects. Each participant will be asked to bring necessary ingrediants for a recipe in lieu of a materials fee. We will sample the results and take the remainder home. (Judy has owned and operated a microwave oven for over 7 years and uses it for cooking and for other things in between.)

MAKE THE MOST OF YOUR MICROWAVE MS-72 539-0506
Judy Williamson
One Time: Thursday, 7pm, April 10
Location: Will be noted on your receipt Class Fee: $3.00, pay with registration
Materials Fee: Contact the instructor for specific item Limit: 8
Your microwave oven has many uses - not the least of which is food preparation. Find out how to do herbs and flowers, learn crocheting short cuts and other household hints which take advantage of the unique characteristics of microwave ovens. Each participant will be asked to bring necessary ingredients for a recipe in lieu of a materials fee. We will sample the results and take the remainder home. (Judy has owned and operated a microwave oven for over 7 years and uses it for cooking and for other things in between.)

CAKE DECORATING MS-73 776-2056
Bet Bylle
Wednesdays, 7-9pm, April 4, 11, 18 (3 times)
Location: Will be noted on your receipt Class Fee: $7.00, pay with registration Materials Fee: $5.00, pay at class Limit: 12
Every person knows how to make icing flowers - roses, carnations, daisies, let us see what a difference a great design or a picture of decorated cake but don't know how to turn them into edible works of art? This class will show you how. The workshops cover the basic techniques of decorating cakes with flowers and icing. (Jak has twenty-seven years of cake decorating experience.)

DIGITAL LANDSCAPE INTENSIVE AND VOLUNTEER PROGRAM MS-16 532-5866
Edible Landscape Staff
One Time: Day, time, and date to be announced
--- picture this! ---

THE SECOND ANNUAL UFM BLACK AND WHITE PHOTO CONTEST - MS-43

Images of various current places close to home

Prizes will be awarded. The twelve winning black and white entries will be published in the summer 1984 UFM catalog. They will also be displayed in the K-State union second floor showcase June 4-15. All entries will be exhibited at the Manhattan Public Library April 21-May 4. Judges are Sally Davenport, Campus Gallery; Dan Ray, Manhattan Camera Shop; Holly Miller, The Manhattan Mercury; and Adam Rame, UFM.

RULES:
1. There is no entry fee.  
2. Minimum size is 5x7 inches, maximum size 11x14 inches.  
3. Entries should be mounted on matt board.  
4. The competition is open to all student in K-State.  
5. Categories are scenery, people, architecture and animals.  
6. Judges will rank the entries in each of the four categories. According to the number of people, the entries will be awarded first, second, third and fourth place in each category.  
7. Submit entries to UFM, 1221 Thurnst. Deadline is 4:30 p.m., Friday, April 13.  
8. No winning entries may be picked up at UFM after May 7.

UFM PHOTOGRAPHY DARKROOM COOPERATIVE (BLACK & WHITE & COLOR) MS-44

Neil Schaken
S2 3866

Organizational Meeting: Monday, 5-30:30, April 2 (Or by individual Location will be noted on your receipt) 

Located just back to the east of campus in the UFM house, the UFM darkroom is available to anyone who needs access to a well-equipped facility. 

Equipment is capable of handling up to 11x14 paper and developing negatives as well as 35mm. The fee includes everything but paper. For those who need instruction in darkroom techniques, UFM is offering a course "Beginning Darkroom" where you can have your questions answered.

Black and White Only:

Fees: 8 weeks $10, new members $8, renewals $6 (pay with 2 semesters 12, new members 15, renewals register-
2 semesters 18, new members 25, renewals registration-
3 semesters 42, new members 35, renewals 47)

You must provide your own chemicals if you wish to use our new color equipment.

White and Black and Color:

Fees: 8 weeks $14, new members $12, renewals $2 (pay with 2 semesters 25, new members 15, renewals registra-
2 semesters 37, new members 25, renewals registration-
3 semesters 42, new members 35, renewals 47)

The color equipment enables you to develop film or slides and make prints from negatives or from slides (cibachrome). There is no additional charge for developing color negatives, for those who wish to use the darkroom but who do not wish to purchase a membership, space is available at the rate of $2.00/hr.

(Neil is coordinator of the UFM darkroom.)

BEGINNING PHOTOGRAPHY MS-45

Ernie Pech
S37 3983

Section I: Tuesday, Thursday, Thursday, Thurs., April 3, 4, 5, Saturday, 3:00-4:30, April 7; Thursday, Thursday, Thursday, Thurs., May 22, 23, 24 Saturday, 3:00-4:30, May 28

Tuesday, May 29, 7pm, critique

Location: Will be noted on your receipt 
Class Fee: $10.00, pay with registration 
Materials Fee: $25.00, pay at class

Limit: 12

Four evenings and a full day of instruction on how to operate and care for a 35mm camera, Films, processing, handbooks, and a camera are furnished. The camera must be returned but the rest is yours to keep.

(Pech has taught this course many times with great success.)

PRINTING COLOR NEGATIVES

Richard Kuefer
S39-5112

Wednesdays, 7-9:30pm, April 11 & 18 (2 times)

Location will be noted on your receipt 
Class Fee: $5.00, pay with registration 
Materials: You will be discussed in class

Limit: 4

Make your own color prints from color negatives - save money, time and increase your chances of getting accurate color reproduction. Basic darkroom techniques will be reviewed and color theory discussed. Bring several printable color negatives to each class. Each participant will make prints with his own daylight drum processor. (Rick has been working with all aspects of color darkroom photography for the past 5 years.)

--- out of the woods ---

WOODSHOP CO-OP MS-50

Dar Babcock
S37-0459

Wednesday, 7-9pm, April 25, Mandatory organizational meeting 

Location: Will be noted on your receipt 
Membership Fee: $5.00, pay with registration

Limit: 4

Located in the UPM Solar addition, the wood shop is equipped with a wide variety of power and hand tools, including a radial arm saw, table saw, jointer, planer, bandsaw, and most common woodworking tools. The membership fee is for equipment use only, no materials are included. The mandatory organizational meeting will include instruction in safe equipment use and conduct in the woodshop. (Dar is the UPM woodshop coordinator.)

--- folk arts ---

SHARING TRADITIONS: A SERIES OF FOLK ART WORKSHOPS

(A special thanks to the Kansas Arts Commission and The Kansas State Historical Society.)

APPLE HEAD DOLLS MS-95

Fran Fox

One Time: Saturday, 1-3pm, April 21 
Location: Will be noted on your receipt 
Class Fee: $10.00, pay with registration

Limit: 15

Participants in this workshop will learn how to make a 12" apple head doll. Fran will introduce the class to the basic techniques involved in creating a face and dressing a doll body. She will share her experience with creating figures of different types such as the traditional "granny." All materials will be provided. (Fox is the president of Topkapi's Treasured Doll Club and a member of the United Federation of Doll Clubs. She has been carving faces on peeled apples for over 20 years.)

CHEROKEE BASKET WEAVING MS-96

Margaret "Redfern" Pfifer

One Time: Saturday, 10am-4pm, May 12 
Location: Will be noted on your receipt 
Class Fee: $15.00, pay with registration

Limit: 10

Participants in this workshop will learn how to use the single and double weave wicker techniques to complete an 8" basket. Redfern, half Cherokee herself, will emphasize traditional Cherokee design. All materials will be provided. Participants are requested to bring a towel. (For years, Redfern has gathered knowledge on the art of basket weaving, perfecting the styles of several tribes, but devoted especially to preserving those of her Cherokee ancestors. She has demonstrated her craft extensively and her baskets are in collections throughout the United States.)

CORN DOLLY MAKING: "WHEAT HEADING" MS-99

Barb Johnson

Saturday and Sunday, 9am-4pm, June 2 & 3 
Location: Will be noted on your receipt 
Class Fee: $15.00, pay with registration

Limit: 15

Corn doll making is an ancient custom of planting or weaving grain stalks into small figures in which the corn idol was believed to be preserved for winter. In the spring, the figure was克莱d and the seeds were planted with the new crop. "Corn" refers to all types of grain, including wheat. In Kansas, this craft is commonly re- 

ferred to as wheat weaving. Participants will learn basic techniques in corn doll making. All materials are included. (Corvias introduced the art of corn doll making in Kansas in 1973 at the Wichita Craft Show. Since that time, she has led workshops throughout the country. She has recently co-authored a book on corn craft with her English mentor, Alec Cooper.)

HERB LOOK MS-98

Ivy Peterson

One Time: Saturday, 1-3pm, June 23 
Location: Will be noted on your receipt 
Class Fee: $5.00, pay with registration

Limit: 15

In the early 1900's, Ivy Wheeler Peterson's grandmother practiced herbal medicine in Larned. Today, Ivy keeps a large garden of herbs and flowers in her home in Wichita. For this class, Ivy will bring examples of various herbs and discuss the folks beliefs and customs that surround them as well as their medicinal qualities. (Ivy was born on the family homestead near Larned. Her knowledge of herbs and flowers came through her family's generation. She has given workshops on herb lore throughout the state.)

--- please note ---

PIPPING MS-18

Neil Jackson
S37-1013

Wednesday, 7:30-8:30pm, April 4, 11, 18 

Location: Will be noted on your receipt 
Class Fee: $4.00, pay with registration

Limit: 6

An introduction to the Scottish bagpipes. Bring a practice chanter (If you have one) or a twelve-inch ruler and learn how to move tuned to play the bagpipes. (Neil learned piping while attending high school in Scotland. He played in the school band for three years.)

BARN DANCE MS-63

Eck Cogic
S39-606

One Time: Friday, 7-30-9:30pm, April 6 
Location: Will be noted on your receipt 
Class Fee: $2.00, pay with registration

Join the Flint Hills Folkdancers for a joyous evening of traditional American dance; contra dancers, Appalachian big sets, and traditional square dances. All are welcome; no partners needed. (Eck has been enjoying barn dancing for ages)

LINGER RIDGE MUSICAL FESTIVAL TOUR MS-35

Judy Porteous
S37-1318

Sunday, 12:30-10pm, April 15 

Location: Will be noted on your receipt 
Class Fee: $35.00, pay with registration
INS AND OUTS

BASIC WEAVING

Susan Lala
537-9610

Mondays, 1-4pm; April 2, 9, 16, 23
(4 times)
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $10.00, pay at class
Limit: 4
How is the time to begin weaving your own clothes, rugs and decorative pieces. You will learn everything you need to know to weave on your own at home or to take more advanced classes through UFM.

WAVE SHIRT

Susan Lala
537-9610

One Time: Tuesday, May 11
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 10
Spend the evening with weaver Susan Lala. See her weaving studio and many looms. Also view a large collection of weaving from many different areas of the world as well as her own weaving.

MS-83

WOVEN SHIFT

Susan Lala
537-9610

Wednesdays, 1-3:30pm, April 25, May 2 & 9
Location: Will be noted on your receipt
Class Fee: $12.00, pay with registration
Materials Fee: $11.00 (small and medium sizes)
Limit: 4
$26.00 (large size) pay at class
Weave a woman's natural cotton shirt, just right for spring and summer. We will meet for 1 hour each week; however each participant will need to set aside 3 to 4 hours to weave at UFM each week.

LEAVING STUDIOM TIME

Susan Lala
537-9610

Organizational Meeting: Thursday, 6:30pm, May 10
Length: Open
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Choose your own time to weave on your own. Plan your own projects using the looms in the UFM weaving studio. We will meet one time to assess your progress and discuss your weaving plans. Susan will help you plan projects if desired. Previous experience is necessary.

WEAVING HAT

Jan Zielin
539-5400

One Time: Thursday, 1:30-3:30pm, April 26
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $4.50, pay at class
Limit: 10
Originally designed to preserve the best wheat from the harvest, this craft has long been a favorite in Kansas. This basic class will show you how to prepare the wheat and several weaves and plait that will allow you to produce many traditional, decorative pieces. Please bring scissors.

RIBBON BASKETS

Susan Toy
537-2084

One Time: Monday, 9:30am-12n, April 9
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $5.50, pay at class
Limit: 5
Country baskets woven with ribbons make charming, individualized Easter baskets or accessories for year round. Best of all, they are not difficult to make. Delight your child (or yourself) this spring with the decorated basket you take home. Susan, the owner of The Containerry, teaches this and other exciting crafts in her store.

STENCILS ON WOOD BASKETS

Susan Toy
537-2084

One Time: Monday, 1:30pm, March 26
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $3.00, pay at class
Limit: 4
Traditional motto or buntings and Easter eggs -- both can be used to make decorative functional baskets. The technique is old, yet, suddenly new again, easy to learn, and the basics can be transferred to work on other objects. Each class member will decorate a basket.

WAVY BASKETS

Marge Davidson

One Time: Tuesday, 7:30pm, April 24
Location: Will be noted on your receipt
Class Fee: $3.00, pay with registration
Materials Fee: $1.00, pay at class
Limit: 10
Remember the tradition when you were young to hang a May basket on a special friend's door, ring the bell and run! Marge has fun each spring making baskets for her neighbors. Learn how to make "air castles" of tissue paper and a basket of woven construction paper and surprise a friend on May Day! Bring a sharp pair of scissors. (Marge learned to make these baskets from her mother and is now really popular with the neighborhood kids!)

MUD STUFF

UFP POTTERY STUDIO CO-OP

Vera Muller
537-3142

Monday, 7-9pm, April 9
Mandatory organizational meeting
Location: UFM Pottery Studio
Membership in studio: $30.00, 8 weeks
30.00, 16 weeks
40.00, 24 weeks
This is a cooperative studio-access class open to anyone with experience in pottery who feels confident working alone. There is no instruction provided, but acoop meeting you will have access to the studio for four weeks a week, 1 1/2 pounds of clay plus all the recycled clay you produce, kiln space, and glazes. UFM recently purchased a sophisticated slab roller for use in sculptural handbuilding, and electric wheel to augment its studio equipment. (Here is the pottery studio coordinator for UFM.)

UFP POTTERY'S GUILD

Norm Lally
1-460-9996

The UFM Pottery's Guild is made up of professional potters in the Manhattan area. They usually hold two annual sales, one in May and one in December. If you would like more information, sign up at Norm will contact you.
(Norm is a professional potter in Uisburg and is a member of the Guild.)

BEGINNING TO INTERMEDIATE CERAMICS

Zoraida Rivera
776-3152

Tuesday, 7-9pm, First Meeting: April 10
Length: 8 times
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $10.00, pay at class
Limit: 8
Make your own original handbuilt and wheelthrown pottery. Whether you're interested in sculpting figurines, faces, stab or coil bowls and boxes or creating mugs, vases, and platters, this class will cover it all; from raw clay to finished glazed ware. (Zoraida has 4 years experience with clay and enjoys throwing on the wheel. Her class is always popular and fills up quickly.)

EGGS AND OTHERS

CERAMIC EASTER EGGS

Amy Jo Gatschet
776-3135

Wednesday, 6:30-8:30pm, April 4, 11, 18
(3 times)
Location: Will be noted on your receipt
Class Fee: $8.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 8
This year's Easter Eggs can become family heirlooms. Create, decorate and glaze 3 to 5 ceramic eggs that you will want to leave out year 'round. This class is for all skill levels. (Amy Jo has been making pottery for four years, and enjoys the endless possibilities available when working with clay.)

KRASTLICE-CHIC EGGS DECORATING

Georgia E. Monte

One Time: Sunday, 1-4pm, April 15
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 15
Learn basic Czech egg decorating strokes. Everyone will receive a homemade wax melting stand, period colors, beeswax, candle, tool for decorating eggs, instruction sheets and the eggs. Student should bring a pencil. (Georgia has been interested in decorating eggs all her life. She recently learned Krastrlce and finds it easier than the Ukrainian method.)

STENCILING FOR KIDS (AGE 8 OR OLDER)

Susan Toy
537-2084

One Time: Wednesday, 3:45-5:30pm, April 4
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Materials Fee: $5.00, pay at class
Limit: 5
Stenciling is both fun and easy! We will cut out a stencil, and use it to print on fabric and paper. Get ready to clear a space on your wall for your completed project - or better yet think about decorating your room with a stenciled border.

SILK SCREEN PRINTING

Henry King
765-9225

Tuesday, 5:30-7pm, First Meeting: April 3
Length: 4-6 times
Location: Will be noted on your receipt
Class Fee: $10.00, pay with registration
Materials Fee: $10.00, pay at class
Limit: 5
Silk screening, an ancient printing technique, with a wide variety of applications: from T-shirts to High Art. Imagine what you can create with color, your design ideas and techniques, ink and screen. Each student will complete two projects. Please wear old clothes to class. (Henry has been screen printing for 10 years.)
Volleyball for Fun ('63 and Over)

Lois Morales
Tuesdays, Thursdays, 6:30-8:30pm
First Meeting: April 5
Location: Will be noted on your receipt
Class Fee: $2.00
Equipment: $5.00 due at class
Materials Fee: $1.00, paid at class
Volleyball can provide low-key competition, exercise and a great time for beginners to those advanced. Rackets and balls will be furnished. (Lois has played UP Volley for years.)

K.C. Royals vs New York Yankees (Including Stadium Tour and Dinner)
Judith Fortunato
Saturday, June 26
Location: Will be noted on your receipt
Class Fee: $22.00, with payment registration
Limit: 46
Let us take you to the ball park where you will become part of the excitement when the Kansas City Royals play the New York Yankees. The day will start with a tour of the stadium which includes perspectives of the entire stadium from the press area, dugouts, playing field and a panoramic view of the scoreboard and water spectacular. There will be time for a leisurely lunch (on your own.) in the afternoon in the air-conditioned comfort of Blue Ridge Mall. The evening will bring a memorable experience as we enjoy food and beverages at the Royals Stadium Club. The buffet menu will include Braised Onions, Cheese Strips, Braised Swiss Steak, 8 different Salads, Au Gratin Potatoes, Seasoned Spring Beans, Chocolate Mousse, Apple Cookie Tapi, Rolls, Butter, Coffee and Tea. After the dinner, we’ll join the rest of the Royals fans for an exciting game. We’ll depart for home after the last out. Cost is $32 per person which includes the stadium tour, buffet dinner, reserved seat ticket and escalator transportation by Abbott Coach.

Intermediate Guitar Workshops
T.T. Hiltie
MS-20
Saturdays, 9am-12pm, April 1, 8
Length: 2 times
Location: Will be noted on your receipt
Materials Fee: $2.00, each Saturday at class
These workshops are for those guitarists with some experience who desire to improve their skills. Informal critiques will be provided on chords and strumming in concert on guitar. A selection of standard workbooks will be made available to those who can bring your own. Come as many times as you want and pay $2.00 per Saturday class. (Instruction will be provided by members of the Kansas chapter of the Kansas Music Association.)

Recycling for Beginners
Rick Johnson
MS-21
Saturdays, 9am-12pm, First Meeting: April 7
Length: 3-4 times
Location: Will be noted on your receipt
Class Fee: $7.00, pay with registration
Limit: 7
Learn to descend cliffs by rappelling, a truly thrilling experience. This course is designed for the individual with the basic techniques of rappelling. Included are selection and safety of equipment, basic knots used, and rappelling and belaying procedures. The class will meet initially at the instructor’s home, and subsequent classes will be held outdoors in the vicinity of Lawrence. All equipment will be provided by the instructor. On belay! (Rick has extensive military and civilian rappelling experience including helicopter rappelling. He owns and operates the Belayer’s Club.)

Opti Sailing Club
Mike Elledge
MS-22
First and Third Wednesdays, 7:30pm
First Meeting: April 4
Location: Will be noted on your receipt
Length: All Summer
Class Fee: $3.00, pay with registration
If you are interested in going sailing, canoeing, bike touring, rock climbing or any outdoor activity and want to meet others interested in the same, this is the club for you. Each meeting, a vote will be taken regarding which activity you want to do. All equipment will be provided by the instructor. If you want to bring your own equipment, you must sign up three weeks in advance. A $50 deposit is required for all equipment. The deposit is non-refundable and will be applied to all equipment if you want to become a member of the club.

Birdwatching for Beginners: From House Birds to Bald Eagles
T.G. Hiltie
Wednesday, 7pm, April 4; Saturday, 7:30-11pm, April 7
Location: Will be noted on your receipt
Class Fee: $2.00, pay with registration
Quick! Is that a bluebird or bluejay? how do you tell? a mockingbird from a shrike? Golden eagle from turkey vulture? Thursday evening we’ll show you how to use binoculars, the different field guides, and give you pointers on bird identification. Then on Saturday morning we’ll take you out to a field site. You will try to see and identify a birdwatcher for every bird you see. A birdwatching is enjoyable hobby, which is great for the mind to enjoy. Bring binoculars, camera, bird guides and tape recorders if you have them. If you think capelin are whitewash, this is class is for you. (Togo Davis, who took the Eagle in the Birds of the World class last year, said, “I used to think birdwatchers sat on a stump in the woods and nobody could say a word -- I was wrong.”)

Stargazing
Chris Sorenson
Wednesday, 7:30pm, April 20
Location: Will be noted on your receipt
Class Fee: $4.00, pay with registration
Limit: 35
We’ll look at planets, stars and constellations including Hercules, Andromeda, the bar of the Milky Way, Cassiopeia and more. Emphasis will be on stars you can observe with the naked eye or binoculars. Telescopes will also be available. Dress warmly and bring a flashlight. No reservation required. Not all star-gazing sessions will be served by the Northern Hills Audubon Society. Suggested reading: Sky & Telescope and Astronomy magazine. June has many monthly sky maps. (Chris is a physics professor at KUS.)

Spring into Action
---special skills---

**The Basics of Clear, Concise Writing**

Mike Borcey

MS-66  776-1618

Tuesdays, 7-9pm, April 24, May 1, 8, 15

Location: Will be noted on your receipt

Class Fee: $10.00, pay with registration

Limit: 10

A review of the basics of writing — the function of words, parts of speech, sentence structure and paragraphs; the study of correctness and clarity; the use of language; reading and vocabulary; and the practical exercise of writing. This course will entail written assignments both in and out of class. Each piece will be critiqued for its application of the basic rules reviewed. This will not be a class in creative writing, but rather in expository writing. The development of clear, concise expression of an idea. (Mike has been an editor for two magazines and is now the area reporter for The Manhattan Mercury.)

**CLOSET ÖUTLINES**

Ramona Luclus

MS-93  539-7190

Saturdays, 2-4pm  First Meeting: April 1

Location: Length: Indefinite

Class Fee: $5.50, pay with registration

Limit: 10

For all those people who have been writing plays in the closet, now is the time to come out and share them. People interested in the process of playwriting should also attend. We will discuss dramatic techniques, write new plays of our own and possibly look at some professional plays. (Ramona is working on a masters degree in playwriting and has had her play “Flying” produced at KSU.)

**INSPIRING YOUR DEADBOLT**

Papa Bear

MS-84  776-9765

One Time: Monday, 7-9pm, April 9

Location: Will be noted on your receipt

Class Fee: $5.00, pay with registration

Materials Fee: $1.00, pay at class

Want your deadbolt and your windows but can’t afford it? Do it yourself. Learn how by attending this demonstration by Papa Bear himself. Register and you will be notified of a meeting time. (Papa Bear is a professional plumber and do-it-yourselfer who has installed deadbolts for family and friends.)

**Basic Home Crime Prevention**

Charles E. Champion

MS-60  537-9600

One Time: Thursday, 7-10:30-9:30am, May 17

Location: Will be noted on your receipt

Class Fee: $4.00, pay with registration

Materials Fee: $2.00, pay at class

Basic home and individual crime prevention techniques, tips, and preventive measures to aide the average person in reducing their chances of being a victim of a crime. The class will include information on local crime prevention tips for neighborhoods. (Charles has 21 years of experience in law enforcement, law enforcement administration, community crime prevention and community security in both the US and Europe.)

**Community Energy Planning**

Jim Dubois

One Time: Saturday, 2pm, Mar 24

Location: Will be noted on your receipt

Class Fee: $2.00, pay with registration

---your attention, please---

Attention:

Roots Of Insurgency In Central America: Human Rights In El Salvador and Nicaragua. Jan Flora, Thursday, March 29, 7pm, KSU Union Gatskeller.

Co-sponsored by Sociology Club, Coalition for Human Rights and UN.

Female Writers Support Group.

Organizational Meeting: Thursday, April 5, 7-2pm, Call Natasha Hall at 537-0229 for more information.

Women’s Support/Social Group.

Alternate Fridays starting March 16, 8-10pm, UFM Fireplace Room.

Call Natasha Hall at 537-0229 for more information.

The Equal Rights Amendment and Current Issues Facing Women. Phyllis Schlarff, Monday, April 9, 7pm, KSU Union Forum Hall.

Gay and Lesbian Resource Center.

Leave message at 537-8395 or write to P.O. Box 231, Manhattan, Kansas 66502.

Non-Parison Voter Registration.

Organizational Meeting: Wednesday, April 11, 7-9:30-10pm, UFM Conference Room.

Call Ron Pavlica at 532-9345 for more information.

Tuttle Creek Cleanup Campaign.

Saturday, April 29, all day, meet at the Tuttle Creek Corps of Engineers office.

Call 532-9345 for more information.

Wanted: Appropriate Technology Tour Guides.

Are you interested in Appropriate Technologies, Solar Energy or Edible Landscaping? UFM is looking for people to serve as A.T. tour guides for groups visiting our solar energy and landscape demonstrations. Prospective guides, after receiving information and orientation, will lead pre-scheduled tours and receive a minimum of $5.00 per hour. Interest and enthusiasm are the only requirements. Call Ira Hartelt at 532-5665 for more information.

---LEARN TO FLY AT LOW RATES---

Hugh Irvin

MS-24  532-6311  539-3120

Saturdays, 9-10:30am Length: Indefinite  First Meeting: April 7

Location: Will be noted on your receipt

Class Fee: $4.00, pay with registration

The first meeting will be an information session to overview what’s involved in learning to fly in general and the advantages of the K-State Flying Club in particular. Options available for ground school and for flight training in the Manhattan area will be discussed. If there is enough interest, 6 to 9 free group tutoring sessions may be scheduled to while those who decide to study for the FAA written examination until self-instructional courses. Introductory flight lessons and/or short sight-seeing flights at minimal cost will also be scheduled at the first meeting. (Hugh is a FAA Certified Flight Instructor and a member of the K-State Flying Club.)

---BASIC AUTO MAINTENANCE---

John Edmonds

MS-90  537-9605

Saturdays, 1-4pm, April 28, May 15

Location: Will be noted on your receipt

Class Fee: $5.00, pay with registration

Limit: 10

Want to save money and be sure the job is done right? Do it yourself. John will discuss the importance of maintenance of your car. John will demonstrate how to change the oil and oil filter. The following session, bring your own car and oil filter and you will get a chance to do your own. (When his water pump went out, John was able to purchase the needed tools with the money he saved by doing the job himself.)

---HAIR AND MAKE-UP FOR THE 80’S---

Allene and Company

MS-58  537-9605

Tuesday, 7pm, April 3

Location: Will be noted on your receipt

Class Fee: $4.00, pay with registration

Limit: 10

Not sure what hairstyle or make-up technique is right for you? Let us help you make the most of your good looks and have fun at the same time! We’ll do five “before and after” demonstrations and each participant will have time to work on a question concerning her own personal hairstyle and make-up. (Allene and hair staff are experienced professional cosmetologists who have enjoyed teaching this class before.)

---SAFETY BASICS---

Jean Lein

MS-16  537-8341

One Time: Saturday, 9am-12pm, Mar 24 and a second date to be agreed upon

Location: Will be noted on your receipt

Class Fee: $5.00, pay with registration

---THE 5TH ANNUAL KANSAS FOLK FESTIVAL---

The 5th Annual Kansas FolkFestival will be held Saturday and Sunday, May 5 and 6. Sponsored by the Division of Continuing Education at Kansas State University, the festival is a celebration that brings together folk groups, traditional musicians, artisans and craftsmen from across the state representing a diversity of cultural backgrounds.

Little Apple Entertainment Alternatives

Are you tired of the bar scene? Join together with others like you who would rather meet new people in a comfortable nonthreatening setting by participating in fun activities. This is an ongoing group. All ages welcome! Call Melba Brownson at 532-5866 for more information.

Hidden Places - a series of radio programs and newspaper articles about little-known historic sites in Kansas -- the Ladies Lounge in Hoxie, the Stone Man in Perkins, the Cleargrass Glen in Elsberry, the Brown Grand Opera in Emmeram city in Concordia, the Crow’s Nest in Wabaun, the Mexican Flights in Chanute, and the Summer School in Topeka. The programs will be broadcast in Manhattan by KSU on Fridays at 1:30, beginning April 21, and by KSU on Saturdays at 1:30, beginning April 21. The articles will be published in most area newspapers. Hidden Places is sponsored by KSU, the Kansas Committee for the Humanities, and KSU Extension Radio.

Manhattan Community Gardens

How would you like to garden, but don’t have the space? Get a Manhattan Community Garden 20” x 20” plot for $10-$20 (sliding scale). Garden applications are available at the Manhattan Public Library, Douglas County Center or UFM. Call Kay Sylvester, coordinator at 532-5866 for more information.

“Foreclosure” This film is dedicated to rural people everywhere who are in danger of losing their land, communities and way of life. Wednesday, April 5, 7:30pm. Call UFM at 532-5866 for more information.
Mail-In Registration Form

ONE PERSON PER FORM • Priority Mail-In Registration Period, March 19-30
(LATE REGISTRATIONS ACCEPTED ON SPACE-AVAILABLE BASIS)

PLEASE PRINT

Name ____________________________
Street ____________________________ Apt. # ________
City ____________________________ Zip ____________
Home Phone ____________ Work Phone ____________

SURVEY—Please check all that apply

☐ KSU Student (__________ credit hours this semester)
☐ Student Spouse
☐ Fort Riley Personnel
☐ KSU Faculty/Staff
☐ Touropersonnel (non-KSU)
☐ Faculty/Staff Spouse
☐ Rural Riley County
☐ Public School Age
☐ Handicapped
☐ Senior Citizen
☐ Other

Check here if you require class in teach in handicapped-accessible space.
I would like to volunteer my skills in exchange for registration discounts.
I am interested in teaching for UFM.
I would like to see offered next term:

UFM—532-5866

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Total class fee (see costs)
Plus registration fee (see costs)
Individual—$20.00 (If KSU student, list ID# here)

Total Due

Please indicate where you obtained catalog

IMPORTANT: Please read the refund policy, e.g., Sec. 1 or II, etc., if indicated in description.

TO REGISTER BY MAIL:
Fill out the form at left. One form per person.
Total up the class fees as listed in the catalogue. Material fee, if listed, is paid at class. Add the registration fee as it applies (see costs).
Mail your form(s) with your check to: University for Man
1221 Thiroux
Manhattan, KS 66506

Receipts and locations will be mailed to you immediately. If the class is full see refund policy (A stamped, self-addressed envelope should be appreciated).

COSTS:
Registration fee is $2.00 per person. If you are under 13 and your parent(s) are taking a UFM class, do not pay registration fee.
Those teaching or doing volunteer work receive fee discounts.
If you are over 60 or disabled, you are exempt from the registration fee.
If you are a full-time KSU student you are exempt from the registration fee (An annual SCA allocation supports student participation.)

In the brochure when a fee is listed, this is the “class fee” and is paid at registration. When a materials fee is also listed, pay it to the instructor at the first class session.

SPECIAL CHILDREN’S DISCOUNT FOR FAMILY PARTICIPATION:
If you are under 13 and are enrolling in a class that your parents are enrolling in, pay no registration fee and half the class fee. If you are enrolling in classes that your parents are not in, pay no enrollment fee.

UFM REFUND POLICY:
Please check your calendar before you register for a class. UFM will only give a refund in those instances:
1. the limited class you paid for has been filled
2. the class you paid for has been cancelled
3. you are unable to attend a class and you notify UFM and the teacher before the first meeting.

Refunds are given as credit vouchers. These can be used toward other classes, either in this catalog or in the future, or can be redeemed for cash at UFM. Credit vouchers can be accumulated and are transferable to others.
If you are not satisfied with a UFM teacher or class, please contact UFM at 532-5866.

DISCOUNTS FOR VOLUNTEERS:
You may work for UFM in exchange for registration discounts. Arrangements will be made on an individual basis. Call UFM at 532-5866.

UFM TEACHER CREDIT:
All current UFM teachers are entitled to fee reductions when enrolling in UFM classes in either this catalogue or in the future. UFM teacher credit can be saved up, but cannot be redeemed for cash or transferred to others. UFM teacher credit will be mailed to our current instructors. This is one way for us to say “thank you” for being a part of UFM.

RECEIPTS:
After the registration form is processed, you will receive a receipt.
This is your proof of payment. UFM will retain a copy.

CLASS LOCATIONS:
When you receive your receipt, the location(s) of your class(es) will be included.