UFM
1992
Summer Classes
(June-August)
Table of Contents

Information ........................................................................................................... 15
Cancellation of classes .......................................................... 15
Inclement Weather .......................................................... 15
General Policies .......................................................... 15
Map .......................................................................................... 2
Registration Forms .............................................................................. 16
Registration Information .......................................................... 3, 15, 16
Scholarship Information .......................................................... 12, 14
University Credit Information .................................................. 15

Classes .......................................................................................... 4-5

Aquatics ..................................................................................... 4-5
*Red Cross Swim Lessons

Business & Professional ....................................................... 9

Creative FreeTime ........................................................................ 6-7
*Books
*Writing Poetry
*Crafts
*Foods

Earth & Nature ........................................................................... 8

Languages .................................................................................. 10

Martial Arts ................................................................................ 12

Our Community and Beyond .............................................. 10

Personal Development .......................................................... 11
*Family Relations
*Zen

Recreation and Health ............................................................ 13
*Sports Lessons
*Ballroom Dance
*Standard First Aid/CFR

Youth .......................................................................................... 14

USE REGISTRATION FORM on back cover.
## THANKS TO OUR UFM VOLUNTEER INSTRUCTORS

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Department</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aggie Bike Shop Staff</td>
<td>Ennell Foerster</td>
<td>Tony Lugibill</td>
</tr>
<tr>
<td>Dale Anderson</td>
<td>Fred Freybo</td>
<td>Mckall Patten</td>
</tr>
<tr>
<td>Michael Bennett</td>
<td>Dawn George</td>
<td>Company Staff</td>
</tr>
<tr>
<td>Virginia Bennett</td>
<td>Jim Gregory</td>
<td>Karen McCulloh</td>
</tr>
<tr>
<td>Helen L. Bontrager</td>
<td>Colleen Hampton</td>
<td>Bernie McDonald</td>
</tr>
<tr>
<td>Classy Cats</td>
<td>David Harbaugh</td>
<td>Dave Maranville</td>
</tr>
<tr>
<td>Lorrie Cross</td>
<td>Mark Healy</td>
<td>Dr. Richard Mattson</td>
</tr>
<tr>
<td>Waed Davis</td>
<td>Beth Hughes</td>
<td>LeAnn Mease</td>
</tr>
<tr>
<td>Radka Dohring</td>
<td>Job Corp Staff</td>
<td>Mike Milleson</td>
</tr>
<tr>
<td>Deb Ewing</td>
<td>Duane Kerr</td>
<td>Georgia Mueller</td>
</tr>
<tr>
<td>Jeffrey Fellin</td>
<td>Dr. F.C. Lanning</td>
<td>Keith Mueller</td>
</tr>
<tr>
<td>Pat Palin</td>
<td>Sun Yi Academy</td>
<td></td>
</tr>
<tr>
<td>Clark Peters</td>
<td>Linda Teener</td>
<td></td>
</tr>
<tr>
<td>Rob Petter</td>
<td>Gene Towne</td>
<td></td>
</tr>
<tr>
<td>Al Potter</td>
<td>Margaret Turner</td>
<td></td>
</tr>
<tr>
<td>Leon Rappoport</td>
<td>Pochi Watanabe</td>
<td></td>
</tr>
<tr>
<td>Deb Rosepoy</td>
<td>Nellie Weathers</td>
<td></td>
</tr>
<tr>
<td>Peritia Sicco</td>
<td>Jeff Wilson</td>
<td></td>
</tr>
<tr>
<td>Natalie Smith</td>
<td>Robert Wilson</td>
<td></td>
</tr>
<tr>
<td>Marry Stewart</td>
<td>Stan Wilson</td>
<td></td>
</tr>
<tr>
<td>Deann Stramel</td>
<td>Norm Winter</td>
<td></td>
</tr>
<tr>
<td>Les Streit</td>
<td>Sadiah Yusof</td>
<td></td>
</tr>
</tbody>
</table>

## COMMUNITY REGISTRATIONS
For your convenience the following dates and locations have been scheduled for on-site registrations...

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 20</td>
<td>11 am</td>
<td>Wal-Mart</td>
</tr>
<tr>
<td>May 30</td>
<td>10 am</td>
<td>Wal-Mart</td>
</tr>
<tr>
<td>June 2</td>
<td>5 pm</td>
<td>Public Library</td>
</tr>
<tr>
<td>June 8</td>
<td>10 am</td>
<td>KSU Union</td>
</tr>
</tbody>
</table>

Registration continues throughout the semester at the UFM House, 1221 Thurston, from 8:30 am - 5 pm. (closed 12 Noon - 1 pm).

## MAILED REGISTRATION
Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you hear from us that the class is full. Feel free to call us to inquire about our receipt of your registration. You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

---

## UFM POTTERY COOPERATIVE
The Pottery Studio is a facility available to anyone who feels confident working alone. No instruction is provided. The studio is a self-supported facility run by members for members.

Your membership entitles you to 12-1/2 lbs. of clay every four months, all the recycled clay you can produce (to be used at this studio only), kiln space and glazes. In order to cover material and facility costs, the membership is based on a cash fee and in-kind contributions.

### ANNUAL MEMBERSHIP
- Cash fee: $60

### OTHER MEMBERSHIPS
- 4 months Cash fee: $28
- 8 months Cash fee: $46

### IN-KIND CONTRIBUTIONS
- *Co-teach classes or workshops*
- *Locate teachers for classes or workshops*
- *Assist with other income producing projects*

Any member signing up for a period of more than four months will be expected to participate in one or more of the above in-kind contributions.

Studio open during UFM building hours or by arrangement.

NEW COORDINATORS

For further information Call UFM 539-8763

---

## UFM CLASSES MAKE GREAT GIFTS!
Swim Classes

UPM, through the Division of Continuing Education at KSU, and in cooperation with the American Red Cross is pleased to present Red Cross-certification to participants that successfully pass Beginners, Advanced Beginners, Intermediate, Swimmers, Basic Water Safety, Emergency Water Safety and Swim and Stay Fit programs. Classes are taught by certified American Red Cross Water Safety Instructors.

All swim classes are held in the KSU Natatorium. Lockers are available for use during class. Participants must supply towels and swimsuits. Showers are required before entering the water.

Note: Minimum enrollment for all classes is 5. If less than 5 enroll, classes of the same level may be combined or cancelled. You may be asked to show record of having passed prerequisite courses.

Stephanie Nicholson, Swim Coordinator, has extensive experience teaching all levels of American Red Cross classes and has instructed hydrobetics and other swim classes for several years.

Session I: June 6-19 (10 days)
10:25-11:25 & 1:30-2:30
No class July 3
Session II: June 22-July 2 (9 days)
10:25-11:25 & 1:30-2:30
Session III: July 6-21 (15 days)
10:25-11:25 & 1:30-2:30
Session IV: July 28-July 31 (10 days)
10:25-11:25 & 1:30-2:30

Parent/Infant and Parent/Tot
 Ages 6 mo-3 yrs

This water orientation program is designed to teach you how to work safely and effectively with your child and to teach basic water safety and self-help skills. The program emphasizes water adjustment, preparatory activities for swimming and water enjoyment for you and your child. Parent/Infant and Parent/Tot classes meet inside the ARC Aquatics Program Parent's Guide. Small children should wear snug fitting lightweight pants covered by rubber mats. To participate, adults must have the ability to voluntarily raise their head 90 degrees when lying flat on their stomachs. Parents must accompany child.

FREE: $21.25

KSU POOL RENTAL
Planning a swim meet or pool party?
The KSU pools can be reserved for usage through the Continuing Education Program. Saturday, Sunday and Monday evenings between 5:00-7:00 p.m. All pool reservations must be scheduled one month in advance of usage. The pools are located in the KSU Natatorium. Contact Arista Madison at 539-8763 for more information or to schedule the pools.

Family Vision Care
DR. DOUGLAS STIGGE
DR. NORBERT STIGGE
Optometrists
(913) 539-6051

UNIVERSAL Insurance Services
AUTO • HOME COMMERCIAL • BONDS
TELEPHONE 776-4825
108 NORTH 4TH ST. MANHATTAN, KS.
Jim Rhine • Roberta Surs

Aquatics
1221 THURSTON 539-8763

Twins
This class allows for a gradual adjustment to the water and instruction in elementary swimming techniques. One adult may accompany the child if needed.

**SESSION I**
Session I:
AQ-05 10:25-10:55
AQ-06 3:15-3:45
AQ-07 3:45-4:15
AQ-08 4:15-4:45
Session II:
AQ-42 10:25-10:55
AQ-43 3:15-3:45
AQ-44 3:45-4:15
AQ-45 4:15-4:45
Fee: $20 per session

Advanced Twins
Ages 5-6 Years
Continued instruction in elementary swimming techniques and skill development necessary for Beginner Class. This class is appropriate for children relatively comfortable putting their face in the water.

**SESSION I**
Session I:
AQ-09 10:25-10:55
AQ-10 3:15-3:45
AQ-11 3:45-4:15
AQ-12 4:15-4:45
Session II:
AQ-46 10:25-10:55
AQ-47 3:15-3:45
AQ-48 3:45-4:15
AQ-49 4:15-4:45
Fee: $20 per session

Beginners Ages 6 plus
Basic water skills are emphasized during the Beginners classes. Swimming skills learned in this class include rhythmic breathing, front crawl, wading, and survival float.

**SESSION I**
Session I:
AQ-13 10:40-11:25
AQ-14 3:15-4:00
AQ-15 4:10-4:55
Session II:
AQ-50 10:40-11:25
AQ-51 3:15-4:00
AQ-52 4:10-4:55
Fee: $35 per session

Advanced Beginners
Ages 6 Plus
The requirement for this class is to show proficiency at or above the Beginner level. New skills include the survival stroke, treading water, diving, elementary backstroke and underwater swimming.

**SESSION I**
Session I:
AQ-17 10:40-11:25
AQ-18 3:15-4:00
AQ-19 4:10-4:55
Session II:
AQ-55 10:40-11:25
AQ-56 3:15-4:00
AQ-57 4:10-4:55
Fee: $35 per session

I CAN'T BELIEVE IT'S YOGURT!

* I CAN'T BELIEVE IT'S YOGURT! *

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!

I CAN'T BELIEVE IT'S YOGURT!
Swim and Stay Fit for Parents
Are you tired of being just an observer at your child's swimming lessons? If so, then take advantage of our SPECIAL Parent's Swim and Stay Fit Class. This class is available to you at the reduced rate of $15 and will meet every day your child is enrolled in swimming lessons. In this class you will set your own goals and the instructor will help monitor your progress.

Swimmers
Participants in this class must show proficiency at or above the Intermediate level. New skills include back crawl, surface diving, entry,标 and canoe sculling and the 10 minute swim.

Swim and Stay Fit Ages 13 Plus
Swim and Stay Fit is a planned activity to encourage adults and advanced swimmers to swim regularly and frequently. Participants receive individual work-out planned and supervised by an instructor daily. Those wishing to swim more than twice a week, please make arrangements with the instructor.

Hydroaerobics Ages 16 Plus
This class is designed to use water exercises for the development of physical fitness, muscle tone, flexibility and cardiovascular endurance. Open to non-swimmers and swimmers alike. Monday, Wednesday and Friday.

Private Lessons for Special Populations
For people with special physical or mental needs. Arrangements will be considered for private swimming lessons. The Swim Coordinator will contact individuals within 1 week of registering to arrange 6 classes of 30 minutes each. The facility is equipped with a lift and a safety net should it be needed. Private lesson scheduling does not have to correspond with 2 week session dates.

Scuba Diving
This class will prepare students for open water certification. The certificate is included in the class fee. The student is responsible for the certification. Travel and lodging are at the student's expense. The certification course will be explained at the first class meeting. Students must provide their own mask, fins, and wetsuit. The class is for swimmers, the dive manual and equipment rental during class. Students will practice with air tanks a minimum of five classes. Estimated cost for mask, $60.95, snorkel, $30.95, fin, $40.70. Limit 10 students.

Emergency Water Safety
*Intermediate level skills and water participation required. Basic Water Safety is a prerequisite for this class. A skills test will be given.

Help UFM collect a mile of quarters and celebrate its 25th Anniversary!
Donate your quarter(s) at UFM class registration, special sites, or drop by UFM at 1221 Thurston. Call 539-8763 for details.

Add your quarter to the mile!
Books By and About Women
We will discuss thoughts, ideas and issues expressed by women authors through fiction and non-fiction books.

Photographs - Storing, Displaying & Protecting
Photographs offer a very personal and virul way to recall our grandparent's lives and remember important family events in our lives. Improper handling can ruin the photographs, denying this legacy to our children. Learn how to make use of these heritage photographs while still protecting them for the future.

Creating Padded Baskets
Have you seen padded baskets at craft fairs, but thought the price too high? Make a beautiful padded basket for a fraction of the cost! These unique baskets can be personalized and used for gifts. Bring the basket of your choice and enough material and trim to loosely cover it - you can do just the inside, just the outside or both, as you prefer. If you have a hot glue gun, please bring it, as you will be expediting the project.

Making Covered Albums
Covered albums are one of the easiest and most practical gifts to make for your family or friends. They can be used for wedding, birthday, baby or holiday gifts, and personalized to suit any style. String 3/4 yard of material and 3 yards of trim. The notebooks are provided. Bring a hot glue gun to class if you have one to expedite projects.

String Dolls
String Dolls! Have you seen string dolls at craft fairs and thought how cute they were but also thought they were too expensive? Actually they are very simple to make.

Pillow/Lap Quilt (Quillo)
These pillows/quilts are a great project for using on your coach, taking in your car, or just anywhere you need something to keep off the chill, or for something decorative to hide in purpose. They look just like a pillow but are unidated, and then they provide cuddly warmth! Although we won't be able to see them all together in class, I'll show you the basics and we will base most of the things so you can complete the project once you get home to your sewing machine.

Quality Natural Foods at Co-op Prices
ORGANIC FRUITS & VEGETABLES, pleasuring selection of domestic & imported choices, whole grain breads, bulk herbs and spices, coffee, tea, ORGANIC grains, flours, pastas, nut butters, raw nuts, dried fruits, trail mix, snack foods, local honey, baking supplies, crackers & chips, yogurt, tempah, tofu, frozen foods, vitamins, health & beauty aids, bio-degradable cleaning products, recycled paper, greeting cards and paper products, and more.

Interested in Tennis? See the RECREATION AND HEALTH section of the catalog.

New & Used Appliances
We sell the best and service the rest

Whirlpool No-frost Refrigerator

KEN'S APPLIANCE CENTER
8070 E. Hwy. 24
Manhattan
(913) 583-KENS
(800) 767-6466

PEOPLE'S GROCERY CO-OP
811 Colorado
539-4811

HENRY E. KNECHT
64 West 20th Street
New York, N.Y. 10011

REGISTRATION INFORMATION on back cover.
Writing Poetry
Most of the enjoyment and satisfaction of writing is in sharing it with others. We will write poetry and read each other's work. We will emphasize poetry as fun, as an exercise in creativity, and as a means to discover truth.
Maryjo Stewart (776-8852) teaches writing and literature at Washburn University.
Date: June 8, 15, 22 (3 sessions)
Time: 7:00-8:30 pm (Mondays)
Fee: $10
Location: UFM Fireplace Room

Creative Fabric Painting
AH-09
You don't have to be an artist to design and create your own custom garments or home decor. Bring your t-shirt and shorts to this workshop along with paints for fabric. You may wish to apply other fabric, beads, or mirrors. You'll also be shown sample pillow covers, accent pillows, garmonts, or canvas shoes done in this medium. Let your creativity be your guide and have a great time.
Deb Rosemorey (239-3025) is a craft expert. She is excited by the creative potential in this class.
Date: August 6
Time: 8:00-12:00 noon (Saturday)
Fee: $5
Location: UFM Banquet Room

Bicycle Repair and Maintenance
AH-16
Most of us know how to ride a bike—but we don’t know the first thing about repairing a flat tire! No problem. We’ll soon have you comfortably dealing with basic bike repairs and maintenance. This class is designed for those who are not mechanical wizards but who nevertheless want to learn basic bike repair. Simple repairs such as tube patching and frame or rear derailleur adjustment and repair will be covered in this informative seminar. Also learn how to adjust your brakes and clean the chain.
The staff at Argie Bike Station (776-2372) are all cyclists and they have 15 years of bike repair experience between them.
Date: July 14 (1 session)
Time: 7:00 (Tuesday)
Fee: $5
Location: Argie Bike Station 1217 Mono

Pattern Drafting for Anybody!
AH-10
Create your own skirt pattern. Learn how to convert a basic straight skirt pattern into a gored, placketed, or full circle skirt. Bring a straight skirt pattern that fits, a symmetrical, pencils, tape measure, and an eraser. (Note: Pattern sizing varies from easily make sizing.) Paper will be provided by the instructor.
Georgia Mueller (537-0921) is a graduate student working on a masters degree at Kansas State University. She spent a year in the apparel industry before returning to school. Deb Ewing is a senior in Apparel Design at Kansas State University.
Date: June 15
Time: 10:00-12:00 noon (Saturday)
Fee: $7.50 per single class
Location: UFM Banquet Room

Pattern Drafting for Anybody!
AH-11
Session II
Date: July 11
Time: 10:00-12:00 noon (Saturday)
Fee: $7.50 per single class
Location: UFM Banquet Room

Pattern Drafting for Anybody II
AH-12
Be your own dress designer. Learn how to convert your basic straight skirt and tank top patterns into a dress. Bring a straight skirt pattern, a tank top or shell blouse pattern that fits, a yard stick, pencils, eraser, and a tape measure. (Note: commercial pattern sizing varies from ready made). Paper will be provided by the instructor.
Georgia Mueller/Deb Ewing
Date: June 27 (1 session)
Time: 10:00-12:00 noon (Saturday)
Fee: $10 per single class
Location: UFM Banquet Room

Pattern Drafting for Anybody II
AH-13
Date: July 25 (1 session)
Time: 10:00-12:00 noon (Saturday)
Fee: $10 per single class
Location: UFM Banquet Room

Pattern Drafting for Anybody II
AH-14
Drafting the Custom Pants Pattern
Painstaking because pants never fit right! Learn how to draft a pattern for a pair of perfectly fitting pants from your measurements. Bring a see-through ruler 18"-24" long, 1 sm, pencils, tape measure, colored pencils, eraser, 4 feet of 30" wide white paper.
Georgia Mueller/Deb Ewing
Date: August 8 (1 session)
Time: 10:00-12:00 noon (Saturday)
Fee: $6 per single class
Location: UFM Banquet Room

BreadMake Workshop
AH-15
Come discover a foolproof, 40-minute method for making yeast breads—white wheat, rye, rye, rye, rye, and others—all without recipes. Bakers can make on easily. Men can try on crusty loaves. Experienced bread makers delight in new shortcuts and creative shaping techniques. Chor to find they've found the original "playgroup." You'll learn to make healthy, whole grain breads that aren't heavy. You'll make and take home for baking a one-pound loaf of Golden Grain Bread. All ingredients and utensils supplied.
Pat Palaia (468-3505) has completed the course for BreadMake instructors. She loves to bake bread and has fun teaching.
Date: June 9
Time: 7:00-8:30 pm (Tuesday)
Fee: $12
Location: UFM Banquet Room

Help UFM collect a mile of quarters and celebrate its 25th Anniversary!!
Donate your quarter(s) at UFM class registration, special sites, or drop by UFM at 1221 Thurston. Call 539-8763 for details.
Add your quarter to the mile!

Are you ready to discover a new you?
Receive a complimentary skin care and glamour makeover!
Contact Fran Callaghan
Independent Mary Kay Beauty Consultant
(915) 539-2918

DYER'S IGA
1003 Hishawur 24
Wamego, KS 66547
HOURS: 7 a.m. - 9 p.m.
7 days per week
"Service You Desire" 456-7432
FEATTURING:
• In-store Bakery
• Deli Department
• Large Video Tape Library
• Fresh Meat and Produce

BERNINA
Bernina Sewing Center
World's First Most Sold Free-Arm Zigzag Sewing Machine
Bernina Sewing Machines
Patterns/Notions/Classes
Passap Knitting Machines
Judy Nelson
537-4919
330 N. 4th
Manhattan, KS 66502

PRECISION MADE IN SWITZERLAND SINCE 1891

FALL CATALOG available August 19
7
Prairie Wildflowers

Identify first-hand the late spring and early summer wildflowers dotting the Flint Hills. Rather than flipping through pages of obscure flower books, learn identifying characteristics and interesting tidbits of information of both flowering and vegetative plants in a short hike through the Kansas prairie.

Gene Towne (539-0353) has been teaching wildflower and grass identification classes for 15 years.

Date: June 13 (Saturday)
Time: 10:00 a.m.
Fee: $5.00
Location: Meet at the UFM parking lot and then we will drive to a nearby prairie site.

Alternative Landscaping Workshop

If you'd like to transform your boring lawn into something special but don't know where to start, this informal session would be for you. Subjects discussed will include: plantings to attract birds and butterflies, rainwater harvesting, native and edible landscaping, organic pest management, water gardening, and much more! In addition, sources of information and plant materials will be given and evaluated. Following the "classroom experience," we'll go on a tour of the instructor's landscape in-progress. This is worth your drive! 

Danae Kerr. Danae says she has a long standing dislike for lawns.

Date: June 13 (1 session)
Time: 2:00 pm (Saturday)
Fee: $5
Location: A.R. J. Box 53
Wamego, KS
(A map and directions are available at UFM)

UFO SOLAR GREENHOUSE TOURS

Tours of the UFO Solar Greenhouse and edible landscape are available by reservation. Winter tours (November to April) view the Solar Greenhouse, some edible landscape, and raised garden beds used for the handicapped. Participants learn about the beed wall, the heat-storage tanks, and the underground air conditioning tubes. Summer tours (May to October) view, touch, and smell the entire edible landscape and also see the Passion Vine and hear its history.

SPECIAL GROUP OR SCHOOL DAY TOURS WELCOME!

Call 539-8763 for an appointment.

THE LIQUOR STORE THAT GIVES YOU A CHOICE

Manhattan's Wine Store
Imported & Domestic Wines & Champagnes

WINES OR LIQUOR BY THE SINGLE BOTTLE OR BY THE CASE
Discounts on Full-Case Purchases

- Big Selections:
- Cold Beer
- Cold Wines
- Cold Kegs
- Cold Wine Cocktails
- Light Alcohol Beverages

537-8219
1129 Blumont
We Shall Not Be Seen Before You Pay For It

Building your own home?

Do you need help with:
- Ductwork
- Insulation
- Furnace/Air Conditioner
- Drain Lines
- Water Lines
- Fixtures

See us for FREE advice!

STANDARD PLUMBING
HEATING & AIR CONDITIONING
609 Pecan Circle, Manhattan • 776-5012

Field Trip to the Glacial Area of Pottawatomie County

How do we know that glaciers visited Kansas?...by the rocks from Minnesota they left behind! We'll visit northern Pottawatomie County to collect glacial material including agate, jasper, quartz, quartzite, petrified wood as well as others, some of which may be of gem quality. Bring a beverage and a container for rocks. Become a rockhound for the day.

Rain date: July 18.
Dr. E.C. Longhit, Geology Professor Emeritus of chemistry at Kansas State University, is a long time member of the Manhattan Mineral, Gem and Fossil Club.

Date: July 11 (1 session)
Time: 8:30-11:30 am (Saturday)
Fee: $5
Location: Meet at UFM parking lot

Topiary

The Romans were first to develop skills of Topiary, the art of shaping plants to create living sculptures. For years, garden history has revolved around a rich variety of plant shaping possibilities. Now you can learn about the latest steps in this long tradition. A wealth of dangers are awaiting to be brought to life with a variety of scissors. From indoor pleasures such as table top ivy-covered swans to outdoor mazes and fences. The fantasy world of Topiary can become reality in one evening. No skills required.

Date, Anderson (539-4751) owner of Bloomine Dale's, is a long time instructor for UFM.

Date: June 11
Time: 7:00 pm (Thursday)
Fee: $12 (includes take home topiary)
Location: Bloomine Dale's 110 Waters

Fall Gardening

Get more out of your garden space this year and plant a fall vegetable garden! Take advantage of the improved quality of vegetables that result from growing produce in the cooler fall temperatures. Learn about soil preparation and fertilizer needs, what to plant and when to plant for best results. Helpful tips for obtaining maximum seed germination and crop yields will be discussed.

Collen Hampton (539-5934) is an active gardener and member of the community garden.

Date: July 14
Time: 7:00-8:30 pm (Tuesday)
Fee: $5
Location: UFM Greenhouse

Star Gazing

We're lucky to live in an area where dark skies can still be found. Join us to look at the beautiful night sky. We'll learn to identify the constellations and other objects. We'll be able to catch the Perseid Meteor Shower, too. Bring a jacket, binoculars if you have them, and a small flashlight. If you have your own finder's maps, bring them. Although maps will be available at the class.

Deane Starnes (539-1251) teaches astronomy at Manhattan High School.

Date: August 11 (Tuesday)
Time: 7:30 pm
Fee: $5 per individual
$15 per family
Location: Meet in the UFM parking lot.

The Audubon Society

(Northern Flint Hills Chapter, P.O. Box 1932, Manhattan, KS 66502-0022)

BEGINNING BIRD WALKS

Monthly, 2nd Saturday, 7 a.m.
Meet in the parking lot of Ackert Hall, K-State Campus.

EDUCATIONAL PROGRAMS

Monthly, 3rd Wednesday, 7:30 p.m.
Room 221, Ackert Hall, K-State Campus

For more information, call 1-494-7053 or pick up the Audubon Directory at UFM or the public library.
Successful Money Management

Be a successful money manager! This program will cover savings structure, investment, and insurance programs for today's world. Discover how to save taxes today while providing future dollars for education or retirement. We will discuss the impact of inflation and how to make it work for rather than against one's financial plan. Affordable ways of growing and saving regardless of one's budget will also be addressed. A financial plan for each class participant will be provided.

Fred Froehly (537-4505) is a senior account executive for Washell & Reed, Inc. and has 15 years experience as a financial planner.

Date: June 16 (1 session)
Time: 7:30-9:30 pm (Tuesday)
Fee: $5 per person
$8 per couple
Location: Washell & Reed Inc., 555 Poyntz, Colby Sq, Suite 280

WHAT DID WE FORGET?

Name
Address
City
Phone
A good addition to the brochure would be:

I am willing to lead a class on:

I want to be on the mailing list for class brochures.

Return or mail this form to:
UFM
1221 Thurston
Manhattan, KS 66502

The Wash Palace & Express Cleaners
3216 Kimball • Candlewood
GOOD FOR $2 OFF
Drop-off Laundry and/or Express Dry Cleaning
Ten dollar minimum purchase required
Expires August 15, 1992
One coupon per customer

PATRONIZE OUR ADVERTISERS! Let advertisers know that you saw their ad in the UFM catalog.
Beginning Sign Language

This class is designed for individuals who are interested in learning the basic skills of American Sign Language. Students will be instructed in the Manual Alphabet and a vocabulary of about 200 functional signs. Fee includes book Gallaudet’s Survival in Sign Language. Limit: 15.

Natalie Smith, Instructor:

Date: June 13–July 15 (6 sessions)
Time: 7:00–8:00 (Wednesdays)
Fee: $25
Location: 149 Justin Hall, KSU

Survival Skills in Czech

This class will begin with the basic structure, correct pronunciations, and simple phrases of the language. The focus will be on commonly used phrases helpful for travel in Czechoslovakia. Radka Dolinar (784-5201) is in Business Accounting. She is from Czechoslovakia and looks forward to sharing her knowledge of the language and her home country.

Date: June 10–July 15 (6 sessions)
Time: 6:20–8:00 (Wednesday)
Fee: $22
Location: 221 Cardwell Hall

Beginning German

This is a basic introduction to the German language. We will discuss German culture and history. We will also cover grammar, proper sentence formation, reading, and numbers. After finishing the basics, we will work on basic conversational German.

Karen McCullough (539-8763) is a frequent UFMT instructor who is familiar with several languages and has lived in Germany.

Date: June 23–July 28
Time: 6:30–7:30 (Tuesdays)
Fee: $10
Location: UFMT Conference Room

Out & About

1221 THURSTON 539-8763

Flint Hills Job Corps Center

Come visit the newly opened Flint Hills Job Corps Center. This center includes an intensive training program in an orderly, growth conducive setting for disadvantaged youth ages 14-21.

Dave Maranville is the center director and has been involved with Job Corps Centers for many years. All participants will receive a free gift packet.

Date: June 11
Time: 1:30 (Thursday)
Fee: $3
Location: Flint Hills Job Corps Center
4620 South Drive

McCall Pattern Company

The McCall Pattern Company is one of Manhattan’s largest businesses. You’ll see the different departments and how each pattern is cut and folded. All participants will receive a free gift packet.

The McCall Pattern Staff

Date: June 25
Time: 1:30 (Thursday)
Fee: $3
Location: McCall Pattern Company
615 McCall Rd.

Hansen Nutrition Center

“Diet Cures What Diet Causes”

MON.-SAT. 9:30 TO 6
537-4671
310 Anderson Ave (across from village plaza)

Vital Vinyl

“The only locally-owned music store in Manhattan”
539-3160
Aggieville 1131 Moro

Shop for a Greener World

Ever stop to think about the environmental impact of the products you normally purchase in the grocery store? This class will examine how the average shopper can change his/her buying habits to help make the Earth a better place to live. Topics to be discussed on this supermarket tour include waste reduction, recycling, packaging, hazardous household products, product labeling, and how our choices as consumers affect global environmental problems. Each participant will receive an informative packet, an “eco-product catalog” for easy reference a guide to recycling, and much more! Please join us for an exciting and informative eco-shopping adventure!

Robert Wilson (328-7018) is a senior in Marketing at Kansas State University. Robert is active in campus environmental concerns and education efforts.

Date: August 4
Time: 7:00 (Monday)
Fee: $7
Location: Dillon Store, Wentloog

USE REGISTRATION FORM on back cover.
The Art of Volunteering

Learn how to turn your natural talents, skills or energy into useful tools and opportunities for yourself and others. Apply your communications skills to make friends. Become aware of the type of help needed in your community. What a rewarding experience!

Dawn George (776-0065) is the Activity Director at Stoneworth Retirement Community. She has volunteered through USD 383 for the past 6 years. She is part P.T.A., P.T.O. President, former den mother in science and a mother of two.

Date: June 24 (1 session)
Time: 7:30 - 9:00 p.m. (Wednesday)
Fee: $20
Location: Stoneworth Retirement Community

2025 Little Kitten Ave.

Activities For the Elderly

Learn how to be effective in your relationships with those around you as their capabilities change with age. Your friendship and interaction can be valuable in the quality of their life. Gain tips on adapting games, one on one’s and how they work.

Dawn George (776-0065) is the Activity Director at Stoneworth Retirement Community and is a licensed Certified Nurses Aide and Social Service Designer.

Dawn has a handicapped child and has created several adaptive games to play.

Date: June 17 (1 session)
Time: 7:30 - 9:00 p.m. (Wednesday)
Fee: $20
Location: Stoneworth Retirement Community

2025 Little Kitten Ave.

Introduction to Zen

Philosophy and Practice

Zen Buddhism philosophy aims for enlightenment by direct intuition through meditation. Join us for discussion and practice of Zen meditation (zazen) with a focus on the soto tradition or "school." Other traditions will also be discussed. Please bring a cushion to sit on to class.

Lee Rappaport (532-5850), a professor with the KSU Psychology Department, and Al Fetzer, a medical technician in the veterinary school, have studied Zen for several years and are affiliated with the Manzana Zen Center and the Manhattan Zen Group.

Date: July 8, 15, 22, 29 (4 sessions)
Time: 7:00 - 9:00 p.m. (Wednesday)
Fee: $50
Location: UFM Conference Room

SF-07

Stress Control and Relaxation Seminar

Do you find yourself in stressful situations almost daily? Do you respond with anxiety, uncertainty, frustration or anger? This relaxation seminar can help you learn mental and physical relaxation that will better enable you to deal with stress. Learning how to manage stress constructively will help you cope with pressures of everyday living and enhance your health and well-being.

David Harbaugh (3-632-6515) is the Director of The Silva Method of Kansas (NS).

Date: June 17 (1 session)
Time: 7:00 - 9:30 p.m. (Wednesday)
Fee: $20 (includes book, booklet and tape)
Location: UFM Multipurpose Room

SF-08

Contacting and Befriending Your Inner Child

John Brachman and many other authors have written about the importance of treating the little girl and little boy inside us with more kindness. Through a relaxation exercise the facilitator will help you get in touch with your inner child and find out what she or he needs from the grownup person. Bring blankets, pillows, teddy bear and other comforting items.

Helen L. Sontag, PhD. (537-3877) is a clinical psychologist in private practice in the Manhattan area.

Date: June 16 (1 session)
Time: 7:30 - 9:00 p.m. (Wednesday)
Fee: $5
Location: UFM Conference Room

SF-09

Toilet Training

Is your child reaching the age of diaper freedom? We will discuss the signs of readiness and the importance of waiting for the right time. We will share ideas, suggestions and receive positive reinforcement.

Leaen Mease (532-5510) is a 5 year Master Candidate in Marriage and Family Therapy through Home Development and Family Studies. She is a mother of two and works with toddlers on a daily basis.

Date: June 6 (1 session)
Time: 10:00 - 11:00 a.m. (Saturday)
Fee: $5
Location: UFM Conference Room

SF-10

Community Services

FONE Crisis Center

We're Here to Listen

537-0999

7 days a week 5 p.m.-8 a.m.

Volunteer Counselors are welcome

UFM CLASSES MAKE GREAT GIFTS!
Hakuro Ryu Jujitsu

Hakuro Ryu is a self-defense oriented grappling type of martial art. Not an exercise form of martial arts, students will concentrate on 2 personaza, solo walking exercises, and self-defense theory and techniques.
Hakuro Ryu is related to akido, yet stresses a less active style, and more subtle, gentle techniques acceptable for use in modern society.

Shane Wilson (539-7723) has studied martial arts for 2 years and taught for 3 years. He holds a black belt in King Fu, a second degree black belt in Hakuro Ryu Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, akido, four styles of karate, six styles of king fu, and various other martial arts. He has written articles on martial arts.

Date: June 14-August 9
Time: 4:00-5:00 pm (Sundays)
Fee: $30
Location: Ahearne Fieldhouse, KSU

White Dragon Kung Fu I

This Kung Fu style combines hard, soft and internal methods of martial arts. Beginner will learn basic techniques, self-defense, drills, and one-stop sparring. Wear comfortable clothing.
Shane Wilson (539-7723) has studied martial arts for 20 years and taught for 15 years. He holds a black belt in King Fu, a second degree black belt in Hakuro Ryu Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, akido, four styles of karate, six styles of king fu and various other martial arts. He has written articles on martial arts.

Date: June 9-July 2
Time: 7:00 - 8:00 (Tu. & Thurs.)
3:00 - 4:00 (Sun.)
Fee: $30
Location: Ahearne Fieldhouse, KSU

White Dragon Kung Fu II

Continuation of White Dragon Kung Fu I.

Date: July 7-August 2
Time: 7:00 - 8:00 (Tu. & Thurs.)
3:00-4:00 (Sunday)
Fee: $30
Location: Ahearne Fieldhouse, KSU

Teaching a class at UFM can enhance your business, be an instructional opportunity for education students, an opportunity to network with those who share your interest or a nice way to make friends. Call the UFM office (539-8763) by June 19 to offer a class in the fall catalog.

SCHOLARSHIPS
Limited scholarships are available for youth, sponsored by the Laffertonia Club of Manhattan.
Contact UFM (539-8763) for information.

ATTENTION YOUTH, AGES 6-12! We also offer Kung Fu for Children in the YOUTH section of the catalog.
Recreation & Health

1221 THURSTON  539-8763

Golf For Beginners Class I

A short course geared for beginners and intermediate players, the fundamental of the full swing, short game - pitching, chipping, and putting will be covered. Get some fresh air and fun out of golf as the sport for you.

Jan Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: June 11, 18, 25 (3 sessions)
Time: 6:30 (Thursday)
Fee: $20
Location: Stagg Hill Golf Course 4441 Pk. Riley Blvd.

Golf for Beginners-Class II

Date: July 7, 14, 21
Time: 6:30 (Thursday)
Fee: $20
Location: Stagg Hill Golf Course

Golf for Beginners-Class III

Date: July 21, 28, Aug. 4
Time: 6:30 (Thursday)
Fee: $20
Location: Stagg Hill Golf Course

Golf

*The four optional KSU credits available.

This course emphasizes fundamentals of the full golf swing, short game techniques of chipping, pitching, putting and sand shots. Rules of play, course etiquette, and selection of equipment will also be covered. Clubs, balls and tee's are provided. You may bring your own clubs if you prefer. Limit 15.

Jan Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: June 9, July 20
Time: 6:30-8:00 pm (Tuesday)
Fee: $78
Location: Stagg Hill Golf Course

Tennis: Beginners Age 7-16

Join us for fun and skill development in this great sport! This class is designed for beginners and will provide instruction in fundamentals of strokes, basic rules of play and beginning competition. We provide balls. Students provide their own racquets. If you don't have one, give us a call and we may be able to help you locate one. Class minimum: 6.

Rob Petrey (537-3234) has taught tennis for KSU Kinesthetics for 2 years. He has played tennis for 13 years.

Date: June 8, 15
Time: 6:30-7:30 pm
Fee: $30
Location: L.P. Washburn Recreation Complex

Tennis - Beginners/Intermediate Ages 17 and Up

This course teaches fundamental principles and skills of first aid, correct CPR techniques for adult and infant victims of cardiac arrest and other respiratory emergencies. Red Cross Certification is given on successful completion of the course. Textbooks may be purchased at the Red Cross Office and are not included in the class fee. Limit: 8 per session.

Emet Frasier, Instructor

Date: June 24 - July 8 (3 sessions)
Time: 6:00-10:00 pm (Wednesday)
Fee: $50
Location: Riley Co. American Red Cross 1934 Pointz

Fencing

Fencing is the ancient art of sword play. Dartanian, soldiers, and noblemen were well trained to know the way of the sword. Now a modern Olympic sport, fencing builds lightning fast reactions, speed and agility. Classes will include introduction to foil, epee, and saber for recreation and competition. Minimum age: 10.

Jeffrey Felix (776-3365) has been competing for 12 years and coaching for 3 years. He is a C rated opnest and a USFA certified coach. Mike Milliman is an E rated opnest. He has been competing 3 years and coaching for 2 years. Together they took 1st and 2nd in epee at the Jayhawk Open this year.

Date: June 16-August 11 (Tuesday)
Time: 7:00 - 9:00 pm
Fee: $60
Location: Abearan Room 504

Ballroom Dance I

Ballroom dancing is back! This Newsweek and Smithsonian report that ballroom dancing is popular throughout the U.S. Manhattan is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, and Swing. By the end of six weeks you will be able to perform numerous variations. You will be dancing around the expansive floor. So, bring a friend, or two, and learn how to dance with someone in your arms. Classes fill rapidly. It is advisable to register early.

Michael Bennett (776-7557) has trained in Ballroom Dance at U.C. Berkeley, Mandolino Ballrooms, San Francisco; Alhambra Ballroom, Oakland, CA; Chicago Dance Studio, Chicago, IL; and Avenida Ballroom, San Francisco. He was the 1985 San Francisco Avenida Ballroom Samba Champion. Nellie Weatherly has been helping Michael teach dance for 3 years and dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.

Date: June 15 - July 27
Time: 7:00-8:00 (Monday)
Fee: $25
Location: Senior Service Center 412 Leamerworth

Ballroom Dance II

This course is for those who would like to attempt more challenging ballroom dance variations. Couples are encouraged to attend so that they may learn to dance as a team. Waltz, Foxtrot and Frenzy will be taught. Routines will be given. Prerequisite: Must have completed Ballroom Dance I with Michael Bennett.

Michael Bennett (776-7557) has trained in Ballroom Dance at U.C. Berkeley, Mandolino Ballrooms, San Francisco; Alhambra Ballroom, Oakland, CA; Chicago Dance Studio, Chicago, IL; and Avenida Ballroom, San Francisco. He was the 1985 San Francisco Avenida Ballroom Samba Champion. Nellie Weatherly has been helping Michael teach dance for 3 years and dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.

Date: June 15 - July 27
Time: 8:00 - 9:30 pm (Monday)
Fee: $25
Location: Senior Service Center 412 Leamerworth

STAGG HILL GOLF CLUB
K-18 West
For all your golfing needs
Fully equipped pro shop
Professional golf instruction available
(individual & group)
Club restringing & repair
539-1041
Jim Gregory, PGA Professional

304 Pointz 539-6639
Aggieville - Manhattan
Hours: Mon., Fri. 9-6; Thurs. 9-9; Sat. 9-5

The PATHFINDER
OUTDOOR EQUIPMENT SPECIALISTS
Bicycles * Backpacks * Ski Wear * Sunglasses * Boots * Tent * Knives * Sleeping Bags * Ski Rental * Climbing Equipment * Camping Equipment
304 Pointz 539-6639
Aggieville - Manhattan
Hours: Mon., Fri. 9-6; Thurs. 9-9; Sat. 9-5

MANHATTAN SHOE REPAIR
Shoe Drop Station in Wash Palace at Candlewood Shopping Center
Open 8-5:30 Weekdays, Thursday till 8, Saturday 8-4
Closed Sunday and Monday
Three doors up the alley from Burger King, downtown
315-B Pointz 776-1193
Preschool Art Program
Looking for ways to enrich your preschooler? Join us for fun and interaction. Please wear appropriate clothing.
Parents are welcome to stay. Classes described below. Virginia Bennett (539-9362) mother of two preschool children herself, is a co-coordinator of art activities for the Men's Club.
Date: June 9 and July 2
Time: 10:00-10:45 am
Fee: $6 per class - $10 for both
Location: UFM Banquet Room

Potato Faces
We will create lovely faces on potatoes. Then we'll plant seeds on top to grow the "character"'s hair.
Date: June 9 (Tuesday)
Time: 10:00-10:45 am
Fee: $6 per class - $10 for both
Location: UFM Banquet Room

Paint A Bear
We will customize a small fabric bear with painted faces and cloth.
Date: July 2 (Thursday)
Time: 10:00-10:45 am
Fee: $6 per class - $10 for both
Location: UFM Banquet Room

For Additional Martial Arts, see MARTIAL ARTS SECTION of the catalog.

Kung Fu for Children
Class I
Students aged 6-12 will learn the modified basics of Pai Te Lung Kung Fu and methods of self-defense.
Date: June 13 - Aug. 8
Time: 1:00 - 2:00 pm (Saturdays)
Fee: $27
Location: Abern Fieldhouse, KSU

Kung Fu for Children
Class II
Date: June 13 - Aug. 8
Time: No class July 4
Fee: $27
Location: Abern Fieldhouse, KSU

Jazz & Pom Pom Workshop
Here's your chance! Join the Classy Cats and learn jazz movement, walks, skips, turns and kicks. We'll do a little funky movement, too. Wear comfortable clothing and look forward to a fun work-out.
Date: June 13
Time: 9:00 - 12:00 noon (Saturday)
Fee: $10
Location: KSU Fieldhouse

SCHOLARSHIPS
Limited scholarships are available for youth. Sponsored by LaSertosa Club of Manhattan.

GENERAL READING BOOKS
ART SUPPLIES
SCHOOL SUPPLIES
NEW & USED TEXTS

For the fun of it!
INCLEMENT WEATHER POLICY

UFM courses held on campus follow the inclement weather policy of Kansas State University. Courses will be conducted unless all University courses are cancelled. If the instructor informs his/her students personally that he or she will not be present at a given class meeting, the instructor is then responsible for arranging a make-up lesson. Weather sensitive courses will use the scheduled rain date. If a rain date is not scheduled, instructor will be responsible for rescheduling.

SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES

Credit Registration Refunds: After the second credit optional class meeting, but before one-third of the scheduled class sessions have met, fifty percent of the fee may be refunded if requested in writing. No refund is issued if it is requested after one-third of the class meetings have ended.

Credit Enrollment Fees: Courses taken for credit carry additional fees required for University administration of the credit program. A $15.00 late fee will be charged for enrollments taken after the second class meeting. A $35.00 late fee will be charged for enrollments taken after one-third of the class meetings. Additional student activity and health fees may be assessed for students enrolled in 6 or fewer KSU credit hours.

Withdrawals: A student may withdraw from a credit option class by written request prior to the completion of one-third of the scheduled class meetings without a grade being recorded on the student’s transcript. If a student withdraws after one-third, but before two-thirds of the scheduled class meetings, a grade of W (withdrawn) will be issued. No withdrawals will be accepted after two-thirds of the scheduled classes have been completed.

LIABILITY STATEMENT

Individual participants should be aware of the risks and hazards involved in recreational sports and fitness activities. They should voluntarily elect to utilize KSU and UFM facilities and participate in programs recognizing present conditions and further agree to voluntarily assume all risks of loss, damage, or injury that may be sustained while using KSU or UFM facilities or participating in programs. KSU Continuing Education/UFM assumes no responsibility for costs involved with individual injury or property loss incurred in connection with the use of University or UFM facilities. Individuals are reminded that they should review their own personal circumstances to determine if they have adequate insurance or protection in case of injury resulting from the use of University facilities or participation in programs. It is recommended that all participants have a complete physical before engaging in any physical recreation program.

Questions We’re Often Asked

1. When should I register? Registration begins as soon as the current catalog is printed and concludes until classes have filled or started. We encourage you to sign up early to assure getting a space in the class you want. Early registration also helps avoid class cancellation. Please do not go to the class unless you have registered with our office.

2. How do I sign up? You may register in person, through the mail with the registration forms at the back of this catalog, or by phone, using your MasterCard or VISA.

3. When do I pay? Payment is made at the time of registration. If you enroll over the telephone (with a MasterCard or VISA), your account is added to the course roll immediately. If you register in person or by mail, we enroll you the day you receive your payment. Enrollments will be accepted on a first-come, first-served basis.

4. Are there fees to pay in addition to the course fee? No. In some courses, however, you will be given a supply list and asked to bring your own supplies to class. COURSES TAKEN FOR UNIVERSITY CREDIT HAVE THEIR OWN FEE STRUCTURE. SEE SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES.

5. When is the office open? 8:30 a.m. - 5 p.m. Monday through Friday (closed Noon - 1 p.m.)

6. Will I receive a confirmation? You will receive a confirmation only if you have registered by phone with MasterCard or VISA, or upon request.

7. What if a course is cancelled or rescheduled? When we cancel or reschedule a class, you will be notified. For this reason, it’s extremely important that we have both a daytime and an evening phone number where we may reach you or leave a message. You are welcome to call our office the day your class meets to find out if there are any changes. We reserve the right to cancel any class.

8. Can I get a refund? We’ll give you a full refund if we cancel your class. If you decide to withdraw before the class begins, and you tell us 48 hours before the starting date, we’ll give you a $2 processing fee. NO REFUND AFTER THE CLASS BEGINS.

9. Must I register to take a class? YES. You should not attend a class unless you are registered. This allows course instructors to have adequate handouts related to the subject matter. In addition, insufficient registration leads to course cancellation.

Teaching a class at UFM can enhance your business, be an instructional opportunity for education students, an opportunity to network with those who share your interest or a nice way to make friends. Call the UFM office by June 19 to offer a class in the fall catalog.

ATTENTION KSU STUDENTS!!! Need a place to study during Finals Week? UFM will be open 8:30 am-10 pm Come by and find a quiet corner or call 539-8763 if you would like to reserve a particular location.

To advertise your business or organization in the next UFM catalog, contact the UFM Office 539-8763 by July 1.

A special thanks to the businesses and organizations who show support of UFM through their advertisements.

We hope that the community of Manhattan will reinforce our thanks through the patronage of our advertisers!

Help UFM collect a mile of quarters and celebrate its 25th Anniversary!

Donate your quarter(s) at UFM class registration, special sites, or drop by UFM at 1221 Thurston. Call 539-8763 for details.

Add your quarter to the mile!

THANK YOU, ADVERTISERS FOR YOUR LOYAL SUPPORT.
### Registration by Mail

Complete the registration form and mail the form with your check, money order, or credit card number to:

**UFM Class Registrations**
1221 Thurston
Manhattan, Kansas 66502-5299

You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

### FOR YOU...

<table>
<thead>
<tr>
<th>Name</th>
<th>Day Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>Evening Phone</td>
</tr>
<tr>
<td>City</td>
<td>State</td>
</tr>
</tbody>
</table>

Social Security No. | Credit | Non Credit |

CLASS # | Session | TITLE | FEE | LOCATION | DATE | TIME |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Tax Deductible Donation

Total

I hereby authorize the use of my Visa [ ] Master Card [ ]

Signature ___________________________ Date

Card # ___________________________ Expiration Date

Card Cardholder’s Name (Please Print)

(please check all that apply)

Parent’s Name If Student is Under Age 18

EMPLOYER: [ ] KSU Faculty/Staff [ ] Fort Riley Personnel [ ] Other [ ]

Where did you obtain your catalog?

A class I would like to offer:

I am participating upon my own initiative and upon my own assumption of risk in a University For Man program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury relating to or resulting from my participation in any or all classes for which I have registered and to hold University For Man harmless as to liability for such injury.

**Signature** ___________________________ Date

**Signature** ___________________________ Date

### FOR A FRIEND...

<table>
<thead>
<tr>
<th>Name</th>
<th>Day Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>Evening Phone</td>
</tr>
<tr>
<td>City</td>
<td>State</td>
</tr>
</tbody>
</table>

Social Security No. | Credit | Non Credit |

CLASS # | Session | TITLE | FEE | LOCATION | DATE | TIME |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Tax Deductible Donation

Total

I hereby authorize the use of my Visa [ ] Master Card [ ]

Signature ___________________________ Date

Card # ___________________________ Expiration Date

Card Cardholder’s Name (Please Print)

(please check all that apply)

Parent’s Name If Student is Under Age 18

EMPLOYER: [ ] KSU Faculty/Staff [ ] Fort Riley Personnel [ ] Other [ ]

Where did you obtain your catalog?

A class I would like to offer:

I am participating upon my own initiative and upon my own assumption of risk in a University For Man program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury relating to or resulting from my participation in any or all classes for which I have registered and to hold University For Man harmless as to liability for such injury.

**Signature** ___________________________ Date

**Signature** ___________________________ Date

### OFFICE USE ONLY

<table>
<thead>
<tr>
<th>Date Received</th>
<th>date</th>
<th>staff</th>
<th>Check</th>
<th>Cash</th>
<th>Visa</th>
<th>M/C</th>
<th>Voucher</th>
<th>amount</th>
<th>TOTAL PAID</th>
</tr>
</thead>
</table>

**Signature** ___________________________

<table>
<thead>
<tr>
<th>Date Received</th>
<th>date</th>
<th>staff</th>
<th>Check</th>
<th>Cash</th>
<th>Visa</th>
<th>M/C</th>
<th>Voucher</th>
<th>amount</th>
<th>TOTAL PAID</th>
</tr>
</thead>
</table>

**Signature** ___________________________