UFM
1994
Summer Classes
(June-August)
UFM is the oldest "free university" in the nation. Organized in 1968 as an experiment to provide an atmosphere for discovery with no grades or credits, UFM has evolved as a non-profit community-based education program. A central premise of the UFM philosophy is that within any community there are resources, including community agencies, residents, and facilities, which may be used to integrate education with living in both practice and concept.

Each year UFM brings together hundreds of volunteer teachers with thousands of learners. UFM helps connect the university and the community, young and old, poor and rich, old and new residents with each other.

The connections that have happened through classes have led UFM to become involved in other concerns and projects. If you would like to learn more about these projects, call UFM and ask for additional information.

Executive Director - Linda Inlow-Teener
Educational Coordinator - Tresa Weaver
State Outreach Coordinator - Anita Madison
Lou Douglas Lecture Coordinator - Gloria Rumsey
Family Literacy Coordinator - Michael Cody
Office Coordinator - Bonnie Wellner

In all these ways UFM helps make connections, bringing university and community resources together. It is the goal of UFM to continue to bring together people to identify other needs in the community and work to meet those needs. With the help of volunteers and student interns, UFM has often become an umbrella organization for new projects. Let us hear your ideas.

TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Information</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancellation of classes</td>
<td>19</td>
</tr>
<tr>
<td>Increment Weather</td>
<td>19</td>
</tr>
<tr>
<td>General Policies</td>
<td>19</td>
</tr>
<tr>
<td>Map</td>
<td>2</td>
</tr>
<tr>
<td>Registration Forms</td>
<td>20</td>
</tr>
<tr>
<td>Registration Information</td>
<td>20</td>
</tr>
<tr>
<td>University Credit Information</td>
<td>19</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Classes</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics</td>
<td>4-5</td>
</tr>
<tr>
<td>*Red Cross Learn to Swim &amp; Water Safety *Scuba</td>
<td></td>
</tr>
<tr>
<td>Money Matters</td>
<td>6</td>
</tr>
<tr>
<td>*Investment classes *How to Buy a Car *How to Buy a Diamond</td>
<td></td>
</tr>
<tr>
<td>Computer</td>
<td>6</td>
</tr>
<tr>
<td>*Beginning &amp; Advanced - &quot;User Friendly&quot;</td>
<td></td>
</tr>
<tr>
<td>Creative FreeTime</td>
<td>7</td>
</tr>
<tr>
<td>*Antiques *Antiques &amp; Dulcimer and more</td>
<td></td>
</tr>
<tr>
<td>Earth, Nature &amp; Environment</td>
<td>8</td>
</tr>
<tr>
<td>*Gardening &amp; Landscaping classes *Field Trips *Canyon at the Spillway *Star Gazing and more</td>
<td></td>
</tr>
<tr>
<td>Food For Fun</td>
<td>13</td>
</tr>
<tr>
<td>*Cake Decorating *Thai Cooking *Sip For Life and more</td>
<td></td>
</tr>
<tr>
<td>Languages</td>
<td>14</td>
</tr>
<tr>
<td>*English as a Second Language *Sign Language *Foreign Languages</td>
<td></td>
</tr>
<tr>
<td>Martial Arts</td>
<td>15</td>
</tr>
<tr>
<td>*Wide variety of classes</td>
<td></td>
</tr>
<tr>
<td>Recreation and Health</td>
<td>16</td>
</tr>
<tr>
<td>*Sports Lessons *Ballroom Dance *Standard First Aid/CPR and more</td>
<td></td>
</tr>
<tr>
<td>Personal Development</td>
<td>17</td>
</tr>
<tr>
<td>*Self Defense for Women *Tai Chi and more</td>
<td></td>
</tr>
<tr>
<td>Youth</td>
<td>18-19</td>
</tr>
<tr>
<td>*Tumbling &amp; Dance *Martial Arts *Beginning German and more</td>
<td></td>
</tr>
</tbody>
</table>

UFM provides a neutral site to discuss community needs. The views expressed by course instructors or those groups utilizing our meeting space are not necessarily those held by UFM programs, Board members, or staff.

Scholarships for youth classes are available.
Call UFM, 539-8763

UFM is committed to a policy of non-discrimination on the basis of race, sex, national origin, handicap, religion, age, sexual preference, or other non-merit reasons, in relation to admissions, educational programs or activities, and employment, all as required by applicable laws and regulations.

ANSWERING MACHINE
You can now leave a message or receive current UFM information, between 5:00 pm and 8:30 am, by calling 539-8763.

WHERE WE’RE LOCATED

UFM
1221 Thurston

KSU Campus
Bertrand St.
Thurston St.
Kearney St.
Vattler St.
Anderson Ave.
Manhattan Ave.
Blu mont Ave.

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Randi Dale  
Bill Dorsett  
Yorgos Filippou  
Sharon Flaming  
Ened Foerder  
Jim Gregory  
Colleen Hampton  
Bridget Herget  
LaShanta Harrison  
Val Hilburn  
Jean Bigbee Hill  
James F. Hill  
Ted Hill  
Esper Rahatt  
Dr. F.C. Lanning  
Thanosr Leeling  
Maria DeFain  
Mackie  
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Tracy Mahoney  
Manhattan  
Gymnastics Center  
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Jim Miley  
Dr. Keith Miller  
Mike Millerson  
Phil Morgan  
Al Potter  
Leon Reppon  
Tenny Sinn  
Portia Sisco  
Natalie Smith  
Dean Stramel  
Sun Y. Academy  
Diane Tawney  
Dean Taylor  
Linda Inlow Teener  
Mark Tensendorf  
Michelle Thurn  
Jan Verbrugge  
Nellie Weathers  
Ping Wei  
Jeff Werner  
Jeff Wilson  
Sten Wilson  

Why Be A Volunteer?
It's not for money, it's not for fame,  
It's not for any personal gain,  
It's just for love of fellow man.  
It's just to give a helping hand.  
It's just to give a little of oneself.  
It's something you can't buy with wealth.  
It's not medals worn with pride.  
It's not for that feeling deep inside.  
It's that reward down in your heart.  
It's that feeling you've been a part  
Of helping others far and near  
That makes one want to be a volunteer!  
Anonymous

BOARD OF DIRECTORS

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Trisha Nolfi  
Garry Patterson  
Gabrielle Thompson  

COMUNITY REGISTRATIONS

For your convenience the following dates and locations have been scheduled for on-site registrations.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 19</td>
<td>4pm - 6pm</td>
<td>East Dillons</td>
</tr>
<tr>
<td>May 24</td>
<td>4pm - 6pm</td>
<td>Public Library</td>
</tr>
<tr>
<td>June 6</td>
<td>10am - 2pm</td>
<td>KSU Union</td>
</tr>
</tbody>
</table>

Registration continues throughout the semester:

UFM House  
1223 Thurston  
8:30 am - 5 pm  
closed 12 Noon - 1 pm

MAILING YOUR REGISTRATION?
Mailing your class registration? Class confirmations will not be sent unless otherwise requested. Consider yourself registered unless you hear from us that the class is full. Feel free to call us to inquire about our receipt of your registration.

A special thanks to the businesses and organizations who show support to UFM through their advertisements. We hope that the community of Manhattan will reinforce our thanks through the patronage of our advertisers!

To advertise your business or organization in the next UFM catalog, contact the UFM Office (539-8763) by July 1.

REGISTRATION INFORMATION on the back cover.

GRE Preparation Course
Early Fall Class
Be confident and prepared to take the GRE!

- Review and practice the three GRE subject areas of Math, Logic and Verbal Skills
- Learn strategies for successful test taking
- Analyze the reasons for correct responses

For more information, call UFM 539-8763
Level III: Stroke Readiness

The objective of Level III is to build the skills in Level II by providing additional guided practice. Students will learn to demonstrate the front and back crawl. They will be introduced to the elementary back stroke and to the fundamentals of breathing. Students will use streamlined body shapes to dive from the side of the pool. Only those students must have a Level II certificate or must be able to demonstrate all the completion requirements in Level III.

Level IV: Stroke Development

The objective of Level IV is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will learn to swim the front crawl and back crawl, familiarize strokes (elementary backstroke, front crawl, and back crawl) at greater distances. Students will be introduced to the breaststroke and sidestroke and the basics of survival skills. Students enrolling this course must have a Level III certificate or must be able to demonstrate all the completion requirements in Level III.

Level V: Stroke Refinement

The objective of Level V is coordination and refinement of basic strokes. Students will be introduced to the butterfly, open turn, the feet-first surface dive and platform dive. Participants learn to perform the front crawl and back crawl for increased distances and to perform the sidestroke and breaststroke. Students enrolling this course must have a Level IV certificate or must be able to demonstrate all the course requirements in Level IV.

Private Lessons

These lessons provide one-on-one instruction for a Level III or IV swimmer. Participants will be contacted to schedule 6 classes of 20 minutes each.

Date/Time  By appointment  Fee: $35 per session

Level II: Primary Skills

The objective of Level II is to give students success with fundamental skills. Students learn to float without support and to recover to a vertical position. This level makes the beginning of true locomotion skills and adds to the self-help and basic rescue skills begun in Level I. Students entering this course must have a Level I certificate or must be able to demonstrate all the completion requirements in Level I.

Level I: Water Exploration

The objective of Level I is to help students feel comfortable in water and to enjoy the water safely. Students will be introduced to elementary aquatic skills which will be built on as they progress through the Learn to Swim program. There are no prerequisites for this course.

UFM Swim Classes

UFM and the Division of Continuing Education are pleased to present the revised American Red Cross Learn to Swim program. This newly developed swimming program has been designed to better meet the needs of all participants. New techniques and strokes add challenges even for advanced swimmers. Use the chart below to place your student in the appropriate updated Red Cross Swimming classes.

Parents are allowed on deck only on Parents Day.

Date: June 14, 20  7:00-8:00  22

Location: All swim classes are held in the KSU Natatorium.

Lockers are available for use during class. Participants must supply towels and swimsuits. Showers are required before entering the water.

Parent/Infant and Parent/Tot

This want instruction program is designed to teach you to work safety and effectively with your child and to teach basic water safety and self-help skills. The program emphasizes water adjustment, preparatory activities for swimming and water enjoyment for you and your child.

Parent-Infant and Parent-Tot class fees include the ARC Aquatic Program Parent's Guide. Small children should wear snug-fitting lightweight pants covered by rubber pants. To participate, infants must have the ability to voluntarily raise their heads 90 degrees when lying flat on their stomachs. Parent must accompany child.

Session I: Mon/Wed/Fri

AQ 09  10:00-10:30
AQ 10  10:35-11:05
AQ 11  10:45-11:15
AQ 12  11:15-11:45
AQ 13  11:20-11:50
AQ 14  11:30-12:00
AQ 15  11:45-12:15

Session II: Mon/Wed/Fri

AQ 08  10:00-10:30
AQ 09  10:35-11:05
AQ 10  10:45-11:15
AQ 11  10:55-11:25
AQ 12  11:15-11:45
AQ 13  11:30-12:00
AQ 14  11:45-12:15

Note: Minimum enrollment for all classes is 5. If less than 5, enroll classes of the same level may be combined or canceled.

No Classes: Monday July 4

Session I: Mon - Fri June 6 - June 17

Session II: Mon - Fri June 20 - July 1

Session III: Mon - Fri July 5 - July 15

Session IV: Mon - Fri July 18 - July 29

Fees: $35 per session

COMMUNITY FIRST AID AND SAFETY classes that teach CPR can be found in the RECREATION AND HEALTH section of the catalog.

UFM CLASSES make great gifts
Level VI: Skill Proficiency

The objective of Level VI is to permit strokes so students swim them with more ease, efficiency, power, and smoothness over greater distance. Students develop considerable endurance by the end of this course. Participants will be introduced to additional turns as well as the dive and turn surface dives. Students entering this course must have a Level V certificate or must be able to demonstrate all the skills required to complete Level V.

Session I: Monday - Friday
AQ-32 10:00 - 10:40
AQ-33 10:45 - 11:25
AQ-34 11:30 - 12:10
AQ-35 12:15 - 12:55

Session II: Monday - Friday
AQ-73 10:00 - 10:40
AQ-74 10:45 - 11:25
AQ-75 11:30 - 12:10
AQ-76 12:15 - 12:55

Session III: Monday - Friday
AQ-113 10:00 - 10:40
AQ-114 10:45 - 11:25
AQ-115 11:30 - 12:10
AQ-116 12:15 - 12:55

Session IV: Monday - Friday
AQ-153 10:00 - 10:40
AQ-154 10:45 - 11:25
AQ-155 11:30 - 12:10
AQ-156 12:15 - 12:55

Fee: $75 per session

Level VII: Advanced Skills

The objective of Level VII is to perfect strokes and to develop good fitness habits. Participants are encouraged to use aquatic exercises throughout life to maintain their physical condition. They will be taught springboard diving and advanced rescue skills. They will be introduced to other aquatic activities such as water polo, synchronized swimming, skin diving and competitive swimming. Participants entering this course must have a Level VI certificate or must be able to demonstrate all the completion requirements in Level VI.

Session I: Monday - Friday
AQ-36 10:00 - 10:40
AQ-37 10:45 - 11:25
AQ-38 11:30 - 12:10
AQ-39 12:15 - 12:55

Session II: Monday - Friday
AQ-77 10:00 - 10:40
AQ-78 10:45 - 11:25
AQ-79 11:30 - 12:10
AQ-80 12:15 - 12:55

Session III: Monday - Friday
AQ-117 10:00 - 10:40
AQ-118 10:45 - 11:25
AQ-119 11:30 - 12:10
AQ-120 12:15 - 12:55

Session IV: Monday - Friday
AQ-157 10:00 - 10:40
AQ-158 10:45 - 11:25
AQ-159 11:30 - 12:10
AQ-160 12:15 - 12:55

Fee: $75 per session

Private Lessons for Special Populations

For people with special physical or mental needs.

Rates will be considered for private swimming lessons. The Swim Coordinator will contact individual families during the second week of each session to arrange 6 classes of 30 minutes each, if conditions can be met.

Date/Time: By appointment

Fee: $128 per 6 lessons

JOIN US Sundays at 10:45

- Stimulating programs
- Liberal religious education classes for children
- Daycare for those too young for classes
- Refreshments after programs
- Social events

Unitarian-Universalist Fellowship
481 Zeeland Rd.
537-2249

Just 1/2 mile east of viaduct on K-38

Hydroaerobics

Ages 16 plus

This class is designed to use water exercises for the development of physical fitness, muscle tone, flexibility, and cardiovascular endurance. Open to non-swimmers and swimmers alike.

Session I: Monday - Thursday June 6 - June 29
AQ-47 10:00 - 10:40
AQ-48 10:45 - 11:25
AQ-49 11:30 - 12:10
AQ-50 12:15 - 12:55

Fee: $75 per session

Scuba Diving

This class is prerequisite for students for Open Water One certification. The certification fee for this course is $50. Neither UIM nor KSU is responsible for this certification. Travel and lodging are at the student's expense. The certification dates will be explained at the first class meeting. Students must provide their own mask, fins, and snorkel. The class fee includes instruction, the dive manual and equipment rental during class. Students will practice with air tanks a minimum of five classes. (Estimated cost for mask, $60.50; snorkel, $30-$55; fins, $40-$70.) Limit: 10 students. MINIMUM (AEC 35). Parents of 13-15 year olds must accompany children poolside. A complete physical is required for participants aged 45 and up.

FREE SCUBA DEMONSTRATION will be held in the KSU Natatorium on Wednesday, June 15 at 3 pm. This session will acquaint participants with the skills and techniques of safe underwater diving. Bring swimsuits and be prepared to enter the water.

Jeff Wilson, has been diving for 22 years and instructing scuba for 12 years.

Date: June 15, 22, 29 & July 6,7,20
Time: 5 - 9 pm (Wednesday)
Fee: $30
Location: KSU Natatorium

I Tried Scuba

The class is designed to introduce swimmers to the fundamentals of skin and Scuba diving, and emphasize the necessity for proper and safe Scuba training. Students will receive hands on instruction with the equipment in the pool as well as a brief orientation from the instructor. All equipment will be furnished by the instructor; the student need only bring a swimming suit and an underwater mask. Minimum Age: 13. All swimmers under the age of 18 will need to have parents sign a waiver/release statement.

Jeff Wilson, has been a scuba diver for 22 years and has been a scuba instructor for 13 years.

Date: June 25
Time: 9 - 11 am (Saturday)
Fee: $35
Location: KSU Natatorium

I Tried Scuba

Jeff Wilson
Date: July 9
Time: 9 - 11 am (Saturday)
 Fee: $35
Location: KSU Natatorium

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(913) 537-2273
HOURS: 10 a.m. to 6 p.m. Mon.-Sat.
1/4 mile south of viaduct on 177
Investment Workshop for the 90's

Have you ever wondered what a bond, or stock, or mutual fund actually is? Would you invest your money to live comfortably in retirement? If you share these same questions, then this class is for you. This three part series is designed to help both the beginning and more experienced investor better understand just what exactly an investor can do. Some of the topics covered will be common stocks, tax free bonds, certificates of deposit, corporate bonds and mutual funds. We will discuss how to set up and monitor your portfolio.

Jeff Warner (539-6777), an investment representative with Edward D. Jones & Co.

Date: June 21, 25 & July 5
Time: 7 - 9:00 (Tuesday)
Fee: $10
Location: 107 Bluemont Hall, KSU

Want to buy a car but don't know where to start? See class on page 7.

Financial Strategies for a Successful Retirement

Are you comfortable with your financial future? This 6 hour seminar is designed to help you prepare financially for your retirement. You will learn how to generate a steady income, protect your assets from erosion, minimize taxes, and provide a secure retirement. Each participant will receive a 155 page workbook, a platform, and a non-sales oriented counseling session. This seminar will help alleviate your financial anxieties.

Guy Almeling

Date: July 13, 20 & 27
Time: 7 - 9:30 pm (Wednesday)
Fee: $25 individual
$45 Couple
Location: 107 Bluemont Hall, KSU

Learn How to Buy a Diamond class is on Page 7.

Can your Child Win the College Debt Game?

The idea of this game is to graduate from college with as little debt as possible. You are probably aware of the costs of a college education today. However, do you know about the various programs available which can help pay those costs? Are you aware of the strategies to minimize how much will have to come from your pocket? We will cover projecting the college costs where your child will attend.

*Strategies for investing college funds and getting the most from your college savings
*The seven major federal aid programs.
*The financial aid award process and strategies to improve you chances of qualifying or increasing aid.

Guy Almeling (539-8335), is in a private financial planning practice and conducts individual consultation and seminars.

I would like to thank each and every volunteer instructor. It is their continued support that allows UFM to be successful.

Thank you,

[Signature]

Advanced WordPerfect

Use WordPerfect to become more productive and improve the appearance of your documents. Try your hand at designing a newsletter. Learn how to create tables, program macros and run mail merge. Create an attractive table of contents. Hands-on computer time is provided.

Linda Tener (539-8769), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: June 16, 23 & 30
Time: 3 - 5 pm (Thursday)
Fee: $42
Location: UFM Computer Lab

WordPerfect Basics

Master the basics of WordPerfect. Create documents, set up page layout and page formats, learn how to create documents, and print reports and charts. Learn features such as copy, move and delete large blocks of text.

Date: June 7 & 14
Time: 2 - 5 pm (Tuesday)
Fee: $25
Location: UFM Computer Lab

WordPerfect 6.0 Overview

This class covers the new features included in WordPerfect 6.0. Look at the view mode options, learn about the bottom bar, new font options and other new features. Print envelopes, run grammar checker and review other improvements in this powerful program.

Linda Tener (539-8769), takes a practical and easy to understand approach to learning how to make your computer work for you.

Date: June 31
Time: 3 - 5 pm (Tuesday)
Fee: $15
Location: UFM Computer Lab

Computer

1221 THURSTON 539-8763

Manhattan Toastmasters Club

A public speaking club
Visitors welcome

Call 776-3332

Special THANKS TO THE UFM INSTRUCTORS who volunteer their time.
Books By and About Women CF-01

We will discuss threads, ideas, and issues expressed by women through fiction and non-fiction books. Through this informal class we will exchange different perceptions interpreting the themes seriously and lightly. Past book selections include: "Coming of Age" by Susan B. Anthony; "Yearning" by Alia Joye; "My Brother's Keeper" by Bebe Moore Campbell; and "Women Writing to Women: An Anthology" edited by Jill Kettenbeer.

Leorie Cross (587-4300), enjoys reading and discussing books by and about women. She has provided facilitation for this group since 1978.

Date: June 8
Time: 7:30 - 9 pm (Wednesday)
Fee: $8
Location: Call for location

Introduction to Mountain Dulcimer CF-02

Come learn to play this very easy musical instrument! This class will involve the basics of playing and enjoying the mountain dulcimer. You will learn the skills of tuning, playing a melody line and strumming. Some chords will also be included at the class advances. A mountain dulcimer and a flat pick for strumming are required.

Jim Miley (322-4951), has been playing the mountain dulcimer for a number of years and enjoys teaching others. He is a KSU professor.

Date: June 7, 14, 21, 28, July 5 & 12
Time: 7 - 9 pm (Tuesday)
Fee: $15
Location: UFM Conference Room

Collecting and Restoring Antique Furniture CF-03

Interested in collecting and using antique furniture? Learn about styles and what to look for in antique furniture. This class will touch on furniture restoration and the condition of wood finishes. We will learn when it is appropriate to strip the old finish or leave it as is.

Jean Bigbee Hill (537-4884), an antique and collectible lover, manages Tuttle's Antiques Market, in Manhattan.

Jean also has a furniture stripping and refinishing business called Busy Bee Stripping and Refinishing. She is anxious to share her knowledge with others.

Date: June 14
Time: 7 - 9:30 pm (Tuesday)
Fee: $15 one class
$5 for both CF-03 & CF-06
Location: Tuttle's Antiques Market
1030 Tuttle Creek Blvd.

How to Buy a Car CF-04

Want to buy a car but don't know where to start? First you must determine whether you want a new or used car, and this course will help you make that decision. We'll discuss the advantages and disadvantages of both new and used cars, help you get a good deal, and more that you don't get stuck with a lemon. For those choosing to go the "new car" route, we'll discuss new car financing, buying versus leasing, dealer incentives and strategies, which options to buy and which to avoid, and how to beat the pesky salesman at his own game. We'll discuss some compelling reasons to opt for a used-but-not-abused car. Discover where to find reliable secondhand automobiles, how to get them tested for performance before the purchase, and where to look for a bargain. Finally, we'll teach on choosing a reliable mechanic and getting the most out of your warranty.

Jan Verbruggen (776-4875), is sales manager at Greenbush. He has many years of experience in auto sales and is sensitive to the stress involved in a car purchase.

Date: June 22
Time: 7 - 9 pm (Wednesday)
Fee: $5
Location: UFM Multipurpose Room

Collecting Antique Glassware CF-05

For antique lovers! We will focus on Victorian, Depression, and.htm glassware. Learn more about what you have or want to buy.

Jean Bigbee Hill (537-4884), an antique and collectible lover, manages Tuttle's Antiques Market, in Manhattan.

Jean also has a furniture stripping and refinishing business called Busy Bee Stripping and Refinishing. She is anxious to share her knowledge with others.

Date: June 28
Time: 7 - 9:30 pm (Tuesday)
Fee: $15 one class
$5 for both CF-03 and CF-06
Location: Tuttle's Antiques Market
1030 Tuttle Creek Blvd.

Let's Play Cards CF-06

If you have avoided joining the fun or dreaded learning a new card game because everyone at the table knows how to play but you, this class is for you. Card games are a great brain activity. Don't miss this opportunity to learn to play pitch, spades, and hearts. Bring a deck of cards.

Natalie Smith, learned to play cards when she was in college. She has received an enjoyment from this activity.

Date: July 1 - July 22
Time: 7 pm (Tuesday)
Fee: $15
Location: UFM Conference Room

Autoharp Fun CF-07

Pull that autoharp out of the closet and spend an evening learning how to play it. We will look at tuning, chord-changing, strumming and how to find music to play. Bring your autoharp and fingerspicks that fit your thumb and first two or three fingers.

Linda Teemer (539-8703), has been playing and teaching the autoharp for several years.

Date: June 15
Time: 7 - 9 pm
Fee: $5
Location: UFM Multipurpose Room

How to Buy a Diamond CF-08

Learn how to arm yourself with enough knowledge to shop for and buy a diamond with confidence. This class will explain the 4 Cs of diamond qualities: cut, color, clarity and carat weight. We will also develop the 5th C, 'confidence'. Learn confidence in yourself to shop and compare diamond qualities. After this session, you will (almost) have as much knowledge as a New York diamond dealer.

Mike Dassanoks (776-7821) has been in the jewelry business for twenty years. He is a Graduate Gemologist of the Gemological Institute of America and a Certified Gemologist with the American Gem Society.

Date: June 16
Time: 7 - 9 pm (Thursday)
Fee: $15
Location: UFM Conference Room

How to Buy a Diamond CF-09

Mike Dassanoks (776-7821) has been in the jewelry business for twenty years. He is a Graduate Gemologist of the Gemological Institute of America and a Certified Gemologist with the American Gem Society.

Date: June 18
Time: 7 - 9 pm (Monday)
Fee: $15
Location: UFM Conference Room

You are registered unless you are otherwise notified.

If you like to Garden in your Free time check the EARTH AND NATURE section of the catalog.

A guided tour of the TUTTLE CREEK SPOILWAY "CANYON" is offered in the EARTH AND NATURE section of this catalog.

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The FALL UFM CATALOG will be out August 9.
The Spillway "Canyon": A Field Trip Through Time

Imagine yourself walking an ancient testsite or an ancient landscape. On a three-hour field trip we will explore the spillway together. You will be introduced to some of the methods and principles used by geologists to reconstruct Earth history. We will walk through geologic time and see that events and environments are recorded in the rocks. This will be a great time to identify fossils found at the spillway. We will also discuss the processes that shaped the spillway "canyon" during the flood of '95.

Keith Miller is a paleontologist and sedimentologist doing postdoctoral research with the geology department at K-Roo. His interest is in using information recorded in the rocks to reconstruct ancient environments and understand how they changed with time. He is fascinated by the dynamic history of the Earth, and enjoys telling the stories written in the rocks. He also enjoys observing and learning from the natural world around us.

Date: July 9
Time: call for time (Saturday)
Fee: $5 individuals, $8 couple
Location: call for location

Field Trip: Wabaunsee County Glacial Area

Come to the glacial area of northwestern Wabaunsee County. We’ll search for materials such as gravel and quartz, left behind by the glaciers, and for fossils. Become a rockhound for a day. Bring a shovel and a container to hold your treasures.

Raindate: July 16
D.G. [P.O. Box 537, 75903], Professor Emeritus of Chemistry at Kansas State, is a long-time member of the Manhattan Mineral, Gem and Fossil Club.

Date: July 9
Time: 8:30 am - noon (Saturday)
Fee: $5 individual, $8 couple
Location: Meet at UFM Fireplace Room

Solar Cells for Camping, Boating or RV's

Recharge your RV or boat batteries with no auxiliary power, move to a new view, or view your campsite from extraordianary vantage points. Solar electric panels slowly charge your battery for longer life and then use your campsite from extraordianary vantage points. Solar electric panels slowly charge your battery for longer life and then use your campsite from extraordianary vantage points.

Date: August 8, 15, and 22
Time: 9:30 am (Monday)
Fee: $5
Location: 1115 Leavenworth

Star Gazing

We’re lucky to live in an area where dark skies can still be found! Join us to look at the beautiful night sky. We’ll learn to identify the constellations and observe whatever planets are up. We should be able to catch the Perseid Meteor Shower, too. Bring a jacket, blanket or umbrella if you have one, and a small flashlight. If you have star finders or maps, bring them, although maps will be available at class. We’ll stay out as long as there is interest.

Dean Storm (539-1951), teaches astronomy at Manhattan High School.

Date: August 12
Time: 7:00 pm (Friday)
Fee: $5 Individual
Location: Meet at UFM parking lot to car pool to location

Solving Landscape Problems

From your design "on-the-beach" to the installation of the project "in-the-ground", each landscape project involves several installation techniques. Each project must solve unique problems. Each project must have unique solutions. However, with some tips on how to do it, your next landscape project should be smooth and appear more professional. Bring your landscape problems to the seminar.

Tom J. Hills, ASLA (539-7772), has been a licensed landscape architect for twenty-five years. His professional experience as a former landscape contractor coupled with his education in both Landscape Architecture and Landscape Architecture has led to over ten Regional awards as designer. His firm is called Hills Environmental Design.

Date: June 15
Time: 7:00 pm (Wednesday)
Fee: $5 couple
Location: UFM Conference Room

Fall Gardening

Get more mileage out of your garden space by planting a fall garden this year. You can use these tips to create a garden of lasting interest and save money on the next spring's flowers. You can use these tips to create a garden of lasting interest and save money on the next spring's flowers.

Date: June 6
Time: 7:00 pm (Wednesday)
Fee: $5
Location: UFM Conference Room

Perennial Flower Gardening

Are you tired of buying and planting new flowers every year? Why not invest in some perennial flowering plants that will return each spring? We’ll discuss how to get started, including what and how to plant, and some of the many perennials that can be grown in your garden.

Date: June 22
Time: 7:00 pm (Wednesday)
Fee: $5
Location: UFM Conference Room

Hansen Nutrition Center

"Diet cures what diet causes."

- Natural Food Supplements
- Natural Ice Creams
- Dietetic Supplies
- Whole Grain Cereals
- Herbs and Spices
- Regeneration Products
- Nutritionist on Staff

MON.-SAT. 9:30 TO 6
537-4571
2112 ANDERSON AVE. (ACROSS FROM VILLAGE PLAZA)
SUMMER CLASSES

AT THE
ARTS CENTER OF MANHATTAN

There are many arts related classes being developed for the community this summer at the new Arts Center of Manhattan. However, as this UFM catalogue goes to press, only Clay Coalition classes, sponsored by the Manhattan Arts Council, are fully positioned for registration through UFM. The summer issue of City Arts Magazine will carry a complete listing of classes offered at the Arts Center by The Wonder Workshop Children’s Museum, Arts Council, and Manhattan Civic Theatre. For additional information on these classes, please contact the Arts Council at 539-3276, The Wonder Workshop at 587-2020 (Amanda Arnold School), or Civic Theatre at 778-8591.

MANHATTAN CLAY COALITION MOTTO
“United, to Accomplish Excellence Through Discovery, in the Arts and Crafts”

MANHATTAN CLAY COALITION
MISSION STATEMENT
The Manhattan Clay Coalition is committed to promoting a quality clay experience for Manhattan and surrounding communities and to supporting the Arts Center of Manhattan, Inc. The goals of the Coalition will be achieved through studio and outreach efforts including:
+ classes for all skill levels
+ open studio
+ “clay in action” projects
+ workshops and professional development seminars
+ exhibitions, shows, and sales

The Clay Coalition is a group of local, professional potters and other interested individuals who have come together to create the Arts Annex Pottery Studio at the Arts Center of Manhattan, Inc., (ACMI), 1506 Poyntz Ave. This professionally run studio is sponsored by the Arts Center by the Manhattan Arts Council, with program support from University For Man. Other supporting organizations are Manhattan Civic Theatre, Manhattan Town Center Mall, Flint Hills Breadbasket, Big Lakes Developmental Center, and USD 383.

MEET THE PROFESSIONAL INSTRUCTORS

JOYCE FURNEY: Joyce has a BFA degree in sculpture from KSU, and has done undergraduate and post-graduate work in sculpture and clay in Colorado, Utah, and Kansas. Since 1982, her clay sculptures and pottery have taken first awards in juried shows all over the country. Work from her studio, The Clay Cellar, is shown in galleries as far away as Japan.

RONNA TYSON: Ronna has had her hands in clay since her student days at Manhattan High School. Since 1970, she has maintained her own studio in far away places such as Edmonton, Alberta; Whitehorse, Yukon Territory; and British Columbia, Canada. She has her BFA in Ceramics and a BS in Art Education from KSU. Ronna has now come full circle, and is a teacher at Manhattan High School.

GARY TYSON: A retired naval officer with degrees in both Business Administration and Health Care Administration, Gary has been a full time, studio potter since earning his BFA degree in Ceramics at KSU in 1989. He is the owner of Wild Cat Village Pottery.

GENE SEIVER: A one time finish carpenter, Gene has his MFA in Ceramics from KSU. He has taught classes in design, drawing, and ceramics at KSU. He has exhibited in regional and national juried competitions, and won many cash and purchase patron awards. He is now a full time studio potter at Gene Seives Pottery.

DAVID RANDALL: David has a BFA in Ceramics from KSU. He was a graduate teaching assistant at the University of California at Santa Barbara. He has worked in clay and shown professionally for the past five years.

BEE DUNN: Bee began her life-long love affair with clay by designing her own fireplace tiles. She learned wheel throwing in Illinois, and perfected it at the University of South Carolina. She attended the Folk Arts Craft Studio at Penland, North Carolina. She comes to the Clay Coalition from Myrtle Beach, South Carolina, where she owned a knitting shop and worked in clay as a lucrative avocation.

STACY WRIGHT: Stacy recently graduated from KSU with a BFA in Ceramics. She has had experience teaching ceramics to young adults at camps in Colorado. She now works as a studio assistant at The Clay Cellar, and is planning to continue her education in graduate school.

CLAY COALITION SUMMER ’94
COURSE OFFERINGS

Clay in the Morning
Introduction to Clay: Wheel and Hand Built
Clay Discovery for Children and Youth
Masks from Around the World
The Joy of Hand Building
Clay for Special Needs Populations
Functional Pottery
Intermediate to Advanced Pottery
Figures in Clay
Intermediate to Advanced Clay/Wheel and Hand Built Pottery
Southwestern Pottery Adventure
Raku: Wheel and Hand Built
Teapots, Casseroles and Functional Stuff
Open Studio Labs
HOW TO REGISTER FOR CLASSES:
UFM will handle registration for all classes. To register you may
1. Use the registration form on the very last page of this UFM catalogue;
2. Walk in and register at 1221 Thunson;
3. Call UFM at 539-8763 and register with a credit card

SUMMER CLASSES
Session 1 - June 5th / July 2nd
Session 2 - July 9th / Aug. 6th
Session 3 - Aug. 9th / Sept. 3rd

CLAY IN THE MORNING
Instructor: David Randall
Introduction to the fun and joy of making clay pots. Come see what your hands can do.
Session 1:
CC 301 Mon. June 6, 13, 20, & 27 9-12 noon Fee: $39
CC 302 Wed. June 8, 15, 22, 29 9-12 noon Fee: $39
Session 2:
CC 320 Mon. July 11, 18, 25, Aug. 1 9-12 noon Fee: $39
CC 321 Wed. July 6, 13, 20, 27 9-12 noon Fee: $39
Session 3:
CC 340 Mon. Aug. 8, 15, 22, 29 9-12 noon Fee: $39
CC 341 Wed. Aug. 10, 17, 24, 31 9-12 noon Fee: $39

INTRODUCTION TO CLAY: WHEEL AND HAND BUILT
Instructor: Gene Sievers
Never made clay pots before but thought it looked like fun? Come and introduce your hands and your mind to the joy of discovery in clay. No experience necessary. Those wanting to hone their skills are welcome to enroll also. Materials (25 lbs. of clay) included.
Session 1:
CC 303 T & Th June 7-9, 14/16, 21/23, 26/28 9-12 noon Fee: $78
Session 2:
CC 322 T & Th July 9-71, 12/14, 19/21, 25/27 9-12 noon Fee: $78
Session 3:
CC 342 T & Th Aug. 9/11, 16/18, 23/25, 30/Sept.1 9-12 noon Fee: $78

CLAY DISCOVERY FOR CHILDREN & YOUTH
Instructor: Joyce Fumey
Discover the fun and the joy of your hands making clay pots. Slab construction techniques will be used to build projects from boxes to impressed design vases. Demonstration of wheel thrown pottery will be given, with each student trying it once. All ages welcome. All materials included, no additional tools included.
Session 1:
CC 304 Sat. June 11, 18, 25 9-12 noon Fee: $25

MASKS FROM AROUND THE WORLD
Instructor: Ronna Tyson
An introduction to the history of masks from around the world. Construction methods of slab, pinch, and coil will be used to create your mask. All ages welcome. All materials included, no additional tools needed.
Session 1:
CC 323 Sat. July 9, 16, 23, 30 9-12 noon Fee: $39
Session 3:
CC 343 Sat. Aug. 13, 20, 27 & Sept. 3 9-12 noon Fee: $39

THE JOY OF HAND BUILDING
Instructor: Bee Dunn
We will work with slabs, coils, and pinch pots. We will build a slab bird house, a coil house, a decorated bowl, and a pressed tray.
Session 1:
CC 305 M & Tu Jun. 6, 7/13/14, 20/21/27, 28 1-3 pm Fee: $52
Session 2:
CC 324 M & Tu Jul. 11/12, 17/18, 23/24, 25/26 Aug. 12 1-3 pm Fee: $52
Session 3:
CC 344 M & Tu Aug. 9/15/16, 22/23/29, 30 1-3 pm Fee: $52

CLAY FOR SPECIAL NEEDS POPULATIONS
Instructor: Sessions 1, 3, Joyce Fumey; Instructor: Session 2, Ronna Tyson
Beginning class to introduce the fun and joy of discovery of your hands making clay pots. Class designed to meet the needs of persons with developmental or physical challenges.
Session 1:
CC 306 Wed. June 8, 15, 22, 29 1-3 pm Fee: $26
Session 2:
CC 325 Wed. July 6, 13, 20, 27 1-3 pm Fee: $26
Session 3:
CC 345 Wed. Aug. 10, 17, 24, 31 1-3 pm Fee: $26

INTRODUCTION TO CLAY: WHEEL AND HAND BUILT
Instructor: David Randall
This class will focus on teaching the beginner the basic skills and techniques of wheel throwing and hand building in clay. Projects will be developed with feedback from the class.
Session 1:
CC 307 Sat. June 11, 18, 25, July 2 1-3 pm Fee: $31

FUNCTIONAL POTTERY
Instructor: Ronna Tyson
Focus will be on creating utilitarian, household objects. No previous experience necessary. Materials (25 lbs. of clay) included; bring your own tools.
Session 2:
CC 326 Sat. July 9, 16, 23, 30 1-3 pm Fee: $31
Session 3:
CC 346 Sat. Aug. 6, 13, 20, 27 1-3 pm Fee: $31

OPEN STUDIO LAB
(Facility use only, No Instruction)
Session 1:
CC 313 Sun. June 5, 12, 19, 26 Noon - 3 pm Fee: $25
Session 2:
CC 330 Sun. July 10, 17, 24, 31 Noon - 3 pm Fee: $25
Session 3:
CC 354 Sun. Aug. 7, 14, 21, 28 Noon - 3 pm Fee: $25

INTRODUCTION TO CLAY: WHEEL AND HAND BUILT
Instructor: Sessions 1 & 3, David Randall; Instructor: Session 2, Ronna Tyson
Basic skills and techniques of wheel throwing and hand building in clay will be taught. No previous experience necessary.
Session 1:
CC 308 M & Tu Jun. 6/7, 13/14, 20/21, 27/28 3:15 - 6 pm Fee: $75
Session 2:
CC 327 M & Tu Jul. 11/12, 19/20, 25/26, Aug. 1/2 3:15 - 6 pm Fee: $75
Session 3:
CC 347 M & Tu Aug. 8/9, 15/16, 22/23, 29/30 3:15 - 6 pm Fee: $75

INTERMEDIATE TO ADVANCED POTTERY
Instructor: Joyce Fumey
Interact with clay at your own skill level and pace. All class members will have the opportunity to explore and complete projects in both wheel thrown and hand built pottery construction techniques. Please come to the first class with a written assessment of your experience level and a personal goals statement. With these assessments each person will contract specific production goals with the instructor. class will meet on the June 29th, to critique and pick up work. (No Class on June 30th.)
Session 1:
CC 309 W & Th June 9/15/16, 22/23, 29 3-6 pm Fee: $65

FIGURES IN CLAY
Instructor: David Randall
This is a class for anyone interested in incorporating the human form into their work. This is not a modeling class with a live model, but a chance for each individual to work in their own direction and style in relation to the figure. Everyone will be encouraged to develop their own ideas and to have fun. Beginners through advanced.
Session 2:
CC 328 Wed. July 6, 13, 20, 27 3-6 pm Fee: $38
CC 329 Thu. July 7, 14, 21, 28 3-6 pm Fee: $38
Session 3:
CC 348 Wed. Aug. 10, 17, 24, 31 3-6 pm Fee: $38
CC 349 Thu. Aug. 11, 18, 25, Sept 1 3-6 pm Fee: $38
OPEN STUDIO LAB (Facility use only, No Instruction)

Session 1:
- CC 314: Sat. June 11, 18, 25, July 2 3-6 pm Fee: $25
- CC 315: Sun. June 5, 12, 19, 26 3-6 pm Fee: $25

Session 2:
- CC 331: Sat. July 9, 16, 23, 30 3-6 pm Fee: $25
- CC 332: Sun. July 10, 17, 24, 31 3-6 pm Fee: $25

Session 3:
- CC 355: Sat. Aug. 6, 13, 20, 27 3-6 pm Fee: $25
- CC 356: Sun. Aug. 7, 14, 21, 28 3-6 pm Fee: $25

INTERMEDIATE TO ADVANCED CLAY/WHEEL AND HAND BUILT
Advanced techniques and ideas in clay. Focus will be on individual expression and personal direction. Previous clay experience necessary.

Session 1:
- CC 310: M June 6, 13, 20, 27 6:30-9 pm Fee: $38
- CC 311: Tu June 7, 14, 21, 28 6:30-9 pm Fee: $38

Session 3:
- CC 350: M Aug. 6, 13, 20, 27 6:30-9 pm Fee: $38
- CC 351: Tu Aug. 7, 14, 21, 28 6:30-9 pm Fee: $38

SOUTHWESTERN POTTERY ADVENTURE
Hand construction methods and primitive firing techniques in the Southwestern tradition of the black and red ware, will be explored. No previous experience necessary.

Session 2:
- CC 333: M July 11, 18, 25, Aug. 1 6:30-9 pm Fee: $38
- CC 334: Tu July 12, 19, 26, Aug. 2 6:30-9 pm Fee: $38

RAKU: WHEEL AND HAND BUILT
Instructor: Joyce Fumey
The accent Art of Raku will be the departure point for discovery in this class. No previous experience necessary.

Session 1:
- CC 312: W&Th June 8/8, 15/16, 22/23 6-9 pm Fee: $72
  Raku Firing at The Clay Cellar, June 26th

TEA POTS, CASSEROLE & FUNCTIONAL STUFF
Instructor: Gary Tyson
Do you like to make things you can use? Then this is the class for you. Previous experience helpful.

Session 2:
- CC 335: W July 6, 13, 20, 27 6:30-9 pm Fee: $38
- CC 336: Th July 7, 14, 21, 28 6:30-9 pm Fee: $38

Session 3:
- CC 352: W Aug. 10, 17, 24, 31 6:30-9 pm Fee: $38
- CC 353: Th Aug. 11, 18, 25, Sept. 1 6:30-9 pm Fee: $38

OPEN STUDIO LAB (Facility use only, No Instruction)

Session 1:
- CC 316: Sat. June 11, 18, 25,July 2 6-9 pm Fee: $25
- CC 317: Sun. June 5, 12, 19, 26 6-9 pm Fee: $25

Session 2:
- CC 337: Sat. July 9, 16, 23, 30 6-9 pm Fee: $25
- CC 338: Sun. July 10, 17, 24, 31 6-9 pm Fee: $25

Session 3:
- CC 357: Sat. Aug. 6, 13, 20, 27 6-9 pm Fee: $25
- CC 358: Sun. Aug. 7, 14, 21, 28 6-9 pm Fee: $25

MANHATTAN CLAY COALITION MEMBERSHIP
Membership shall be open to all individuals and families who have an interest in pottery. Annual dues are $15 for Individual Memberships and $25 for Family Memberships. The Clay Coalition shall not discriminate against any person or group based on race, creed, religion, gender, national origin, disability, or economic status.

Is Clay Coalition Membership required to take classes at the Arts Center Pottery Studio? No, not to take classes, but Membership is required to enroll in Open Studio times.

WORK STUDY SCHOLARSHIPS
Because we know the value of the arts and crafts in the life of a community, we affirm that ANYONE who desires to, should have knowledge of and access to the arts and crafts. To insure this, the Clay Coalition is introducing a new concept, Work Study Scholarships. Everyone is eligible for a Work Study Scholarship, however certain priorities will be given. To maintain the fiscal integrity of the project and its growth, scholarships will be limited to no more than twenty (20) at any given time. One may apply for a scholarship by filling out an application at the Arts Center Studio.

BASIC THINGS TO KNOW ABOUT CLASSES
- All classes and labs will be conducted at Arts Center Annex Pottery Studio, 1508 Poyntz, Manhattan, KS 66502
- A beginning pottery tool kit may be purchased for $12.95 at class.
  (Kit includes wire cutter, needle, 2 ribs, 2 trimming tools, molding tool, & sponge.)
- Please bring to and from each class the following: A water container, an old hand towel, sponge, and your favorite tools.
- Please wear old clothes and count on getting dirty.
- Red Stoneware clay body will be the primary clay used.
- Glaze firing will be to Cone 6 in an electric kiln, oxidation atmosphere.

Exception to above:
Raku classes will use Raku clay body.
Raku construction classes will meet at the Arts Center Annex Pottery Studio. Raku firings will be done at:
  The Clay Cellar, 572 Pilbury Dr., Manhattan, KS 66504.

CLASSES AND MATERIALS FEES:
Fee structure is based on $3.25 per contact hour. Class fee includes a $5 materials cost which pays for the student’s first 25 lbs, of clay and firing. Additional clay may be purchased for $5.50 per 25 lb. bag. Enrollment in a second session of the same instructional course is possible. (A $5 reduction in enrollment fee for second session applies.)

OPEN LAB:
Fridays are Open Lab days and are designated for persons enrolled in one of the classes to use as extra time for additional production. Instruction will not be available, but a Lab Technician will be present at all times for supervision and material purchase and/or check out. Individuals taking classes are encouraged to make use of this extra production time and sign up for a time that best fits their schedule.

OPEN STUDIO LABS: Each person enrolling in Open Studio Labs is required to become a Clay Coalition Member and must be checked out on the equipment and studio procedures with the Studio Manager prior to use. Open Studio time is set aside for enrollment by those persons who need no instruction but want a well equipped place to work, access to glazes, and knowledge that their work will be fired with professional care and attention.

The Open Studio Lab blocks are 3 hrs. in length, Saturdays from 3-6 pm or 6-9pm; and Sundays from Noon-3 pm, 3-6 pm or 6-9 pm. Lab blocks cost $25 per 3 hr. session. Additional blocks may be contracted for in the same session at $15 block. Individuals are responsible for purchasing their own clay and using the Coalition glazes, unless other arrangements are made with the Studio Manager.

CAUSE FOR TERMINATION OF MEMBERSHIP OR CLASS PARTICIPATION
All participants in classes and/or Coalition activities agree to abide by Clay Coalition rules. If any member or student acts in a way that endangers the health and safety of self or others, causes damage to the studio or its equipment, or creates a nuisance to the studio, his/her membership may be terminated by the Board of Directors. Such removal shall be without prejudice to the contract rights, if any, of the person so removed. In this case, the member shall not have the right of refund of his/her membership or enrollment fees.
Thank You

The Clay Coalition Arts Center Annex Pottery Studio will be a reality, open for classes and open studio by June 5th. Much work has been accomplished and much remains to be done. It takes many volunteers to build something of value. Below is a list of many individuals, businesses, and organizations who believe in the vision and mission of the Arts Center and have donated their time, talents, and materials to help build the Arts Center Pottery Studio. Thank you all for your generosity. If we’ve forgotten your name, please forgive the oversight and let us know. If you desire to help and have not yet been asked, please consider this an open invitation to come help in whatever ways your time, talent and resources allow. If you wish to help with construction or to donate materials, call David Rendall, 538-4064 (x) or 776-3194 (h). If you wish to help underwrite the project, call John Biggs at the Manhattan Arts Council, 538-3276.

Clay Coalition (CC) Members, Project Developers

Ronna Tyson, CC President, Instructor, demolition and reconstruction help
Gary Tyson, Instructor, demolition and reconstruction help
Joyce Fumery, CC Treasurer, instructor, lent 2 kiln, pugmill, donated clay, glazes
Dean Zollman, CC Secretary, demolition and reconstruction help
David Randall, Construction Co-Manager, instructor, demolition and reconstruction help
Stawy Wright, Construction Co-Manager, instructor, demolition and reconstruction help
Edith Hinsch, PR Consultant
Ruth & Jeff Harris, Data Base, demolition and reconstruction help
Sean & Amy Harris, demolition and reconstruction help
Bee Dunn, instructor, lent a wheel
Gene Savers, instructor, demolition and reconstruction help
Claudia Lawrence, Educational Consultant
Susan Ovaitt, donated a wheel
Marilyn Thigman, donated a wheel
Rosalie Rieger, lent a kiln
Jim Langhals, demolition and reconstruction help
Ralph Najarian, demolition and reconstruction help
David Norton, demolition and reconstruction help
Steve Kaufman, demolition and reconstruction help
Vickie Grochowski, demolition and reconstruction help
Manhattan Arts Council (MAC), CC Sponsor to the Arts Center Of Manhattan, Inc.
John Biggs, Ex-Dir., MAC Administration & PR Advisor
Marsha Jensen, Graphic Designer
University For Man, CC Partner, lent 3 wheels, slab roller, excuderm, misc materials
Linda Teener, UPM Ex-Dir., Educational Advisor
UPM Staff, Class Registration
Manhattan Civic Theatre, Supporting Organization
Diane King, Supports Services Dir., Big Lakes Dev. Center: Educational Advisor
Shirley Brannhill, Broadbasket Ex-Dir., Program Advisor
USP 383, Laura Clark, Educational Advisor
Chris Heavens, Mgr. Town Center Mall, Advisor
Robert Utterback, Attorney, Legal Advisor
Jim Morrison, Attorney, Legal Advisor
Angelo Garzio, Advisor
Yoshio Ikeda, Advisor

Sponsor of the Clay Coalition Arts Center Pottery Studio

Putnam County Arts Council

Sponsor of the Clay Coalition Arts Center Pottery Studio

Patron of the Clay Coalition Arts Center Pottery Studio

Arts Center of Manhattan, Inc

Partner of the Clay Coalition Arts Center Pottery Studio

Arts Annex Space Utilization Study

Barbara Cannon, Assistant Professor Interior Design Dept., KSU
Students in DH 445 Interior Design Contract Documents Studio (Fall ’93 sem.)
Julie Dilla, Krys Fanagh, Maria Jimenez, Maria Pama, Heather Reese, Roger Rew, Katherine Rezza, Krist J. Smith, Kristie E. Smith, Ken Victor

Handicapped Accessible Bathroom Construction Drawings

Michael Mayo, AIA, The Ken Ebert Design Group

Electrical and Plumbing Engineering Drawings

Jim Stalos, Osburn & Scalora Engineering

Skilled Electrician Reconstruction Help

Bud Valerius, Economy Electric, Inc.

Mechanical Inspection

Bob Brannhill, Thermo Comfort Air

Construction Materials

Terry Glasscock, Kansas Lumber Homestore

Skilled Carpenter Reconstruction Help

Gene Hinsley, Gene Hinsley Milwork

Underwriting Postage Cost for "Invitation to Help Builders"

Doris Groth
Beginning Cake Decorating FF-01
Even a pretty beginner will enhance a cake. Learn to add an icing decoration and impress all of your family and friends. Icing will be provided for practice in class. You will bring your own cake to a later class and take home a masterpiece. Supply list available at registration.
Tamsy Snow began decorating cakes several years ago as a hobby. Her first lessons were a UPM cake decorating class. Currently she decorates cakes for Dobloas.
Date: June 7, 9, 14 & 16
Time: 7 - 9:30 pm (Tues. & Thurs.)
Fee: $17 (Residents)
Location: 144 Justin Hall, R30

Vegetarian Potluck FF-05
Whether you are a vegetarian for ethical, environmental, or health reasons or just someone interested in finding out more about meatless cuisine, the Vegetarian Potluck Club is for you. Come share your favorite meat-free recipes and try some new dishes to add to your collection. The potluck is a great way to meet others who share your love of good food and the healthy vegetarian lifestyle.
Please bring a dish to share and a place-setting.
Bridge Murphy and Dean Hartnett (776-3193)
Coordinators
Date: June 6
Time: 6 pm (Sunday)
Fee: $5
Location: City Park Pavilion

Spice for Life FF-07
Cook your way through the flavor of unholy ingredients with creative spicing. As we lower fat and sodium content in our diets we take away some of the familiar flavor. Learn how to use spices to enhance the flavor as you cook. Gain an understanding of the flavor of a variety of spices and how to use them for healthier cooking. Cooking of foods prepared will provide each student with a six meal.
Dorothy Panscic (357-8356), is a Riley County Extension Agent.
Date: June 14
Time: 6:30 pm (Tuesday)
Fee: $10 includes recipes and samples
Location: Riley Co Extension Office - 2nd floor, 110 Courthouse Plaza

Beer Making FF-05
Homebrewed Beer - the beer for discriminating palates. Come learn the brewer's art. You will make and bottle your own. Participants must be 21 years of age.
Dean Taylor (359-7654), has many years experience in making beer and sells supplies for making beer and wine at The Palace in Aggieville.
Date: June 8 & 15
Time: 7 - 8 pm (Wednesday)
Fee: $5
Location: UPM Fireplace Room

Chicken Phanaeng Curry FF-02
Chicken Phanaeng Curry, accompanied with Jasmine rice and a side dish of cucumber salad.
Date: June 27
Time: 4 - 6 pm (Saturday)
Fee: $11 single class
$30 for series
Location: 144 Justin Hall

Roast Red Pork FF-03
Roast Red Pork and curry sauce, accompanied with Jasmine rice and a side dish of cucumber and scallion salad.
Date: July 23
Time: 4 - 6 pm (Saturday)
Fee: $11 single class
$30 for series
Location: 144 Justin Hall

Kaoniew Sangkhaya FF-04
Kaoniew Sangkhaya (sweet rice and curried). This dish is a favorite for snacking and a not so sweet dessert.
Date: August 20
Time: 11 - 1 pm (Saturday)
Fee: $11 single class
$30 for series
Location: 144 Justin Hall

Thai Cooking
Eating "Thai" can be great fun and if you're willing to experiment, you'll be richly rewarded. Contrary to popular myth not all Thai food is fiery hot. There are plenty of tasty dishes that are suited to western taste appeal.
Leak Leeling (776-9667), is a native of Bangkok, Thailand and has been in the USA since 1976.

The Chicago Bar & Grill
"Where Traditions Begin"

*Full Dinners Served Until 11 p.m.
on Friday and Saturday
*Entrees $6-12
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Village Plaza Shopping Center
(913) 537-8888

Fall GRE Preparation Course in time for October 1994 GRE exam!
Beginning German for Children Ages 7 - 10

This class is for children who want an introduction to the German Language. Students will learn basic language skills, such as alphabet, numbers, etc., and will also learn songs. Students will begin learning how to converse about various topics. No previous German knowledge is required.

Michele Than, is a graduate of Washburn University with a degree in German. She received the Fulbright Fellowship to study in Austria where she lived for 2 years. She is currently a graduate student of German and is a Graduate Teaching Assistant, having taught since the Fall of 92.

Date: June 7 - July 21
Time: 7 - 7:30 pm (Tues. & Thurs.)
Fee: $18
Location: UFM Multipurpose Room

Beginning German for Children Ages 11 - 15

This class is for those who are interested in learning the German language. Students will learn basic language skills and will begin learning how to converse about various topics. No previous German knowledge is required.

Michele Than
Date: June 7 - July 21
Time: 7 - 7:30 pm (Tues. & Thurs.)
Fee: $18
Location: UFM Multipurpose Room

It’s Not as Difficult as Aristotle (Greek I)

Greek is an ancient and rich language. Approximately 17% of the Oxford dictionary consists of words that are Greek in base Greek roots. This class will give students the opportunity to learn basic conversational skills, and at the same time, gain insight into modern Greek culture and way of life.

Yorgen Filipoulopoulos, is a K State student in Advertising. Being raised in a family of teachers of the Greek language, he loves the language and the culture of modern Greece and feels forward to teaching it.

Date: June 1 - 13
Time: 7 - 8:30 pm (Mon., Wed., & Thurs.)
Fee: $18
Location: UFM Greenhouse

Greek Experience (Greek II)

This class is a continuation of Greek I. It is appropriate for those who have some basic skills in Greek. Emphasis will be given to conversational skill and also "dying" words and expressions that you find in textbooks but are necessary for everyday conversation in modern Greek.

Yorgen Filipoulopoulos
Date: June 15 - 23
Time: 7:45 - 8:30 pm (Mon., Wed., & Thurs.)
Fee: $14
Location: UFM Greenhouse

HANICAPPED ACCESSIBLE
Any class can be placed in a handicapped accessible room. Please let us know at the time of registration.
Tae Kwon Do Karate

Introduction to Kung Fu

This Kung Fu style combines hard, soft and internal methods of martial arts. Beginners will learn basic techniques, self-defense, drills, and one-step sparring. Wear comfortable clothing. 16 years of age and older.

Stan Wilson (539-7723), has studied martial arts for 23 years and taught for 15 years. He holds a 3rd degree black belt in Hapkido Ryo Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jujutsu, aikido, four styles of karate, five styles of kung fu, and various other martial arts. He has also written 19 manuals on martial arts.

Introduction to Jujitsu

Hapkido Ryo is a self-defense-oriented grappling type of martial art. It is not an exerting form of martial art. Students will concentrate on 2 person waxa, solo walking exercises, and self defense theory and techniques. Hapkido Ryo is related to aikido, yet stresses a less active style, and more subtle, gentle techniques acceptable for use in modern society. 16 years of age and older.

Stan Wilson (539-7723), has studied martial arts for 23 years and has taught for 15 years. He holds a 3rd degree black belt in Kung Fu, a 2nd degree black belt in Hapkido Ryo Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jujutsu, aikido, four styles of karate, six styles of kung fu, and various other martial arts. He has also written 19 manuals on martial arts.

Fencing

Fencing is the ancient art of sword play. D'Artagnan, soldiers, and noblemen were all once required to know the way of the sword. Now a modern Olympic sport, fencing builds lightning fast reaction, speed and agility. Classes will include introduction to foil, epee, and saber for recreation and competition. Minimum age: 12.

Mike Millison (238-7606) has been fencing since 1989. He has been competing and coaching for 2 years. He is a competitive member of the United States Fencing Association. Mike attended the USFA Coaches College at the University of North Carolina in the summer of 1991. He is an "E" rated fencer and took 2nd place in both the Jepkows Open and the Little Apple Open. Mike and the other club members compete in 5 state areas.

Date: June 7, 14, 21, 28, & 29
Time: 7:30 - 9:30 pm (Tuesday)
Fee: $40
Location: Luckey High School Gym 220 S Jaffe

Bruce Lee and Jeet Kung Do

A lecture and demonstration on Jeet Kung Do related to traditional, modern traditional and modern eclectic martial arts with reference to the book "Bruce Lee: The Spiritual Incredible" by Jeff Fung. Mike Wilson (539-7723), has studied martial arts for 23 years and has taught for 15 years. He holds a 3rd degree black belt in Kung Fu, a second degree black belt in Hapkido Ryo Jujitsu, and is a member of the Shadows of Iga Ninja Society. He has studied jujutsu, aikido, four styles of karate, six styles of kung fu, and various other martial arts. He has also written 19 manuals on martial arts.

Date: July 5
Time: 7 pm (Tuesday)
Fee: $5
Location: UFM Fireplace Room

Nippon Kempo Karate

Nippon Kempo's inheritance is deeply rooted in the traditional martial arts (Judo, Karate, Aikido, and Kenpo). It is an energy based, full contact style of Karate. Kempo teaches self discipline, self confidence, self defense and is also a very good aerobic exercise. Students will learn basic moves, including beautiful and throwing techniques without contact. Full contact sparring will only begin after basic moves are learned. Progressive gear will be provided for training. After 3 months of class an optional test to advance Kempo ranking is held.

Eugene Kubot (539-3794), has a 1st degree black belt in Nippon Kempo and a 1st degree black belt in Dojo Kampa Karate. He studied martial arts for 12 years and is co-founder of the Nippon Kempo Federation of America.

Date: June 1, July 29
Time: 6:30 - 7:30 pm (Mon, Wed, Fri)
Fee: $50
Location: Akerus Fieldhouse, KSU

You are registered unless you are otherwise notified.

Self Defense and Martial Arts Classes

SELF DEFENSE for WOMEN

- SHARP- is offered in the PERSONAL DEVELOPMENT Section of this Catalog.

SELF DEFENSE and MARTIAL ARTS classes for YOUTH & PRETEENS are listed in the YOUTH section of this catalog.

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Recreation & Health

1221 THURSTON 539-8763

Introduction to Golf
A short course geared for beginning and intermediate players. The fundamentals of the full swing, short game, pitching, chipping, and putting will be covered. Get some fresh air and find out if golf is the sport for you.

Jim Gregory (539-1041), PGA Professional, is the golf pro at Stagg Hill Golf Course.

Date: June 26 & 23
Time: 6:30 - 7:30 pm (Thursday)
Location: Stagg Hill Golf Club
Fee: $27

Ballroom Dance
Ballroom dancing is back! Time, Newsweek and Smithsonian report that ballroom dancing is popular throughout the U.S. Menasha is no exception. Join the hundreds of people who have learned to dance through UFM. You will learn to Foxtrot, Waltz, Swing and more. You will be dancing around the expansive floor. So, sign up with a friend, or two, and learn how to dance with someone in your age. Classes fill rapidly. It is advisable to register early.

Michael Bennett (716-5757), has trained in Ballroom Dance at U.C. Berkeley, Mandalia Ballrooms, San Francisco, All Bible Ballrooms, Oakland CA; Chicago Dance Studio, Chicago, IL; and Avenue Ballroom, San Francisco. He was the 1960 San Francisco Avenue Ballroom Jiving Champ. Nell Wehrly has been helping Menasha dance for 4 years and dancing all of her life. She is from Ireland and learned dance in the British and Irish school systems.

Date: June 6 - August 1
Time: 7:00 pm (Monday)
Fee: $27
Location: Lucky High School Gym

Waltz
For Waltzers Only: This class will cover the Waltz. A brief overview of the box step will be provided. We will also do some Viennese steps; however, the emphasis will be on enhancing existing waltzers dancing. Advanced steps will be taught and style will be stressed. The goal will be to create a smooth and rhythmic step.

Michael Bennett

Date: June 6 - August 1
No class July 4
Time: 7:30 - 8:30 pm (Wednesday)
Fee: $27
Location: Lucky High Gym

Community First Aid & Safety
This course teaches fundamental principles and skills of first aid, correct CPR techniques for adult and infant victims of cardiac arrest and remove respiratory emergencies. Red Cross Certification is given on successful completion of the course. Textbooks may be purchased at the Red Cross Office and are not included in the class fee.

Emil Forster (537-2180)

Date: June 14, 21 & 28
Time: 6:00 - 10:30 pm (Tuesday)
Fee: $60 plus books
Location: Riley County American Red Cross

School of Hard Knocks: Baseball Seminar
Here is your opportunity to develop the skills and continue necessary to enjoy America's favorite sport.

Both The Preview Meeting and The Baseball/Softball Workshop will concentrate on improving the basic skills of the game to better your ball playing skills or learn more about coaching techniques.

Phil Moroney (716-0727), has been coaching baseball for 23 years. He will be coaching the Menasha All American team. He was also named Coach of the Year. He was coaching for the University of Missouri when they finished 2nd in the Big 8. His experience with baseball includes American League coaching and scouting for professional baseball teams, the Kansas City Royals and the Pinzburgh Pirates. Phil knows and loves the sport and is eager to share his experience.

The Preview Meeting
The preview meeting is an introduction to the baseball/softball workshop. It will provide an opportunity for you to meet the coaches and hear their philosophy on coaching techniques. Bring your questions.

Date: May 11
Time: 7:00 pm (Tuesday)
Location: UFM Fireplace Room

The Baseball/Softball Workshop
The baseball/softball workshop is a hands-on clinic with an intensive focus on the development of proper techniques for batting and pitching in particular, but fielding and catching will be taught as well. A better understanding of the game and the mental approach needed for success will be emphasized.

Date: June 6
Time: 10 am - noon (Saturday)
Location: 609 Pennsylvania St.

Tennis: Junior Beginners
Ages 7 - 16
Join us for fun and skill development in this great sport! This class is designed for beginners and will provide instruction in fundamentals of strokes, basic rules of play and beginning competition. We provide balls. Students provide their own rackets. If you don't have a racket, give us a call and we may be able to help you locate one.

Mark Tesendorf, M.S. Kinesiology, has played tennis for over 20 years, including N.C.A.A. Ill. experience. He was a junior tennis and effective coaching techniques.

Date: June 6 - June 30
Time: 7:30 - 8:30 pm (Tuesday)
Fee: $25
Location: L.P. Washburn Complex, KSU

Tennis: Beginners Age 17 and Up
This class will focus on fundamentals of strokes, basic rules of play and beginning competition.

Mark Tesendorf

Date: June 6 - June 30
Time: 7:30 - 8:30 pm (Tuesday)
Fee: $25
Location: L.P. Washburn Complex, KSU

STAGG HILL GOLF CLUB
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539-1041
Jim Gregory, PGA Professional

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Sleeping Bags * Snakes" * Climbing Equipment
Camping Equipment
304 Pointz 539-5639
Downtown - Manhattan
Hours: Mon.-Sat. 9-6
Thurs. 9-8

Scuba Diving classes are offered in the AQUATICS section of the catalog.
Parables of Jesus
Parables are stories that Jesus used to explain difficult concepts to his listeners. They are found in the Bible and are essential for understanding the teachings of Jesus. This event will provide an opportunity to learn about parables and their significance in the teachings of Jesus.

Date: June 10 - July 28
Time: 10 - 11 am (Thursday)
Fee: $14
Location: UFM Conference Room

Chinese Tai Chi I
Tai Chi, known as "the way of movement," is a popular Chinese tradition. It is a form of exercise that combines slow, graceful movements and deep breathing. This class is open to everyone and no prior experience is required.

Date: June 13 - July 27
Time: No Class July 4
Fee: $30
Location: Seven Dolors Grade School Gym, 306 S Juliette

T’ai Chi II
This class is open to those who already know Taichi and want to improve their skills. It will be led by a certified T’ai Chi instructor.

Date: June 14 - July 28
Time: 7 - 8 pm (Tues & Thurs)
Fee: $45
Location: Seven Dolors Grade School Gym, 306 S Juliette

Metaphysics Discussion Group
This discussion group will focus on metaphysical topics, such as spirituality, philosophy, and the nature of reality. It is open to anyone interested in exploring these ideas.

Date: June 7 - August 16
Time: 8 - 9:30 pm (Tuesdays)
Fee: $45
Location: UFM Banquet Room

Introduction to Zen Buddhism Philosophy and Practice
Zen Buddhism philosophy aims to achieve enlightenment by direct insight into the nature of reality. This class will introduce the basic concepts of Zen and provide an opportunity to practice meditation.

Date: June 7 - August 16
Time: 7:00 - 9:00 pm (Wednesdays)
Fee: $45
Location: UFM Conference Room

Parables of Jesus
Mrs. S. Beane
Date: June 10 - July 28
Time: 10 - 11 am (Thursday)
Fee: $14
Location: UFM Conference Room

Discover Your Spiritual Gifts
The Bible speaks of 17 special spiritual gifts given to people. Who are they? Why have these spiritual gifts been neglected or overlooked by many Christians? How does God give these? You will complete a questionnaire to discover your own spiritual gifts. This class will guide you in understanding the role of these gifts in the life of a Christian.

Date: June 10 - 28
Time: 9 - 10 am (Thursday)
Fee: $17
Location: UFM Conference Room

Discover Your Spiritual Gifts
Mrs. S. Beane
Date: June 7 - August 16
Time: 8 - 9:30 pm (Tuesdays)
Fee: $45
Location: UFM Banquet Room

How to Watch a Good Program
Die Nothing kills a UFM class faster than part-timers who wait until the last minute to enroll. Classes will be canceled if there is a low enrollment.

PLEASE REGISTER EARLY!
Introduction to Ballet

This is a fun pre-ballet class for children aged 3 to 5. The class meets once a week for 55 minutes.

LaShanna Harrison, (539-3613), has been involved in dance for 14 years. She has two years experience as a teaching assistant and two years as a dance instructor.

Date: June 7 - July 12
Time: 6 - 6:45 pm (Tuesday)
Location: Manhattan Gymnastics Center
2305 SkyVue Lane

Youth Dance

Beginning dancers will learn a combination of ballet and jazz dance while they improve their coordination and balance. The class will meet for 45 minutes once a week.

LaShanna Harrison, (539-3613), has been involved in dance for 14 years. She has two years experience as a teaching assistant and two years as a dance instructor.

Date: June 7 - July 12
Time: 6 - 6:45 pm (Tuesday)
Location: Manhattan Gymnastics Center
2305 SkyVue Lane

Tumbling Tots

This class is for children aged 3 to 5. It teaches strength, balance, flexibility, and coordination in a fun atmosphere. The class meets once a week for 45 minutes.

Don Brown, (539-3613), has been involved in gymnastics for 8 years. He is a certified instructor of USA Gymnastics and is the certified instructor of USA Gymnastics Professional Development Program.

Date: June 7 - July 12
Time: 6 - 6:45 pm (Tuesday)
Location: Manhattan Gymnastics Center
2305 SkyVue Lane

Beginning Tumbling

This class is for children aged 6 years and up will learn basic tumbling skills in this class. The class meets once a week for 45 minutes.

Don Brown, (539-3613), has been involved in gymnastics for 8 years. He is a certified instructor of USA Gymnastics and is the certified instructor of USA Gymnastics Professional Development Program.

Date: June 7 - July 12
Time: 6 - 6:45 pm (Tuesday)
Location: Manhattan Gymnastics Center
2305 SkyVue Lane
Children’s Morning Playgroup

Join us in an engaging morning group for at-home parents. Pre-school age children will play while parents visit with other adults. Parents are responsible for their own children, so no separation is necessary. During inclement weather we will meet inside, and during inclement weather we will meet in the homes of participants. These groups have been in existence for 17 years. Val Hilke (776-6833), is interested in getting children together for play as well as giving at-home parents an opportunity to share and network.

Date: June 9- August 25
Time: 10-12 noon (Thursday)
Fee: $5
Location: Coordinator will contact location

Children’s Gardening

Children, do you love digging in the soil? Put this interest to work and learn about planting a garden, soil preparation, watering, harvesting and garden maintenance throughout the growing season. Children (ages 5-12 years) will be assigned to a facial and garden group. No registration necessary. Join us at the garden on Saturday mornings.

Dr. Richard Matson, Coordinator
Date: April - October
Time: 10:30 a.m. - 12 noon (Saturday)
Fee: No Charge
Location: Meadview Children’s Garden
6th and Riley Lane

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Tae Kwon Do for Youth

Preschool - 3rd grade

This class is designed to introduce young children ages 4-6 to the fun and excitement of Martial Arts while they begin learning the basics of hand-eye coordination, balance and self-discipline. Beginning Tae Kwon Do self-defense techniques will be taught in a safe, fun, and age appropriate atmosphere by an experienced instructor.

Mark Brown is an instructor for the Kansas State Tae Kwon Do Club and is a 3rd degree black belt. He has been in the instructor training program with the American Tae Kwon Do Association for 5 years. He also has experience in hapkido and Tai Chi.

Date: June 20 - 24
Time: 12-12:45 pm (Mon. - Fri.)
Fee: $17
Location: Manhattan Middle School
(Transportation provided from summer school)

Tae Kwon Do for Youth

Preschool - 3rd grade

Mark Brown

Date: June 21 - July 8
Time: 7:30-8:45 pm (Tues. & Fri.)
Fee: $25
Location: Senior Center, 412 Leavenworth

Tae Kwon Do for Youth

Preschool - 3rd grade

Family Tae Kwon Do

Come as a family and enjoy learning basic Tae Kwon Do while you improve your hand-eye coordination, balance and self discipline. Techniques from Tae Kwon Do are taught with a focus on the enjoyment and exercise they give.

Mark Brown

Date: July 12 - 29
Time: 6-8 pm (Tues. & Fri.)
Fee: $75 per family of three, $25 for each additional child
Location: Senior Center, 412 Leavenworth

Tae Kwon Do for Youth

Preschool - 3rd grade

Mark Brown

Date: June 21 - July 8
Time: 7:30-8:45 pm (Tues. & Fri.)
Fee: $25
Location: Senior Center, 412 Leavenworth

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Tae Kwon Do for Youth

4th - 6th Grade

This class is designed to introduce children ages 9 - 13 to the fun and excitement of the Martial Arts while they improve their hand-eye coordination, balance and self discipline. Basic Tae Kwon Do self-defense techniques will be taught in a safe, fun, and age appropriate atmosphere.

Mark Brown is an instructor for the Kansas State Tae Kwon Do Club and is a 3rd degree black belt. He has been in the instructor training program with the American Tae Kwon Do Association for 5 years. He also has experience in hapkido and Tai Chi.

Date: July 9 - July 14
Time: 12-12:45 pm (Mon. - Wed. & Fri.)
Fee: $20
Location: Manhattan Middle School
(Transportation provided from summer school)

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For Adult Martial Arts, see MARTIAL ARTS SECTION of the catalog.

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RED CROSS LEARN TO SWIM PROGRAM IN THE AQUATICS SECTION OF THE CATALOG.

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INCLUSION WEATHER POLICY

For all participants enrolling in KU or UFM classes the campus follows the inclement weather policy of Kansas State University. Courses will be canceled when KSU cancels all University courses. If the instructor informs his/her students personally that he or she will not be present at a given class meeting, the instructor is then responsible for arranging a make-up lesson. Weather sensitive classes will use the scheduled rain date. If a rain date is not scheduled, instructor will be responsible for rescheduling.

UFM CANCELLATION POLICY

When we cancel or reschedule a class, you will be notified; therefore, it is extremely important that we have a daytime and an evening phone number where we may reach you or leave a message. We reserve the right to cancel any class.

REFUND POLICY

We will give a full refund if a class is canceled by UFM. If a student decides to withdraw before the class begins, and gives 48 hours notice before the starting date, we will refund all but a $2 processing fee. NO REFUND AFTER THE CLASS BEGINS.

REGISTRATION IS REQUIRED

All participants must be registered before attending a UFM class. This allows for adequate handouts and materials. A fee may be canceled due to insufficient pre-registration.

GOVERNMENT CREDIT

OPTIONAL CLASSES

Credit Registration Refunds: After the second credit optional class meeting, but before one-third of the scheduled class sessions have met, fifty percent of the fee may be refunded if requested in writing. If it is requested after one-third of the class meetings have ended.

Credit Enrollment Fees: Courses taken for credit carry additional fees required for University administration of the credit program. A $15.00 late fee will be charged for enrollments taken after the second class meeting. A $35.00 late fee will be charged for enrollments taken after one-third of the class meetings. Additional student activity and health fees may be assessed for students enrolled in 6 or fewer KU credit hours.

Withdrawals: A student may withdraw from a credit option class by written request prior to the completion of one-third of the scheduled class meetings with a grade being recorded on the student’s transcript. If a student withdraws after one-third, but before two-thirds of the scheduled class meetings, a grade of W (withdrawn) will be issued. No withdrawals will be accepted after two-thirds of the scheduled classes have been completed.

LIABILITY STATEMENT

Individual participants should be aware of the risks and hazards involved in recreational sports and fitness activities. They should voluntarily elect to utilize KU and UFM facilities and participate in programs recognizing present conditions and further agree to voluntarily assume all risks of loss, damage, or injury that may be sustained.

THANK YOU ADVERTISERS for your loyal support
Registration Information 3 Ways to Register

Registration by Mail
Complete the registration form and mail it with your check, money order, or credit card number to:

UFM Class Registrations
1221 Thurston
Manhattan, Kansas 66502-5299
You will be notified if the class is full. All registration is on a first-come, first-served basis. No other class confirmations will be sent out unless requested.

Registration by Phone
With your VISA, Discover or MasterCard number and expiration date ready, call (913) 539-8763 during regular business hours. A minimum of $5 can be accepted.

Registration in Person
Stop by the UFM House, 1221 Thurston
HOURS: 8:30 am - 12 Noon
1:00 pm - 5:00 pm
Monday through Friday

Scholarships for youth classes are available. Call UFM, 539-8763.

FOR YOU...

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Participant Statistics:
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I am participating upon my own initiative and upon my own assumption of risk in a University For ManKind program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury resulting to or resulting from my participation in any or all classes for which I have registered and to hold University For ManKind harmless as to liability for such injury.

Signature

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Participant Statistics:
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I am participating upon my own initiative and upon my own assumption of risk in a University For ManKind program. I hereby agree, for myself and all who may hereafter claim through or for me, to assume all risk of personal harm or injury resulting to or resulting from my participation in any or all classes for which I have registered and to hold University For ManKind harmless as to liability for such injury.

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