"Spring into Learning"
1991 Spring Classes
Feb.-May
Dear Friends:

UFM has a class for everyone! Explore the pages of our catalog and find opportunities for growth and learning for people of all ages. Take time to pursue a new hobby or join in a recreational sport. Increase your business skills and knowledge. Expand your understanding of the world and the events that surround us daily. Enjoy the realm of nature from the ground that we garden to the starry skies of Kansas. Beautify your homes, experiment with new recipes, and gain food for thought in relating to others. UFM has something for you this Spring. Please join us in the process of life-long learning.

Sincerely,

Terry Carpenter
Educational Program Coordinator

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Community Registrations:

For your convenience the following dates and locations have been scheduled for on-site registrations...

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Registration continues throughout the semester at the UFM House from 8 a.m. - 5 p.m. (Closed Noon - 1 p.m.)
PROJECT MANHATTAN CARES

PROJECT MANHATTAN CARES is a group of caring, concerned individuals, organizations, businesses, and educational institutions, whose purpose is to facilitate a supportive, caring environment for military families in a time of crisis. We seek to help meet the immediate and on-going needs of the spouse and families of deployed military personnel.

To receive information about services and resources available to military families in the area or to volunteer services (individual, groups, businesses) call MANHATTAN CARES HOTLINE, 537-7508.

Monday - Saturday 10 a.m. - 9 p.m.
Sunday 12 noon - 5:30 p.m.

1-800 NUMBERS

UMFM would like to extend its support to the families of the 1st Infantry Division and relay the following helpful information:

FORT RILEY FAMILY SUPPORT CENTER 1-800-766-0027 (open 24 hours) USDA - Kinds of foods to send troops 1-800-535-4555

DESERT SHIELD HOT LINES:
Army 1-800-542-9254
Navy 1-800-372-5463
Marines 1-800-884-2131

ARMY FAMILY INFO LINK 1-800-833-6622

ARMY RESERVE PERSONNEL CENTER 1-800-874-8451

RESERVE SOLDIERS JOB RIGHTS 1-800-336-4550

CHILD ABUSE HOTLINE 1-800-423-2290

ARMY NATIONAL GUARD 1-877-ARMY-911

MANHATTAN AMERICAN RED CROSS 537-2180

MANHATTAN MILITARY HOTLINE 1-800-332-6378

MILITARY WIVES is a support group for all military families living in the Manhattan community. Meetings are held every Wednesday afternoon from 1 - 3 p.m. at the First Presbyterian Church, 8th and Lawrence. Free nursery care is provided for these meetings. For transportation or more information, please call Angie Fryer, 537-7146.

*****************************************************************************

WAITING WIVES GROUP

Is your husband TDY or PCS? Enjoy an evening out with other women whose husbands are also gone. Meetings are held every other Friday night. Call Angie Fryer, 537-7146, for details. New members are always welcome!

*****************************************************************************

GROUP, INDIVIDUAL, & FAMILY COUNSELING...Tuesdays, 12:30-4:15 p.m.

Confidential, professional counseling is available in Manhattan at First Presbyterian as an extension of clinical services provided by Irwin Army Community Hospital Social Work Services Department. There are support groups for women who are geographically separated from their spouses, and for women who have been abused physically, sexually, or emotionally as children or adults. Individual and family counseling is for help adjusting to or coping with past or present problems. These services are limited to active duty military members and their dependents. For more information or to schedule an appointment, call Betsy Walker, MSW, 1-239-7267, and leave a message for her to return your call. For transportation, call Angie Fryer, 537-7146.

*****************************************************************************

BABYSITTING CO-OP

Women who attend Military Wives meetings on Wednesday afternoon, or weekend Waiting Wives meetings, are eligible for membership in the Manhattan Military Wives Babysitting Co-op. For more information, call coordinator Colietta Coven, 776-9176.

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Christian Higher Education &
Christian Social Concerns

Linda Inlow Teener, Director

UMFM

Oceana Warren Wright, Principal
Woodrow Wilson School


Wreath Making

Got the winter blues? Decorate a beautiful vine wreath and add a splash of color to your home or office. Use your creativity to personalize your wreaths to match any decor.

Evelyn and Howard Campbell (539-8765) both have degrees in horticulture therapy from KSU. Their talents and expertise range from making wreaths to using flowers (fresh, dried, and pressed) for gifts and home-decorating projects such as wreaths and floral designs.

Date: Feb 15 (Mon)
Time: 6:00 - 8:30 p.m. (1 session)
Fee: $15 (includes wreath and dried flowers)
Location: UFM Greenhouse

Community Talent Night

Are you a budding performer in search of an audience? Can you sing? Play a musical instrument? Act? Do a comedy routine? Perhaps your fears have kept you from seeking out places to share your talents. This is an opportunity to actually perform in a safe and supportive atmosphere. Network with other performers in various stages of expertise and experience. Come share your talents in what could be a starting point for future performances.

Sharon Powers (539-8416) is a performer who knows the strength and fun that can result from overcoming your fears and expressing your talent. She is the new spiritual leader of the Unity Church of Manhattan and wants to connect with other performers in the area.

Date: April 6 (Sat)
Time: 7 - 9 p.m. (1 session)
Fee: $10
Location: Ecumenical Ministries

Books By and About Women

Discuss thoughts, ideas, and issues expressed by women authors through fiction and non-fiction books. Through this informal class we will exchange different perceptions from our own experiences interpreting the themes seriously and lightly. Past book selections include: Breathing Lessons by Anne Tyler, The Temple of My Father by Alice Walker, A Whole New Woman by Bea Strowned Aldrich, and The Road from Coorong by Kerry O'Shea.

 Lorrie Cross (539-5337) enjoys reading and discussing fiction and non-fiction books. She has been a member of this group since its beginning in 1978.

Date: Feb 1 - May 22 (Wed)
Time: 7:30 - 9:30 p.m. (meets every 2 - 3 weeks)
Fee: $6
Location: Call Lorrie for class location

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THANK YOU ADVERTISERS for your faithful support.
Beginning Calligraphy

Calligraphy, the art of beautiful writing, will be offered. We will learn about lettering tools, materials, references, and one calligraphy alphabet. Felt-tipped calligraphy pens and necessary paper will be provided. Because the pens have a short shelf life and have to be ordered, it is necessary to sign up for this class as early as possible!

Ernie Peck (532-5768) has been instructing since he was 13 years old. He enjoys sharing this skill with others.

Date: Feb 6 - 27 (Wed)
Time: 7 - 9 p.m. (4 sessions)
Fee: $23 (includes materials)
Location: KSU Umbarger Hall Room 225

Watercolor Painting Via Photography

Transform photographs into watercolor paintings. Photograph Kansas stone buildings and landscapes during the first class session with emphasis on subject selection and composition. During the studio sessions, select painting subjects from your developed color prints, make sketch compositions, value studies, and lay down the initial watercolor washes. Students should complete two watercolor paintings and receive instructions on mounting. Students must have a 35mm camera, a 24 exposure roll of color film, watercolor paints, brushes and paper.

Ernie Peck (532-5768) and Gene Ernst have taught photography and watercolor classes, and are accomplished painters. Ernest and Gene have co-taught watercolor classes for several years.

Date: April 5, 16, 18, 23, & 25
(Sat, Tues, & Thurs)
Time: 7:30 - 9:30 p.m. (Sat, Tues & Thurs)
Fee: $45
Location: UFM Fireplace Room (1st session)
UFM Banquet Room (other sessions)

Stamp Collecting

If you’re a beginning, intermediate, or advanced stamp collector, this class is for you. Learn the basics of collecting, how to grade stamp centering and cancellations, and how to determine perforations and watermarks. Discuss how to trade, buy, and sell stamps. Each participant will receive an envelope full of stamps to work with for several hands-on exercises. This class is for all ages.

Tom Lindemark (533-6145) has been a stamp collector for 50 years. He is a long-time member of the American Philatelic Society and the Local Flint Hills Stamp Club.

Date: Feb 28, March 28, & April 25 (Tues)
Time: 7:30 - 9:30 p.m. (3 sessions)
Fee: $6
Location: Manhattan Post Office
Civil Service Room
5th & Lafayette

Professional Novel & Story Writing

Covers all phases of writing (non-fiction and fiction). Learn how to develop characters, dialogue, long scenes, short scenes, documentation, foreshadowing, time transitions, flashbacks, deductions, interruption, action, and other topics. The book Dare To Be A Great Writer by the instructor will be used in class.

Leonard Bickel has taught writing courses for over 25 years, has published nine novels, and has written two professional books on writing titled Dare To Be Different (now in its second printing) and Start To Be A Great Writer.

Date: May 7 - 21 (Tues)
Time: 7 - 9:30 p.m. (3 sessions)
Fee: $11 (plus purchase of Dare To Be A Great Writer)
Location: UFM Conference Room

Silk Flower Sweatshirts

Have you admired sweatshirts with tee shirts that have been transformed into a personal fashion statement through the use of paint and other embellishments? Take this opportunity to create a unique shirt through the use of silk flowers and vine paints for fabrics. (Supply list will be provided upon registration).

Barbara Knail (776-9085) enjoys making gifts, especially at Christmas. During the Christmas season of 1989, she designed numerous sweatshirts for gift-giving.

Date: Feb 19 & 20 (Mon & Wed)
Time: 7 - 9:30 p.m. (2 sessions)
Fee: $5
Location: 1900 Beeck

The Essence of Poetry

Focus upon poetry and its relationship to still life art, nature, and culture, as well as the relationship of poetry to our lives and situations that occur in life. J. Edgar Spence (537-3981), a native of Macon, Georgia, is a published poet and playwright. He is a recipient of the National Poetry Award. The author of many short stories, he is currently working to organize a poetry workshop.

Date: April 15 - May 13 (Mon)
Time: 7 - 9:30 p.m. (5 sessions)
Fee: $17
Location: UFM Banquet Room

For more information, please contact the office at 776-9085.

The copy center
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Dress for Success: The Interview Image

Every trade or profession has its own set of standards for dressing correctly. Your success is bound to depend, in part, on how you measure up to those standards. While interviewing your appearance is helping your prospective employers form their impressions of you. Through viewing a video tape and discussion, learn about proper attire and correct fit. See the current fashion styles. This class will show you how to become more fashion confident by wearing clothes that signal self-assurance.

Kevin Pannell (539-1414) worked for Sears for 14 years and became an owner/manager of Brinnwood for Men and Women in Aggieville in October 1990.

Date: April 30 (Tues)
Time: 7 - 9 p.m. (1 session)
Fee: $5
Location: Brinnwood for Men and Women
700 North Manhattan Avenue

K.A.S.H: Knowledge, Attitudes, Skills, and Habits

Take this opportunity to learn about the interviewing process. How do I prepare for the upcoming interview? Who is the most important person on interview day? What should I wear? Your confidence will be increased with greater knowledge of the interviewing process. Bring your questions for discussion.

Kari Russell has a B.S. in Business Administration and is currently working on her M.S. in Public Administration. She is employed by the Kansas Farm Bureau as the Employment and Association Relations Manager. She has extensive experience as an employee recruiter in both corporate situations and for the federal government.

Date: March 26 (Tues)
Time: 7 - 9 p.m. (1 session)
Fee: $5
Location: UFM Conference Room

What? You Want a Resume and Cover Letter

Are you assured as to what a resume should include? Does your resume need improvement? Learn the basics of resume writing. Content, style, paper choices, and that all important cover letter will be included during the first session. Bring your personal resumes to the second class. We will evaluate and critique resumes.

Arlis McManus is the owner of Resume Service which has been operating in Manhattan for over 10 years. She has extensive experience in cover letter composition and resume preparation.

Date: Feb 21 & 28 (Tues)
Time: 7 - 8:30 p.m. (2 sessions)
Fee: $5
Location: K-State Union Room 203

Successful Money Management

Be a successful money manager! This program will cover savings structure, investments, and insurance programs for today's world. Discover how to save taxes today while providing future dollars for education or retirement. We will discuss the impact of inflation and how to make it work for rather than against, one's financial plan. Affordable ways of investing and saving regardless of one's budget will also be addressed. A financial plan for each class participant will be provided.

Date: Feb 12 (Tues)
Time: 7:30 - 9:30 p.m. (1 session)
Fee: $4 per person ($3 per couple)
Location: 445 East Poyntz

Successful Money Management

Date: March 9 (Tues)
Time: 7:30 - 9:30 p.m. (1 session)
Fee: $4 per person ($3 per couple)
Location: 445 East Poyntz

Successful Money Management

Date: April 9 (Tues)
Time: 7:30 - 9:30 p.m. (1 session)
Fee: $4 per person ($3 per couple)
Location: 445 East Poyntz

Fred Freedy is a senior account executive for Waddell & Reed, Inc. and has 15 years experience as a financial planner.

Retirement & Financial Planning for Women

Three-fourths of elderly Americans living below the poverty level are women. Half of the widows who are poor were not poor before their husbands died... 80% of all married women will lose part of their financial life alone... What do we do now to plan for our future? This course is designed to address these issues and discuss ways to avoid being caught in these traps. We will examine various retirement plans and other financial options that are available to women and couple.

Sandra Emery & Bob Sawyer (776-7183) are with Professional Planning Services of Manhattan. They have many years experience in the areas of financial planning, including retirement and estate planning. Financial contingency planning, and asset accumulation.

Date: March 3 (Tues)
Time: 7:30 p.m. (1 session)
Fee: $4
Location: K-State Union Room 205

People: Feelings, Relationships, & Environments

(for description see FAMILY LIVING section)

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THANK YOU ADVERTISERS for your faithful support.
Getting Involved

Have you ever wondered if there is more to life than just attending classes? Take this opportunity to learn how organizational involvement can benefit you as a person and the K-State community as a whole. We will explore the various avenues by which you can more fully participate in life at K-State.

Sally Rowson (532-6541) has been Coordinator of Student Activities at K-State for nine years. She is the advisor to the Student Governing Association, the University Activities Board, and teaches a leadership class at K-State.

Date: Feb 18 (Mon)
Time: 7:30 - 8:00 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

Financial Aid

Have you often heard about student financial aid, but are unsure as to what’s available and whether you qualify? Join us for an informational session on student financial aid and filling out application forms. If available, bring copies of your 1999 tax forms and other pertinent financial information. Questions are encouraged.

Personnel from the Student Financial Assistance Office will deal with an array of questions about financial aid daily. They are willing to share their expertise in this area.

Date: Feb 11 (Mon)
Time: 7 - 9 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

Health Professions in Medicine, Dentistry, Optometry, Pharmacy, and Medical Technology: What’s Involved?

Are you considering a career in medicine, dentistry, optometry, pharmacy, or medical technology? Join us for a discussion on requirements for admission to these health profession schools, when to take appropriate exams (MCAT, OAT, DAT), and other pertinent issues. Your questions are encouraged.

Susan Connelly (532-6904) is an advisor in the College of Arts and Sciences. She deals with students interested in careers in medicine, optometry, dentistry, pharmacy, and medical technology.

Date: Feb 27 (Wed)
Time: 12 noon - 1 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

Health Professions in Nursing, Occupational, Physical, and Respiratory Therapy

What’s involved in pursuing a career in nursing, occupational therapy, physical therapy, and respiratory therapy? Join us for an informative discussion on the role of these health professions, employment opportunities, and educational preparation for these careers. Please bring your questions.

Phoebe Samelson (532-6900) is an advisor in the College of Arts and Sciences. She works with students interested in careers in occupational therapy, physical therapy, respiratory therapy, and nursing.

Date: Feb 14 (Wed)
Time: 12 noon - 1 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

The Legal Profession: What’s Involved?

Thinking about law school? Not sure? Come to an informative discussion on what’s required to obtain admission to law school, when to take the LSAT, and other pertinent issues. Bring your questions.

Nancy Green (532-6902) is the pre-law advisor for K-State, College of Arts and Sciences.

Date: Feb 20 (Wed)
Time: 12 noon - 1 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 204

The Electronic Library: Checking It Out

Through demonstration, discussion, and hands-on experience, participants will be introduced to the latest technology used in locating and retrieving information: compact disc indexes, LYNX, the Online Catalog, and online literature searching. Procedures for locating sources within the Library will also be discussed.

Nancy McFarron is an Assistant Professor at the Library and Head of the Office of Instructional Services.

Date: Feb 5 (Wed)
Time: 6:30 - 8:30 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

Income Tax: Filing the Short Form

What do I need to know about filing an income tax form? Take this opportunity to learn what everyone should know about filing taxes, but no one ever tells you! We’ll discuss who should use the short form and how to complete it. Bring your questions!

Gil Gillispie (714-4420) has had over 20 years experience in tax form preparation.

Date: Feb 25 (Mon)
Time: 7 - 8:30 p.m. (1 session)
Fee: No charge
Location: K-State Union Room 203

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Become a UF M instructor! Please call Terry Carpenter (539-8763) by April 30 if you have a skill or interest that you would like to share with others in our community. Become a link in our goal of life-long learning and living.

If you would like to advertise your business or organization in the next UF M catalog, contact Terry Carpenter (539-8763) by April 30.
Financial Planning: Practical Concepts for Planning Your Financial Future

Receive a foundation of basic financial concepts. Learn how to start or revise a financial plan, evaluate your budget, make the most of employer benefits, the basics of investing and saving, the power of compounding, the impact of taxes on your financial future, how to avoid the pitfalls of financial success, and the importance of retirement planning.

Date: Feb 6 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Financial Strategies for Educational Funding

Are you worried about the rising costs of higher education? Learn how to calculate future college costs and determine how much to save now. We’ll discuss how to select an appropriate college savings investment plan and ways to defer taxes on your plan. Take this opportunity to develop personal strategies for educational funding.

Date: Feb 20 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Financial Strategies for Educational Funding

Date: April 3 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Pre-Retirement Financial Planning

People in or about to enter retirement have many concerns. How do I make investments choices to make retirement comfortable? How can I save on taxes at my age? How can I keep major illness from destroying my finances? Does my present life insurance affect my future? How can I take care of my family in the event of my death or disability? Come and receive answers to these important issues.

Date: Feb 27 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Pre-Retirement Financial Planning

Date: April 10 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Tax Advantage Investing

What are the effects of taxes on our investment decisions? Learn about tax-deferred investments, tax-free investments, tax-favored saving methods for future college expenses and/or retirement, and tax equivalent yields. You’ll gain a better understanding of how taxes impact our financial future.

Date: Mar 20 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Pre-Retirement Financial Planning

Date: March 15 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

"Too Much Month at the End of Your Money?"

Do you ever wish for too much month at the end of your money? Join us as we discuss setting and prioritizing financial goals, the pros and cons of budgeting, and the real cost of credit. Be better prepared financially for your future.

Date: April 24 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Jill Frenz (537-4505 or 539-7900) is a registered representative for Waddell & Reed.

Pay Equity

Comparable worth, or pay equity, means you receive a fair salary for the work you do because of its value, not because of who you are. Come learn more about what pay equity is, what it isn’t, and where Kansas stands on pay equity. Members of the Manhattan Pay Equity Coalition will discuss issues, myths, other obstacles, and progress related to pay equity.

Beverly Miller, Jill Frenz, Sandra Coyer, and Linda Morse, steering committee members of the Manhattan Pay Equity Coalition, will facilitate this class.

Date: April 30 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: KSU Justin Hall Room 149

Retirement Planning

Come and learn the basic retirement concepts that everyone should know. We will discuss when to start retirement planning, investment vehicles, current guidelines for IRA’s, control of retirement assets, and retirement investment alternatives. Gain a better understanding of how much to invest now to retire comfortably in the future.

Date: March 6 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Retirement Planning

Date: April 17 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

"Too Much Month at the End of Your Money?"

Date: March 15 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

"Too Much Month at the End of Your Money?"

Date: April 24 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: 445 East Poynts

Jill Frenz (537-4505 or 539-7900) is a registered representative for Waddell & Reed.

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Living Trusts

What is a living trust? How is it established and administered? A comparison of the living trust with other types of estate planning techniques, the advantages and disadvantages of a living trust and a corporate trustee, and the costs associated with creating and maintaining a living trust will be presented. Bring your questions for discussion.

Mark Knackendorff (537-0200) is Vice-President and Trust Officer of Farmers Bank in Manhattan. He graduated from the University of Kansas with the degree of M.B.A. and is a certified member of the Riley County Bar Association and has eight years of estate planning, trust, and investment experience.

Date: April 22 (Mon)
Time: 7 - 9 p.m. (1 session)
Fee: $4
Location: Senior Service Center

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KSU Nuclear Reactor Tour: The Fundamentals of Radiological Control
Visit the KSU reactor and learn to see in teaching and research. Learn about radioactivity, how to use radiation detection instruments, radioactive waste, and the difference between radiation exposure and radioactive contamination. Nuclear reactor types currently being utilized in the United States will also be discussed.

David Wintgel (532-6657) is the KSU Reactor Supervisor. He is currently working on his M.S. in Nuclear Engineering and has nine years of naval nuclear power experience.

Date: Feb 12 (Tues)
Time: 10 a.m. (1 session)
Fee: $3
Location: KSU Ward Hall Room 135

Central America: Historical Perspectives On A Contemporary Issue
Take a map inside the United States. Acquaint yourselves with the history of Central America and U.S. involvement there. The region is a whole, as well as the past, present, and future of the individual countries of El Salvador, Guatemala, Nicaragua, Costa Rica, Honduras, and Panama will be discussed. Helpful to anyone seeking to understand the context for U.S. involvement in Central America, we will address the issues through guest speakers, videos, and dialogue.

Al Zoumane (539-4281), series coordinator, is the minister of the Ecumenical Campus Ministry at KSU.

Date: Feb 19 - April 9 (Tues)
Time: 7 - 9 p.m. (7 sessions)
Fee: $12
Location: Ecumenical Ministries 1021 Denison

On The Road: International Hitchhiking
A sage old hobo once said that you need two things to travel: time and money. The more of one you have the last of the other you need. Bill spent four years traveling around the tropical world. South America, Africa, the Middle East, and Asia. This course is more of a how-to for would be travelers than a travel-log. We'll deal with means, visa's, money, etc. Any journey begins by placing one foot in front of the other, so bring your bags and put your feet up for true adventure!

Bill Donovan (539-1956) had much more time than money after graduating and spent four years traveling.

Date: Feb 12 (Tues)
Time: 7 - 9 p.m. (1 session)
Fee: $3
Location: UFM Fireplace Room

Where In The World? Geography for Global Awareness
Develop an awareness of where global events are taking place. Why do events happen in certain places? The course will be used to focus our current events with emphasis on China, the Gulf Crisis, unification of Europe, and natural disasters. Stimulate your thinking about our world.

Kay Walker (539-7268) received her M.S. in Geography and is beginning her doctoral work in the field of education. The course is intended in sharing her knowledge of geography and current events to increase awareness of our world.

Date: Feb 7 - 28 (Thurs)
Time: 7:15 - 9:15 p.m. (4 sessions)
Fee: $8
Location: UFM Banquet Room

Lou DOUGLAS LECTURES

Lou Douglas Lecture Series: Did you miss the Lou Douglas Lectures last fall? Take this opportunity to see and hear the speakers via video and participate in a post-lecture discussion.

Molly Ivins - "The Media, Politics, and Other Forms of Insanity"
Ms. Ivins is a columnist for the Texas Times Herald where she reports on "Texas politics and other human happenings." She is a frequent commentator on NPR and the McNeil-Lehrer Report. Her freelance work appears in Esquire, Atlantic, The Nation, Harper's, and numerous other publications. In 1976, she was named outstanding alumna by Columbia University's School of Journalism.

Date: Feb 13 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $3 per session ($10 for series)
Location: UFM Fireplace Room

David Orr - "Refugees or Homecomers: The Reinhabitation of Rural America"
Dr. Orr is the co-founder of the Meadowcreek Project, a non-profit environmental education organization located in north central Arkansas. After eleven years at Meadowcreek, he has just moved to Oberlin College where he will be director of the Environmental Studies Program. Among his publications are articles in the Harvard Educational Review, Journal of Politics, Policy, Sierra Club Bulletin, and BioScience.

Date: Feb 20 (Wed)
Time: 7 - 9 p.m.
Fee: $3 per session ($10 for series)
Location: UFM Fireplace Room

Where in the World? Geography of Southern Africa
This course will consider the general geographic features of South Africa in a time of political change. Zimbabwe, Botswana, South Africa, and Lesotho will be studied in detail, based on the experience of the instructor, who traveled through those countries in the summer of 1994. A discussion forum will be followed, and students are encouraged to contribute their ideas and questions.

Time: Thursdays (7:30-9:30 p.m.) in the Pollock Room

Date: March 20 - April 10 (Wed)
Time: 7 - 9 p.m. (4 sessions)
Fee: $8
Location: UFM Banquet Room

A Middle East Primer
An introduction to the current issues of the Middle East and the history behind them. Through a variety of speakers and pertinent films, special attention will be given to the invasion of Kuwait by Iraq, the civil war in Lebanon, the quest for security by the state of Israel, and the plight of the Palestinians.

Time: Thursdays (7:30-9:30 p.m.) in the Pollock Room

Date: April 7 - 28 (Sun)
Time: 6:30 - 8:30 p.m. (4 sessions)
Fee: $10
Location: Ecumenical Ministries 1021 Denison

A Discussion of the Issues?
Karen McCullough (539-8763), Lou Douglas Lecture Series coordinator, and Lou Douglas interest will facilitate this series.

Hunter Lovins - "How Not to Parachute More Cats: The Hidden Links Between Energy and Security"
Ms. Lovins is Rocky Mountain Institute’s President and Executive Director. She served as Assistant Director of the California Conservation Project. She has co-authored six books and many papers.

Date: Feb 27 (Wed)
Time: 7 - 9 p.m.
Fee: $3 per session ($10 for series)
Location: UFM Fireplace Room

Kenneth Boulding - "Century 21: An Age of Maturity"
Mr. Boulding is a distinguished professor emeritus at the University of Colorado, Boulder. A prolific writer, the most recent of his books is Three Essays of Science. He has also been the president of many learned societies including the American Economic Association and the International Studies Association.

Date: March 6 (Wed)
Time: 7 - 9 p.m.
Fee: $3 per session ($10 for series)
Location: UFM Fireplace Room

Where in the World? Geography of Southern Africa
This course will consider the general geographic features of South Africa in a time of political change. Zimbabwe, Botswana, South Africa, and Lesotho will be studied in detail, based on the experience of the instructor, who traveled through those countries in the summer of 1994. A discussion forum will be followed, and students are encouraged to contribute their ideas and questions.

Time: Thursdays (7:30-9:30 p.m.) in the Pollock Room

Date: March 20 - April 10 (Wed)
Time: 7 - 9 p.m. (4 sessions)
Fee: $8
Location: UFM Banquet Room

A Middle East Primer
An introduction to the current issues of the Middle East and the history behind them. Through a variety of speakers and pertinent films, special attention will be given to the invasion of Kuwait by Iraq, the civil war in Lebanon, the quest for security by the state of Israel, and the plight of the Palestinians.

Time: Thursdays (7:30-9:30 p.m.) in the Pollock Room

Date: April 7 - 28 (Sun)
Time: 6:30 - 8:30 p.m. (4 sessions)
Fee: $10
Location: Ecumenical Ministries 1021 Denison
Earth & Nature
1221 THURSTON 539-8763

Roses Are NOT Always Red!

What kind of rose bush should I select? Where should I buy it? What are the proper steps in planting and caring for rose bushes? How do I prune a rose bush? Come and learn the answers to these questions. Create a sensation in your yard this summer with one of nature's most beautiful flowers!

Date: Feb 6 (Mon)
Time: 6 - 7:30 p.m. (1 session)
Fee: $6
Location: UFM Greenhouse

Growing Herbs

Have fresh herbs all summer! Enjoy the flavor of fresh minticed tea. Learn how to raise, dry, and store herbs for your own use or to give as gifts to family and friends. Explore ways to use your dried herbs. Start your herb garden with the plants you take home.

Date: April 28 (Wed)
Time: 7 - 9 p.m. (1 session)
Fee: $12 (includes herb plants and handouts)
Location: UFM Greenhouse

Flowers That Last:
Planning A Garden for Dried Flowers

Have you ever admired beautiful arrangements and floral designs that use dried flowers? Do you love to garden? Learn how to plan a garden where you grow flowers that will dry well. We will discuss the types of flowers to use and where to purchase your seeds or plants. Techniques for drying flowers and ways to use them will also be covered.

Date: April 15 & 17 (Mon & Wed)
Time: 7 - 8:30 p.m. (2 sessions)
Fee: $10
Location: UFM Greenhouse

Composting

Recycle some of your garbage! Find out what can be used in a compost pile. We will discuss the components of a compost pile, how to turn it, how to take care of it, and its utilization. See the results of composting in different layers. Make your vegetable garden and flower beds healthier and happier with compost.

Date: April 22 (Mon)
Time: 7 - 8:30 p.m. (1 session)
Fee: $4
Location: UFM Greenhouse

The Kansas Skies: A Planetarium Presentation

The World of Nature: An Indoor Environmental Experience

(See YOUTH for description)

Kaw River Nature Trail Guided Walk

Do you enjoy exploring native Kansas woodlands, but have little time to do it alone? Enjoy a guided tour, along the Kaw River Nature and History Trail. Identify over 50 native plants on the L. 344 mile circuit trail located in the Kaw River bottoms behind the historic First Territorial Capitol building.

Tim Raust (784-5555) has been the caretaker of the First Territorial Capitol for nearly 20 years. He has a strong background in Kansas history and its native plants.

Date: Feb 23 (Sat)
Time: 11 a.m. - 1 p.m. (1 session)
Fee: $4
Location: First Territorial Capitol, Fort Riley

Buffalo in Kansas

How much do you know about our state animal? Through a special slide presentation, learn about the characteristics of buffalos. Journey through time from the historical significance of the buffalos as used by the Indians to the future outlook for this fascinating animal.

Ken Vitaro (1-461-5744) was caretaker of the buffalos herd at Fort Riley for two years. He is a retired farmer and graduate of the Animal Sciences Program at KSU.

Date: March 4 (Mon)
Time: 7 - 8 p.m. (1 session)
Fee: $3
Location: UFM Conference Room

Solar Greenhouse and Edible Landscape Tour

Have you ever seen fish living in a greenhouse or observed an edible landscape? Join us for an educational tour. Our solar greenhouse demonstrates effective, low-cost ways to use renewable energy sources. Our edible landscape is an example of how ecologically-derived design principles can be used to create an urban agricultural landscape that is technologically passive. The home is a great idea for student and community groups looking for ways to learn about promoting self-sufficiency in the areas of energy and food production. Special tours can be arranged by appointment.

Date: April 29 (Mon)
Time: 7 - 8:30 p.m. (1 session)
Fee: $6 (includes book)
Location: UFM Greenhouse

The Native American Workshop

The World of Nature: An Indoor Environmental Experience

(See YOUTH for description)

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ATTENTION GARDENERS!
Do you need space for a garden? Manhattan Community Gardens have over 150 plots and will provide the necessary tools, water, and compost. Have fun, meet new people, and enhance your family meals with fresh produce from the garden. The charge for gardening is a $10 deposit plus a rental fee which is based upon income level. Application forms for garden plots must be picked up at UFM (1221 Thurston). New and returning gardeners must also attend one of the three informational meetings to be conducted by the MCG Board and scheduled as follows:

- March 7, 1991 7 p.m.
- April 1, 1991 7 p.m.
- May 2, 1991 7 p.m.

1/2 to 1 hour meeting in the Fireplace Room at UFM, 1221 Thurston

For further information, call Evelyn Campbell at 539-8763.

GROUP GARDENING
Looking for a unique project for all ages? Do you need to work on a club badge? Do you want to grow vegetables to give to a less fortunate family? Enjoy a garden plot shared by your group. Produce nutritious fruits and vegetables for a low cost. Have fun with your friends while relaxing in the out-of-doors. We are inviting any 4-H, boy/girl scout, or church group to put in a garden at Manhattan Community Gardens. It takes only one hour each week. Group leaders, call Carolyn Campbell (539-8763) for more information. A $10 fee includes seeds and plot.

HANDICAPPED GARDENING
Do you believe you can't garden anymore because of physical limitations? This class is for physically and/or mentally handicapped people as well as senior citizens. Whether you are in a wheelchair, or have limitations that don't allow you to bend or move, with care, you can still garden! Raised beds make gardening easy—-for everyone. $10 for plot and seeds.
Contact Carolyn Campbell at 539-8763.

UFM SOLAR GREENHOUSE TOURS
Tours of the UFM Solar Greenhouse and edible landscape are available by reservation. Winter tours (November to April) view the Solar Greenhouse, some edible landscape, and raised garden beds used for the handicapped. Participants learn about the bead wall, the heat storage tanks, and the underground air conditioning tubes. Summer tours (May to October) view, touch, and smell the entire edible landscape and also see the Passion Vine and hear its history. Call 539-8763 for an appointment.

Planning for Earth Day '91
Earth Day '90 was a great success! It has been suggested that we repeat some of the activities on a smaller scale. If you are interested in planning and/or participating in an environmental awareness day during the Spring, this meeting is for you! Suggested local points include gas conservation and a car-free day, a recycling fair, fair trade, and conservation exhibits, and environmental information distribution. If you or your group would like to participate, please join us.
Karen McCullagh (539-8763) served as coordinator for the Earth Day '90.

The Care and Rehabilitation of Injured and Orphaned Wildlife
Have you ever encountered injured or orphaned wildlife? Are you uncertain as to how to proceed in the care of such animals? Take this opportunity to prepare yourself for this situation. During the first session, we will discuss the philosophies and techniques for providing medical and supportive care to orphaned and injured mammals and songbirds. At the second session, we will cover the care and rehabilitation of owls, hawks, and eagles, including a demonstration of handling techniques.
Jim Carpenter, Donnie Rockefeller, and Sharon Todd are all members of the Project Release, an organization dedicated to the care and rehabilitation of injured and orphaned wildlife. In addition to being experts in wildlife care, they are associated with the College of Veterinary Medicine at KSU.

Field Trip to Flush Area of Pottawatomi County
How do we know that glaciers visited Kansas? by the rocks from Minnesota they left behind! We'll visit the Flush area of Pottawatomi County to collect glacial material including granite, quartz, quartzite, and pebbled wood as well as others, some of which may be of gem quality. Bring a beverage, and a container for rocks. Become a rockhound for a day!

Dr. F.C. Livingstom, (337-7590) Professor Emeritus of Chemistry at Kansas State, is a long time member of the Manhattan Mineral, Gem and Fossil Club.

Date: April 13 (Sat) Raindate: April 20
Time: 9 - 11:30 a.m. (1 session)
Fee: $5
Location: Meet at UFM parking lot

School Day Tours: Solar Greenhouse & Edible Landscape
Teachers, are you looking for field trip ideas? Join us for an educational tour. See fish living in the greenhouse. Observe an edible landscape. Our solar greenhouse demonstrates effective, low-cost ways to use renewable energy sources. Our edible landscape is an example of how ecologically-derived design principles can be used to create an urban agricultural landscape that is aesthetically pleasing and productive. Call Evelyn or Howard Campbell at UFM (539-8760) to schedule a School Day Tour.

Date: May 10 (Fri) or other days by appointment
Time: as scheduled by organization
Fee: No charge
Location: UFM Greenhouse, 1221 Thurston

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Capable Kids Can

Capable Kids Can is a program for parents and school-aged children to attend together. This program helps parents and their children evaluate whether the children are ready for and capable of self-care for short periods of time without adult supervision. Activities, videos, and discussions will help parents and children learn about the skills needed by children to care for themselves when they are home alone.

Beverly Breathacchi is a Riley County Extension Home Economist who has coordinated after school programs for elementary students in Ogden and Manhattan for the last five years. She has taught self-care skills to youth during after school programs and numerous day camps.

Date: Feb 9 - March 2 (Sat)
Time: 10 - 11:30 a.m. (4 sessions)
Fee: $10
Location: Riley County Extension Office

Early Talk

Do you have concerns in regard to your child's speech pattern? This class will center on a discussion of early speech and language (communication) development. Simulation techniques and material ideas will be shared. Birth to preschool years will be targeted. Bring your questions and concerns.

Deborah Thomas is a speech pathologist with 16 years experience. She has worked with infants to geriatric patients in hospitals, preschools, clinics, hospitals, public school, and university settings.

Date: Feb 11 (Mon)
Time: 9:30 - 10:30 a.m. (1 session)
Fee: $15 (includes packet of materials)
Location: UFM Conference Room

Children's Morning Play Group

Join us for an ongoing support group for at-home parents. The children will play while parents visit with other adults. Parents are responsible for their own children, no supervision is necessary. During inclement weather we will meet outside, and during inclement weather we will meet in homes of participants. Choose Wednesday or Thursday mornings. These groups have been in existence for 14 years.

Diane Hatch (776-9921) a mother of two, and Barb Stock (539-1279) a mother of four, are interested in getting children together for play, as well as giving at-home parents an opportunity to share and interact.

Date: Feb 6 - May 15 (West)
Time: 10 a.m. - noon (12 sessions)
Fee: $4
Location: Instructor will contact you for first meeting

Children's Morning Play Group

Date: Feb 7 - May 16 (Thurs)
Time: 10 a.m. - noon (15 sessions)
Fee: $4
Location: Instructor will contact you for first meeting

Generation in the Middle: You and Your Aging Parents

As parents become older and experience health problems, adult children are faced with the task of helping them, while at the same time meeting the many demands in their own lives. This class will explore some of the special challenges of helping aging parents and offer suggestions in finding solutions to these complex issues.

Rick Miller (332-5510) is an assistant professor at KSU in the Department of Human Development and Family Studies. He is a marriage and family therapist with a specialty in aging families.

Date: Feb 19 (Tues)
Time: 7 - 9 p.m. (1 session)
Fee: $6
Location: UFM Banquet Room

Fathers in Today's Families

Fathers, how many times have you asked yourselves, "Do I spend enough time with my child? In what quality time?" Learn to identify your strengths as a father. Find ways to improve your relationship with your child in areas of concern. Take this opportunity to work toward becoming the father you'd like to be.

Rick Miller (332-5510) and Rick Moody, fathers of two and three children, respectively, are affiliated with the Department of Human Development and Family Studies at KSU. They both maintain hectic schedules and are aware of the challenges of modern fathering.

Date: April 4 (Thurs)
Time: 7 - 9 p.m. (1 session)
Fee: $6
Location: UFM Banquet Room

People: Feelings, Relationships, and Environment

This class, which is designed for the professional childcare providers, focuses on the growing social and emotional abilities of young children. It stresses the importance of nurturing care and the use of guidance which helps children develop positive interpersonal relationships. The socio-emotional stages of Erik Erikson are used as a framework for the basic information of the course.

Session 1: Building trust and self-esteem
Session 2: Autonomy and make-believe
Session 3: Problem-solving through initiative and decision making
Session 4: Positive peer relationships
Session 5: Social Service Resources and planning of special events

Marie Barr, (776-9071) is the Executive Director of the Manhattan Day Care, Inc., and an approved trainer for Kansas Child Care Training Opportunities (KCCTO).

Date: Feb 18 - 22 (Mon - Fri)
Time: 7 - 9 p.m. (5 sessions)
Fee: $25 (includes book and handouts)
Location: KSU, Sutton Hall Room 256

Practical Parenting: Building Life Skills

Parents, how do you help your children (ages 4 - 12) develop the life skills that will determine their success throughout life? Join us for a discussion of how to activities that teach skills such as confidence, motivation, responsibility, problem-solving, and others.

Terry Carpenter (539-8783) is the Educational Program Coordinator at UFM.

Date: March 25 (Mon)
Time: 7 - 9:30 p.m. (1 session)
Fee: $5
Location: UFM Banquet Room
Food & Nutrition
1221 THURSTON 539-8763

Wok Cookery
The wok, a Chinese cooking vessel, is considered to be an old cookery method. Its popularity has increased dramatically because of encouragement to reduce fat in the diet. Learn the basic technique of stir-frying and cooking in a wok through a hands-on experience. Bring your appetite. If you have enjoyed the previous wok class, come and learn how to prepare two recipes consisting of an appetizer, a soup, and two entrees. If you have an electric wok, please bring it to class along with a sharp knife, a cutting board, and a large and several small plastic containers.

Sandra Freel is a Riley County Extension Agent. She has taught many wok cookery workshops.

Date: March 12 (Tues)
Time: 6 - 9 p.m. (1 session)
Fee: $10
Location: Potter Hall - Coca Park

The Upper Crust: Baking with Wholegrains
Interested in breadmaking? Or need help in perfecting your yeast bread? Participate in and learn the basic techniques for creating your own delicious yeast breads. We will prepare and review several types of breads.

Ellen Stuhr (537-8150) has a degree in Foods and Nutrition from Colorado State University and enjoys sharing her knowledge and experience related to food preparation. She has cooked at a retreat center in Colorado, catered for families and organizations, and taught many classes related to bread-making cooking.

Date: Feb 20 (Wed)
Time: 6 - 9 p.m. (1 session)
Fee: $10 (includes recipes and food samples)
Location: 811 Colorado

Introduction to Wine
In wine we trust! Pour wine from the vine to the glass including chemistry, geography, history, and viniculture. Sample various American and foreign wines. Participants must be over 21 years of age.

Lloyd Downpour (539-1823) is retired from KSU and is a member of the Society of Wine Educators. He is a wine maker, tends a small experimental vineyard, and has taught wine classes for many years.

Date: Feb 11, March 11, & 29 (Fri)
Time: 2 - 3:30 p.m. (5 sessions)
Fee: $25
Location: 2900 Sunnyside

Winter Soups and Stews
Need some meal ideas for those cold winter nights? Join us and see trick, hearty, but economical soups and stews prepared. These foods are a great way to turn leftovers into delicious, creative, & foolproof meals. If you have a favorite soup and stew recipes, bring them along to share.

Jason Lancaster (776-0478) enjoys cooking as a hobby. He has been a member of People's Grocery Co-op for over a year and particularly likes to create dishes which are made from natural foods and are economical.

Date: Feb 4 (Mon)
Time: 7 - 9 p.m. (1 session)
Fee: $10
Location: UFM Kitchen

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The American Dream: Affordable Home Ownership

Have you dreamed of home ownership only to be discouraged by an inflated market? Perhaps it’s time to consider the possibilities again! In many cases the housing market has reached a plateau creating an opportunity that were not available previously. Join us to discuss various methods of financing which could allow your dream to become a reality.

Jerry Lowneattin (537-2926) is a loan officer for Manhattan Federal Savings and Loan. He is interested in sharing his expertise to help others fulfill their housing needs.

Date: Feb 21 (Thurs)
Time: 7:30 - 9:30 pm (1 session)
Location: 800 Poyntz Avenue

The Purchase and Care of New and Used Lawn Mowers

Are you confused by the array of choices confronting you when you purchase a lawn mower? How do you decide between the purchase of a new or used lawn mower? Learn about how different mowers are made and the effect it has on price. Learn to compare the new versus used mower. Care and maintenance of your mower will be discussed including the proper oil and gas to use, blade sharpening, care of the filter, and changing oil and spark plugs.

Dee Forge (537-1240) has a B.S. in Agronomy. He has been gardening all his life and enjoys all aspects of landscaping. His hobby was mechanic, so Dee has had the opportunity to tinker around with mechanical projects for years. He does the basic maintenance and repairs of his own lawn mowers.

Date: April 8 (Mon)
Time: 7 - 8:30 pm (1 session)
Location: Waters True Value Hardware

Planned Planting: Tips on Landscaping

Does the arrival of spring creep in you a desire to beautify your yard? But where do you start? Come and learn which plant materials are adapted to the Manhattan area. We’ll talk about identification of plants and proper placement of plant materials. Plan on touring a local nursery during the second session.

Alan Ladd has been a Riley County Extension Agent for 12 years.

Date: April 30 & May 7 (Tues)
Time: 7 - 8:30 pm (2 sessions)
Fee: $6
Location: Potatoes Hall, CCo Park

Hang it Up: Home Decorating with Wallpaper

Want to spruce up your home with wallpaper? Take this opportunity to see various types and styles of wallpaper. We’ll discuss techniques of paperhanging and surface preparation. Learn what you need to know before you choose your paper. This class is geared toward the do-it-yourself enthusiast, but will help anyone who uses professional paperhangers to better communicate their wishes to the paperhanger and wallpaper dealer. Bring your questions, your wallpaper problems, and a notebook.

Claude Jones (776-6742) graduated from KSU with a degree in Interior Design. She manages the wallpaper and window Shade section at Crown Decorating. Claude and Jane Kempthorne have been professional wallpaper hangers for a number of years in Manhattan.

Date: Feb 28 (Thurs)
Time: 7 - 9 pm (1 session)
Location: Crown Decorating

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Manhattan Interfaith Seminars
1221 THURSTON 539-8763

Manhattan Interfaith Seminars
The Manhattan Interfaith Seminars is a venture developed for those who want to learn about faith and living. The seminars are designed to invite participation and interaction from a broad cross-section of our community. These non-credit classes meet for a series of discussions with instructors from a variety of religious and philosophical traditions.

What are the benefits of participating in these seminars?
Participating in the seminars can provide a unique opportunity to explore the role of religion and religious thought in our world today. The seminars often feature discussions with experts in various fields, allowing you to gain a deeper understanding of different perspectives and beliefs. You can also connect with others who share your interests and engage in thought-provoking conversations.

The Metaphysical and Mystical Tradition in Christianity
Jesus Christ said, "The Kingdom of Heaven is within you." St. Paul wrote of the "Christ in you, your life of glory." Down through the ages in the midst of darkness and turmoil humanity has always been voices within Christianity who trusted in the unappraisable goodness of God, the Divine spark within human beings, the power of constituents to change the world, and the importance of finding truth directly from the Source through prayer and meditation. Come and hear these voices.

Liberation Theology
Does God take sides? Liberation theology says "Yes," that God maintains a preferential option for the poor." Liberation theology understands the actions of many of those striving for justice in Central America, in the women's rights movement, and in the Black rights movement in America. We will undertake a general survey of liberation theology, tying it with its Biblical base and ending with its social implications.

Judaism
Our group discussions will center around fundamentals of Jewish religion, Biblical interpretations, rabbinical literature, ethics, philosophy, rituals, symbols, and customs, and especially your questions and comments.

Comparative Mystical Traditions and Meditative Practices
This six-week series will focus on the world's many traditions of spiritual or religious expression. A film covering a particular view/tradition will be shown, followed by a discussion with a person of that particular tradition. Films include "The Diamond Sutra," "Buddhism, Man and Nature," "The Art of Meditation," "The Silent Way" (Zen mysticism), and a look at Judaism.

Sharon Powers
Date: March 7 - 20 (Thurs)
Time: 7:30 p.m. (4 sessions)
Fee: $5
Location: University Campus Ministry
1021 Denison

A Prayer For Owen Meaney
John Irving's latest novel will launch us into a lively discussion about vocation and character, and offers us a unique opportunity to explore the role of religion and religious themes in current American art and culture. A Prayer For Owen Meaney is available in paperback at most bookstores and newsstands. It raises interesting questions about how the future shapes the present.

WHAT DID WE FORGET?

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I am willing to lead a class on:

Brochures:

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IFM KANSAS CELEBRATION & CHILL FEED
11 a.m. - 7 p.m.
Saturday, January 26, 1991
chili, relishes, drink, dessert

1221 Thurston
$3 adults
$2 (ages 10 and under)

Activities, Demonstrations, Class Registrations

AMERICAN BAPTIST CAMPUS MINISTRY
BAPTIST CAMPUS CENTER
1801 ANDERSON 539-3051

Theology, Classifications, Resources in Social Issues, Sharing Groups, Personal Consultations, UFM Classes
Call for specific times and dates
CAMPUS MINISTER - DAVE STEWART

UNITY Church of Manhattan
"A spiritual family dedicated to the transformation of consciousness.

Sundays at UFM, 1221 Thurston
9:45 a.m. Class 11 a.m. Service
Wed. at ECM, 1021 Denison
7:30 p.m. Joy Service
537-6120 Everyone's Welcome

THANK YOU ADVERTISERS for your faithful support.
Tennis for Fun

Enjoy playing tennis, but having a difficult time finding partners? Brush up on your skills while playing tennis for fun. Please bring a racket and tennis balls.

Judy Klawer (776-7082) has taught beginning tennis for six years and has played competitive tennis in the Manhattan and Topeka areas.

Date: April 7 – May 19 (Sun)
Time: 8 – 10 a.m. (7 sessions)
Fee: $11
Location: KSU Washburn Tennis Courts

Fundamentals of Kayaking

Experience the challenge of kayaking! We will study equipment, paddle techniques, fast water maneuvers, and practice American Red Cross safety techniques.

Paul Sodeman (3-349-2340) is a certified Red Cross kayak instructor/leader.

Date: Feb 5, 17 & March 3 (Sun)
Time: 9 a.m. – 12 noon (1st session)
9 a.m. – 1 p.m. (all other sessions)
Fee: $30 (includes equipment rental)
Location: UPF Firelace Room (1st session)
KSH Natatorium (all other sessions)

Volleyball for Fun

Indoor volleyball can provide low-key competition, exercise, and a good time. Beginners and advanced players are invited to join us each week for informal games. Get the exercise you need and the recreational fun you desire.

Lori Morales (339-8867) has played UPF Volleyball for many years.

Date: Feb 5 – May 23 (Tues & Thurs)
Time: 6:30 – 8:30 p.m. (12 sessions)
Fee: $53 (plus $31 material fee collected by instructor at first class)
Location: Douglas Center
601 Yuma

Golf for Beginners

Learn to play golf. Geared for beginners and intermediate players, the fundamentals of the full swing, short game-blocking, chipping, and putting will be covered. Get some fresh air and find out if golf is the sport for you.

Jim Gregory (539-1044), PGA Golf Professional, is the golf pro at Stagg Hill Golf Course.

Date: March 28 – April 11 (Thurs)
Time: 6 – 7 p.m. (6 sessions)
Fee: $30 (includes golf club rental)
Location: Stagg Hill Golf Course
4447 Fort Riley Boulevard

Golf for Beginners

Date: April 18 – May 2 (Thurs)
Time: 6:30 – 7:30 p.m. (2 sessions)
Fee: $20 (includes golf club rental)
Location: Stagg Hill Golf Course
4447 Fort Riley Boulevard

Ballroom Dance

Ballroom dancing is back! Time, Newsweek, and Smithsonian report that ballroom dancing is popular throughout the U.S. Manhattan is no exception. Join the hundreds of people who have learned to dance with UPF. You will learn to Foxtrot, Waltz, and Swing. By the end of seven weeks you will be able to perform numerous variations. You will be dancing around the expansive floor. So, bring a partner or just learn how to dance with someone in your arms. Classes fill early and it is advisable to register early.

Date: Feb 11 – April 1 (Mon)
(no class March 11)
Time: 7 – 8:30 p.m. (7 sessions)
Fee: $24
Location: To be announced

Ballroom Dance

Date: April 8 – May 20 (Mon)
Time: 7 – 8:30 p.m. (7 sessions)
Fee: $24
Location: To be announced

Ballroom Dance

Date: April 8 – May 20 (Mon)
Time: 6:30 – 7:30 p.m. (7 sessions)
Fee: $24
Location: To be announced

Michael Renneur (776-7557) has trained in Ballroom Dance at U.C. Berkeley, Madonia Ballroom, San Francisco, Alhambra Ballroom, Oakland, CA; Chicago Dance Studio, Chicago, IL; and Avenue Ballrooms, San Francisco. He was the 1986 San Francisco Avenue Ballroom Interchange Champion.
RECREATION & FITNESS (Continued)

Canoes & Kayaks Roll Clinic
Do you want help with your canoe or kayak roll? American Red Cross instructors and club "roll monsters" in K-1, OC-1, and C-1 will be on hand to offer advice and hands-on practice for club members and kayakers. Complete with videos, instruction, and the great pool facilities at KSU, enrollment will be on a first-come, first-serve basis. Limits on numbers of open and double boats will allow adequate space. Bring your boat (completely outfitted with fastening, PFD, bilge pumps, paddles, gear, and nose clips). PLEASE NOTE: Your boat must be completely washed inside and out prior to pool use!!! Shower facilities are on site.
T.J. Hult (539-7772) and Scott Daffens (1-286-2217) are coordinators for this class.

White Dragon Kung Fu I
This Kung Fu style combines hard, soft, and internal methods of martial arts. Beginners will learn basic techniques, self-defense drills, and one-step sparring. Wear comfortable clothing.

| Date: | April 2 - April 28 (12 sessions) |
| Time: | 7 - 8 p.m. (Tues. & Thurs.) |
| Fee: | $33 |
| Location: | KSU Abearn Fieldhouse |

White Dragon Kung Fu II

| Date: | April 30 - May 26 (12 sessions) |
| Time: | 7 - 8 p.m. (Tues. & Thurs.) |
| Fee: | $33 |
| Location: | KSU Abearn Fieldhouse |

Hakko Ryu Jujitsu
Hakko Ryu is a form of self-defense oriented grappling type of martial art. Not an exercise form of martial arts, students will concentrate on 2-person waza, solo walking exercises, and self-defense theory and techniques. Hakko Ryu is related to kendo, yet allows a less active style, and more subtle, gentle techniques acceptable for use in modern society.

| Date: | April 7 - May 26 (Sat) |
| Time: | 4 - 5 p.m. (6 sessions) |
| Fee: | $21 |
| Location: | KSU Abearn Fieldhouse |

UFM is...

UFM is the oldest "free university" in the nation. Organized in 1968 as an experiment to provide an atmosphere for discovery with no grades or credits, UFM has evolved as a non-profit community-based education program. A central premise of the UFM philosophy is that within any community there are resources, including community agencies, residents, and facilities, which may be used to integrate education with living in both practice and concept.

Each year UFM helps connect hundreds of volunteer teachers with thousands of learners. UFM helps connect the university and the community, young and old, poor and rich, old and new residents with each other.

The connections that have happened through classes have led UFM to become involved in other concerns and projects. If you would like to learn more about these projects, call UFM and ask for additional information.

Executive Director - Linda Inlow Tenner
Campus/Community Classes - Terry Carpenter
Community Resource Act - Anita Madison
Lee Douglas Lecture Series - Karen McCullough
Manhattan Community Gardens - Evelyn Campbell
Edible Landscape - Evelyn Campbell
HO.M.E. (Home Owners Maintenance and Energy) Program - Larry Gabriel
Adult Education for the Homeless - Michael Cody
KSU Student Literacy Corps - Karen McCullough
Pottery Studio - Sharon Jackson
Meeting rooms - Linda Thomson

In all these ways UFM helps make connections, bringing university and community resources together. It is the goal of UFM to continue to bring together people to identify other needs in the community and work to meet those needs. With the help of volunteers and student interns, UFM has often become an umbrella organization for new projects. Let us hear your ideas.

4TH ANNUAL UFM USED BOOK & PLANT SALE
MARCH 2
10:00 a.m. - 5:00 p.m.
Manhattan Town Center
Court Yard west of Penney's
Donations of books welcomed after Feb. 1 at University for Man, 1221 Thurston
Watch for collection barrels at your area grocery store.

THANK YOU ADVERTISERS for your faithful support.

KREEM KUP STORE
ICE CREAM - SANDWICHES
OLD TOWN MALL SHOPPING CENTER
17th and Yuma
1 mile south of campus
39 Years of Service Open Year-Round

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OLD TOWN MALL SHOPPING CENTER
17th and Yuma
1 mile south of campus
39 Years of Service Open Year-Round
Introduction to Zen Philosophy and Practice

Zen Buddhism philosophy aims at enlightenment by direct intuition through meditation. Join us for discussion and practice of Zen meditation (Zazen) with a major focus on the zendo tradition or "school." Other traditions will also be discussed. Please bring a cushion to sit on in class.

Leo Rampersad, (532-6459) a professor with the KSU Psychology Department, and Al Potter, a medical technologist in the veterinary school, have studied Zen for several years and are affiliated with the Minneapolis Zen Center and the Manhattan Zen Group.

Date: March 20 - April 3 (Wed) April 11 (Thurs)
Time: 7:30 - 9 p.m. (4 sessions)
Fee: $12
Location: UFM Conference Room

Sack Lunch Theology

This long-running popular class has explored a variety of subjects in the past from books such as God, the Economist, The Power Myth, Creation Spirituality, and Stewardship of the Land. The booklet selected for this semester will be available upon registration. The cost of the text is approximately $12, payable at the first class session.

Susan Sawyer (539-3051) is a campus minister and has participated in the Sack Lunch Theology previously.

Date: Feb 4 - March 25 (Mon)
Time: 11:30 a.m. - 1 p.m. (8 sessions)
Fee: $5
Location: Baptist Campus Center
1011 Anderson Avenue

Introduction to the Philosophy of Gurdjieff and Ouspensky

Explores the psychological system of the two Russian philosophers and teachers, Gurdjieff and Ouspensky. Their philosophy seeks to join Eastern traditions with Western needs, emphasizing a system of self-development grounded in verification through personal exercise, directions, and waiting wisdom from Ouspensky's A Psychology of Men's Possible Evolution.

David Seamon (539-8852) has been active with Gurdjieff's work for 15 years. He has studied with J.G. Bennett, a pupil of both Gurdjieff and Ouspensky.

Date: Feb 7 - March 21 (Thurs)
Time: 7:30 - 9:30 p.m. (7 sessions)
Fee: $10
Location: UFM Greenhouse

Living Originally

Are you searching for life's deeper meaning? Join us for an introduction to the "work" of inwardness, learning Gestalt (experiential) methods of awareness, and the methodology of Carl Rogers, to be used to explore personal meanings in dreams, myths, and other expressions of the unconscious. The work of inwardness is a process by which we learn to listen to our inner self and begin living from our deep origins.

Marlyn Mick (537-8042) has facilitated groups and has been deeply involved in the work for ten years. She is affiliated with The Collegium, Center for Integral Education, R.C. 540, and is currently a graduate student at KSU.

Date: Feb 20 - March 13 (Wed)
Time: 7 - 9 p.m. (4 sessions)
Fee: $10
Location: UFM Conference Room

Grandchildren of Pioneers: Reminiscing

Do you remember hearing stories of the pioneer days through grandparents or other relatives? Would you like to share old family pictures or trade tales from the past? Come and share in an evening of memories. We'd like to plan to take part in some historical tours in the Spring.

Dwain Jones (537-9796) is the grandson of who arrived in Kansas in 1870. He is interested in the history of Manhattan's City Park and the Oregon Trail through Kansas. He would like to share his interest with other pioneer descendants in an effort to preserve and transmit valuable local history.

Date: Mar 13 (Wed)
Time: 7:30 - 9 p.m. (1 session)
Fee: $2
Location: UFM Banquet Room

Gracefrid of Pioneers: Reminiscence

Date: Mar 13 (Wed)
Time: 7:30 - 9 p.m. (1 session)
Fee: $2
Location: UFM Banquet Room

Who's In Charge of My Life?

Are you fulfilled? Do you want to make changes in your life, but aren't sure where to begin? You are not alone! Participate in a workshop where through various activities seek to get in touch with the desires of your heart.

Date: Feb 23 (Sat)
Time: 1 - 4 p.m. (1 session)
Fee: $3
Location: Ecclesiastical Ministries
1021 Denison

Prosperity Principles for Successful Living

Could you use more joy, creativity, and financial well-being in your life? The convener will introduce practical, spiritually-based ideas for changing your belief system. Make room for greater abundance in your life!

Date: March 9 (Sat)
Time: 1 - 4 p.m. (1 session)
Fee: $7
Location: Ecclesiastical Ministries
1021 Denison

The Inner Child: Healing the Hurt

Do you ever ask yourself "What is wrong with me?" Even as adults we may exhibit non-productive behaviors that result from personal, spiritual, or emotional wounds from our childhood. How do we learn to accept our feelings and reflect upon the deep aspects of our personality? This class is a non-threatening introduction to the incorporated issues of abandonment, shame, addiction, offense, and anger. A program toward spiritual recovery will be introduced.

Date: Feb 9 (Sat)
Time: 1 - 4 p.m. (1 session)
Fee: $7
Location: Ecclesiastical Ministries
1021 Denison

Sharon Powers (539-8416) has B.S. and M.A. degrees in human development. She has dealt with these issues in her own life and would like to share with others. She is a licensed Unity teacher and the spiritual leader of Unity Church of Manhattan.
Beginning Spanish

Are you interested in learning to speak Spanish? Geared for beginning students, this course will cover Spanish vocabulary, grammar, pronunciation, and easy conversations.

Ana Maria Briaca speaks Spanish fluently and is willing to share her knowledge with others.

Date: Feb 12 - April 23 (Tues)

Time: 7 - 8 p.m. (12 sessions)

Fee: $25

Location: KSU Bramson Hall Room 108

Intermediate Spanish

Interested in expanding your present knowledge of Spanish? Intermediate Spanish will allow you to increase your skills in Spanish grammar, reading, and conversation.

Dayna Salone (539-7630) is a Costa Rican native who has taught Spanish at Kansas State University.

Date: Feb 17 - May 20 (Mon)

Time: 7 - 8 p.m. (14 sessions)

Fee: $25

Location: UFM Conference Room

Beginning Dutch

Take this opportunity to learn beginning Dutch while discovering its relationships to German and English. Explore the country, customs, culture, and currency of the Dutch people while learning the basic vocabulary and grammar of the language.

Jan van Oosten, (539-2889) a Dutch student at KSU, comes from Roosevelt, the Netherlands, and has studied German in Leiden (The Netherlands) and Freiburg (Germany).

Date: Feb 13 - April 24 (Wed)

Time: 7 - 8 p.m. (10 sessions)

Fee: $25

Location: KSU Bramson Hall Room 111

Introduction to Sign Language

Would you like to comprehend these nimble fingers and hands that move eloquently to convey a message?? Receive an introduction to sign language, communication, and deaf culture. Participate in games used to teach and improve your signing and communication skills. Beginners and advanced signers are encouraged to take this class.

Kim Monsch (537-1605) is a junior in Human Development and Family Studies. She has taught sign language classes for the past two years at Leavesworth. Kim was born deaf and sign language was her first form of communication.

Date: Feb 7 - May 16 (Thurs)

Time: 7 - 8 p.m. (14 sessions)

Fee: $25

Location: UFM Conference Room

Beginning French

Are you interested in learning the French language? Take this opportunity to learn about the French language, culture, and customs. Geared for beginning students, this course will cover French vocabulary, grammar, pronunciation, and easy conversations.

Nicole Brandl's husband, and three children are residing in Manhattan for one year. She is an elementary school teacher in France.

Date: Feb 12 - May 7 (Tues)

Time: 6:30 - 7:30 p.m. (12 sessions)

Fee: $25

Location: KSU Junior Hall Room 256

The Art of Public Speaking

Nervous about speaking before others? Develop confidence in this important area. Learn about different speaking methods. Participate in this class through prepared and extemporaneous talks on many different subjects. Everyone will gain confidence. This course is for the shy and to the confident speaker who just needs a little polishing.

Till Frenz (537-4905 or 539-7909) is a registered representative for Waddell & Reed. She has taught Public Speaking previously.

Date: Feb 7 - April 11 (Thurs)

Time: 7 - 9 p.m. (10 sessions)

Fee: $15

Location: #45 East Poyntes

English Conversation Seminar

Become more confident about using spoken English through discussion of current topic topics. This course is geared toward students who are interested to advanced in their use of spoken English, but desire further practice to gain confidence.

Kelly Hansen is an anthropologist major who has traveled English as a second language for over three years. She is currently learning a second language and knows the frustration of not always being able to express her thoughts in a language other than her own. She is a member of the Intercom. Coordinating Council and plans to pursue a M.A. in English as a Second Language.

Date: Feb 12 - April 9 (Tues)

Time: 7 - 9 p.m. (8 sessions)

Fee: $15

Location: UFM Conference Room

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Native American Workshop

Participate in native American ways. Use sage, cornmeal, and simple gifts of the Earth to honor all creation as the Indians have done for centuries. Learn about Indian culture as the Nellis family of Arapahoe, Cheyenne, and Navajo origin dances for Indians in traditional beautiful pow-wows attire. Participate in the formation of a native American medicine wheel made from feathers and stones which represent the Creator, Earth Mother, Father Sun, the four directions, and the months of the year.

Jaye Link (539-7851) and Pat Emberly (539-2829) enjoy sharing their love of the Indian culture with community members of all ages. The Nellis family, known in area schools and clubs, have enriched our community through the sharing of their native culture.

Date: April 7
Time: 10 a.m. to 12 Noon (1 session)
Fee: $30
Location: UFM Fireplace Room

Red Cross Babysitting

Become a certified babysitter. Youth, age 11 or older, will learn the skills and functions of babysitting. This course teaches babysitting techniques to prevent home accidents and handle emergencies. Participants are shown how to identify the characteristics of children at different ages, select safe toys and games, supervise children, and provide basic care skills such as feeding and dressing. Full attendance is required for certification. This class is being held during Spring Break.

Leslie Rose (527-2100) has been on staff at the American Red Cross since 1981. As a member of their staff, she knows the skills and activities that are valuable to parents when they hire babysitters.

Date: March 18 (Thurs)
Time: 9:00 a.m. to 4:30 p.m. (1 session)
Fee: $10 (includes handbook and course)
Location: American Red Cross Office

Flying Paper Airplanes

Paper airplanes that soar, loop, curve, and glide are easy enough for the whole family. There are dozens of types other than the typical dart and we’ll fold and fly all of them. We’ll fold, fly, have contests, and award prizes. Class members will be given a catalog of unaltered styles. Join us for fun! Ages 9 - 13.

Lee Schall (539-6540) and Ralph Fontana have folded and flown paper airplanes for years and have an extensive library. They taught this class once before and had a great time.

Date: March 23, 30, & April 5 (Sat)
Time: 11 a.m. to 12 Noon (3 sessions)
Fee: $5
Location: Marlatt School

The World of Nature: An Indoor Environmental Experience

For nature lovers! This series will focus on a different subject each month. Bring the outdoors in! Learn about our natural resources, the relationship between our wildlife, and the plants and animals that live in our area. The class is designed for an adult and one or all children. This course is being conducted in cooperation with the Northern Hills Audubon Society and the South Dakota Audubon Society.

Monta Maroney (537-0626) has a background in science education. She has teaching experience at several levels, and is presently the chairperson of the Educational Committee of the Northern Hills Audubon Society.

Date: March 2, April 6, & May 4 (Sat)
Time: 10 a.m. to 12 Noon
Fee: $10 for series or $4 per session
Location: UFM Banquet Room

Spring’s Coming!

Explore the coming of Spring. Look at plant materials. Make a bird feeder from natural or recycled materials.

Date: March 2 (Sat)

Celebrate Audubon Month!

Take a hike, try a hike, learn a little more about the Audubon Society and participate in a craft activity.

Date: April 6 (Sat)

Field Trip Enrichment

How can you receive the most from a field trip experience? Learn how to identify certain groups of plants. Enjoy working on an arachnid project.

Date: May 4 (Sat)
YOUTH (Continued)

Making Gifts for Mother’s Day
Kids, want to make a one-of-a-kind gift for the special lady in your life? Join us! You will make a gift card, and wrap your creation so it will be a surprise.

Terry Carpentier (339-8763), mother of two, is educational Program Coordinator at UFM.

Date: May 1 (Fri)
Time: 4 - 5 p.m. (1 session)
Fee: $5 (includes materials)
Location: UFM Banquet Room

Parent-Teacher Conference Enrichment Days
Parents, provide your children (grades 1 - 4) some supervised fun and activity during March Parent-Teacher Conference days. Children join us for mini-courses which may include arts and crafts, music, cooking, Horticulture, and others. For further information call UFM (339-8763). We'll have a great time!

Date: March 25 (Thurs)
Time: 8 a.m. - 5 p.m. (1 session)
Fee: $14/day; $8/half day (includes materials)
Location: UFM Banquet Room & Kitchen

Catherine L. Fung, M. Ed., hosts
UNIVERSITY FOR MAN
on 27
The Learning Channel
where local cable originates
Tuesdays at 6:00 p.m. and Wednesdays at 5:30 p.m.

Jan. 1 & 2: From Wonder to Wisdom with Dr. Charles Smith
8 & 9: Financial Planning with Bill Walsh, Part 1
15 & 16: Financial Planning with Bill Walsh, Part 2
22 & 23: Tales of Whales with Drs. Charles & Margery Oakleaf, Part 1
29 & 30: Tales of Whales with Drs. Charles & Margery Oakleaf, Part 2
Feb. 5 & 6: Wheat an Expression? with artist Stanley Hersh
12 & 13: Handbell Ringers, St. Valentine's Serenade
19 & 20: Travel with Nancy Dailey
26 & 27: Getting Acquainted: Friends from Saudi Arabia

Mar. 5 & 6: The Dusty Bookshelf with Diane Meredith
12 & 13: A Reun (Spring Break)
19 & 20: Environmental Research with Dr. Sam Cumber
26 & 27: Pots, Pans, and Woks with Trish Jefferson
Apr. 2 & 3: Making Ice Cream with Jim and Joe Johns
9 & 10: Language Institute with Dr. Loren Alexander

Questions We’re Often Asked
1. When should I register?
Registration begins January 8 and continues until classes have filled or started. We encourage you to sign up early to assure getting a space in the class you want. Please do not go to the class unless you have registered with our office.

2. How do I sign up?
You may register in person, through the mail with the registration form at the back of this catalog, or by phone, using your MasterCard or Visa.

3. When do I pay?
Payment is made at the time of registration. If you enroll over the telephone (with a MasterCard or Visa), you are added to the course roll immediately. If you register in person or by mail, we enroll you the day we receive your payment.

4. Are there fees to pay in addition to the course fee?
We are glad to announce that starting this spring, UFM has eliminated the course registration fee. In some courses, however, you will be given a supply list and asked to bring your supplies to class. We will make every effort to designate these courses in our catalog.

5. When is the office open?
Our office hours are 8 a.m. - 5 p.m. Monday through Friday.

6. Will I receive a confirmation?
You will receive a confirmation only if you have registered by phone with MasterCard or Visa, or upon request.

7. What if a course is cancelled or rescheduled?
When we cancel or reschedule a class, we'll call you. For this reason, it's extremely important that we have both a daytime and an evening phone number where we may reach you or leave a message. You are welcome to call our office the day your class meets to find out if there are any changes. We reserve the right to cancel any class.

Can I get a refund?
We'll give you a full refund if we cancel your class. If you decide to withdraw before the class begins, and you tell us 48 hours before the starting date, we'll send you a refund. We do, however, keep a $2 processing fee.

21
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Jackie Spade and Mead Holling

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Cliff and Christine Roan
Mark Robb
Ron Reid Associates, Architects
Sally Rountree
Sakatka and Co.
Phoebe and Frank Salmon
Rich and Donna Seidler
Ray and Phyllis Shane
Rem and Sue Shawk
Gary Coates and
Susanne Shatto/Coates
Bruce and Leslie Snood
Sourni Sperling
Barbara S. Stege
Vicki Stader

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James and Jean Smith
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Anja Teasley
Charity TerPelt
Nancy Thompson
David Verscheiden
Wal-mart Store $1-100,000
Kevin and Karen Wall
Ray and Patrizia Weisner
Alfred and Phyllis Weyer</p>
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Jean Bigbee
Leonard Bishop
Nicole Branlard
Ana Maria Brescia
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Beverly Brzuchalski
Marti Burris
Evelyn Campbell
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Deb Rosproy
Tim Rues
Sally Routsen
Karl Russell
Phoebe Samelson
Susan Sawyer
David Seamon
Lea Schell
Portia Sisko
Paul So damann
Deyanira Solano
J. Edgar Spencer

What are volunteers?

Volunteers are like FORD
They have better ideas
Volunteers are like COKE
They are the real thing
Volunteers are like PAN AM
They make the going great
Volunteers are like PEPSI
They've got a lot to give
Volunteers are like DIAL SOAP
They care more; don't you wish everyone did?
Volunteers are like VOS HAIRSPRAY
Their goodness holds in all kinds of weather
Volunteers are like HALLMARK CARDS
They care enough to give the very best
Volunteers are like STANDARD OIL
You expect more and you get it
BUT most of all, VOLUNTEERS are like FROSTED PLAKES...
They're GREEEXAAAATT!!!

WE'RE STEPPING OUT...

Community Registrations

For your convenience the following dates and locations have been scheduled for on-site registrations...

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>January 14</td>
<td>11 a.m.</td>
<td>K-State Union</td>
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<tr>
<td>January 15</td>
<td>11 a.m.</td>
<td>K-State Union</td>
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<td>January 19</td>
<td>11:30 a.m.</td>
<td>Town Center</td>
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<td>January 22</td>
<td>5 - 7 p.m.</td>
<td>Public Library</td>
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<tr>
<td>January 24</td>
<td>5 - 7 p.m.</td>
<td>Public Library</td>
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Registration continues throughout the semester at the UFM House from 8 a.m. - 5 p.m. (Closed Noon - 1 p.m.)

DON'T GET SHUT OUT!

Register early:
- So we can notify you of any course changes.
- So you can be assured of space in the course.
- So the instructor knows for how many students to prepare.

Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you hear from us that the class is full. Feel free to call us to inquire about our receipt of your registration.

4TH ANNUAL UFM USED BOOK & PLANT SALE

MARCH 2
10:00 a.m. - 5:00 p.m.
Manhattan Town Center
Courtyard west of Penney's

Donations of books welcomed after Feb 21 at University for Man, 1221 Thurston

Watch for collection barrels at your area grocery store.
Registration By Mail

Complete the registration form and mail the form with your check, money order, or credit card number to:

UMF
Class Registrations
1221 Thurston
Manhattan, Kansas 66502-5299
You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

Registration By Phone

With your VISA or MasterCard number and expiration date ready, call (913) 539-8763 during regular business hours. A minimum of $5 can be accepted.

Registration In Person

Stop by UMF, 1221 Thurston anytime between 8:00 a.m. and 5:00 p.m., Monday through Friday (closed 12:00 noon to 1:00 p.m.).

FOR YOU...

<table>
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<tr>
<th>CLASS #</th>
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<th>FEES</th>
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I hereby authorize the use of my Visa [ ] Master Card [ ]

Signature: __________________________

Card # __________________________
Expiration Date: ____________
(Choose all that apply)
KSU STUDENT [ ] Fr [ ] So [ ] Jr [ ] Sr [ ] Or
EMPLOYER [ ] KSU Faculty/Staff [ ] Fort Riley Personnel

WHERE DID YOU OBTAIN YOUR CATALOG?
Yes _____ No _____

A class I would like offered is ________

OFFICE USE ONLY

Date received Entered Computer Fee
Check Visa M/C Voucher
Amount __________ TOTAL PAID __________

FOR A FRIEND...

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<th>CLASS #</th>
<th>TITLE</th>
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