UFM
1992
FALL
Classes
(Sept.-Dec.)
UFM is the oldest "free university" in the nation. Organized in 1968 as an experiment to create an atmosphere for discovery with no grades or credits, UFM has evolved as a non-profit community-based education program. A central premise of the UFM philosophy is that within any community there are resources, including community agencies, residents, and facilities, which may be used to integrate education with living in both practice and concept.

Each year UFM brings together hundreds of volunteer teachers with thousands of learners. UFM helps connect the university and the community, young and old, poor and rich, old and new residents with each other.

The connections that have happened through classes have led UFM to become involved in other concerns and projects. If you would like to learn more about these projects, call UFM and ask for additional information.

Executive Director - Linda Inlow Teener
Educational Coordinator - Tresa Weaver
State Outreach Coordinator - Anita Madison
Lou Douglas Lecture Coordinator - Karen McCulloh
Family Literacy Program - Michael Cody
Office Coordinator - Bonnie Wellmeier

In all these ways UFM helps make connections, bringing university and community resources together. It is the goal of UFM to continue to bring together people to identify other needs in the community and work to meet those needs. With the help of volunteers and student interns, UFM has often become an umbrella organization for new projects. Let us hear your ideas.

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UFM provides a neutral site to discuss community issues. The views expressed by course instructors or other groups utilizing our meeting space are not necessarily those held by UFM programs, Board members, or staff.

UFM is committed to a policy of nondiscrimination on the basis of race, sex, national origin, handicap, religion, age, sexual preference, or other non-rent reasons, in relation to admissions, educational programs or activities, and employment, all as required by applicable laws and regulations.

ABOUT OUR COVER
Our cover was done by Ann Root, a graduate of KSU in Marketing, and Mal Hoover, a Graphic Designer for Veterinary Medicine at KSU.
**UFM INSTRUCTORS**

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Aquatics
1221 THURSTON  539-8763

Swim Classes:
The Division of Continuing Education and UPF in cooperation with the American Red Cross are pleased to present Red Cross Certification to participants successfully pass Beginner, Advanced Beginner, Intermediate, Swimmers, Adult Swim Lessons, Basic Water Safety, Basic Lifeguard, and Swim and Stay Fit programs. Classes are taught by certified American Red Cross Water Safety Instructors.

All swim classes are held in the KSU Natatorium.

Lockers are available for use during class. Participants must supply towels and swimsuits. Showers are required before entering the water.

Parents are allowed on deck only on Parent's Day.

Note: Minimum enrollment for all classes is 5. If less than 5 enroll, classes of the same level may be combined or they will be cancelled. You may be asked to show record of having passed prerequisite courses.

Session I:  Mon-Wed: Sept 14 - Oct 21
            Tue/Thurs: Sept 15 - Oct 22
Session II:  Mon-Wed: Nov 1 - Dec 5
            Tue/Thurs: Nov 2 - Dec 10
Session III: Saturdays: Sept 12 - Dec 5

Parent/Infant and Parent/Tot
Ages 6 mo - 3 years

This water orientation program is designed to teach you how to work safely and effectively with your child and to teach basic water safety and self-help skills. The program emphasizes water adjustment, preparatory activities for swimming and water environment for you and your child. Parent/Infant and Parent/Tot class fees include the ARC Aquatic Program Parent's Guide. Small children should wear nappies fitting lightweight pants covered by rubber pants. To participate, infants must have the ability to voluntarily raise their heads 90 degrees when lying flat on their stomachs. Parent must accompany child.

Session I:  MonWed: 7:30pm
            Tues/Thurs: 7:30pm
            Wed: 7:30pm
            Fri: 7:30pm
            Sat: 9:30-11:15am
            Fee: $11.25 per session

THE AUDUBON SOCIETY
(Northern Flint Hills Chapter, P.O. Box 1952, Manhattan, KS 66502-0022)
invites you to join us in the following activities:

BEGINNING BIRD WALKS
Monthly, 2nd Saturday, 8 a.m. Meet in the parking lot of Ackert Hall, KSU Campus. For novices and experts, children especially welcome. For more information, call Dave Rintoul, 537-0781.

EDUCATIONAL PROGRAMS:

FIELD TRIPS:
Call Tim Rues 784-5535; pre-registration required. Sept. 26: Kanopolis State Park Oct 18: Kaw Indian Mission, Council Grove Nov. 28: Kaw River Nature Trail

BIRDSEED SALES:
Oct. 24 and Dec. 5, 9 a.m.-1 p.m. UFM Fireplace Room. Order seed in advance by calling 539-4865 or 1-494-2556.

For more information, pick up the Audubon Calendar at UFM or the public library, or call 1-456-7053.
AQUATICS (Continued)

Advanced Beginners
Ages 6 plus
The requirement for this class is to show proficiency at or above the Beginner level. New skills include the survival stroke, treading water, diving, elementary backstroke, and underwater swimming.

Session I:
AQ-15 MonWed 6:50-7:30pm
AQ-16 TuesThurs 6:50-7:30pm
Session II:
AQ-25 MonWed 6:50-7:30pm
AQ-36 TuesThurs 6:50-7:30pm
Session III:
AQ-37 Saturday 9:30-10:15am
AQ-38 Saturday 10:30-11:15am
Fee: $35 per session

Intermediate
Participation in this class must show proficiency at or above the Advanced beginner level. New skills include the breaststroke, sidestroke, sculling, five-minute swim, turns and back float. Certification requirements regarding stroke development almost always require two sessions of the Intermediate class for each participant.

Session I:
AQ-48 MonWed 6:05-6:45pm
Session II:
AQ-29 TuesThurs 6:05-6:45pm
Session III:
AQ-45 Saturday 9:30-10:15am
Fee: $35 per session

Swimmers
Participation in this class must show proficiency is or above the Intermediate level. New skills include back crawl, surface diving, breast, sidestroke and sculling, and the 10 minute swim.

Session I:
AQ-18 TuesThurs 6:05-6:45pm
Session II:
AQ-19 MonWed 6:05-6:45pm
Session III:
AQ-20 Saturday 10:30-11:15am
Fee: $35 per session

Private Lessons for Special Populations
AQ-57
For people with special physical or mental needs. Arrangements will be considered for private swimming lessons. The Swim Coordinator will contact individuals during the second week of each session to arrange 6 classes of 30 minutes each, if conditions can be met. The facility is equipped with a lift and a set of mats leading into the pool.

Date/Time: By appointment
Fee: $38 per session of 6 lessons

Private Lessons
AQ-58
These lessons are for one on one instruction and are for any level of swimmer. The Swim Coordinator will contact students within 30 days of registration, to schedule 6 classes of 30 minutes each, if conditions can be met.

Date/Time: By appointment
Fee: $38.00 per session

Swim and Stay Fit
Ages 13 plus
Swim and Stay Fit is a planned activity to encourage physical and advanced swimmers to swim regularly and frequently. Participants receive individual work-outs planned and supervised by inst. daily.

Session I:
AQ-19 MonWed 6:05-6:45pm
AQ-20 TuesThurs 6:05-6:45pm
AQ-29 MonWed 6:05-6:45pm
AQ-30 TuesThurs 6:05-6:45pm
Session II:
AQ-57 Saturday 9:30-10:15am
AQ-38 Saturday 10:30-11:15am
Fee: $35 per session

Swim and Stay Fit for Parents
Are you tired of being just an observer at your child's swimming lessons? If so, then take advantage of the time you spend watching and enroll in our SPECIAL Parents Swim and Stay Fit Class. This class is available to you at a reduced rate of $25 and will meet everyday your child is enrolled in swimming lessons. In this class you will set your own goals and the instructor will help mentor your program.

Session I:
AQ-24 MonWed 6:05-6:45pm
AQ-22 MonWed 6:50-7:30pm
AQ-23 TuesThurs 6:05-6:45pm
AQ-24 TuesThurs 6:50-7:30pm
Session II:
AQ-41 MonWed 6:05-6:45pm
AQ-42 MonWed 6:50-7:30pm
AQ-43 TuesThurs 6:05-6:45pm
AQ-44 TuesThurs 6:50-7:30pm
Session III:
AQ-50 Saturday 9:30-10:15am
AQ-60 Saturday 10:30-11:15am
Fee: $25 per session

Adult Swim Lessons
Are you tired of sitting or the sidelines watching everyone else swim? Well, don’t you need to anymore. Now’s your chance to learn how to swim. This class is for adults who want to become comfortable in the water, add to their knowledge of personal safety, and increase enjoyment of their leisure time. No prerequisites. If enrollment is low, this class will be moved to private or semi-private lessons.

Session I:
AQ-23 MonWed 6:05-6:45pm
AQ-26 TuesThurs 6:05-6:45pm
Session II:
AQ-45 MonWed 6:05-6:45pm
AQ-46 TuesThurs 6:05-6:45pm
Fee: $33

Hydroaerobics
Ages 16 plus
This class is designed to use water exercises for the development of physical fitness, muscle tone, flexibility, and cardiovascular endurance. Open to non-swimmers and swimmers alike. Monday through Thursday evenings and Saturday morning.

Date:
AQ-61 Session I --- 2 meetings per week
AQ-62 Session I --- 2 meetings per week
AQ-63 Session I --- 2 meetings per week
AQ-64 Session II --- 2 meetings per week
AQ-65 Session III --- 2 meetings per week
AQ-66 Session IV --- 2 meetings per week
Time:
6:05-7:30am Monday through Thursday
9:30-10:30am Saturdays
Fee:
2 meetings per week $18 per session
3 meetings per week $27 per session
4 meetings per week $36 per session

GMAT
Graduate Management Admission Test PREPARATION COURSE available this spring
This comprehensive GMAT review may give you the edge you need to beat the competition for admission to an MBA program.

For information call soon.
UFM 539-8763

For Great Family Activities, don’t forget to check the other sections of the catalog.
A Play group for Children and at-home parents is listed in the YOUTH section.
OUR COMMUNITY and EARTH AND NATURE sections have a variety of field trips that are fun for the family.
Surviving and Thriving
After Abuse is a class offered in the PERSONAL DEVELOPMENT section of the catalog.
Fundamentals of Kayaking

AQ-01
Experience the challenge of kayaking! We will study equipment, paddling techniques, water safety, and practice American Red Cross safety techniques.

Red Cross Code (336-2643), a certified Red Cross Kayak instructor, has been kayaking for many years. He is a past President of the Kansas Canoe Association and the original director of the Kayak Chapter.

Date: Nov 1 & 8 (2 sessions)
Time: 6 pm - 7 pm
Fee: $50
Location: KSU Natatorium

Intermediate Kayak Workshop

AQ-02
This workshop is for those who have some experience who desire to improve their skills. Informal instruction will be provided on skills and strokes in indoor pools. Rooms are available for rent at a nominal fee at the pool, or you can bring your own.

Red Reppole and T.J. Willie, have been teaching Kayak classes for a number of years. They are certified Red Cross Kayak instructors/trainers.

Date: Dec 5 (1 session)
Time: 5 pm - 7 pm
Fee: $25
Location: KSU Natatorium

Water Safety Instructor Update

AQ-06
This workshop is for those who have completed the free online training. Participants will be responsible for their travel and will be issued new course material. All WSI 1 are required to attend the orientation on January 31, 1999. This update orientation will allow opportunities for practice and skill maintenance in the water. All participants must pass a 75 question written test with 80% or better to successfully complete the orientation. An Implementation Test over the instructors Manual and Swimming and Diving textbook must be completed as a study guide before attending the Update Orientation. Update Kit may be purchased at the Rocky Co. Red Cross Office or at Hays Prentice.

WSI Update

AQ-07
Date: Dec 5 (1 session)
Time: 1 - 3 pm
Fee: $25
Location: Gym 204 (KSU Natatorium)

Scuba Diving

AQ-03
This class will prepare students to receive open water certifications. The certification is included in the class fee, however neither UFM nor the KUSI is responsible for this certification. Travel and lodging are at the student's expense. The certification test will be administered at the first class meeting. Students must provide their own mask, fin, and snorkel. The class fee includes instruction, dive manual and equipment rental during class. Students will practice skills under the supervision of 3 certified persons. Estimated cost is $90-$90, mask, $30-$50, fins, $40-$50. Limit: 10 students. Minimum age: 12. Parents of 12-15 year olds must accompany children (pool side). A complete physical is required for participants aged 40 and up.

FREE SCUBA DEMONSTRATION will be held in the KSU Natatorium on Friday, Sept 11 from 6:05 - 7:30 pm. This session will acquaint participants with the skills and techniques of safe underwater diving. Bring swimsuits and be prepared to enter the water.

Jeff Wilson, has been diving for 22 years and has been teaching for 15 years. He is certified as a scuba instructor and has been teaching for the past 15 years. His classes are held at the KSU Natatorium on Friday, Oct 10 at 6:05 - 7:30 pm.

Date: Sept 1 - Oct 31 (6 sessions)
Time: 5 pm - 7 pm (Saturday)
Fee: $105
Location: KSU Natatorium

Basic Water Safety

AQ-08
No age requirement, water participation not required, but recommended.

Provides general water safety information. Great for families, clubs, groups, organizations and interested individuals. This class is a prerequisite for Emergency Water Safety at KSU.

Date: Sept 14 - Oct 21
Time: 6:05 - 7:30 pm (Mon & Wed)
 Fee: $20 per person (ask about group and youth discounts)
Location: Gym 204 KSU Natatorium

Scuba Refresher

AQ-04
The dive refresher program is designed to provide a controlled training environment for those certified divers who have not had recent dive experience. This program is recommended for:
1. Those with less than 4 open water dives in the past year.
2. Those with no water dives in the past 6 months.
3. Those planning dives in an environment which is new to them.

Prerequisites: Open Water 1 certification. Student must provide own mask, fins, and snorkel for the class. They may use own equipment if they have it.

Jeff Wilson, has been diving for 22 years and has been instructing scuba for 15 years.

Date: Nov 22 (1 session)
Time: 11 am - 1 pm
Fee: $50 includes equipment rental
Location: KSU Natatorium

Skin Diving

AQ-05
The Skin Diving program is designed as a leisure time activity. Swimmers who are interested in expanding their aquatic experiences will find this course to be enjoyable and challenging. The underwater world is a fascinating place which can be explored with a minimum amount of effort by the use of mask, fins, and snorkel. The student must only provide a swimming suit. Mask, fins, and snorkels will be available to purchase if they desire. Minimum age: 10 Students 10-15 need to have a parent present (poolside).

Skin Diving Demonstration will be held at the KSU Natatorium on Friday, Oct 10 at 6:05 - 7:30 pm.

Date: Nov 22 (3 sessions)
Time: 6:05 - 7:30 pm (Saturday)
Fee: $50
Location: KSU Natatorium

Basic Lifeguarding

AQ-09
This class will prepare students to lifeguard at most pools. You will be instructed in proper use of rescue equipment and lifeguarding duties and responsibilities. This certification does not meet ARC requirements for open water guarding, water park guarding, or as a prerequisite for taking the water safety instructor class. Prerequisites: All participants must be at least 15 years of age and will be required to pass a skills test the first class period. This course is offered at the American Red Cross office for $85.00.

Date: Oct 24 - Dec 3
Time: 6:05 - 7:30 pm
Fee: $60
Location: KSU Natatorium

ATTENTION YOUTH, AGES 6-12! We also offer Kung Fu for Children in the YOUTH section of the catalog.

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REGISTRATION INFORMATION on back cover.
Earth & Nature
1221 THURSTON  539-8763

Field Trip to Glacial Area of Pottawatomie County
How do we know that glacial visitors Kannan?...by the rocks from Minnesota they left behind. We’ll visit northern Pottawatomie County to collect glacial material including agate, jasper, quartz, chert, petrified wood as well as other, some of which may be of gems quality. Bring a beverage, and a container for rocks. Become a rockhound for the day! 

Raiddate: Oct 23
Dr F.C. Lanning (537-7590), Professor Emeritus of Chemistry at Kansas State, is a long time member of the Manhattan Mineral, Gem and Fossil club.

Date:  Oct 10 (1 session)
Time:  4:30 am - 11:00 noon (Saturday)
Fee:  $5
Location:  Meet in the UFM Parking Lot

Solar Livestock Watering
on the Konza
Working with PR & W Rural Electric Cooperative, the Konza Prairie installed a solar pump because, in this instance, solar cells were cheaper than running a powerful gas generator. This is an opportunity to visit a system that is very rare east of Colorado. We’ll visit the site and discuss different pumps and solar array combinations. Bring your questions and comments.

Raiddate: Sept 12
Bill Durfee (538-1956), has followed this industry for a dozen years, organized this effort and put the system together. On alternate semesters he teaches another UFM class on general photovoltaic (solar electricity).

Date:  Sept 5 (1 session)
Time:  10-10 am (Saturday)
Fee:  $5
Location:  Meet at the UFM Parking Lot

Flower Arranging Workshops
Take advantage of the natural availability and create new arrangements with the seasons. You may attend the workshop or workshops of your choice. The instructor will contact students to coordinate supplies. You may bring your own containers.

Christian vanSwazy (539-5490), has a life long interest in flowers stemming from her Dutch heritage. She curates designs arrangements for special occasions and is interested in historical development of flower arranging. She plans to discuss how flowers have been used in different cultures.

Late Summer Garden Arrangement
Christian vanSwazy

Date:  Sept 18 (1 session)
Time:  7 pm (Wednesday)
Fee:  $5 includes some supplies
$20 for all 4 workshops
Location:  2321 Wildwood Ln.

Workshops

Backyard Fruit Farming
This class will focus on the maintenance of various fruit trees and bushes. We will give instruction on the care of plants. There will be opportunity for hands on experience pruning and caring for a variety of fruit producing plants. Strawberries, gooseberries, and other bushes, as well as fruit trees will be discussed.

Norma Davis, has completed a degree in Horticulture.

Date:  Oct 10 (1 session)
Time:  9 - 11 am (Saturday)
Fee:  $5
Location:  UFM Fruitplace Room

Working with Crystals
This class will be a discussion on the basics of working with crystals and stones. It will focus on the meditation and positive affirmations. You will need to wear comfortable clothing and bring an open mind.

Optional books and stones will be available to purchase.

Aida Krueger, has been working with crystals for several years. He believes that help comes from within, and is interested in teaching others more about crystals.

Date:  Sept 6 (1 session)
Time:  3 pm (Wednesday)
Fee:  $5
Location:  UFM Solar Greenhouse

Dried Flower Arrangement

Christina vanSwazy

Date:  Nov 11 (1 session)
Time:  7 pm (Wednesday)
Fee:  $7 includes some supplies
$20 for all 4 workshops
Location:  232I Wildwood Ln.

Fresh Green Christmas Arrangement

Christina vanSwazy

Date:  Dec 3 (1 session)
Time:  7 pm (Wednesday)
Fee:  $8 includes some supplies
$20 for all 4 workshops
Location:  232I Wildwood Ln.

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GMAT Preparation Course coming this Spring. Call UFM (539-8763)
Successful Money Management

Be a successful money manager! This program will cover savings structure, investment, and insurance programs for today’s world. Discover how to save taxes today while providing future dollars for education or retirement. We will discuss the impact of inflation and how to make it work for rather than against one’s financial plan. Affordable ways of investing and saving regardless of one’s budget will also be addressed. A financial plan for each class participant will be provided.

Fred Freedy (537-4505), is a senior account executive for Waddell & Reed, Inc. and has 16 years experience as a financial planner.

Date: Sept 23 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: Waddell & Reed, Inc.
555 Poyntz, Suite 280

Why 95% of all Americans retire flat broke but you don’t have to

This class is designed to offer families and individuals straightforward, dependable solutions. That help you get out of debt, balance the family budget, protect your assets, save for your kids education and provide for a secure retirement. We demonstrate how the average income family can achieve extraordinary success with a sensible approach to managing hard earned dollars.

Mark Kline is a Registered Representative with Primerica Financial Services. Along with 8 years experience, Mark holds a Kansas license in Life, Health, Accident, Variable Life Insurance, Variable Annuities, and Securities Investments.

Date: Sept 8 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Why 95% of all Americans retain flat broke but you don’t have to

Mark Kline

Date: Oct 6 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Successful Money Management

Fred Freedy

Date: Oct 19 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: Waddell & Reed, Inc.
555 Poyntz, Suite 280

Successful Money Management

Fred Freedy

Date: Nov 1 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: Waddell & Reed, Inc.
555 Poyntz, Suite 280

Why 95% of all Americans retire flat broke but you don’t have to

Mark Kline

Date: Dec 1 (1 session)
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room
Personal Computer

Having trouble figuring out how your computer works? Need help translating those manuals or interpreting the screens? Get some help understanding how to make your computer work for you. Schedule a private tutoring session to answer your personal questions. This service is directed toward beginning computer users with IBM compatible computers.

Linda Turner (539-8763), is Executive Director of UFM and is extremely knowledgeable about computers.

Date/Time: By appointment
Fee: $15 per hour
Location: As arranged

GRE Preparation Course

Planning to take the Graduate Record Exam? Take advantage of our GRE preparation program to help improve your score. This comprehensive, up-to-date, program offers you these basic ingredients for success: review, strategy, and practice. The carefully designed curriculum consists of both classroom and home study hours. Analysis and review consist of three GRE subject tests of Math, Logic and Verbal skills. You will be tested under simulated GRE conditions in order to gain test-taking practice and confidence. The practice test will be analyzed so you can learn the reasons behind the correct answers. Registration includes all in-class and at-home study materials.

Date: Nov 17 - Dec 10 (Tues. & Thurs.)
Dec 5 (Saturday)
No class Thursday Nov 30
Time: 6:00-9:30 pm (Tues. & Thurs.)
9:00-12:00 noon (Saturday)
Fee: $200
Location: 112 Bluebonnet Hall, RSMU; Nov 17 - Dec 10

Introduction to Macintosh

In this introductory class you will learn about mouse control, start up and shutdown procedures and menu and icon selection. You will gain control over window and view characteristics, moving, copying, deleting and retrieving files. We also devote class time to managing floppy diskettes and disk accessories, word processing and printing files and application control.

John Perbeck, is Vice President of Manhattan Operations for MacSource, Race Profit, is the Higher Education Account Manager for MacSource.

Date: Sept 15 (1 session)
Time: 7 - 9 pm (Saturday)
Fee: $35
Location: MacSource

Introduction to Macintosh

John Perbeck & Race Profit

Date: Oct 15 (1 session)
Time: 7 - 9 pm (Thursday)
Fee: $35
Location: MacSource

Introduction to Macintosh

John Perbeck & Race Profit

Date: Nov 3 (1 session)
Time: 7 - 9 pm (Tuesday)
Fee: $35
Location: MacSource

ClarisWorks

This class will cover the spreadsheet, the database, the graphics package and the word processor, and how all of these features work together. Students are encouraged to bring their ideas and questions.

John Perbeck, is the Vice President of Manhattan Operations for MacSource. Race Profit, is the Higher Education Account Manager for MacSource.

Date: Sept 22 (1 session)
Time: 7 - 9 pm (Tuesday)
Fee: $25
Location: MacSource

Resume' Writing and Microsoft Word

Be prepared for that job search process. Join us to gain important tips in resume' writing, and cover letter format. What information about yourself is important to use, attractive conservative layout styles, and follow up letters. Find out about paper selection and copy service. Bring your resume.

John Perbeck, is the Vice President of Manhattan Operations for MacSource. Race Profit, is the Higher Education Account Manager for MacSource. The Kinko's Staff will also be available to assist with any questions.

Date: Nov 18 (1 session)
Time: 7 - 9 pm (Thursday)
Fee: $24
Location: Kinko's

Resume' Writing and Microsoft Word

John Perbeck, Race Profit, and Kinko's Staff

Date: Dec 8 (1 session)
Time: 7 - 9 pm (Tuesday)
Fee: $24
Location: Kinko's

To advertise your business or organization in the next UFM catalog, contact the UFM Office (539-8763) by November 2.
Fiction Writing: Nuts & Bolts

We will discuss fiction writing techniques, including research, plotting, and background and character development. Marketing will also be covered.

Lee Klingen (776-6584), a member of the Science Fiction and Fantasy Writers of America, Mystery Writers of America, and Sisters in Crime, has published eleven novels and twenty short stories.

Date: Sept 10 - Oct 1 (4 sessions)
Time: 7:30 - 9:00pm (Thursdays)
Fee: $17
Location: UFM Fireplace room

Stand Up Comedy

Are you the life of the party or a quiet comic genius just waiting to break free? Have you ever seen someone on TV and thought you were funnier? This course will emphasize the basics of stand-up comedy; writing your own material, developing your personal comic style, stage presence and technical skills. Whether you want to get all the way to Tonight Show or just be funny at the coffee machine, this course is for you.

Date: Sept 15 - Oct 20 (5 sessions)
Time: 7:30 - 9:00pm (Tuesdays)
Fee: $30
Location: UFM Banquet Room

Bridge

This course is designed for the beginner, the bridge player with no formal training, or simply the player wanting to play a better game. It will cover all aspects of play in contract bridge, such as bidding, playing the cards, scoring, and conventions. Utilizing lecture, demonstration, and application of theory and practice, the course will give the student the basics of playing bridge for both personal and social satisfaction.

Individuals may enroll without a playing partner.

Dick Clouette is a Life Master and is an ACBL accredited teacher.

Date: Sept 14 - Oct 19 (4 sessions)
Time: 7:30 - 9:00pm (Mondays)
Fee: $20
Location: UFM Fireplace room

Twine Basket

Basketry is non-traditional, but also wonderful access to your home decor. Spend an afternoon and have your own basket to take home. They also make great gifts for the holidays.

Children must be accompanied by an adult.

Julie Strauss (293-5795) has been making and selling baskets for about 5 years and enjoys teaching others about the art of basketry.

Date: Sept 19 (1 session)
Time: 12:30 - 5:00pm (Saturday)
Fee: $15 includes take home basket
Location: UFM Kitchen

Twine Basket

Julie Strauss (293-5795) continues the making and selling baskets for about 5 years and enjoys teaching others about the art of basketry.

Date: Oct 17 (1 session)
Time: 12:30 - 5:00pm (Saturday)
Fee: $15 includes take home basket
Location: UFM Kitchen

Model Railroading

Model railroading is more than men playing with trains. Model railroading in ages and generations. It enables one to create a portion of the world in miniature, while expressing oneself and developing skills in a variety of medium. During the course instructors will introduce you to the world of model railroading, increase your appreciation of the breadth of the hobby, and give you a chance to develop skills that will enable you to rent a toy train into a model railroad.

Date: Oct 7 - Oct 28 (4 sessions)
Time: 7:30 - 8:15pm (Wednesdays)
Fee: $30
Location: UFM Solar Greenhouse

Beginning Calligraphy--for Right Handers

Do you enjoy seeing the elegant script of calligraphy, but can't imagine creating anything so lovely? Learn the basics in a variety of styles. With a little practice, beautiful letters and words will flow from your pen. Soon you will be able to progress to the most difficult styles with only a little more effort.

Date: Dec 4 (1 session)
Time: 6:30 - 9:00pm (Friday)
Fee: $8.50
Location: UFM Banquet Room

Family Vision Care

DR. DOUGLAS STIGGE
DR. NORBERT STIGGE
Optometrists

(913) 539-6051
1202 Moro
Manhattan, Kansas 66502
CREATIVE FREETIME (Continued)

Pillow/Lap Quilt (Quillo) (CF-10)
These pillow-warp quilts are a great project for using on your couch, in your car, or just any time you need something to keep off the chill, but would like something decorative to hide in purses. They look just like a pillow until they are unfurled, and then they provide cuddly warmth! Although we won't be able to sew them all together in class, I'll show you the basics and we will base most of the things so you can complete the project once you get home to your sewing machine. Fabric list available at time of registration.

Date: Oct 3 (1 session)
Time: 9:00-12:00 noon (Saturday)
Fee: $6.50
Location: UFM Banquet Room

Just Clowning Around (CF-11)
Have you always wanted to dress as a clown for certain occasions? Learn the basics of putting on clown makeup at this session. We'll select one or two models from the class to be made up and talk about the steps involved. We will also discuss how to make a clown suit at a reasonable cost.

Date: Oct 3 (1 session)
Time: 1:00 - 3:00 pm (Saturday)
Fee: $6
Location: UFM Conference Room

Creating Padded Baskets (CF-12)
Have you seen padded baskets as craft fairs, but thought the price too high? Make a beautiful padded basket for a fraction of the cost. These unique baskets can be personalized and are ideal for gifts. Bring the basket of your choice and enough material and trim to loosely cover it - you can do just the inside, just the outside or both, as you prefer. If you have a hot glue gun, please bring it to class to expedite the project.

Date: Nov 6 (1 session)
Time: 10:00-12:00 noon (Saturday)
Fee: $8.50 (includes handouts & some materials)
Location: UFM Banquet Room

Making Covered Albums (CF-13)
Covered albums are one of the easiest and most practical gifts to make for your family or friends. They can be used for wedding, birthday, baby or holiday gifts and personalized to tell any story. Bring 3/4 yard of material and 3 yards of trim. The toolbooks are provided. Bring a hot glue gun to class if you have one to expedite projects.

Date: Dec 11 (1 session)
Time: 1:00-3:00 pm (Saturday)
Fee: $8 includes padding, notebooks, and handouts
Location: UFM Banquet Room

String Dolls (CF-14)
String Dolls - You have seen string dolls at craft fairs and thought how cute they were but also thought they were too expensive. Actually they are very simple to make. Bring 23 yards of cotton string or yarn of your choice for the large or 10 yards for small, and I'll show you how simple they really are. They make great gifts for Christmas and the sooner you can make them in is nearly limitless. (Bring hot glue gun if you have one to speed up projects)

Date: Nov 21 (1 session)
Time: 10:00 - 12:00 noon (Saturday)
Location: UFM Banquet Room

Creative Twist Dolls (CF-15)
Have you admired the artsy twist-type dolls so popular in a variety of colors? If so, you can learn to make them at a fraction of what you'd pay at craft fairs. You can make your doll in whatever color you purchase of the creative twist ribbon. You will need 6 yards of the color of your choice, and you will need to have practiced these pieces from instructions given at the time of registration.

Date: Nov 21 (1 session)
Time: 10:00 - 12:00 noon (Saturday)
Location: UFM Banquet Room

Seasonal Flower Arrangements
See EARTH AND NATURE section.

JOIN US Sundays at 10:45
• Stimulating programs
  • Liberal religious education classes for children
  • Childcare for those too young for classes
  • Refreshments after programs
  • Social events

Unitarian-Universalist Fellowship 481 Zeusdale Rd.

Ben Franklin Crafts
CRAFT SUPPLY HEADQUARTERS
Everything for the Crafter (or the would-be crafter)
Westoop Shopping Center
777-6910
Mon.-Fri. 9-9 Sat. 9-7 Sun. 1-6

Benjaminina Sewing Center

PRECISION MADE IN SWITZERLAND - SINCE 1891

NOTICE NOTICE NOTICE
The YOUTH section of the catalog has activities fun for all ages, especially Cutting Snowflakes Painting a Jack-O-Lantern

Benjaminina Sewing Center

Worlds First Most Bold Free-Arm Zigzag Sewing Machine
Bernina Sewing Machines
Fatima C-23" Martinson, KS
Pastor Knitting Machines
66592

330 N. 4th
Zigzag Sewing Machine
Bernina Sewing Machines
Fatima C-23" Martinson, KS
Pastor Knitting Machines

THANK YOU, ADVERTISERS FOR YOUR SUPPORT.
Gaining Math Skills through Games

Parents, do you struggle with how to make math fun for your children? This class will share a number of ideas on how to make learning basic math facts fun by playing games. We will play a number of simple games in class that you can try at home.

Terry Carpenter, teaches part-time at the Manhattan Middle School. She has found that teaching and reinforcing math skills to her own children can be fun through the use of games.

Date: Dec 1 (1 session)
Time: 7:00 - 8:30 pm (Tuesday)
Fee: $5
Location: UFM Fireplace Room

True Colors

Families that communicate openly seem to be closer kids. This kind of positive bonding can help reduce kids from the pressures to use alcohol and other drugs. True Colors offers families a fun opportunity to learn a new perspective on communication. By learning about individual personality styles, families can build on each other's strengths even when they don't always agree.

Becky Alhower, M.A. (587-3772), is Program Coordinator of the Northeast Kansas Regional Prevention Center, a program of Kewaunee Mental Health Services. A former junior high teacher and substance abuse therapist, Beck has been involved in alcohol and other drug abuse prevention in Kansas for 6 years.

Date: Oct 20 (1 session)
Time: 7:00 - 9:00 pm (Tuesday)
Fee: $10
Location: UFM Conference Room

Catherine Lee Fung, Ph. D. Candidate
host

UNIVERSITY FOR MAN
FIFTH SEASON
On Channel 6, ME/U
where local cable originates

Tuesday at 5:00 p.m. & Wednesday at 4:30 p.m.

Sept. 1 & 2: McCain Auditorium
Events
Sept. 8 & 9: Breathing, and Running
Sept. 15 & 16: Running Shoes
Sept. 22 & 23: Visiting Krystallos
Sept. 29 & 30: Shapes and Stars
Oct. 6 & 7: Celebrating the Fifth Season
Oct. 13 & 14: Rock Climbing
Oct. 19 & 21: How to tell stories
Oct. 27 & 28: Financial Planning

Nov. 3 & 4: Standard Plumbing
Nov. 10 & 11: Matrilinéal & Patrilinéal
Cultures
Nov. 17 & 18: Prevention of Food Poisoning
Nov. 24 & 25: Russian Cooking
Dec. 1 & 2: Hosting International Students
Dec. 8 & 9: Poetry at the Park
Dec. 15 & 16: Handbell Music

Long-Term Care: Homing in on the Problem

"What shall we do with grandma?" "I can't stay alone any more, but I don't really need the kind of care that nursing homes provide." These and other similar comments are increasingly arising among families today. As our population grows older, chronic illness and long-term disabilities are becoming more common. New ways to provide care for disabled individuals are emerging—from innovative programs in nursing homes, to assisted living complexes, to home health care. An innovative program of care called the Healthcare Suite has just been added to the choices available. Based on the concept of the Australian "grandma flat," the Healthcare Suite provides for an independent living unit adjacent to a caregiver's home. The class will include a short video and provide ample time for questions and answers about the whole range of care options that disabled individuals may need.

Edith Standal (776-3264), is a gerontologist who is a Senior Consultant with Mobile Care, Inc.

Date: Sept 24 (1 session)
Time: 7:30 - 9:30 pm (Thursday)
Fee: $5
Location: UFM Banquet Room

Become a UFM instructor!
Please call the UFM Office (539-8763) by November 2 if you have a skill or interest that you would like to share with others in our community. Become a link in our goal of life-long learning and living.

GMAT Graduate Management Admission Test
PREPARATION COURSE available this spring
This comprehensive GMAT review may give you the edge you need to beat the competition for admission to an MBA program.

For information call soon.

UFM 539-8763

OUR COMMUNITY and EARTH & NATURE sections have a variety of field trips that are fun for the family.

For great family activities, don't forget to check the other sections of the catalog.

A play group for children and at-home parents is listed in the YOUTH section.

"Surviving and Thriving After Abuse" is a class in the PERSONAL DEVELOPMENT section of the catalog.

GRE Preparation Course coming this Fall
**Food for Fun**

1221 THURSTON 539-8763

**Beginning Cake Decorating**

Even a very Borders will enhance a cake. Add an icing decoration and you’ll impress all of your family and friends. You’ll learn the technique of preparing the icing at first class. Later you will bring your own cake and take home a masterpiece after the class. Supply list and instructions available at first class.

Berta Whititzone and Pat Palen (537-7222), own a small bakery in Louisiana which made specialty cakes.

**Beer Making**

Homemade Beer—beer for discriminating palates. Come learn the brewer’s art. We will make and bottle beer. Participants must be 21 years of age.

Dean Taylor, has many years experience in making beer and sells supplies for making beer and wine at The Palace in Agassizville.

**Wine Tasting**

Fields of Fair tour & wine tasting

in OUR COMMUNITY section

**GIFT CERTIFICATES FOR UFM CLASSES are always available.**

**Give a gift of learning!**

Call or Stop by UFM

1221 Thurstons 539-8763

- Christmas
- Birthdays
- Anniversaries
- Thank You Gifts

**Quality Natural Foods at Co-op Prices**

ORGANIC FRUITS & VEGETABLES, pleasing selection of domestic & imported cheeses, whole grain breads, bulk herbs and spices, coffee, tea, ORGANIC grains, flours, pastas, nut butters, raw nuts, dried fruits, trail mix, snack foods, local honey, baking supplies, crackers & chips, yogurt, tempeh, tofu, frozen foods, vitamins, health & beauty aids, bio-degradable cleaning products, recycled paper grocery bags and paper products...and more.

**People’s Grocery Co-op**

811 Colorado 539-4811

OPEN

Tuesday-Wednesday

Thursday & Friday 10-6:00

Saturday 9-5

Closed Sunday & Monday

Open to Everyone

Member-owned

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**ATTENTION KSU STUDENTS!**

Need a place to study during Final Week?

UFM will be open 8:30 a.m.-10 p.m.

Come by and find a quiet corner or call 539-8763 if you would like to reserve a particular location.

**BreadMake**

See your foodproof, 40-minute method for making yeast breads—white bread, raisin, oatmeal and others—all without recipes. Beginners catch on easily. Men take pride in crusty loaves. Experienced bread makers delight in new shortcuts and creative shaping techniques. Children think they’ve found the original "play dough." You’ll learn to make healthy, whole grain breads that aren’t heavy. You’ll make and take home for baking a one-pound loaf of Golden Gran Bread. All ingredients and utensils supplied.

Pat Palen (468-3505), has completed the course for BreadMake instructors. She loves to bake bread and has lots of fun teaching.

**A NABS Night Out**

The holiday season gives us a great chance to make possible low risk drinking choices. Come join the Regional Prevention Center to learn how to make exotic and traditional Non-Alcoholic Beverages for your holiday entertaining. Delicious recipes will be made and shared.

*Phyllis Grover, Community Prevention Consultant for the NE KS Regional Prevention Center, a program of Purposes Mental Health Services, is a former Home Economics teacher.*

**Date:** Nov 10 (1 session)

**Time:** 7:00 - 9:00 pm (Tuesday)

**Fee:** $8

**Location:** UFM Banquet Room

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**HANSEN NUTRITION CENTER**

"DIE CURS WHAT DIET CAUSES"

MON - SAT: 9:30 TO 6

537-4571

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**DYER’S IGA**

1003 Highway 24 Wamego, KS 66547

HOURS: 7 a.m. - 9 p.m.

7 days per week

“Service You Deserve”

455-7432

**FEATURING:**

- In-store Bakery
- Deli Department
- Large Video Tape Library
- Fresh Meat and Produce
Collecting Antique Glassware
For antique lovers! We will focus on Victorian, Depression, and patterned glassware. Learn more about what you have or want to buy.

Jean Bighes-Hill (557-4886)
Date: Oct 20 (1 session)
Time: 7:00 - 8:30 pm (Tuesday)
Fee: $5 for both classes - HA-04 & HA-05
Location: Tuttle Creek Blvd

Collecting and Restoring Antique Furniture
Interested in collecting wood using antique furniture? Learn about styles and what to look for in antique furniture. This class will teach on restoration and stripping—when to strip and when not to strip.

Jean Bighes-Hill (557-4884), an antique and collectible lover, manages Tuttle’s Antique Market in Manhattan. Jean also has a furniture striping and refreshing business called Busy Bee Refinishing and Refreshing. She is anxious to share her knowledge with others.
Date: Oct 12 (1 session)
Time: 7:00 to 8:30 (Tuesday)
Fee: $5 each class
Location: Tuttle’s Antique Market
1010 Tuttle Creek Blvd.

Hang It Up: Home Decorating with Wallpaper
Want to spruce up your home with wallpaper? Take this opportunity to learn various types and styles of wallpaper. We’ll discuss techniques of paperhanging and surface preparation. Learn what you need to know before you choose your paper. This class is geared toward the do-it-yourself enthusiast, but will help anyone who uses professional paperhangers and wallpaper dealers. Bring your questions, your wallpaper problems, and a non-porous surface.
Claudia Jones (776-8473), graduated from KSU with a degree in Interior Design. She manages the wallpaper and window blind section at Crown Decorating. Charlie and Jane Krepkowski have been professional wallpaper hangers for a number of years in Manhattan.
Date: Oct 25 (1 session)
Time: 7:00 - 9:00 pm (Thursday)
Fee: $5
Location: 301 Colorado
Crown Decorating

GRE PREPARATION COURSE
November 17 - December 10
Tuesday & Thursday
6:30 pm - 9:30 pm
December 5
Saturday
9 am - 12 noon

Analysis and review consists of the three GRE subject areas of math, logic & verbal skills.

For registration or more information, call UFM 539-8763

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Date: Oct 25 (1 session)
Time: 7:00 - 9:00 pm (Thursday)
Fee: $5
Location: 301 Colorado
Crown Decorating
Beginning Sign Language

This class is designed for individuals who are interested in learning the basic skills of American Sign Language. Students will be instructed in the Manual Alphabet and a vocabulary of about 200 functional signs. Fee includes book Gallaudet's Survival in Sign Language by Natalie Smith, instructor.

LA-01

Date: Sept 9 – Oct 14 (6 sessions)
Time: 7:30 – 8:00 pm (Wednesdays)
Fee: $40 includes book
Location: 145 Justin Hall, KSU

American Sign Language II

This course will involve projects, group activities, socialization skills, and total immersion in the language. The goal of this class is for each individual to increase their knowledge and fluency of the language. A guest speaker will also be invited to provide professional input of the language and the Deaf Culture.

LA-02

Date: Sept 15 – Nov 17 (10 sessions)
Time: 6:30 – 8:00 pm (Tuesdays)
Fee: $60
Location: UFM Fireplace Room

Survival Skills in Japanese

Join us for an introduction to Japanese. This class will cover basic language skills for use in travel such as ordering from a menu and understanding directions. Participants will be asked for input regarding specific learning interests.

LA-06

Date: Sept 14 – Oct 19 (6 sessions)
Time: 7:00 – 8:30 pm (Mondays)
Fee: $22
Location: UFM Multipurpose Room

Survival English

English as a 2nd Language

Survival English is designed to give the student a working knowledge of English both spoken and written. It will help him or her survive in today's job market or society. Self-confidence in public speaking, interviewing techniques, voice projection, pronunciation and accents will be covered. In written English, job applications, business correspondence and forms along with general written studies will be discussed. Class participation is a requirement.

LA-04

Date: Sept 9 – Oct 28 (8 sessions)
Time: 7:00 – 8:30 pm (Wednesdays)
Fee: $70
Location: 224 KSU Union

Survival English

English as a 2nd Language

James F. Hill, completed his Bachelor of Science degree in American History at the College of the Ozarks, Point Lookout, Mo. in 1977. He continued his education at Southern Mo. State University, Cape Girardeau, Mo. in 1981. He holds a Missouri State Teaching Certificate. He is an experienced teacher. In addition to teaching high school Social Studies in the Missouri Public System he has taught English at English Language Institutions in South Korea.

LA-03

Date: Oct 28 – Dec 16 (8 sessions)
Time: 7:00 – 8:00 pm (Wednesdays)
Fee: $18
Location: UFM Multipurpose Room

Russian for Beginners

At Russian Culture becomes more accessible to the world, here's an opportunity to learn the beautiful Russian Language and gain insight into Contemporary Soviet Life. Forget the old myth that adults are inferior to children in learning languages. Relax, listen to the Russian short stories, and enjoy their humor. Learn the Russian alphabet and try to read yourself. This course will be geared towards your learning interests.

LA-05

Date: Sept 9 – Oct 28 (8 sessions)
Time: 7:00 – 8:00 pm (Wednesdays)
Fee: $20
Location: 114 Blumental Hall, KSU

Beginning German

This is an introductory course to the German Language. We will discuss German culture and history. We will also cover grammar, proper sentence formation, reading, and numbers. After learning the basics, we will do basic conversational German.

LA-06

Date: Oct 28 – Dec 16 (8 sessions)
Time: 6:30 – 8:00 pm (Tuesdays)
Fee: $22
Location: 224 KSU Union

Survival Skills in Czech

It is appropriate for those with some basic grammar in Czech. We will work on pronunciation and commonly used phrases.

LA-08

Date: Sept 8 – Oct 13 (6 sessions)
Time: 6:30 – 8:00 pm (Tuesdays)
Fee: $22
Location: 224 KSU Union

MANHATTAN CIVIC THEATRE
1992-1993 MAIN STAGE SEASON

A... MY NAME IS ALICE

by Joan McMillen & Julianne Boyd
September 18, 19, 20 • 23, 25, 26, 27

THE FOREIGNER

by Larry Shue
November 13, 14, 15 • 20, 21, 22

PICNIC

by William Inge
February 19 Opening Night Gala
February 20, 21 • 25, 26, 27

MCT SEASON MEMBERSHIP

A Great Buy for Great Entertainment

2 musicals • 2 plays plus MCT Membership benefits only $30

For Season Membership brochure, call the MCT Information Line at 539-6000.

MCT Ticket Prices:

(Musical)
Regular $10.00
Student/Senior $8.00

(Play)
Regular $8.00
Student/Senior $6.00

MCT Membership (ticket $5.00)
Open auditions in weeks before opening

Box office information
(Open 10 days before each play)
Box office 12 noon-3 p.m.
Box Office 539-6000
MA-01

Aikido

Aikido is a traditional Japanese Martial Art. The focus of Aikido is to learn to blend with an attack, follow the opponent's moves, and in this way defeat the opponent with his own attacking energy. Aikido requires very little physical strength, and it is ideal for persons of any stature. We have fully equipped facilities, with wall to wall foam mats for safety, and a dressing room for your convenience. Join us for a stimulating introduction to Aikido.

Greg Matthews (552-6430 or 557-1992), Instructors are Greg, Fred Maritoni, and Kevin Murdock. The instructors are certified by the Southwestern Aikido Institute in association with Sedlak's Aikido.

Date: Sept 9 - Oct 23 (20 sessions)
Time: 5:00 - 5:50 pm (Mon, Wed, Fri)
Fee: $50
Location: 1108 Laramie (near the Mini Mart)

MA-02

Aikido

Date: Oct 26 - Dec 11 (20 sessions)
Time: 7:00 - 8:00 pm (Mon, Wed, Fri)
Fee: $50
Location: 1108 Laramie (near the Mini Mart)

MA-03

Judo I for Beginners

This course is designed to teach the fundamentals of sport judo. Students will learn takedowns, throwing and most techniques as well as rules for contact judo. Each student will be given an opportunity to order a uniform the first night of class. The uniform is not required for the first three weeks of class, but will thereafter.

Tony Loganhill is a 2nd Degree black belt. He has been practicing judo for 16 years and has competed in the U.S. Open 5 times.

Date: Sept 9 - Dec 9 (27 sessions)
Time: 6:00 - 7:00 pm (Mon. & Wed)
Fee: $60
Location: Aikido Field House

MA-04

Judo II - Advanced

(Age 7 & up with one Beginner's Class)

Tony Loganhill

Date: Sept 9 - Dec 9 (27 sessions)
Time: 7:00 - 8:00 pm (Mon. & Wed)
Fee: $60
Location: Aikido Field House

MA-05

Hakuro Ryu Jujitsu

Hakuro Ryu is a self-defense oriented grappling type of martial art. Not an exercise form of martial arts, students will concentrate on 2 person waza, solo waza exercises, and self-defense theory and techniques. Hakuro Ry is related to aikido, yet stresses a less active style, and more subtle, gentle techniques acceptable for use in modern society.

Stan Wilson (559-7723), has studied martial arts for 20 years and taught for 13 years. He holds a black belt in Kung Fu, a 2nd degree black belt in Hakuro Ryu Jujitsu, and is a member of the Shadows of lga Ninja Society. He has studied judo, aikido, four styles of karate, six styles of kung fu and various other martial arts. He has also written 13 manuals on martial arts.

Date: Sept 27 - Nov 15 (8 sessions)
Time: 4:30 - 5:00 pm (Sundays)
Fee: $20
Location: Aikido Field House

MA-06

White Dragon Kung Fu I

This Kung Fu style combines hand, soft and internal methods of martial arts. Beginners will learn basic techniques, self-defense, drills, and one-step sparring. Wear comfortable clothing.

Stan Wilson (559-7723), has studied martial arts for 20 years and taught for 13 years. He holds a black belt in Kung Fu, a second degree black belt in Hakuro Ryu Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied judo, aikido, four styles of karate, six styles of kung fu, and various other martial arts. He has also written 13 manuals on martial arts.

Date: Sept 15 - Oct 8 (11 sessions)
Time: 7:00 - 8:00 pm (Tues. & Thurs.)
3:00 - 4:00 pm (Sundays)
Fee: $28
Location: Aikido Field House

MA-07

White Dragon Kung Fu II

Continuation of White Dragon Kung Fu I. Optional testing is available for an extra charge.

Stan Wilson

Date: Oct 11 - Nov 5 (12 sessions)
Time: 7:00 - 8:00 pm (Tues. & Thurs.)
Fee: $20
Location: Aikido Field House

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- Christmas - Birthdays
- Anniversaries
- Thank You Gifts
Sack Lunch Theology

"The Good Society"

As we approach the national elections in November, people express a growing disillusionment with our country's leaders and governmental system. Is there a better way? Is there hope? What can we do? The Good Society, edited by Robert Satz of Hamild (Heart of the Heart) discusses a way to rebuild our society on values that may go against our individualism, but can make us a truly "good society." (Copies of the book available at the first class for approximately $15.00.)

Susan Sawyer (539-3051), is the American Baptist Campus minister at KSU and an Episcopal priest. She likes to read and doesn't like to eat lunch alone.

Date: Sept 21 - Nov 16 (8 sessions)
Time: 11:30 am - 1:00 pm (Mondays)
Fee: $5
Location: Baptist Campus Center 1901 Anderson

Life in Sunset Cemetery

This class is designed to explore 130 years of the Sunset Cemetery and examine changing cultural patterns and mortuary practices. A "walk's" worth covers viewing a cemetery not as a place of goings and ghosts and superstitions but as a place of life both past and present.

Cynthia Balzer, graduated from KSU in December 1991. She received degrees in Anthropology and American Ethnic Studies. Currently she works in Quincy, Illinois as an Archaeologist for the Center for American Archaeology. In 1988 her Field Archaeology Methods class decided to do a study on the Sunset Cemetery. In February 1991, the paper "Pitched are the Dead." Changing Social Distributions in a Kansas Cemetery was published in Plains Anthropologist.

Date: Sept 10 (1 session)
Time: 9:00 am - 4:00 pm (Saturday)
Fee: $5
Location: Sunset Cemetery (by front gate)

Fields of Fair Winery

Join us in a tour of the Winery. Learn the process of wine making. Hear about the vineyard at St George, finally experience first hand all the Fields of Fair wine varieties by tasting them along with cheese samples.

Fields of Fair Staff

Date: Sept 18 (1 session)
Time: 3:30 pm (Friday)
Fee: $10
Location: Fields of Fair Winery Pascoe Est off of I-70

Ghostbusters

Join us for a tour of Sunset Cemetery and meet some past Manitouans. This class will be an overview of the cemetery. We will discuss the history of some of the people buried there and touch on the strategy of using the cemetery for genealogical and historical research.

Cheryl Collins (537-2210), is the director of the Riley County Historical Museum.

Date: Sept 17 (1 session)
Time: 7:00 - 8:00 (Thursday)
Fee: $5
Location: Sunset Cemetery shelter at front gate

Life in Sunset Cemetery

Cynthia Balzer

Date: Oct 10 (1 session)
Time: 9:00 am - 4:00 pm (Saturday)
Fee: $5
Location: Sunset Cemetery (by front gate)

TENNIS TENNIS TENNIS
RECREATION AND HEALTH
section of the catalog.

Join Owen Jones to reminisce and network with others who are interested in passing along their stories and memories of days gone by in Manhattan and surrounding communities.

DATE: Wednesday, Sept. 23
TIME: 1:00 pm
LOCATION: Senior Center
412 Leavenworth

**** FIELD TRIPS ****
Check the EARTH AND NATURE section of the catalog.

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Stress Control and Relaxation Seminar

- **SP-01**
- **Title:** Introduction to Zen Buddhist Philosophy and Practice
- **Time:** Oct 21 (1 session)
- **Location:** UFM Conference Room

**Panelists:**
- **Res. Gilligan** (537-8568), a survivor of abuse and has learned and is continuing to learn how to thrive. She is a single parent.
- **Date:** Nov 9 (1 session)
- **Time:** 7:30 pm (Monday)
- **Fee:** $5
- **Location:** UFM Conference Room

Surviving and Thriving After Abuse

**SP-08**
- **Title:** Getting It All Together: Creating a Coordinated Image
- **Date:** Nov 16 (1 session)
- **Time:** 7:00 pm (Monday)
- **Fee:** $5
- **Location:** UFM Conference Room

**Panelists:**
- **Res. Gilligan**
- **Date:** Oct 28 (1 session)
- **Time:** 7:00 - 8:00 pm (Wednesday)
- **Fee:** $5
- **Location:** The Gallery for Hair 1506 E. Kansas Ave.

Nail Care for the Nineties

**SP-10**
- **Title:** Are you ready to discover a new you?
- **Contact:** Fran Callaghan
- **Independent Mary Kay Beauty Consultant**
- **Date:** Sept 14, Nov 2 (8 sessions)
- **Time:** 7:30 pm (Monday)
- **Fee:** $5
- **Location:** UFM Conference Room

**Panelists:**
- **Title:** Women's Hour readings on their religious beliefs systems to nurture and strengthen themselves and each other. We are now living in a time when women are greatly challenged to find the balance between their inner strength and their outer strength; their feminine and masculine energies. This class is offered in an effort to help women nurture and strengthen their own inner strengths by connecting with their inner selves. We will touch on feminine spirituality in Christianity, American Spirituality, Ancient Celtic Spirituality, Buddhist Philosophy and some New Age beliefs. There will be sharing, teaching and some class participation, in the form of exercises and guided meditations.
- **Res. Gilligan** (537-8568), a Spiritualist minister who specializes in Women's Ministries and counseling. She has been studying Feminine Spirituality for 10 years and facilitates a weekly study group for women.
- **Date:** Sept 16, Nov 2 (8 sessions)
- **Time:** 7:30 pm (Monday)
- **Fee:** $5
- **Location:** UFM Conf. Room

**Panelists:**
- **Title:** Are you ready to discover a new you?
- **Contact:** Fran Callaghan
- **Independent Mary Kay Beauty Consultant**
- **Date:** Sept 14, Nov 2 (8 sessions)
- **Time:** 7:30 pm (Monday)
- **Fee:** $5
- **Location:** UFM Conference Room
PERSONAL DEVELOPMENT (Continued)

Majesty by Design

SP-11

Nobody's Perfect! Run, with illusion dressing you can dress to create "Your Ideal Silhouette." Majesty is a great and exciting way to gain weight into personal fashion and style. Through this class you will receive a computer method created from your measurements which will guide you in color and fashion selection to fit and flatter your figure. Majesty is personal, private, easy and fun. Make the most of what you have.

Quinzi K. Williams (238-6926), is a professional cosmologist, with a degree from Cran's Beauty College and credentials from Chicago Cosmology Association. She is also a professional color analyst and is wanting to share her knowledge and experience.

Date: Sept 14 - Oct 5 (4 sessions)
Time: 7:30 - 9:00 pm (Monday)
Fee: $37 includes personal shopping handbook and handout packets
Location: UFM Banquet Room

Chinese Tai Chi I

SP-12

Tai Chi known as Joy through Movement is a popular Chinese Tradition. The purpose of Tai Chi is to circulate the vital force and balance the Yin-Yang of this living energy. It is so relaxing and energizing in a grade manner. This class is designed for beginners. Students will learn basic movements through demonstration and practice. You'll like Tai Chi and enjoy practicing.

Ping Wei (539-5129), is a graduate student in the Department of Chemistry at Kansas State University. When he was in China he taught many foreign students Tai Chi in Nanhai Park. (This foreign students were from USA, Japan, Germany, Russia, the Netherlands, and other countries.) Ping is very interested in introducing Tai Chi to K-State students and faculty, as well as Manhattan Residents. Everyone is welcome.

Date: Sept 8 - Oct 22 (14 sessions)
Time: 5:30 - 6:30 pm (Tues. & Thurs.)
Fee: $28
Location: International Students Center, KSU

Informal Shiatsu Massage

SP-16

Shiatsu is Japanese for "finger pressure," this rhythmic, moderately deep massage technique has been used for more than 1,000 years. Please bring a partner. You can share the experience of giving and receiving the massage to relieve those tight spots. You will do this to relax, not as a medical treatment. Very casual and.

Nobnaha Nakajima (539-7212), is a KSU student.

Date: Sept 10 (1 session)
Time: 5:30 pm (Thursday)
Fee: $10 couple
Location: UFM Fireplace Room

Sharpe

This is a nationally designed self defense program to specifically meet the needs of Women. By empowering women to better protect themselves they gain confidence in social and professional environments. There will be discussion about dealing with situations from sexual harassment, date rape through serial attack. This class provides self defense techniques without the use of weapons or extensive Martial Arts.

Diana Taver, has been teaching Women's Self Defense classes for 5 years throughout Colorado and Kansas. She is a 2nd degree Black Belt in Tae Kwon Do and has taught Police defense tactics, but for this class she takes a very practical and famililar approach.

Date: Sept 26 (1 session)
Time: Sat. 12 - 1 pm (Saturday)
Fee: $70
Location: Room 212, KSU Union

Informal Shiatsu Massage

SP-17

Nobnaha Nakajima

Date: Oct 3 (1 session)
Time: 2:30 pm (Saturday)
Fee: $1 individual
Location: UFM Fireplace Room

WHAT DID WE FORGET?

Name __________________________
Address __________________________
City __________________________
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A good addition to the brochure would be __________________________

I am willing to lead a class on __________________________

I want to be on the mailing list for class __________________________

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UFM CLASSES MAKE GREAT GIFTS!
First Aid “From Ouchie to Ambulance”

We will cover 1st aid basics of handling the “garden variety” of minor “boo-boos” and “ouchies.” Class will focus on initial management of more serious injuries. We’ll talk about calling the E.M.S. and what to do until they arrive.

Laura Burnett, R.N. (776-3300) is Unit Manager of Emergency Dept. at Memorial Hospital. She has worked at Memorial for 5 years. She has raised 2 children through a variety of 1st aid needs. Laura is currently certified in CPR, Advanced Cardiac Life Support, and is a Trauma Nurse instructor.

Date: Oct 14 (4 sessions)
Time: 7:30 pm (Wednesday)
Fee: $5
Location: UFM Fireplace Room

ATTENTION KSU STUDENTS!
Need a place to study during Final Week?
UFM will be open 8:30 a.m.-10 p.m.
Come by and find a quiet corner
or call 539-8763 if you would like to reserve a particular location.

GMAT GRADUATE MANAGEMENT ADMISSION TEST PREPARATION COURSE AVAILABLE THIS SPRING

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Jim Gregory, PGA Professional

STANDARD FIRST AID/COMMUNITY CPR

This course teaches fundamental principles and skills of first aid, correct CPR techniques for adult and infant victims of cardiac arrest and other respiratory emergencies. Red Cross Certification is given on successful completion of the course. Textbooks may be purchased at the Red Cross Office and are not included in the class fee.

Date: Sept 16 - Sept 30 (3 sessions)
Time: 6:00 - 10:00 pm (Wednesdays)
Fee: $50/plt books
Location: 1014 Poyntz - American Red Cross

UNDERSTANDING EPILEPSY: FACT VS. MYTH

This class will provide information on the different types of seizures and what they look like. We will discuss the causes of seizures and medications which can be used as well as the first aid for seizures. We will address the myths and misconceptions of seizures and the social implications of having seizures.

Shelly Ziegler (1-800-362-0070 ext 8665), has a Bachelor of Arts degree in Social Work from Wichita State University.

Date: Sept 24 (1 session)
Time: 7:00 - 8:00 pm (Thursday)
Fee: $5
Location: UFM Conference Room

BALLOON DANCE

Ballroom dancing is back! Time, Newsweek and Simmons report that ballroom dancing is popular throughout the U.S. Manhattan is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, Swing and more. You will be dancing around the expansive floor. So, sign up with a friend, or two, and learn how to dance withBusterness in your arms. Classes fill rapidly. It is advisable to register early.

Michael Bennett (776-7557) has trained in Ballroom Dances at U.C. Berkeley; Mandalay Ballroom, San Francisco; Allibaba Ballroom, Oakland CA; Chicago Dance Studio, Chicago, IL; and Avenue Ballroom, San Francisco. He was the 1986 San Francisco Aventure Ballroom Partner Champion. Neil Weathers has been helping Michael teach dance for 3 years and dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.

Date: Sept 25 - Nov 20 (5 sessions)
Time: 7:00 - 8:30 pm (Friday)
Fee: $25
Location: Lewis High Gymnasium
220 S Juliatte

REGISTRATION INFORMATION on back cover.
**Fencing**: RH-08

Fencing is the ancient art of sword play. Duration, distance, and neither were all once required to know the way of the sword. Now a modern Olympic sport, fencing builds lightning fast reaction, speed and agility. Classes will include introduction to full, open, and saber for recreation and competition. Minimum age 10.

Jeffrey Fallin (776-3756), has been competing for 12 years and coaching for 5 years. He is a C rated espada and a USFA certified coach. Mike Milliken is a B rated espada. He has been competing 3 years and coaching for 2 years. Together they took 1st and 2nd in epee at the Faymakon Open this year.

Date: Oct 13 - Dec 15 (8 sessions)
Time: 7:30 - 9:30 (Tuesdays)
Fee: $40
Location: Lucky High Gymnasium

**Bridge**: CF-04

This course is designed for the beginner, the bridge player with no formal training, or simply the player wanting to play a better game. It will cover all aspects of play in contract bridge, such as: bidding, playing the cards, scoring, and movements. Utilizing lecture, demonstration, and application of theory and practice, the course will give the student the basics of playing bridge for both personal and social satisfaction. Individuals may enroll without a playing partner.

Dick Cushin is a Life Master and is an ACBL accredited teacher.

Date: Sept 14 - Oct 19 (6 sessions)
Time: 7:00 - 9:00 P.M. (Mondays)
Fee: $20
Location: UFM fireplace room

**Tennis: Junior Beginners**: RH-10

**Tennis: Beginners Age 17 and Up**: RH-11

This class will focus on fundamentals of strokes, basic rules of play and beginning competition.

Mark Tessendorff

Date: Sept 14 - Oct 12 (5 sessions)
Time: 6:00 - 7:00 pm (Mondays)
Fee: $25
Location: L.P. Washburn Recreation Complex, KSU

**Tennis: Intermediate Ages 17 and Up**: RH-12

This class is designed to develop your stroke and strengthen your game. We will work on singles and doubles tactics, drills and competition.

Mark Tessendorff

Date: Sept 14 - Oct 12 (5 sessions)
Time: 8:30 - 9:00 pm (Mondays)
Fee: $33
Location: L.P. Washburn Recreation Complex, KSU

**Golf**: RH-03

*No hour optional KSU credit available.*

This course emphasizes fundamentals of the full golf swing, short game techniques of chipping, pitching, putting and sand shots. Rules of play, course etiquette, and selection of equipment will also be covered. Clubs, balls and tees are provided. You may bring your own clubs if you prefer. Limit 15.

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: Sept 1 - Oct 22 (8 sessions)
Time: 9:30 - 11:30 am (Thursdays)
Fee: $78
Location: Stagg Hill Golf Course

* One (1) hour credit classes require additional charge to cover KSU administrative costs. Students enrolled in less than 6 hours, will also be assessed for student activity and health fees.

**Golf For Beginners-Class I**: RH-05

A short course geared for beginners and intermediate players. The fundamentals of the full swing, short game techniques of chipping, pitching, and putting will be covered. Get some fresh air and find out if golf is the sport for you.

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: Sept 10, 17, 24 (3 sessions)
Location: Stagg Hill Golf Course

**GRE PREPARATION COURSE**

November 17 - December 10
Tuesday & Thursday
6:30 pm - 9:30 pm
December 5
Saturday
9 am - 12 noon

For registration or more information, call UFM 539-8763

UFM CLASSES MAKE GREAT GIFTS! GIFT CERTIFICATES ARE AVAILABLE.
Cutting Paper Snowflakes

It is easy and fun to cut eye-catching, artistic, chromatonic snowflakes in a variety of styles. Numerous examples will be displayed, various patterns will be cut, and original creations shared. A catalog of examples will be available at a cost of $2.00. For ages 9-90. Bring sharp adult scissors!

Leo Schell is a former elementary school teacher who has designed special snowflakes for a large collection of them, and has taught this class all over America.

Date: Nov 7 (1 session)
Time: 9:00 am - 12 noon (Saturday)
Fee: $5
Location: 217 Blaseman Hall, RUSU

Children's Morning Group

Join us for an ongoing support group for at-home parents. Pre-school age children will play while parents visit with other adults. Parents are responsible for their own children, so no separation is necessary. During nice weather we will meet outside, and during inclement weather we will meet in homes of participants. These groups have been in existence for 15 years.

Dawn McKenzie and Misc Roberts, are interested in getting children together for play as well as giving at home parents an opportunity to share and interact.

Date: Sept 9 - Dec (no going)
Time: 10:00 - 11:00 a.m (Mon & Thurs)
Fee: $1
Location: Coordinators will contact you with location

Kung Fu for Children

Class I

Students aged 6-12 will learn the modified basics of Pai Te Lung Kung Fu and methods of self-defense.

Stan Wilson (539-7723), who holds a 2nd degree black belt in Jujitsu and first degree black belt in Kung Fu, has studied martial arts for 20 years and has taught for 13 years. He is a member of the Pai Family. Stan has been a member of the Shadows of Iga Ninja Society for 8 years and has studied with Steve House.

Date: Sept 12 - Oct 31 (8 sessions)
Time: 2:00 pm (Saturday)
Fee: $25
Location: Ahearn Field House

Kung Fu for Children

Class II

Date: Sept 12 - Oct 31 (8 sessions)
Time: 1:30 pm (Saturday)
Fee: $25
Location: Ahearn Field House

Sewing for Kids

This class is for children 8 and up with little or no hand sewing experience. They will learn basic skills such as threading a needle, knotting the thread, sewing on a button, repairing a torn seam, the running stitch, the blanket stitch, and the knotted stitch. We will put together a sewing box from a shoe box and learn how to select essential sewing supplies. The participants will receive a list of items to bring to class, including sewing projects of their own choosing. Participation must have a desire to learn!

Linda Busch, an experienced seamstress and mother, will teach the class.

Date: Oct 10 & 17 (2 sessions)
Time: 2 - 4:00 pm (Saturday)
Fee: $4
Location: UFM Conference Room

Paint a Jack-O-Lantern

This class is for children and adults alike and just in time for Halloween. Bring your own pumpkin, and come prepared to see it take on the holiday character you create with paints provided by the instructor.

Jill Stutzer (293-5795), is a close friend of the "Great Pumpkin.

Date: Oct 24 (1 session)
Time: 1:30 - 3:00 pm (Saturday)
Fee: $5
Location: UFM Banquet Room

Kids Can Take Pictures Too

Join us and learn the basics of good photography. We will discuss how to hold the camera, compose the picture and shoot from different angles. Great hands-on experience as we shoot a roll of film. Bring an automatic camera and a 24 exposure roll of film.

Holly Lamberts, is a Graphic Design student at Kansas State University. She is a National Kodak Photography winner 2nd & 4th. Holly was a Co-Photography leader for her 4-H club. She has been taking pictures since she was 7.

Date: Sept 26 (1 session)
Time: 1:30 pm
Fee: $5
Location: UFM Conference Room

Snakes of Northeast Kansas

If you're interested or curious about snakes this class is for you! We will talk about how snakes catch and eat their prey. Where to find snakes common in Northeast Kansas. Safety around snakes and state regulations will be covered. There will be snakes common to this area to see or handle. This class is a great introduction to the Snake Walk. We encourage adults to accompany the children and share this knowledge. Recommended for children 8 and up.

Ray Matlock (494-2881), is a wildlife biology student at Kansas State University. He started collecting reptiles at age 8 and has been doing it ever since.

Date: Sept 26 (1 session)
Time: 9:00 am (Saturday)
Fee: $5 individual
$8 for children & adults
Location: UFM Fireplace Room

Snake Walk

We will have fun and walk the local terrain to find and identify common reptiles (especially snakes). At the instructors' request we will discuss safety and state regulations in finding and handling reptiles. We encourage children to be 8 or older and be accompanied by an adult. Good shoes and long pants are recommended. Raindate: Oct 10

Ray Matlock

Parent-Teacher Conference

Enrichment Days

Parents, provide your children (grades K-4) some supervised fun and activity during Fall Parent-Teacher Conference Days. Children, join us for mini-workshops which may include arts and crafts, music, science, botany, and others. For further information call UFM (539-8763). We'll have a great time!

A fun lunch will be catered.

Date: Nov 6
Time: 8am - 3pm (Thursday)
Fee: $10 for 1/2 day includes lunch
$18 for full day
Location: Woodrow Wilson Elementary School
Talbot and Lenaneem

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Talbot and Lenaneem

GIFT CERTIFICATES FOR UFM CLASSES are always available.

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- Birthdays
- Anniversaries
- Thank You Gifts

For Additional Martial Arts, see MARTIAL ARTS SECTION of the catalog.

THANK YOU, ADVERTISERS for your support.
INCLEMENT WEATHER POLICY

UFM courses held on campus follow the inclement weather policy of Kansas State University. Courses will be conducted unless all University courses are cancelled. If the instructor informs his/her students personally that he or she will not be present at a given class meeting, the instructor is then responsible for arranging a make-up lesson. Weather sensitive courses will use the scheduled rain date. If a rain date is not scheduled, instructor will be responsible for rescheduling.

SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES

Credit Registration Refunds: After the second credit optional class meeting, but before one-third of the scheduled class sessions have met, fifty percent of the fee may be refunded if requested in writing. No refund is issued if it is requested after one-third of the class meetings have ended.

Credit Enrollment Fees: Courses taken for credit carry additional fees required for University administration of the credit program. A $15.00 late fee will be charged for enrollments taken after the second class meeting. A $35.00 late fee will be charged for enrollments taken after one-third of the class meetings. Additional student activity and health fees may be assessed for students enrolled in 6 or fewer KSU credit hours.

Withdrawals: A student may withdraw from a credit option class by written request prior to the completion of one-third of the scheduled class meetings without a grade being recorded on the student's transcript. If a student withdraws after one-third, but before two-thirds of the scheduled class meetings, a grade of W (withdrawn) will be issued. No withdrawals will be accepted after two-thirds of the scheduled classes have been completed.

LIABILITY STATEMENT

Individual participants should be aware of the risks and hazards involved in recreational sports and fitness activities. They should voluntarily elect to utilize KSU and UFM facilities and participate in programs recognizing present conditions and further agree to voluntarily assume all risks of loss, damage, or injury that may be sustained while using KSU or UFM facilities or participating in programs.

KSU Continuing Education/UFM assumes no responsibility for costs involved with individual injury or property loss incurred in connection with the use of University or UFM facilities. Individuals are reminded that they should review their own personal circumstances to determine if they have adequate insurance or protection in case of injury resulting from the use of University facilities or participation in programs. It is recommended that all participants have a complete physical before engaging in any physical recreation program.

COMMUNITY REGISTRATIONS

For your convenience the following dates and locations have been scheduled for onsite registrations...

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Aug 20</td>
<td>10 am - 2 pm</td>
<td>KSU Union</td>
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<tr>
<td>Aug 24</td>
<td>10 am - 2 pm</td>
<td>KSU Union</td>
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<tr>
<td>Aug 29</td>
<td>10 am - 2 pm</td>
<td>Wal-Mart</td>
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<tr>
<td>Sept 3</td>
<td>4 pm - 7 pm</td>
<td>Public Library</td>
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</tbody>
</table>

Registration continues throughout the semester at the UFM House, 1221 Thurston, from 8:30 am - 5 pm. (closed 12 Noon - 1 pm).

Questions We're Often Asked

1. When should I register?
   Registration begins as soon as the current catalog is printed and continues until classes have filled or started. We encourage you to sign up early to assure getting a space in the class you want.

   Early registration also helps avoid class cancellation. Please do not go to the class unless you have registered with our office.

2. How do I sign up?
   You may register in person, through the mail with the registration forms at the back of this catalog, or by phone, using your MasterCard or VISA. See the back page of this catalog.

3. When do I pay?
   Payment is made at the time of registration. If you enroll over the telephone (with a MasterCard or VISA), you are added to the course roll immediately. If you register in person or by mail, we enroll you the day we receive your payment. Enrollments will be accepted on a first-come, first-served basis.

4. Are there fees to pay in addition to the course fees?
   No. In some courses, however, you will be given a supply list and asked to bring your own supplies to class. COURSES TAKEN FOR UNIVERSITY CREDIT HAVE THEIR OWN FEE STRUCTURE. SEE SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES.

5. When is the office open?
   8:30 a.m. - 5 p.m. Monday through Friday. (closed 12 Noon - 1 p.m.)

6. Will I receive a confirmation?
   You will receive a confirmation only if you have registered by phone with MasterCard or VISA, or upon request.

7. What if a course is cancelled or rescheduled?
   When we cancel or reschedule a class, you will be notified. For this reason, it's extremely important that we have both a daytime and an evening phone number where you may reach us or leave a message. You are welcome to call our office the day your class meets to find out if there are any changes. We reserve the right to cancel any class.

8. Can I get a refund?
   We'll give you a full refund if we cancel your class. If you decide to withdraw before the class begins, and you tell us 48 hours before the starting date, we'll send you a refund. We do, however, keep a $2 processing fee. NO REFUND AFTER THE CLASS BEGINS.

9. Must I register to take a class?
   YES. You should not attend a class unless you are registered. This allows course instructors to have adequate handouts related to the subject matter. In addition, insufficient registration leads to course cancellation.

THANK YOU ADVERTISERS for your loyal support!
# Registration Information

## Registration by Mail

Complete the registration form and mail the form with your check, money order, or credit card number to:

**UFM Class Registrations**
1221 Thurston
Manhattan, Kansas 66502-5299

You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

### FOR YOU...

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<tr>
<td>Address</td>
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<td>State Kansas Zip</td>
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### CLASS # Session TITLE FEE LOCATION DATE TIME

1.  
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4.  

Tax Deductible Donation

Total

I hereby authorize the use of my Visa [ ] Master Card [ ]

Signature

Card # Expiration Date

Card Cardholder's Name (Please Print)

(Please check all that apply)

KSU STUDENT: Fr [ ] So [ ] Jr [ ] Sr [ ] Gr [ ]

AGE: Under 18 exact age [ ] 19-24 [ ] 25-64 [ ] 65+ [ ]

Parent's Name If Student Is Under Age 18

EMPLOYER: KSU Faculty/Staff [ ] Fort Riley Personnel [ ] Other [ ]

Where did you obtain your catalog?

A class I would like offered

I am participating upon my own initiative and upon my own assumption of risk in a University For Men program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury relating to or resulting from my participation in any or all classes for which I have registered and to hold University For Men harmless as to liability for such injury.

Signature ** Date

**Signature of parent or guardian required for minors.

### OFFICE USE ONLY
date staff amount

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