UFM
1993
SUMMER CLASSES
(June-Aug.)
UFM is the oldest “free university” in the nation. Organized in 1968 as an experiment to provide an atmosphere for discovery with no grades or credits, UFM has evolved as a thriving, non-profit, community-based education program. A central premise of the UFM philosophy is that within a community, any community there are resources, including community agencies, residents, and facilities, which may be used to integrate education with living in both practice and concept.

Each year UFM brings together hundreds of volunteer teachers with thousands of learners. UFM helps connect the university and the community, young and old, poor and rich, old and new residents with each other.

The connections that have happened through classes have led UFM to become involved in other concerns and projects. If you would like to learn more about these projects, call UFM and ask for additional information.

Executive Director - Linda Inlow Teener
Educational Coordinator - Tresa Weaver
State Outreach Coordinator - Anita Madison
Lou Douglas Lecture Coordinator - Gloria Rumsey
Family Literacy Program - Michael Cody
Office Coordinator - Bonnie Wellmier

In all these ways UFM helps make connections, bringing university and community resources together. It is the goal of UFM to continue to bring people to identify other needs in the community and work to meet those needs. With the help of volunteers and student interns, UFM has often become an umbrella organization for new projects. Let us hear your ideas.

TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Information</th>
<th>19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancellation of classes</td>
<td>19</td>
</tr>
<tr>
<td>Inclement Weather</td>
<td>19</td>
</tr>
<tr>
<td>General Policies</td>
<td>19</td>
</tr>
<tr>
<td>Map</td>
<td>2</td>
</tr>
<tr>
<td>Registration Forms</td>
<td>20</td>
</tr>
<tr>
<td>Registration Information</td>
<td>19, 20</td>
</tr>
<tr>
<td>University Credit</td>
<td>19</td>
</tr>
<tr>
<td>Information</td>
<td>19</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Classes</th>
<th>4-6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics</td>
<td></td>
</tr>
<tr>
<td>*Red Cross Learn to Swim &amp; Water Safety *Scuba</td>
<td></td>
</tr>
<tr>
<td>Business &amp; Money</td>
<td>7</td>
</tr>
<tr>
<td>*Investment classes</td>
<td></td>
</tr>
<tr>
<td>Creative FreeTime</td>
<td>8-9</td>
</tr>
<tr>
<td>*Photography *Crafts *Pottery &amp; more</td>
<td></td>
</tr>
<tr>
<td>Computer</td>
<td>10</td>
</tr>
<tr>
<td>*Computer Basics  *Database Management &amp; more</td>
<td></td>
</tr>
<tr>
<td>Earth &amp; Nature</td>
<td>11</td>
</tr>
<tr>
<td>*Gardening classes *Solar Battery *Field Trip Waubunsee Co.</td>
<td></td>
</tr>
<tr>
<td>Food For Fun</td>
<td>12</td>
</tr>
<tr>
<td>*Cake Decorating  *Wine Tasting *Cooking classes</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Languages</th>
<th>13</th>
</tr>
</thead>
<tbody>
<tr>
<td>*English as a Second Language *Sign Language *Foreign Languages</td>
<td></td>
</tr>
<tr>
<td>Martial Arts</td>
<td>14</td>
</tr>
<tr>
<td>*Full Range of classes</td>
<td></td>
</tr>
<tr>
<td>Personal Development</td>
<td>18</td>
</tr>
<tr>
<td>*Self Defense for Women *Public Speaking *Self Esteem &amp; more</td>
<td></td>
</tr>
<tr>
<td>Recreation and Health</td>
<td>16-17</td>
</tr>
<tr>
<td>*Sports Lessons *Ballroom Dance *Standard First Aid/CPR *Cruise</td>
<td></td>
</tr>
<tr>
<td>Youth</td>
<td>15</td>
</tr>
<tr>
<td>*Self Defense for PreTeens *Crafts *German Language *Martial Arts</td>
<td></td>
</tr>
</tbody>
</table>

UFM provides a neutral site to discuss community issues. The views expressed by course instructors or those groups utilizing our meeting space are not necessarily those held by UFM programs, Board members, or staff.

UFM is committed to a policy of non-discrimination on the basis of race, sex, national origin, handicap, religion, age, sexual preference, or other non-merit reasons. In relation to admissions, educational programs or activities, and employment, all are subject to applicable laws and regulations.
<table>
<thead>
<tr>
<th>UFM INSTRUCTORS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kevin Almeida</td>
</tr>
<tr>
<td>Dale Anderson</td>
</tr>
<tr>
<td>Michelle Bennett</td>
</tr>
<tr>
<td>Terry Carpenter</td>
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<tr>
<td>Michael Cody</td>
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<tr>
<td>James Craeton</td>
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<td>Lorrie Cross</td>
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<tr>
<td>Rosemary Davidson</td>
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<tr>
<td>Bill Dorsett</td>
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<tr>
<td>Michelle Erzen</td>
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<tr>
<td>Enell Foerster</td>
</tr>
<tr>
<td>Jim Gregory</td>
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<tr>
<td>Phyllis Grover</td>
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<tr>
<td>Colleen Hampton</td>
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<td>James F. Hill</td>
</tr>
<tr>
<td>Rod Kalvodai</td>
</tr>
<tr>
<td>Eric Killian</td>
</tr>
<tr>
<td>Robert Kim</td>
</tr>
<tr>
<td>John Kneteler</td>
</tr>
<tr>
<td>Dr. F.C. Lanning</td>
</tr>
<tr>
<td>Leonid Lealing</td>
</tr>
<tr>
<td>Thaniorski Leeling</td>
</tr>
<tr>
<td>Teresa Rickel-McMillin</td>
</tr>
<tr>
<td>Terry Marker</td>
</tr>
<tr>
<td>Ray Malack</td>
</tr>
<tr>
<td>Dr. Richard Mattson</td>
</tr>
<tr>
<td>Keith Mueller</td>
</tr>
<tr>
<td>Betty Nelson</td>
</tr>
<tr>
<td>Emie Peck</td>
</tr>
<tr>
<td>Jesse Peterson</td>
</tr>
<tr>
<td>Al Potter</td>
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<tr>
<td>Leon Rappoport</td>
</tr>
<tr>
<td>Robert Redman</td>
</tr>
<tr>
<td>Rachel Santine</td>
</tr>
<tr>
<td>Naomi Sato</td>
</tr>
<tr>
<td>Tammy Sinn</td>
</tr>
<tr>
<td>Portia Sisco</td>
</tr>
<tr>
<td>Natalie Smith</td>
</tr>
<tr>
<td>Tim Spidel</td>
</tr>
<tr>
<td>Randy Stainback</td>
</tr>
<tr>
<td>Bill Stewart</td>
</tr>
<tr>
<td>Margaret Stewart</td>
</tr>
<tr>
<td>Sun Yi Academy</td>
</tr>
<tr>
<td>Diana Tarver</td>
</tr>
<tr>
<td>Linda Inlow Teener</td>
</tr>
<tr>
<td>Mark Tassendorf</td>
</tr>
<tr>
<td>Michele Thun</td>
</tr>
<tr>
<td>Ping Wei</td>
</tr>
<tr>
<td>Paula Walawender</td>
</tr>
<tr>
<td>Nelli Weathers</td>
</tr>
<tr>
<td>Tresa Weaver</td>
</tr>
<tr>
<td>Jeff Werner</td>
</tr>
<tr>
<td>Bonnie Weilmeier</td>
</tr>
<tr>
<td>Harold Weilmeier</td>
</tr>
<tr>
<td>Janie Colelitt-Wettzel</td>
</tr>
<tr>
<td>Jeff Wilson</td>
</tr>
<tr>
<td>Robert Wilson</td>
</tr>
<tr>
<td>Stan Wilson</td>
</tr>
</tbody>
</table>

**Manhattan Military Wives**

—a program for all military families living in Manhattan—

MILITARY WIVES programs facilitate new friendships and mutual support, emotional and intellectual growth, and lots of group fun. Weekly program topics include information about Manhattan and Ft. Riley, home management, cooking, parenting, self-improvement, communication, career planning, educational opportunities, potluck luncheons, crafts and picnics.

June meetings are held every Wednesday afternoon from 1:30 p.m. at the First Presbyterian Church, 8th and Leavenworth. Free childcare for infants, toddlers and kindergartners is provided. No reservations are needed.

July and August meetings are held every Wednesday morning at 10 a.m. at various area parks and other recreation sites. Children of all ages are included in the activities. Monthly calendars of MILITARY WIVES activities are available at the Manhattan Public Library and First Presbyterian Church. Weekly activities are published in the Manhattan Mercury, COPE calendar and Ft. Riley Post.

***************

BABYSITTING CO-OP

Women who attend MILITARY WIVES meetings on Wednesday afternoons are eligible for membership in the Manhattan Military Wives Babysitting Co-op.

COMMUNITY NETWORKING

The MILITARY WIVES program brings together the needs of military families with resources available in the civilian and military communities, through group activities and for individuals.

TRANSPORTATION

Transportation to Wednesday meetings and to medical, mental health and social services on post and in Manhattan can be arranged.

SPECIAL SUPPORT GROUP

Women whose husbands are PCS or TDY get together for fun and mutual support.

***************

For more information, please call Angie Fryer - 537-7146

**COMMUNITY REGISTRATIONS**

For your convenience the following dates and locations have been scheduled for on-site registrations...:

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 3</td>
<td>4 pm - 7 pm</td>
<td>Public Library</td>
</tr>
<tr>
<td>June 5</td>
<td>10 am - 2 pm</td>
<td>Wal-Mart</td>
</tr>
<tr>
<td>June 7</td>
<td>10 am - 2 pm</td>
<td>KSU Union</td>
</tr>
</tbody>
</table>

Registration continues throughout the semester at the UFM House, 1221 Thurston, from 8:30 am - 5 pm. (closed 12 Noon - 1 pm).

**MAILING YOUR REGISTRATION?**

Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you hear from us that the class is full. Feel free to call us to inquire about our receipt of your registration.

© This Catalog Printed on Recycled Paper

To advertise your business or organization in the next UFM catalog, contact the UFM Office (539-8765) by July 3.

A special thanks to the businesses and organizations who show support to UFM through their advertisements. We hope that the community of Manhattan will reinforce our thanks through the patronage of our advertisers!
Aquatics
1221 THURSTON 539-8763

UFM Swim Classes

UFM and the Division of Continuing Education are pleased to present the revised American Red Cross Learn to Swim program. This newly developed swimming program has been designed to better meet the needs of all participants. New techniques and strokes add challenges even for advanced swimmers. Use the chart below to place your student in the appropriate updated Red Cross Swimming classes.

Parents are allowed on deck only on Parents Day.

Location: All swim classes are held in the KSU Natatorium.

Lockers are available for use during class. Participants must supply towels and swimsuits. Showers are required before entering the water.

Note: Minimum enrollment for all classes is 5. If less than 5 enroll, classes of the same level may be combined or canceled.

No Classes: July 5

Session I: Mon-Fri June 7 - June 18
Session II: Mon-Fri June 21 - July 2
Session III: Mon-Fri July 6 - July 16
Session IV: Mon-Fri July 29 - July 30

Monday/Wednesday/Friday Classes
Session I A June 7 - July 2
Session III B July 7 - August 2

Level I: Water Exploration

The objective of Level I is to help students feel comfortable in water and to enjoy the water safely. Students will be introduced to elementary aquatic skills which will be built on as they progress through the Learn to Swim program. There are no prerequisites for this course.

Session I: Monday - Friday
AQ-01 10:30 - 11:00
AQ-02 10:15 - 11:00
AQ-03 10:30 - 11:00
AQ-04 10:15 - 11:00

Session II: Monday - Friday
AQ-05 10:15 - 11:00
AQ-06 10:30 - 11:00
AQ-07 10:15 - 11:00
AQ-08 10:30 - 11:00

Session III: Monday - Friday
AQ-09 10:15 - 11:00
AQ-10 10:30 - 11:00
AQ-11 10:15 - 11:00
AQ-12 10:30 - 11:00

Session IV: Monday - Friday
AQ-13 10:15 - 11:00
AQ-14 10:30 - 11:00
AQ-15 10:15 - 11:00
AQ-16 10:30 - 11:00

Session I A: Mon/Wed/Fri
AQ-01A 6:00 - 6:30

Fees: $12 per session

COMMUNITY FIRST AID and SAFETY classes can be found in the RECREATION and HEALTH section of the catalog.

R E A D  A  G O O D  B O O K  L A T E L Y ?

Varney’s carries a variety of new and used books for your reading enjoyment. We also have a wide range of convenient school and art supplies.

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Closed Sunday & Monday

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Level II: Primary Skills

The objective of Level II is to give students success with fundamental skills. Students learn to swim without support and to progress to a vertical position. This level marks the beginning of true locomotion skills and adds to the self-help and basic rescue skills begun in Level I.

Students entering this course must have a Level I certificate or must be able to demonstrate all the completion requirements in Level I.

Level II:

Session I: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session II: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session III: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session IV: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Fee: $35 per session

Level III: Stroke Readiness

The objective of Level III is to build on the skills in Level II by providing additional guided practice. Students will learn to coordinate the breast and front crawl. They will be introduced to the elementary back stroke and the fundamentals of braking water and basic rescue skills. Students will also learn basic safety and begin to learn to dive from the side of the pool. Students entering this course must have a Level II certificate or must be able to demonstrate all the completion requirements in Level II.

Level III:

Session I: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session II: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session III: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55
AQ-08 4:10 - 4:50

Session IV: Monday - Friday
AQ-06 10:40 - 11:20
AQ-07 1:15 - 1:55

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Session IIB: Mon/Wed/Fri
AQ-06A 6:00 - 6:40

Session IIC: Mon/Wed/Fri
AQ-06B 6:00 - 6:40

Fee: $35 per session

Level IV: Stroke Development

The objective of Level IV is to develop confidence in the stroke learned thus far and to improve other aquatic skills. Students will increase their endurance by swimming familiar strokes (elementary back crawl, front crawl, and breast crawl) for greater distances. Students will be introduced to the braturnstroke and sidestroke and the basics of treading at a wall. Students entering this course must have a Level III certificate or must be able to demonstrate all the completion requirements in Level III.

Level IV:

Session I: Monday - Friday
AQ-12 10:40 - 11:20
AQ-13 1:15 - 1:55
AQ-14 4:10 - 4:50

Session II: Monday - Friday
AQ-12 10:40 - 11:20
AQ-13 1:15 - 1:55
AQ-14 4:10 - 4:50

Session III: Monday - Friday
AQ-12 10:40 - 11:20
AQ-13 1:15 - 1:55
AQ-14 4:10 - 4:50

Session IV: Monday - Friday
AQ-12 10:40 - 11:20
AQ-13 1:15 - 1:55
AQ-14 4:10 - 4:50

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Session IIB: Mon/Wed/Fri
AQ-06A 6:00 - 6:40

Session IIC: Mon/Wed/Fri
AQ-06B 6:00 - 6:40

Fee: $35 per session

Level V: Stroke Refinement

The objective of Level V is coordination and refinement of key strokes. Students will be introduced to the butterfly, open turn, the four-hand surface dive and springboard diving. Participants learn to perform the front crawl and back crawl for increased distances and to perform the sidestroke and breaststroke. Students entering this course must have a Level IV certificate or must be able to demonstrate all the course requirements in Level IV.

Level V:

Session I: Monday - Friday
AQ-15 10:40 - 11:20
AQ-16 4:10 - 4:50

Session II: Monday - Friday
AQ-15 10:40 - 11:20
AQ-16 4:10 - 4:50

Session III: Monday - Friday
AQ-15 10:40 - 11:20
AQ-16 4:10 - 4:50

Session IV: Monday - Friday
AQ-15 10:40 - 11:20
AQ-16 4:10 - 4:50

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Session IIB: Mon/Wed/Fri
AQ-06A 6:00 - 6:40

Session IIC: Mon/Wed/Fri
AQ-06B 6:00 - 6:40

Fee: $35 per session

Level VI: Skill Proficiency

The objective of Level VI is to teach stroke techniques so students swim them with more ease, efficiency, power, and smoothness over greater distances. Students develop considerable endurance by the end of this course.

Participants will be introduced to additional turns as well as the dolphin and kick surface dives. Students entering this course must have a Level V certificate or must be able to demonstrate all the skills required to complete Level VI.

Level VI:

Session I: Monday - Friday
AQ-17 10:40 - 11:20
AQ-18 4:10 - 4:50

Session II: Monday - Friday
AQ-17 10:40 - 11:20
AQ-18 4:10 - 4:50

Session III: Monday - Friday
AQ-17 10:40 - 11:20
AQ-18 4:10 - 4:50

Session IV: Monday - Friday
AQ-17 10:40 - 11:20
AQ-18 4:10 - 4:50

Fee: $35 per session

Level VII: Advanced Skills

The objective of Level VII is to perfect strokes and to develop good fitness habits. Participants are urged to use aquatic activities throughout their lives to maintain their physical condition. They will be taught springboard diving and advanced rescue skills. They will be introduced to other aquatic activities such as water polo, synchronized swimming, ski diving and competition.

Participants entering this course must have a Level VI certificate or must be able to demonstrate all the completion requirements in Level VII.

Level VII:

Session I: Monday - Friday
AQ-19 10:40 - 11:20
AQ-20 4:10 - 4:50

Session II: Monday - Friday
AQ-19 10:40 - 11:20
AQ-20 4:10 - 4:50

Session III: Monday - Friday
AQ-19 10:40 - 11:20
AQ-20 4:10 - 4:50

Session IV: Monday - Friday
AQ-19 10:40 - 11:20
AQ-20 4:10 - 4:50

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Session IIB: Mon/Wed/Fri
AQ-06A 6:00 - 6:40

Session IIC: Mon/Wed/Fri
AQ-06B 6:00 - 6:40

Fee: $35

Swim and Stay Fit

Ages 13 plus

Swim and Stay Fit is a planned activity to encourage adults and adolescents to swim regularly and frequently. Participants engage in individual work-outs planned and supervised by instructor daily. You may choose your 40 Minute block of time during the below scheduled times.

Swim and Stay Fit:

Session I: Monday - Friday
AQ-21 10:40 - 11:20
AQ-22 4:10 - 4:50

Session II: Monday - Friday
AQ-21 10:40 - 11:20
AQ-22 4:10 - 4:50

Session III: Monday - Friday
AQ-21 10:40 - 11:20
AQ-22 4:10 - 4:50

Session IV: Monday - Friday
AQ-21 10:40 - 11:20
AQ-22 4:10 - 4:50

Session IA: Mon/Wed/Fri
AQ-01A 6:00 - 6:40

Session IIB: Mon/Wed/Fri
AQ-06A 6:00 - 6:40

Session IIC: Mon/Wed/Fri
AQ-06B 6:00 - 6:40

Fee: $20 per session

JOIN US Sundays at 10:45

* Stimulating programs
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5
Swim and Stay Fit for Parents

Are you tired of being just an observer at your child’s swimming lessons? If so, then take advantage of the time you spend watching and enroll in our SPECIAL Parent’s Swim and Stay Fit Class. This class is available to you at a reduced rate of $15 and will mean everyday your child is enrolled in swimming lessons. In this class you will set your own goals and the instructor will help monitor your progress.

Session I: Monday - Friday
AQ-21 10:40 – 11:25
AQ-23 1:15 – 2:00
Session II: Monday - Friday
AQ-43 10:40 – 11:25
AQ-46 1:15 – 2:00
Session III: Monday - Friday
AQ-68 10:40 – 11:25
AQ-49 1:15 – 2:00
Session IV: Monday - Friday
AQ-91 10:40 – 11:25
AQ-92 1:15 – 2:00
Session IA: Mon/Wed/Fri
AQ-064 6:00 – 6:35
Session IB: Mon/Wed/Fri
AQ-065 6:00 – 6:35
Fee: $15 per session

Private Lessons for Special Populations

For people with special physical or mental needs. Arrangements will be considered for private swimming lessons. The Swim Coordinator will contact individuals during the second week of each session to arrange 6 classes of 30 minutes each, if conditions can be met. The facility is equipped with a lift and a set of stairs leading into the pool.

Date/Time: By appointment
Fee: $38 per session of 6 lessons

Private Lessons

These lessons are for one on one instruction and are for any level of swimmer. The Swim Coordinator will contact students within 10 days of registration, to schedule 6 classes of 30 minutes each, if conditions can be met.

Date/Time: By appointment
Fee: $38.00 per session

Adult Swim Lessons

Are you tired of sitting on the sidelines watching everyone else swim? Well, you don’t need to anymore. Now there’s your chance to learn how to swim. This class is for adults who want to become comfortable in the water, add to their knowledge of personal safety, and increase enjoyment of their leisure time. No prerequisites. Enrolment is low, this class will be moved to private or semi-private lessons.

Session IA: Mon/Wed/Fri
AQ-064 6:00 – 6:40
Session IIIB: Mon/Wed/Fri
AQ-065 6:00 – 6:40
Fee: $35

Hydroaerobics

Ages 16 plus

This class is designed to use water exercises for the development of physical fitness, muscle tone, flexibility, and cardiovascular endurance. Open to non-swimmers and swimmers alike. Monday, Wednesday, and Friday evenings.

Session IA: Mon/Wed/Fri
AQ-074 6:00 – 6:25
Session IIIB: Mon/Wed/Fri
AQ-076 6:00 – 6:25
Fee: $20

Basic Water Safety

No age requirement, water participation not required, but recommended. Provides general water safety information. Great for families, clubs, groups, organizations and interested individuals. This class is a prerequisite for Emergency Water Safety.

Date: June 7 - 23 (8 sessions)
Time: 3:15 – 4:45 pm (Mon/Wed/Fri)
Fee: $30 per person (ask about group and family rates)
Location: KSU Natatorium

Emergency Water Safety

Swim Level IV certificate or competency skills in level IV is required before taking this course. Water participation is required. Basic Water Safety is a prerequisite for this class. A skills test will be given. This class prepares you to prevent accidents and to respond effectively if a water accident should occur.

Date: July 7 - July 16 (8 sessions)
Time: 3:15 – 4:45 pm (Mon/Wed/Fri)
Fee: $35 (ask about group and family rates)
Location: KSU Natatorium

776-5577

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COMMUNITY FIRST AID and SAFETY classes can be found in the RECREATION AND HEALTH section of the catalog.

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Listen to KQLA for UFM calendar update Monday through Thursday
Investment Workshop for the 90's
BP-01
Have you ever wondered what a bond, or a stock, or mutual fund actually is? Where should you invest your money to live comfortably in retirement? If you have these same questions, then this class is for you. This three part series is designed to help both the beginning and more experienced investor better understand just what exactly an investment can do. Some of the topics covered will be common stocks, tax free bonds, certificate of deposits, corporate bonds and mutual funds. We will discuss how to set up and monitor your portfolio.

Jeff Werner (539-6777) is an investment representative with Edward D. Jones & Co.

Date: June 8, July 6, August 3 (3 sessions)
Time: 7:30 pm (Tuesday)
Fee: $15
Location: Colony Square, 555 Peyton

Retirement Planning
BP-02
The class will address the concerns of both pre-retirees and retirees. It will guide you through the steps of planning for a retirement phase, so you explore the options you'll have upon retiring and the tax alternatives you'll have for income tax distributions. The class will also explain the criteria you should use in determining a post-retirement investment policy. Realistic case studies will be presented to help you understand. Class includes workbook for future reference. No company products will be mentioned.

Rod Kalvoda (776-5382) has received the professional designations Chartered Life Underwriter (CLU) and Chartered Financial Consultant (ChFC) from the American College. A graduate of KSU, he has represented The Prudential since 1985.

Date: June 10 (1 session)
Time: 7 - 9 pm (Thursday)
Fee: $15
Location: Colony Square, 555 Peyton, 2nd floor Conference Room

Life Insurance and Annuities
BP-05
Participants will be given a clear explanation on how life insurance and annuities work. Learn about using life insurance in business, estate planning, maximizing your pension, income replacement, and even for college funding. Different types of annuities will be explained along with investment alternatives and risks associated with each, so you can decide whether an annuity contract would enhance your portfolio. Also, find out how to choose an appropriate policy and a rated insurance company. No company products will be mentioned.

Rod Kalvoda (776-5382) has received the professional designations Chartered Life Underwriter (CLU) and Chartered Financial Consultant (ChFC) from the American College. A graduate of KSU, he has represented The Prudential since 1985.

Date: June 17 (1 session)
Time: 7 - 9 pm (Thursday)
Fee: $7
Location: Colony Square, 555 Peyton, 2nd floor Conference Room

How to Finance Anything from New Businesses to New Products
BP-10
This class is designed to give a brief overview of how a business can creatively finance start-ups, expansions or other credit needs. We will discuss how to obtain financing for your business through your local lender, SBA guaranteed loans, community revolving loan funds, venture capital, and many other sources. Betty Feiman (776-0417), is the owner of Big Lakes Certified Development Company (BLCDC), which is certified by the Small Business Administration to do loan packaging. She has worked for federally funded programs teaching business planning and helping small business owners obtain financing.

Date: June 22 (1 session)
Time: 7 – 10 pm (Tuesday)
Fee: $15
Location: UFM Conference Room

Boost your confidence for a job interview or speaking in front of a group. A beginning PUBLIC SPEAKING class is available in the PERSONAL DEVELOPMENT section of the catalog.
Creative FreeTime
1221 THURSTON
539-8763

Books by and About Women
CF-01
We will discuss thoughts, ideas and issues expressed by women authors through fiction and nonfiction books. Through this informal class we will exchange different perceptions from our own experiences interpreting the themes both seriously and lightly. Past book selections include: A Child of the Prarie; by Anna Otsone; Copper Crown by June Von Harron; Family Pursuits edited by Cynthia Anthony and An American Childhood by Anzie Dillard.

Larrie Craig (387-4289), enjoys reading and discussing books by and about women. She has been a member of this group since its beginning in 1978.

Date: June 9 (approximately 3 sessions)
Time: 7:30 - 9 pm (Wednesday)
Fee: $6
Location: Call instructor for location

Beginning Pottery
CF-02
Learn the ancient art of pottery. Beginners will have individual instruction on hand building techniques, glazing techniques, and general fundamentals. With experience, students may work with the wheel. Registration fee includes clay, glazes, and use of studio tools. The studio is available to the pottery students one hour before or one hour after each class. Additional studio time may be secured by joining the Pottery Cooperative.

Tom Spidel (537-1821), has been doing pottery for 15 years, and worked at Silver Dollar City as a potter. He specializes in functional forms, however he encourages creativity.

Date: June 9 - July 28 (8 sessions)
Time: 7 - 9 pm (Wednesday)
Fee: $90
Location: UFM Pottery Studio

Schneeschnitte: German Paper Cutting
CF-03
If you can trace, you can learn German Paper Cutting. The hardest part of Schneeschnitte is learning to say the word: Make beautiful paper cut-outs suitable for framing. Supplies needed: pencil, cutting board, No.11 x-acto knife or similar brand and cardboard paper. Rosemary Davidson has done Schneeschnitte since 1988 and has taught for two years to various groups.

Date: June 10 (1 session)
Time: 7 - 9 pm (Thursday)
Fee: $11 includes pattern book and paper
Location: UFM Fireplace Room

Schneeschnitte: German Paper Cutting
CF-04
Rosemary Davidson
Date: June 12 (1 session)
Time: 7 - 9 pm (Saturday)
Fee: $11 includes pattern book and paper
Location: UFM Conference Room

Schneeschnitte: German Paper Cutting
CF-05
Rosemary Davidson
Date: June 15 (1 session)
Time: 9 - 11 am (Tuesday)
Fee: $11 includes pattern book and paper
Location: UFM Fireplace Room

NOTICE NOTICE NOTICE
The YOUTH section of the catalog has activities fun for all ages, especially:
• Martial Arts • Crafts
• German Language

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Floralia is located on the second floor of the Bennett House, 330 N. 4th Street, Manhattan, Kansas 66502.
For information on monthly class schedules, please call 913-539-8019 (Bennett Sewing Center) or 913-539-5499 (Christina van Swaay).

Don't miss the FOOD FOR FUN section—
* Wine Tasting * Cake Decorating * Cooking Classes

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Look for UFM 25th Anniversary edition of the catalog Fall '93.

Marble Collecting
CF-06
Marbles - Marbles - Marbles. Learn how to grade marbles, identify whether they are hand or machine made. We will discuss how to display and how to care for your marble collection.

Robert Redman (539-6939) has been collecting, buying, selling and trading marbles for eighty years. He has attended numerous auctions, has marble and marble shows across the US to add to his collection.

Date: June 9 & 16 (2 sessions)
Time: 7 pm (Wednesday)
Fee: $10
Location: UFM Conference Room

Have a Prairie Christmas!
CF-07
Prairie Angel Ornament
Life on the American prairie often found time and talent exceed plentiful than money and materials. Pratts folk crafted their holiday gifts and decorations from the materials available. In this class, we will make a prairie angel from muslin and calico scraps that can be used for your tree or as part of other holiday decorations. Bring scissors and a needle. If you have a portable sewing machine you may want to bring it along.

Terry Carpenter teaches home economics at the Middle School. She enjoys all kinds of crafts.

Date: June 15 (1 session)
Time: 7 - 9 pm (Tuesday)
Fee: $6
Location: UFM Fireplace Room

**** FIELDS TRIPS ****
Check the EARTH AND NATURE section of the catalog.

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CLASS IMPRESSIONS - Downtown - 362 Royal - 539-6848

Look for UFM 25th Anniversary edition of the catalog Fall '93.
Basic Black and White Photography for Amateurs

Black and White photography is back. In this class we will give basic tips on taking great pictures with a 35mm camera. We will look at F-stops, shutter speeds, focusing, depth of field, compositions, and the use of different types of film. Bring a 35mm camera and a roll of Tri-X 400 ISO Black and White film.

Harold Wellenier (539-8763) has a degree in Commercial and Industrial Photography. He enjoys all aspects of photography. He especially enjoys working in black and white photography.

Date: June 15 (1 session)
Time: 6 pm (Sunday)
Fee: $6
Location: UFM Conference Room

Basic Black and White Photography for Amateurs

Harold Wellenier

Date: July 18 (1 session)
Time: 6 pm (Sunday)
Fee: $6
Location: UFM Conference Room

Black and White Printing

Feel the satisfaction of turning your own Black and White negatives into prints. Each student will gain hands-on darkroom experience in print procedure. Bring 2 Black & White negatives of your choice to process and print in class. Processing and printing materials included in class fee.

Harold Wellenier

Date: June 27 (1 session)
Time: 6 pm (Sunday)
Fee: $10
Location: UFM Darkroom Lab

Black and White Printing

Harold Wellenier

Date: July 25 (1 session)
Time: 6 pm (Sunday)
Fee: $10
Location: UFM Darkroom Lab

Black and White Printing

Harold Wellenier

Date: August 18 (1 session)
Time: 6 pm (Sunday)
Fee: $10
Location: UFM Darkroom Lab

This catalog printed on recycled paper

CREATIVE FREETIME (Continued)

Frantz Fanon’s The Wretched of the Earth

Frantz Fanon’s The Wretched of the Earth, the classic study of the psychology of colonialism, provides one way of understanding the cultures of the "Third World." Born in Martinique, Fanon practiced psychiatry in French Algeria. We will highlight some of the main points of this book and the lessons that still surround it.

Margaret Stewart teaches writing and literature at Washburn University.

Date: July 1 (1 session)
Time: 6 pm (Saturday)
Fee: $5
Location: UFM Fireplace Room

Lined Paper Twist Basket

We will create a basket to celebrate the Independence Holiday. Comes with nothing and leaves with a basket complete with filling and full of creativity. Learn the techniques as you weave this 12" x 7" basket out of paper twists. All materials provided. Bring a glue gun if you have one to expedite the project.

Teresa Wanner & Bonnie Wellenier enjoy doing all types of crafts, and enjoy sharing them with others.

Date: June 12 (1 session)
Time: 1-4:30 pm (Saturday)
Fee: $10
Location: UFM Fireplace Room

Don’t Get Ripped Off!

What’s Under the Hood?

What are the mechanical workings of your car’s engine? Find out what is under the hood of your car. Learn how to check for problems, choose a garage and mechanic, and how to get a repair estimate. Get some hands-on “wrenching” experience. Learn how to save money without getting ripped-off.

Michelle Everett is ASE certified with 4 years experience at a dealership. She will be graduating in May from KSU with a degree in Physics.

Date: June 5 (1 session)
Time: 1-3 pm (Saturday)
Fee: $10
Location: UFM Parking Lot

*GOLF *GOLF *GOLF *GOLF

See RECREATION AND HEALTH section of the catalog.

UMF POTTERY COOPERATIVE

The Pottery Studio is a facility available to anyone who feels confident working alone. No instruction is provided. The studio is a self-supported facility run by members for members. Your membership entitles you to 12-1/2 hrs. of clay every four months, all the recycled clay you can produce to be used at this studio only), kiln space, and glazes. In order to cover material and facility costs, the membership is based on a cash fee and in-kind contributions.

ANNUAL MEMBERSHIP
Cash fee: $150

OTHER MEMBERSHIPS
Cash fee: $150

Shorter periods or one-time usage can be arranged.

In-kind contributions:
- Help clean the studio
- Participate in Cooperative meetings
- Co-teach classes or workshops
- Locate teachers for classes or workshops
- Assist with income-producing projects

Any member signing up for a period of more than four months will be expected to participate in one or more of the above in-kind contributions.

Studio open during UFM building hours or by arrangement.

For further information, call UFM 539-8763

FALL CATALOG will be available August 10
Computer Basics for IBM & Compatibles

Learn the basics needed for effective use of the IBM or compatible personal computer. This course is designed for those who have very little or no knowledge of computers. Topics to be covered include: types of computers and terminology, hardware, software, and working with DOS. Hands-on computer time is available during the class.

Linda Tenner (539-8763), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: June 9 (1 session)
Time: 7 - 8:30 pm (Wednesday)
Fee: $15
Location: UFM Computer Lab

Database Management Using dBase IV

This class will show you how to store, retrieve, and manage data in the computer using dBase IV. dBase is a common database software program used by businesses. You will learn the basics of how to create a database and how to use it to create queries, reports, and labels. Some tips on programming your own functions will also be included. Hands-on computer time is provided during the class.

Kevin Almeida (539-3745), has worked as a software executive and has been involved in developing computer software. He has taught computer programming to students and employees working to obtain the United Kingdom National Computer Centre Diploma in Computer Studies. He presently works at the International Trade Institute in Manhattan.

Date: June 9 - 26 (6 sessions)
Time: 5:30 - 7:30 pm (Tues. & Thurs.)
Fee: $75
Location: UFM Computer Lab

Basic WordPerfect

This class is designed to introduce the basic elements of word processing using WordPerfect 5.1. Learn how to create a document, set up margins and other page formatting, print and save documents. The use of Keystroke Codes, Spellcheck and Thesaurus features will be included. Hands-on computer time is provided during the course.

Linda Tenner (539-8763), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: June 15 & 22 (3 sessions)
Time: 7 - 8:30 pm (Tuesday)
Fee: $32
Location: UFM Computer Lab

Managing your Computer

Learn the basics needed for effective use of your IBM compatible personal computer. Learn about hardware and software options. Practice basic DOS commands. Half of the workshop will be devoted to learning how to manage your hard drive including how to store files, creating batch files and modifying the .bat statement. Hands-on computer time is provided during the class.

Kevin Almeida (539-3745), has worked as a software executive and has been involved in developing computer software. He has taught computer programming to students and employees working to obtain the United Kingdom National Computer Centre Diploma in Computer Studies. He presently works at the International Trade Institute in Manhattan.

Date: July 8, 15,13,13 (4 sessions)
Time: 5:30 - 7:30 pm (Tues. & Thurs.)
Fee: $50
Location: UFM Computer Lab

Keyboarding Basics

Everything goes faster when you know how to type! This course is designed for the individual who has little or no typing experience. You will learn the basics of keyboard touch typing on a computer using WordPerfect 5.1 software. The instructor will guide you through this learning experience. You will have plenty of hands-on practice using the computer in our classroom.

Paula Waldowonder has had years of experience with a keyboard and understands how important it is to polish this skill.

Date: June 16,23,30 & July 7 (4 sessions)
Time: 7 - 8 pm (Wednesday)
Fee: $50
Location: UFM Computer Lab

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Manhattan, Kansas
Snakes of Northeast Kansas

This class will cover everything you want to know about snakes common to this area. You will be able to see and handle native snakes. Both venomous and nonvenomous snakes will be identified. We will talk about how snakes catch their prey. We encourage adults to accompany the children and share this experience. Recommended for children and adults alike ages 8 - 80.

Roy Maynard (539-7941) is a naturalist at Turtle Creek State Park. He started collecting reptiles at age 8 and has been doing it ever since.

Date: June 12 (1 session)
Time: 9:30 am (Saturday)
Fee: $3 individual $8 child and adult
Location: UFM Fireplace Room

Herbs

Everything you want to know about herb gardening. We will cover growing, harvesting, drying, storing, and your favorite recipes. Slides will be used to show different varieties. The lore and legend of herbs will be included.

Date: May 18 (1 session)
Time: 7 pm (Tuesday)
Fee: $3
Location: Bloomington's 1105 Waters

Shopping for a Greener World

Ever stop to think about the environmental impact of the products you normally purchase in the grocery store? Many ordinary products on the shelves today have the potential to harm our environment. This class will examine the hidden impact of buying habits and teach you safer and healthier buying habits to help make the Earth a better place to live. Topics to be discussed include food choices, overconsumption, recycling, reusing, repackaging, hazardous household products, and pesticides. This is an excellent class if you're interested in environmental protection.

Date: May 25 (1 session)
Time: 7 pm (Tuesday)
Fee: $3
Location: Bloomington's 1105 Waters

Butterfly Gardening

Join us for an in-depth program covering all aspects of Butterfly Gardening. Learn plants, nectar plants, location of garden, pollination, warning rock and butterfly identification. A slide program from the Smithsonian is planned.

Date: June 12 (1 session)
Time: 7 pm (Tuesday)
Fee: $3
Location: Bloomington's 1105 Waters

Fall Gardening

Get more out of your garden space this year and plant a fall vegetable garden! Take advantage of the improved quality of vegetables that result from growing produce in the cooler fall temperatures. Learn about soil preparation and fertilizer needs, what to plant, and when to plant for best results. Helpful tips for obtaining maximum seed germination and crop yields will be discussed.

Date: July 6 (1 session)
Time: 7 - 9 pm (Tuesday)
Fee: $5
Location: UFM Greenhouse

Field Trip: Wabunsee City Glacial Area

Explore the glacial area of Northwestern Wabunsee County. We'll search for materials such as stones, quartzite, and other stones left behind by the glaciers. Fossils can be found. Bring a beverage and a container for your treasures. Raindate: July 17

Date: July 10 (1 session)
Time: 9 am - noon (Saturday)
Fee: $3 individual $5 couple
Location: Meet at UFM Fireplace Room

Solar Battery Charging for your Vacation

Examine a camp from a tent to an RV or boat without inhabiting fumes, messy fuels or moving parts. Learn what makes electric panels work and the difference between grid connected systems and off the grid systems. How to operate, maintain and install solar photovoltaic systems. Learn about the basic rules of thumb for setting up a solar system for a cabin or small building. Learn about the operation of the photovoltaics and battery systems. Learn about the setup and operation of the solar system and the performance of the solar panels and batteries.

Bill Dorrer has been teaching and working with photovoltaics since the early 1990s. Last summer he took a course in advanced PV's in Colorado and is going into the field full time.

Date: June 21 & 22 (2 sessions)
Time: 7 am (Saturday)
Location: UFM Conference Room

The Audubon Society

(Northern Flint Hills Chapter, P.O. Box 1932, Manhattan, KS 66502-0022)

Invites you to join us in the following activities:

BEGINNING BIRD WALKS
Monthly, 2nd Saturday, 8 a.m. Meet in the parking lot of Ackert Hall, RSU campus. For novices and experts: children especially welcome.

Summer Dates: June 12 and July 10
For more information, call Dave Rintoul, 537-0781.

EDUCATIONAL PROGRAMS:
Monthly, 3rd Wednesday, 7:30 p.m., Room 221, Ackert Hall, RSU Campus.
June 18: "Birds Grazing Ecology: Management, and Preservation of the Tall Grass Prairie"
July 20: "Grasses and Wildflowers of the Flint Hills"

For more information, pick up the Audubon Calendar at UFM or the public library or call 539-3004.
Beginning Cake Decorating FF-01
Even a pretty border will enhance a cake. Learn to add an icing decoration and impress all of your family and friends. Instructors will provide practice in class. You will bring your own cake to a laser class and take home a masterpiece. Supply list available at registration.
Tammy Siew began decorating cakes several years ago as a hobby. Her first lessons were a UFМ cake decorating class. Currently she decorates cakes for Dinora.
Date: June 8, 15, 22, 29 (4 sessions)
Time: 7 - 9:30 pm (Tuesday)
Fee: $36
Location: UFМ Banquet Room

Thai Cooking FF-03
Learn how to prepare an authentic Thai Meal. You will get hands-on experience preparing beef satay, citrus salad and a Thai dessert. We will eat what we prepare.
Lek Leelang (776-9667), a native of Bangkok, Thailand and has been in Kansas since 1987.
Date: July 24 (1 session)
Time: 10 am - noon (Saturday)
Fee: $10
Location: UFМ Kitchen

Cheesecake's FF-04
Learn to make a cheesecake that will liven excitement to your dinner parties, easy enough for the family yet with plenty of class for entertaining. We will prepare your own cheese apple, and lemon lime cheesecakes, best of all we will sample the product.
Leonard Leelang (522-5887), collects cheesecake recipes and enjoys baking them as much as eating them.
Date: July 10 (1 session)
Time: 10 am - 1 pm (Saturday)
Fee: $10
Location: UFМ Kitchen

Wine Tasting for the Beginner FF-05
If you find choosing wine confusing or difficult this class is for you. It is very important to find the type of wine that suits your taste bud. In the 1st class we will learn the basics of California White Wine and taste several varieties. During the 2nd class we will focus on California Red Wine. Taste testing is the best way to learn about the wines! Finally, in the 3rd class we will discuss the taste and effect of red and white wines. This class will teach people how different foods can affect the taste of wines. Examples of wine with lemon and cherry will bring out the citrus flavor. You must be 21 to attend.
Teressa Richel-McMillin (537-3843), owner-manager of Richel-McMillin liquor store. She stays familiar with the California wine industry with frequent visits to Napa and Sonoma Valley (wine country). Her main objective is to teach customers how much fun wine can be.
Date: June 9, 16 & 23 (3 sessions)
Time: 7 pm (Wednesday)
Fee: $25
Location: Gorgol's
100 Broomame Ave.

GIFT CERTIFICATES for UFМ CLASSES are always available.
Give a gift of learning!
Call or stop by UFМ, 1221 Thurston, 539-8763
- Birthdays - Anniversaries - Thank You Gifts
Beginning Sign Language

This class is designed for individuals who are interested in learning the basic skills of American Sign Language. Students will be instructed in the Manual Alphabet and a vocabulary of about 200 functional signs. Fee includes book Gallaudet's Survival Guide to Signing. Natalie Smith, has taught sign language for 6 years and has been a professional interpreter for 7 1/2 years. She grew up with two deaf parents.

Date: June 9 - July 14 (6 sessions)
Time: 7 - 8 pm (Wednesday)
Fee: $20 includes book Gallaudet's Survival Guide to Signing
Location: 107 BlueMoon Hall, KSU

Survival English

Survival English is designed for those whose native language is not English. It will help the student survive in an English speaking world. The student will learn survival skills. Conversational skills, pronunciation, spelling, and grammar will be used to help the student speak English. Textbooks and handouts will be used. Class participation is recommended. Certificates of completion will be awarded.

James F. Hill, completed his Bachelor of Science degree in American History at the College of the Ozarks, Point Lookout, Mo. In 1977. He holds a Missouri State Teaching Certificate. In addition to teaching high school social studies in the Missouri Public system he has taught English at English Language Institute in Seoul, Korea. Jan is a graduate student at KSU.

Date: June 6 - July 22 (14 sessions)
Time: 7 - 8:30 pm (Tues. & Thurs.)
Fee: $20
Location: 107 BlueMoon Hall, KSU

Introduction to Korean

This class will introduce you to the basics of the Korean language. We will start with the very basics.

Robert Kim is a graduate student in Mathematics at K-State. He will be away until the class begins.

Date: June 7 - June 30 (8 sessions)
Time: 7 - 8 pm
Fee: $20
Location: 107 BlueMoon Hall, KSU

Intensive Korean

This course will enable you to gain a working knowledge of Korean through intensive practice in speaking and understanding the language. We will build on what you learned in the introduction class or help you become more proficient if you already have a little experience in the Korean language.

Robert Kim

Date: July 12 - August 4 (8 sessions)
Time: 7 - 8 pm (Mon & Wed)
Fee: $20
Location: 107 BlueMoon Hall, KSU

Beginning German

This class is an introduction to the German language, and basic language skills. We will focus on learning the basics (alphabet, numbers, colors, names of days, etc). We will also focus on conversational skills and being able to understand a little German. The course will be taught in German. students will need to have a basic understanding of the German language.

Friedrich M. Fuchs, is a graduate student in German at K-State. He received his B.A. from the University of Heidelberg, Germany, in 1978. He also holds an M.A. in German from the University of Michigan. He has taught German at the University of Michigan and at K-State. He has also been a language assistant at the University of Heidelberg, Germany.

Date: June 6 - July 22 (14 sessions)
Time: 7:30 - 8:30 pm (Thursday)
Fee: $20
Location: 107 BlueMoon Hall, KSU

Questions We’re Often Asked

1. When should I register?

Registration begins as soon as the current catalog is printed and continues until classes have filled or started. You are encouraged to sign up early to assure getting a space in the class you want.

Early registration also helps avoid class cancellation. Please do not go to the class unless you have registered with our office.

2. How do I sign up?

You need to register in person, through the mail with the registration forms at the back of this catalog, or by phone using your MasterCard or Visa. See the back page of this catalog.

3. When do I pay?

Payment is made at the time of registration. If you enroll over the telephone (with a MasterCard or Visa), you are added to the course roll immediately. If you register in person or by mail, you enroll the day you receive your payment. Enrollments will be accepted on a first-come, first-served basis.

4. Are there fees in addition to the course fee?

No. In some courses, however, you will be given a supply list and asked to bring your own supplies to class. COURSES TAKE FOR UNIVERSITY CREDIT HAVE THEIR OWN FEE STRUCTURE. SEE SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES.

5. When is the office open?

8:30 a.m. - 5 p.m. Monday through Friday, closed 12 Noon - 1 p.m.

6. Will I receive a confirmation?

You will receive a confirmation only if you have registered by phone with MasterCard or Visa, or upon request.

7. What if my course is cancelled or rescheduled?

When we cancel or reschedule a class, you will be notified. For this reason, it’s extremely important that we have both a daytime and an evening phone number where we may reach you or where you can leave a message. You are welcome to call our office the day your class meets to find out if there are any changes. We reserve the right to cancel any class.

8. Can I get a refund?

We will give you a full refund if we cancel your course. If you decide to withdraw before the class begins, and you tell us 48 hours before the starting date, we’ll send you a refund. We do, however, keep a $2 processing fee. NO REFUND AFTER THE CLASS BEGINS.

9. Must I register to take a class?

YES. You should not attend a class unless you are registered. This allows course instructors to have a course that is larger than the class and ensures that there are enough students to make the course valuable. In addition, insufficient registration leads to course cancellation.

Beginning German for CHILDREN is available in the YOUTH section of the catalog.

Questions We’re Often Asked

1. When should I register?

Registration begins as soon as the current catalog is printed and continues until classes have filled or started. You are encouraged to sign up early to assure getting a space in the class you want.

Early registration also helps avoid class cancellation. Please do not go to the class unless you have registered with our office.

2. How do I sign up?

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9. Must I register to take a class?

YES. You should not attend a class unless you are registered. This allows course instructors to have a course that is larger than the class and ensures that there are enough students to make the course valuable. In addition, insufficient registration leads to course cancellation.
Martial Arts

Tae Kwon Do Karate I

Tae Kwon Do is a traditional martial art designed to provide the ultimate in sharpened self-defense. Blocking, punching, and kicking develop balance, flexibility, and agility while improving cardiovascular fitness and self-confidence. Teaching methods include class demonstration and practice without physical contact. Each student will be given an opportunity to purchase a uniform and belt at the first class. After two months of class an optional testing to advance in the Tae Kwon Do degree ranking is held in Topeka. The cost is not included in the class fee and a uniform is required for testing. Age 7+.

** June 6, 6:30 - 7:30 pm - Public demonstration and formal introduction of instructors in Ahearn Fieldhouse. All other classes will be in KSU Ahearn gymnasium or Fieldhouse. ** Master Grandmaster Chae San Yi (266-8662), an 8th degree Black belt with over 38 years experience in Tae Kwon Do. Former captain and Chief instructor of Tae Kwon Do for the ROK Army during Vietnam, he has held classes at KSU since 1975. Master James Croucher (357-4986), holds a 5th degree Black belt with 18 years experience in Tae Kwon Do. Winner of several National Titles in Tae Kwon Do competition, he has assisted at KSU since 1979.

Date: June 7 - July 29 (16 sessions)
Time: 6:30 pm (Tues. & Thurs.)
Fee: $35
Location: Gym 301, KSU

Tae Kwon Do Karate II

Advanced

Date: June 8 - July 29 (16 sessions)
Time: 7:30 pm (Tues. & Thurs.)
Fee: $35
Location: Gym 301, KSU

MA-02

Hakko Ryu Ju Jitsu

Hakko Ryu is a self-defense oriented grappling type of martial art. Not an exercise form of martial arts, students will concentrate on 7 person wars, solo walking exercises, and self defense theory and techniques. Hakko Ryu is related to nido, yet stresses a less active style, and more subtle, gentle techniques acceptable for use in modern society. 16 years of age and older.

Suns Wilson (539-7723), has studied martial arts for 23 years and taught for 15 years. He holds a 2nd degree Black belt in Kung Fu, a 3rd degree belt in Hakko Ryu Ju Jitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jido, nido, four styles of karate, six styles of kung fu and various other martial arts. He has also written 19 manuals on martial arts.

Date: June 13 - Aug 1 (8 sessions)
Time: 4 - 5 pm (Sundays)
Fee: $20
Location: Ahearn Fieldhouse

MA-03

White Dragon Kung Fu I

This Kung Fu style combines hard, soft and internal methods of martial arts. Beginners will learn basic techniques, self-defense, rolls, and one-step sparring. Wear comfortable clothing. 16 years of age and older.

Suns Wilson (539-7723), has studied martial arts for 23 years and taught for 15 years. He holds a 2nd degree Black belt in Kung Fu, a second degree black belt in Hakko Ryu Ju Jitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jido, nido, four styles of karate, six styles of kung fu and various other martial arts. He has also written 19 manuals on martial arts.

Date: June 8 - July 1 (11 sessions)
Time: 7 - 8 pm (Thurs.)
Fee: $25
Location: Ahearn Fieldhouse, KSU

MA-04

White Dragon Kung Fu II

Continuation of White Dragon Kung Fu I. Optional testing is available for an extra charge. 16 years of age and older.

Suns Wilson (539-7723), has studied martial arts for 23 years and taught for 15 years. He holds a 2nd degree Black belt in Kung Fu, a second degree black belt in Hakko Ryu Ju Jitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jido, nido, four styles of karate, six styles of kung fu and various other martial arts. He has also written 19 manuals on martial arts.

Date: June 7 - Aug 1 (12 sessions)
Time: 7 - 8 pm (Tues. & Thurs.)
Fee: $35
Location: Ahearn Fieldhouse, KSU

MA-05

Wing Chun Kung Fu for Children

Wing Chun Kung Fu is a unique martial arts system developed by a woman in China almost 500 years ago. It is one of the world's most popular martial art of today. Because it was developed by a woman, it does not emphasize the use of brute force and strength, but rather concentrates on developing an effective training system to improve balance, reflexion, and coordination. Wear comfortable clothing. Ages 5 & up.

Slys Randy Stainback (776-5629), has studied martial arts for over 15 years and taught for 12 years. He holds a 2nd degree Black belt in Wing Chun Kung Fu, a 3rd degree Black belt in Arnis De Malo, and has a black belt in the White Eyejhow system.

Date: June 8 - August 3 (9 sessions)
Time: 7 - 8 pm (Tuesday)
Fee: $28
Location: Lucky High School Gymnasium

** Demonstration will be held on Tuesday, June 8 at 7 pm at the Lucky High Gymnasium **

WO-07

Wing Chun Kung Fu for Children

Slys Randy Stainback (776-5629), has studied martial arts for over 15 years and taught for 12 years. He holds a 2nd degree Black belt in Wing Chun Kung Fu, a 3rd degree Black belt in Arnis De Malo, and has a black belt in the White Eyejhow system.

Date: June 8 - August 3 (9 sessions)
Time: 7 - 8 pm (Tuesday)
Fee: $28
Location: Lucky High School Gymnasium

** Demonstration will be held on Tuesday, June 8 at 7 pm at the Lucky High Gymnasium **

WO-08

Self Defense for Women

Self Defense for Women - SHARP - is offered in the PERSONAL DEVELOPMENT section of the catalog.

SHARP - Self defense for PreTeens is featured in the YOUTH section of the catalog.

Catherine Lee Fung, Ph. D. Candidate hosts UNIVERSITY FOR MAN SIXTH SEASON On Channel 6, ME/U where local cable originates

Tuesday at 5:00 p.m. & Wednesday at 4:30 p.m.

June 1 & 2: Marble Collecting
June 8 & 9: Prelude: Swimming the English Channel
June 15 & 16: Remembering Ruddig
June 22 & 23: Arts Activity Center
June 29 & 30: Introduction to Korean
July 6 & 7: Food
July 13 & 14: MPA Pottery
July 20 & 21: Spiral Biotech Instrument
July 27 & 28: Decision Making (FDA)
Aug. 3 & 4: Postulate Swimming the English Channel
Aug. 10 & 11: Talking With and Listening With
Aug. 17 & 18: Asset Planning
Aug. 17 & 18: Asset Planning
Aug. 24 & 25: How to Finance
Sept. 1: Water

Supporting Parents COPE Coalition of Parents Education Have you taken a parenting class lately? For more information or free copy of monthly calendar Nancy Anderson M.A. 776-4779 Michael Cody UFM 539-8763

Listen to KQI A for UFM calendar update Monday through Thursday
Sharp For Pre-Teens
This self defense program is adapted from a national program designed specifically for women. The terminology and approach have been "softened" but the focus remains to empower females to better protect themselves and gain confidence in their social environments. There will be discussion dealing with situations from sexual harassment through actual attack. Appropriate for girls 10 - 13
Diana Tarver, has been teaching Women's self defense classes for 6 years. She has adapted the program for teens and young girls. She is a 2nd degree Black Belt in Tae Kwon Do and has taught Police defense tactics, but for this class she takes a very practical and fundamental approach.
Date: June 25 (1 session)
Time: 1 - 3 pm (Saturday)
Fee: $10
Location: 1st Lutheran Church
930 Poyntz

Childrens Gardening
Children, do you love digging in the soil? Put this interest to work and learn about planting a garden, soil preparation, weeding, harvesting, and garden里的 maintenance throughout the growing season. Children (ages 5 - 13 years) will be assigned individual and group gardens. Parent assistance with younger children is encouraged.
We received a $500 grant to seeds and gardening supplies this year from the National Gardening Association. No registration necessary. Join us at the garden on Saturday mornings.
Dr. Richard Matson and Keith Mulhall are coordinators.
Date: April - October
Time: 10 am - noon (Saturday)
Fee: $5
Location: Manhattan Childrens Garden
6th and Riley Lane

Beginning German for Children
This class is for children who want an introduction to the German Language. Students will learn basic language skills, such as alphabet, numbers, etc., and will also learn songs. Students will begin learning how to converse about various topics. No previous German knowledge is required.
Michele Than (357-5011), is a graduate of Washburn University with a degree in German. She received the Fulbright Fellowship to study in Austria where she lived for 2 years. She is currently a graduate student of German and is also a Graduate Teaching Assistant, having taught since the Fall of 92. She is currently teaching German to 1st graders at a local elementary school.
Date: June 22 - Aug 10 (18 sessions)
Time: 7 - 7:30 pm (Tues. & Thurs.)
Fee: $20
Location: UFM Multipurpose Room

Adventure and Education Camp
Join us for a full day of fun, family and outdoor education including hiking, games, fishing, swimming and responsibility. This is geared for families with children 3rd - 6th grade. Bring your own food, drink, fishing gear & license, and swimming trunks. Note: each family is responsible for their own State Park Permit.
Raindate: July 31
John Knudtson has been involved with two camps: one in Colorado and the other in Missouri, teaching and educating groups of 20 children.
Date: July 17 (1 session)
Time: 9 am - 3 pm (Saturday)
Fee: $18
Location: Meet at UFM and carpool to River pond

4th of July Napkin Holder
Young and old alike will enjoy making this fun napkin holder. Not only useful, but it will be a clever touch to your party, tea, or summer picnics.
Tresa Weaver & Ronnie Wallmair both enjoy doing crafts and enjoy sharing them with young and old alike.
Date: June 20 (2 session)
Time: 11:30 am - 12:30 pm (Saturday)
Fee: $7
Location: UFM Fireplace Room

Beginning Ballet
Do you dream of becoming a dancer? This very basic introduction to ballet can be that first step. Children ages 5 - 12 years will learn basics of dance movement and practice some simple ballet type steps. The discipline of ballet transmutes to other forms of dance including jazz, tap and modern dance.
Portia Sims (337-7252), is 16 year old, and currently she is attending Manhattan High School. She has been dancing for 15 years and she is considering a career in dance.
Date: July 13 - July 29 (6 sessions)
Time: 6 - 6:30 pm (Tues. & Thurs)
Fee: $14
Location: UFM Banquet Room

For additional Martial Arts, see MARTIAL ARTS Section of the catalog.

TENNIS TENNIS
RECREATION AND HEALTH section of the catalog.
**Introduction to Golf**

A short course geared for beginners and intermediate players. The fundamentals of the full swing, short game, pitching, chipping, and putting will be covered. Get some fresh air and find out if golf is the sport for you. Some class time will be devoted to equipment used to play golf, rules, etiquette, courtesy, conduct on the course, registering to play, use of scorecard and handicap.

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

- **Date:** May 27 & June 3 (2 sessions)
- **Time:** 6:30 - 8:30 pm (Thursday)
- **Fee:** $25
- **Location:** Stagg Hill Golf Club
  4441 Ft. Riley Blvd.

**Golf**

*One hour optional KSU credit available. This course emphasizes fundamentals of the full golf swing, short game techniques of chipping, pitching, putting and sand shots. Rules of play, course etiquette, and selection of equipment will also be covered. Clubs, balls and tees are provided. You may bring your own clubs if you prefer. Limit 15.*

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

- **Date:** June 6 & July 27 (6 sessions)
- **Time:** 6 - 8 pm (Tuesday)
- **Fee:** $200 (includes 8 hours of instruction)
- **Location:** Stagg Hill Golf Club
  4441 Ft. Riley Blvd.

*One (1) hour credit classes require additional charges to cover KSU administrative costs. Students enrolled in less than 6 hours, may also be assessed for student activity and health fees.*

**Beginning Bowling**

Experience what bowling is really about! Instruction will include classroom, video, and on-lane experience. Learn the game so you can enjoy it and sharpen up those rusty skills. This class is for adult. All equipment is provided.

Bill Stewart (539-0377), is the new owner of Wildcat Lanes and is a qualified professional.

- **Date:** June 15 & 20 (2 sessions)
- **Time:** 4 - 6 pm (Sunday)
- **Fee:** $16
- **Location:** New Wildcat Lanes
  515 Richards (across from Holidome)

**Community First Aid & Safety**

This course teaches fundamental principles and skills of first aid, correct CPR techniques for adult and infant victims of cardiac arrest and other respiratory emergency. Red Cross Certification is given on successful completion of the course. Textbooks may be purchased at the Red Cross Office and are not included in the class fee.

- **Emile Feuerbacher (537-2810)**
  - **Date:** June 9, 16, & 23 (3 sessions)
  - **Time:** 9 - 10:30 pm (Wednesday)
  - **Fee:** $60 plus books
  - **Location:** Riley County American Red Cross
    1014 Poppe

UFM is looking for anecdotes, photos, and memories of UFM over the past 24 years. If you have something you can share, call UFM at 539-8763 or send to 1221 Thurston, Manhattan, KS 66502 by June 1.

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**GRE Preparation Course**

**Early Fall Class**

Be confident and prepared to take the GRE!

- Review and practice the three GRE subject areas of Math, Logic and Verbal Skills
- Learn strategies for successful test taking
- Analyze the reasons for correct responses

For more information, call UFM 539-8763

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**CHIROPRACTIC FAMILY HEALTH CENTER**

50% OFF

First Day Services

Call Today

537-8305

DR. MARK J. HATESOHL
3252 Klimball Ave.
New Patients Only

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UFM CLASSES make great gifts

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This catalog printed on recycled paper
Tennis: Junior Beginners
Ages 7 - 16
Join us for fun and skill development in this great sport!
This class is designed for beginners and will provide instruction in fundamentals of strokes, basic rules of play and beginning competition. We provide balls. Students provide their own rackets. If you don’t have one, give us a call and we may be able to help you locate one.
Mark Torenstrup, a KSU graduate student in Kinesiology, has played tennis for 20 years and is a ranked district player. He spent last summer as a tennis instructor at Manitoba-Walking Spurs and Arts Center in Ontario, Canada.
Date: June 6 - July 6 (5 sessions)
Time: 6:30 - 7:30 pm (Tuesday)
Fee: $25
Location: L.P. Washburn Complex, KSU
Tennis: Beginners Age 17 and Up
This class will focus on fundamentals of strokes, basic rules of play and beginning competition.
Mark Torenstrup
Date: June 6 - July 6 (5 sessions)
Time: 7:30 - 8:30 pm (Tuesday)
Fee: $25
Location: L.P. Washburn Complex, KSU

Ballroom Dance I
Ballroom dancing is back! Time, Newsweek and Smithsonian report that ballroom dancing is popular throughout the U.S. Manhattan is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, Swing and more. You will be dancing around the expansive floor. So, sign up with a friend or two, and learn how to dance with someone in your arms. Classes fill rapidly. It is advisable to register early.
Michael Bennett (776-7577), has trained in Ballroom Dance at U.C. Berkeley, Mandala Ballroom, San Francisco, Allabaha Ballroom, Oakland CA; Chicago Dance Studios, Chicago, IL; and Avenue Ballroom, San Francisco. He won the 1986 San Francisco Avenue Ballroom Dancing Championship. Nadi Weathers has helped Michael teach dance for 3 years and has been dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.
Date: June 21 - Aug 9 (7 sessions)
Time: 7 - 8:30 pm (Monday)
Fee: $225
Location: St. Isidore’s Chapel, Kramer Center 711 Denison

Ballroom Dance II
This course is for those who would like to attempt more challenging ballroom dance variations. Couples are encouraged to attend so that they may learn to dance as one. Waltz, Foxtrot, and Etirning will be taught. Routines will be given. Prerequisite: Must have completed Ballroom Dance I with Michael Bennett.
Michael Bennett
Date: June 21 - Aug 9 (7 sessions)
Time: No Class July 3
Fee: $225
Location: St. Isidore’s Chapel, Kramer Center 711 Denison

Cruises - Not just for the Rich and Famous
Everyone wants to know about Cruises but were afraid to ask! Bring your questions and we’ll find an answer. We will compare cruises to land packages and view cruise videos. Brochures and brochures available to all who attend.
Terry Marker (776-2237), is a native of Manhattan. She is the owner of Cruises & Travel. Cruises are her favorite vacation.
Date: June 10 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Cruises - Not just for the Rich and Famous
Terry Marker
Date: July 15 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Cruises - Not just for the Rich and Famous
Terry Marker
Date: August 26 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

The New Wildcat Lanes
(next to Holidome in Manhattan)
• 32 lanes — Brunswick
• Pro shop — fully equipped
• Full service lounge with Karaoke
• Snack bar
• Video games
• Qualified instructors by appointment
539-0371
Bill Stewart, new owner

STAGG HILL GOLF CLUB
K-16 West
For all your golfing needs
Fully equipped pro shop
Professional golf instruction available (individual & group)
Club restringing & repair
539-1041
Jim Gregory, PGA Professional

USE REGISTRATION FORM ON the back cover
Tennis: Junior Beginners
Ages 7 - 16
Join us for fun and skill development in this great sport! This class is designed for beginning players and will provide instruction in fundamentals of strokes, basic rules of play and beginning competitiveness. We provide balls.
Students provide their own rackets. If you don't have one, give us a call and we may be able to help you locate one.
Mark Tessendorf, a KSU graduate student in Kinesiology, has played tennis for 20 years and is a licensed district player. He spent last summer as a tennis instructor at Manitoba-Wahing Sports and Amateur Center in Ontario, Canada.
Date: June 8 - July 6 (5 sessions)
Time: 6:30 - 7:30 pm (Tuesday)
Fee: $55
Location: L.P. Washburn Complex, KSU

Tennis: Beginners Age 17 and Up
This class will focus on fundamentals of strokes, basic rules of play and beginning competitiveness.
Mark Tessendorf
Date: June 8 - July 6 (5 sessions)
Time: 7:30 - 8:30 pm (Tuesday)
Fee: $75
Location: L.P. Washburn Complex, KSU

Ballroom Dance I
Ballroom dancing is back! Time, Newsweek and Scholastic report that ballroom dancing is popular throughout the U.S., Manhattan is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, Swing and more. You will be dancing around the expansive floor. So, sign up with a friend, or two, and learn how to dance with someone in your arms. Classes fill rapidly. It is advisable to register early.
Michael Bennett (776-7557), has trained in Ballroom Dance at U.C. Berkeley, Manitoba Ballroom, San Francisco, All balls Ballroom, Oakland CA, Chicago Dance Studio, Chicago, IL and Avenue Ballroom, San Francisco. He was the 1986 San Francisco Avenue Ballroom Emerging Champion. Andy Weather has helped Michael teach dance for 4 years and has been dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.
Date: June 21 - Aug 9 (7 sessions)
Time: 7 - 8:30 pm (Monday)
Fee: $22
Location: St. Isidore’s Chapel, Kramer Center 711 Denison

Ballroom Dance II
This course is for those who would like to attempt more challenging ballroom dance variations. Couples are encouraged to attend so that they may learn to dance as one. Waltz, Foxtrot, and Emerging will be taught.
Routine will be given. Prerequisite: Must have completed Ballroom Dance I with Michael Bennett.
Michael Bennett
Date: June 21 - Aug 9 (7 sessions)
Time: 6 - 7 pm (Monday)
Fee: $22
Location: St. Isidore’s Chapel, Kramer Center 711 Denison

Cruises - Not just for the Rich and Famous
Everything you wanted to know about Cruises but were afraid to ask. Bring your questions and we'll find an answer. We will compare cruises to limited packages and view cruise videos. Coupons and brochures available to all who attend.
Terry Marker (776-2217), is a native of Manhattan. She is the owner of Cruises and Travel. Cruises are her favorite vacation.
Date: June 10 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Cruises - Not just for the Rich and Famous
Terry Marker
Date: July 15 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room

Cruises - Not just for the Rich and Famous
Terry Marker
Date: August 26 (1 session)
Time: 7:30 pm (Thursday)
Fee: $5 individual
$8 couple
Location: UFM Conference Room
Self-Esteem for Adults

We will use a set of 4 video tapes by Marilyn Grodahl as a core curriculum to help us examine ourselves and what tools we can use to reverse this trend. During each session we will view a video, have clarifying discussion and receive related hand-outs.

Class 1: Self Acceptance: The Key to Self-Esteem Class 2: You’re In Charge of Your Life: Believe it or Not
Class 3: The Choice is Yours: Accept or Resist Class 4: Your Present Thinking Creates Future Events.

Michael Cody (559-8763), is the Family Literacy Instructor at UFM. He works and has worked with adult groups teaching literacy and life skills classes. He has seen, over the years of working with adults in many situations, that the state of their self-esteem is the one factor which most consistently affects their lives. Happily, it is one factor that we each are in control of and can change.

Date: June 17-24, July 1-8 (4 sessions)
Time: 6:35 pm (Thursday)
Fee: $12
Location: UFM Conference Room

Introduction to Basic Public Speaking

This course is designed as an overview to Public Speaking. As such, one will learn the basic components of message building. We will first learn the theoretical components of a speech and then how to put that theory into practice. Public Speaking ability is an important life skill. Thus, it is the goal of this course to improve one’s written and oral communication skills. One should leave with enough information to be comfortable in front of a group or in an interview situation.

Rachel Sarnice (552-6875), has eight years of experience as a National Speech Competitor. She is a graduate student in Rhetorical Communications at K-State and is teaching Public Speaking and coaches Forensics.

Date: June 6 - 20 (7 sessions)
Time: 11:00 am - noon (Tues. & Thurs.)
Fee: $30
Location: 311 Nichols, KSU

Introduction to Basic Public Speaking

This course is designed as an overview to Public Speaking. As such, one will learn the basic components of message building. We will first learn the theoretical components of a speech and then how to put that theory into practice. Public Speaking ability is an important life skill. Thus, it is the goal of this course to improve one’s written and oral communication skills. One should leave with enough information to be comfortable in front of a group or in an interview situation.

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Date: June 6 - 20 (7 sessions)
Time: 11:00 am - noon (Tues. & Thurs.)
Fee: $30
Location: 311 Nichols, KSU

Introduction to Zen Buddhist Philosophy and Practice

Zen Buddhist philosophy aims for enlightenment by direct intuition through meditation. Join us for discussion and practice of Zen meditation (Zazen) with a master monk on the Zen tradition or school. Other traditions will also be discussed. Please bring a cushion to sit on to class.

Leon Rappaport (532-6850), a professor with the KSU Psychology Department, and Al Potter, a medical technologist in the veterinary school, have studied Zen for several years and are affiliated with the Minneapolis Zen Center and the Manhattan Zen Group.

Date: June 30, July 7, 14 (3 sessions)
Time: 7:00 - 9:00 pm
Fee: $10
Location: UFM Conference Room

UFM is looking for anecdotes, photos, and memories of UFM over the past 24 years. If you have any stories of show or share, call UFM at 539-8763 or send to 1221 Thurston, Manhattan, KS 66502 by June 1.

"Four out of Five Recommend..."

Does this advertising technique sound all too familiar? This workshop will explore media persuasion techniques and advertising - particularly those used to promote alcohol and tobacco products. Parents are encouraged to bring children and participate in a variety of advertising awareness activities. Kids will also create a "no-use message" T-shirt. Bring an old white t-shirt - we will supply the paint. Information is intended for children ages 6-12 years and their parents.

Phyllis Groover is a Community Prevention Consultant for NE Kansas Region Prevention Center, a program of Pawnee Mental Health Services. She is a former horse economics teacher.

Date: August 3
Time: 3:30 pm (Tuesday)
Fee: $5
Location: UFM Conference Room

Thirteenth Annual National Rural Families Conference

Growing Our Future:
Initiatives to Strengthen Children and Families

September 22-24, 1993

K-State Union
Kansas State University
Manhattan, Kansas

A conference for professionals working with and helping families

University Credit and Continuing Education Units are available. For more information call the KSU Division of Continuing Education at 1-800-432-8222.
INCLEMENT WEATHER POLICY

UFM courses held on campus follow the inclement weather policy of Kansas State University. Courses will be conducted unless all University courses are cancelled. If the instructor informs his/her students personally that he or she will not be present at a given class meeting, the instructor is then responsible for arranging a make-up lesson. Weather sensitive courses will use the scheduled rain date. If a rain date is not scheduled, instructor will be responsible for rescheduling.

SPECIAL POLICIES FOR CREDIT OPTIONAL CLASSES

Credit Registration Refunds: After the second credit optional class meeting, but before one-third of the scheduled class sessions have met, fifty percent of the fee may be refunded if requested in writing. No refund is issued if it is requested after one-third of the class meetings have ended.

Credit Enrollment Fees: Courses taken for credit carry additional fees required for University administration of the credit program. A $15.00 late fee will be charged for enrollments taken after the second class meeting. A $55.00 late fee will be charged for enrollments taken after one-third of the class meetings.

Additional student activity and health fees may be assessed for students enrolled in 6 or fewer KSU credit hours.

Withdrawals: A student may withdraw from a credit option class by written request prior to the completion of one-third of the scheduled class meetings without a grade being recorded on the student’s transcript. If a student withdraws after one-third, but before two-thirds of the scheduled class meetings, a grade of W (withdrawal) will be issued. No withdrawals will be accepted after two-thirds of the scheduled classes have been completed.

LIABILITY STATEMENT

Individual participants should be aware of the risks and hazards involved in recreational sports and fitness activities. They should voluntarily elect to utilize K-State and UFM facilities and participate in programs recognizing present conditions and further agree to voluntarily assume all risks of loss, damage, or injury that may be sustained while using K-State or UFM facilities or participating in programs.

K-State Continuing Education/UFM assumes no responsibility for costs involved with individual injury or property loss incurred in connection with the use of University or UFM facilities. Individuals are reminded that they should review their own personal circumstances to determine if they have adequate insurance or protection in case of injury resulting from the use of University facilities or participation in programs. It is recommended that all participants have a complete physical before engaging in any physical recreation program.

The Liquor Store That Gives You A Greater Selection

776-5003
2223 Tuttle Creek Blvd.
(next to Hop-n-Skip #2)

• Largest Cooler in Area
• Discount On Cases
• Cold Kegs in Stock
• Call us for Wedding & Business Receptions
• Large Selection of Imported and Domestic Wines

537-8219
1129 Bluemont

We Buy High Volumes To Give You Low Prices

Chinese Tai Chi

Tai Chi known as "Joy through Movement" is a popular Chinese tradition. The purpose of Tai Chi is to cultivate the vital force and balance the Yin-Yang of this inner energy. It is to relax and energizing in a gentle manner. This class is designed for beginners. Students will learn basic movements through demonstration and practice. You'll like Tai Chi and enjoy practicing.

Ping Wei (776-3065), is a graduate student in the Department of Chemistry at K-State. When he was in China he taught many foreign students Tai Chi in Nanjing University. (The foreign students were from USA, Japan, Germany, Russia, the Netherlands, and other countries). Ping is very interested in introducing Tai Chi to this area.

COMMUNITY REGISTRATIONS

For your convenience the following dates and locations have been scheduled for onsite registrations.

DATE TIME LOCATION
June 3 4 pm - 7 pm Public Library
June 5 10 am - 2 pm Wal-Mart
June 7 10 am - 2 pm K-State Union

Registration continues throughout the semester at the UFM House, 1221 Thurston, from 8:30 am - 5 pm. (closed 12 Noon - 1 pm).

Lost & Found is located in the lobby of the UFM House.

Building your own home?

Do you need help with:
- Ductwork
- Insulation
- Furnace/Air Conditioner
- Drain Lines
- Water Lines
- Fixtures

See us for FREE advice!

STANDARD PLUMBING

HEATING & AIR CONDITIONING

609 Pecan Circle, Manhattan • 776-5012

Look for UFM 25th Anniversary edition of the catalog Fall '93.
REGISTRATION INFORMATION

Registration by Mail
Complete the registration form and mail the form with your check, money order, or credit card number to:
UFM Class Registrations
1221 Thurston
Manhattan, Kansas 66502-0599
You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

Registration by Phone
With your VISA or MasterCard number and expiration date ready, call (913) 539-8763 during regular business hours. A minimum of $5 can be accepted.

Registration in Person
Stop by UFM, 1221 Thurston anytime between 8:30 a.m. and 5:00 p.m., Monday through Friday.

FOR YOU...

UFM 1221 THURSTON
Manhattan, KS 66502 539-8763

Name ___________________ Day Phone ______
Address ___________________ Evening Phone ______
City ___________________ State ____ Kansas ____ Zip ______
Social Security No. ________ Credit ______ Non Credit ______
CLASS # Session TITLE FEE LOCATION DATE TIME
1. ___________________ ___________________ ___________________ ___________________
2. ___________________ ___________________ ___________________ ___________________
3. ___________________ ___________________ ___________________ ___________________
4. ___________________ ___________________ ___________________ ___________________
Tax Deductible Donation

Total ________

I hereby authorize the use of my Visa □ Master Card □

Signature ___________________

Card # __________ Expiration Date __________

Card Holder’s Name (Please Print) ___________________

(If you are not paying by credit card)
KSU STUDENT: Fr □ So □ Jr □ Sr □ Gr □
AGE: Under 18 exact age ______ 18-24 □ 25-39 □ 60+ □
Parent’s Name If Student is Under Age 18 ______
EMPLOYER: KSU Faculty/Staff □ Fort Riley Personnel □ Other □
Where did you obtain your catalog? ___________________

A class I would like offered
I am participating upon my own initiative and upon my own assumption of risk in a University For Man program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury relating to or resulting from my participation in any or all classes for which I have registered and to hold University For Man harmless as to liability for such injury.

Signature ** ___________________ Date __________

**Signature of parent or guardian required for minors.

OFFICE USE ONLY

Date Received ________ Date ____________________________
Staff ____________________________ Check ____________ Cash ____________
Computer ____________________________ Visa ____________
Fee ____________________________ MC ____________ Voucher ____________ Date ____________

TOTAL PAID ____________

FOR A FRIEND...

UFM 1221 THURSTON
Manhattan, KS 66502 539-8763

Name ___________________ Day Phone ______
Address ___________________ Evening Phone ______
City ___________________ State ____ Kansas ____ Zip ______
Social Security No. ________ Credit ______ Non Credit ______
CLASS # Session TITLE FEE LOCATION DATE TIME
1. ___________________ ___________________ ___________________ ___________________
2. ___________________ ___________________ ___________________ ___________________
3. ___________________ ___________________ ___________________ ___________________
4. ___________________ ___________________ ___________________ ___________________
Tax Deductible Donation

Total ________

I hereby authorize the use of my Visa □ Master Card □

Signature ___________________

Card # __________ Expiration Date __________

Card Holder’s Name (Please Print) ___________________

(If you are not paying by credit card)
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Computer ____________________________ Visa ____________
Fee ____________________________ MC ____________ Voucher ____________ Date ____________

TOTAL PAID ____________